

The following questions refer to non-academic supports for student readiness, including physical health, mental health, and community engagement.

TM_SR01. How familiar are you with the supports and/or resources available through your district's Coordinated School Health (CSH) office? (Select one option)

- a. Not at all familiar
- b. Somewhat familiar
- c. Familiar
- d. Very familiar

TM_SR02. What percentage of your families have you referred to your district's Coordinated School Health (CSH) Office throughout this school year?

____ %

TM_SR03. [If TM_SR01 = b, c or d] What are the most useful supports and/or resources your CSH office provides to your students? (Select up to three)

- a. Physical Education and activity
- b. Health Education
- c. Nutrition
- d. Health services
- e. Physical environment and safety
- f. School counseling, psychological and social services
- g. Social and personal skills
- h. School climate
- i. Employee wellness
- j. Family engagement
- k. Community Involvement

TM_SR04. From your perspective, which of the following is the most urgent need for additional support/resources at your school? (Select up to three)

- a. Physical Education and activity
- b. Health Education
- c. Nutrition
- d. Health services
- e. Physical environment and safety
- f. School counseling, psychological and social services
- g. Social and personal skills
- h. School climate
- i. Employee wellness
- j. Family engagement
- k. Community Involvement

The following questions will only go to teachers in districts with Family Resource Centers.

TM_SR05. How familiar are you with the supports and/or resources available through your district's Family Resource Center(s)? (Select one option)

- a. Not at all familiar
- b. Somewhat familiar
- c. Familiar
- d. Very familiar

All teachers receive the following.

TM_SR06. To what extent do you agree or disagree with each of the following statements about student physical health needs?

	Strongly Disagree	Disagree	Agree	Strongly Agree
a. Students in my classroom have ample opportunities for physical activity during the school day. (Select one option)	1	2	3	4
b. Students at my school generally have access to nutritious food outside of school. (Select one option)	1	2	3	4

TM_SR07. To what extent do you agree or disagree with each of the following statements about student mental health related needs?

	Strongly Disagree	Disagree	Agree	Strongly Agree
a. My school has specific staff members who are trained to address student mental health needs. (Select one option)	1	2	3	4
b. I understand how to refer students with mental health needs to trained professional(s) in the building. (Select one option)	1	2	3	4
c. The mental health referral process at my school gets students the help they need quickly. (Select one option)	1	2	3	4
d. The mental health referral process at my school allows me to focus on instruction. (Select one option)	1	2	3	4
e. I have access to the resources I need to address the mental health needs of my students. (Select one option)	1	2	3	4

TM_SR08. In the past year, what, if anything, has had the most negative impacts on your students' mental health? (Select up to three.) [RANDOMIZE]

- a. Cyberbullying
- b. In-person bullying
- c. Family challenges (e.g., financial, substance abuse)
- d. Stress related to societal issues/news
- e. Concerns about how they are perceived by others (physical appearance, social anxiety, etc.)

- f. Concerns about future (career, college, etc.)
- g. Students' substance use/abuse
- h. Stress related to academics (schoolwork, test results, etc.)
- i. School safety
- j. Other: _____

TM_SR09. What resources does your school offer to address students' mental health needs? (Select all that apply.)

- a. Mental health support through community partners
- b. Mental health support through contracted partners
- c. Mental health support through social workers
- d. Mental health support through behavioral /mental health specialists who are district employees
- e. In-school therapy
- f. Telehealth
- g. Professional development for teachers to identify mental health needs
- h. Peer mentorship and support programs
- i. A school-linked health center
- j. A school-based health center

TM_SR10. How familiar are you with trauma-informed practices in schools? (Select one option)

- a. Not at all familiar
- b. Somewhat familiar
- c. Familiar
- d. Very familiar

TM_SR11. Does your school implement a trauma-informed practices or Resilient School Communities program? (Select one option)

- a. No – 0
- b. Yes, my school implements a Resilient School Communities program. – 1
- c. Yes, my school implements a different trauma-informed program. - 2
- d. I don't know. – 3

TM_SR12. **[If previous = Yes]** To what extent do you agree or disagree with each of the following statements about trauma-informed practices?

	Strongly Disagree	Disagree	Agree	Strongly Agree
a. I understand how to use trauma-informed practices to support students' needs. (Select one option)	1	2	3	4
b. I receive support from my school's leadership in using trauma-informed practices. (Select one option)	1	2	3	4
c. I am interested in receiving more training about incorporating trauma-informed practices into my classroom. (Select one option)	1	2	3	4

TM_SR13. To what extent do you agree or disagree with each of the following statements about family and community engagement?

	Strongly Disagree	Disagree	Agree	Strongly Agree
a. I know the community partners who can assist with academic and non-academic supports at my school. (Select one option)	1	2	3	4
b. I know how to assist parents in regard to academic and non-academic supports for students at my school. (Select one option)	1	2	3	4
c. I am interested in receiving additional training on how to build partnerships with parents to increase students' overall well-being. (Select one option)	1	2	3	4
d. There are opportunities for students to build enriching relationships with adults in this school. (Select one option)	1	2	3	4
e. I am part of the community in which most of my students live. (Select one option)	1	2	3	4

TM_SR14. Think about each of the activities that may have occurred in your school this year (2024-25). What percentage of eligible students had at least one parent or guardian participating in the following events?

	25% or less	26% to 49%	50% to 76%	76% to 100%	Not Applicable/I Don't Know
a. Open house or back-to-school night (Select one option)	1	2	3	4	5
b. Regularly scheduled parent-teacher conferences (Select one option)	1	2	3	4	5
c. Special subject-area events (e.g., science fair, concerts) (Select one option)	1	2	3	4	5
d. Volunteer in the school as needed or on a regular basis (Select one option)	1	2	3	4	5