

# THE SYCAMORE INSTITUTE

**BUILDING A STRONGER TENNESSEE THROUGH DATA AND RESEARCH** 

# Tennessee Sustainable Transportation Awards and Forum

May 23, 2017



#### WHAT IS THE SYCAMORE INSTITUTE?

An independent, nonpartisan public policy research center for Tennessee.

#### **MISSION**

To provide accessible, reliable data and research in pursuit of sound, sustainable policies that improve the lives of all Tennesseans

#### **VISION**

A thriving Tennessee whose top priority is the health and well-being of each citizen.



#### **HOW IS THE SYCAMORE INSTITUTE UNIQUE?**

- Founded in November 2015
- Purpose is to explain complex public policy issues using data & research
- Audience: policymakers, the media, and the public
- Board and staff represent diverse political perspectives
- Nimble, rapid response











### **THE RESEARCH PLAN 2016-17**

STATE BUDGET

HEALTH POLICY

FOUNDATIONAL KNOWLEDGE-BUILDING

PROACTIVE POLICY
ANALYSIS

REACTIVE POLICY
ANALYSIS

STATE BUDGET PRIMER

**LEGISLATIVE ANALYSIS** 

TENNESSEE HEALTH & WELL-BEING INDEX

**TECHNICAL ASSISTANCE** 

PROCESS & DATA ANALYSIS PRIMERS

**POLICY BRIEFS** 

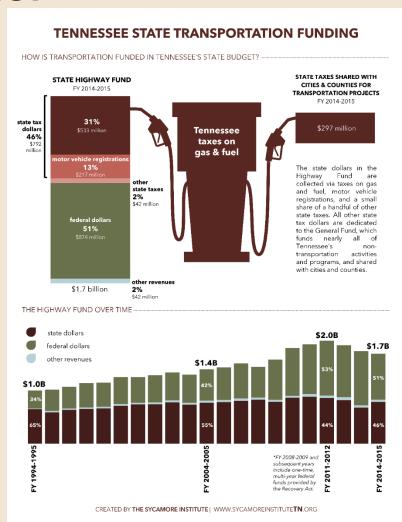
**BLOG POSTS** 

ACCESSIBLE & RELIABLE



#### **STATE BUDGET & FISCAL POLICY**

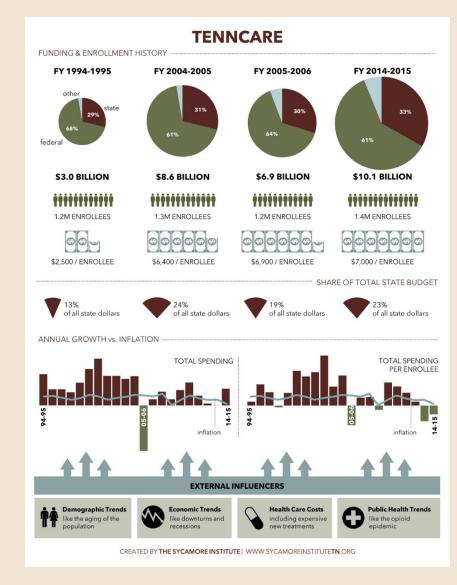
- Tennessee State Budget Primer 12/13/16
- Tennessee Highway Fund Fact Sheet 1/18/17
- How Transportation Impacts Public Health 2/21/17
- Summary and Analysis of the FY 2018 Budget 4/28/17





## **HEALTH POLICY**

- Tennessee Health & Well-Being Index 3/22/17
- The Health and Housing Connection 4/20/2017
- Summary and Analysis of AHCA-Related Issues:
  - Budget Reconciliation
  - Individual Market Reforms
  - Medicaid Financing Reform



# TENNESSEE

**HEALTH & WELL-BEING INDEX** 

2017

TRACKING THE DRIVERS OF TENNESSEANS' HEALTH



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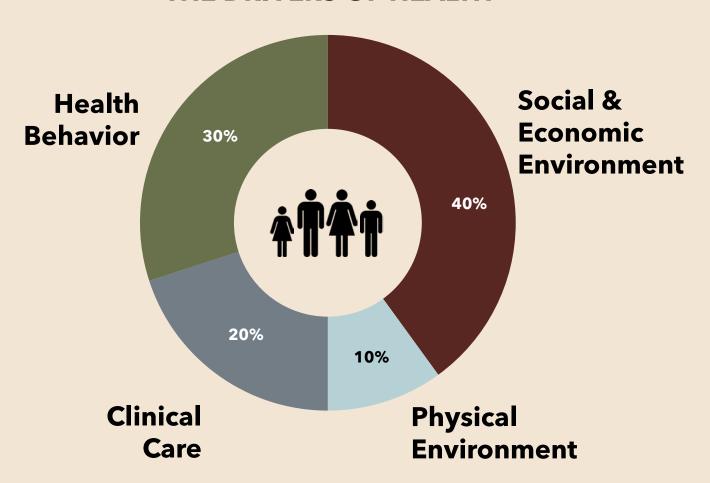
March 2017





