



BEST FOR
ALL

We will set all students on a path to success.

Tennessee Youth Risk Behavior Survey Results

2019



BEST FOR ALL

We will set all students on a path to success.

ACADEMICS

ALL TENNESSEE STUDENTS WILL
HAVE ACCESS TO A HIGH-QUALITY
EDUCATION, NO MATTER WHERE
THEY LIVE

WHOLE CHILD

TENNESSEE PUBLIC SCHOOLS
WILL BE EQUIPPED TO SERVE THE
ACADEMIC AND NON-ACADEMIC
NEEDS OF ALL STUDENTS

EDUCATORS

TENNESSEE WILL SET A NEW PATH
FOR THE EDUCATION PROFESSION
AND BE THE TOP STATE TO
BECOME AND REMAIN A TEACHER
AND LEADER

TN

Department of
Education

What is the Youth Risk Behavior Survey (YRBS)?



YRBS monitors six categories of health-related behaviors that contribute to the leading causes of death and disability among youth and adults, including—

- Behaviors that contribute to unintentional injuries and violence
- Sexual behaviors related to unintended pregnancy and sexually transmitted diseases, including HIV infection
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity
- In addition, the YRBS monitors the prevalence of obesity and asthma and other health-related behaviors

What are the purposes of the YRBS?

The YRBS was designed to:

- Determine the prevalence of health behaviors.
- Assess whether health behaviors increase, decrease, or stay the same over time.
- Examine the co-occurrence of health behaviors.
- Provide comparable national, state, territorial, tribal, and local data.
- Provide comparable data among subpopulations of youth.
- Monitor progress toward achieving the Healthy People objectives and other program indicators.

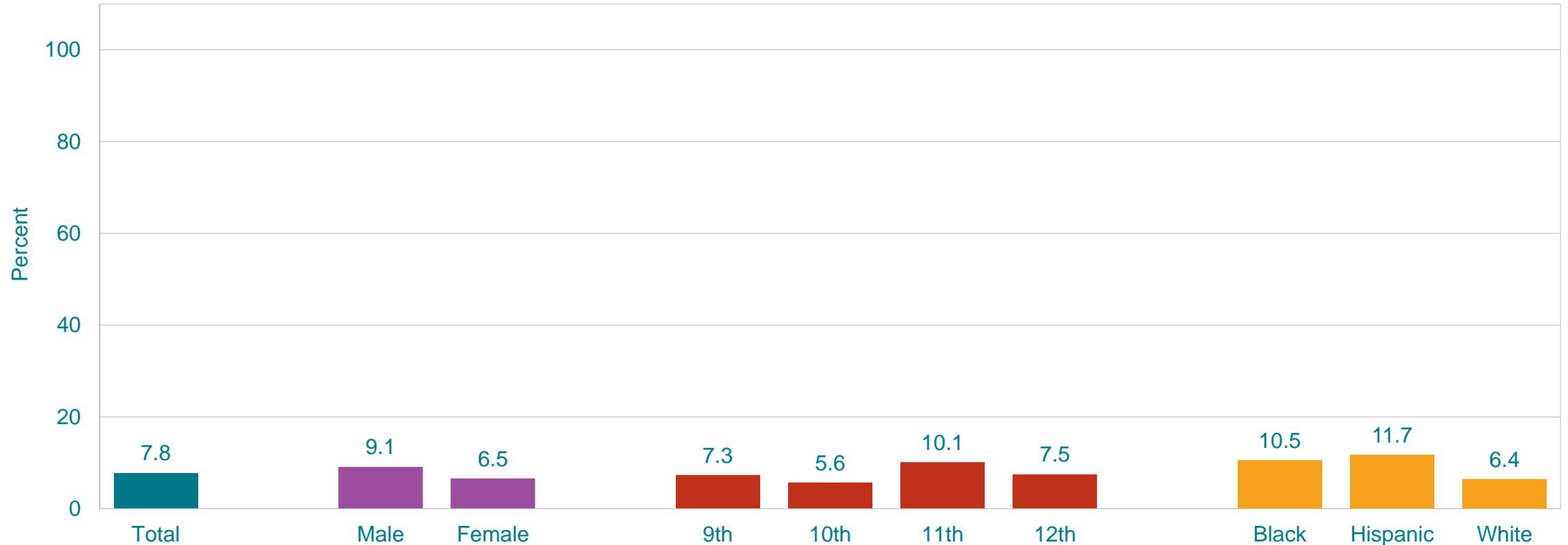
How are the YRBS results used?

State, territorial, tribal government, and local agencies and nongovernmental organizations use YRBS data to set and track progress toward meeting school health and health promotion program goals, support modification of school health curricula or other programs, support new legislation and policies that promote health, and seek funding and other support for new initiatives.

2019 Tennessee YRBS Results



Percentage of High School Students Who Rarely or Never Wore a Seat Belt,* by Sex, Grade,† and Race/Ethnicity,† 2019



*When riding in a car driven by someone else

†11th > 10th; H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Rarely or Never Wore a Seat Belt,* 1993-2019†



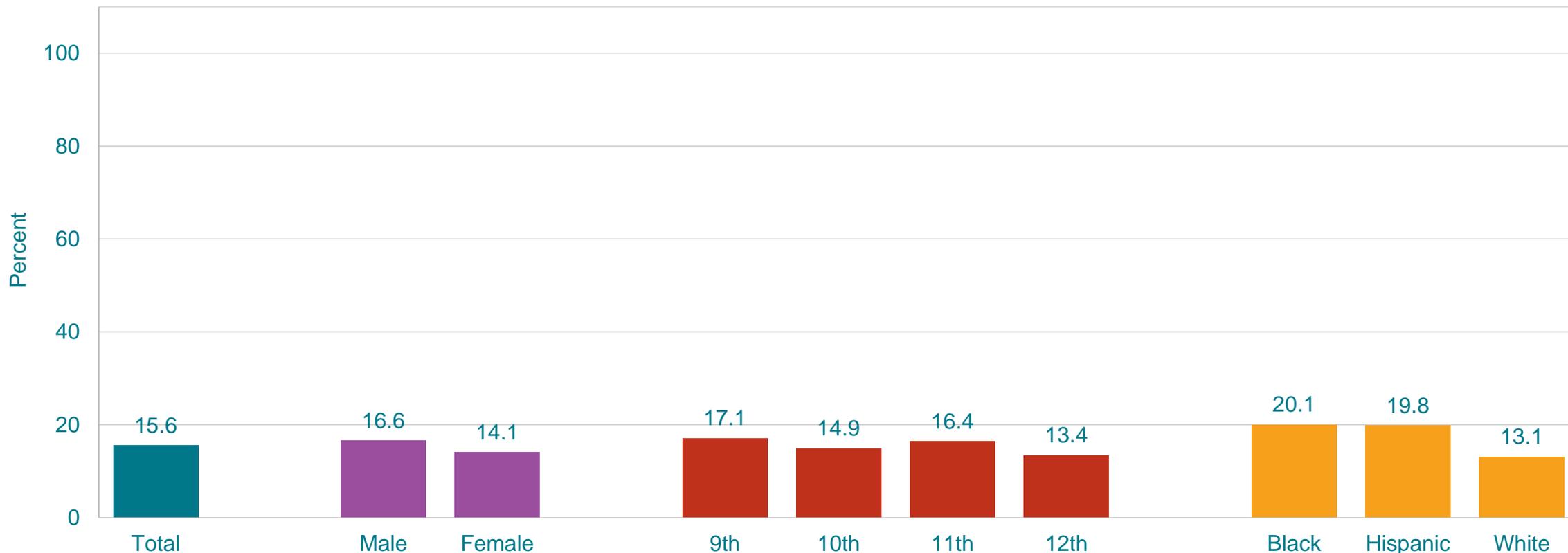
*When riding in a car driven by someone else

†Decreased 1993-2019, decreased 1993-2007, decreased 2007-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Rode with a Driver Who Had Been Drinking Alcohol,* by Sex, Grade, and Race/Ethnicity,† 2019



*In a car or other vehicle, one or more times during the 30 days before the survey

†B > W, H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Rode with a Driver Who Had Been Drinking Alcohol,* 1993-2019†



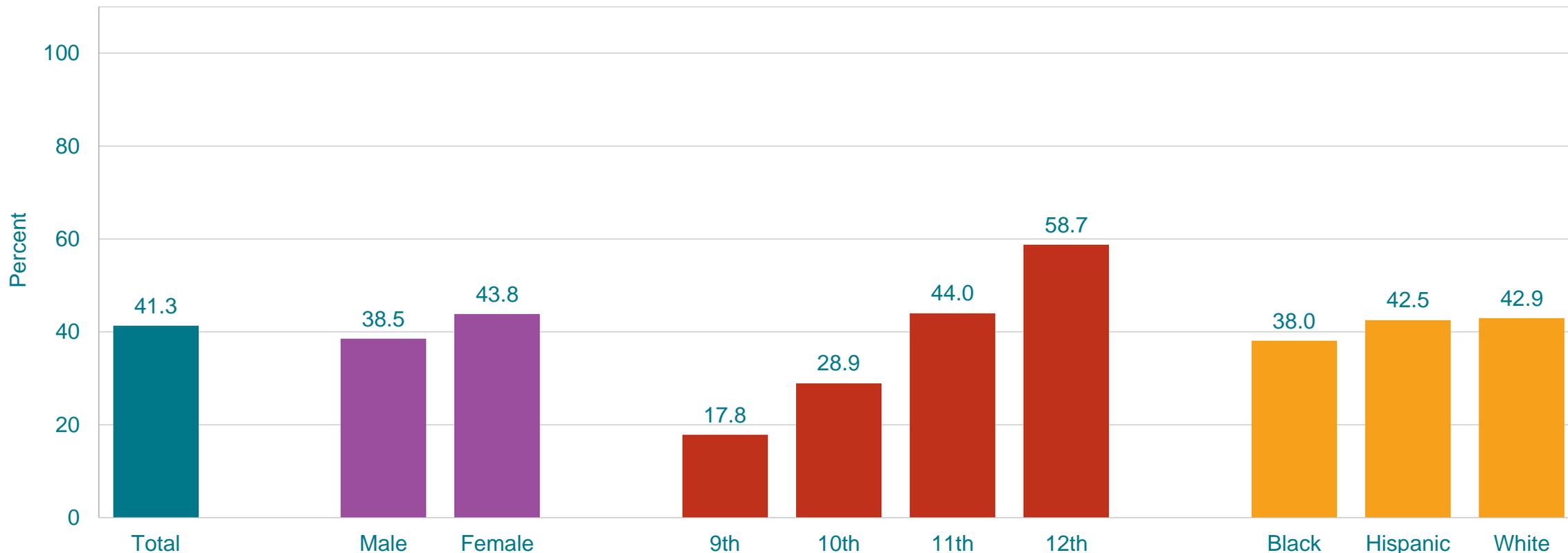
*In a car or other vehicle, one or more times during the 30 days before the survey

†Decreased 1993-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Texted or E-Mailed While Driving a Car or Other Vehicle,* by Sex, Grade,† and Race/Ethnicity, 2019



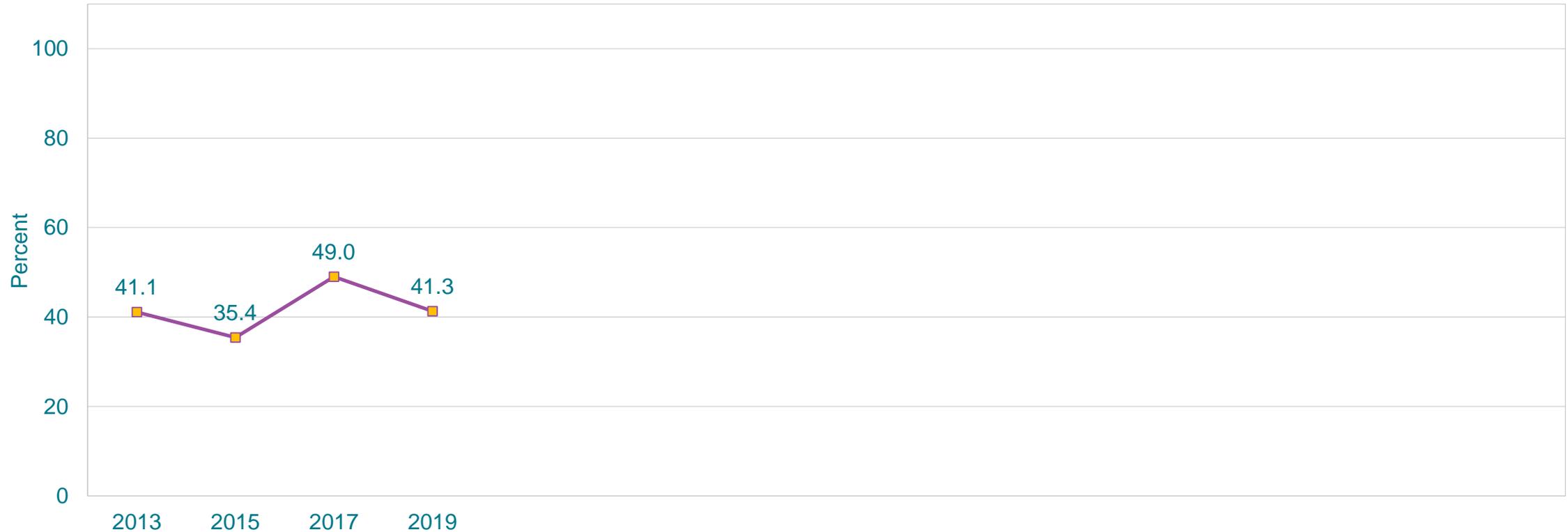
*On at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey

†10th > 9th, 11th > 9th, 11th > 10th, 12th > 9th, 12th > 10th, 12th > 11th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Texted or E-Mailed While Driving a Car or Other Vehicle,* 2013-2019†

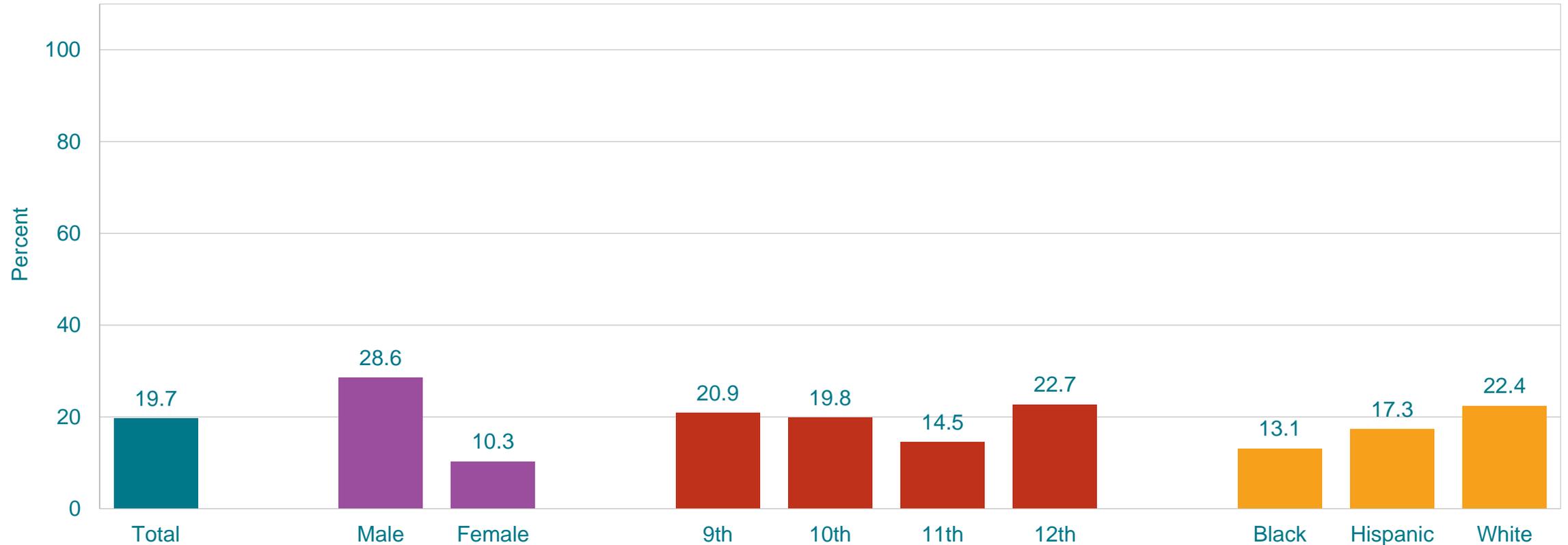


*On at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey

†No change 2013-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Carried a Weapon,* by Sex,† Grade,† and Race/Ethnicity,† 2019



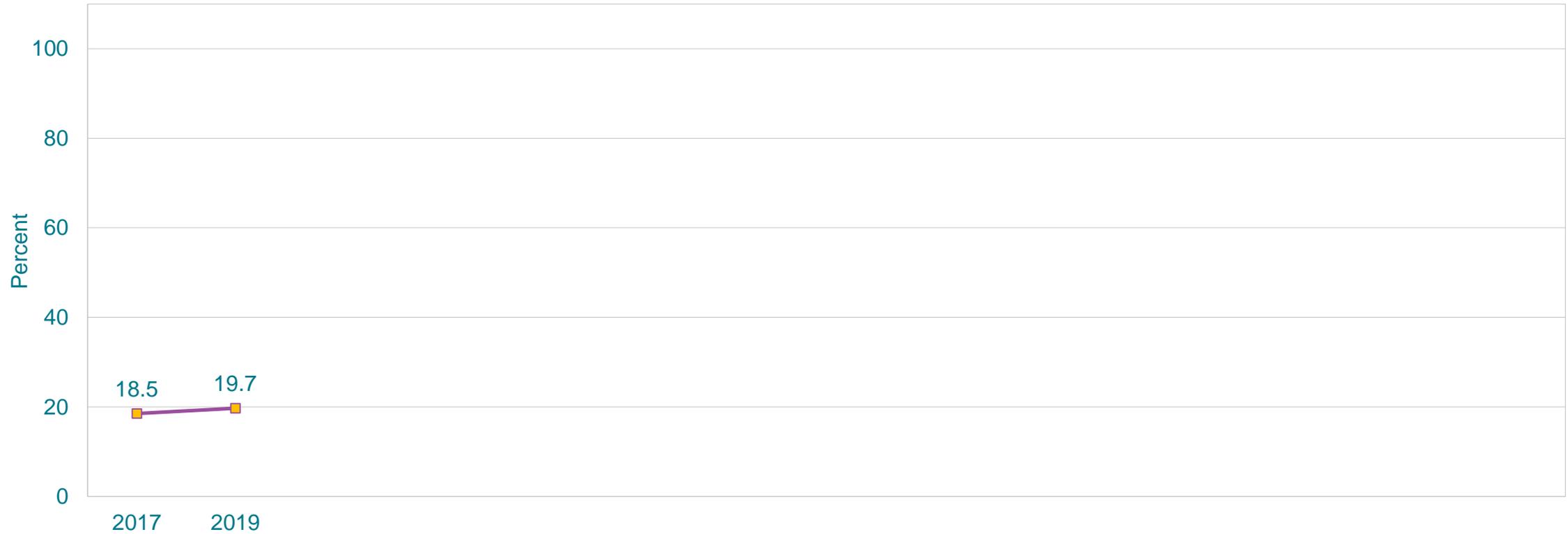
*Such as a gun, knife, or club, on at least 1 day during the 30 days before the survey

†M > F; 10th > 11th, 12th > 11th; W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Carried a Weapon,* 2017-2019†

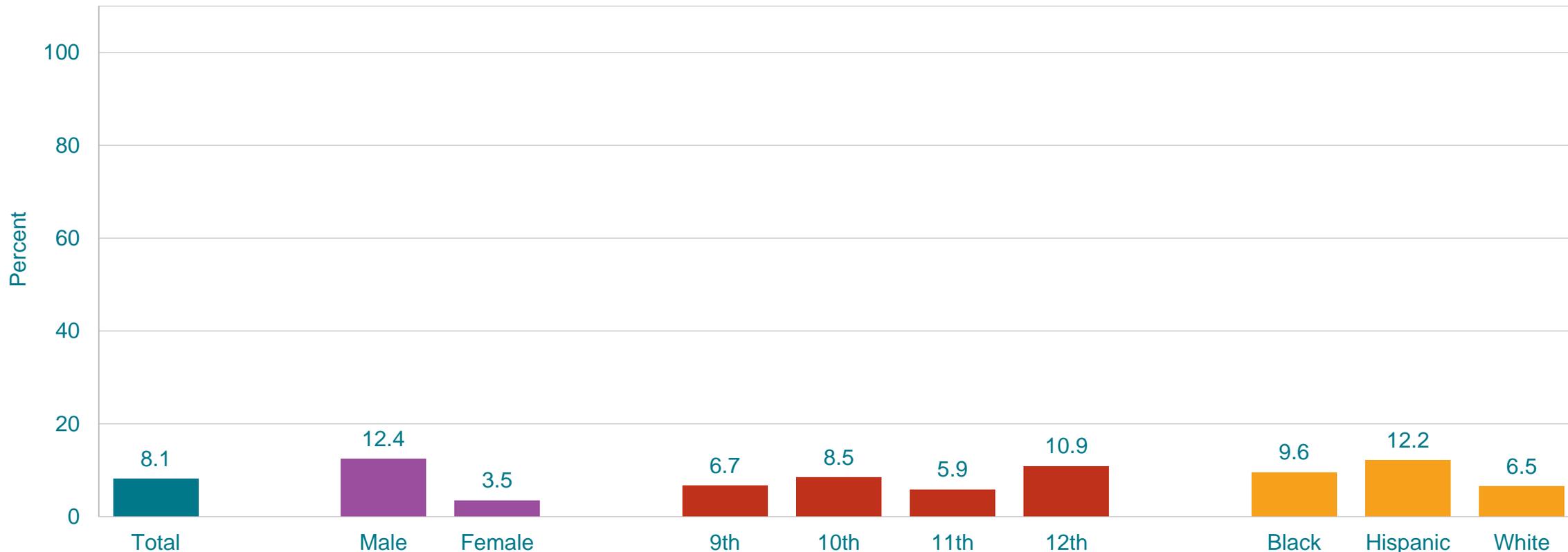


*Such as a gun, knife, or club, on at least 1 day during the 30 days before the survey

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Carried a Gun,* by Sex,† Grade,† and Race/Ethnicity,† 2019



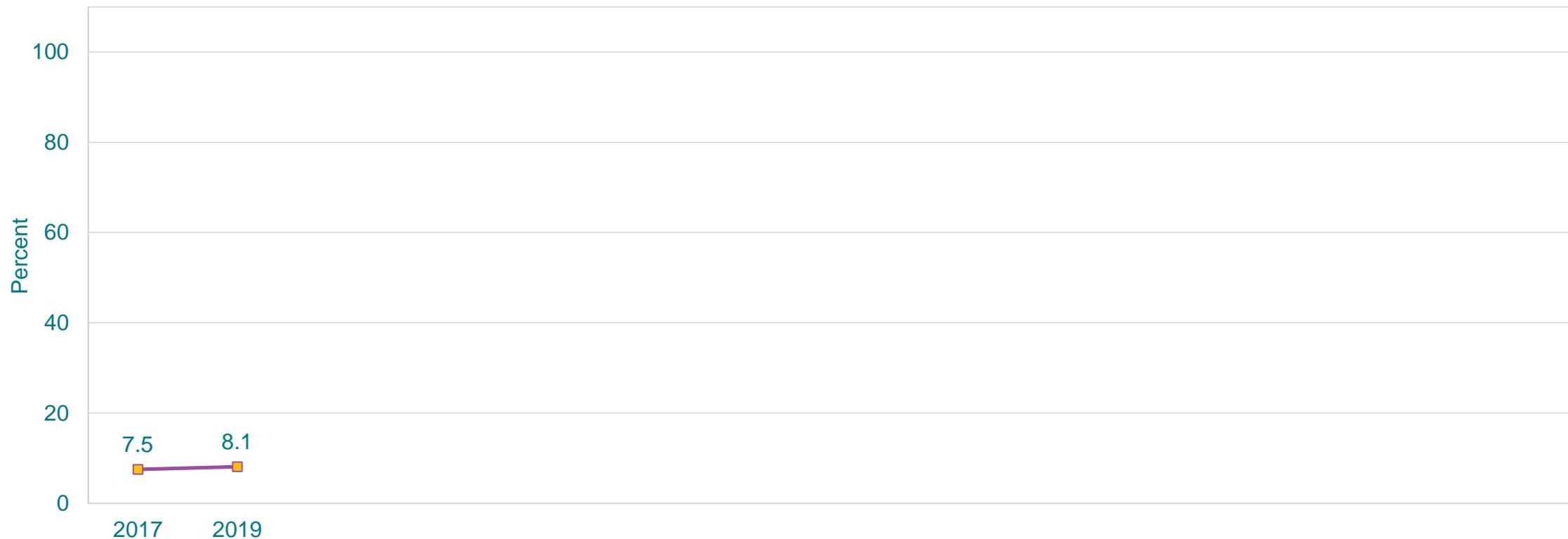
*Not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey

†M > F; 12th > 11th; H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Carried a Gun,* 2017-2019†

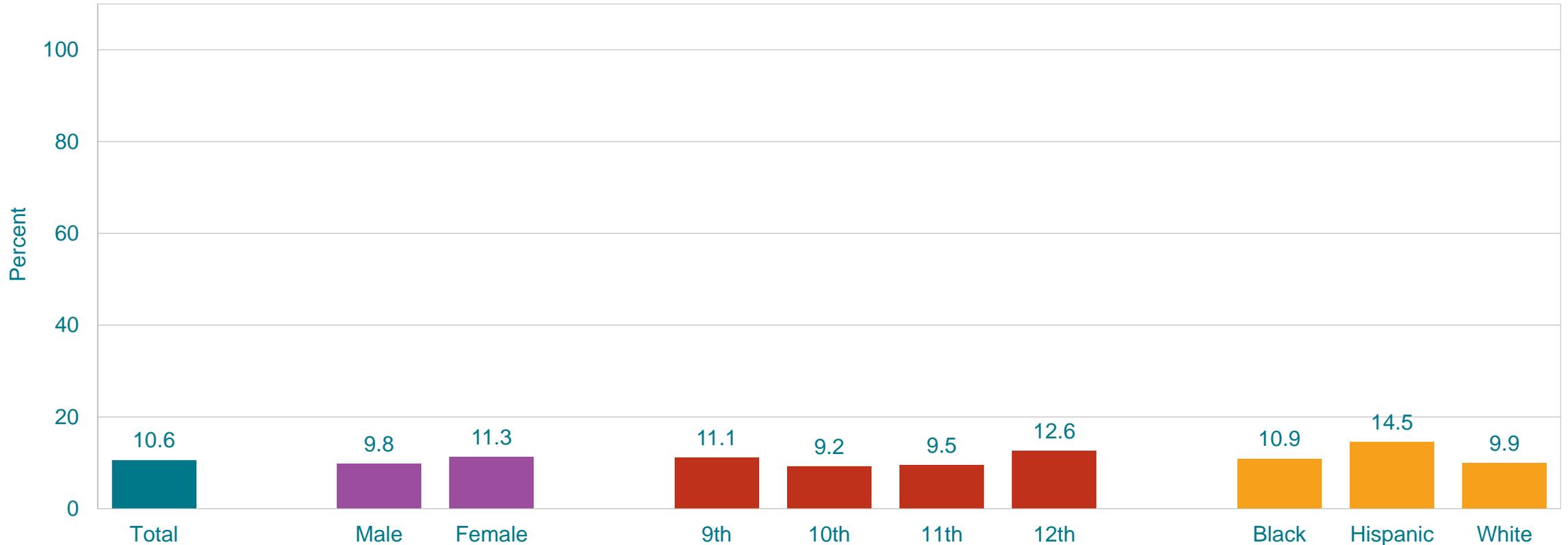


*Not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Did Not Go to School Because They Felt Unsafe at School or on Their Way to or from School,* by Sex, Grade, and Race/Ethnicity,† 2019



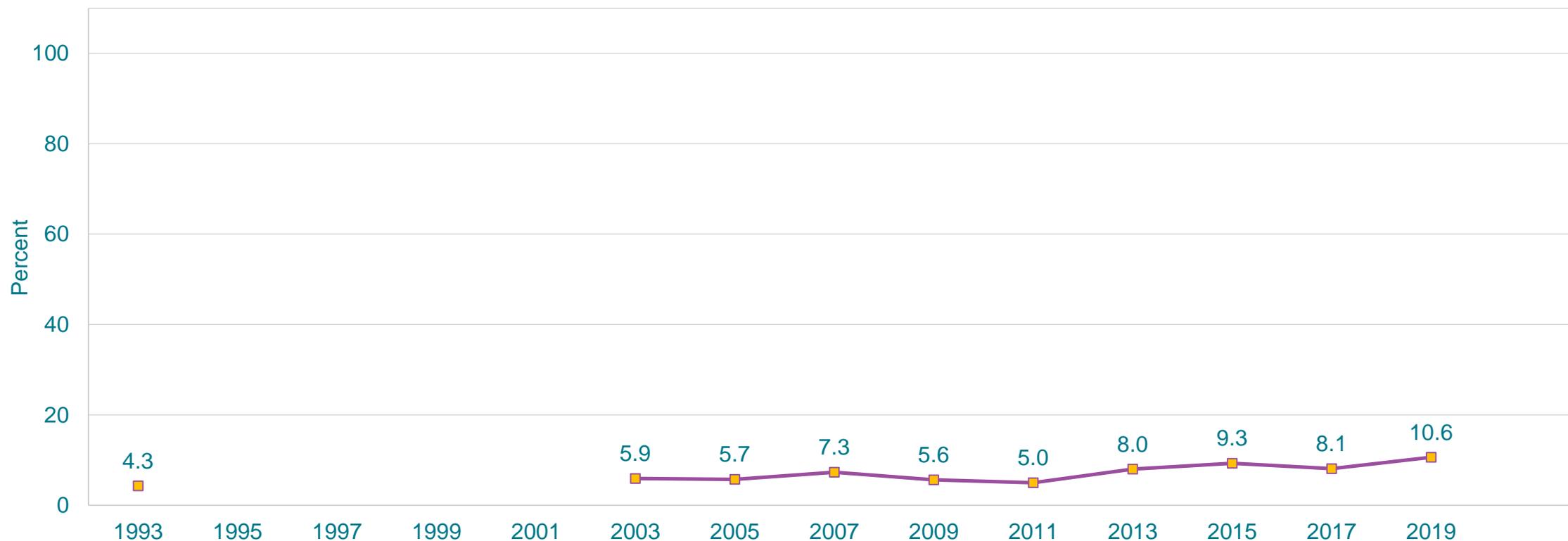
*On at least 1 day during the 30 days before the survey

†H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Did Not Go to School Because They Felt Unsafe at School or on Their Way to or from School,* 1993-2019†



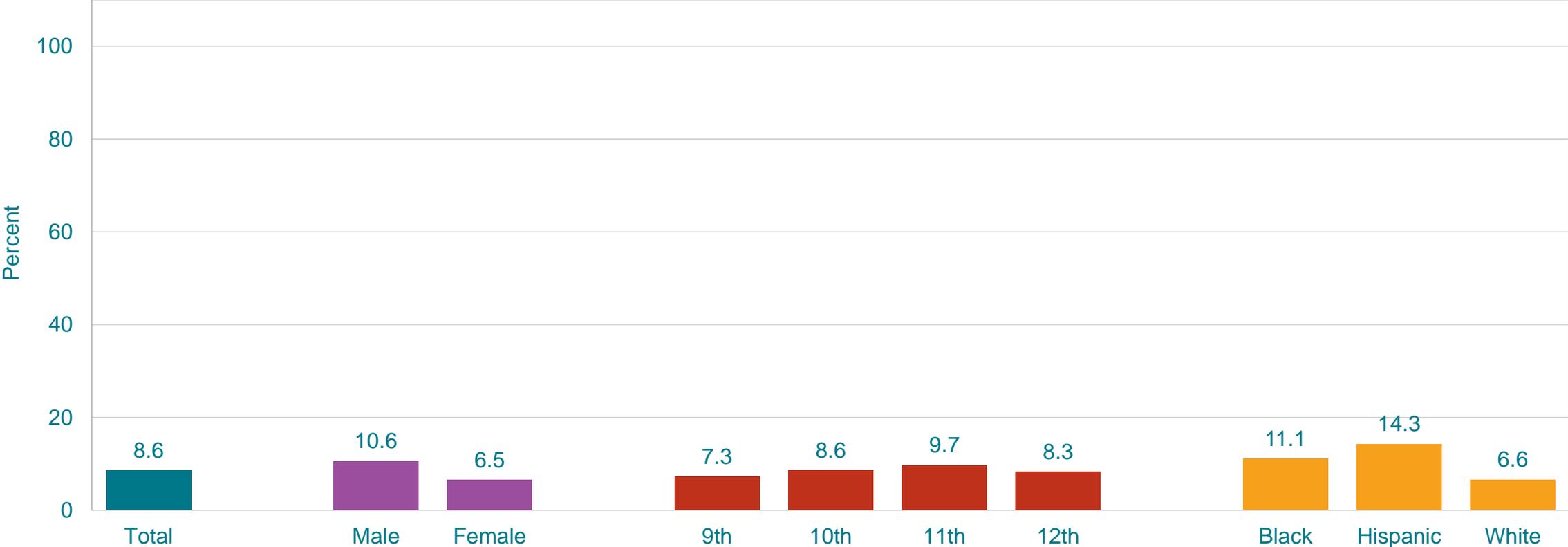
*On at least 1 day during the 30 days before the survey

†Increased 1993-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Were Threatened or Injured with a Weapon on School Property,* by Sex,† Grade, and Race/Ethnicity,† 2019



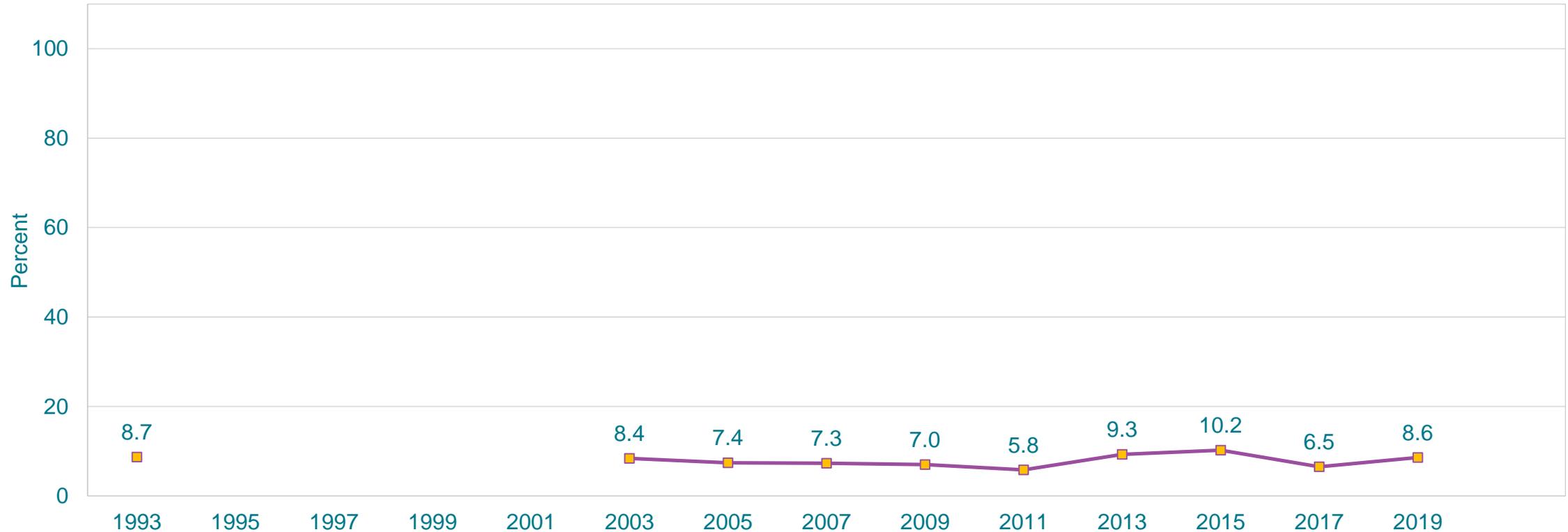
*Such as a gun, knife, or club, one or more times during the 12 months before the survey

†M > F; B > W, H > W (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Were Threatened or Injured with a Weapon on School Property,* 1993-2019†



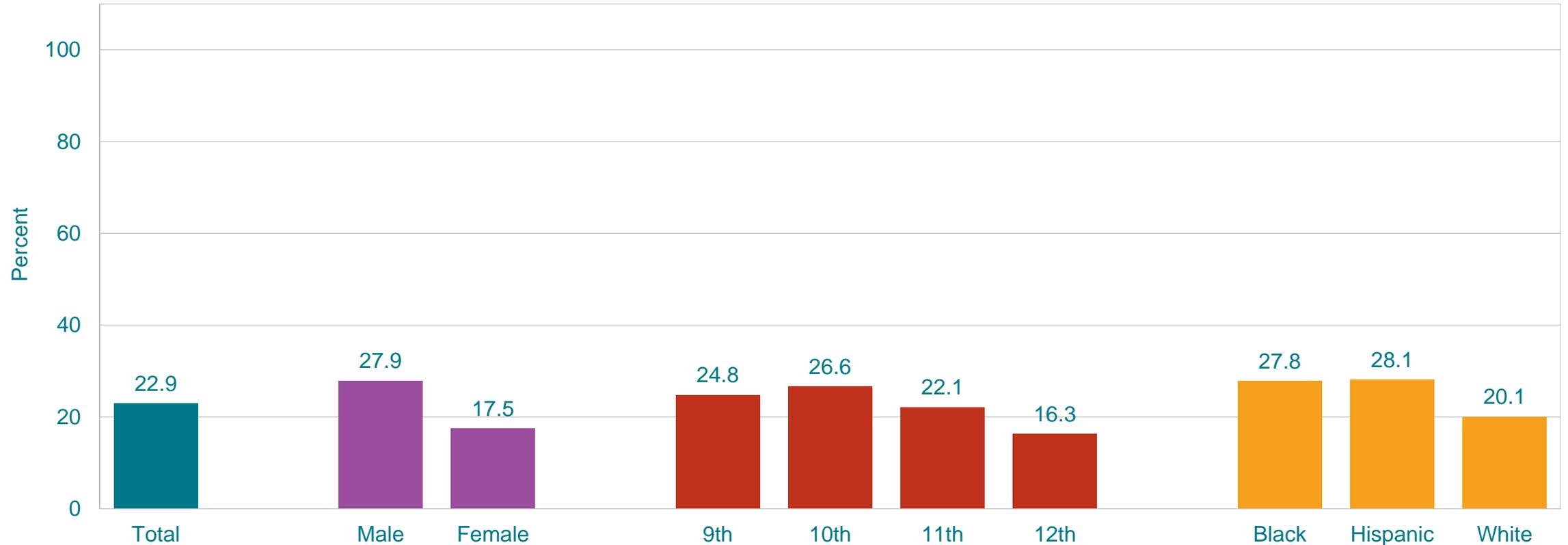
*Such as a gun, knife, or club, one or more times during the 12 months before the survey

†No change 1993-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Were in a Physical Fight,* by Sex,† Grade,† and Race/Ethnicity,† 2019



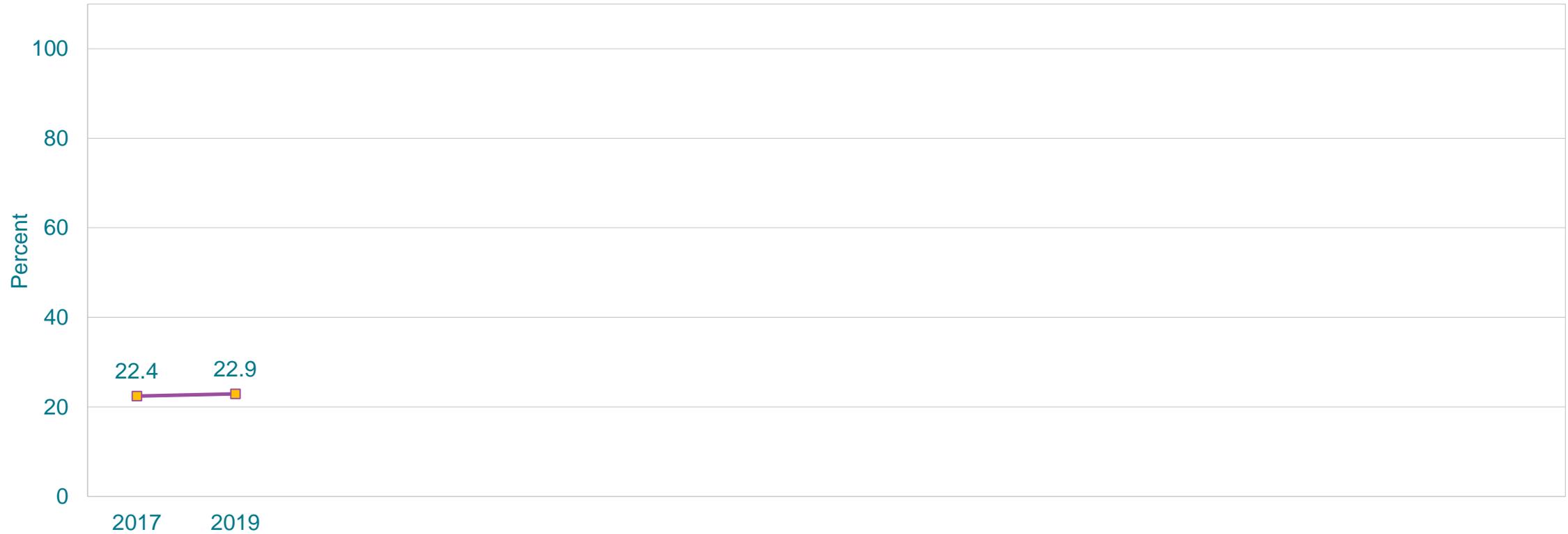
*One or more times during the 12 months before the survey

†M > F; 9th > 12th, 10th > 12th, 11th > 12th; B > W, H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Were in a Physical Fight,* 2017-2019†

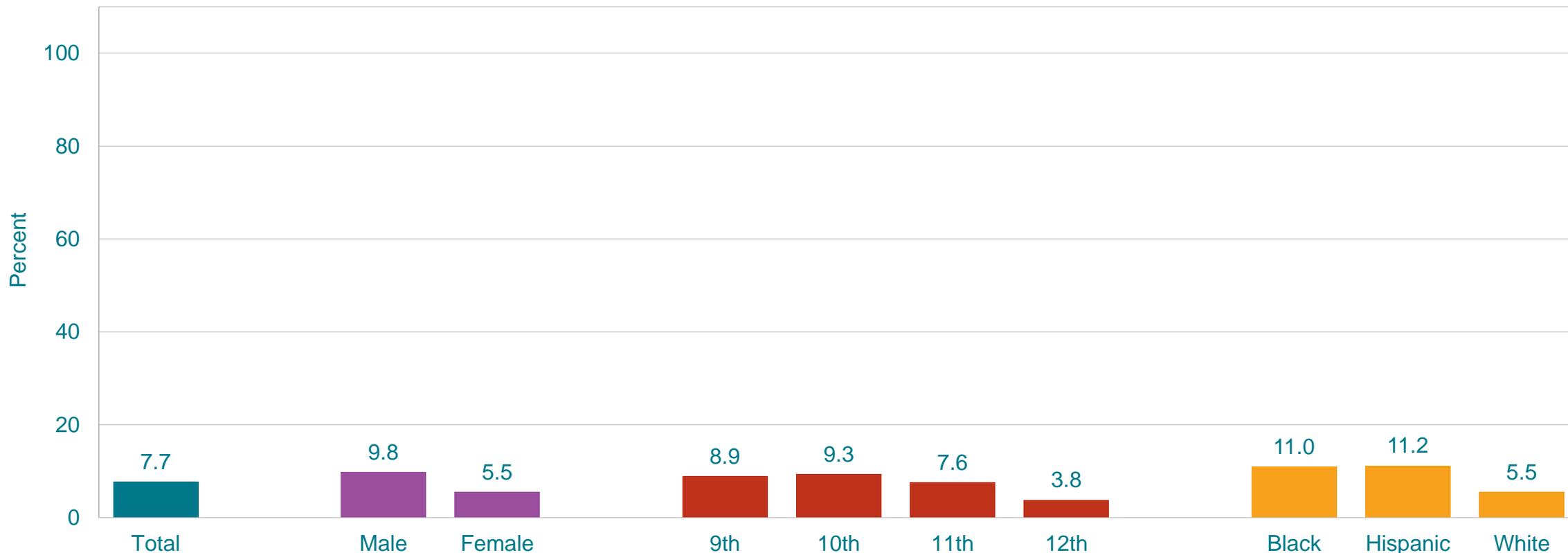


*One or more times during the 12 months before the survey

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Were in a Physical Fight on School Property,* by Sex,† Grade,† and Race/Ethnicity,† 2019



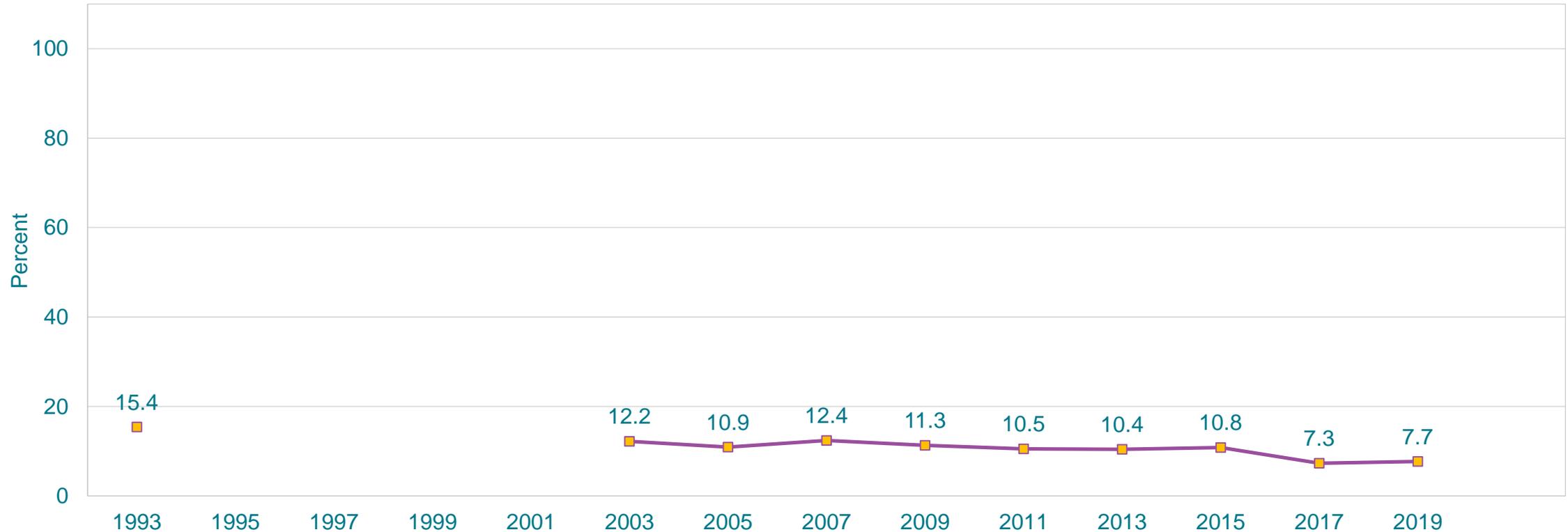
*One or more times during the 12 months before the survey

†M > F; 9th > 12th, 10th > 12th, 11th > 12th; B > W, H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Were in a Physical Fight on School Property,* 1993-2019†



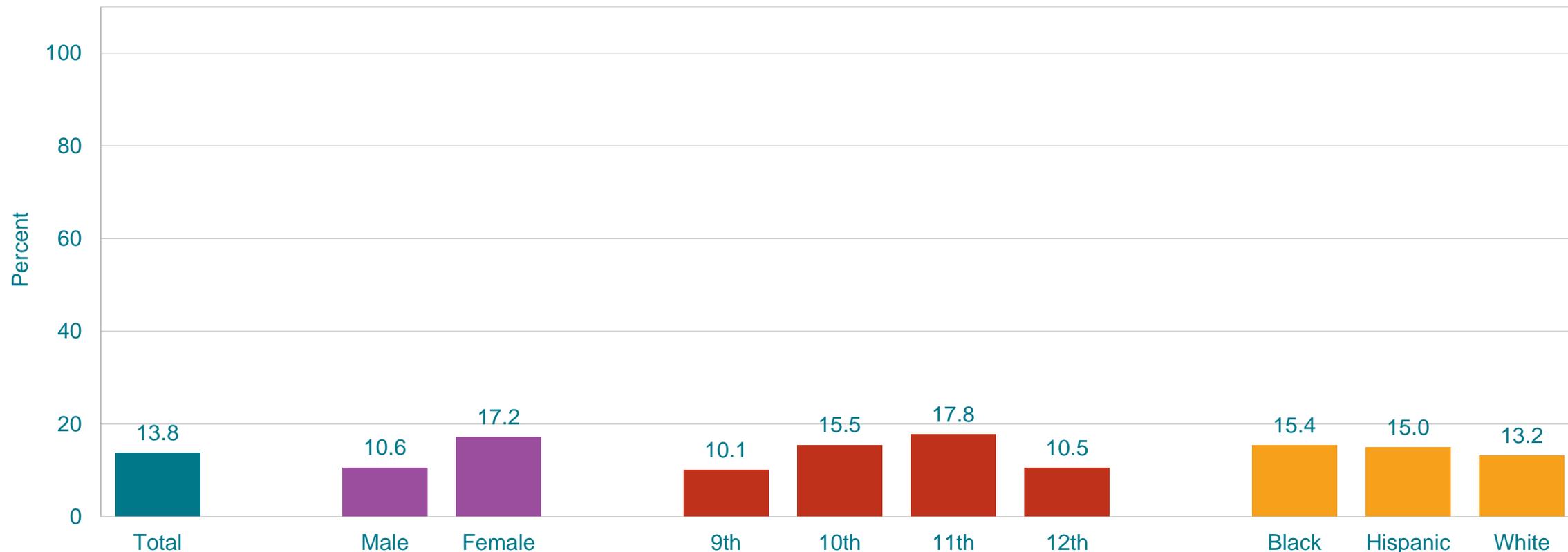
*One or more times during the 12 months before the survey

†Decreased 1993-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Experienced Physical Dating Violence,* by Sex,† Grade,† and Race/Ethnicity, 2019



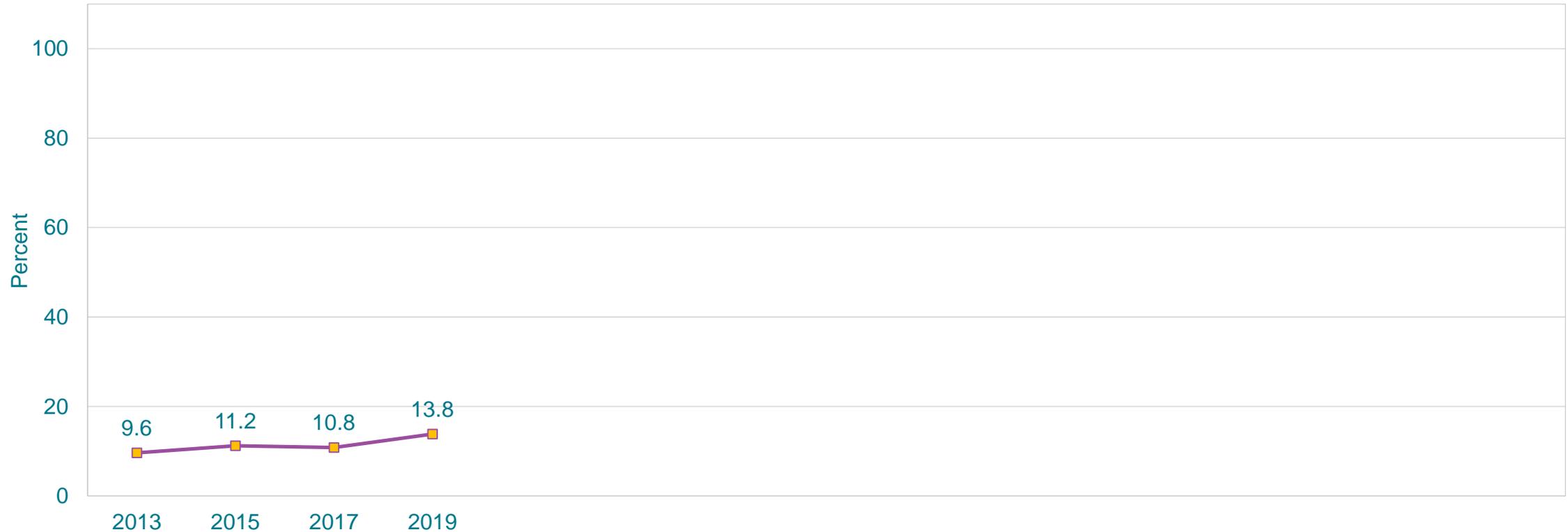
*Being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey

