




# 2023 Tennessee Youth Risk Behavior Results Summary

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# What is the Youth Risk Behavior Survey?

# **YRBS monitors five categories of health-related behaviors that contribute to the leading causes of death and disability among youth and adults, including:**

- Behaviors that contribute to unintentional injuries and violence
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- In addition, the YRBS monitors the prevalence of obesity and asthma and other health-related behaviors



# What are the purposes of the YRBS?

The YRBS was designed to:

- Determine the prevalence of health behaviors.
- Assess whether health behaviors increase, decrease, or stay the same over time.
- Examine the co-occurrence of health behaviors.
- Provide comparable national, state, territorial, tribal, and local data.
- Provide comparable data among subpopulations of youth.
- Monitor progress toward achieving the Healthy People objectives and other program indicators.



# How are the YRBS Results Used?

- State, territorial, tribal governments, and local agencies and nongovernmental organizations use YRBS data to set and track progress toward meeting school health and health promotion program goals, support modification of school health curricula or other programs, support new legislation and policies that promote health, and seek funding and other support for new initiatives.



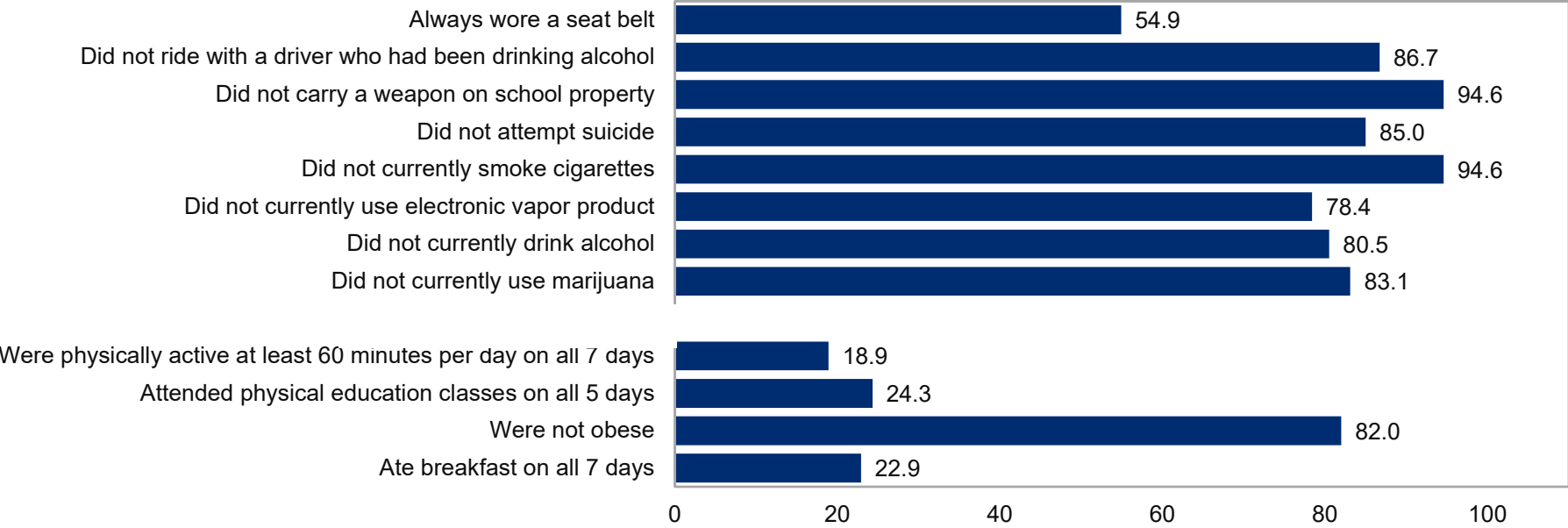


# 2023 Tennessee YRBS

## Results Summary

# Positive Outcomes Summary One

## Percentage of Students Who

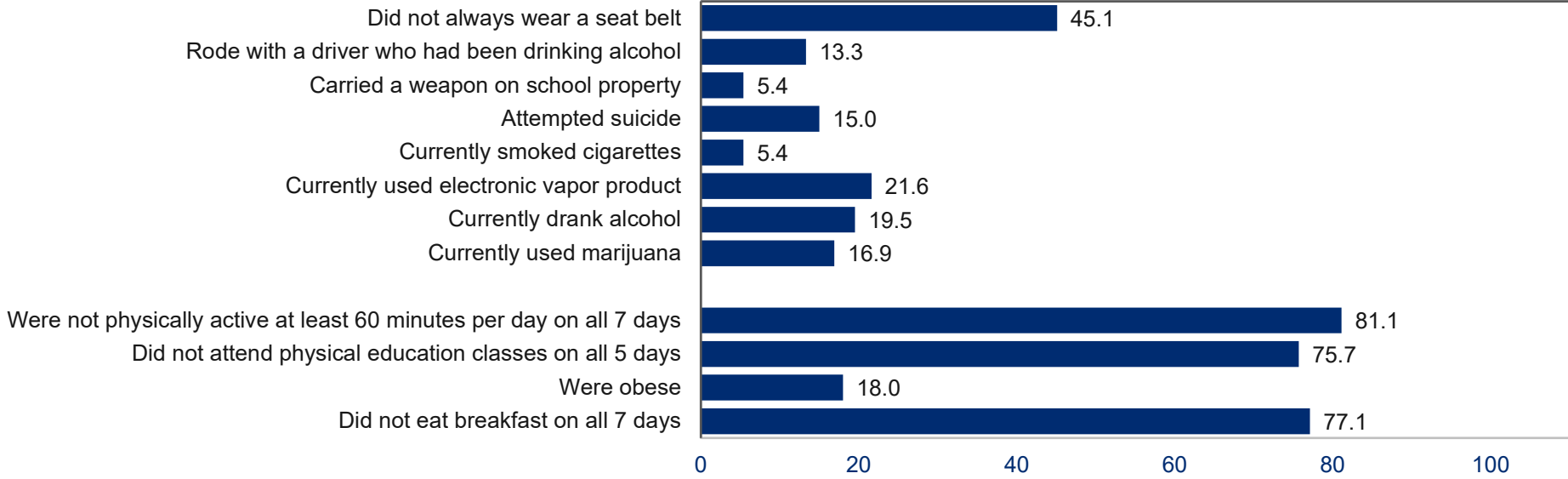


Note: This graph contains weighted results. See the corresponding summary tables for detailed explanation of data.