## WHAT INFLUENCES THE HEALTH OF INDIVIDUALS & POPULATIONS?

#### THE DRIVERS OF HEALTH



## **HEALTH & WELL-BEING INDEX FRAMEWORK**

#### **HEALTH AND WELL-BEING**

Social & Economic Environment 40%

Health Behavior 30%

Clinical Care 20%

Physical Environment 10%

**Education** 

**Employment** 

**Poverty** 

**Food Insecurity** 

Income Inequality

Residential Segregation

**Smoking** 

Fruit & Vegetable Consumption

**Physical Activity** 

**Diabetic Monitoring** 

Hospital Readmissions

**Prenatal Care** 

Pap Test

**Mammograms** 

**Affordable Care** 

**Health Insurance** 

Primary Care Physician

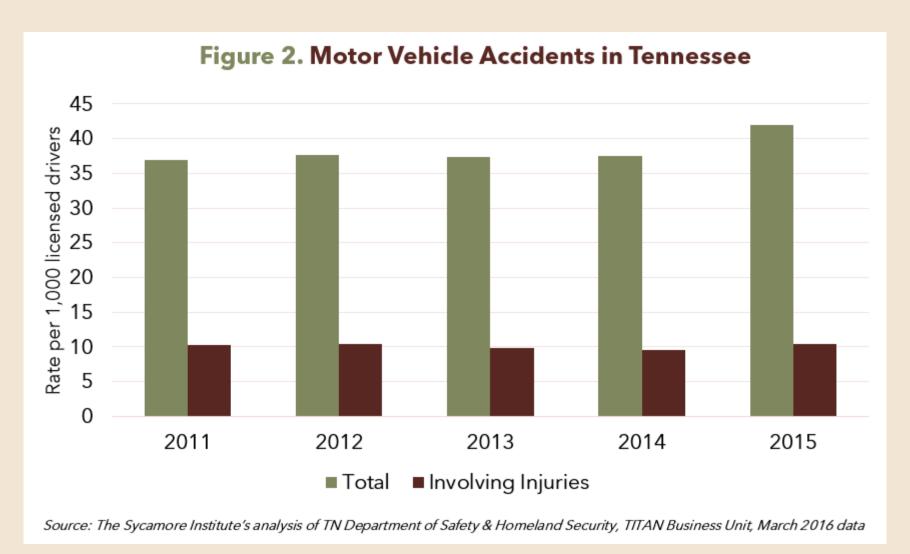
Housing Problems

Access to Exercise Opportunities



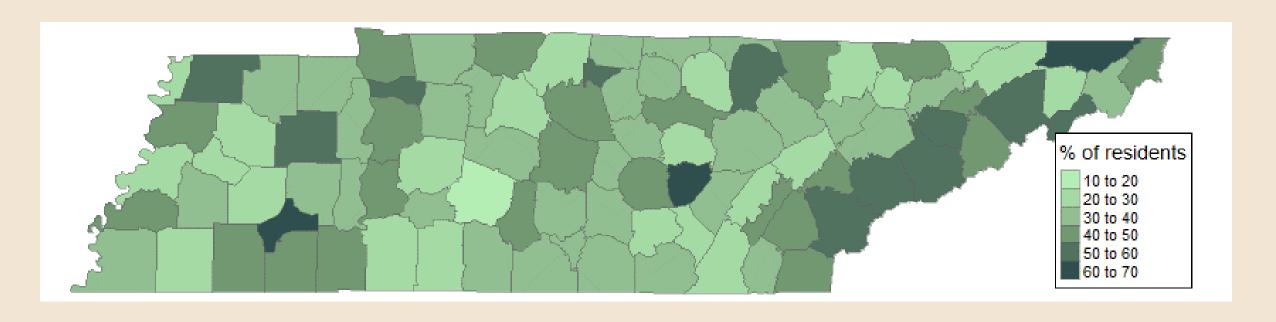


## **MOTOR VEHICLES**





#### **TENNESSEANS WHO DRIVE MORE THAN 30 MINUTES TO WORK DAILY**



Every 1 hour spent in a car daily raises your odds of being obese by 6%

33% of Tennesseans drive more than 30 minutes to work each day



### **AIR POLLUTION**

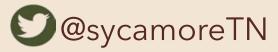
- Increasing even with improvements in emissions standards
- Associated with respiratory diseases - asthma and lung disease
- Data: neighborhoods that are 0.2 to 0.3 miles from a highway are most affected





# **THANK YOU**

www.sycamoreinstituteTN.org





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