†F > M; 11th > 9th, 11th > 12th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Experienced Physical Dating Violence,* 2013-2019†

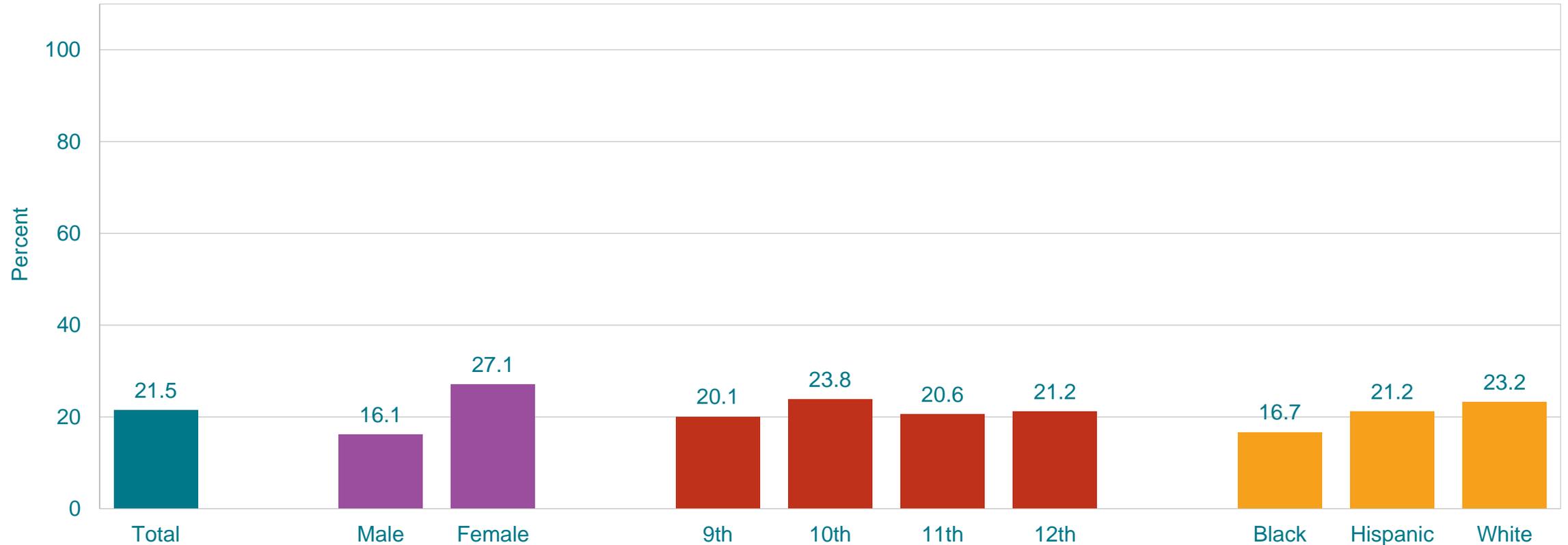


*Being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey

†Increased 2013-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Were Bullied on School Property,* by Sex,† Grade, and Race/Ethnicity,† 2019



*Ever during the 12 months before the survey

†F > M; W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Were Bullied on School Property,* 2009-2019†

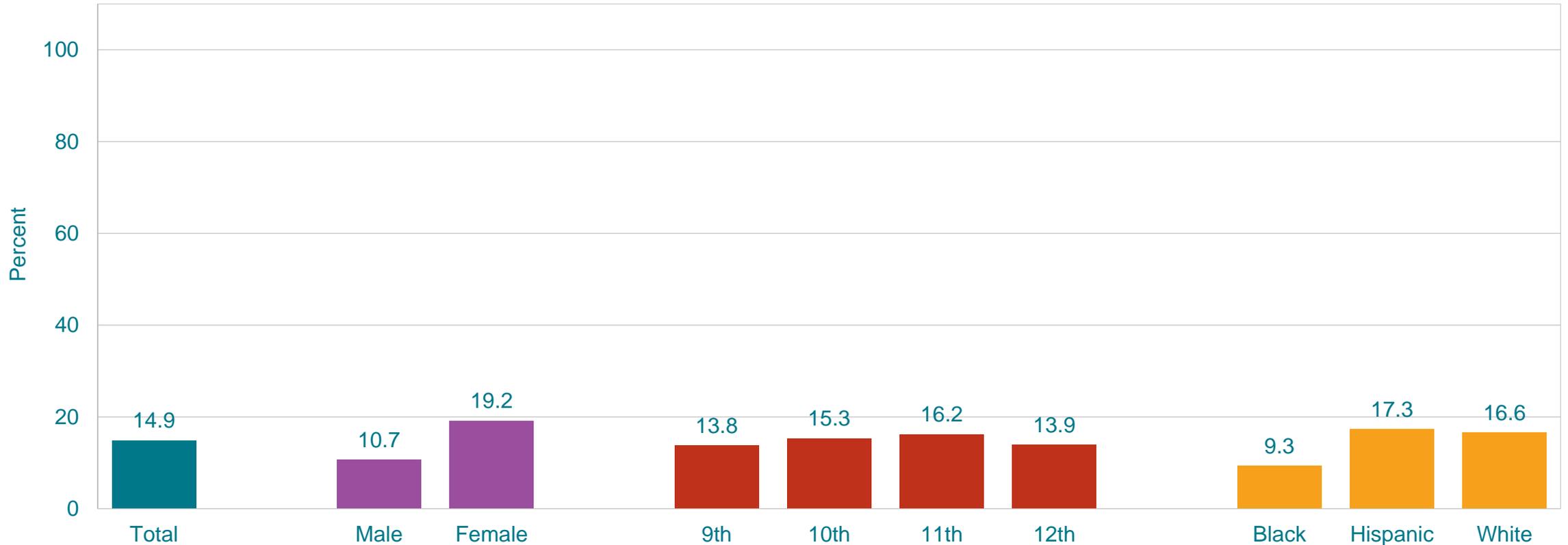


*Ever during the 12 months before the survey

†Increased 2009-2019, increased 2009-2015, no change 2015-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Were Electronically Bullied,* by Sex,† Grade, and Race/Ethnicity,† 2019



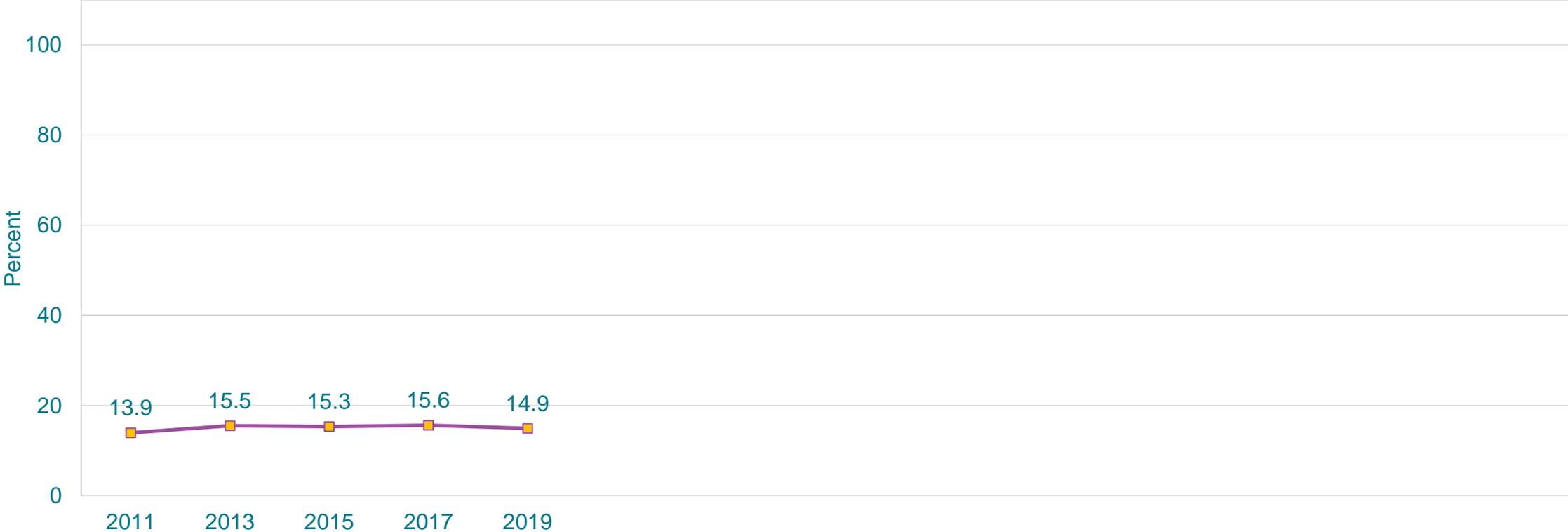
*Counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey

†F > M; H > B, W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Were Electronically Bullied,* 2011-2019†

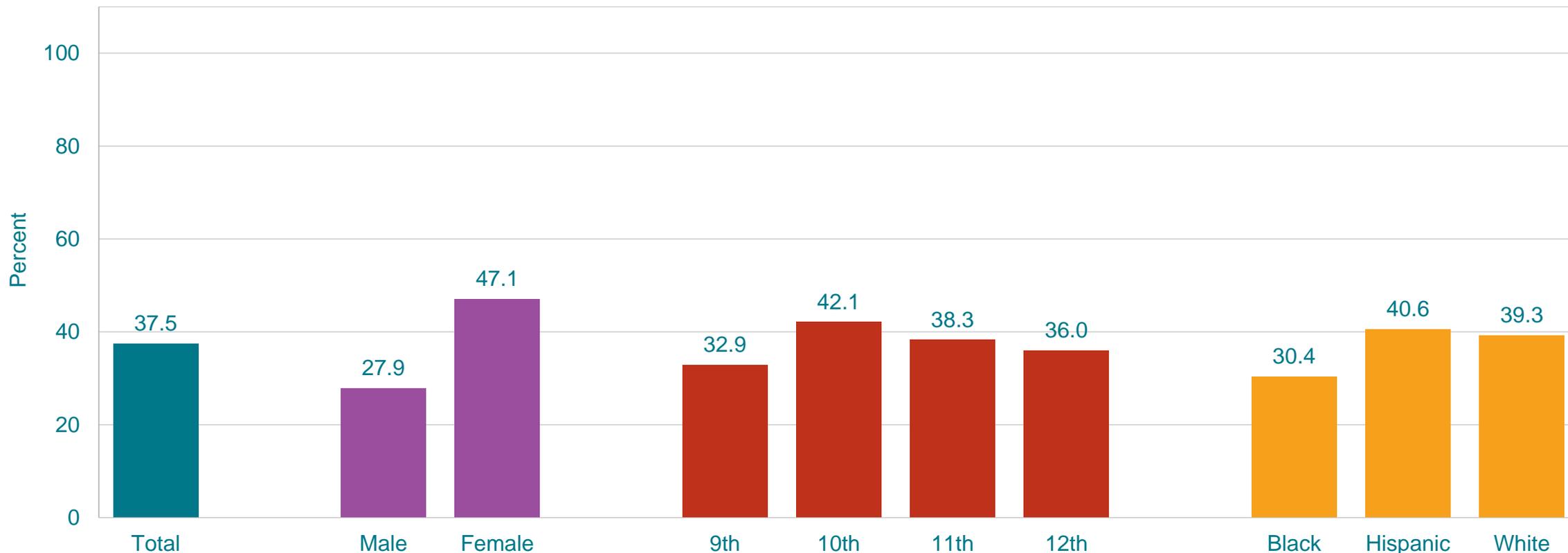


*Counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey

†No change 2011-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Felt Sad or Hopeless,* by Sex,† Grade,† and Race/Ethnicity,† 2019



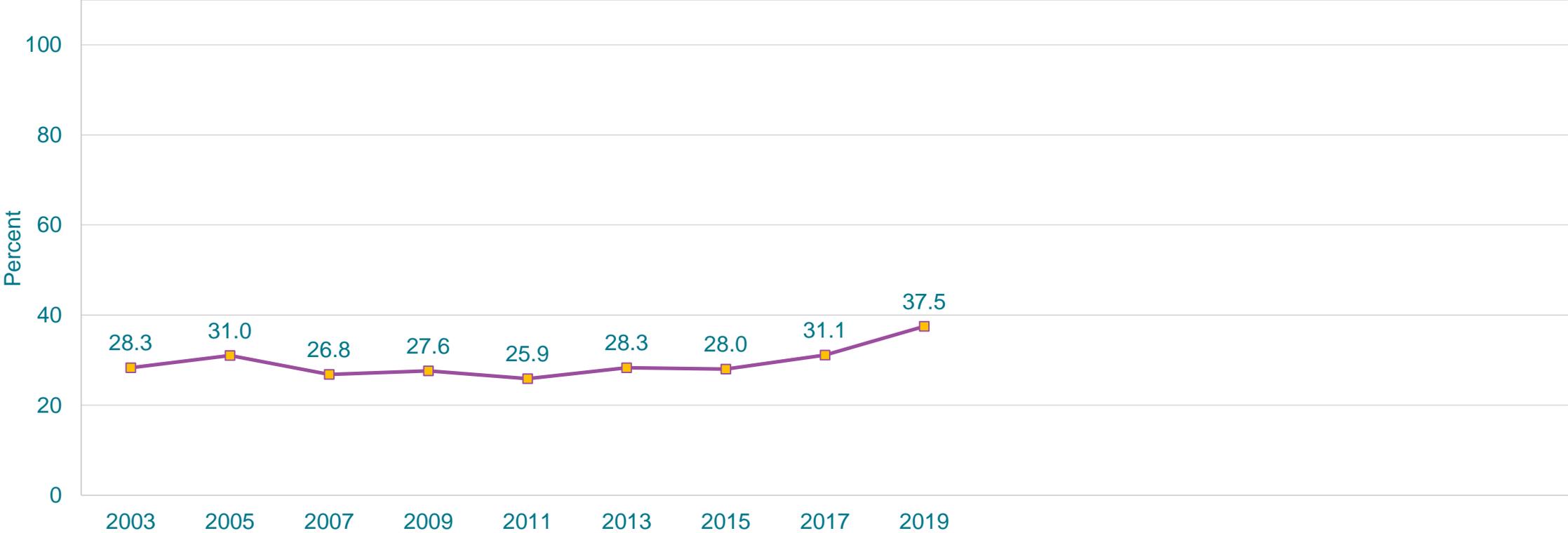
*Almost every day for ≥ 2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey

†F > M; 10th > 9th, 11th > 9th; H > B, W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Felt Sad or Hopeless,* 2003-2019†

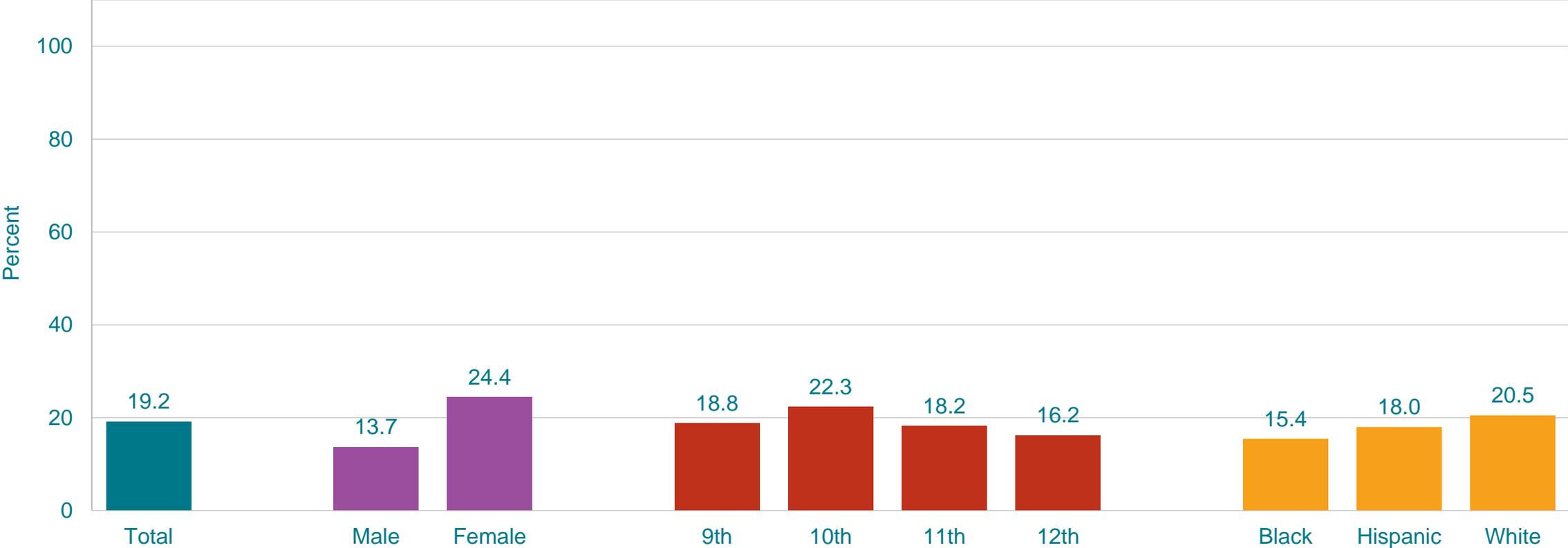


*Almost every day for ≥ 2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey

†Increased 2003-2019, no change 2003-2015, increased 2015-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Seriously Considered Attempting Suicide,* by Sex,† Grade, and Race/Ethnicity, 2019



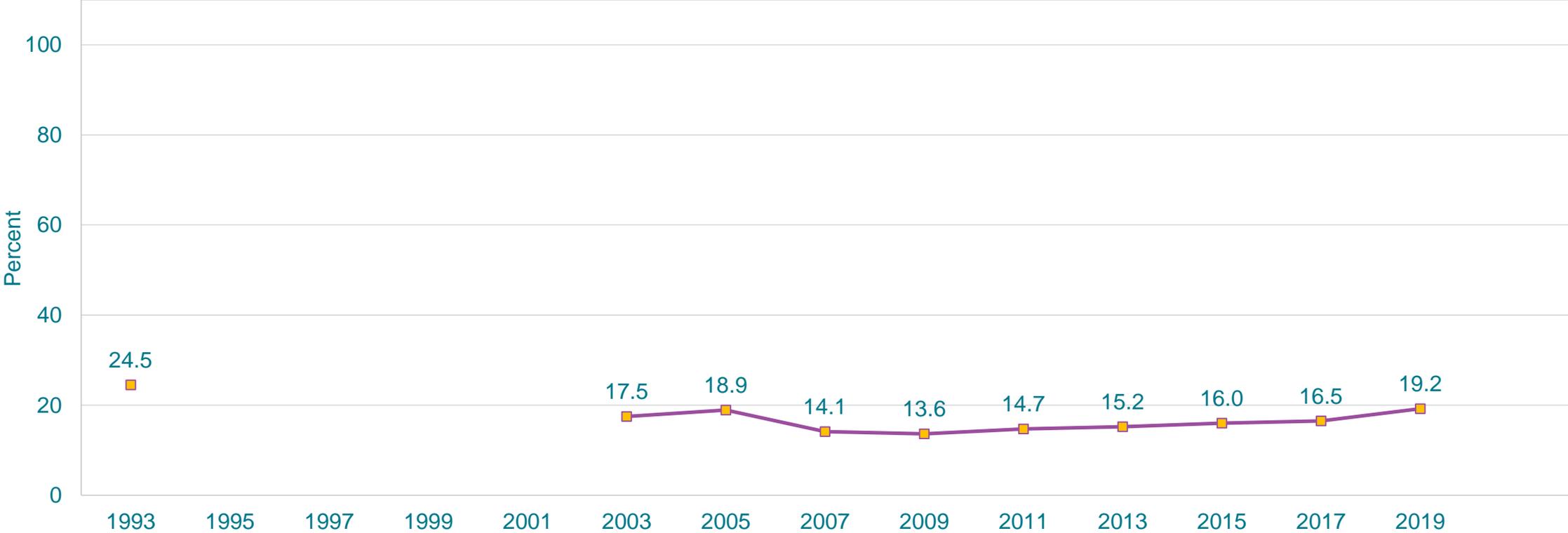
*Ever during the 12 months before the survey

†F > M (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Seriously Considered Attempting Suicide,* 1993-2019†



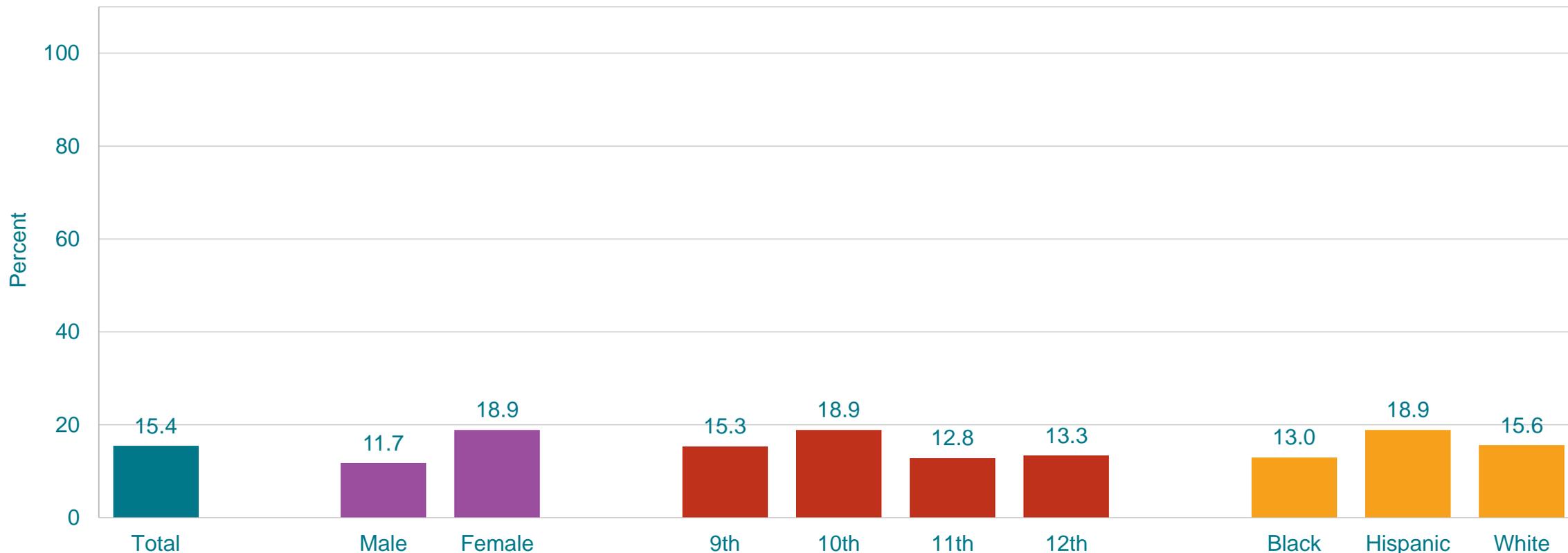
*Ever during the 12 months before the survey

†Decreased 1993-2019, decreased 1993-2011, increased 2011-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Made a Plan About How They Would Attempt Suicide,* by Sex,† Grade,† and Race/Ethnicity, 2019



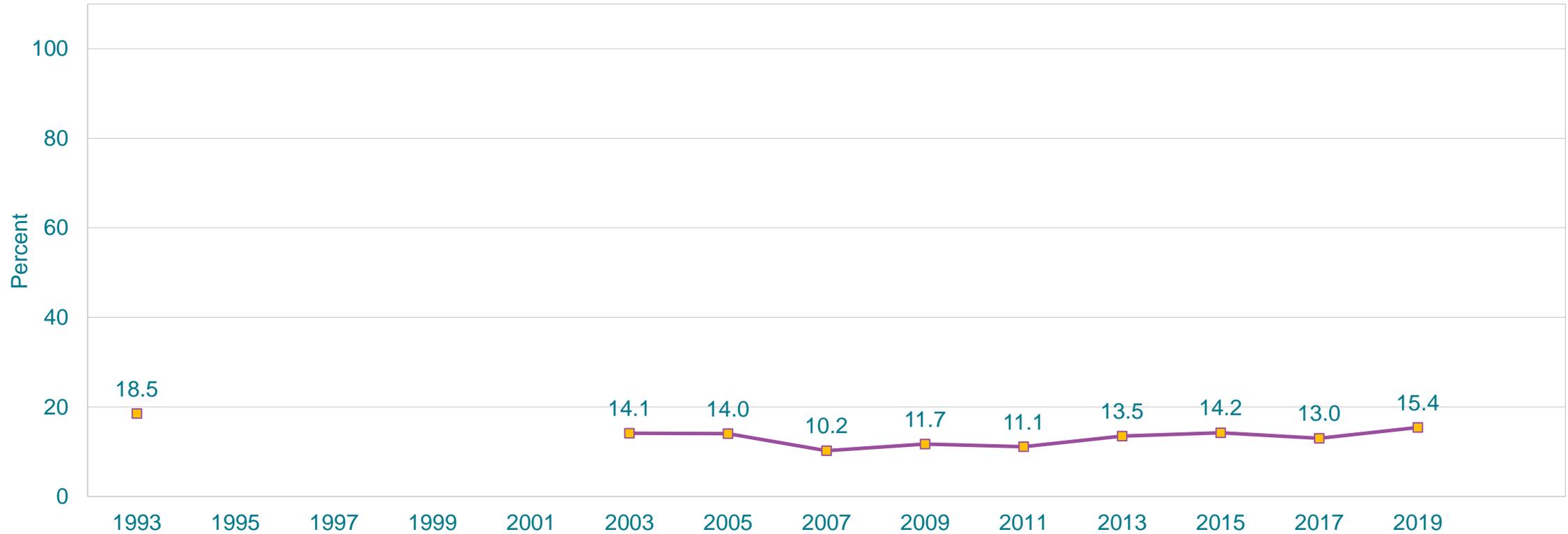
*During the 12 months before the survey

†F > M; 10th > 11th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Made a Plan About How They Would Attempt Suicide,* 1993-2019†



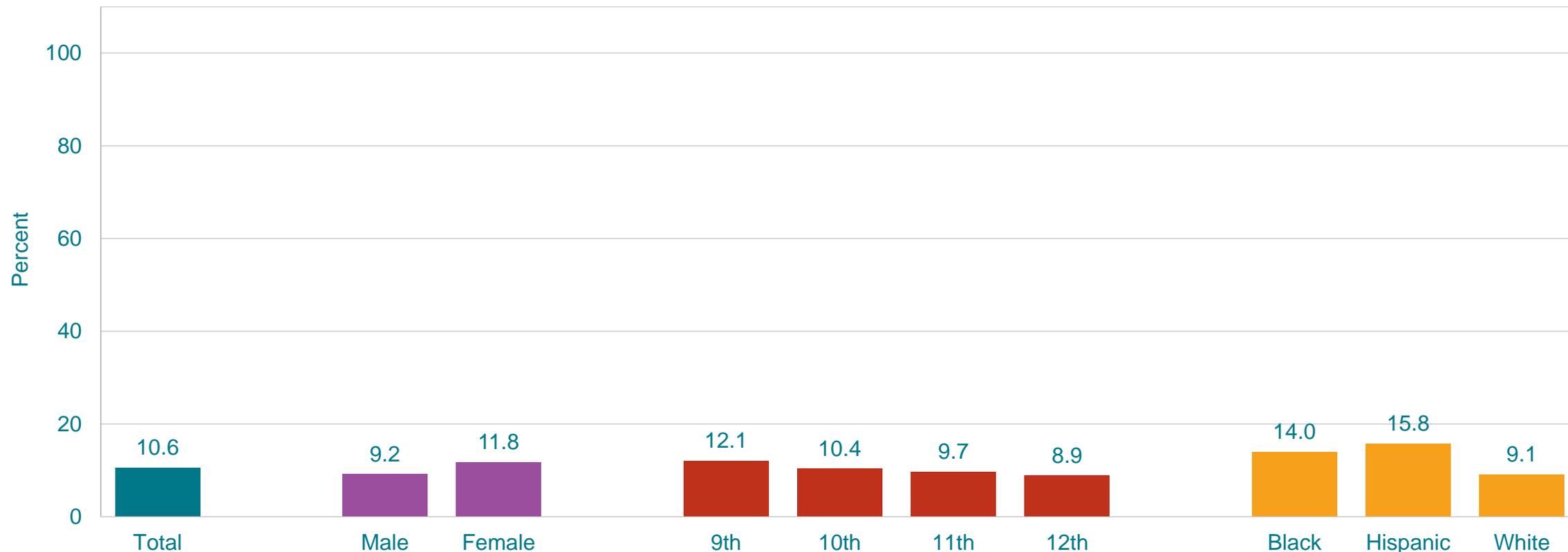
*During the 12 months before the survey

†Decreased 1993-2019, decreased 1993-2009, increased 2009-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Attempted Suicide,* by Sex, Grade, and Race/Ethnicity,† 2019



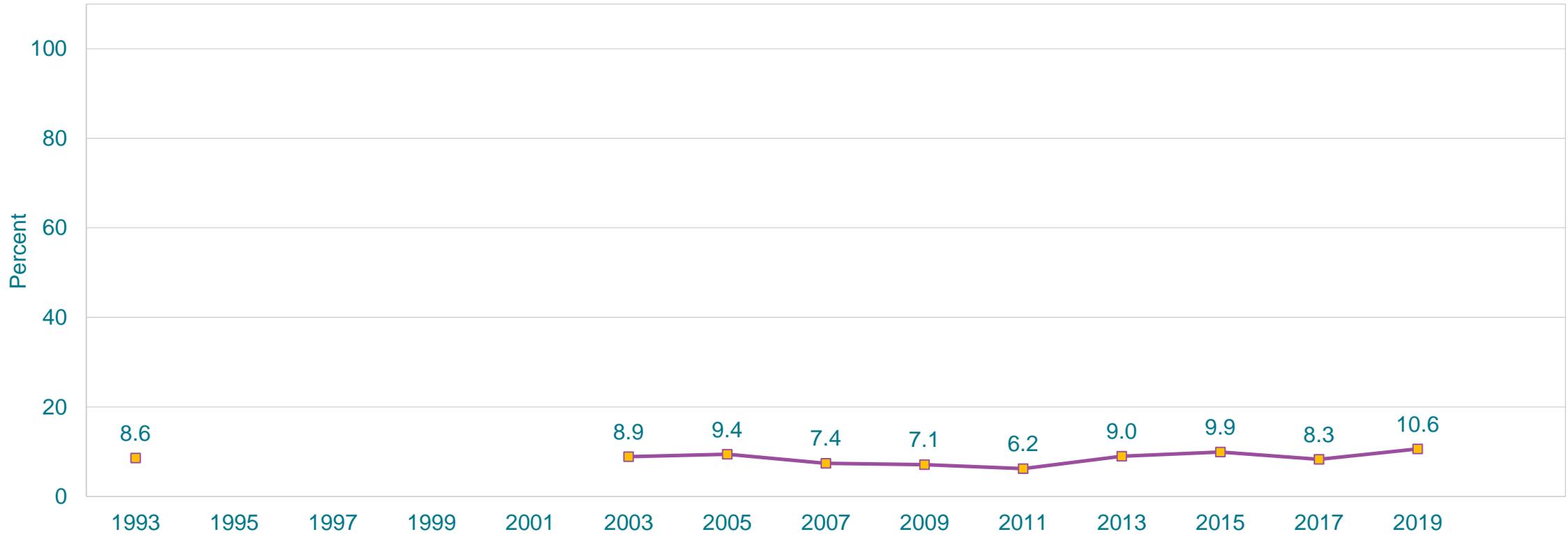
*One or more times during the 12 months before the survey

†B > W, H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Attempted Suicide,* 1993-2019†



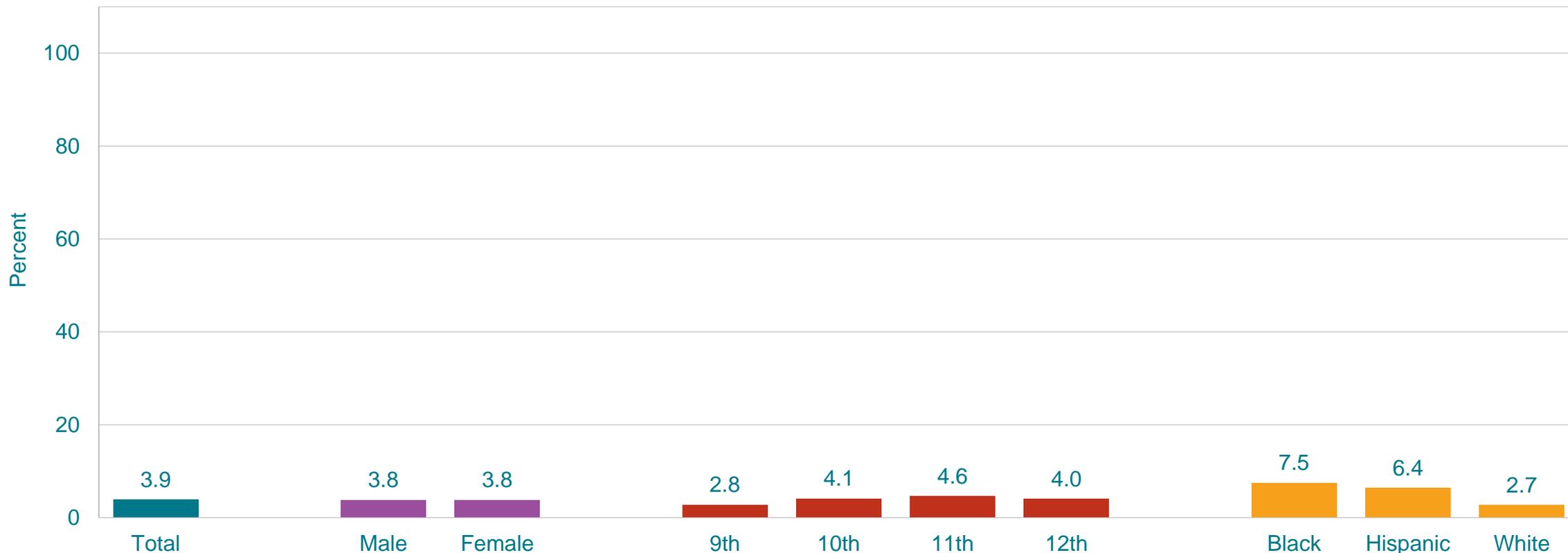
*One or more times during the 12 months before the survey

†Decreased, 1993-2011, increased, 2011-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Had a Suicide Attempt That Resulted in an Injury, Poisoning, or Overdose That Had to Be Treated by a Doctor or Nurse,* by Sex, Grade, and Race/Ethnicity,† 2019



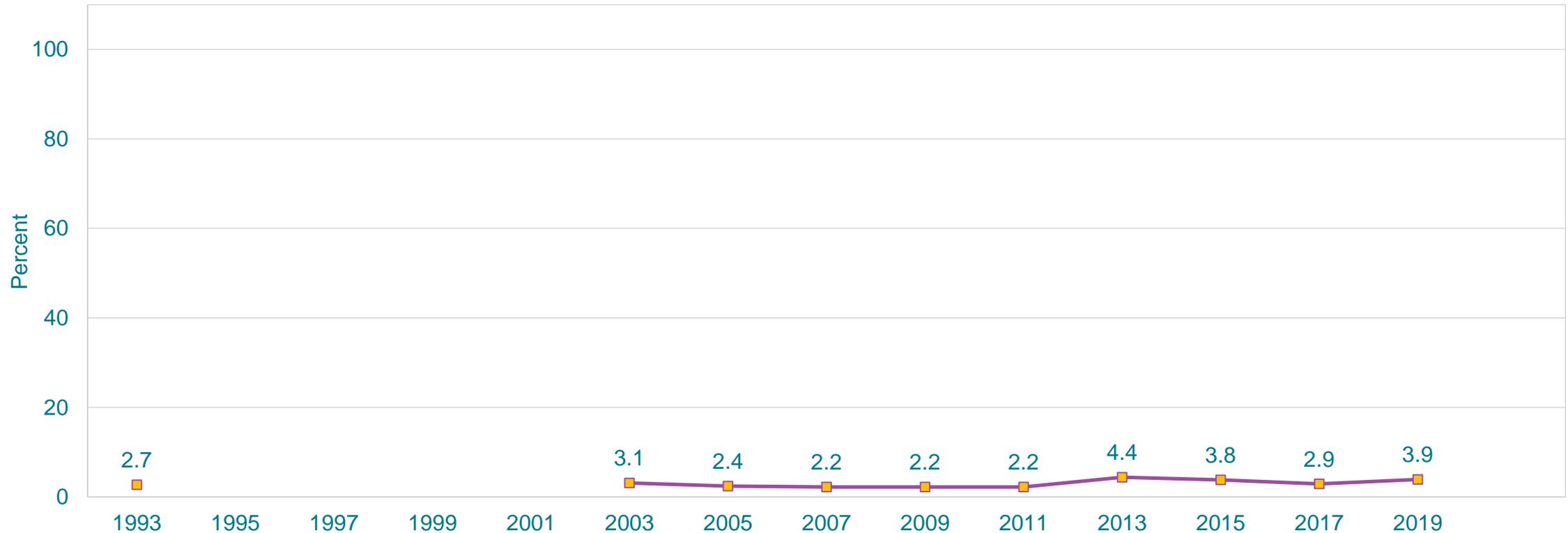
*During the 12 months before the survey

†B > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Had a Suicide Attempt That Resulted in an Injury, Poisoning, or Overdose That Had to Be Treated by a Doctor or Nurse,* 1993-2019†



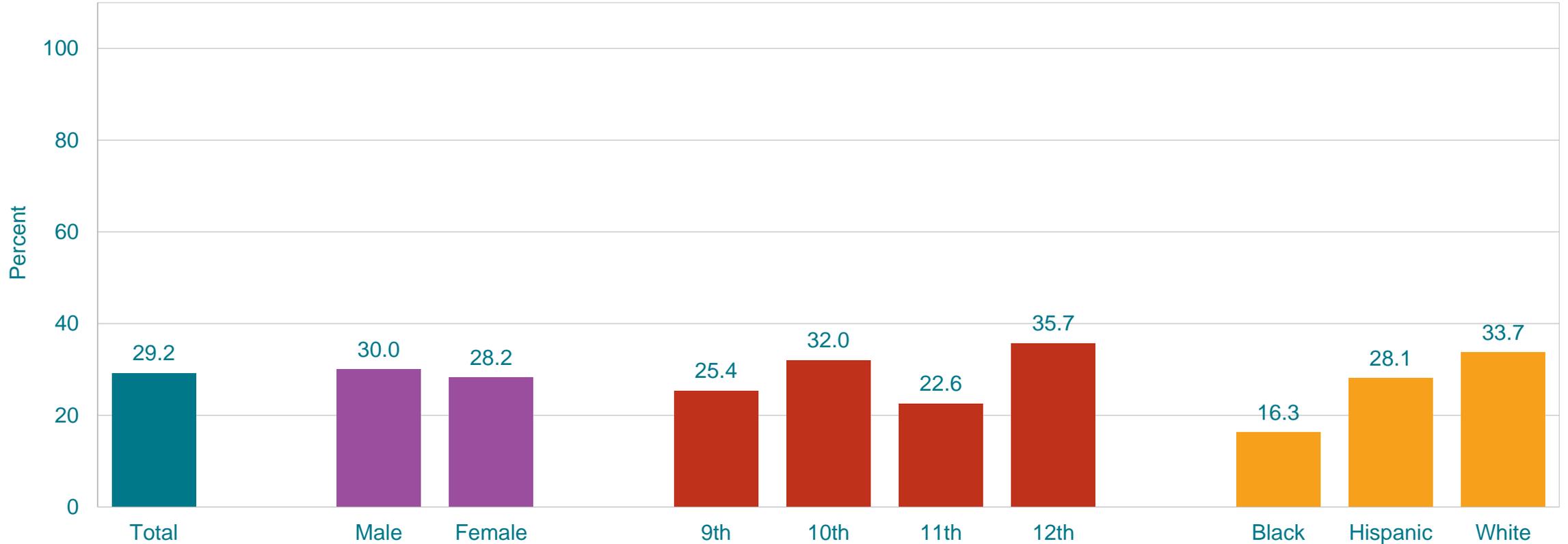
*During the 12 months before the survey

†No change 1993-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Ever Tried Cigarette Smoking,* by Sex, Grade,† and Race/Ethnicity,† 2019



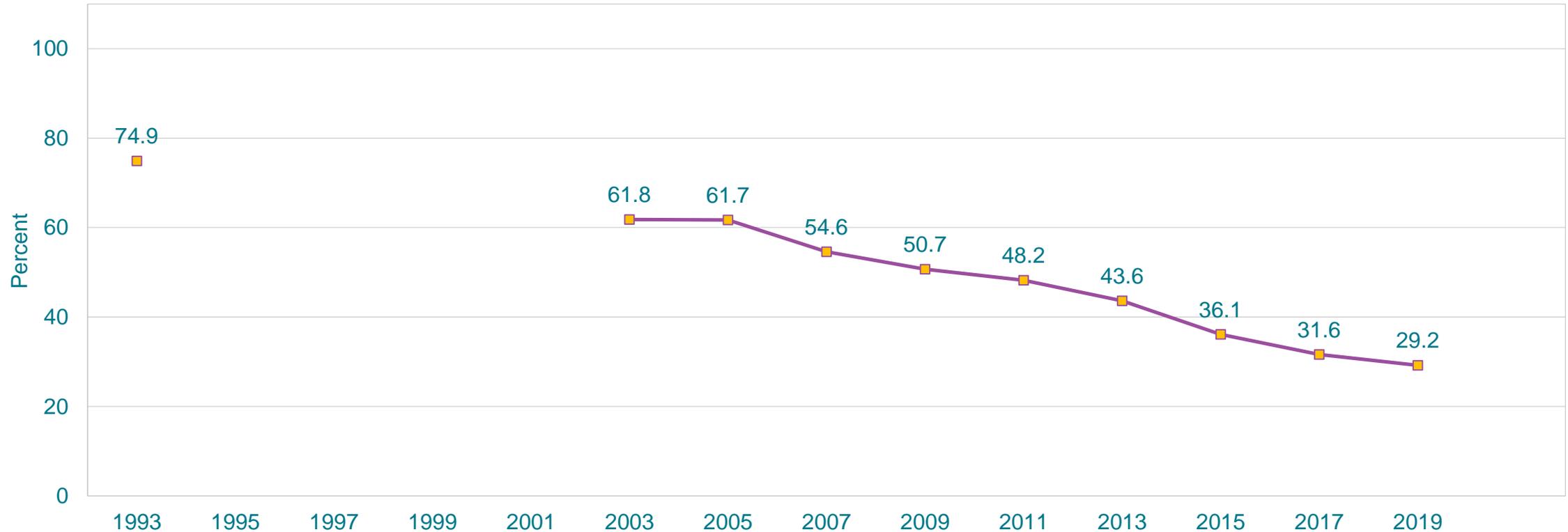
*Even one or two puffs

†12th > 9th, 12th > 11th; H > B, W > B, W > H (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ever Tried Cigarette Smoking,* 1993-2019†



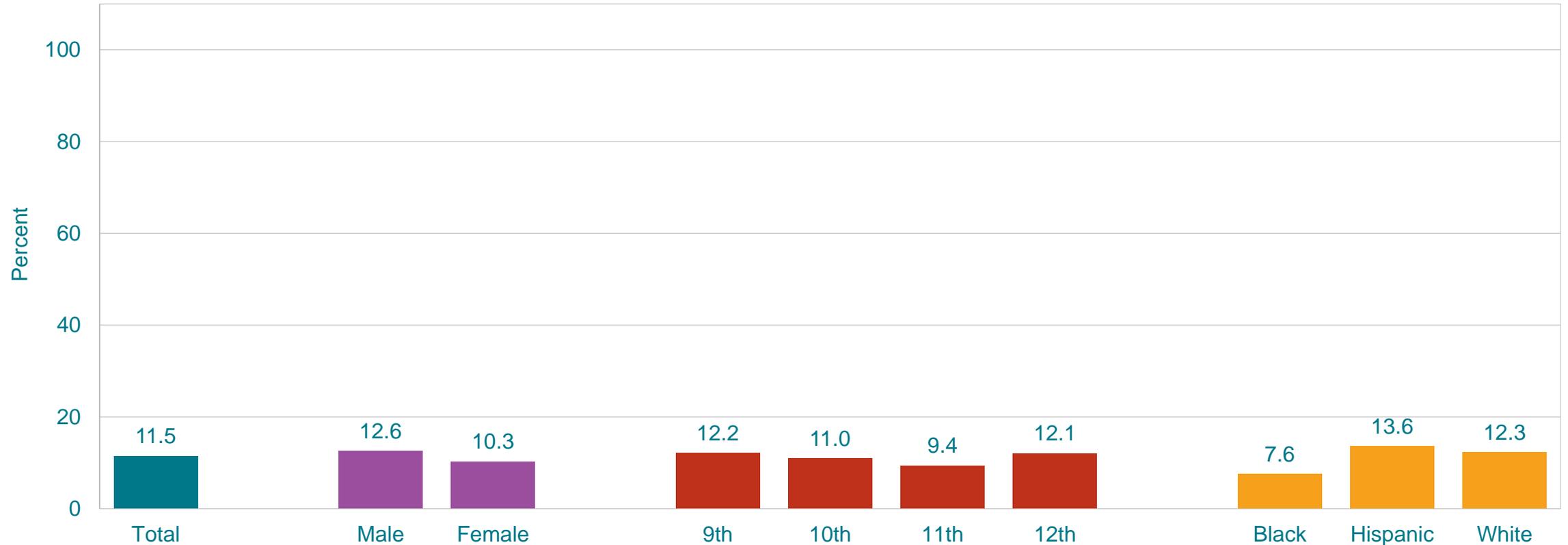
*Even one or two puffs

†Decreased 1993-2019, decreased 1993-2011, decreased 2011-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who First Tried Cigarette Smoking Before Age 13 Years,* by Sex, Grade, and Race/Ethnicity,† 2019



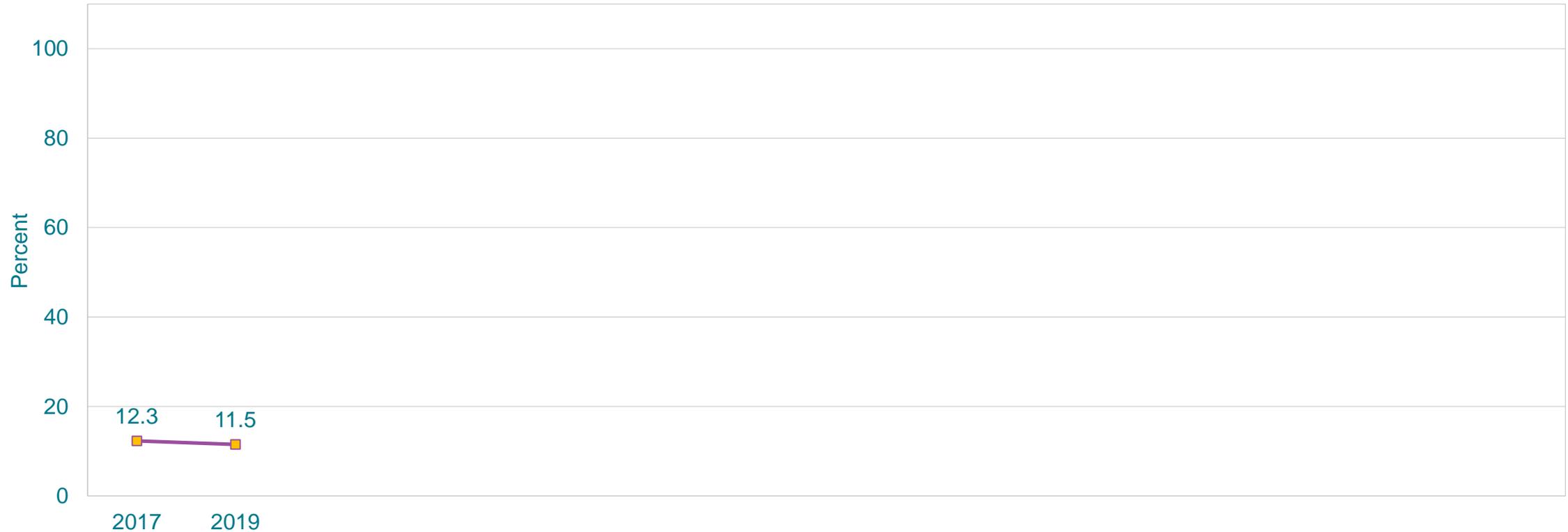
*Even one or two puffs

†H > B, W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who First Tried Cigarette Smoking Before Age 13 Years,* 2017-2019†

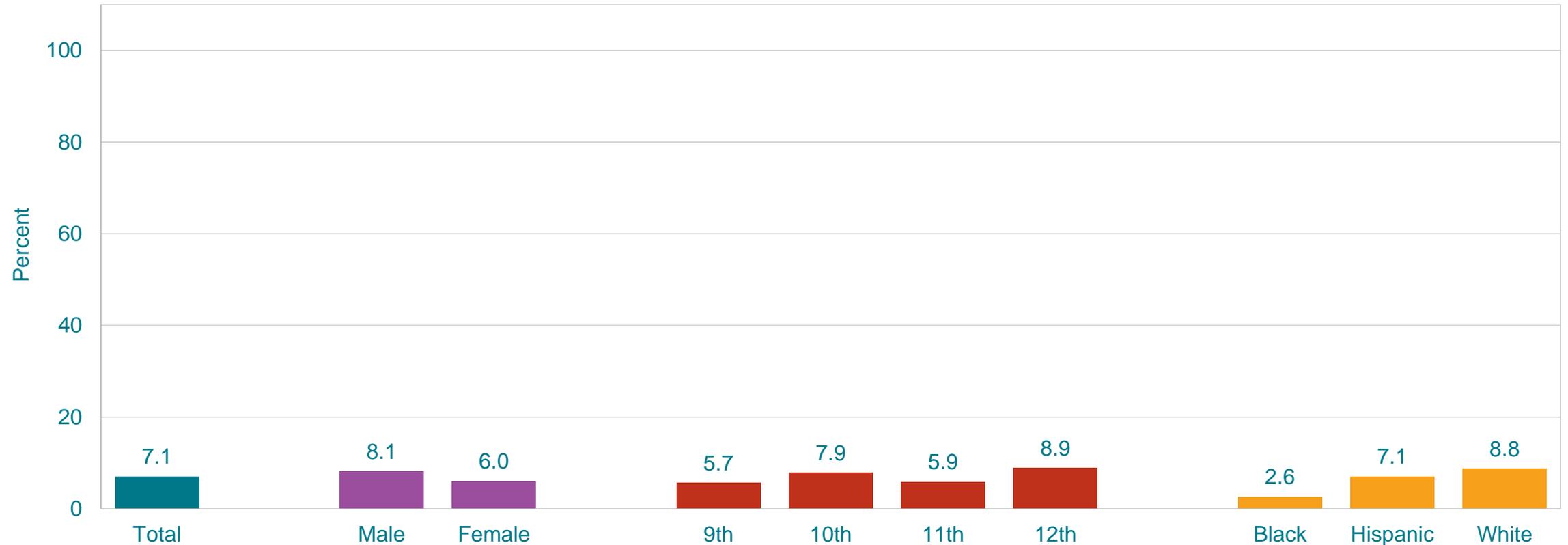


*Even one or two puffs

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes,* by Sex, Grade,† and Race/Ethnicity,† 2019