# Risky Behaviors Summary One

## Percentage of Students Who

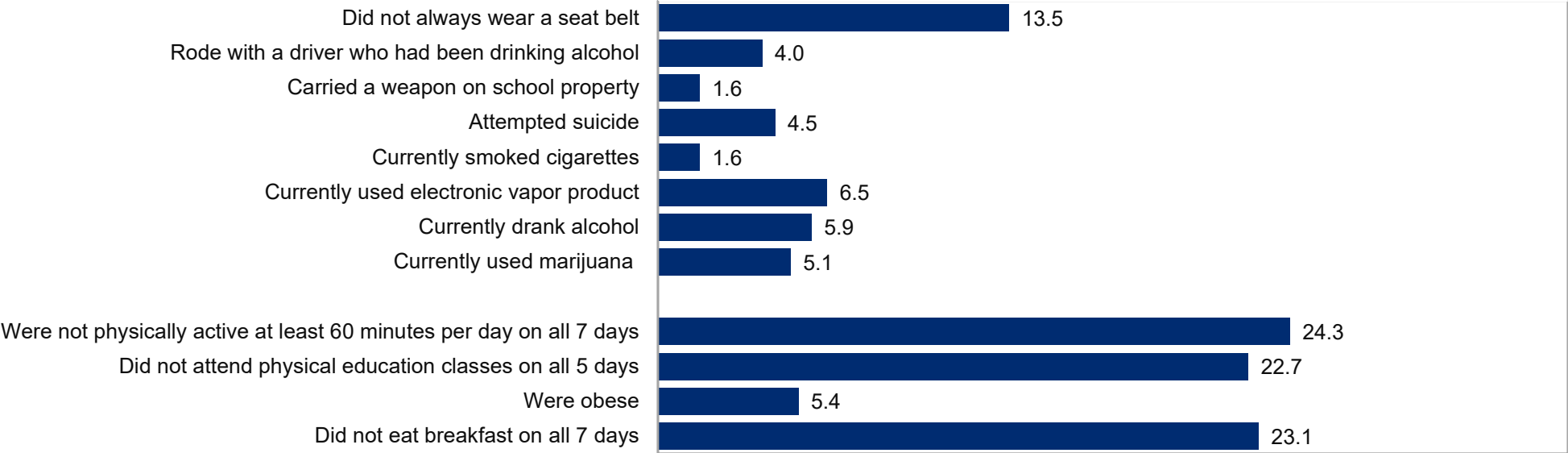


Note: This graph contains weighted results. See the corresponding summary tables for detailed explanation of data.



# Positive Outcomes Summary Two

Number of students in a class of 30 who:

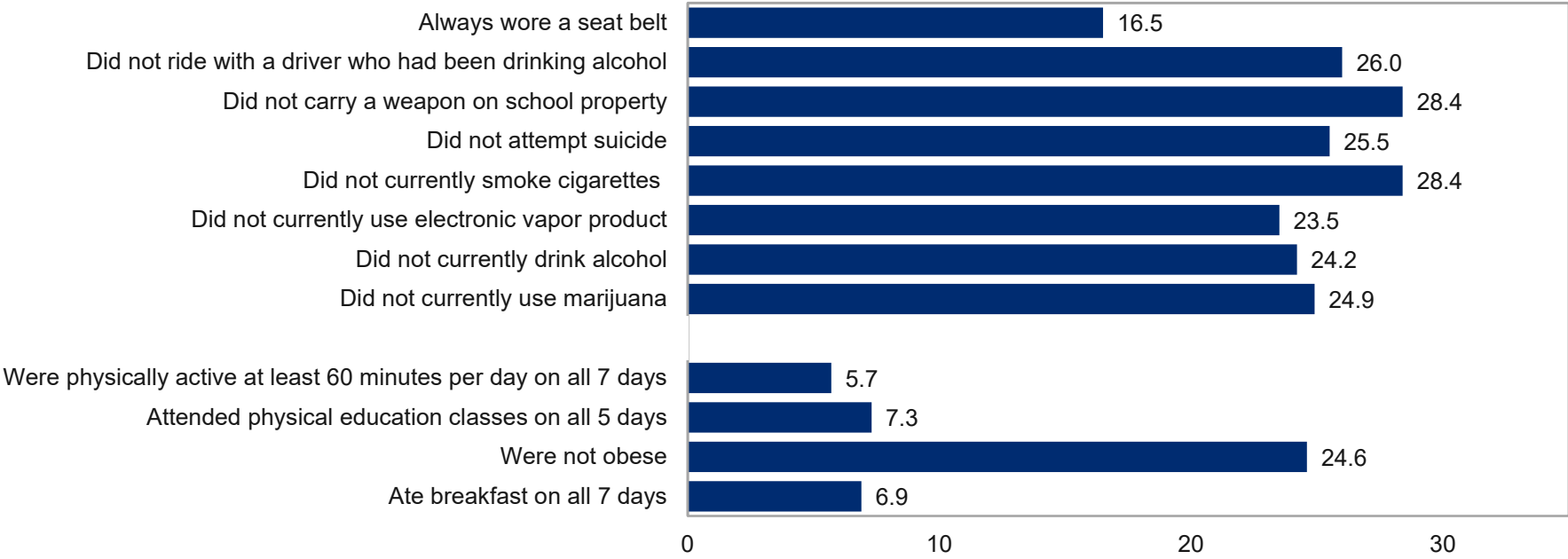


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# Risky Behaviors Summary Two

Number of Students in a Class of 30 Who...



Note: This graph contains weighted results. See the corresponding summary tables for detailed explanation of data.