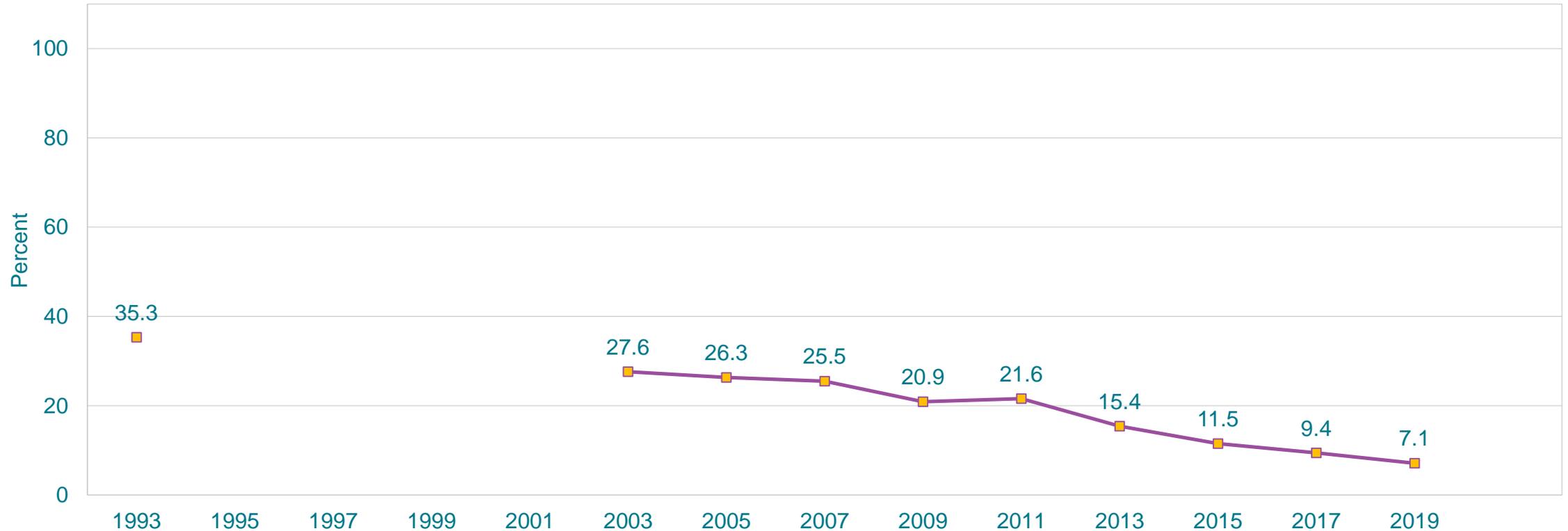
*On at least 1 day during the 30 days before the survey

†12th > 11th; W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes,* 1993-2019†



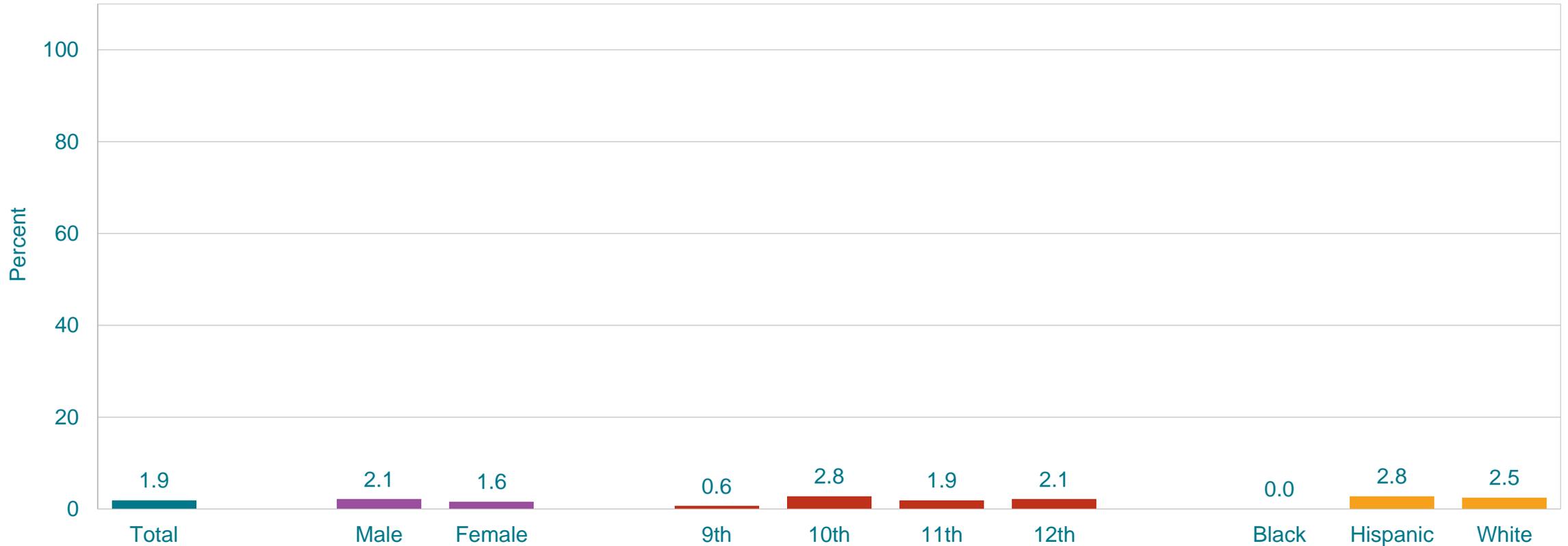
*On at least 1 day during the 30 days before the survey

†Decreased 1993-2019, decreased 1993-2011, decreased 2011-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes Frequently,* by Sex, Grade,† and Race/Ethnicity,† 2019



*On 20 or more days during the 30 days before the survey

†10th > 9th; W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes Frequently,* 1993-2019†



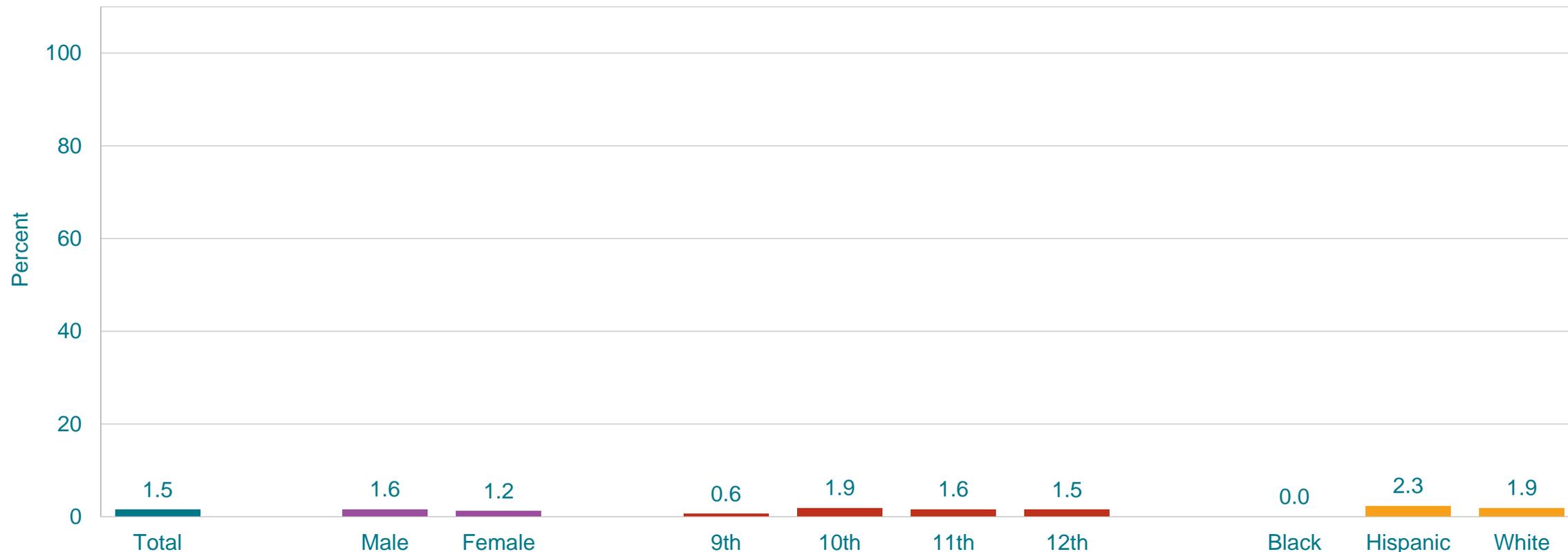
*On 20 or more days during the 30 days before the survey

†Decreased 1993-2019, decreased 1993-2011, decreased 2011-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes Daily,* by Sex, Grade, and Race/Ethnicity,† 2019



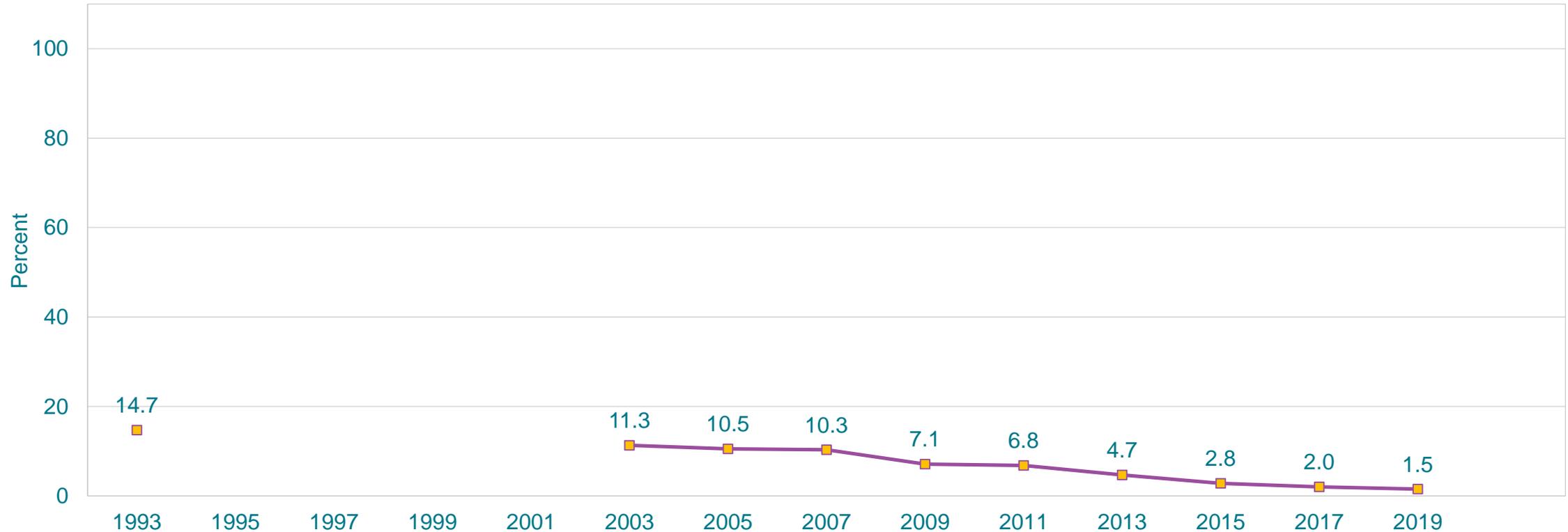
*On all 30 days during the 30 days before the survey

†W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes Daily,* 1993-2019†



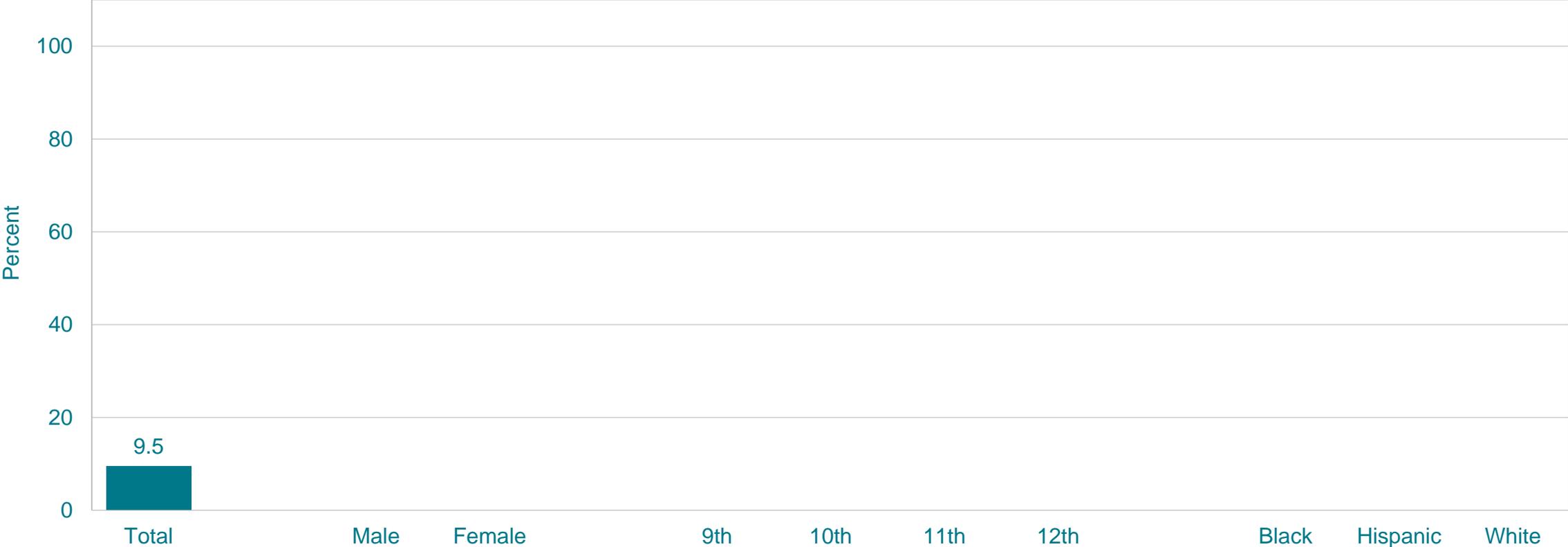
*On all 30 days during the 30 days before the survey

†Decreased 1993-2019, decreased 1993-2007, decreased 2007-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

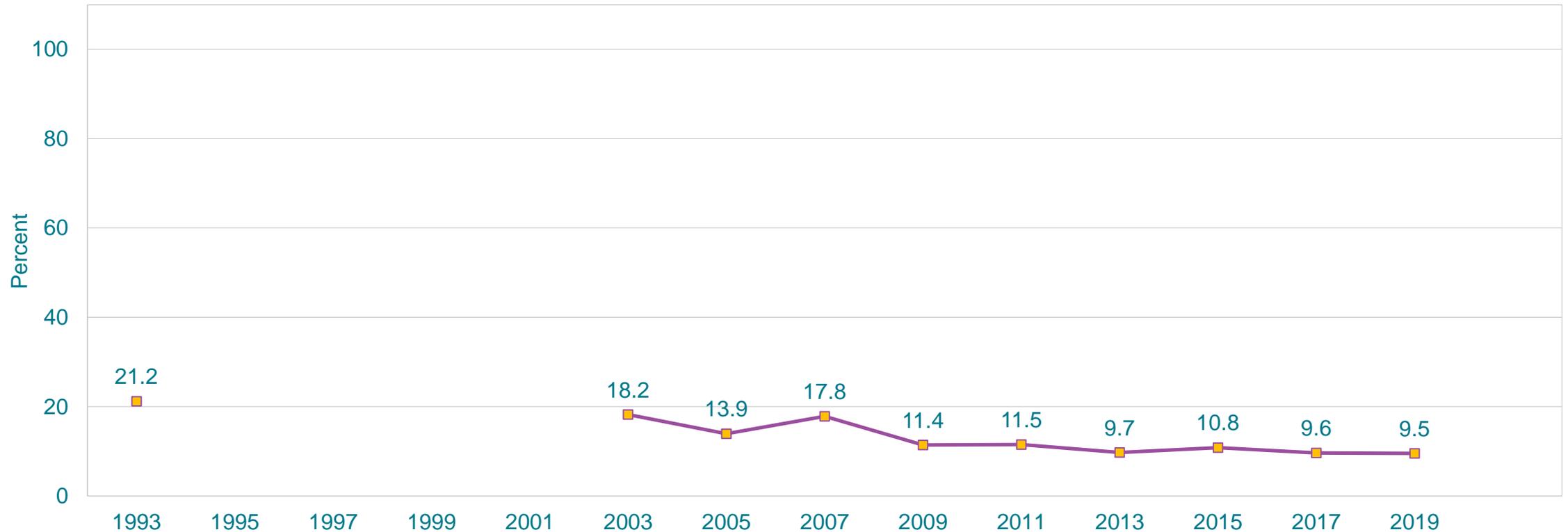
This graph contains weighted results.

Percentage of High School Students Who Smoked More Than 10 Cigarettes Per Day,* by Sex, Grade, and Race/Ethnicity, 2019



*On the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
Missing bar indicates fewer than 100 students in the subgroup.
This graph contains weighted results.

Percentage of High School Students Who Smoked More Than 10 Cigarettes Per Day,* 1993-2019†



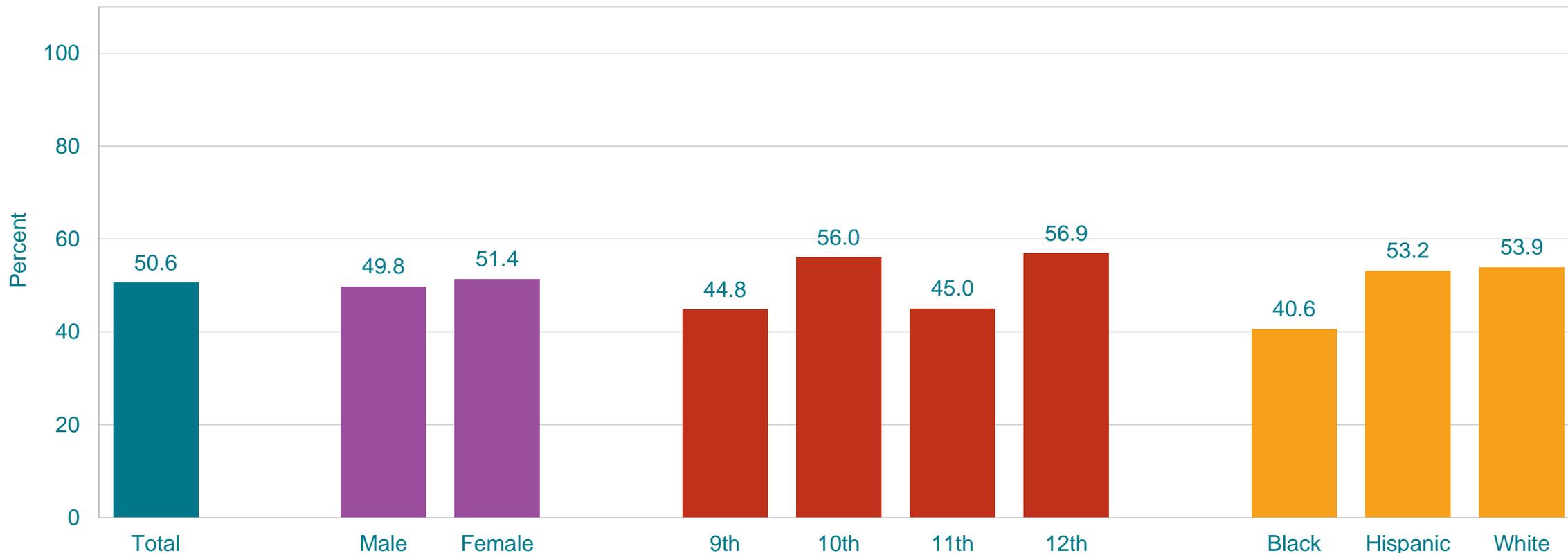
*On the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes

†Decreased 1993-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Ever Used an Electronic Vapor Product,* by Sex, Grade,† and Race/Ethnicity,† 2019



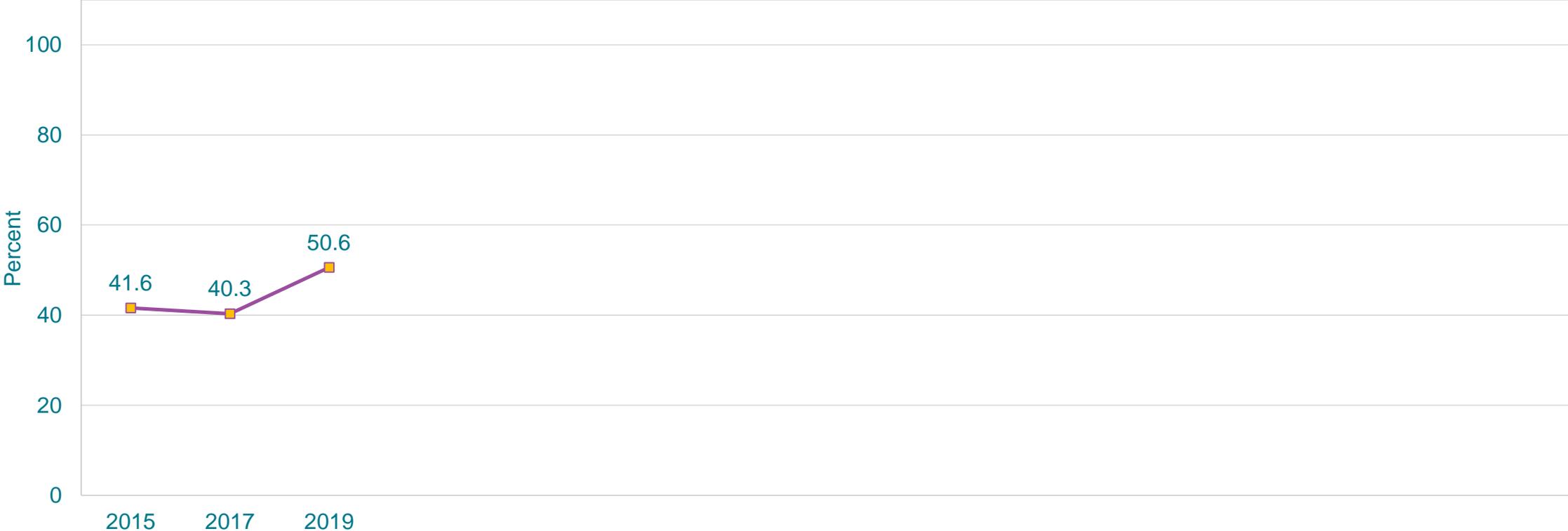
*Including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo]

†10th > 9th, 10th > 11th, 12th > 9th, 12th > 11th; H > B, W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ever Used an Electronic Vapor Product,* 2015-2019†

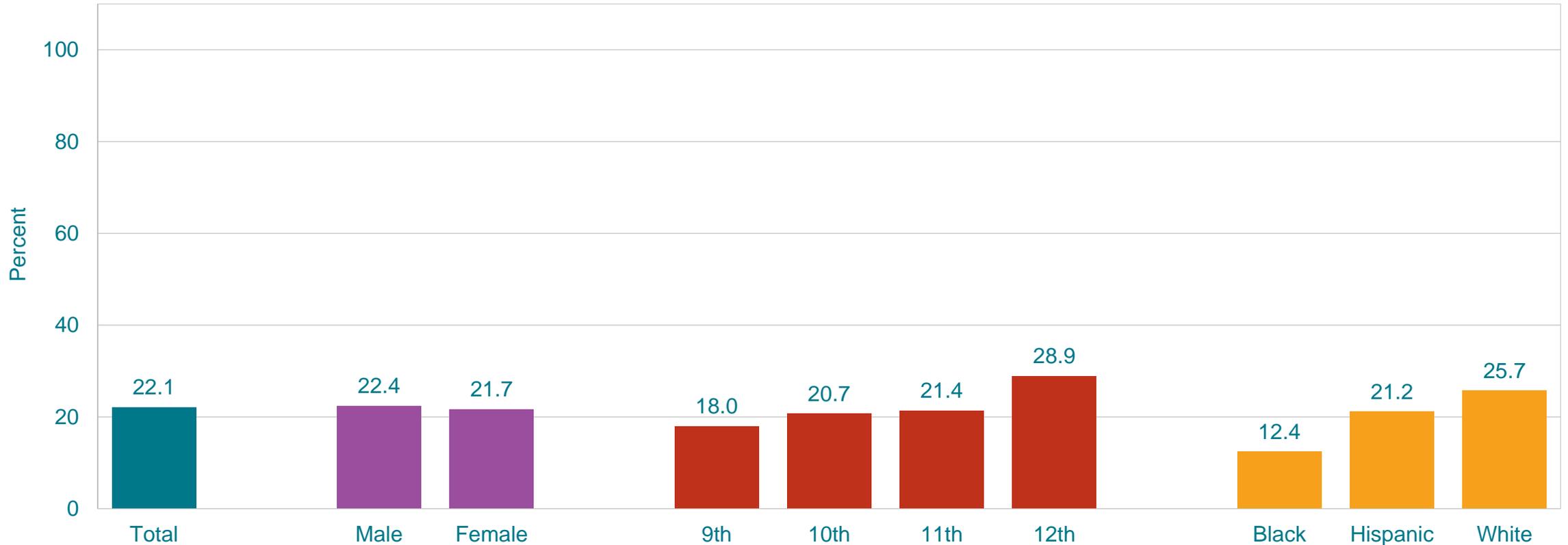


*Including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo]

†Increased 2015-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Currently Used an Electronic Vapor Product,* by Sex, Grade,† and Race/Ethnicity,† 2019



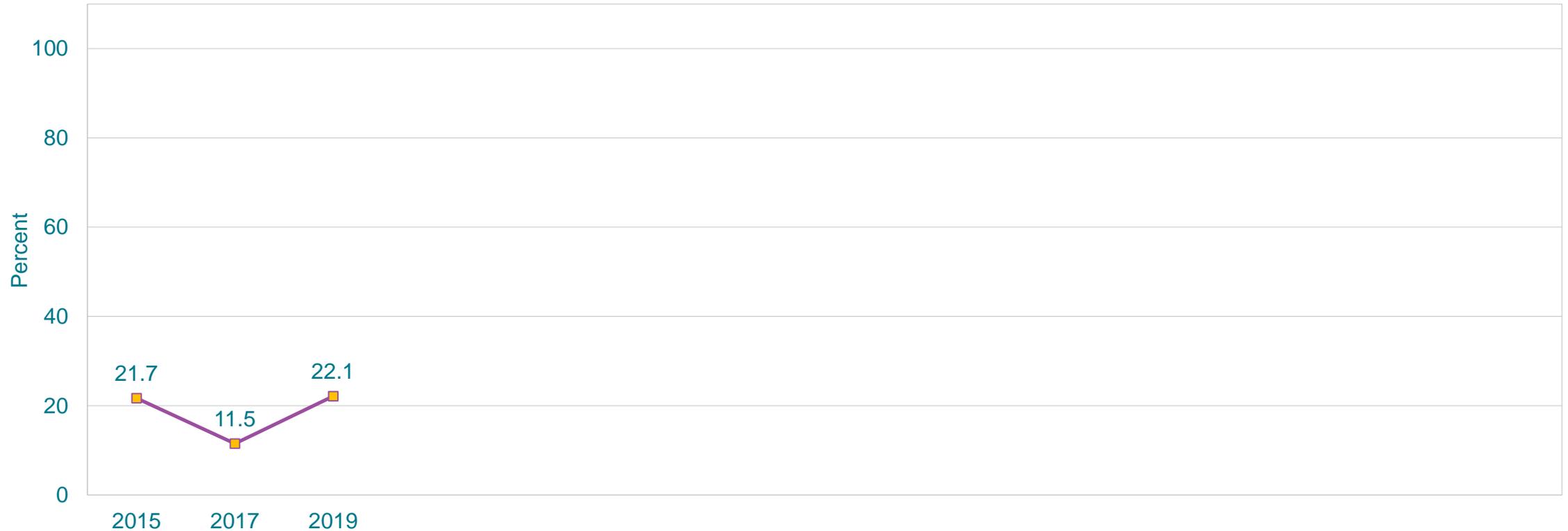
*Including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey

†12th > 9th; W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Used an Electronic Vapor Product,* 2015-2019†

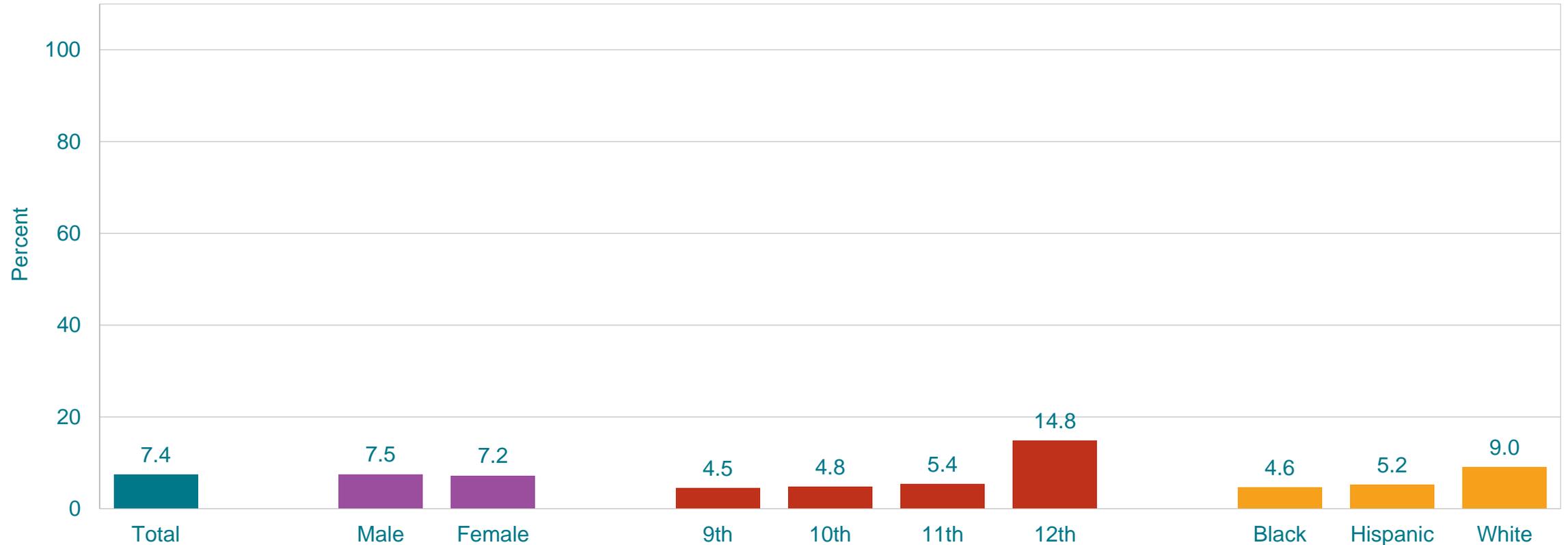


*Including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey

†No change 2015-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Currently Used Electronic Vapor Products Frequently,* by Sex, Grade,† and Race/Ethnicity,† 2019



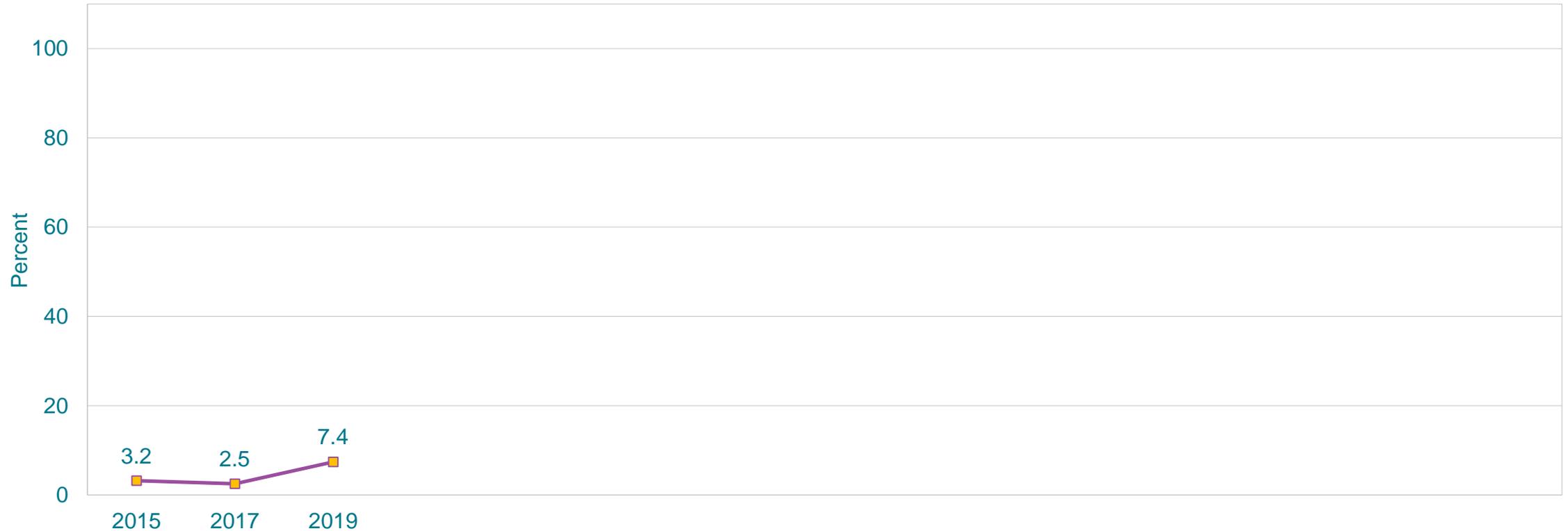
*On 20 or more days during the 30 days before the survey

†12th > 9th, 12th > 10th, 12th > 11th; W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Used Electronic Vapor Products Frequently,* 2015-2019†

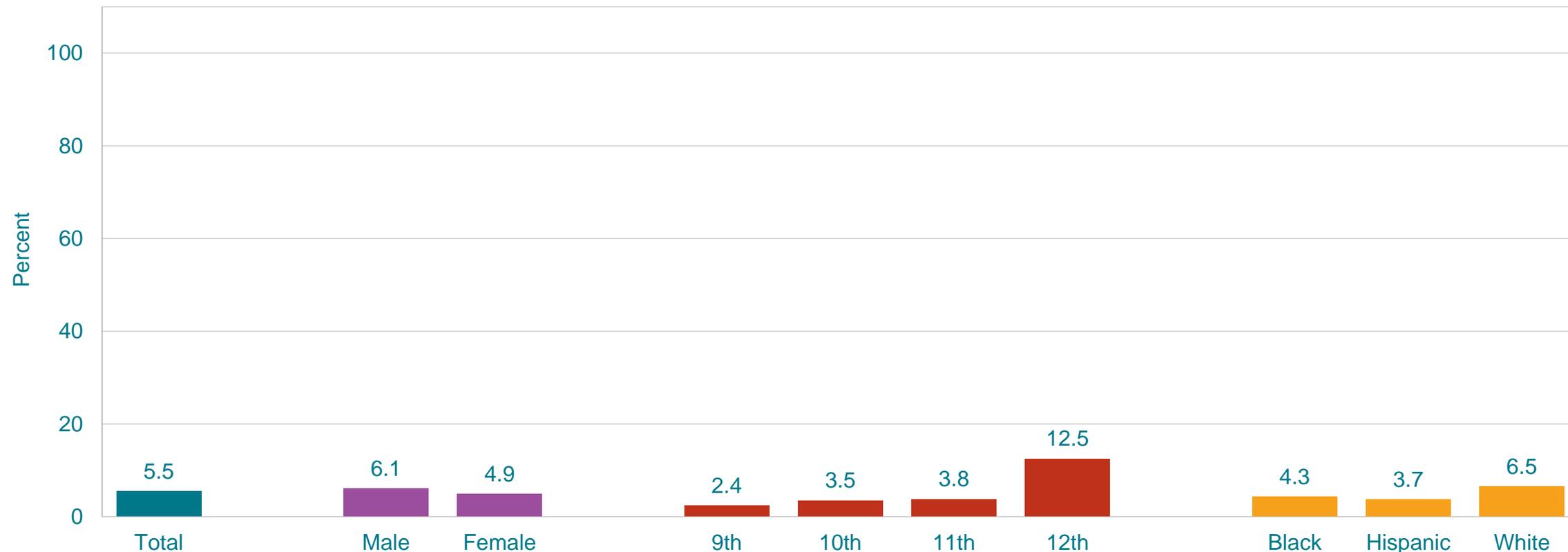


*On 20 or more days during the 30 days before the survey

†Increased 2015-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Currently Used Electronic Vapor Products Daily,* by Sex, Grade,[†] and Race/Ethnicity, 2019



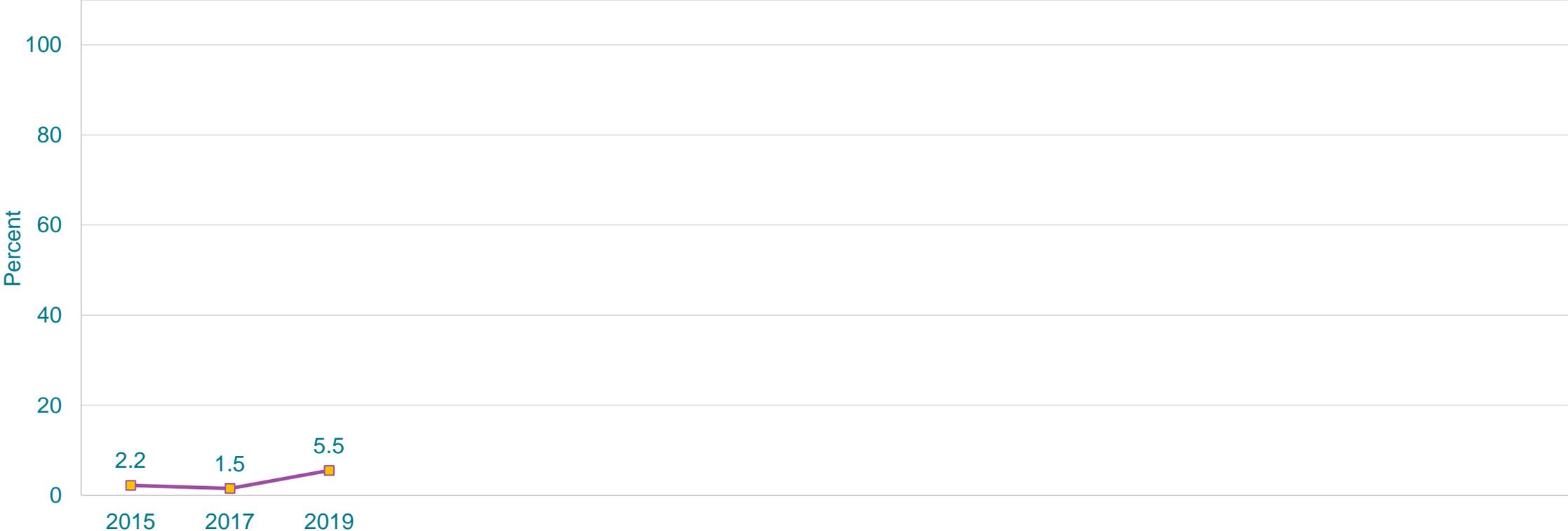
*On all 30 days during the 30 days before the survey

[†]12th > 9th, 12th > 10th, 12th > 11th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Used Electronic Vapor Products Daily,* 2015-2019†

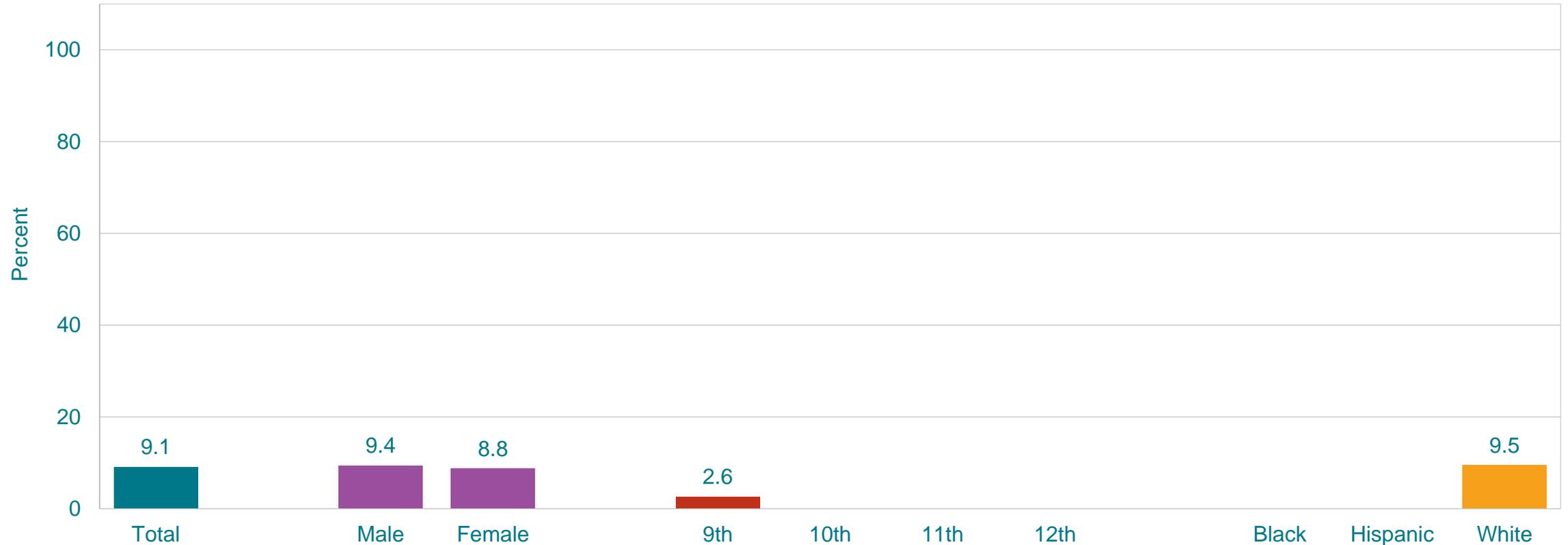


*On all 30 days during the 30 days before the survey

†Increased 2015-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Usually Got Their Own Electronic Vapor Products by Buying Them in a Store,* by Sex, Grade, and Race/Ethnicity, 2019



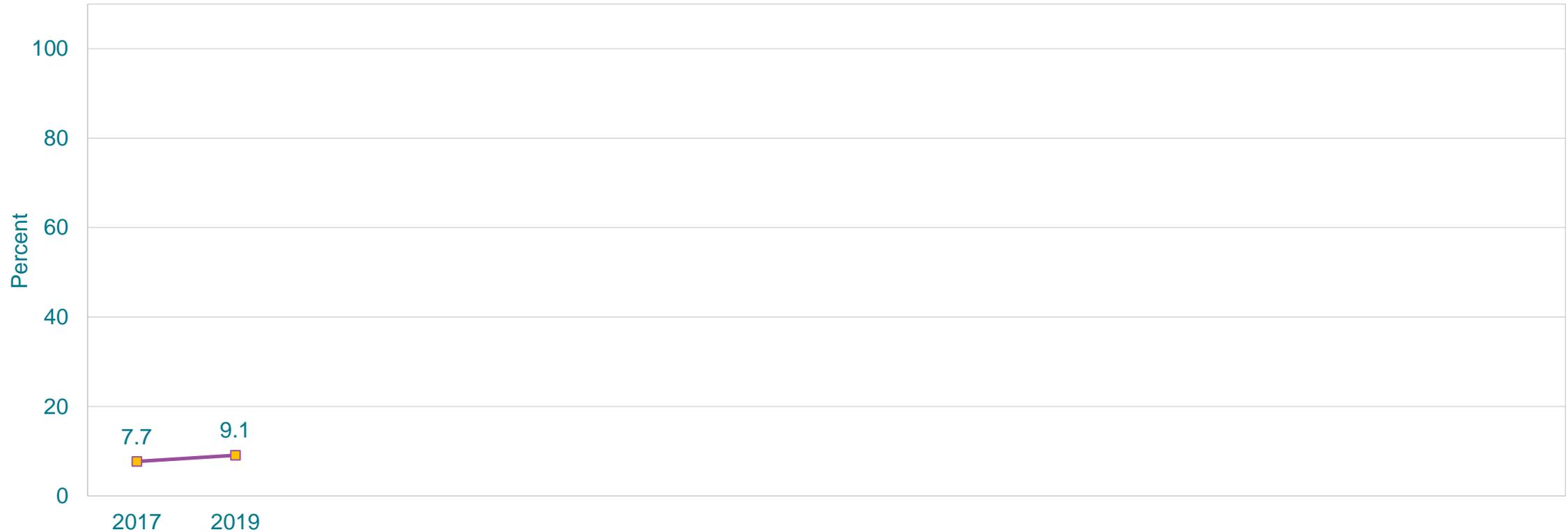
*Such as a convenience store, supermarket, discount store, gas station, or vape store, during the 30 days before the survey, among students who currently used electronic vapor products and who were aged <18 years

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in the subgroup.

This graph contains weighted results.

Percentage of High School Students Who Usually Got Their Own Electronic Vapor Products by Buying Them in a Store,* 2017-2019†

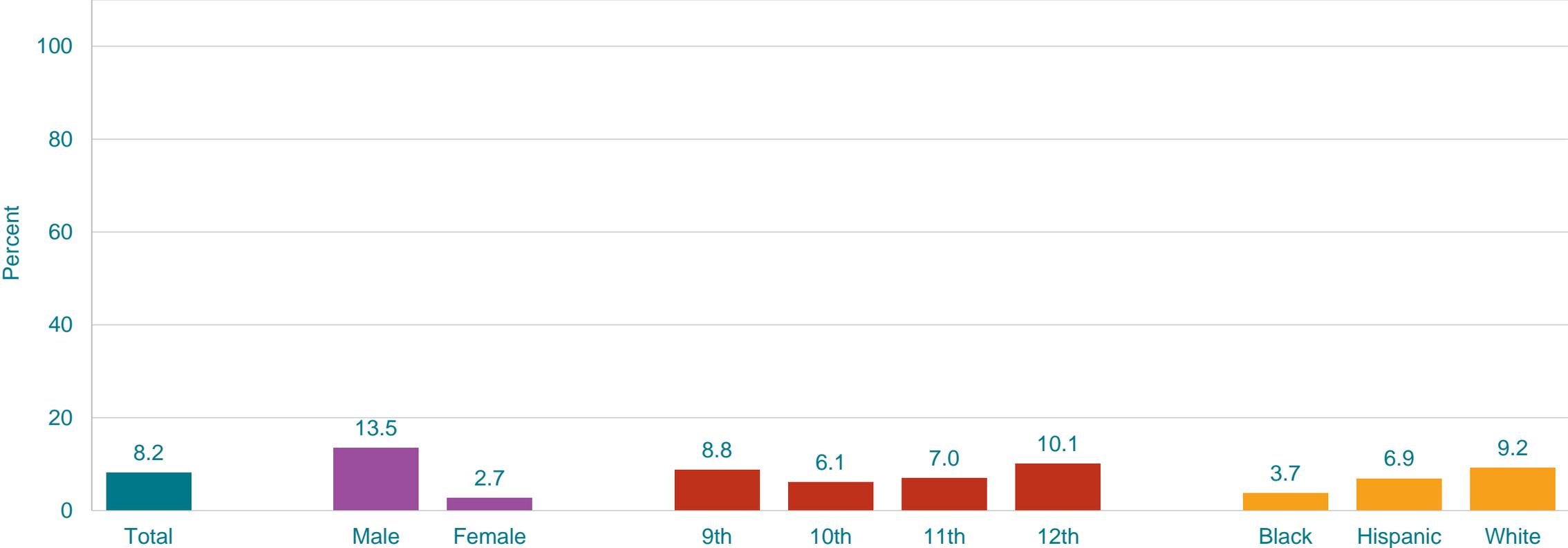


*Such as a convenience store, supermarket, discount store, gas station, or vape store, during the 30 days before the survey, among students who currently used electronic vapor products and who were aged <18 years

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Currently Used Smokeless Tobacco,* by Sex,† Grade,† and Race/Ethnicity,† 2019



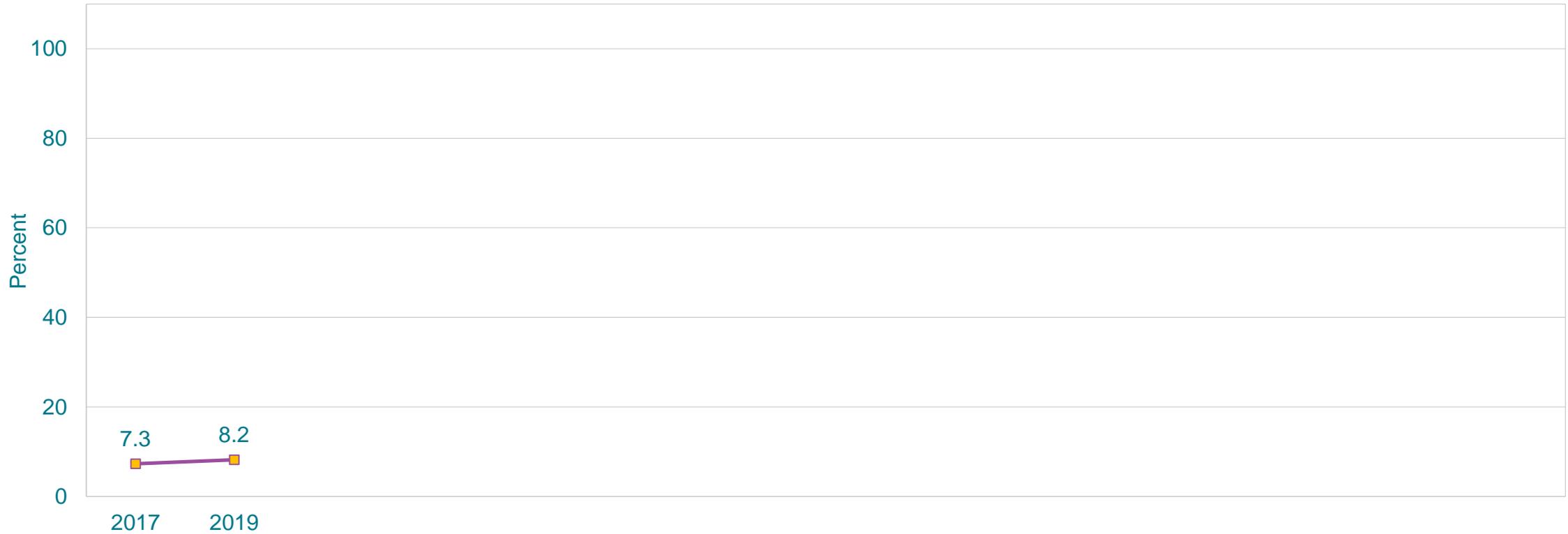
*Chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey

†M > F; 12th > 10th; W > B (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Used Smokeless Tobacco,* 2017-2019†

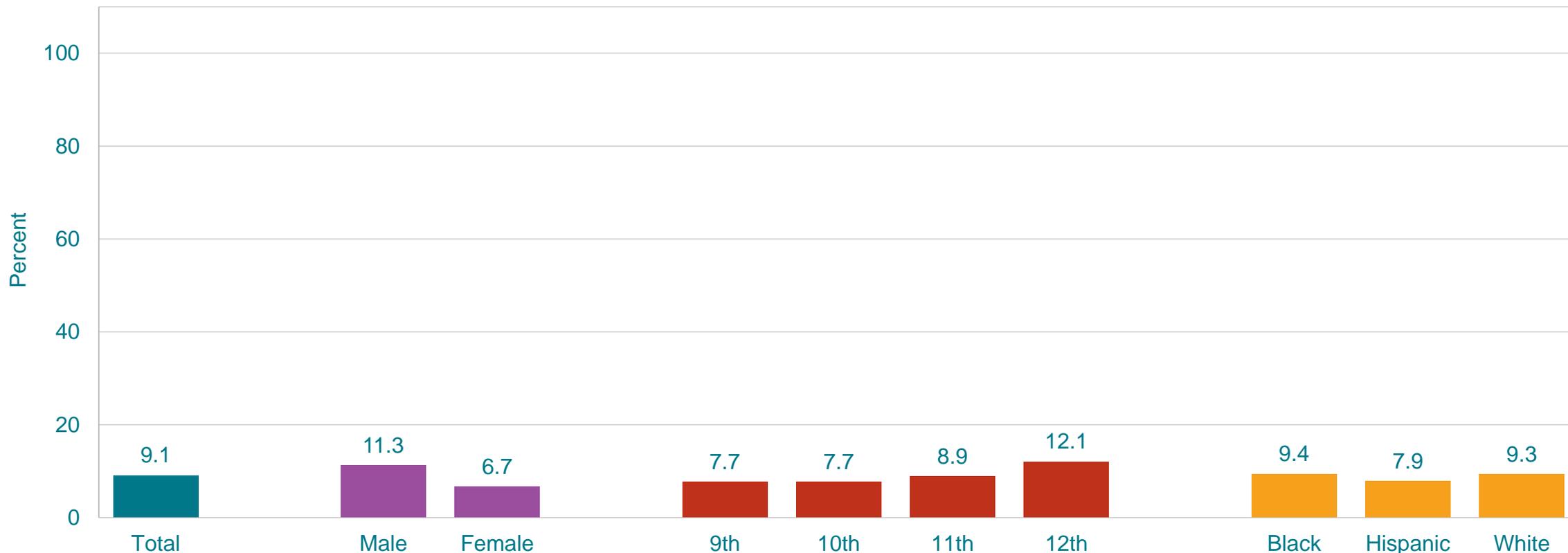


*Chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigars,* by Sex,† Grade, and Race/Ethnicity, 2019



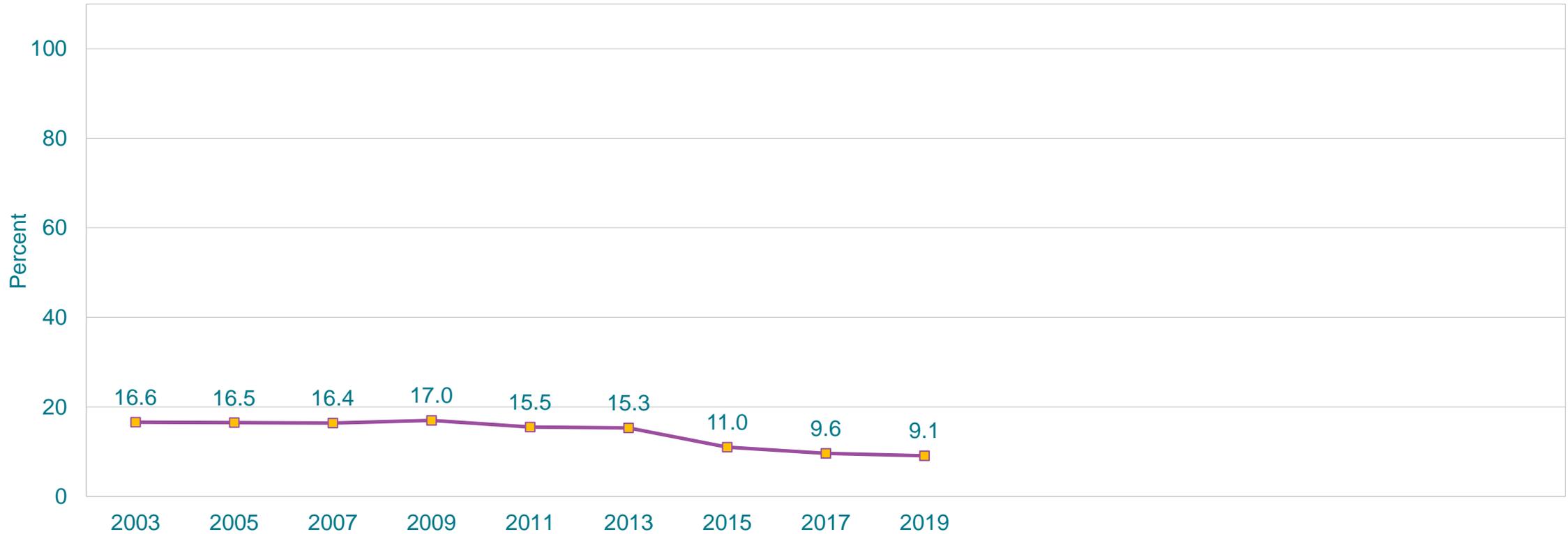
*Cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey

†M > F (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigars,* 2003-2019†

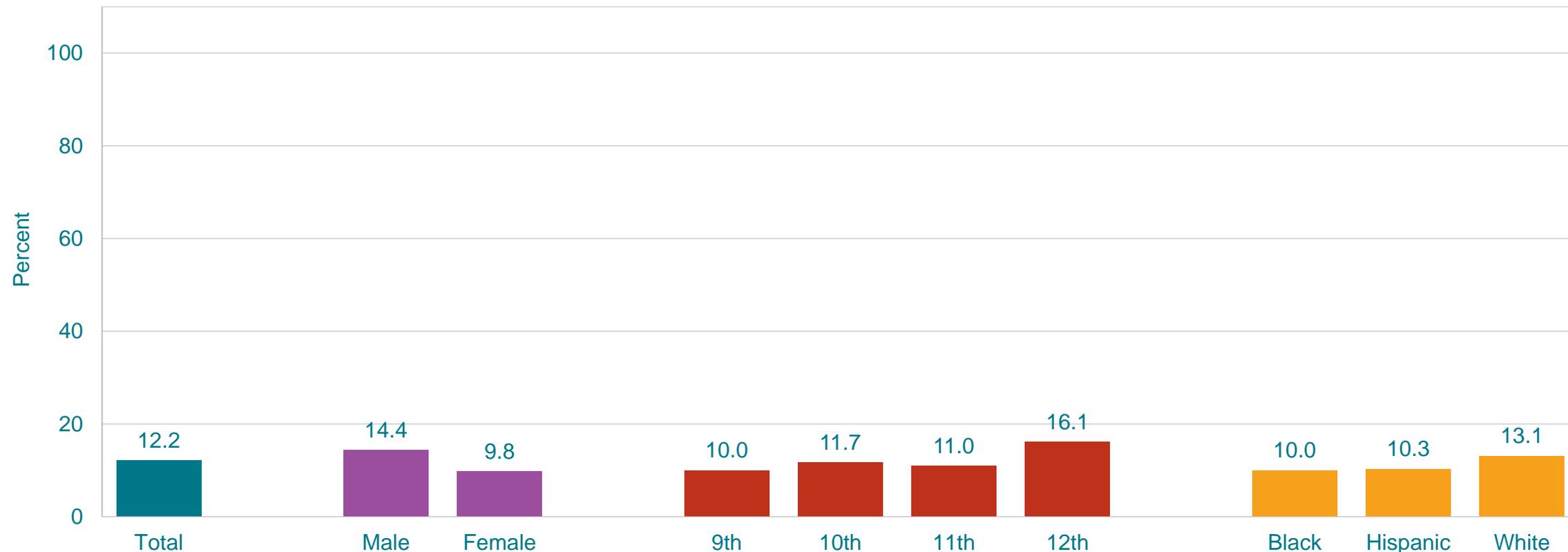


*Cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey

†Decreased 2003-2019, no change 2003-2011, decreased 2011-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes or Cigars,* by Sex,† Grade, and Race/Ethnicity, 2019



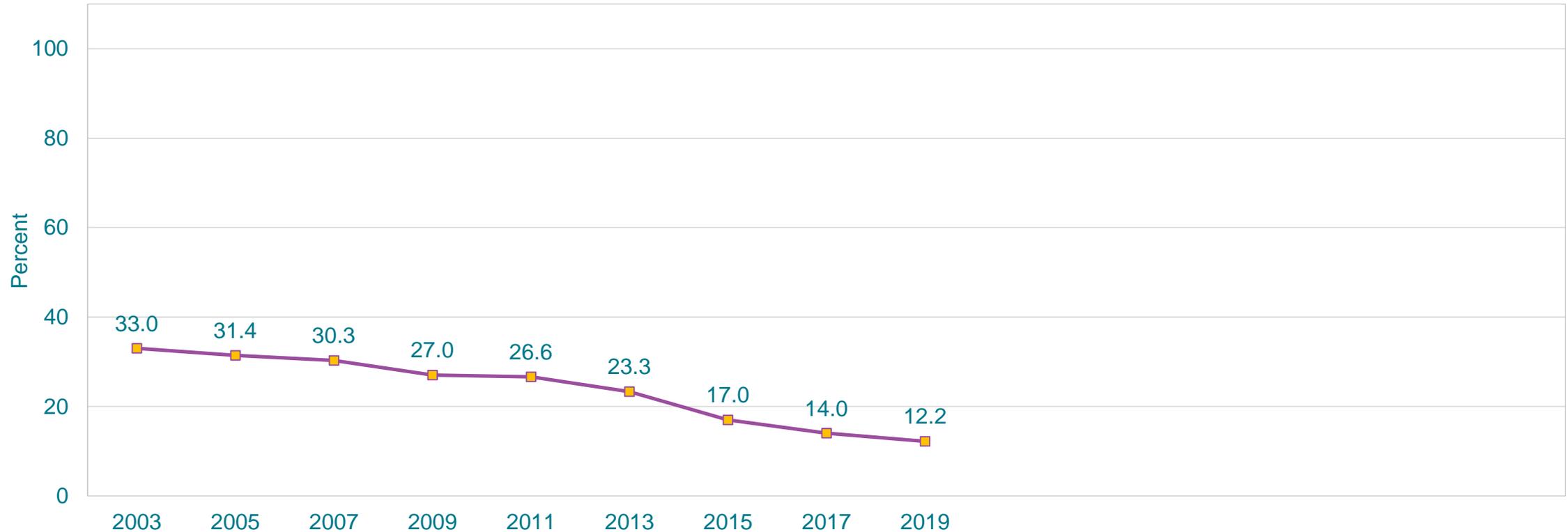
*On at least 1 day during the 30 days before the survey

†M > F (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes or Cigars,* 2003-2019†

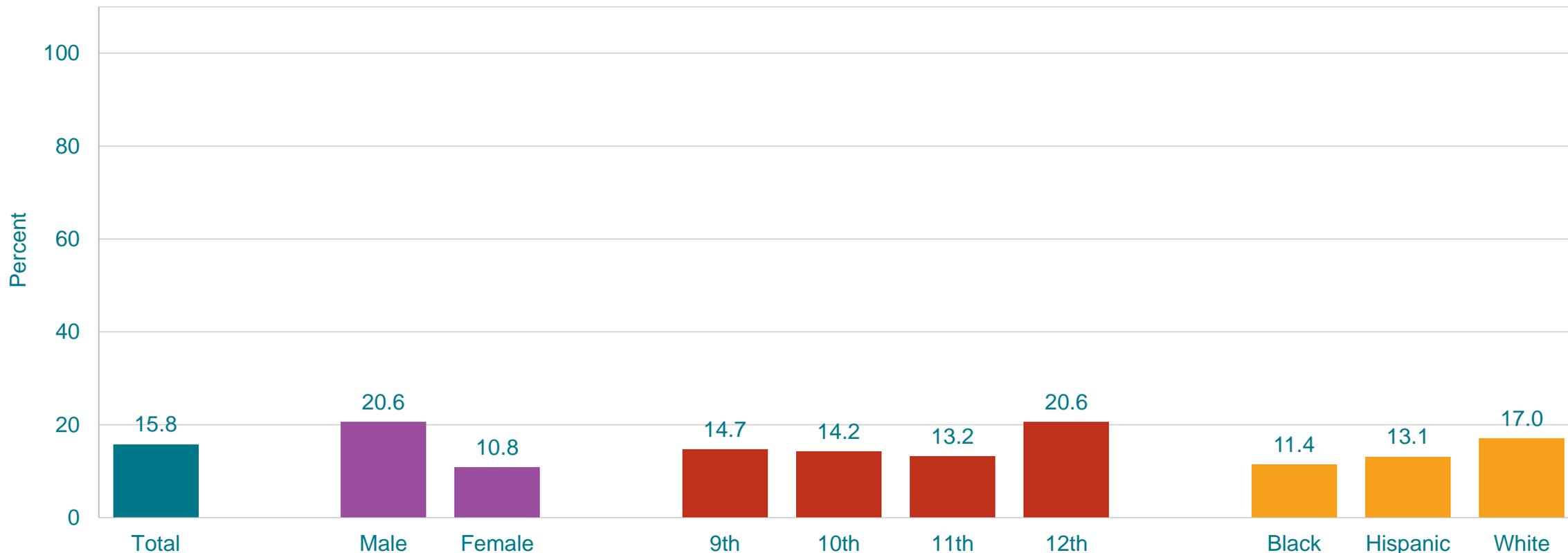


*On at least 1 day during the 30 days before the survey

†Decreased 2003-2019, decreased 2003-2011, decreased 2011-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes or Cigars or Used Smokeless Tobacco,* by Sex,† Grade,† and Race/Ethnicity, 2019



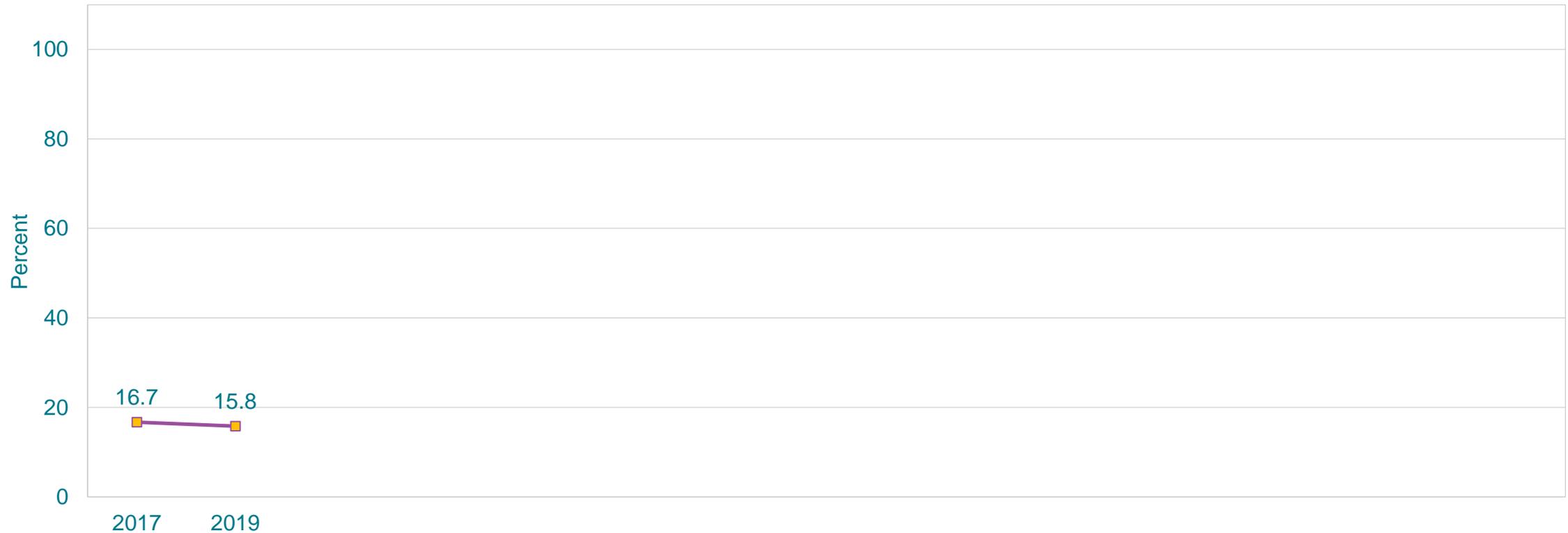
*On at least 1 day during the 30 days before the survey

†M > F; 12th > 10th, 12th > 11th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes or Cigars or Used Smokeless Tobacco,* 2017-2019[†]

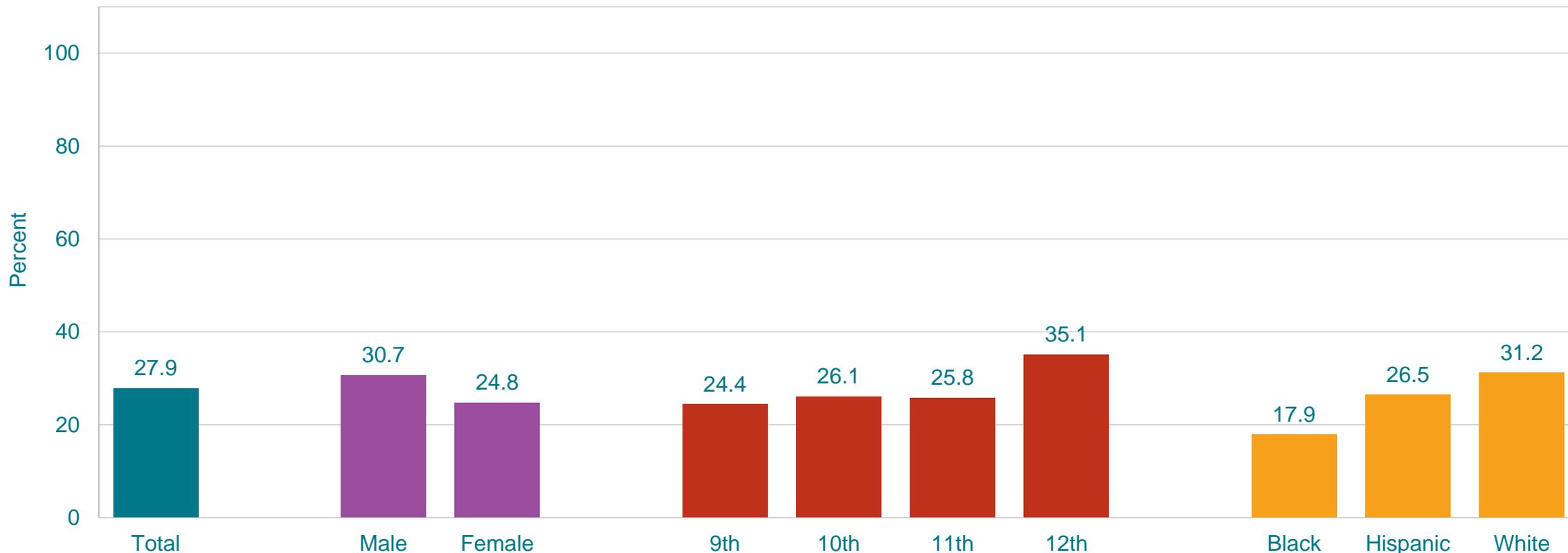


*On at least 1 day during the 30 days before the survey

[†]No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes or Cigars or Used Smokeless Tobacco or Electronic Vapor Products,* by Sex,† Grade,‡ and Race/Ethnicity,‡ 2019



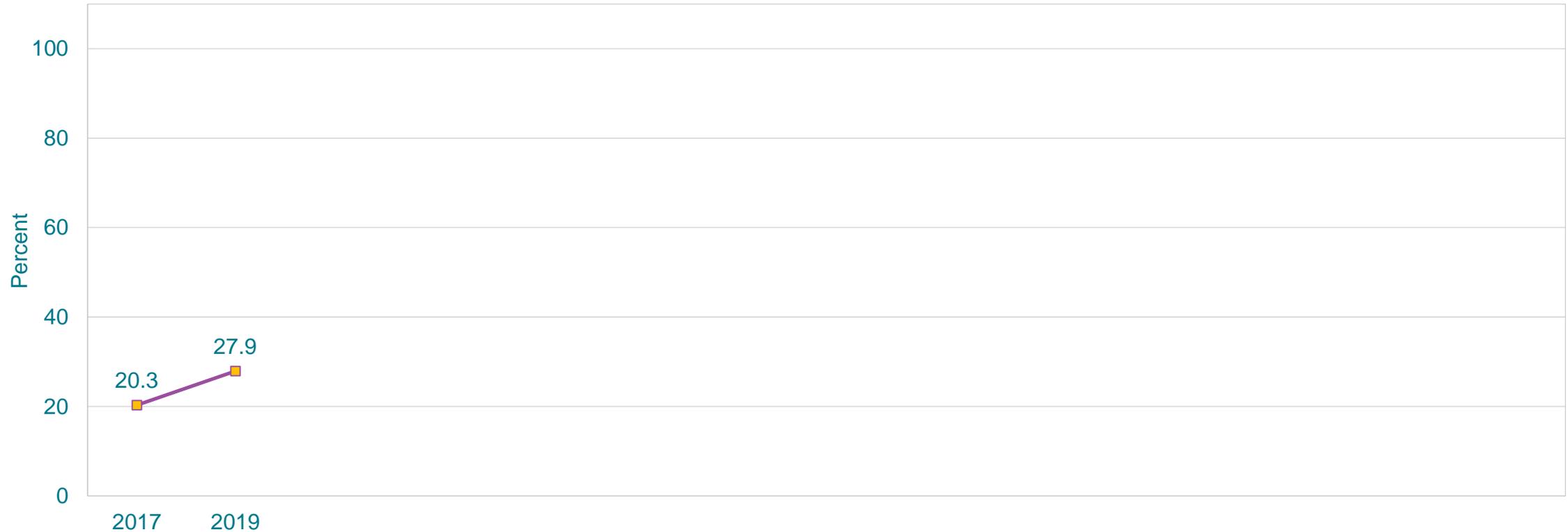
*On at least 1 day during the 30 days before the survey

†M > F; 12th > 11th; W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes or Cigars or Used Smokeless Tobacco or Electronic Vapor Products,* 2017-2019†

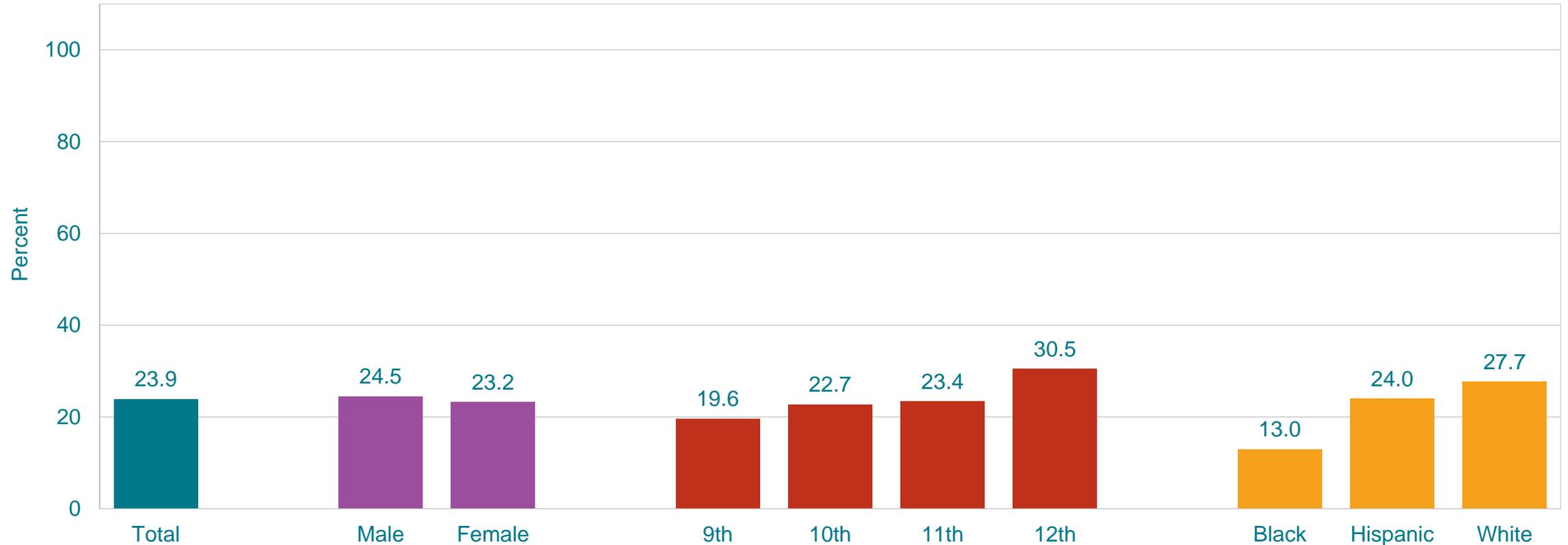


*On at least 1 day during the 30 days before the survey

†Increased 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes or Used Electronic Vapor Products,* by Sex, Grade,† and Race/Ethnicity,† 2019



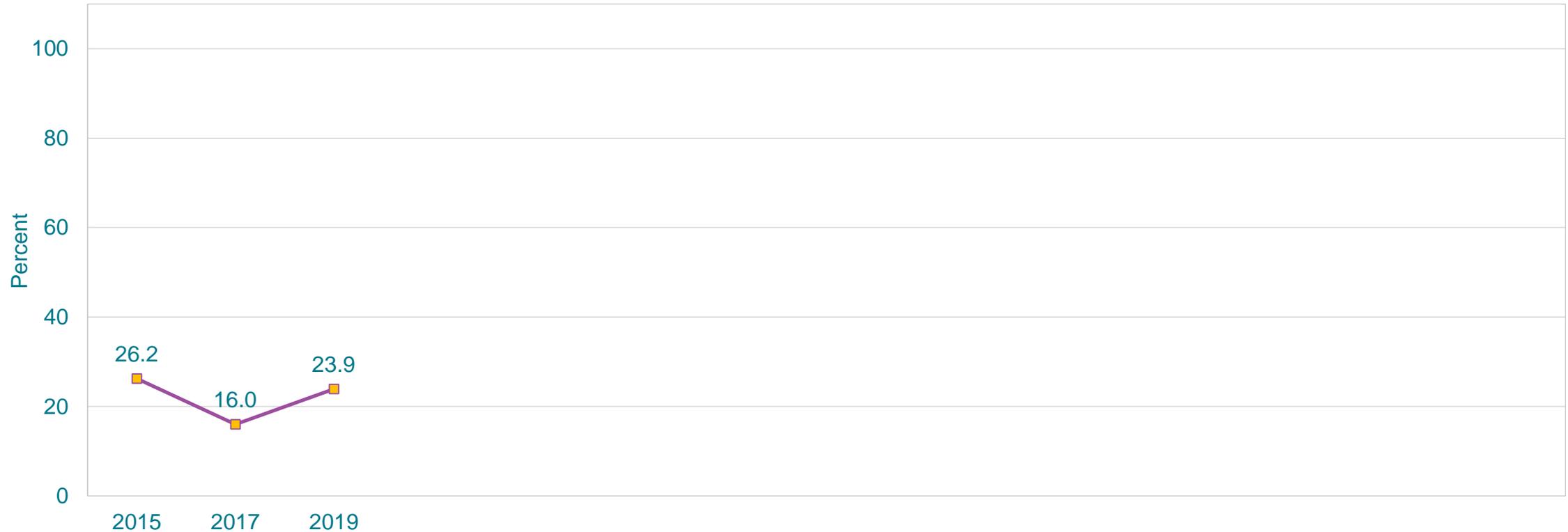
*On at least 1 day during the 30 days before the survey

†12th > 9th; H > B, W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Smoked Cigarettes or Used Electronic Vapor Products,* 2015-2019†

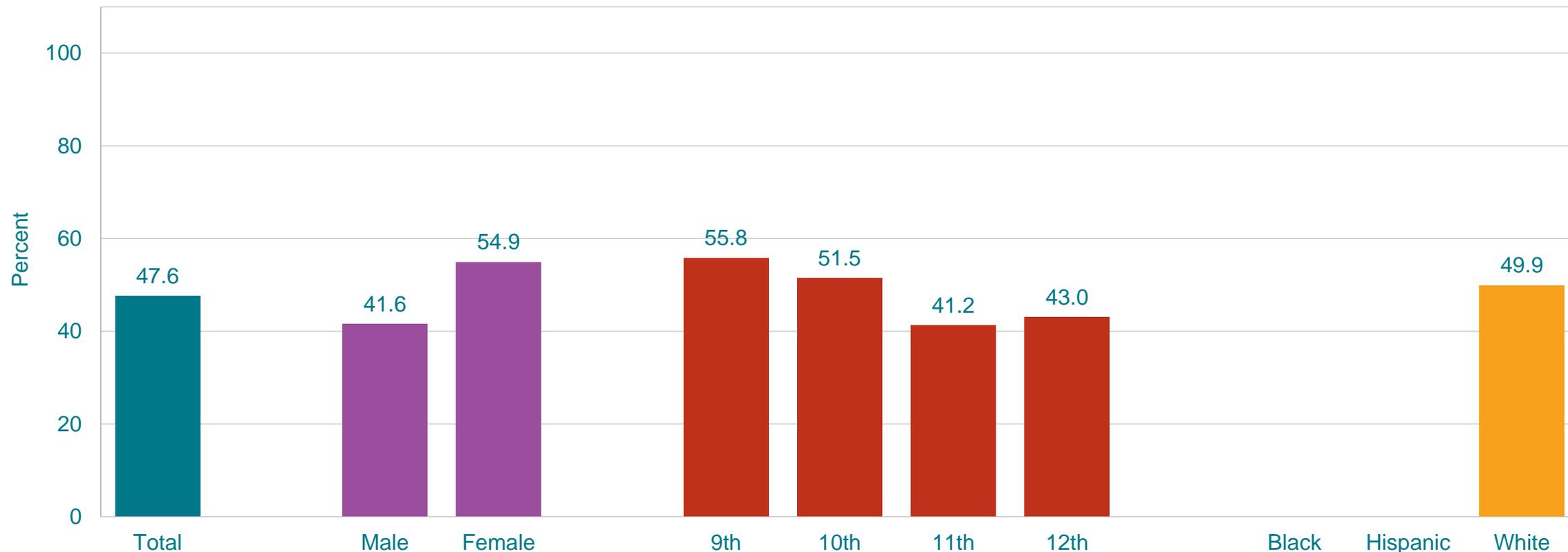


*On at least 1 day during the 30 days before the survey

†No change 2015-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Tried to Quit Using All Tobacco Products,* by Sex,[†] Grade,[†] and Race/Ethnicity, 2019



*Including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products, ever during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey

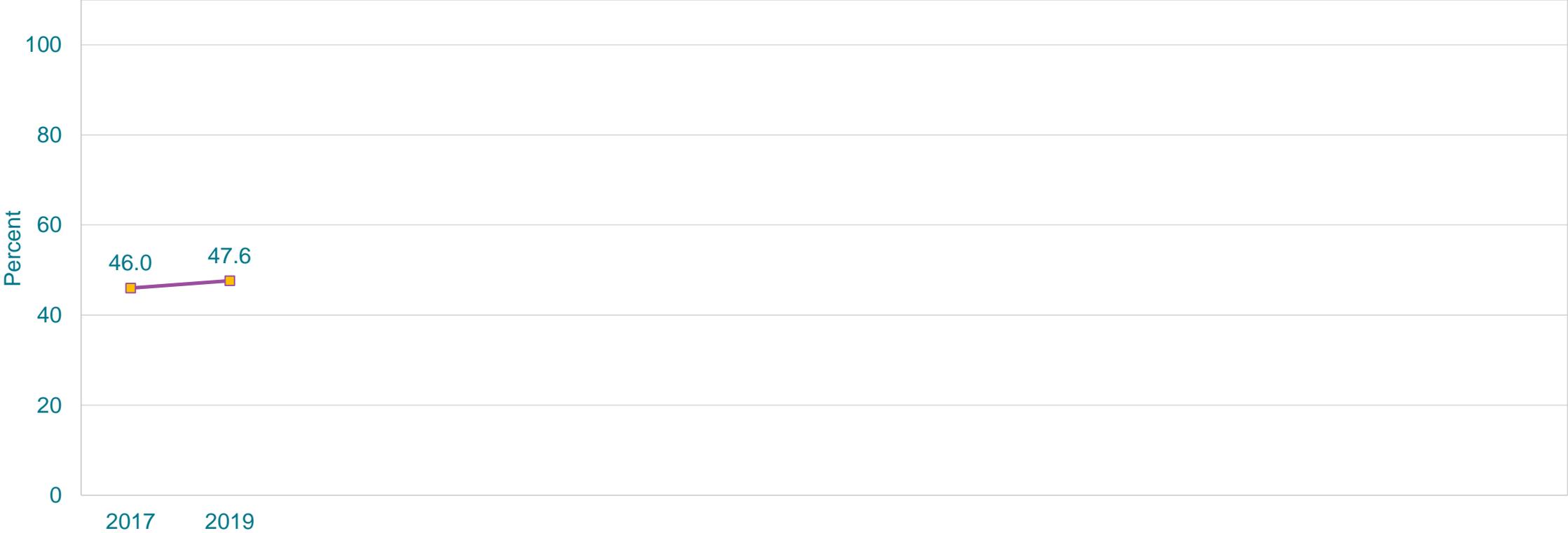
[†]F > M; 9th > 11th, 9th > 12th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in the subgroup.

This graph contains weighted results.

Percentage of High School Students Who Tried to Quit Using All Tobacco Products,* 2017-2019†

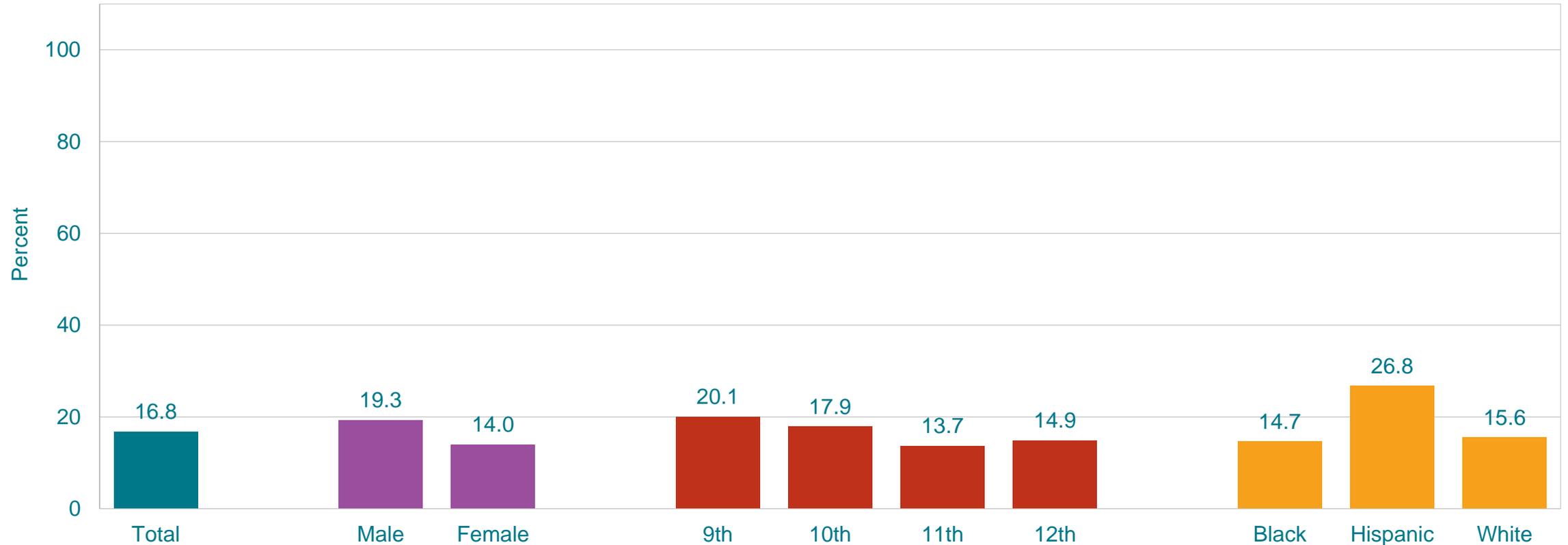


*Including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products, ever during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Had Their First Drink of Alcohol Before Age 13 Years,* by Sex,† Grade,† and Race/Ethnicity,† 2019



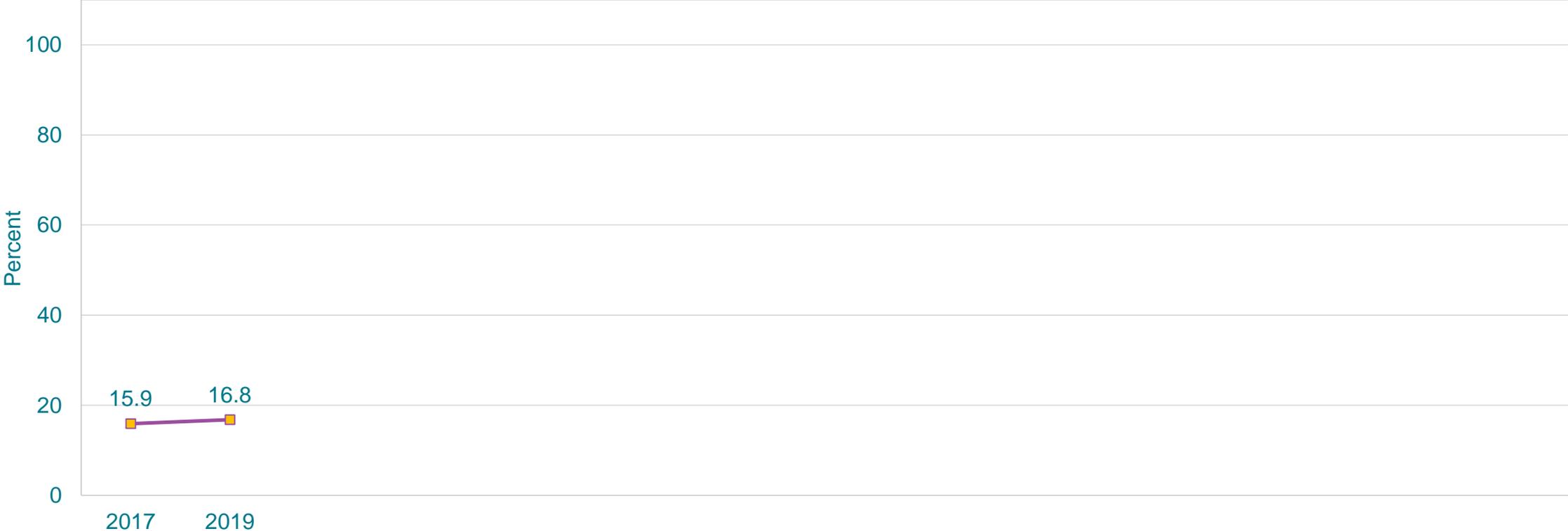
*Other than a few sips

†M > F; 9th > 11th, 9th > 12th; H > B, H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Had Their First Drink of Alcohol Before Age 13 Years,* 2017-2019†

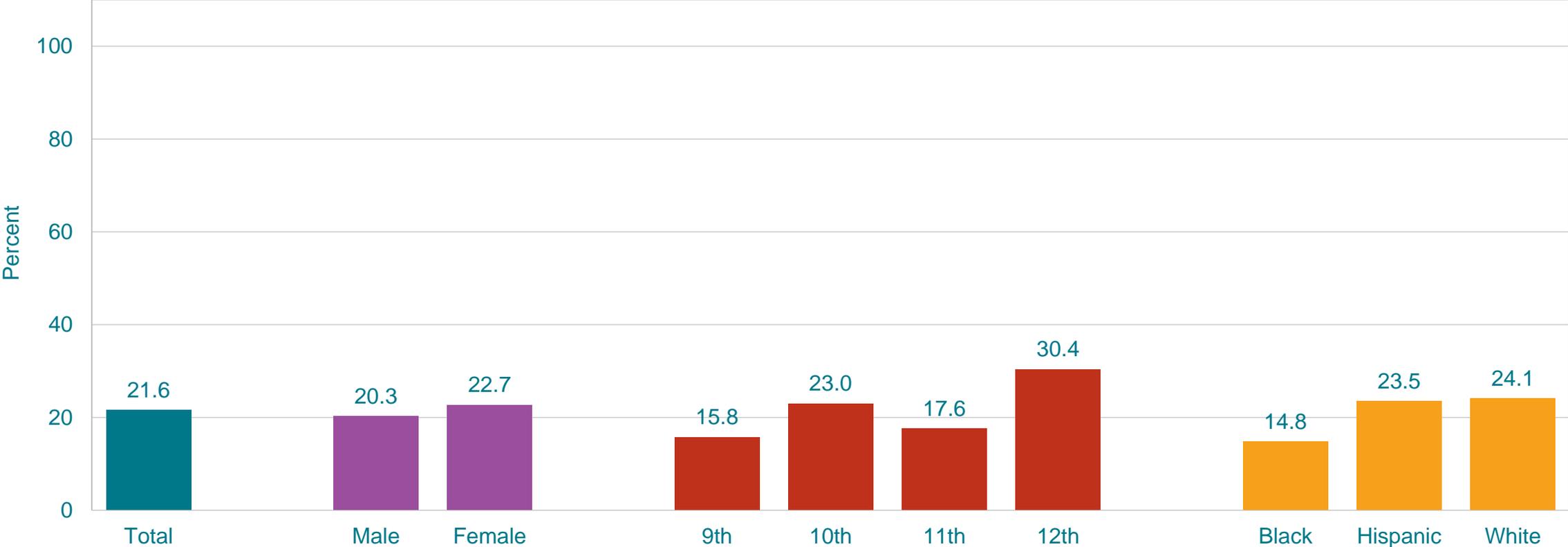


*Other than a few sips

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

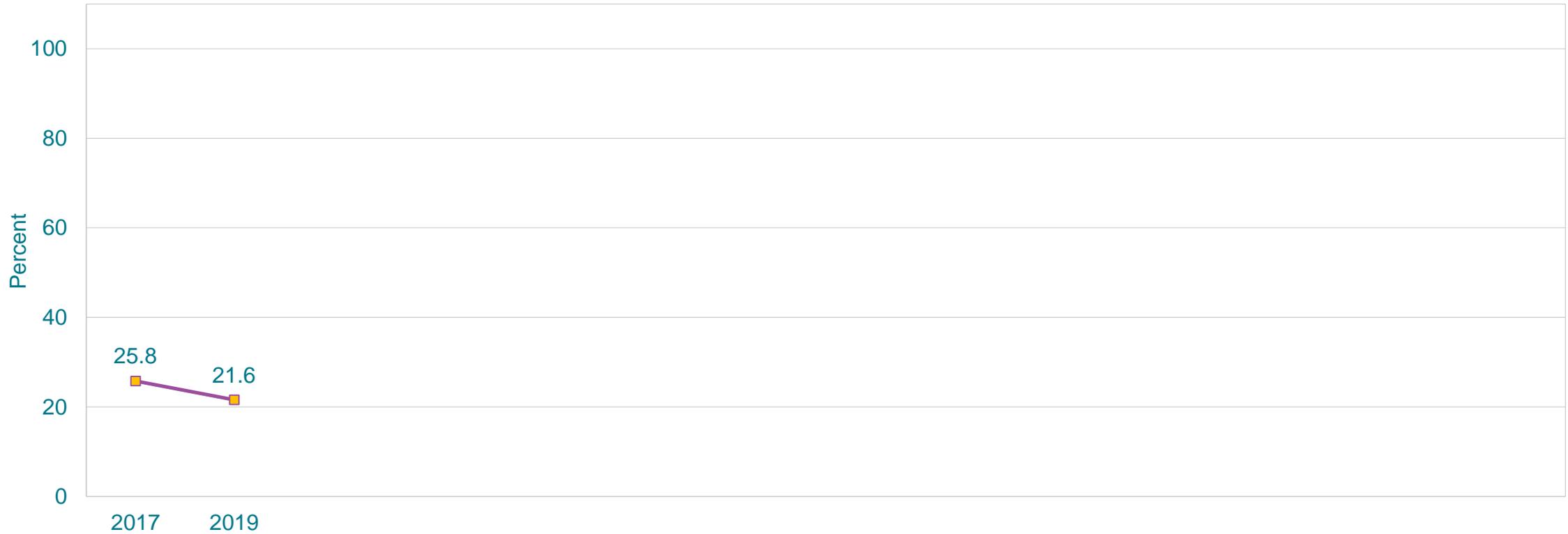
This graph contains weighted results.

Percentage of High School Students Who Currently Drank Alcohol,* by Sex, Grade,† and Race/Ethnicity,† 2019



*At least one drink of alcohol, on at least 1 day during the 30 days before the survey
 †10th > 9th, 12th > 9th, 12th > 11th; H > B, W > B (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Currently Drank Alcohol,* 2017-2019†

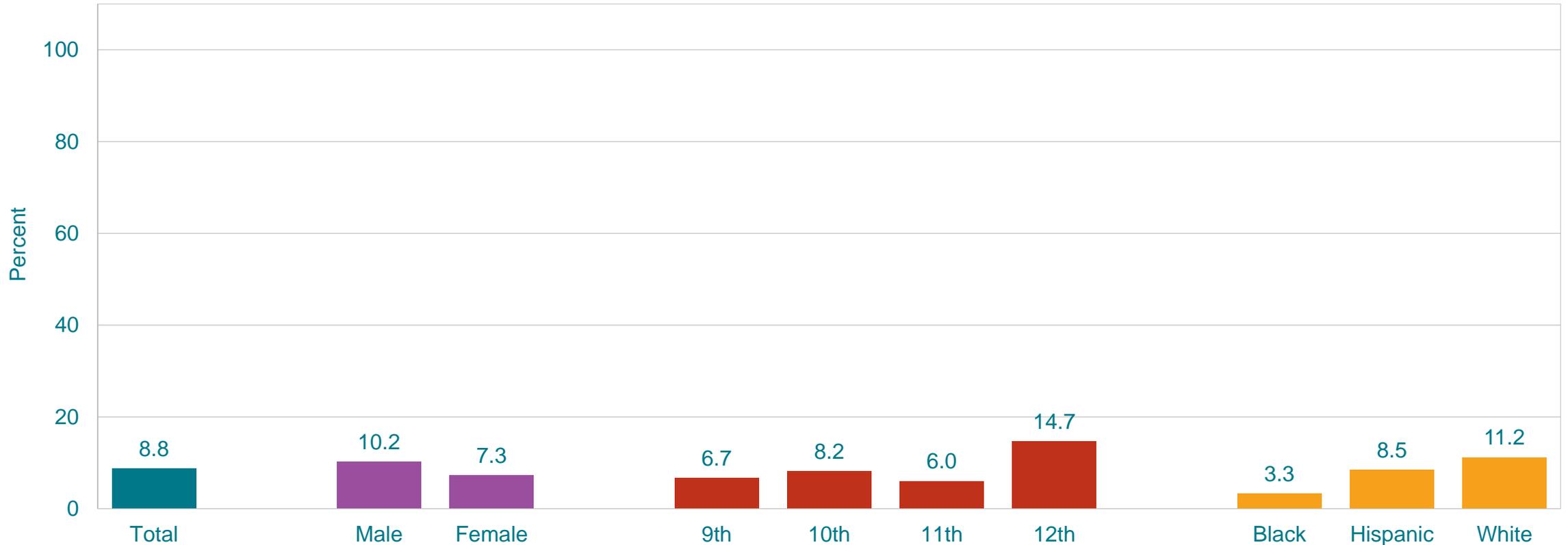


*At least one drink of alcohol, on at least 1 day during the 30 days before the survey

†Decreased 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Currently Were Binge Drinking,* by Sex, Grade,† and Race/Ethnicity,† 2019



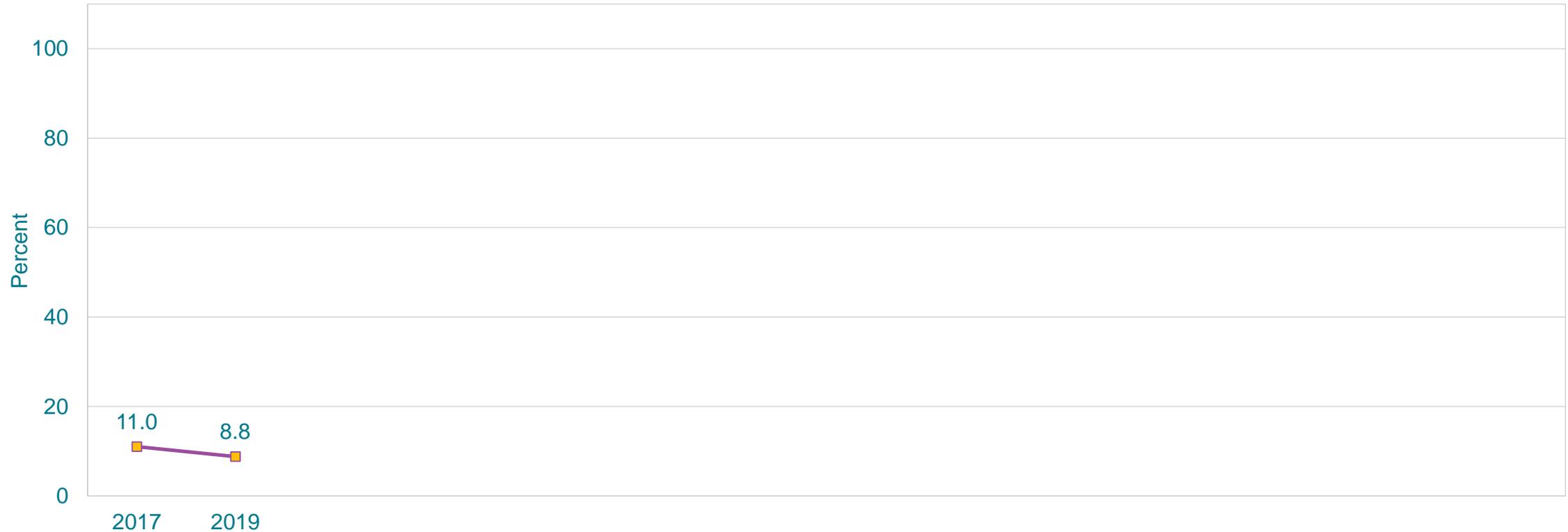
*Had four or more drinks of alcohol in a row for female students or five or more drinks of alcohol in a row for male students, within a couple of hours, on at least 1 day during the 30 days before the survey

†12th > 9th, 12th > 10th, 12th > 11th; H > B, W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Were Binge Drinking,* 2017-2019†

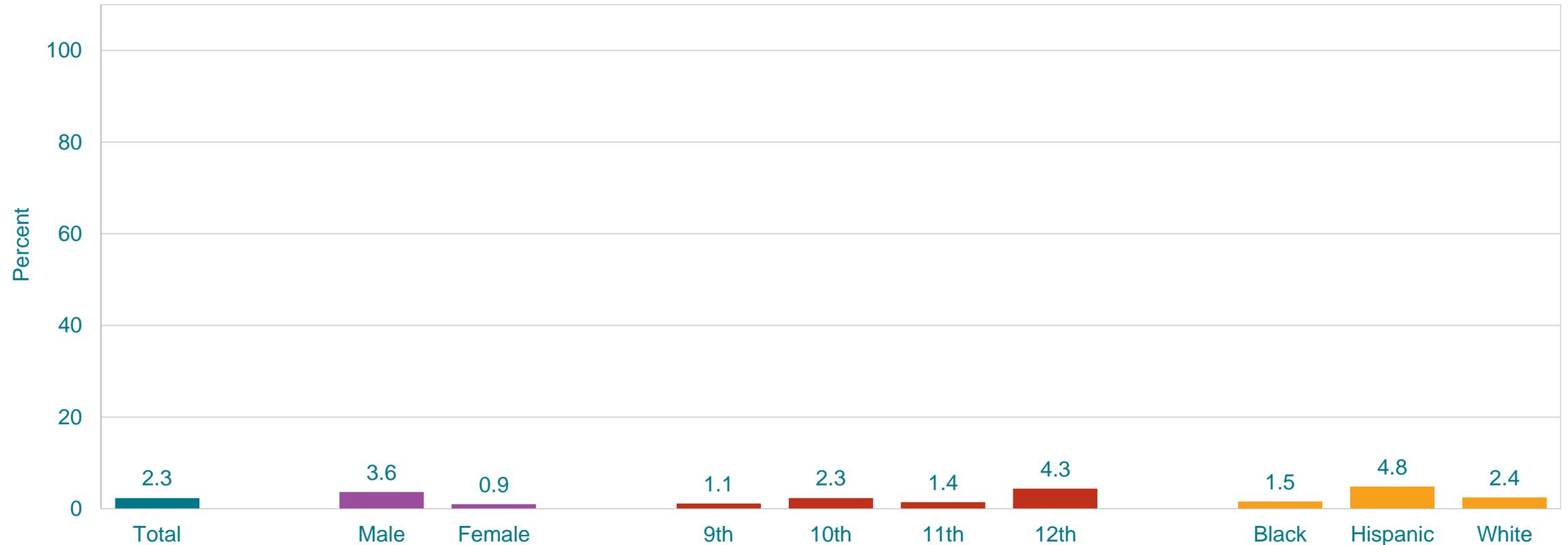


*Had four or more drinks of alcohol in a row for female students or five or more drinks of alcohol in a row for male students, within a couple of hours, on at least 1 day during the 30 days before the survey

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Reported That the Largest Number of Drinks They Had in a Row Was 10 or More,* by Sex,† Grade, and Race/Ethnicity, 2019



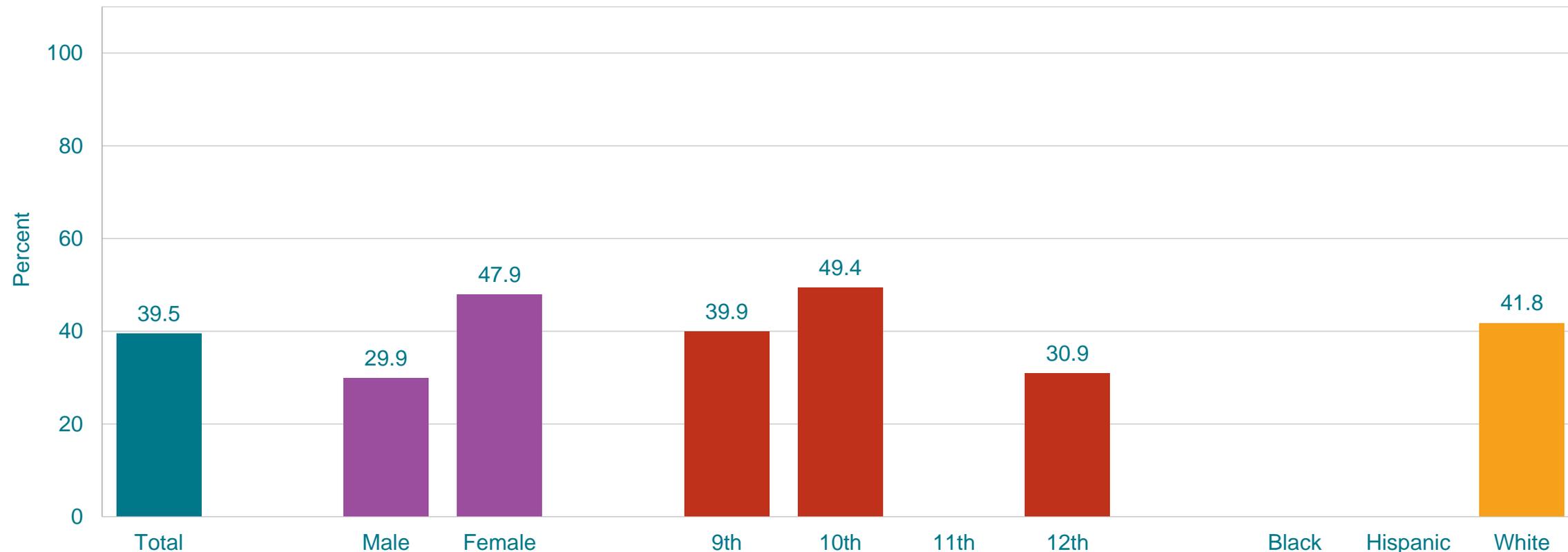
*Within a couple of hours, during the 30 days before the survey

†M > F (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Usually Got the Alcohol They Drank by Someone Giving It to Them,* by Sex,† Grade,† and Race/Ethnicity, 2019



*During the 30 days before the survey, among students who currently drank alcohol

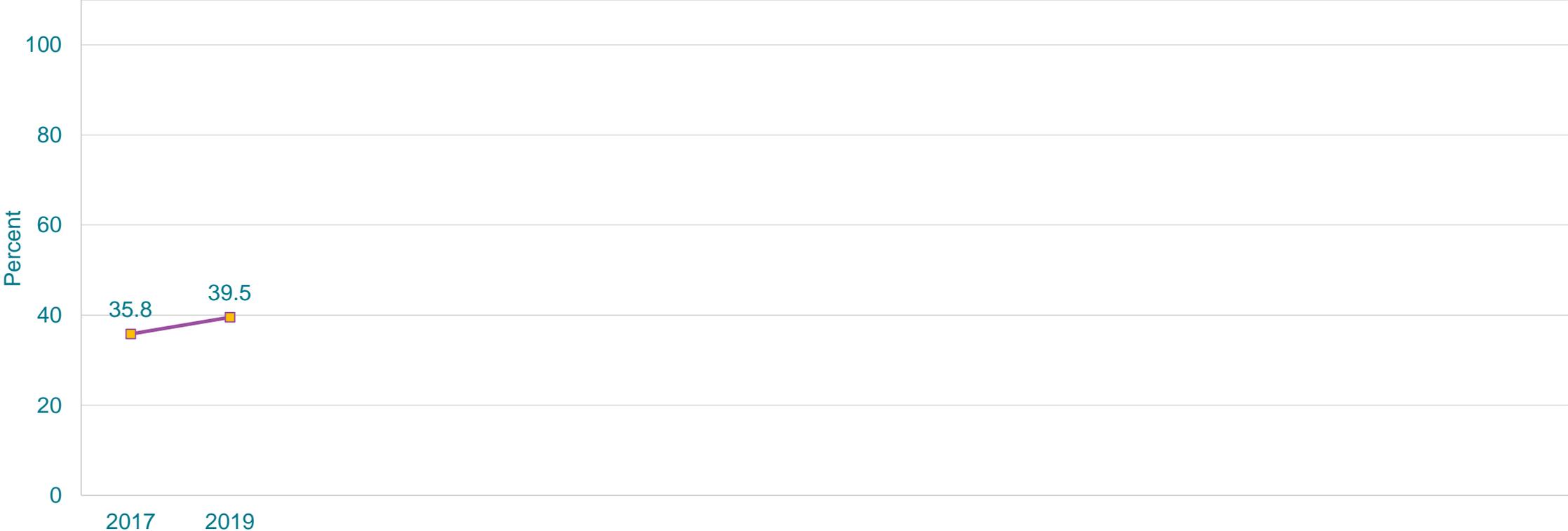
†F > M; 10th > 12th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

Missing bar indicates fewer than 100 students in the subgroup.

This graph contains weighted results.

Percentage of High School Students Who Usually Got the Alcohol They Drank by Someone Giving It to Them,* 2017-2019†

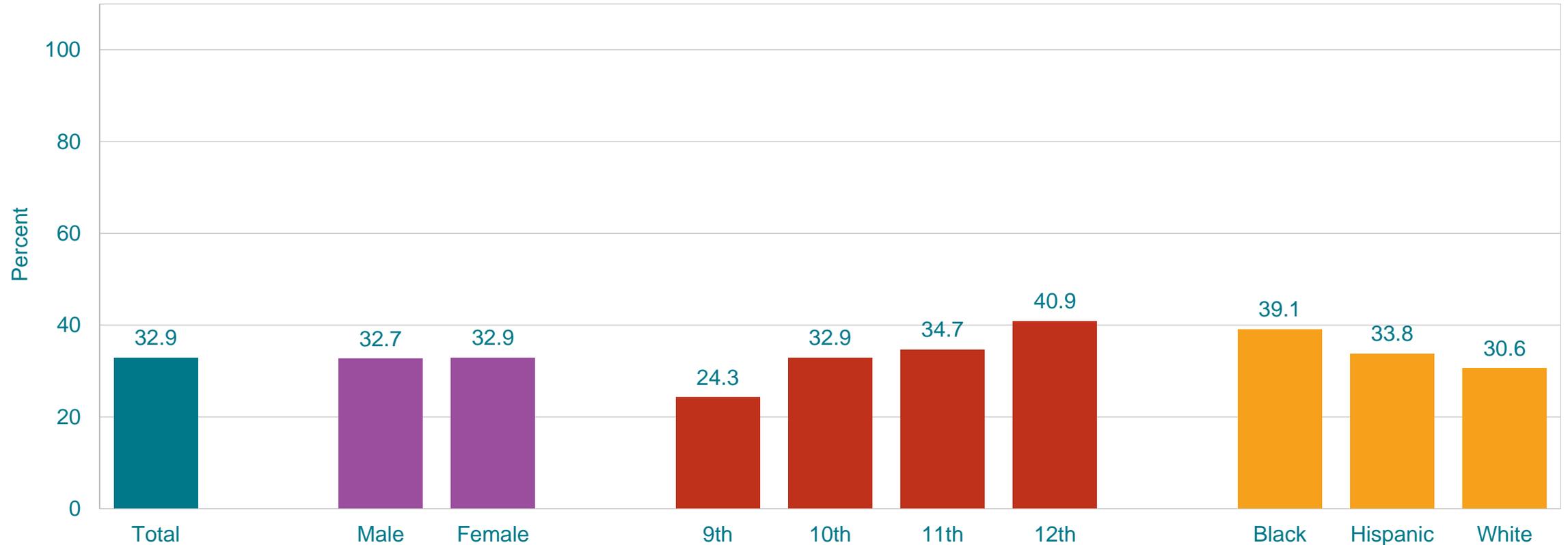


*During the 30 days before the survey, among students who currently drank alcohol

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Ever Used Marijuana,* by Sex, Grade,† and Race/Ethnicity, 2019



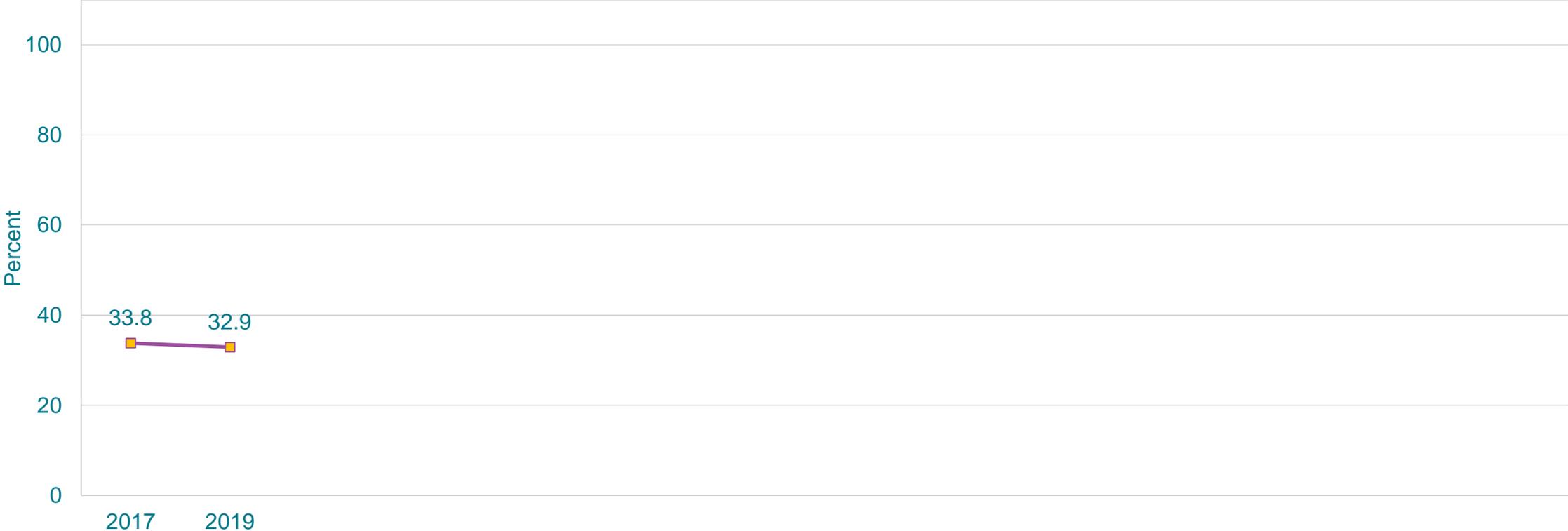
*One or more times during their life

†10th > 9th, 11th > 9th, 12th > 9th, 12th > 10th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ever Used Marijuana,* 2017-2019†

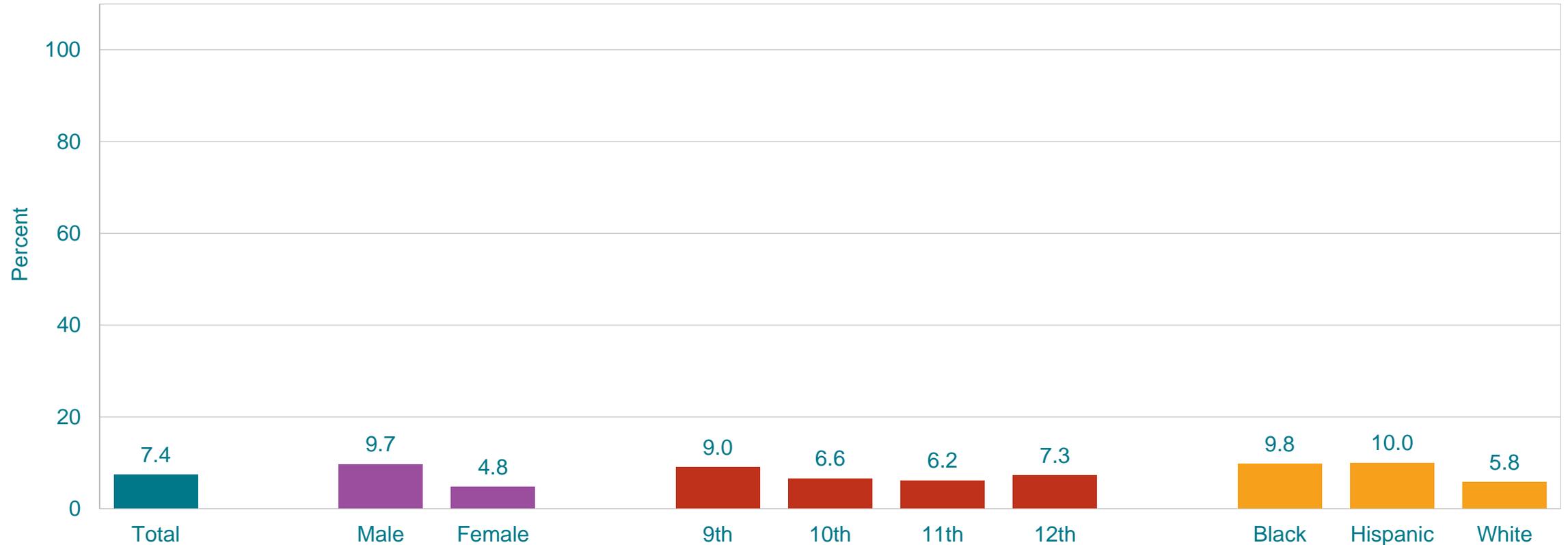


*One or more times during their life

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade (p < 0.05).]

This graph contains weighted results.

Percentage of High School Students Who Tried Marijuana for the First Time Before Age 13 Years, by Sex,* Grade, and Race/Ethnicity,* 2019

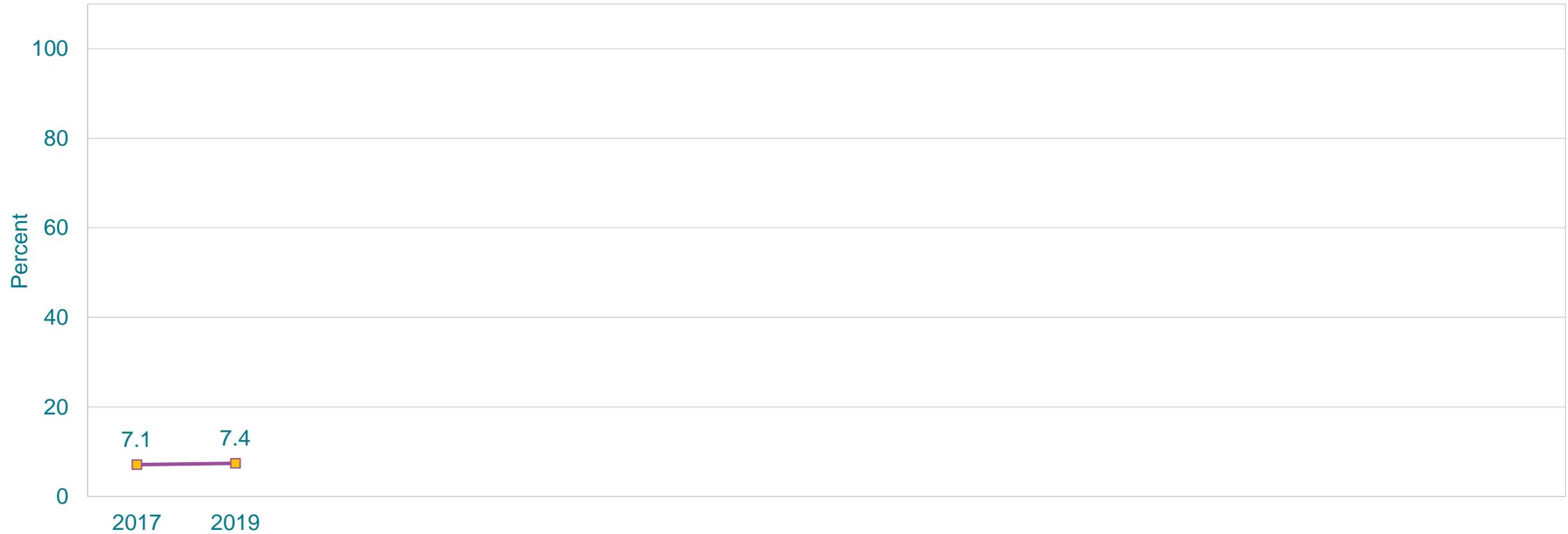


*M > F; B > W, H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

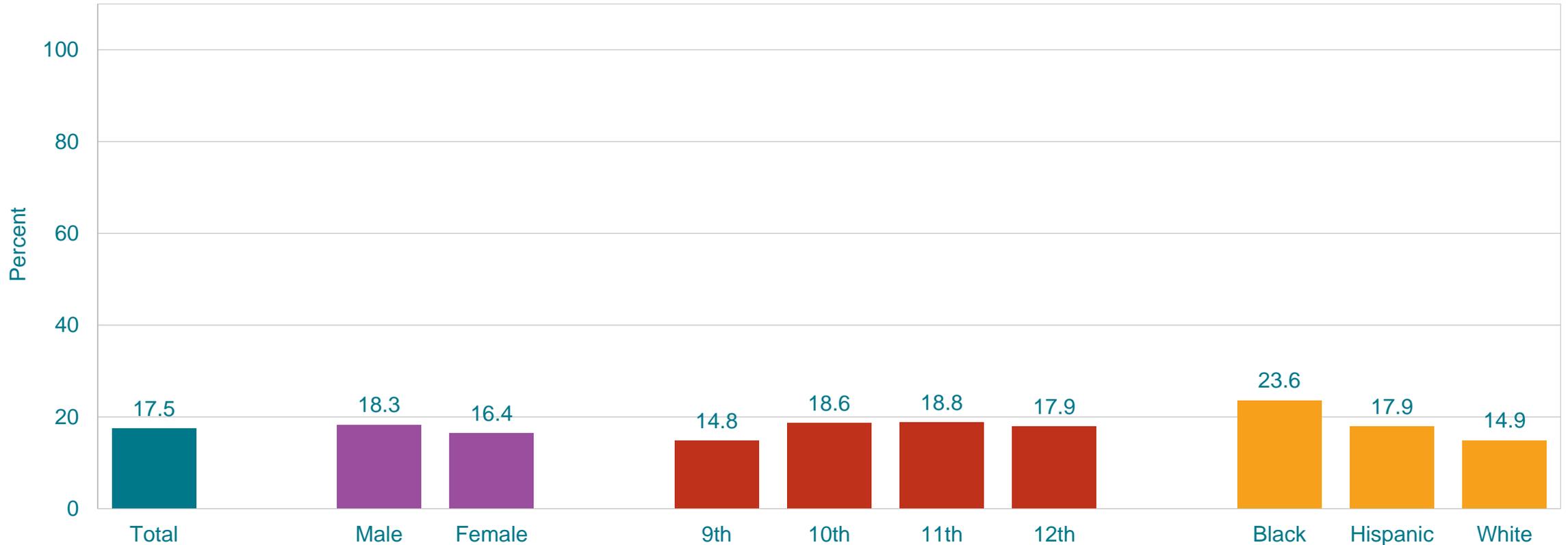
This graph contains weighted results.

Percentage of High School Students Who Tried Marijuana for the First Time Before Age 13 Years, 2017-2019*



*No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]
This graph contains weighted results.

Percentage of High School Students Who Currently Used Marijuana,* by Sex, Grade, and Race/Ethnicity,† 2019



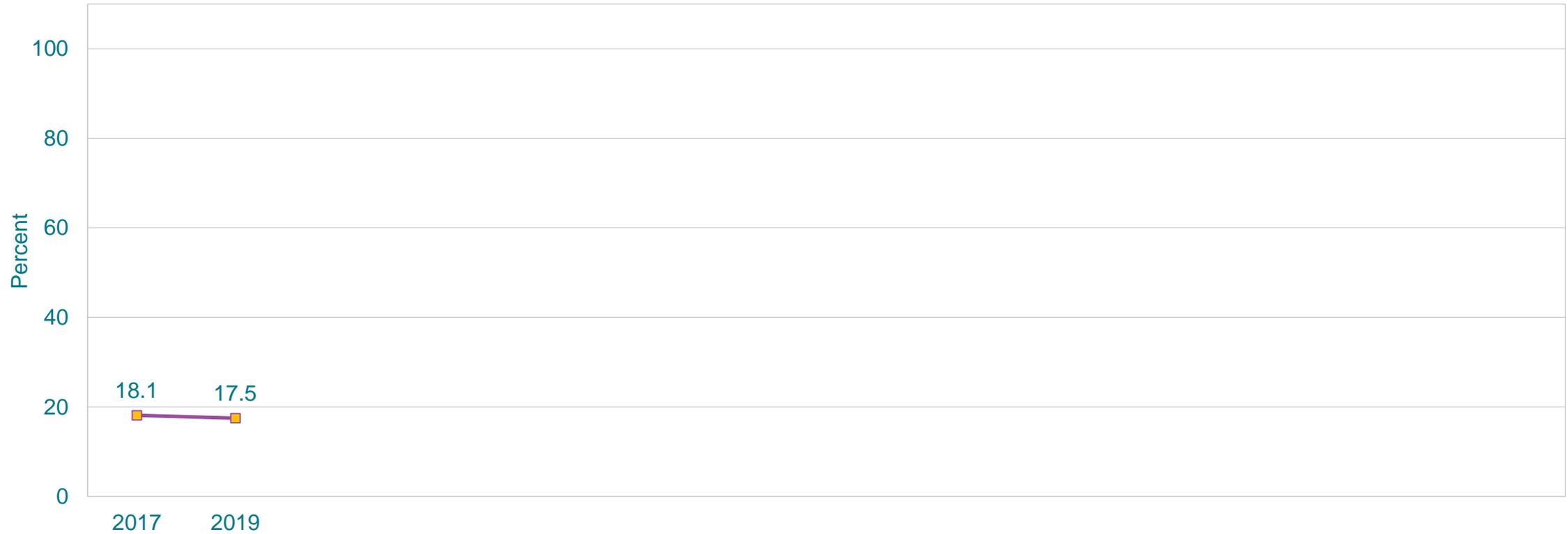
*One or more times during the 30 days before the survey

†B > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Currently Used Marijuana,* 2017-2019†

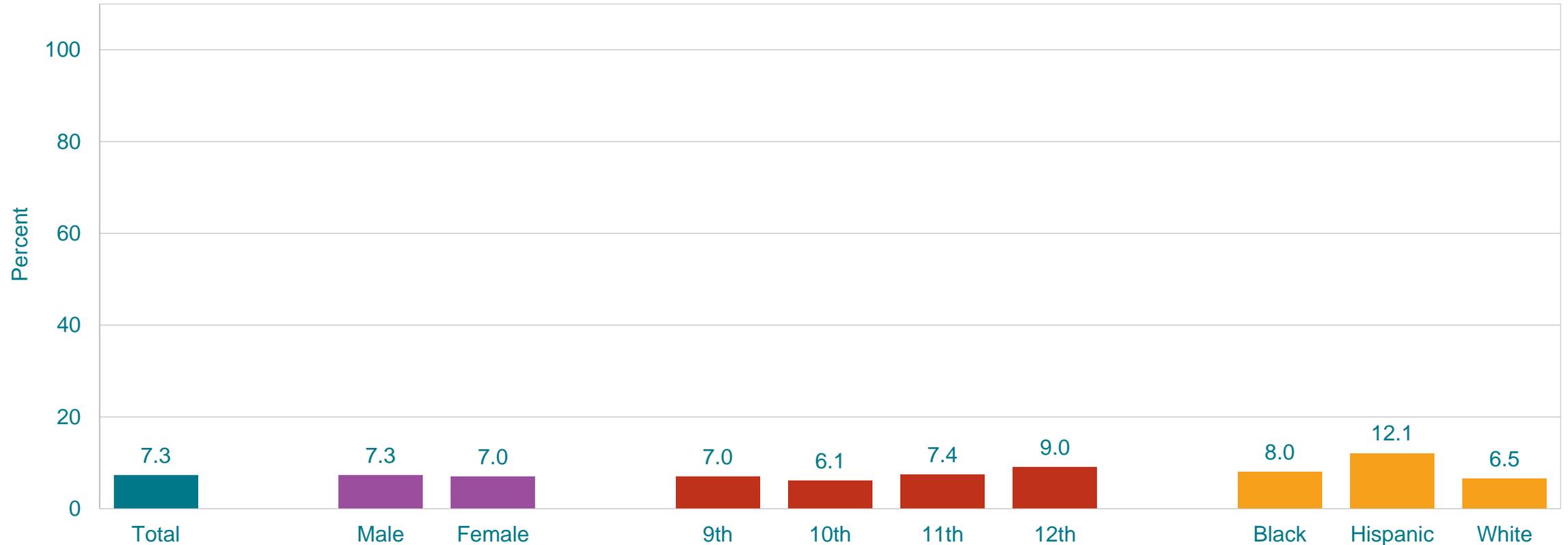


*One or more times during the 30 days before the survey

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

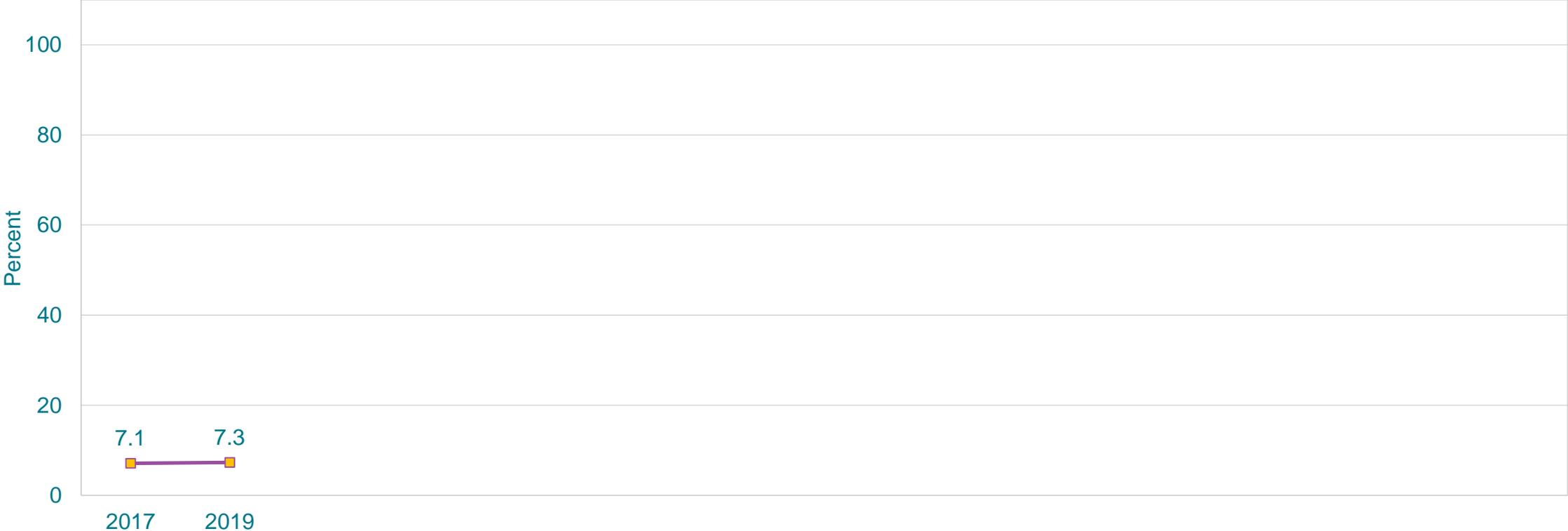
This graph contains weighted results.

Percentage of High School Students Who Ever Used Synthetic Marijuana,* by Sex, Grade, and Race/Ethnicity, 2019



*One or more times during their life
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
This graph contains weighted results.

Percentage of High School Students Who Ever Used Synthetic Marijuana,* 2017-2019†

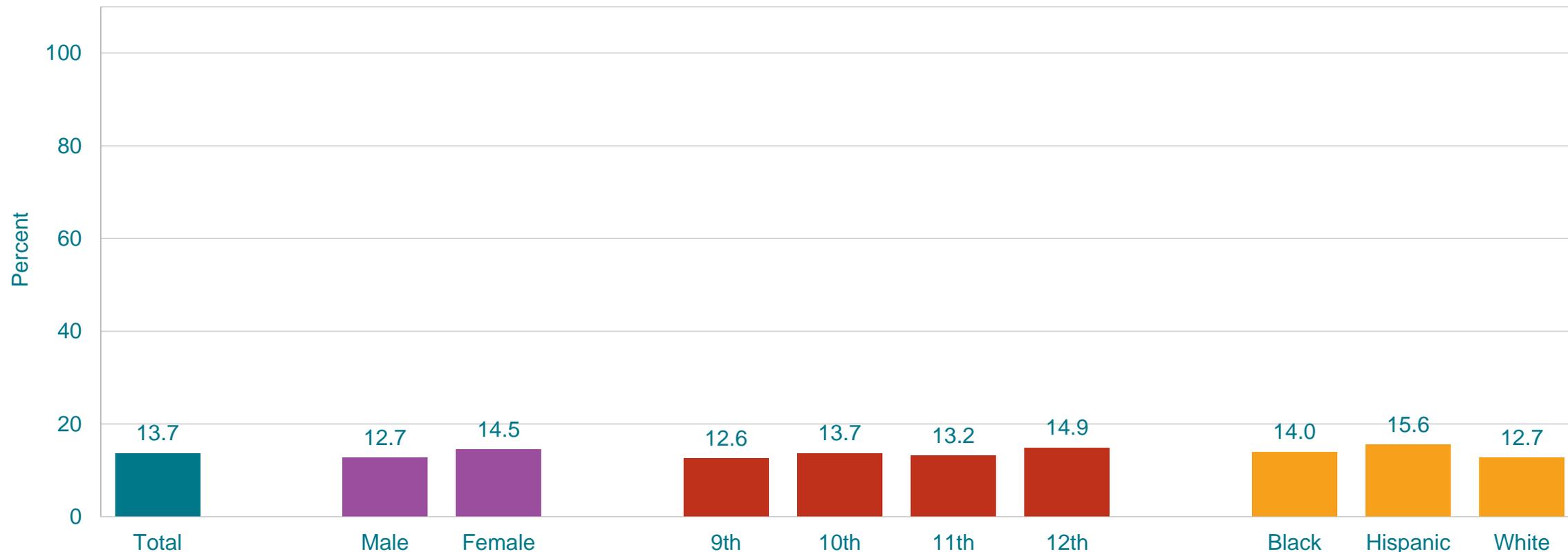


*One or more times during their life

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade (p < 0.05).]

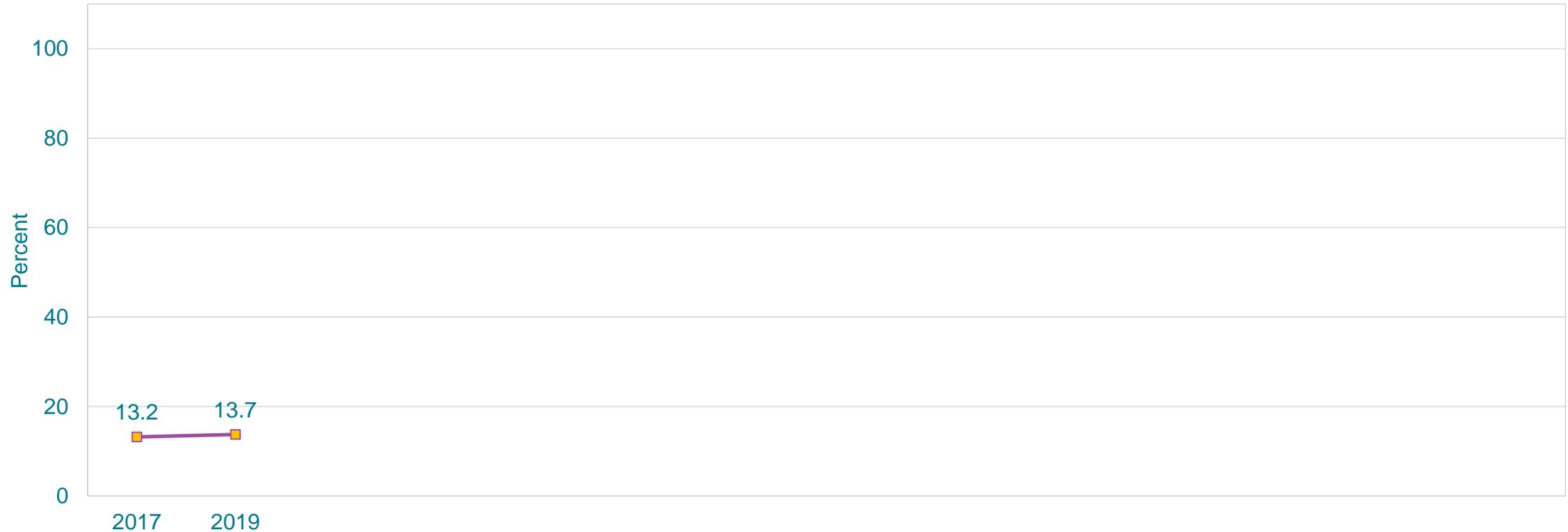
This graph contains weighted results.

Percentage of High School Students Who Ever Took Prescription Pain Medicine Without a Doctor's Prescription or Differently Than How a Doctor Told Them to Use It,* by Sex, Grade, and Race/Ethnicity, 2019



*Counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
This graph contains weighted results.

Percentage of High School Students Who Ever Took Prescription Pain Medicine Without a Doctor's Prescription or Differently Than How a Doctor Told Them to Use It,* 2017-2019†

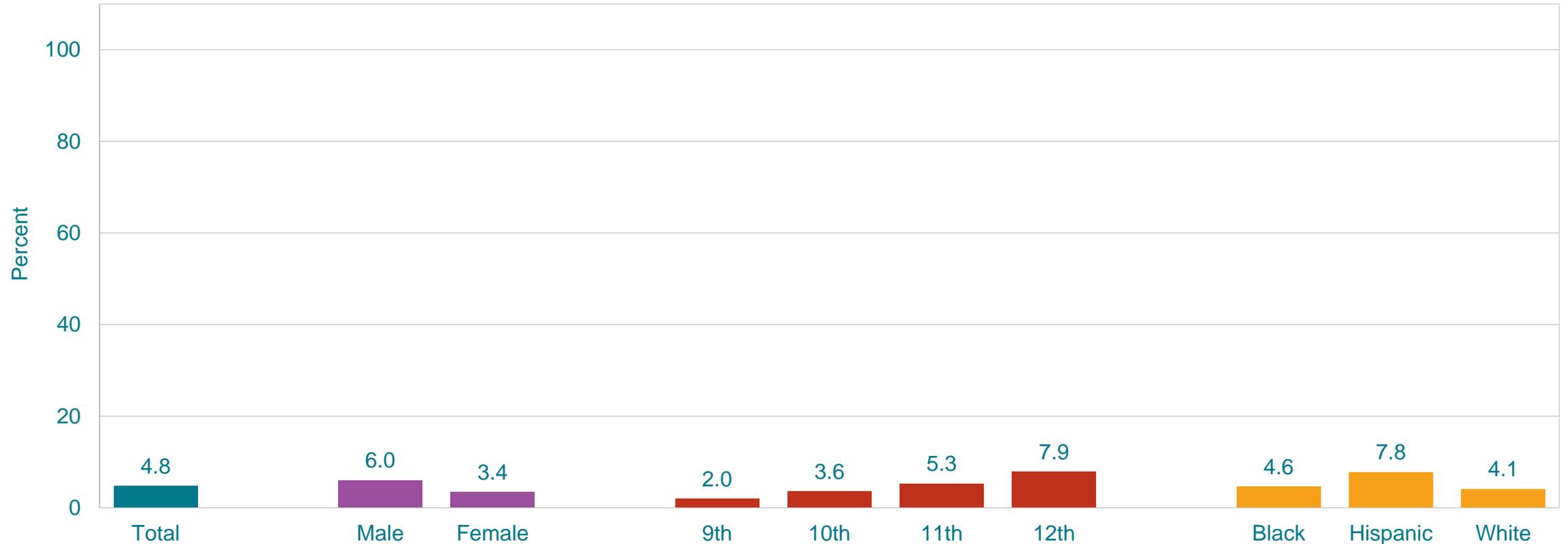


*Counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Ever Used Cocaine,* by Sex,† Grade,† and Race/Ethnicity,† 2019



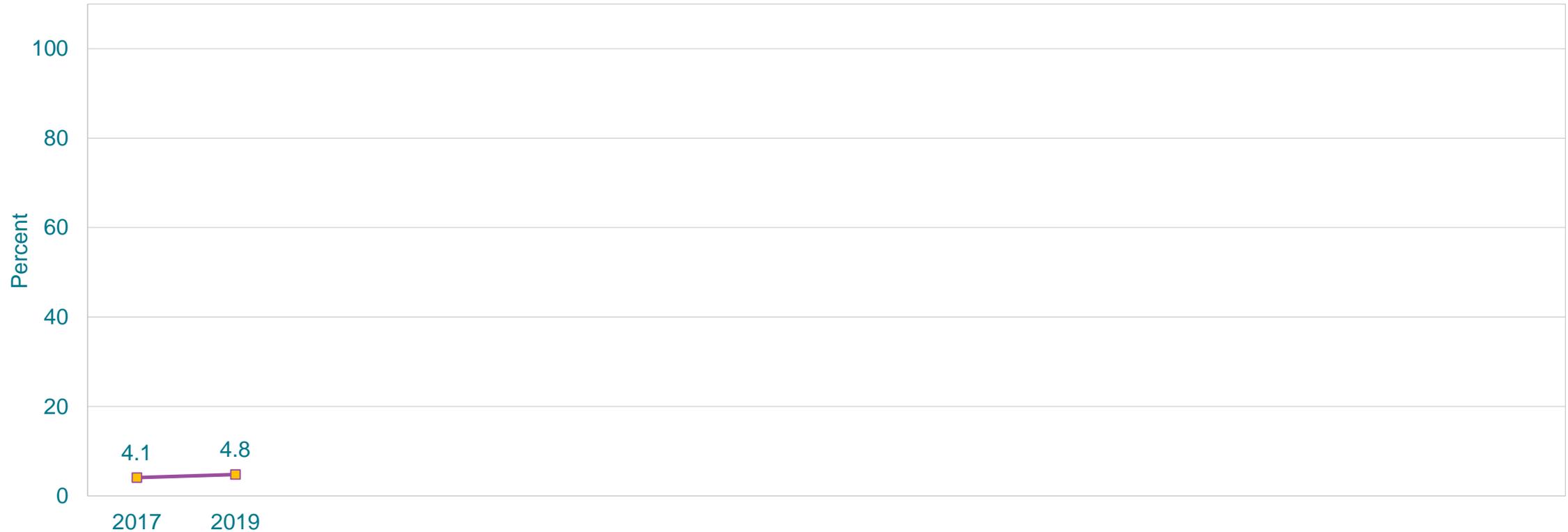
*Any form of cocaine, including powder, crack, or freebase, one or more times during their life

†M > F; 12th > 9th, 12th > 10th; H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ever Used Cocaine,* 2017-2019†

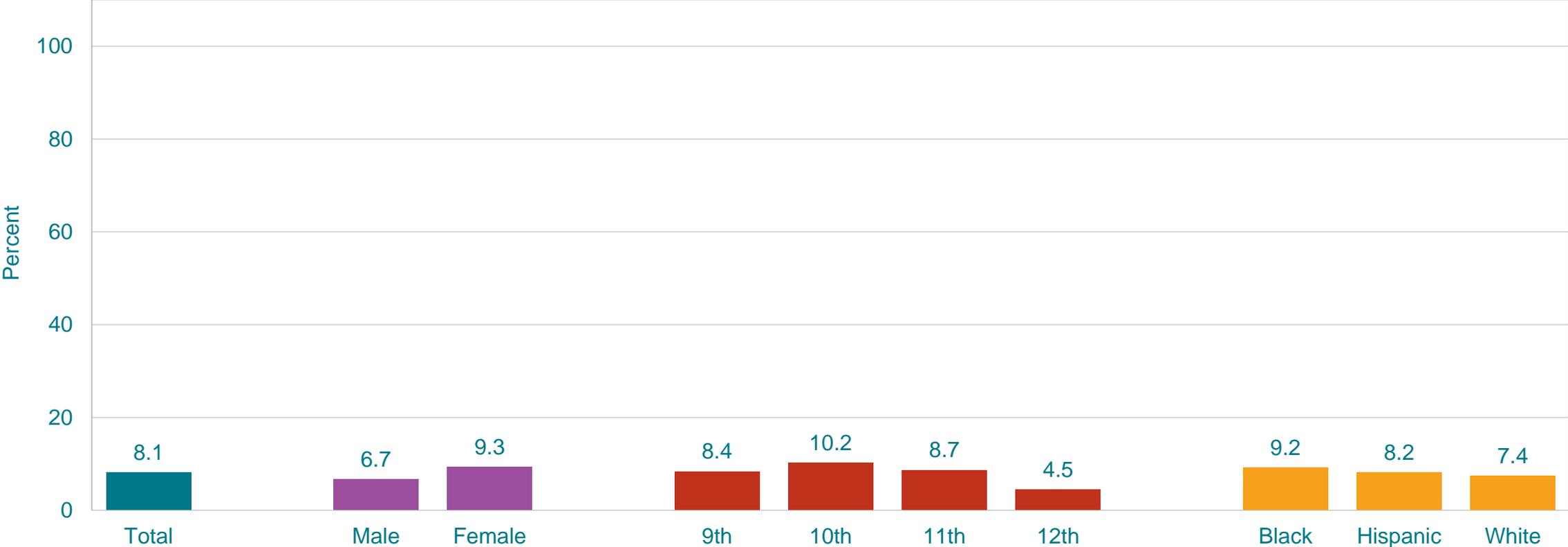


*Any form of cocaine, including powder, crack, or freebase, one or more times during their life

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Ever Used Inhalants,* by Sex, Grade,† and Race/Ethnicity, 2019



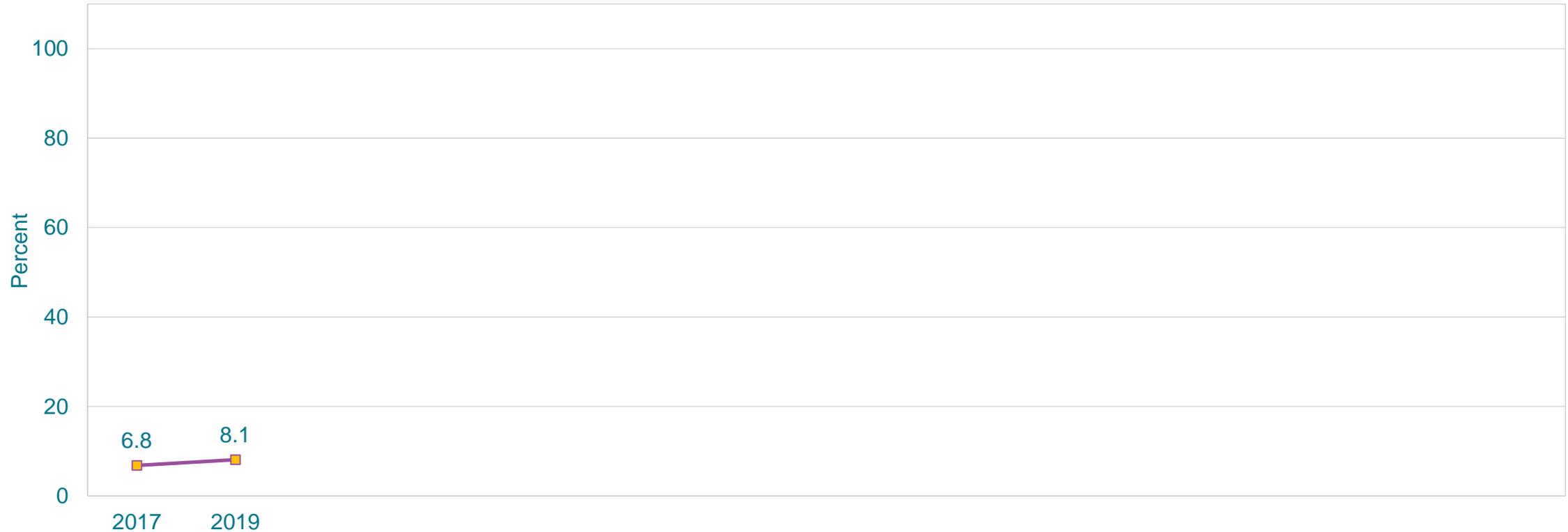
*Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life

†9th > 12th, 10th > 12th, 11th > 12th (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ever Used Inhalants,* 2017-2019†

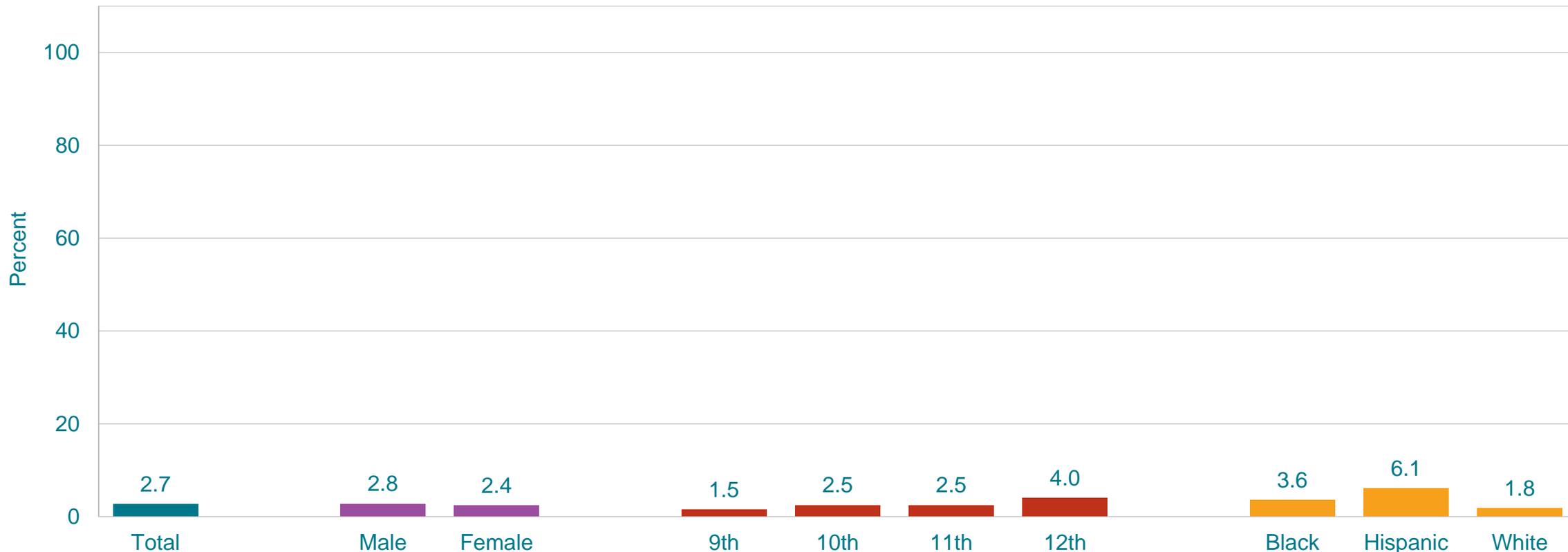


*Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Ever Used Heroin,* by Sex, Grade, and Race/Ethnicity,† 2019



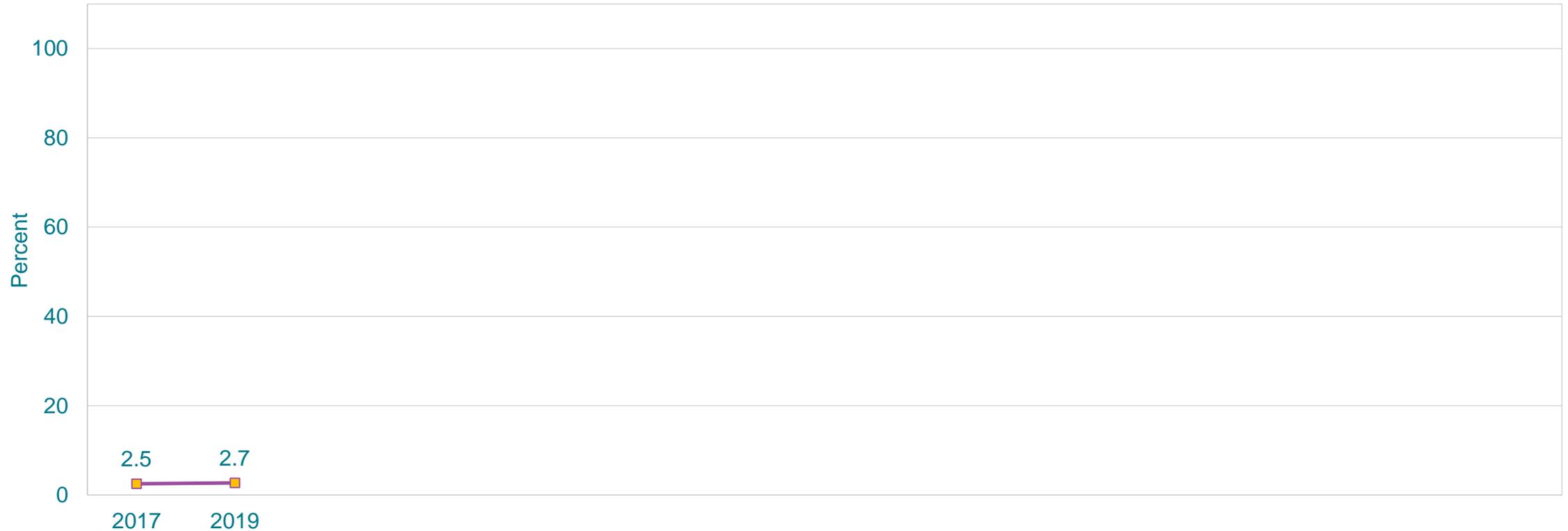
*Also called "smack," "junk," or "China White," one or more times during their life

†H > W (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ever Used Heroin,* 2017-2019†

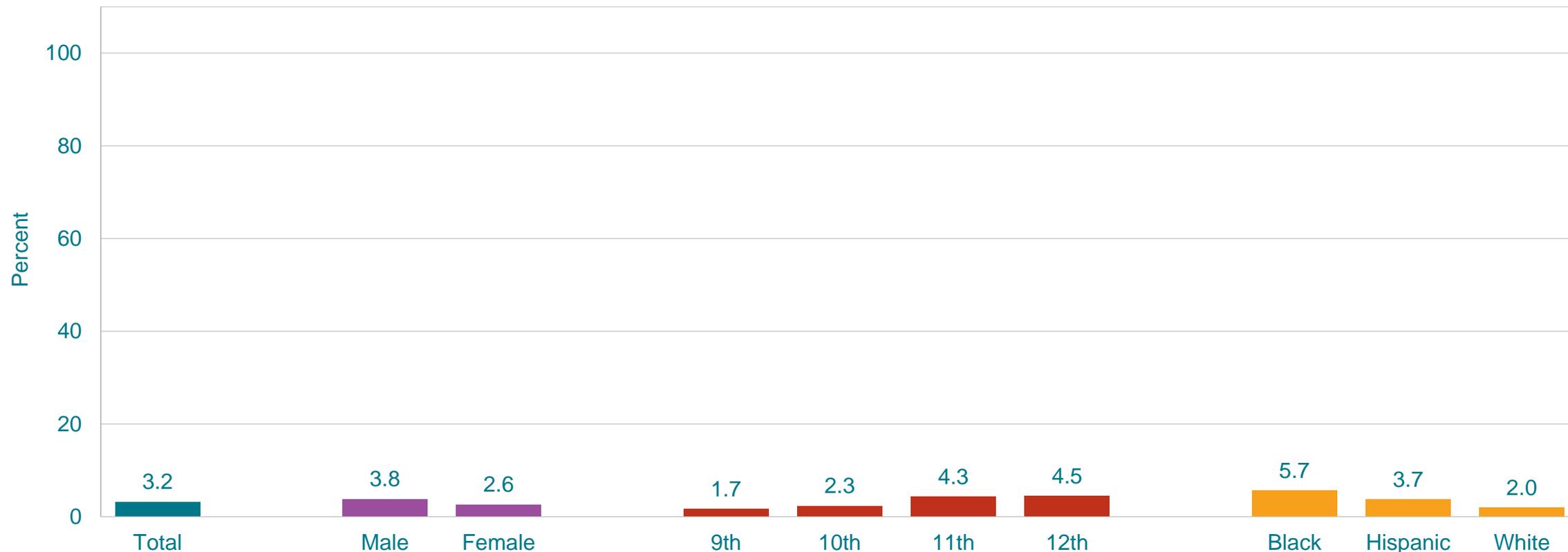


*Also called "smack," "junk," or "China White," one or more times during their life

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Ever Used Methamphetamines,* by Sex, Grade, and Race/Ethnicity,† 2019



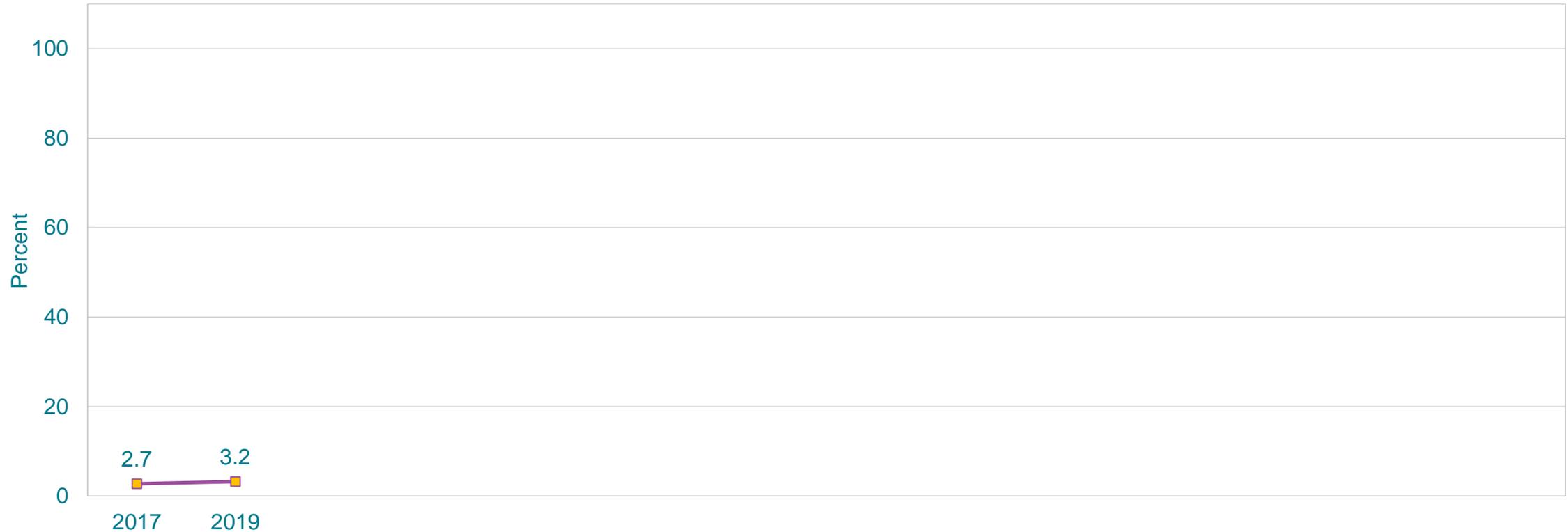
*Also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life

†B > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ever Used Methamphetamines,* 2017-2019†

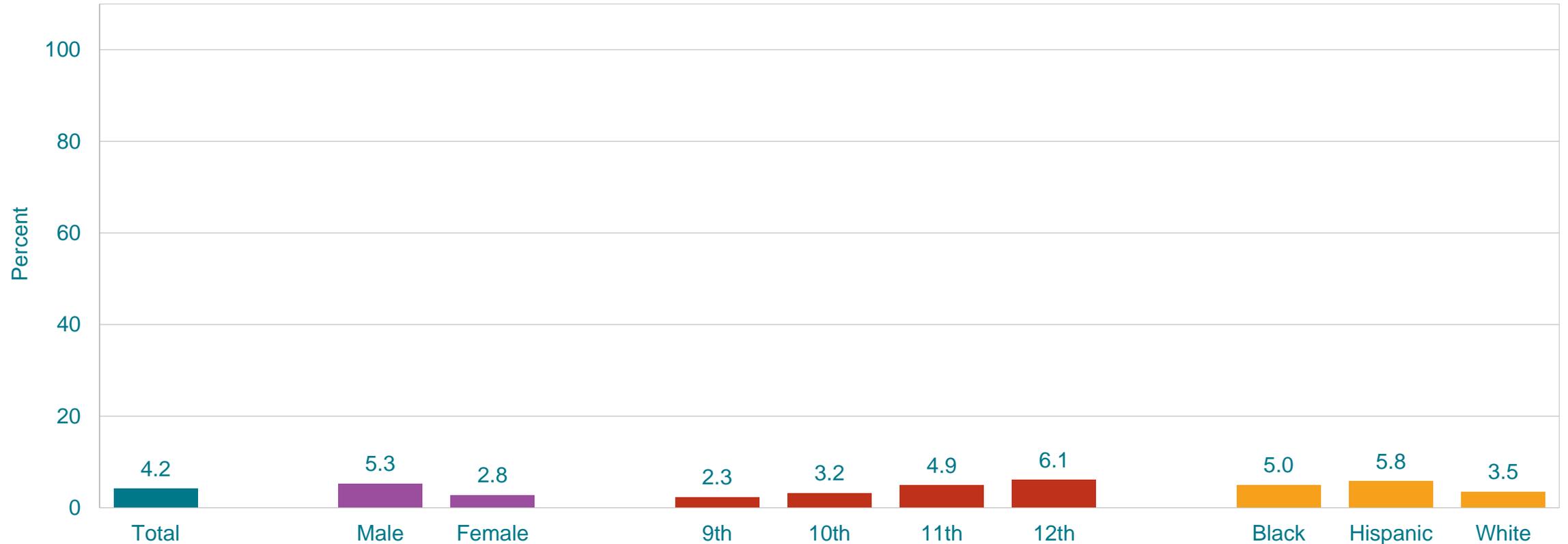


*Also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Ever Used Ecstasy,* by Sex,† Grade,† and Race/Ethnicity, 2019



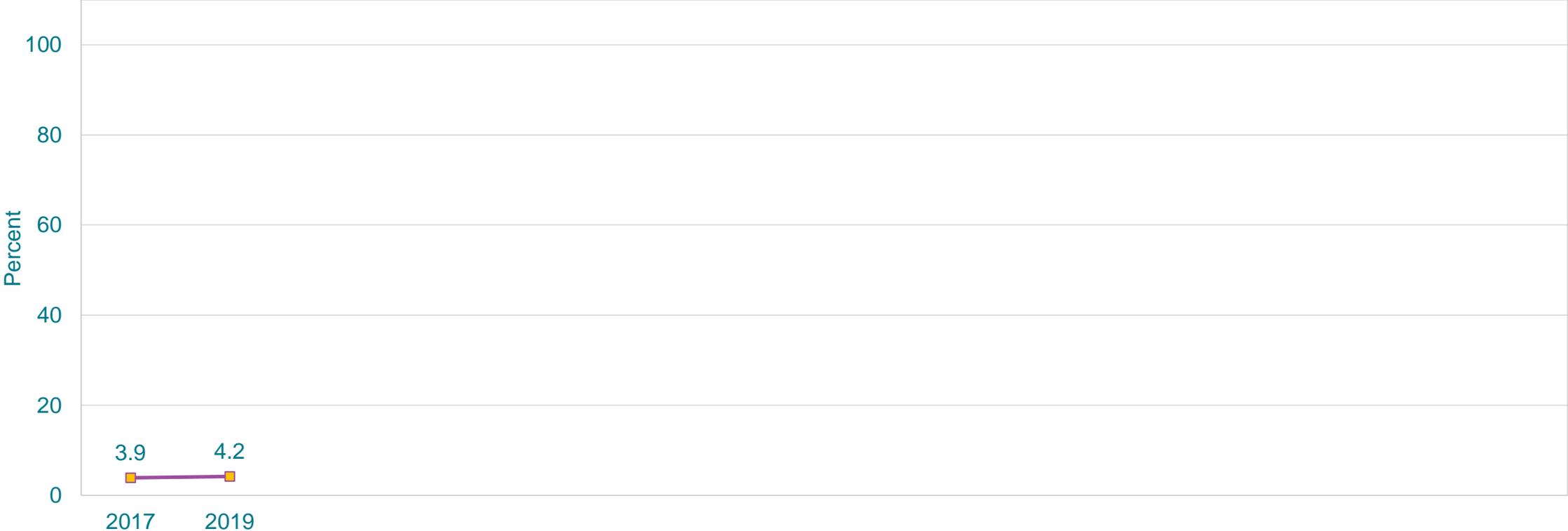
*Also called "MDMA," one or more times during their life

†M > F; 12th > 9th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ever Used Ecstasy,* 2017-2019†

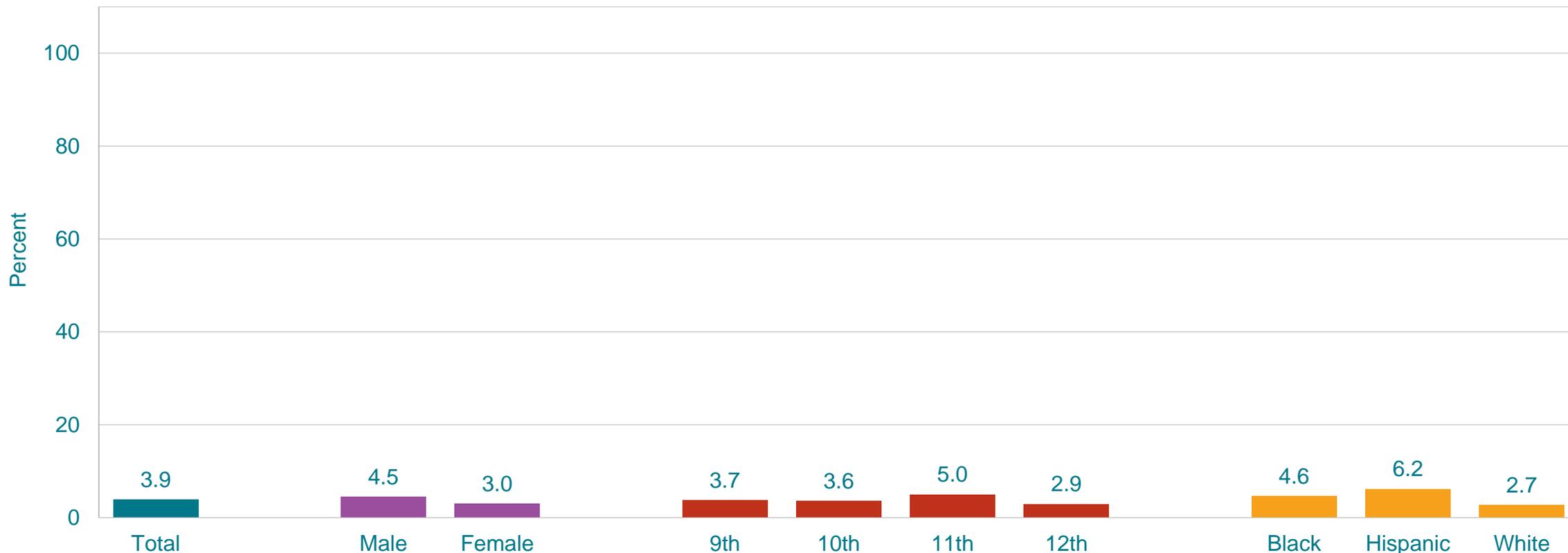


*Also called "MDMA," one or more times during their life

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade (p < 0.05).]

This graph contains weighted results.

Percentage of High School Students Who Ever Took Steroids Without a Doctor's Prescription,* by Sex, Grade, and Race/Ethnicity,† 2019



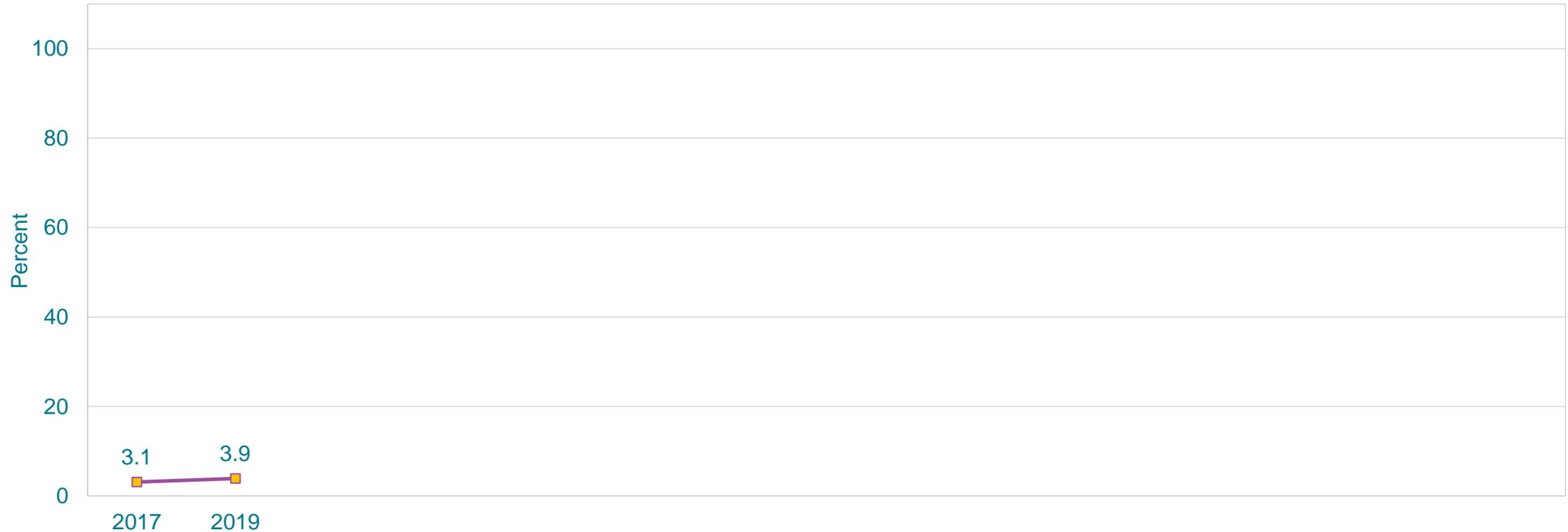
*Pills or shots, one or more times during their life

†H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ever Took Steroids Without a Doctor's Prescription,* 2017-2019†

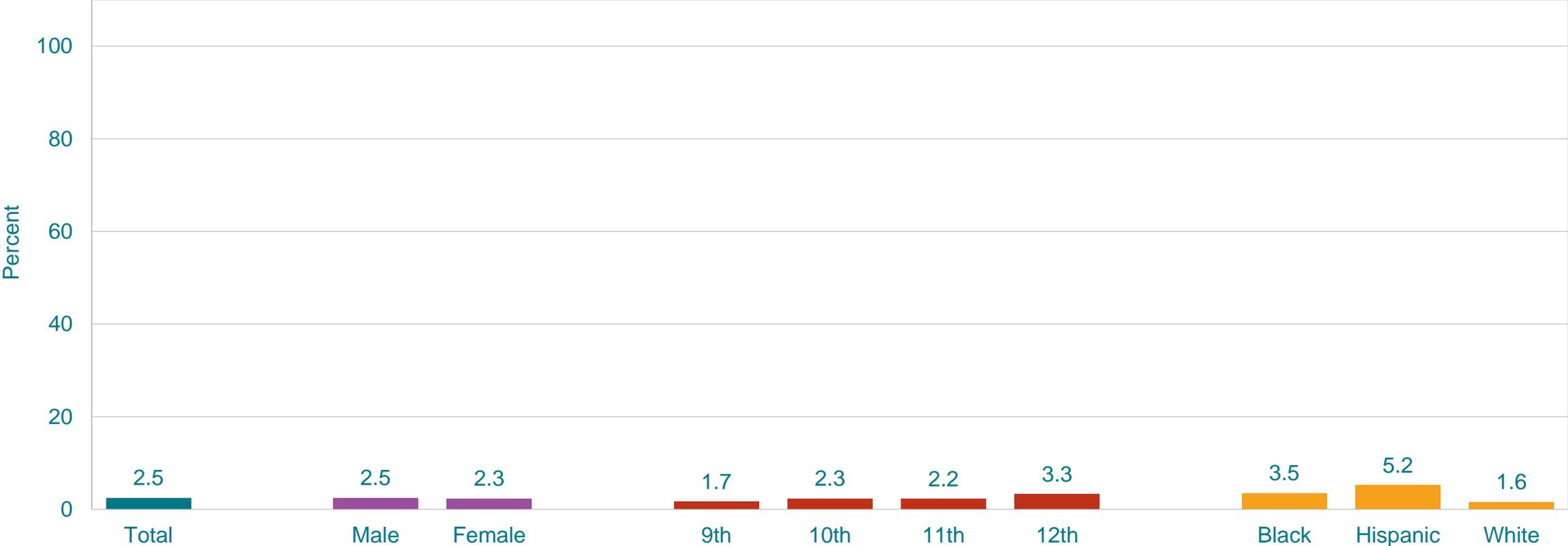


*Pills or shots, one or more times during their life

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Ever Injected Any Illegal Drug,* by Sex, Grade, and Race/Ethnicity,† 2019



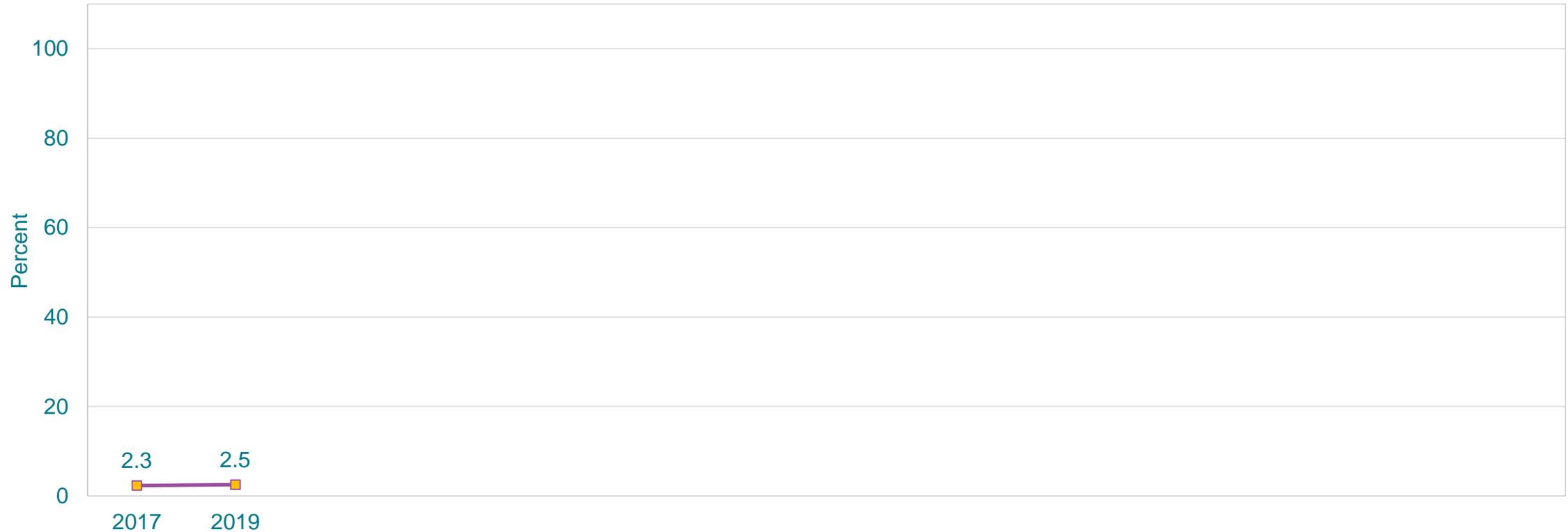
*Used a needle to inject any illegal drug into their body, one or more times during their life

†B > W, H > W (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ever Injected Any Illegal Drug,* 2017-2019†

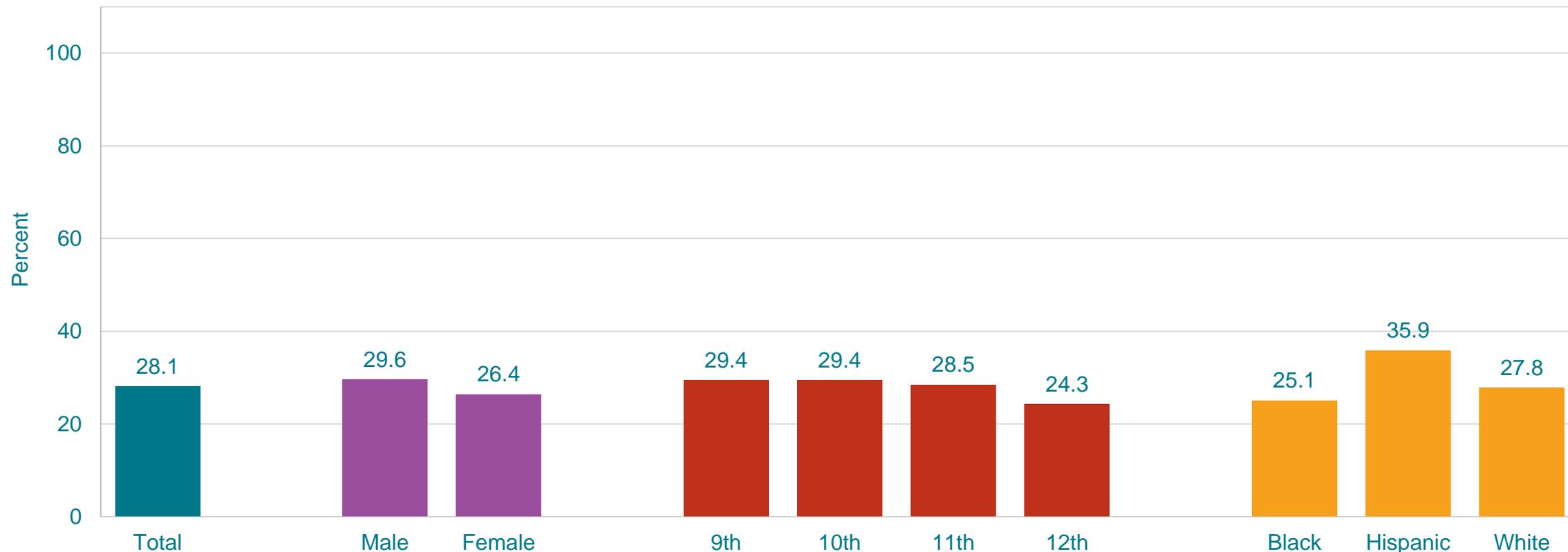


*Used a needle to inject any illegal drug into their body, one or more times during their life

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Were Offered, Sold, or Given an Illegal Drug on School Property,* by Sex, Grade, and Race/Ethnicity,† 2019



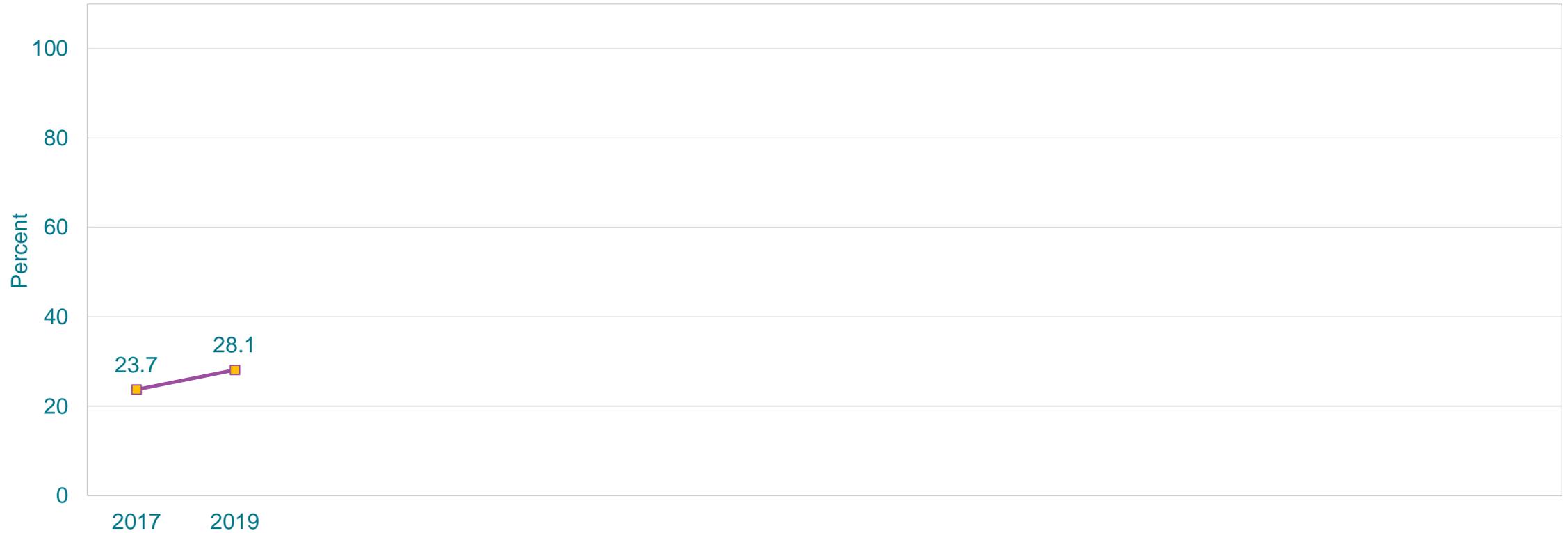
*During the 12 months before the survey

†H > B, H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Were Offered, Sold, or Given an Illegal Drug on School Property,* 2017-2019†

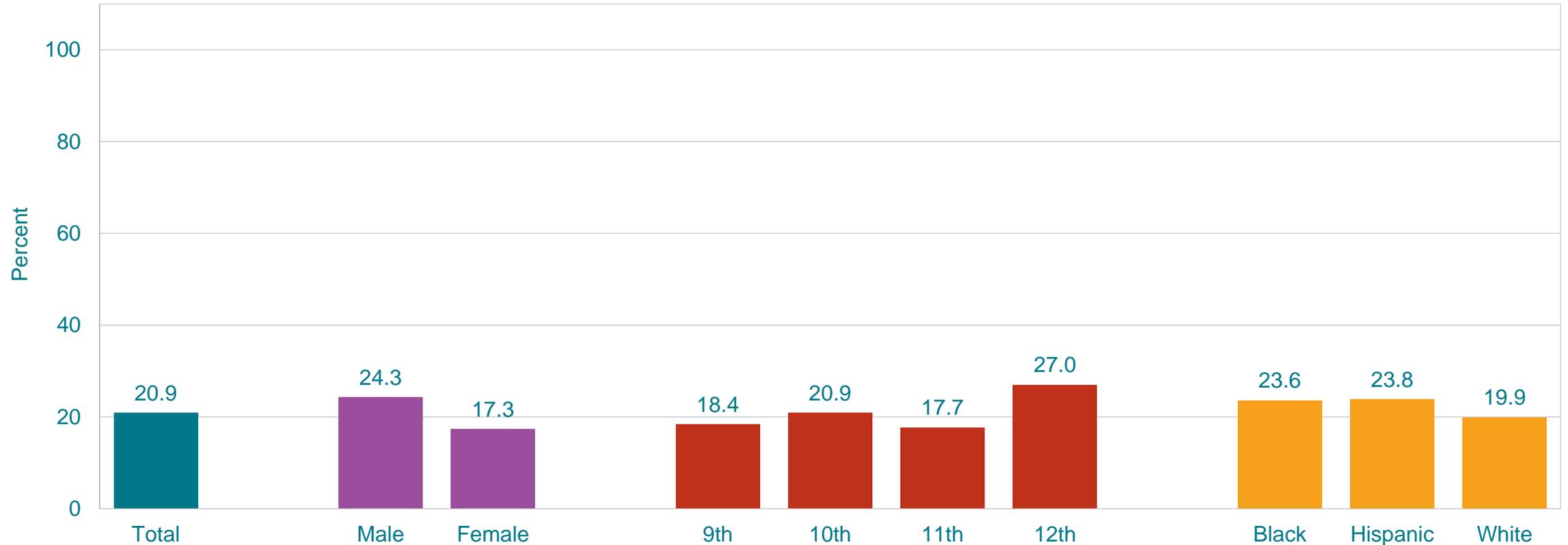


*During the 12 months before the survey

†Increased 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Had Obesity,* by Sex,† Grade,† and Race/Ethnicity, 2019



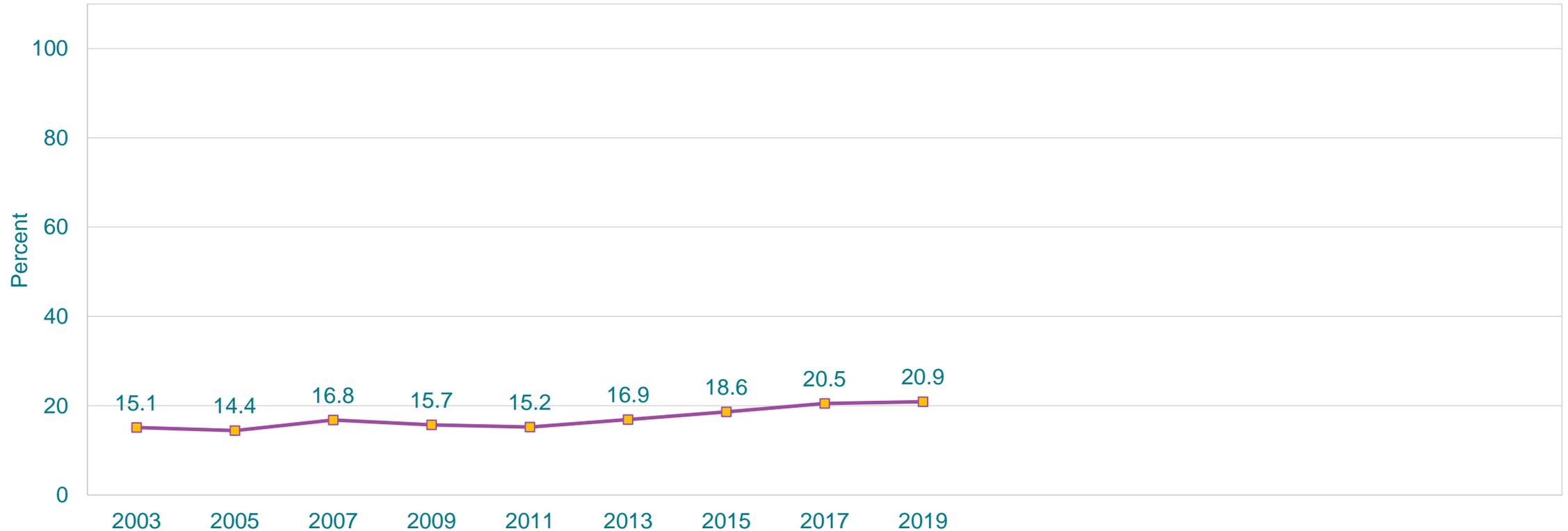
* \geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

†M > F; 12th > 9th, 12th > 11th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Had Obesity,* 2003-2019†

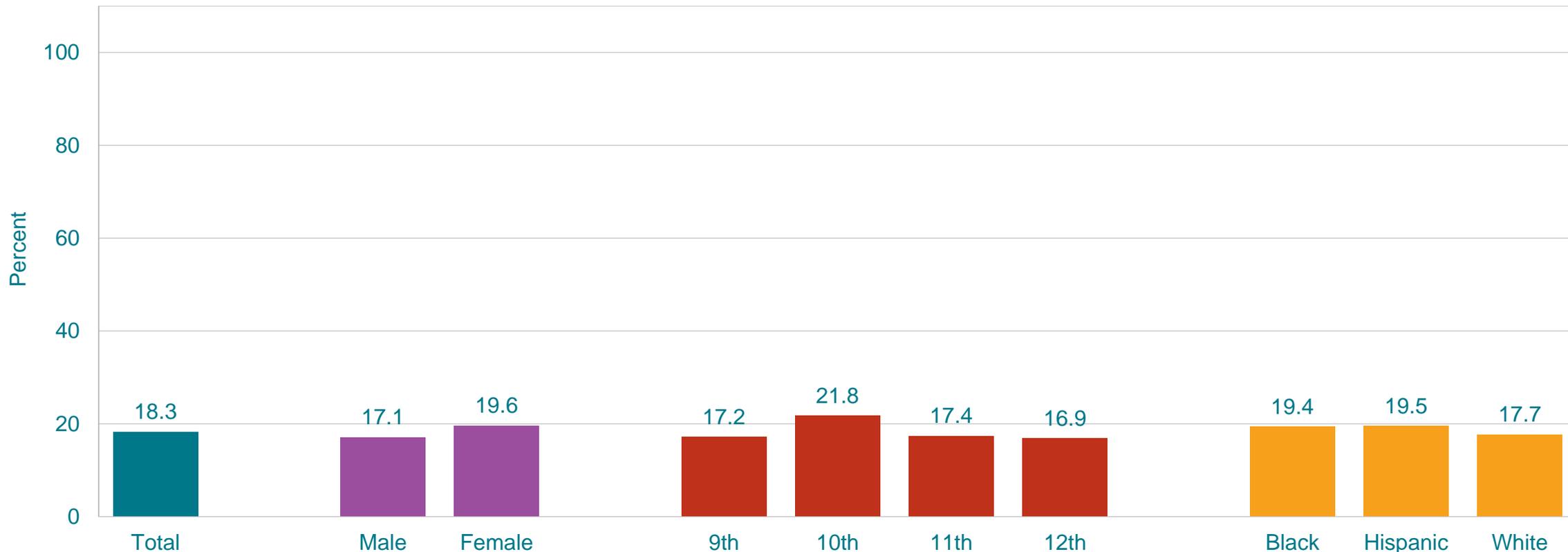


* \geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

†Increased 2003-2019, no change 2003-2011, increased 2011-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

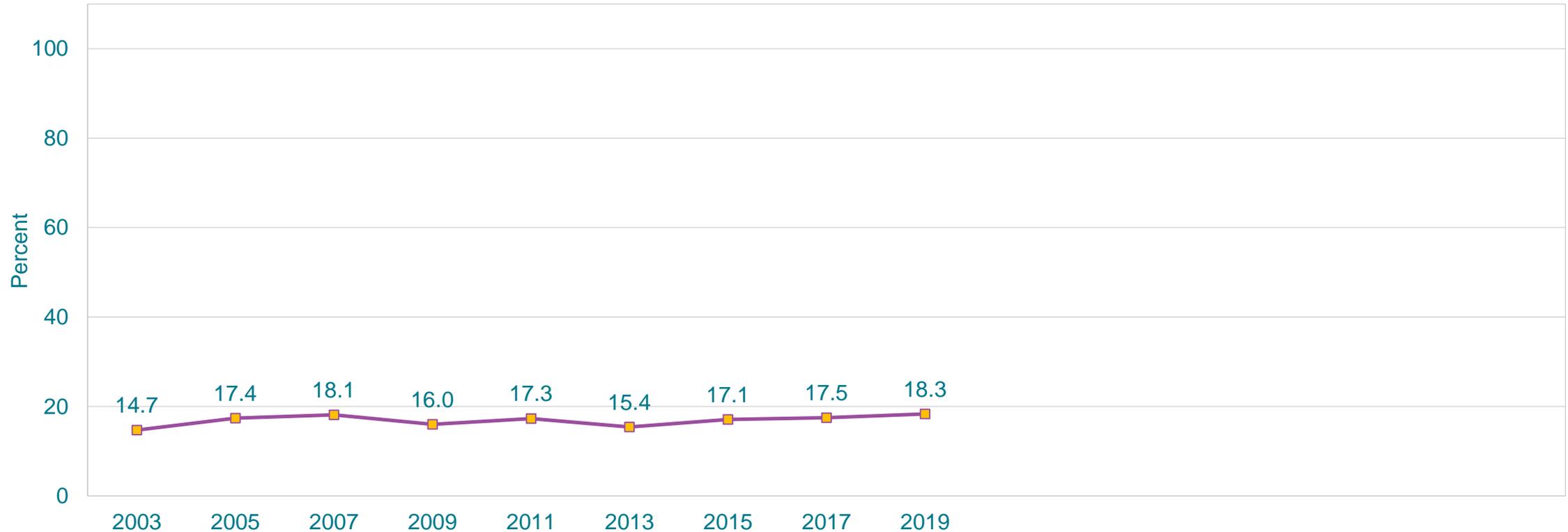
This graph contains weighted results.

Percentage of High School Students Who Were Overweight,* by Sex, Grade, and Race/Ethnicity, 2019



* \geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions. All Hispanic students are included in the Hispanic category. All other races are non-Hispanic. This graph contains weighted results.

Percentage of High School Students Who Were Overweight,* 2003-2019†

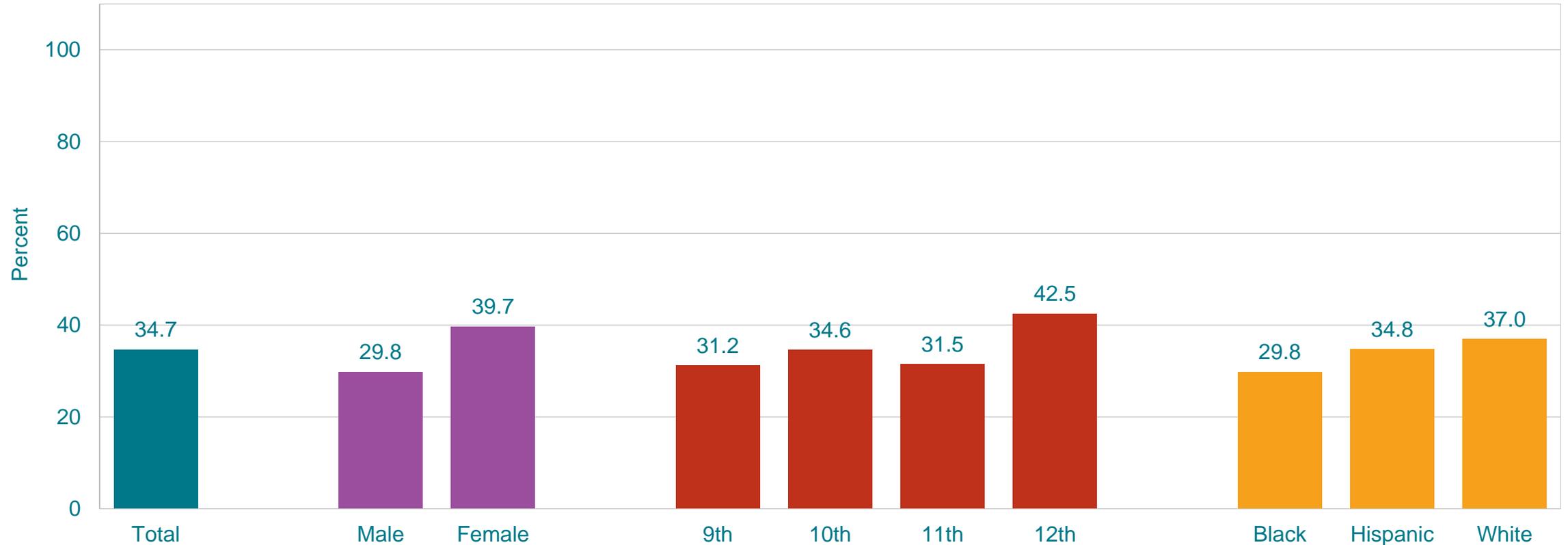


* \geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

†No change 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

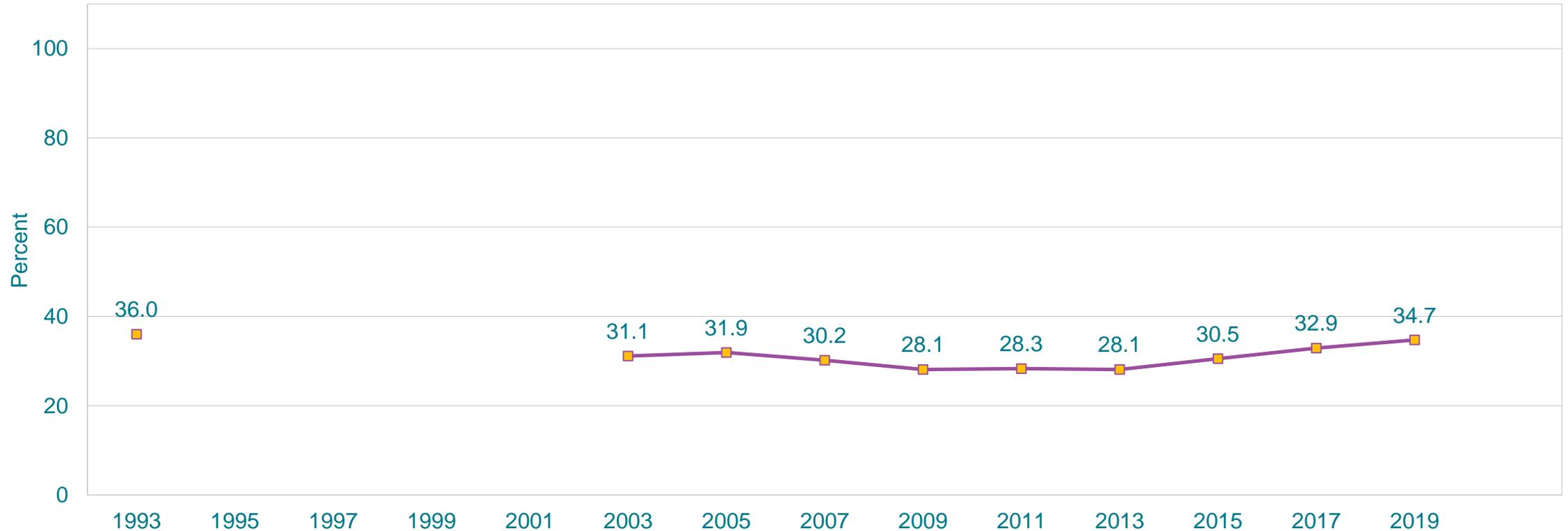
This graph contains weighted results.

Percentage of High School Students Who Described Themselves As Slightly or Very Overweight, by Sex,* Grade,* and Race/Ethnicity,* 2019



*F > M; 12th > 9th, 12th > 10th, 12th > 11th; W > B (Based on t-test analysis, $p < 0.05$.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Described Themselves As Slightly or Very Overweight, 1993-2019*

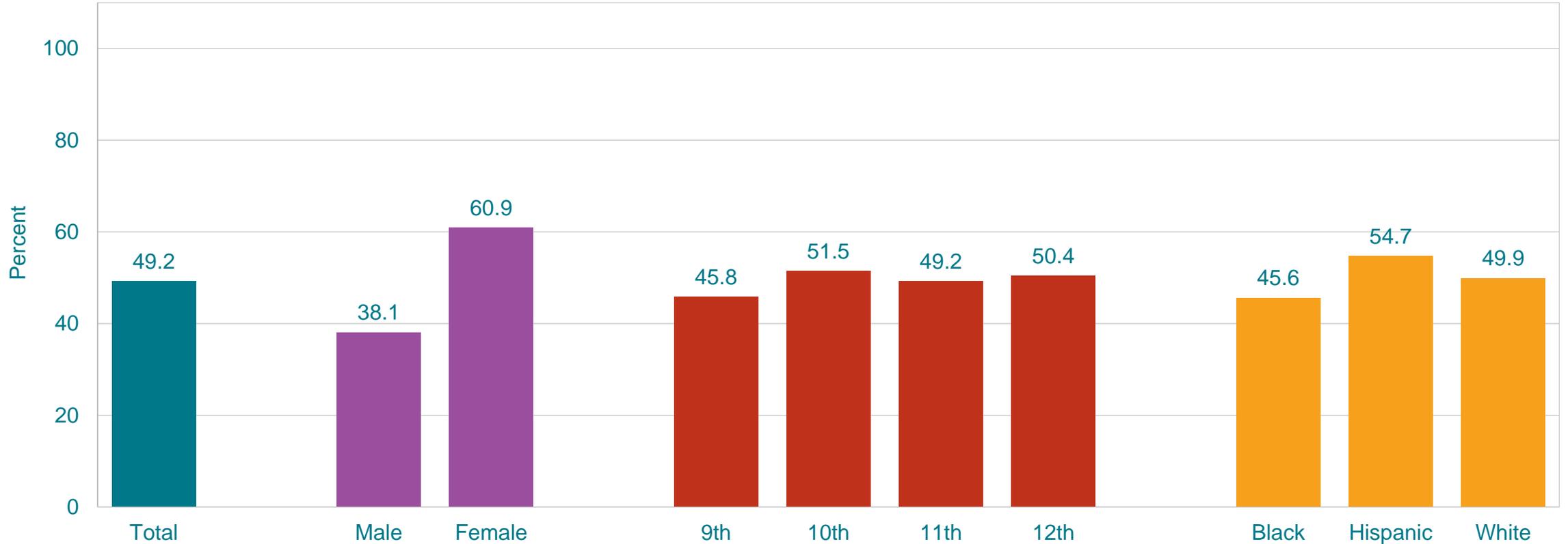


*Decreased, 1993-2013, increased, 2013-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Were Trying to Lose Weight, by Sex,* Grade, and Race/Ethnicity,* 2019

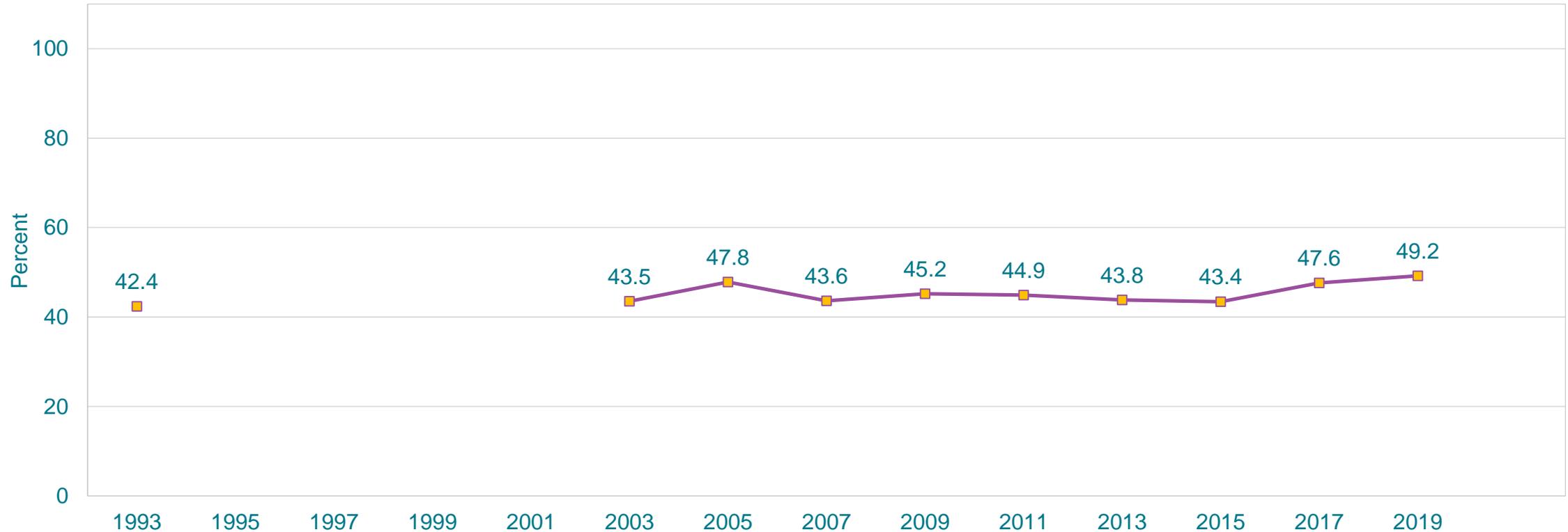


*F > M; H > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Were Trying to Lose Weight, 1993-2019*

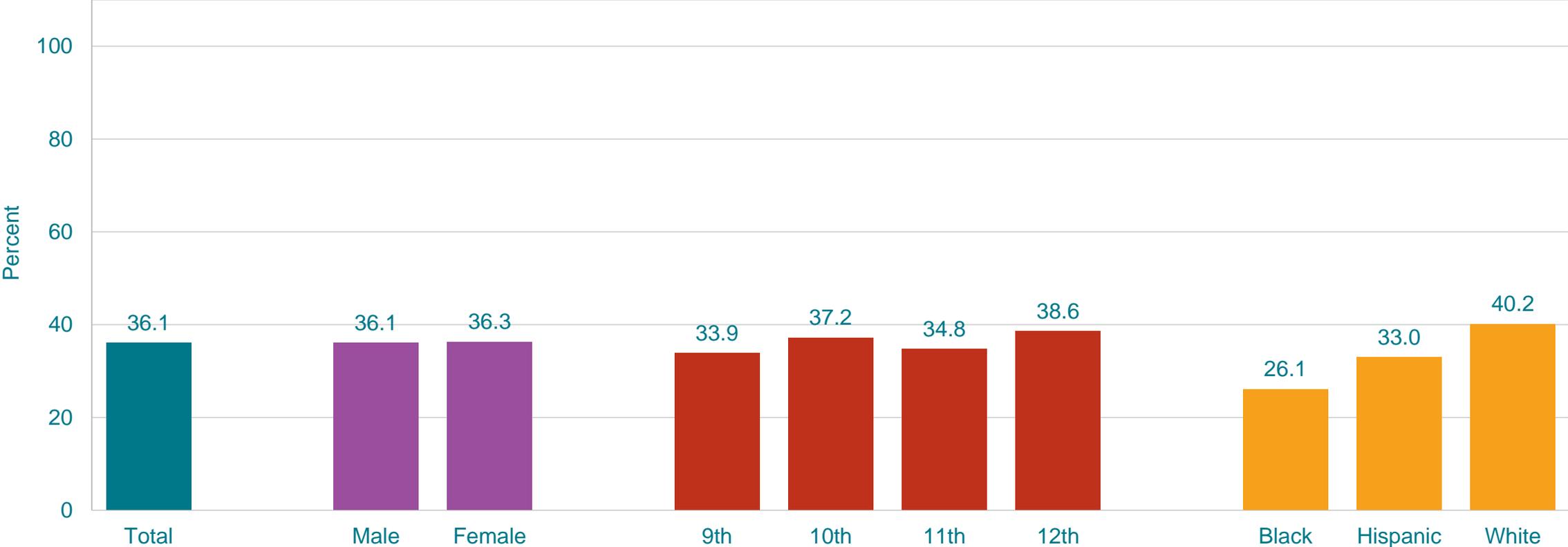


*Increased 1993-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

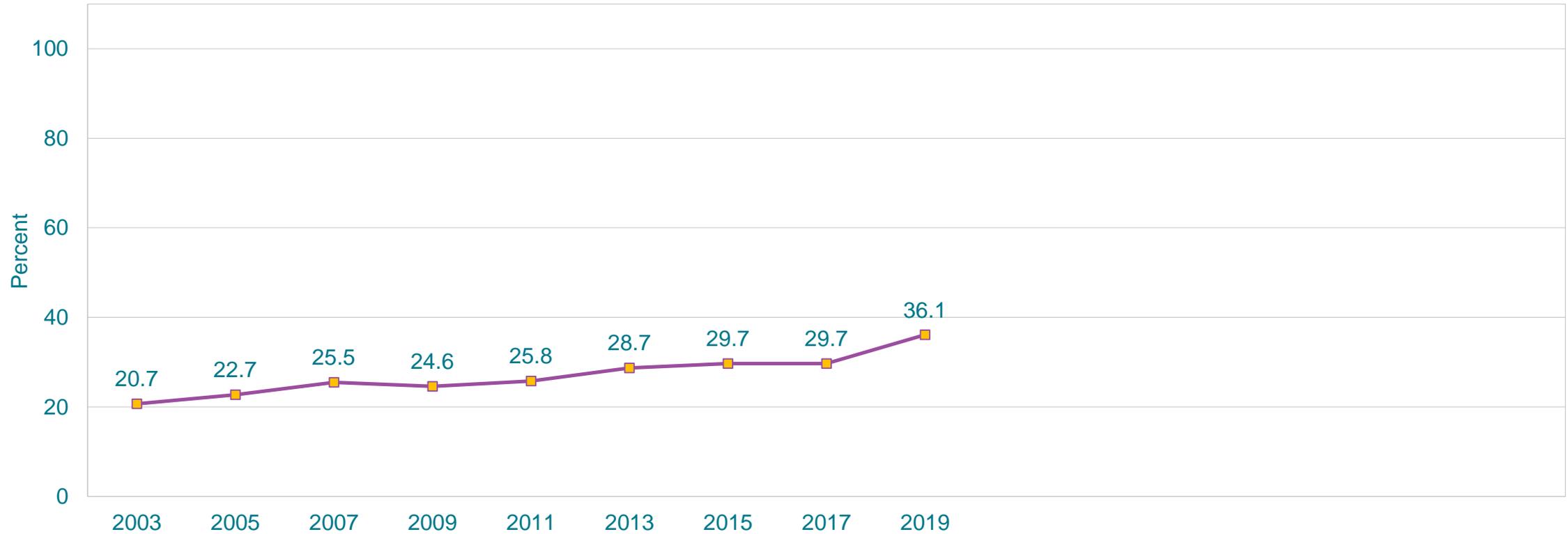
This graph contains weighted results.

Percentage of High School Students Who Did Not Drink Fruit Juice,* by Sex, Grade, and Race/Ethnicity,† 2019



*100% fruit juices one or more times during the 7 days before the survey
 †W > B (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Did Not Drink Fruit Juice,* 2003-2019†

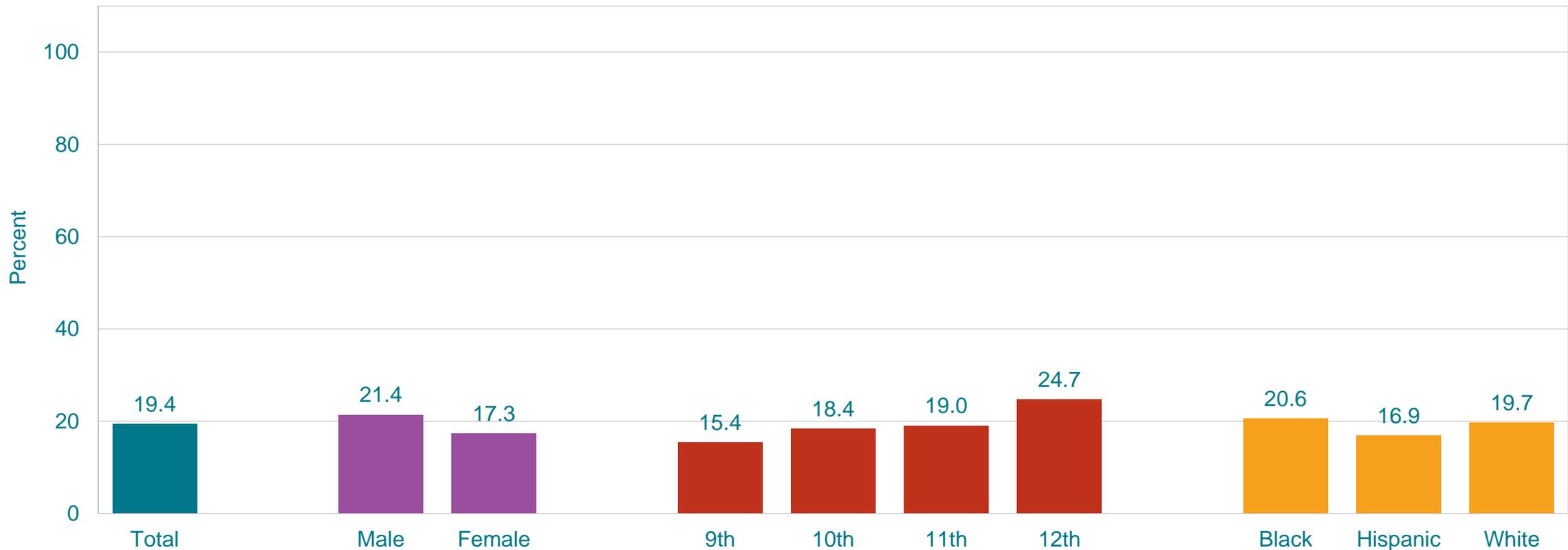


*100% fruit juices one or more times during the 7 days before the survey

†Increased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

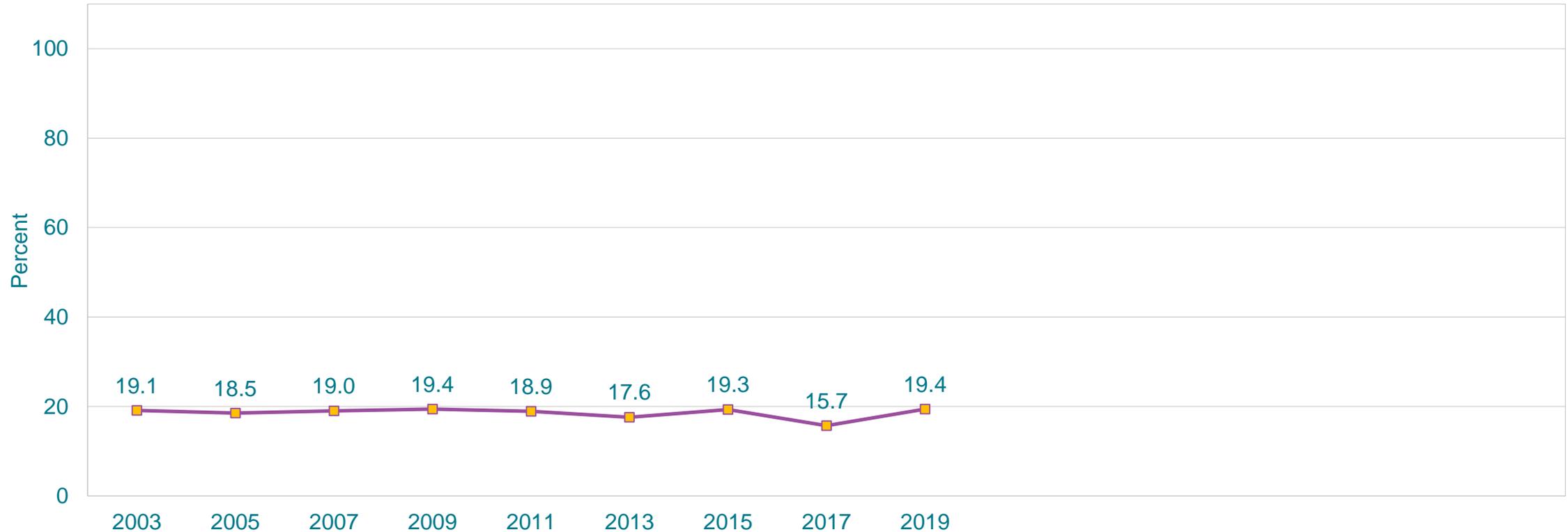
This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Fruit,* by Sex, Grade,† and Race/Ethnicity, 2019



*One or more times during the 7 days before the survey
 †12th > 9th, 12th > 10th, 12th > 11th (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Fruit,* 2003-2019†

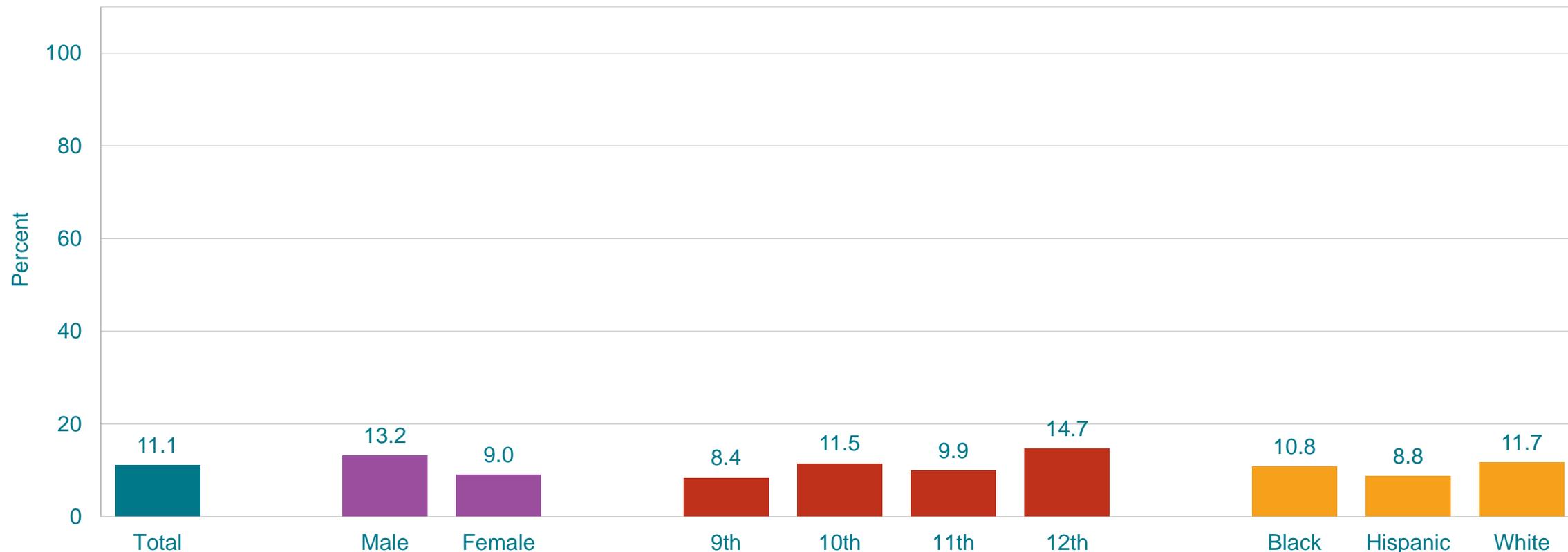


*One or more times during the 7 days before the survey

†No change 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Fruit or Drink 100% Fruit Juices,* by Sex,[†] Grade,[†] and Race/Ethnicity, 2019



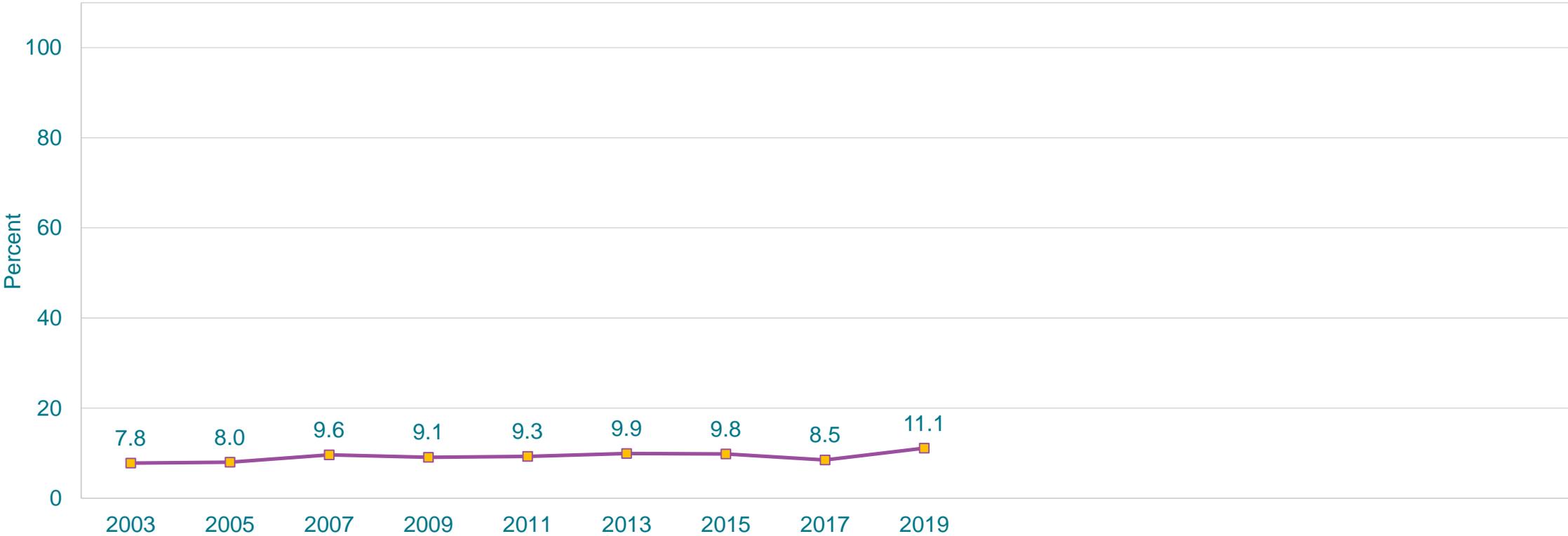
*Such as orange juice, apple juice, or grape juice, during the 7 days before the survey

[†]M > F; 12th > 9th, 12th > 10th, 12th > 11th (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Fruit or Drink 100% Fruit Juices,* 2003-2019†

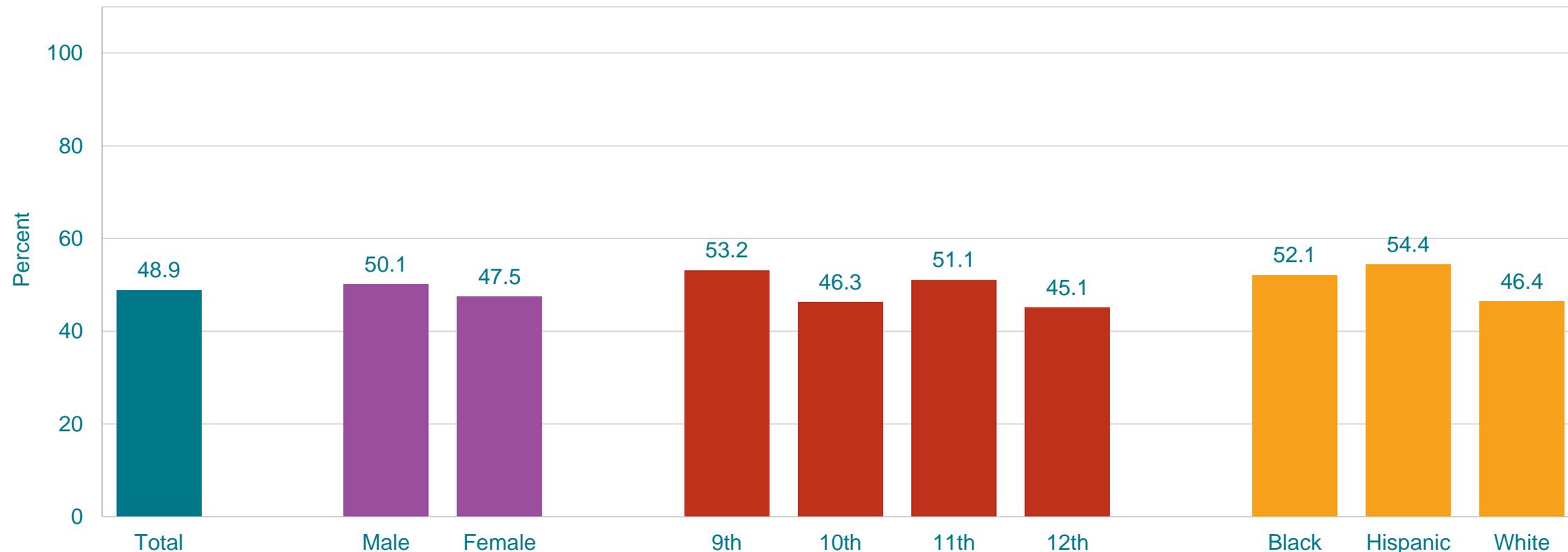


*Such as orange juice, apple juice, or grape juice, during the 7 days before the survey

†Increased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Ate Fruit or Drank 100% Fruit Juices One or More Times Per Day,* by Sex, Grade,† and Race/Ethnicity,† 2019



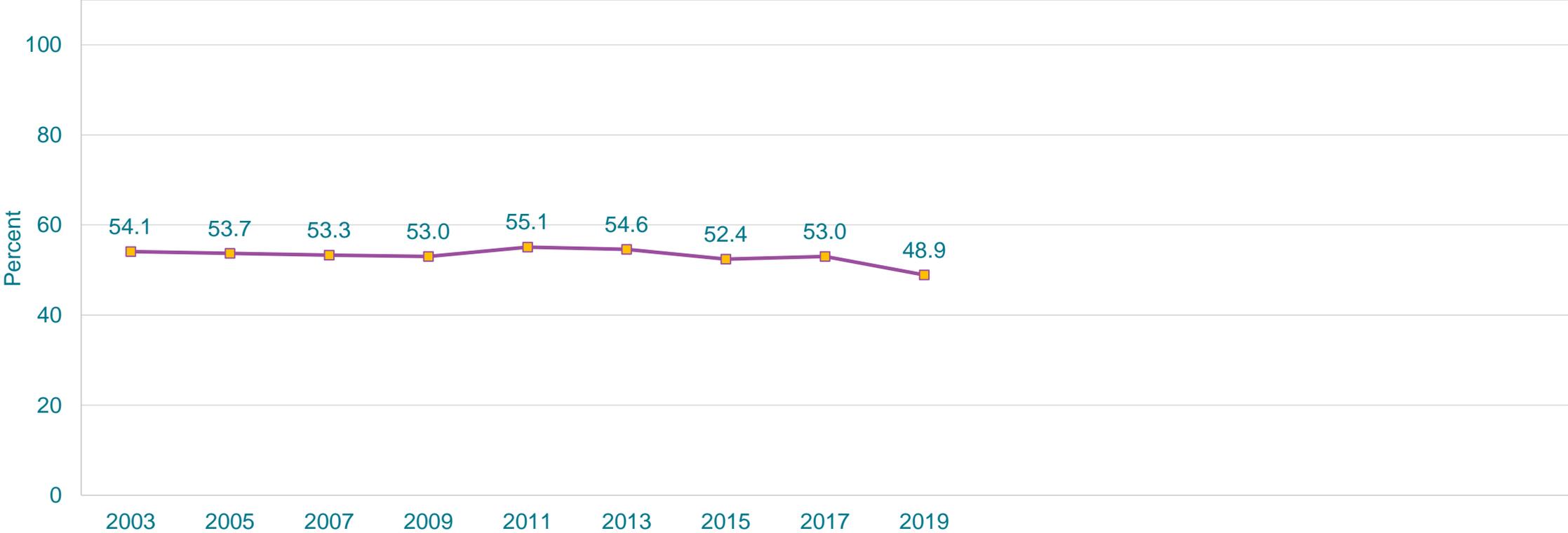
*Such as orange juice, apple juice, or grape juice, during the 7 days before the survey

†9th > 10th, 9th > 12th; H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ate Fruit or Drank 100% Fruit Juices One or More Times Per Day,* 2003-2019†

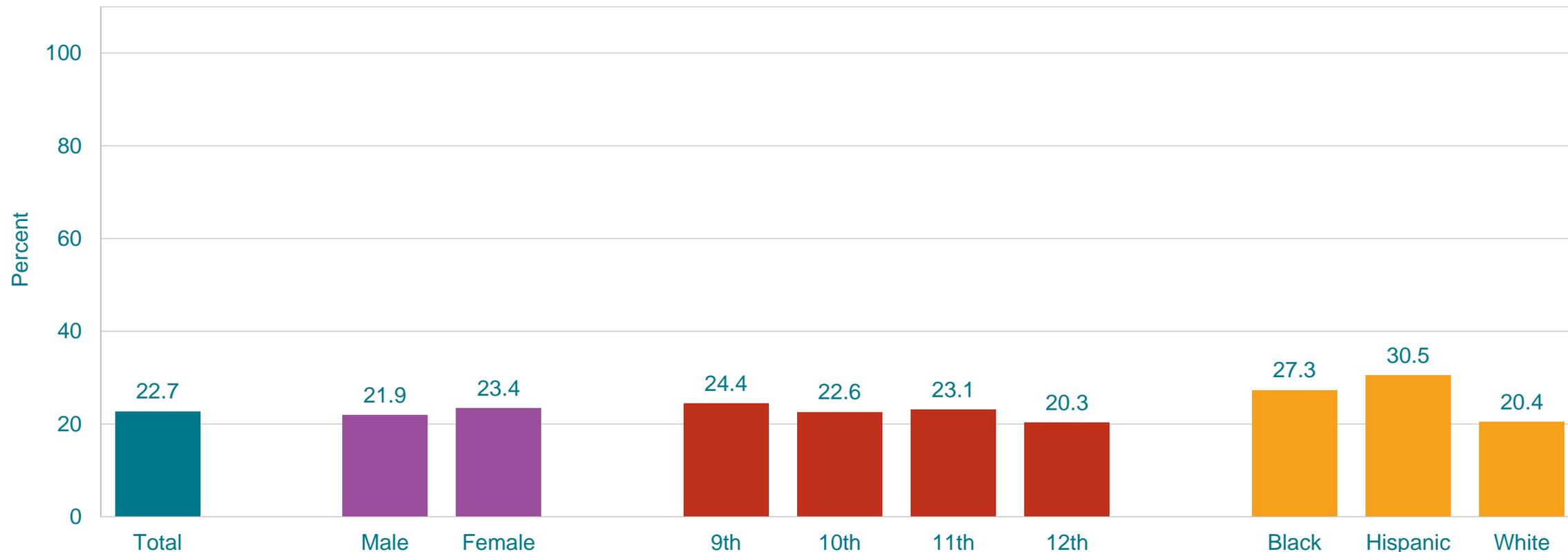


*Such as orange juice, apple juice, or grape juice, during the 7 days before the survey

†Decreased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Ate Fruit or Drank 100% Fruit Juices Two or More Times Per Day,* by Sex, Grade, and Race/Ethnicity,† 2019



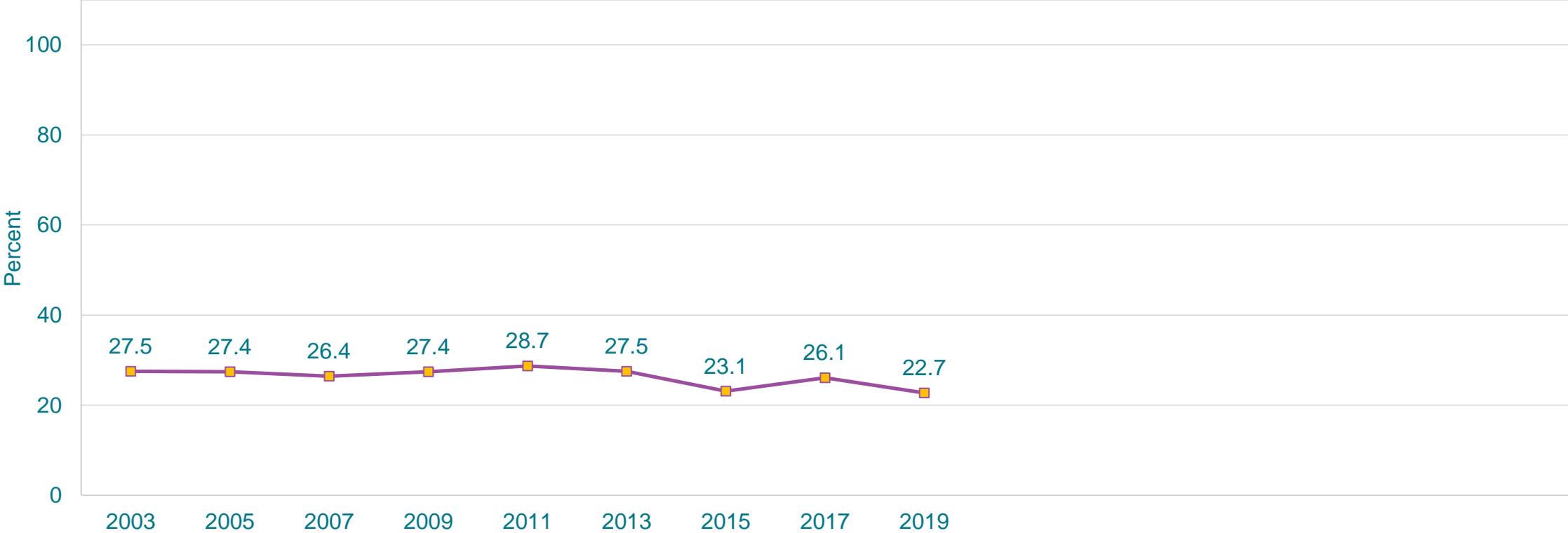
*Such as orange juice, apple juice, or grape juice, during the 7 days before the survey

†B > W, H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ate Fruit or Drank 100% Fruit Juices Two or More Times Per Day,* 2003-2019†

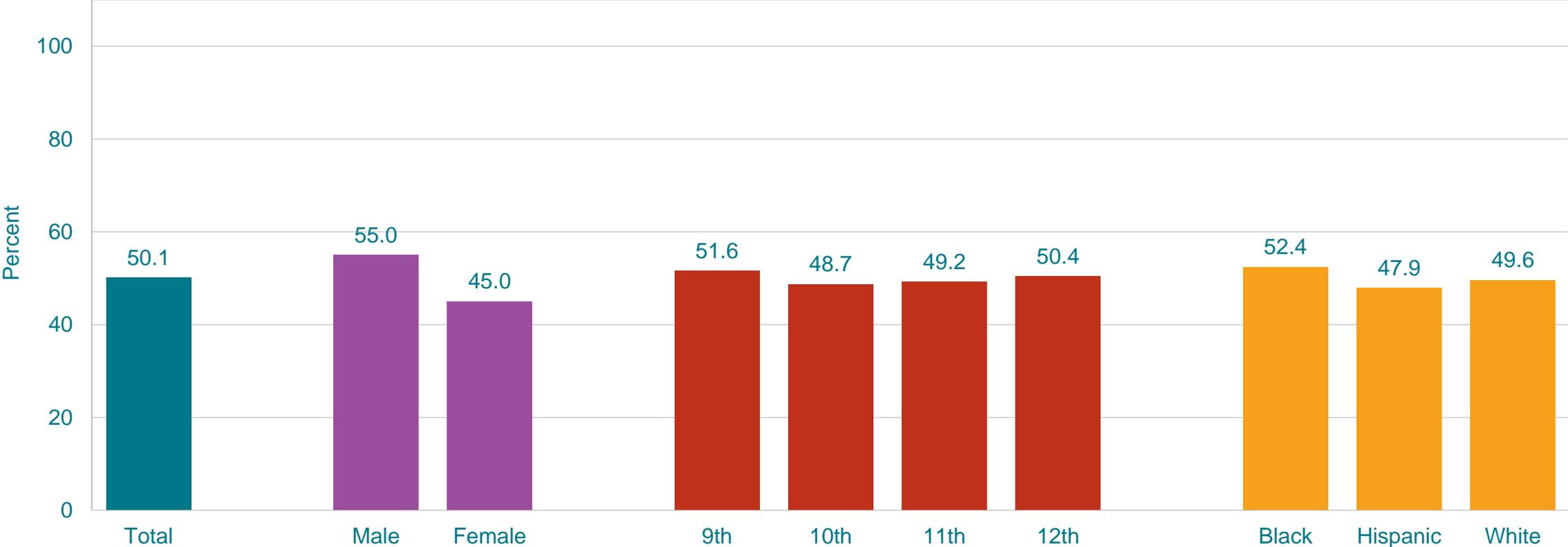


*Such as orange juice, apple juice, or grape juice, during the 7 days before the survey

†Decreased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

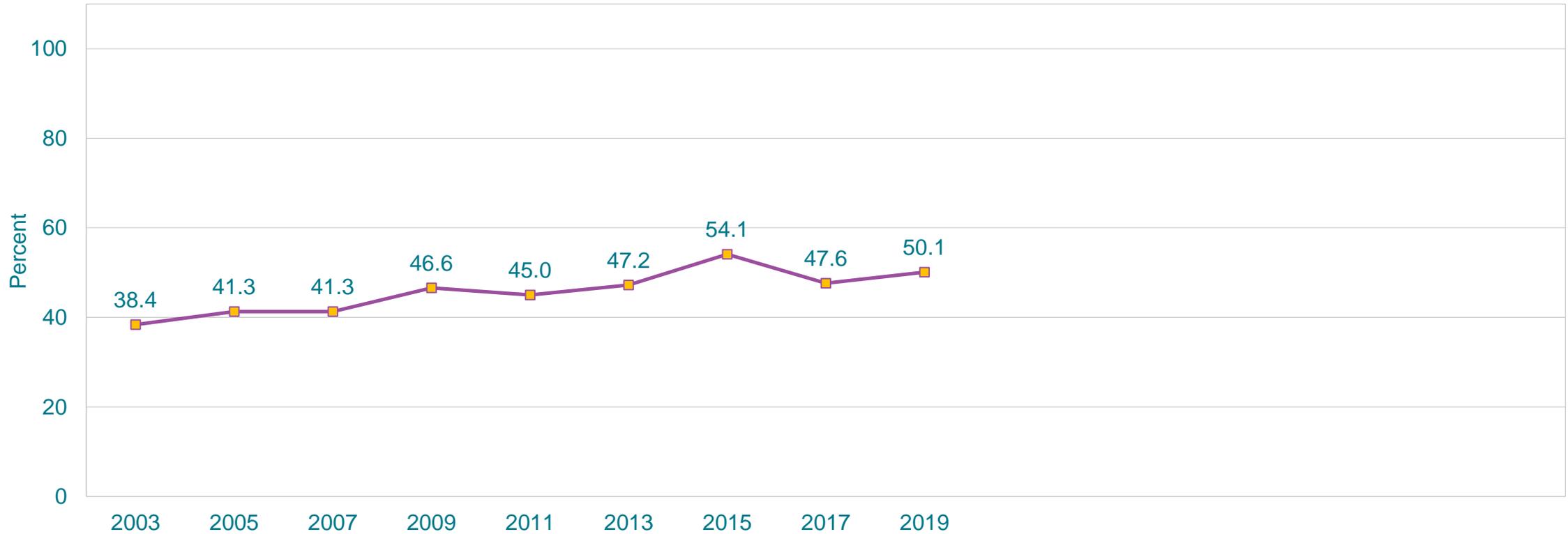
This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Green Salad,* by Sex,† Grade, and Race/Ethnicity, 2019



*One or more times during the 7 days before the survey
 †M > F (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Green Salad,* 2003-2019†

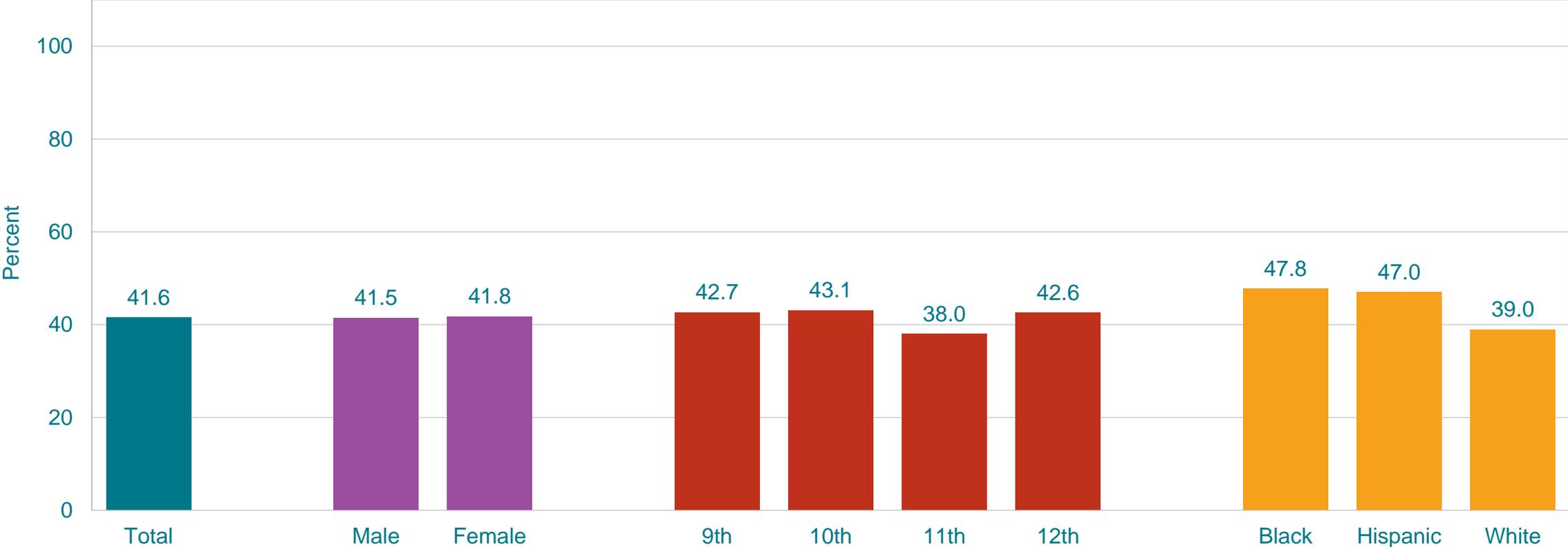


*One or more times during the 7 days before the survey

†Increased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

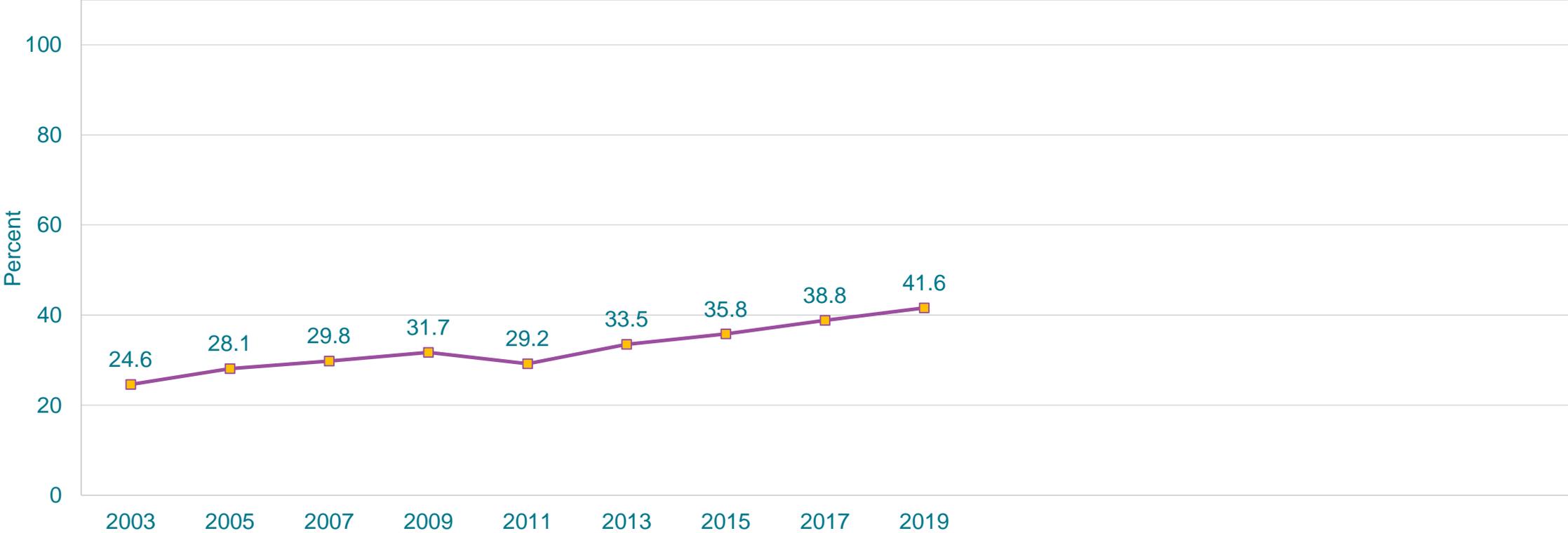
This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Potatoes,* by Sex, Grade, and Race/Ethnicity, 2019



*One or more times during the 7 days before the survey
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Potatoes,* 2003-2019†

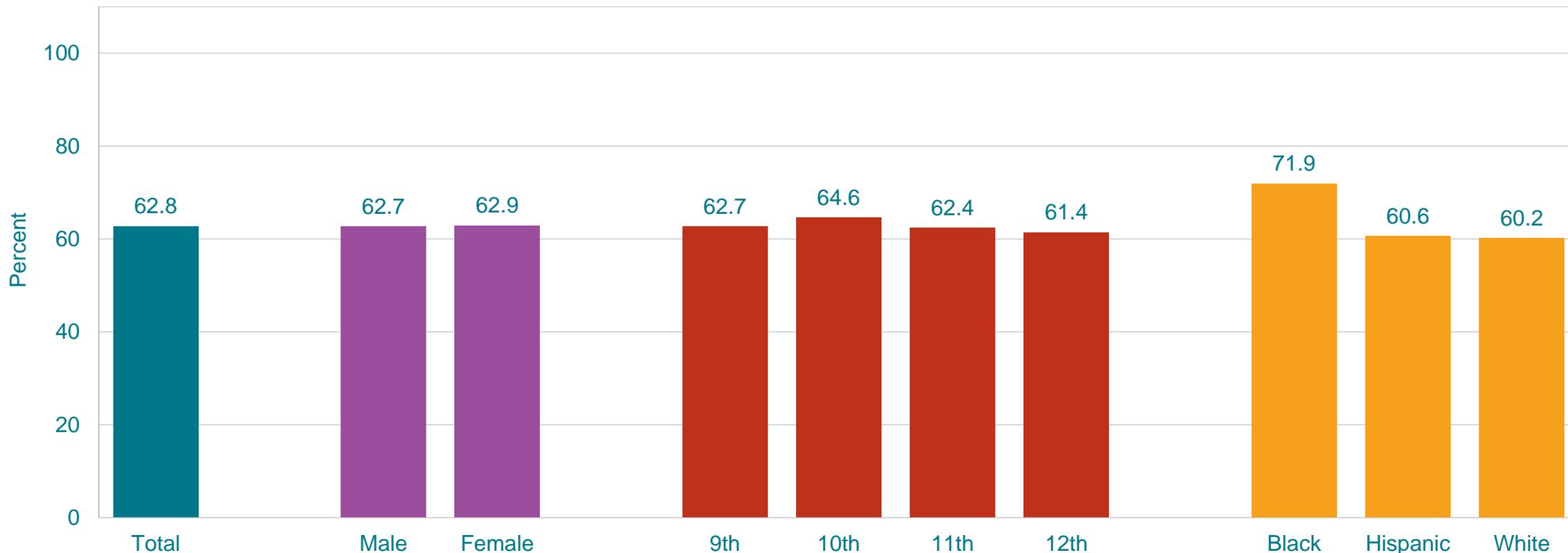


*One or more times during the 7 days before the survey

†Increased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Carrots,* by Sex, Grade, and Race/Ethnicity,† 2019



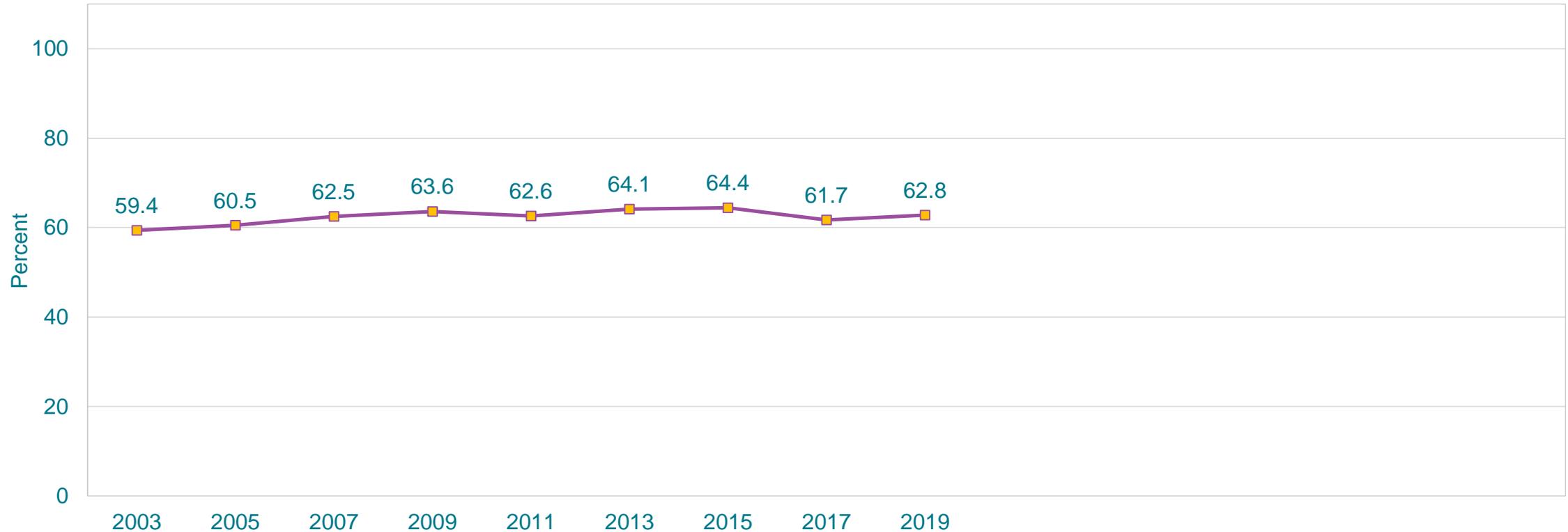
*One or more times during the 7 days before the survey

†B > H, B > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Carrots,* 2003-2019†

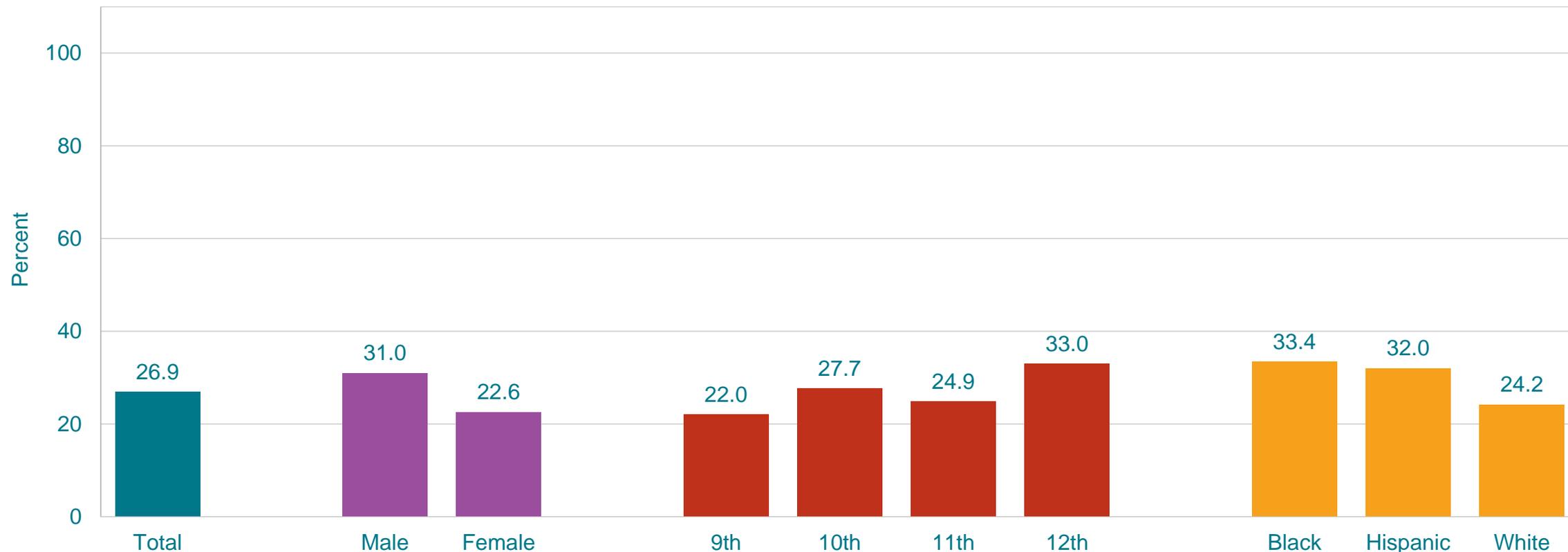


*One or more times during the 7 days before the survey

†Increased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Other Vegetables,* by Sex,† Grade,‡ and Race/Ethnicity,‡ 2019



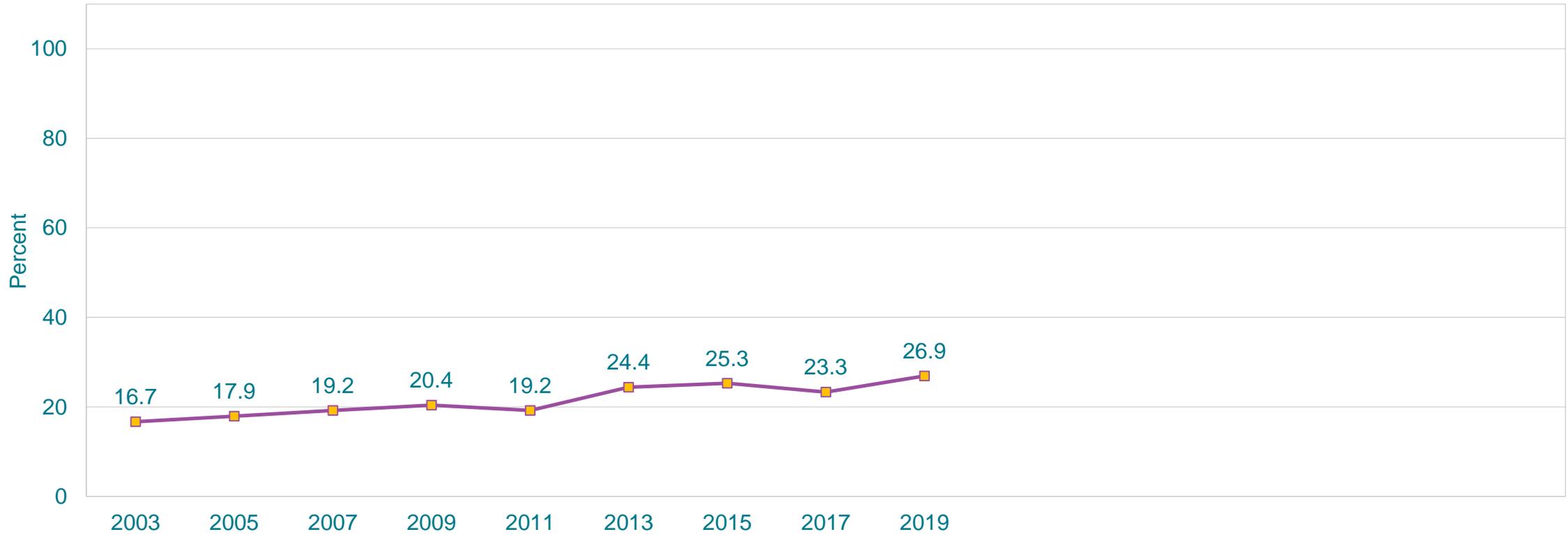
*One or more times during the 7 days before the survey

†M > F; 10th > 9th, 12th > 9th; H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Other Vegetables,* 2003-2019†

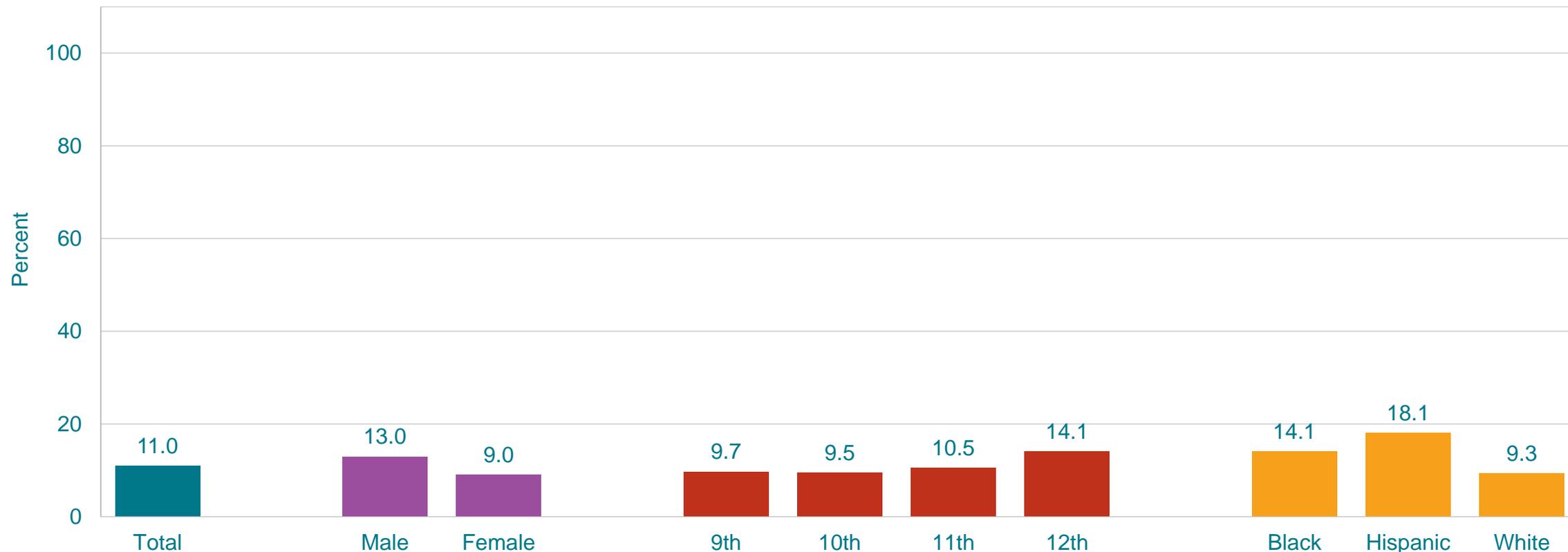


*One or more times during the 7 days before the survey

†Increased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Vegetables,* by Sex,† Grade,† and Race/Ethnicity,† 2019



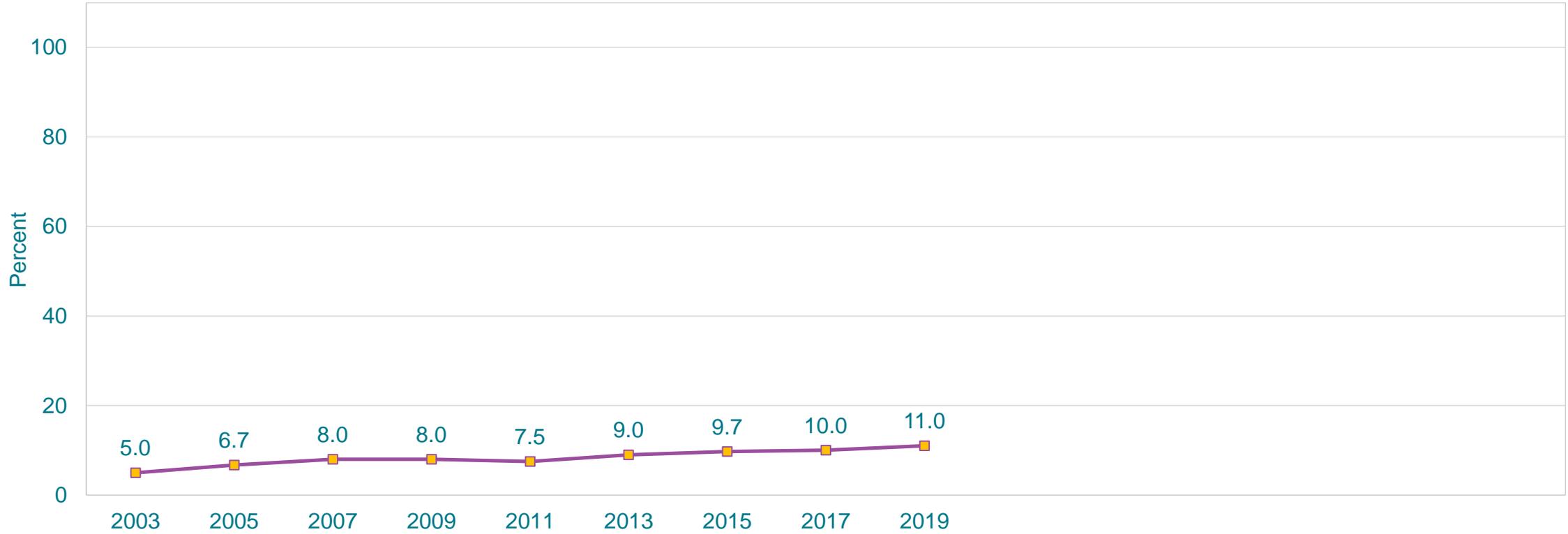
*Green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey

†M > F; 12th > 9th, 12th > 10th; H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Vegetables,* 2003-2019†

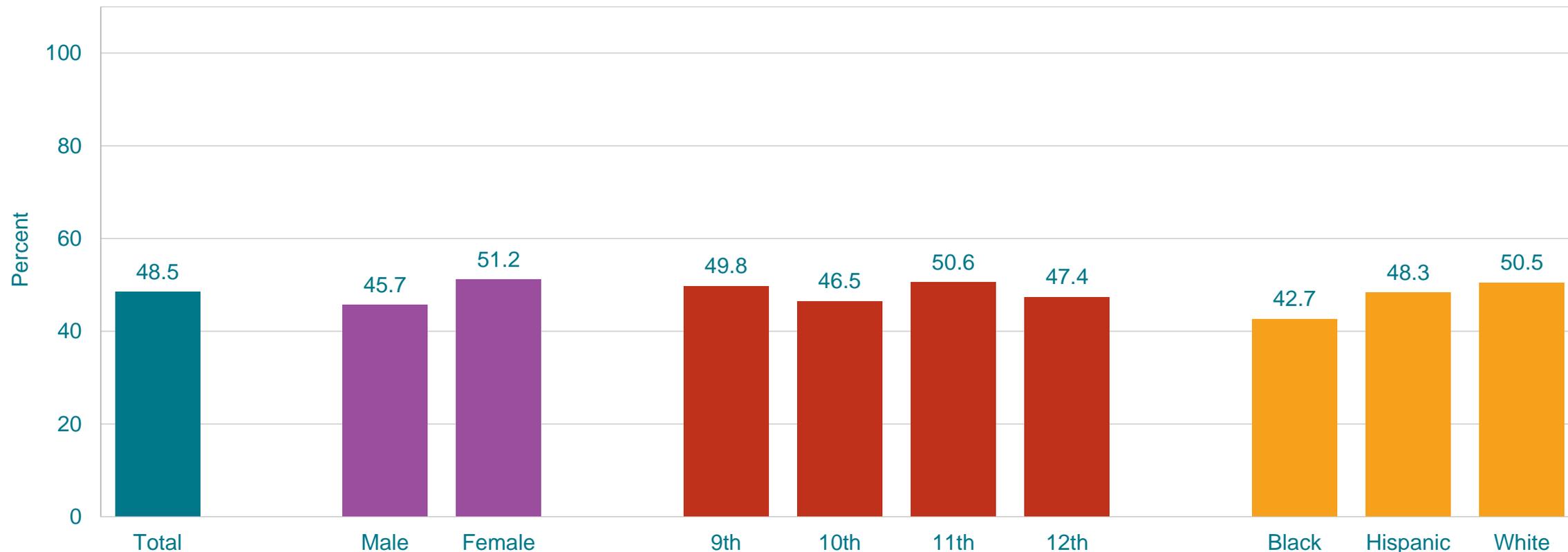


*Green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey

†Increased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Ate Vegetables One or More Times Per Day,* by Sex,[†] Grade, and Race/Ethnicity, 2019



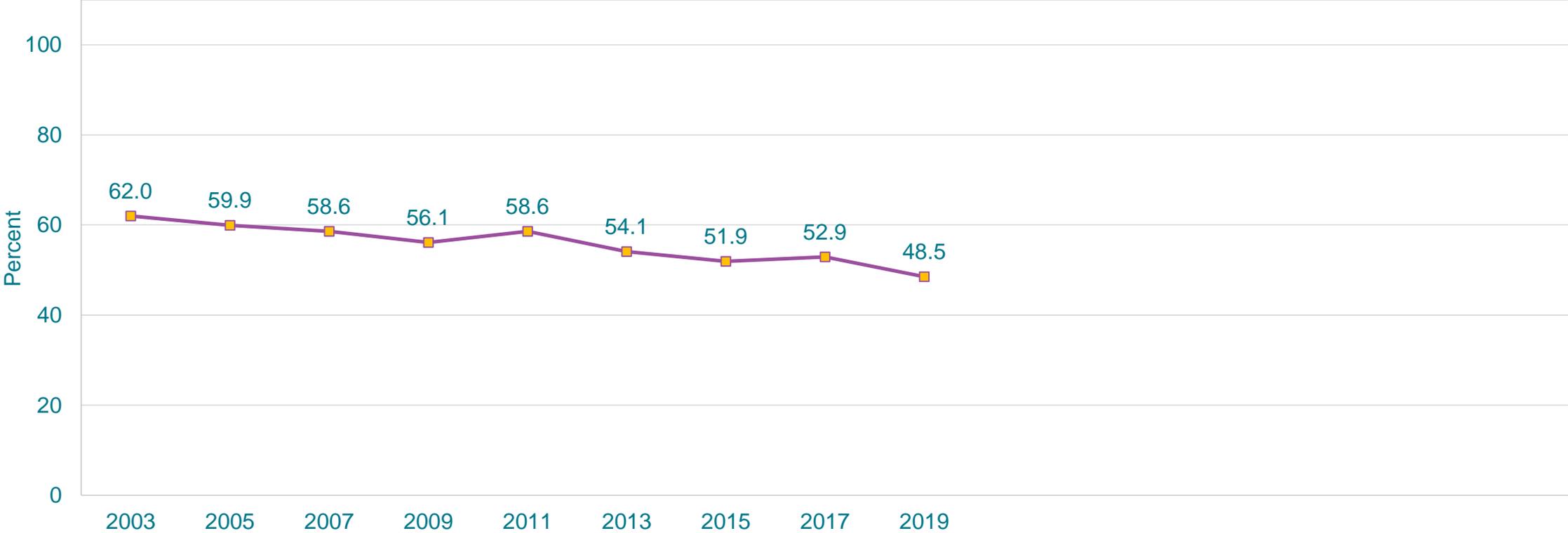
*Green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey

[†]F > M (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ate Vegetables One or More Times Per Day,* 2003-2019†

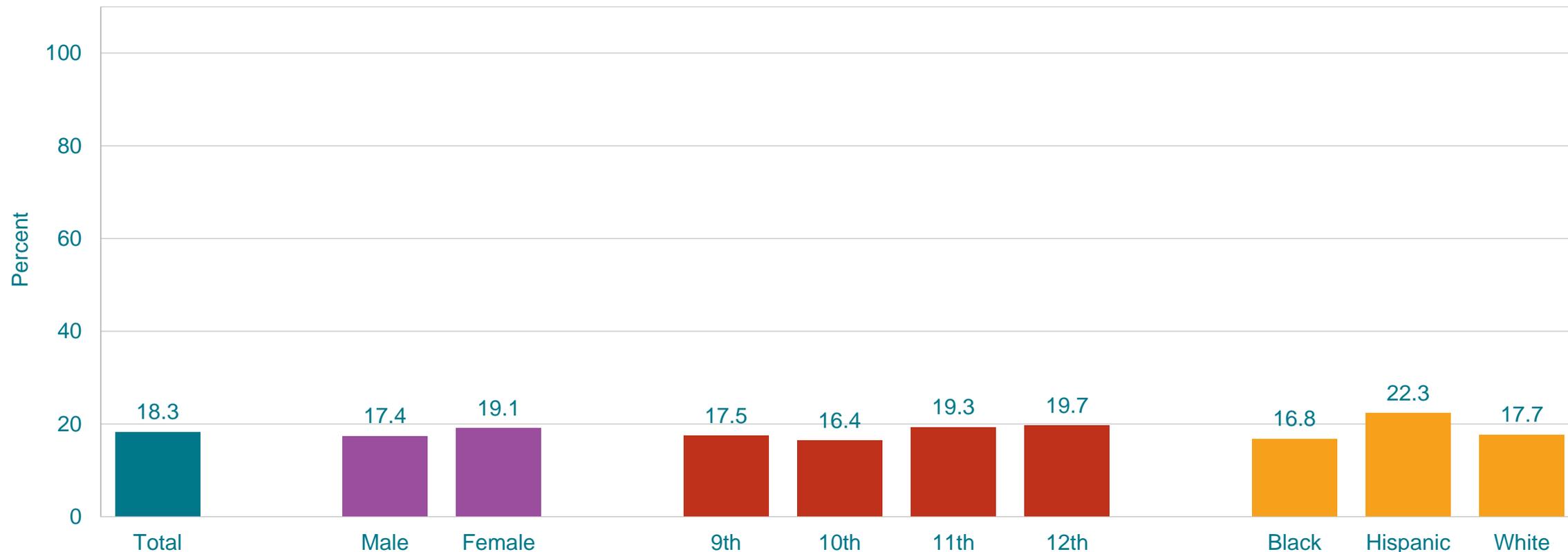


*Green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey

†Decreased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

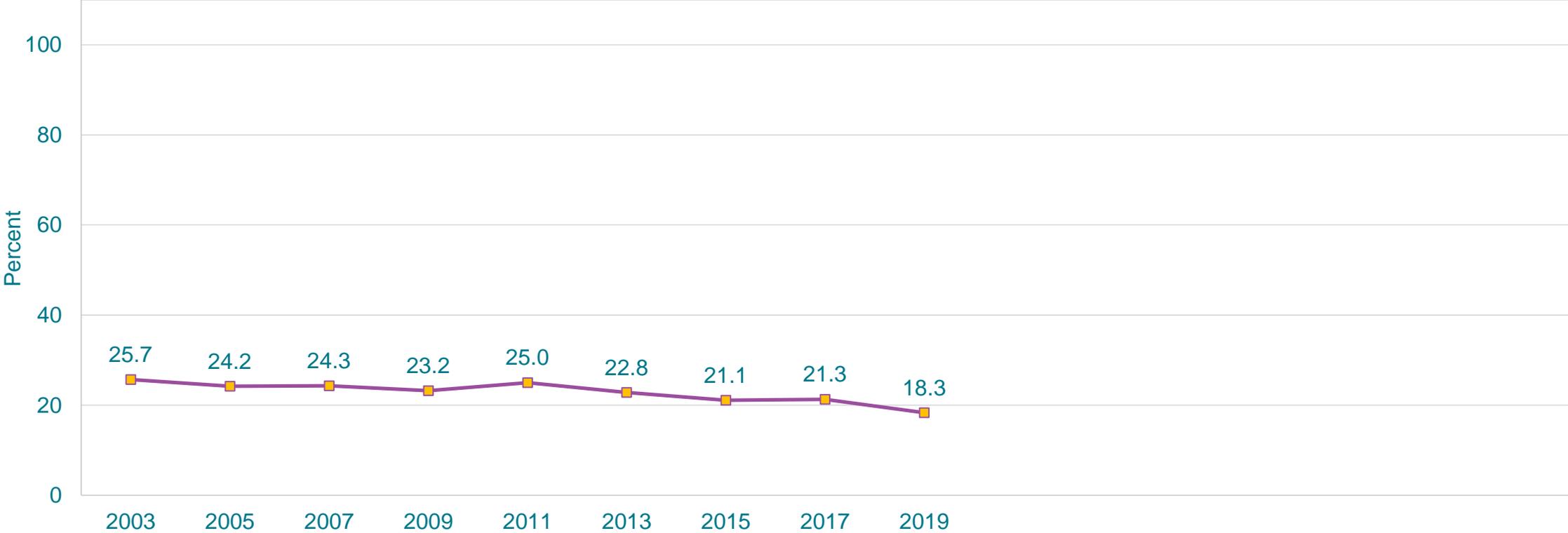
This graph contains weighted results.

Percentage of High School Students Who Ate Vegetables Two or More Times Per Day,* by Sex, Grade, and Race/Ethnicity, 2019



*Green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
This graph contains weighted results.

Percentage of High School Students Who Ate Vegetables Two or More Times Per Day,* 2003-2019†

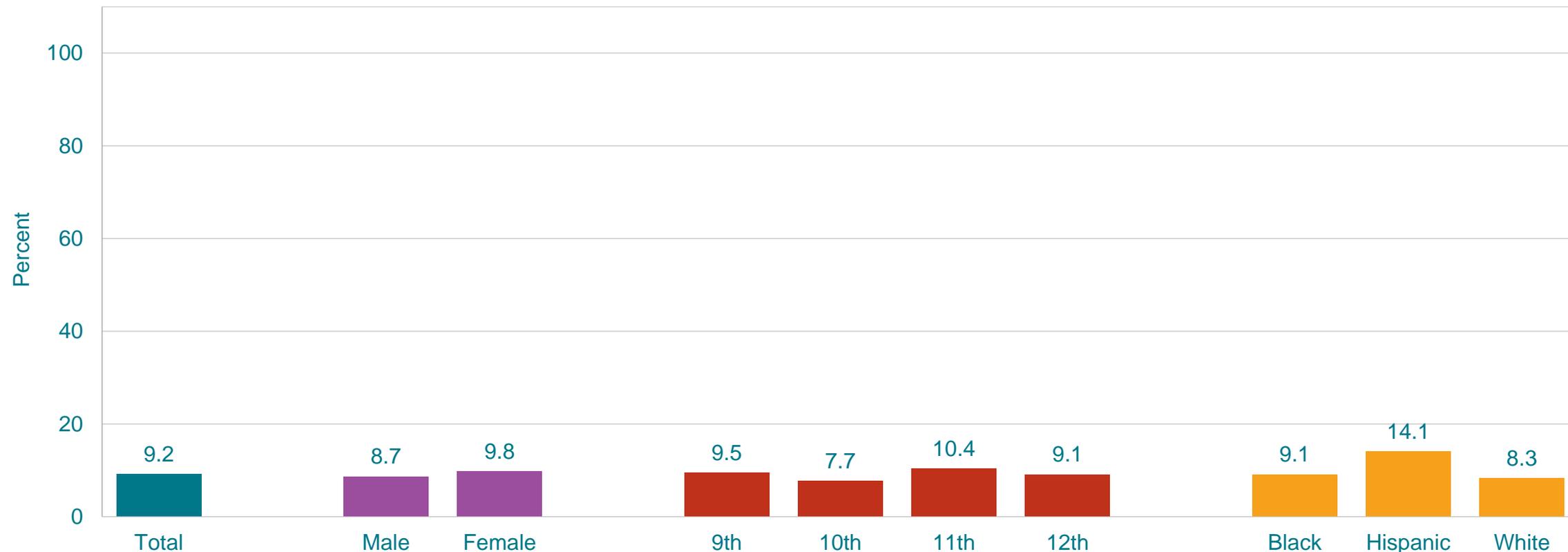


*Green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey

†Decreased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Ate Vegetables Three or More Times Per Day,* by Sex, Grade, and Race/Ethnicity,† 2019



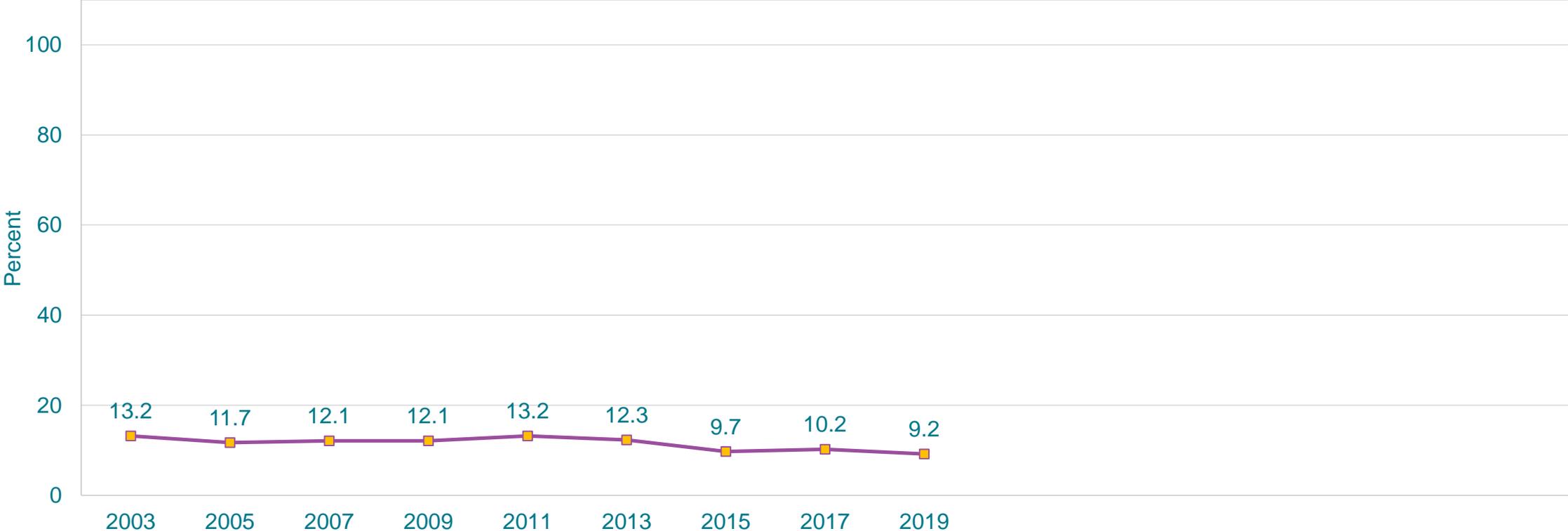
*Green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey

†H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

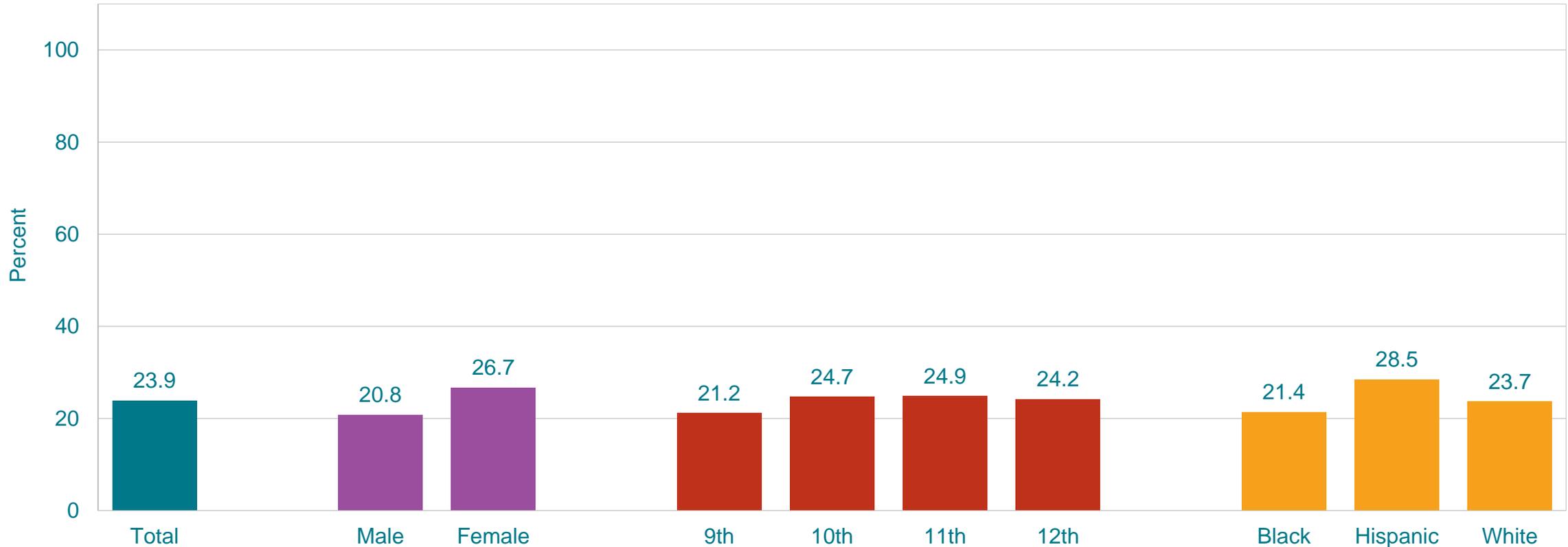
This graph contains weighted results.

Percentage of High School Students Who Ate Vegetables Three or More Times Per Day,* 2003-2019†



*Green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey
†Decreased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]
This graph contains weighted results.

Percentage of High School Students Who Did Not Drink a Can, Bottle, or Glass of Soda or Pop,* by Sex,[†] Grade, and Race/Ethnicity, 2019



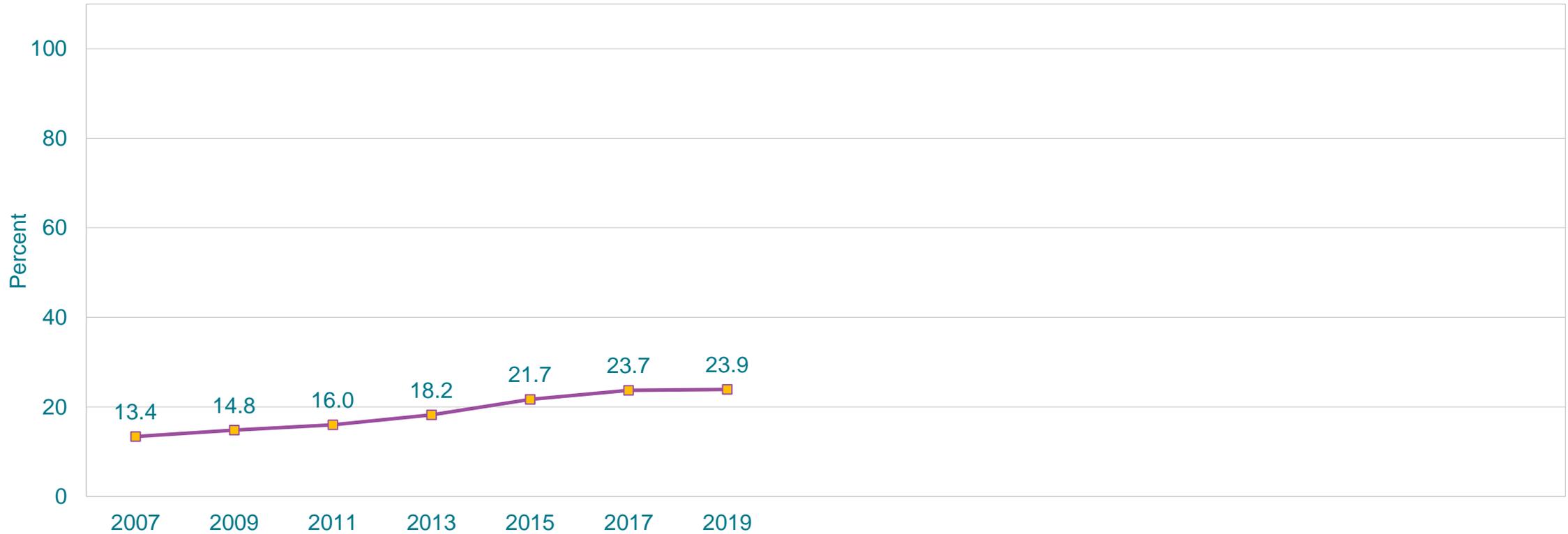
*Such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey

[†]F > M (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Did Not Drink a Can, Bottle, or Glass of Soda or Pop,* 2007-2019†

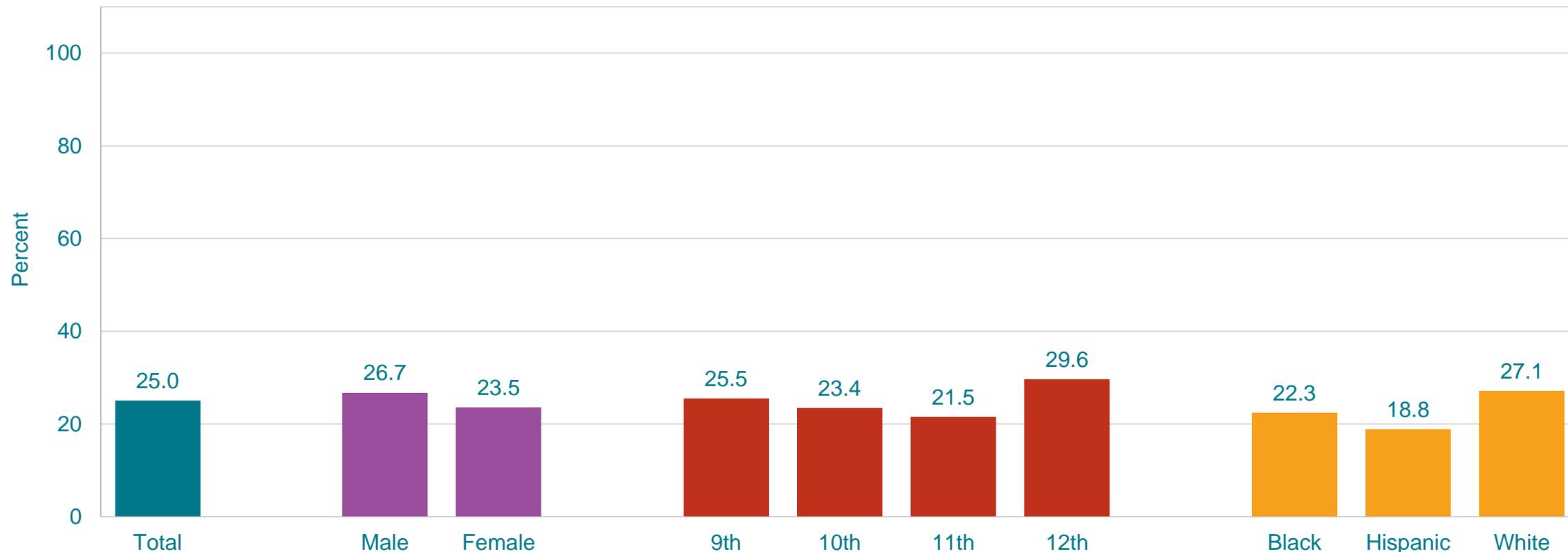


*Such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey

†Increased 2007-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Drank a Can, Bottle, or Glass of Soda or Pop One or More Times Per Day,* by Sex, Grade, and Race/Ethnicity,† 2019



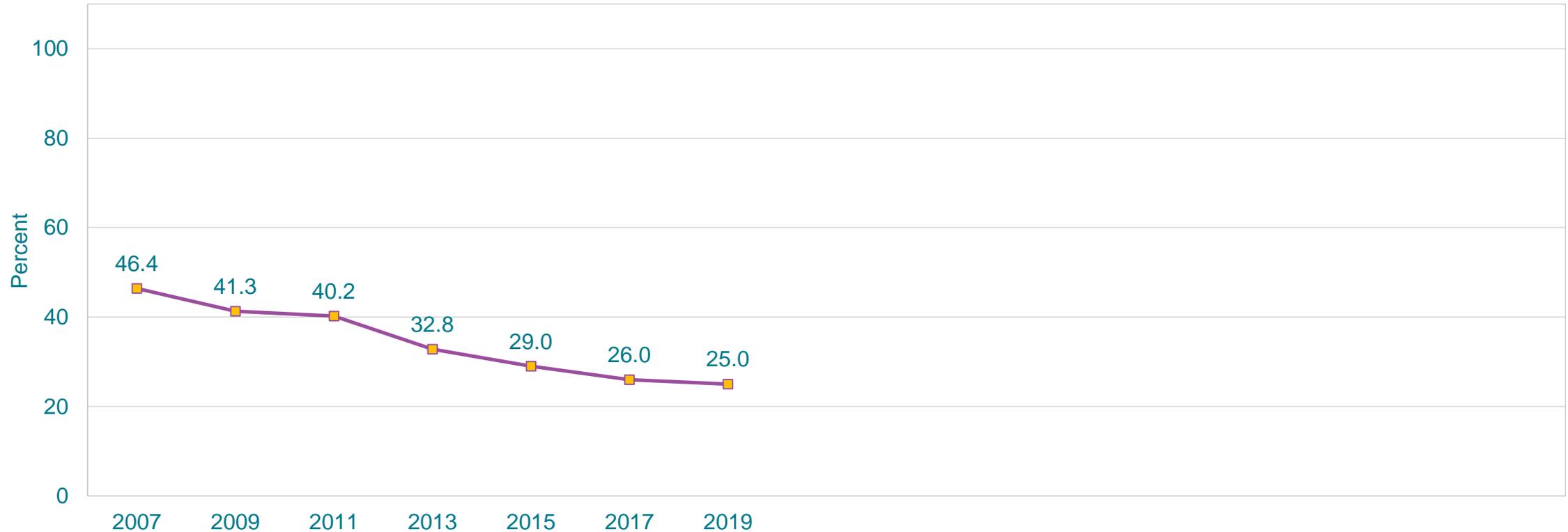
*Such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey

†W > H (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Drank a Can, Bottle, or Glass of Soda or Pop One or More Times Per Day,* 2007-2019†

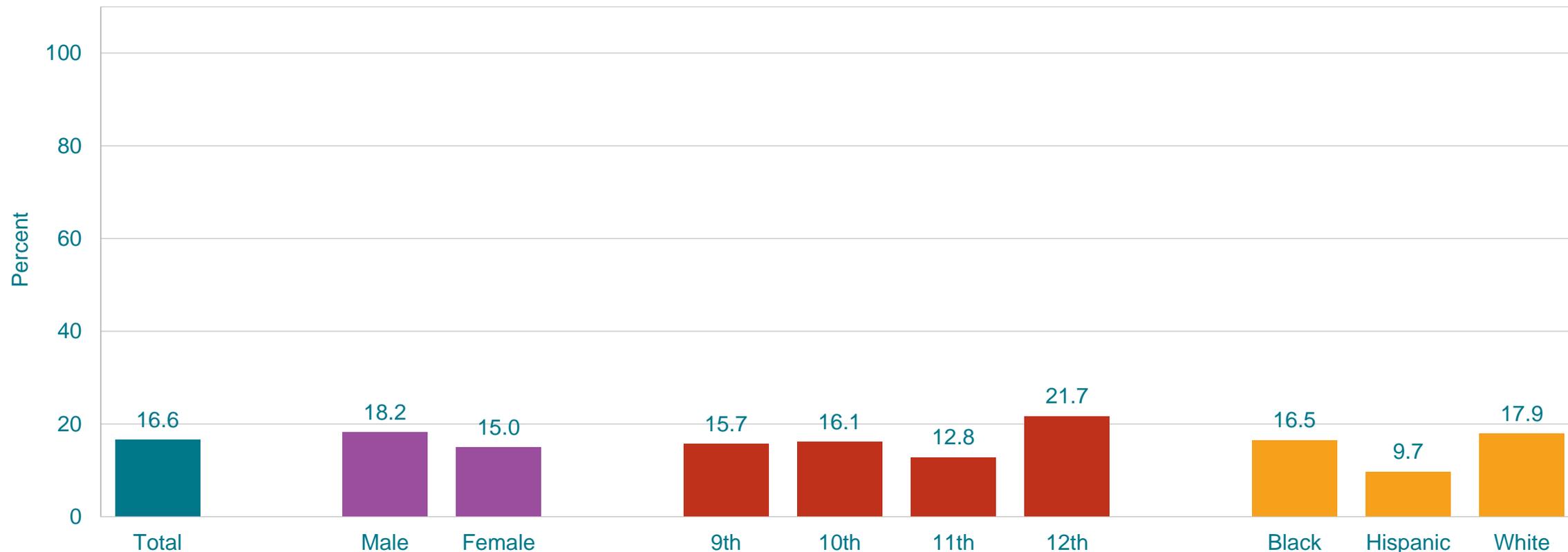


*Such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey

†Decreased 2007-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Drank a Can, Bottle, or Glass of Soda or Pop Two or More Times Per Day,* by Sex, Grade,† and Race/Ethnicity,† 2019



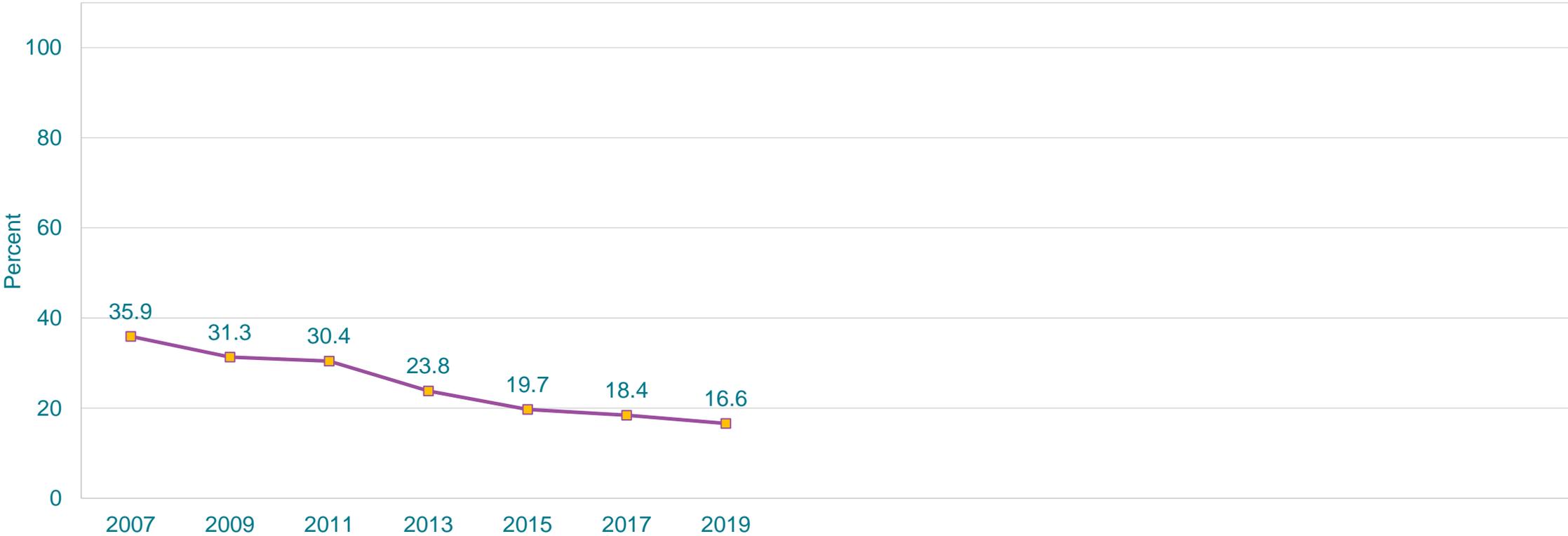
*Such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey

†12th > 11th; W > H (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Drank a Can, Bottle, or Glass of Soda or Pop Two or More Times Per Day,* 2007-2019†

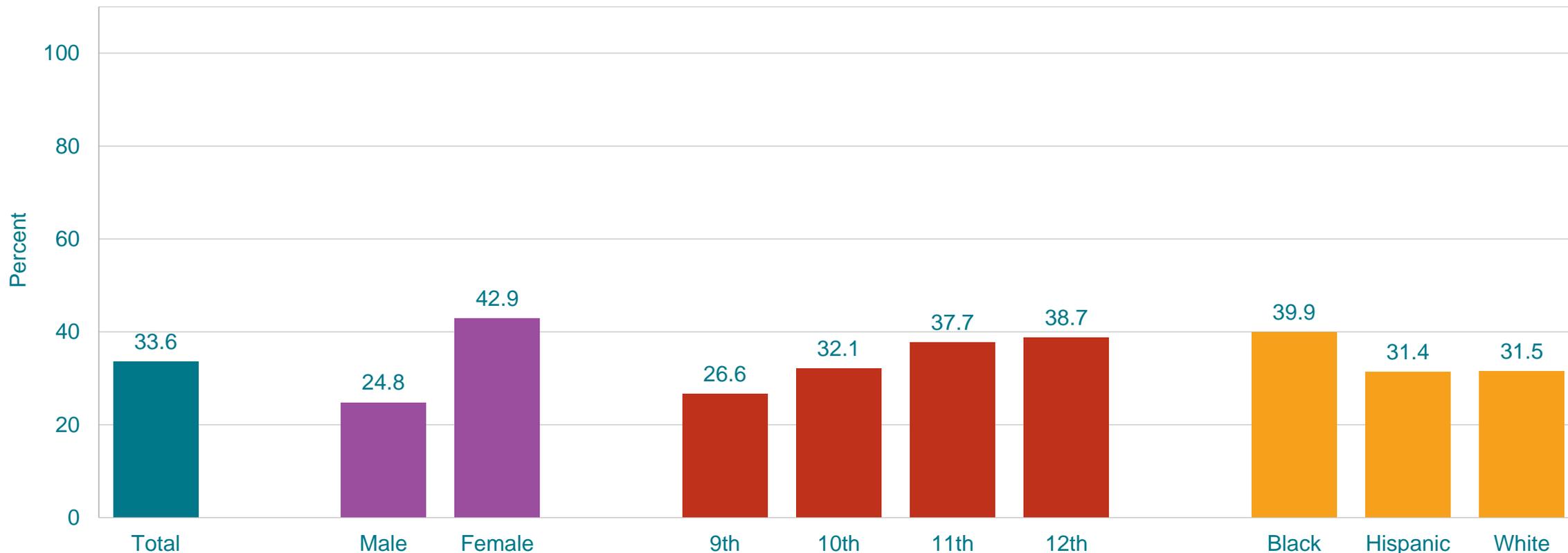


*Such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey

†Decreased 2007-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Did Not Drink Milk,* by Sex,† Grade,† and Race/Ethnicity,† 2019



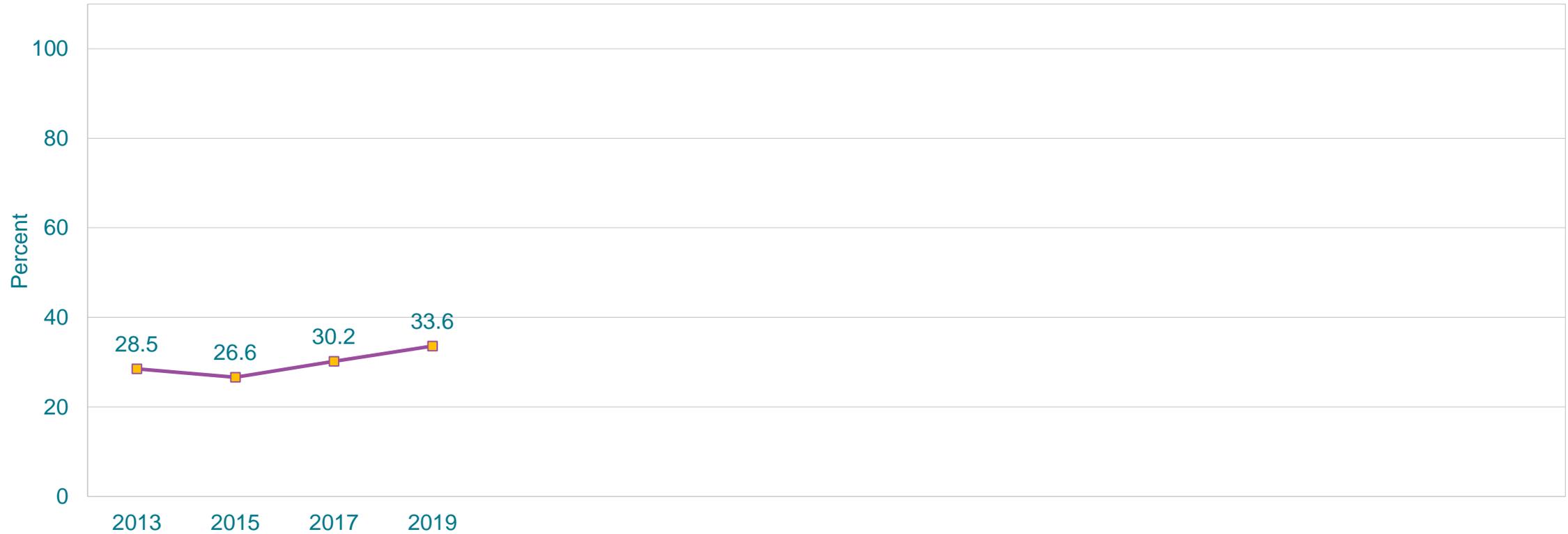
*During the 7 days before the survey

†F > M; 10th > 9th, 11th > 9th, 11th > 10th, 12th > 9th, 12th > 10th; B > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Did Not Drink Milk,* 2013-2019†

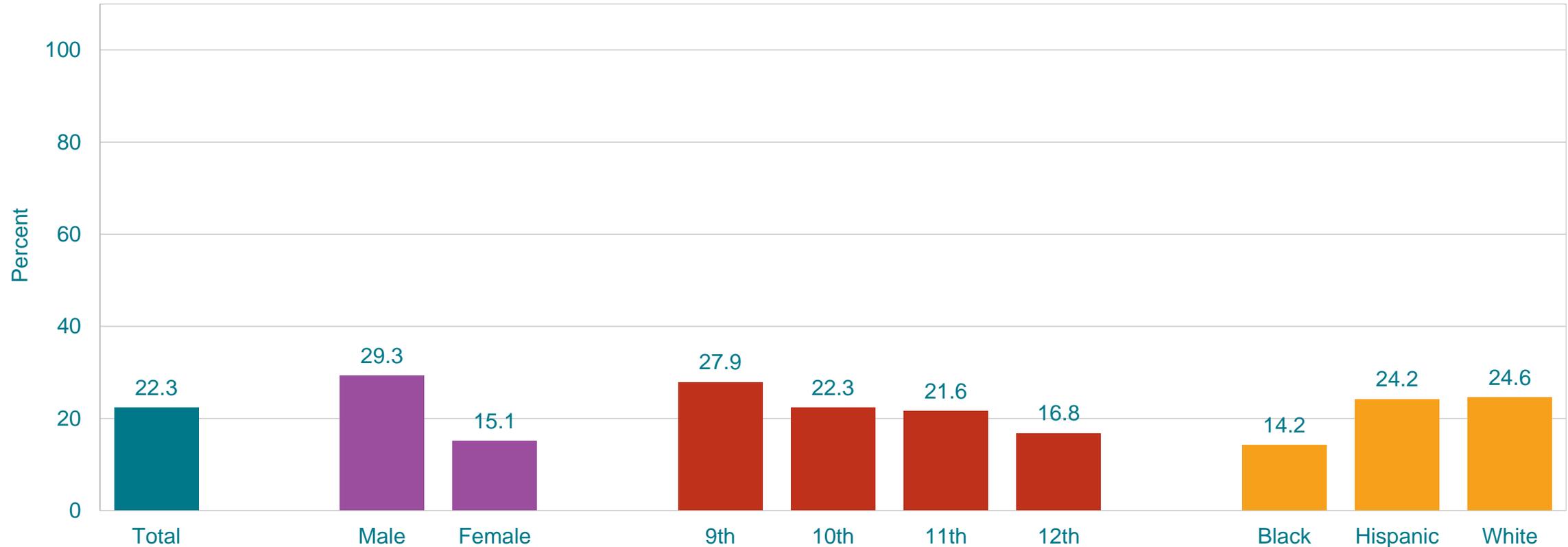


*During the 7 days before the survey

†Increased 2013-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Drank One or More Glasses Per Day of Milk,* by Sex,† Grade,† and Race/Ethnicity,† 2019



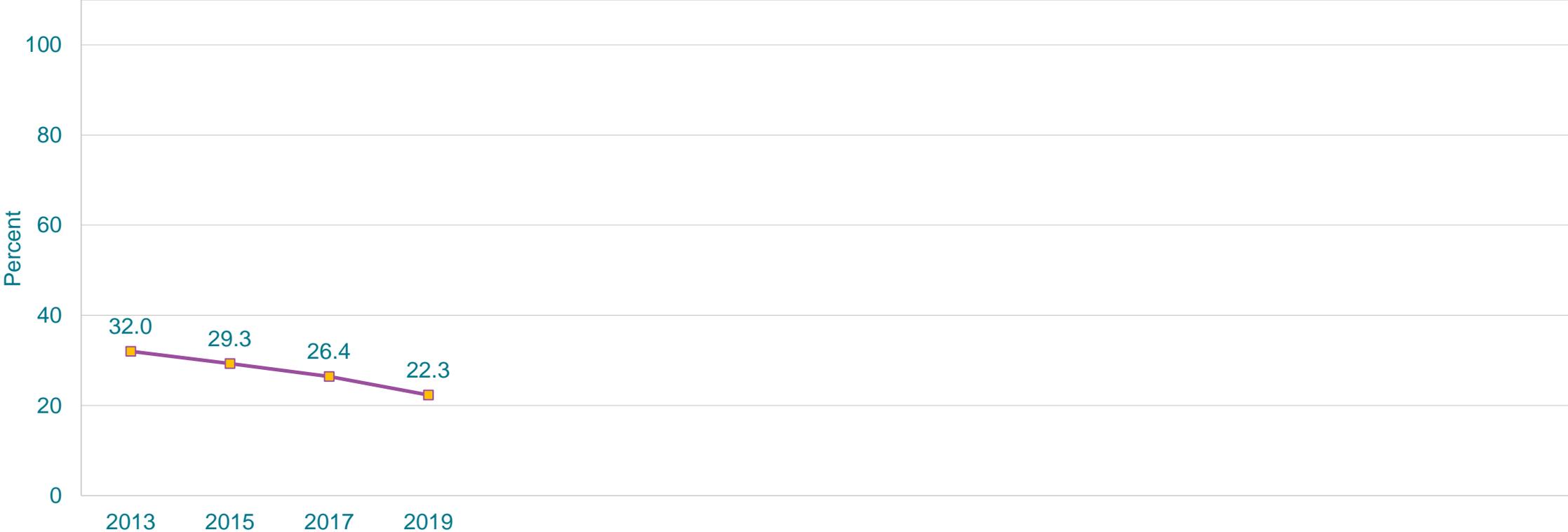
*Counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey

†M > F; 9th > 10th, 9th > 11th, 9th > 12th, 10th > 12th, 11th > 12th; H > B, W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Drank One or More Glasses Per Day of Milk,* 2013-2019†

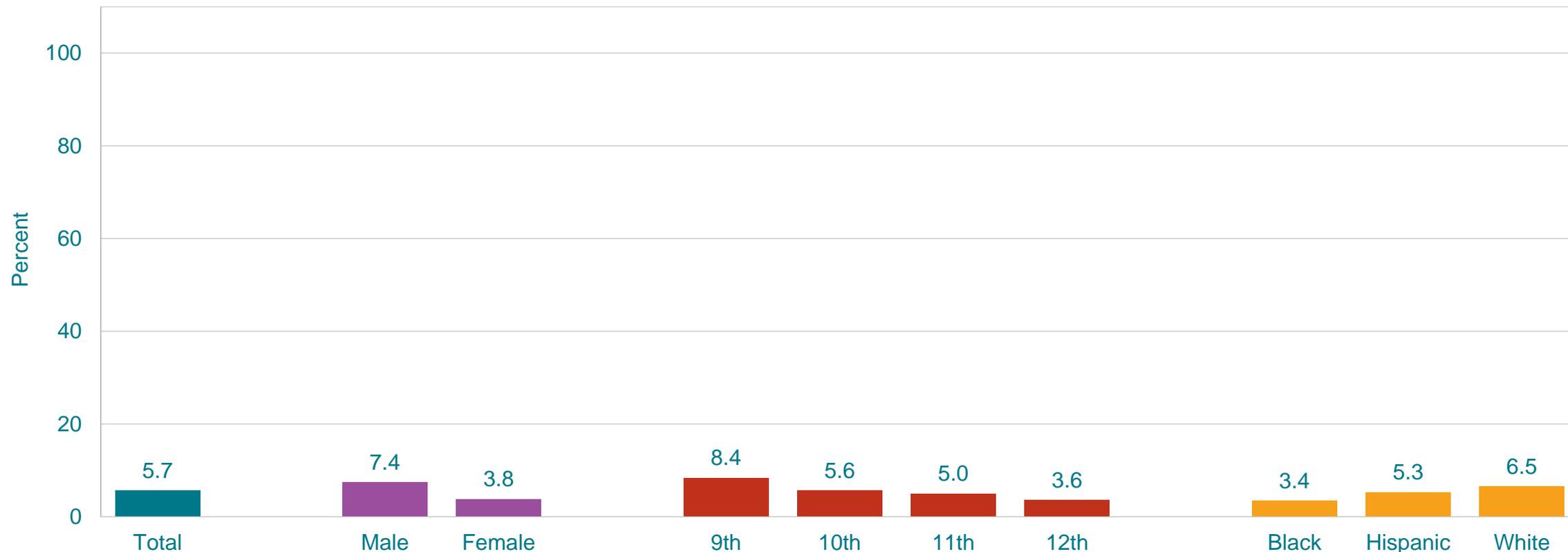


*Counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey

†Decreased 2013-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Drank Three or More Glasses Per Day of Milk,* by Sex,[†] Grade,[†] and Race/Ethnicity,[†] 2019



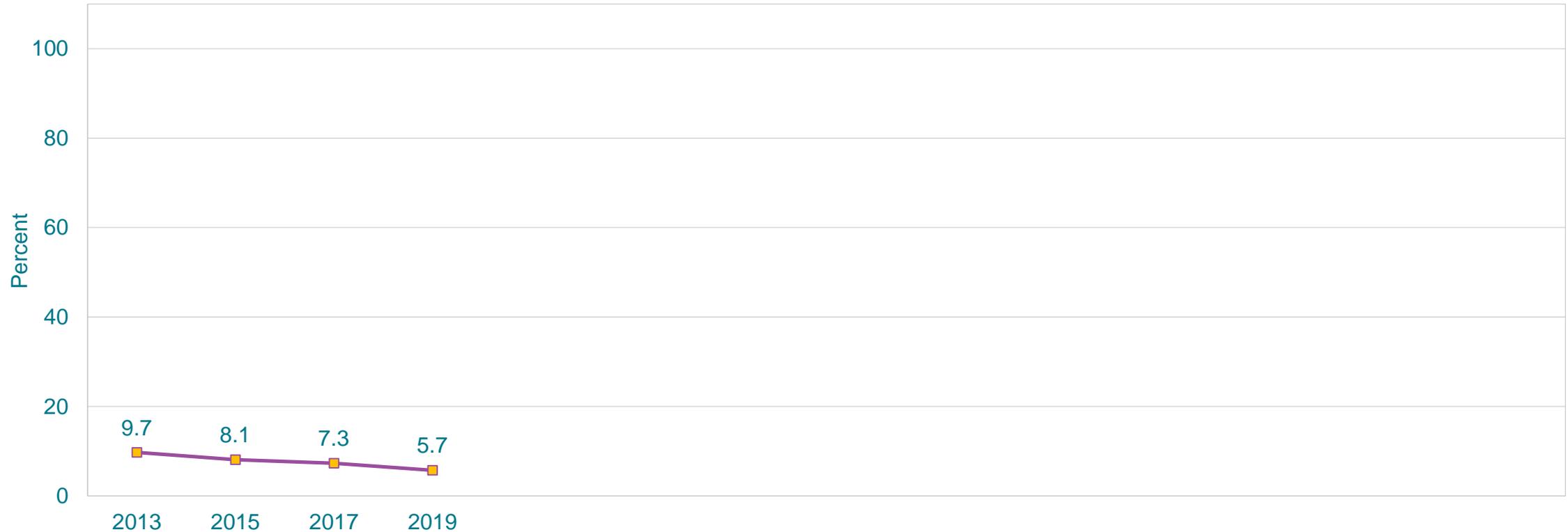
*Counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey

[†]M > F; 9th > 12th; W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Drank Three or More Glasses Per Day of Milk,* 2013-2019†

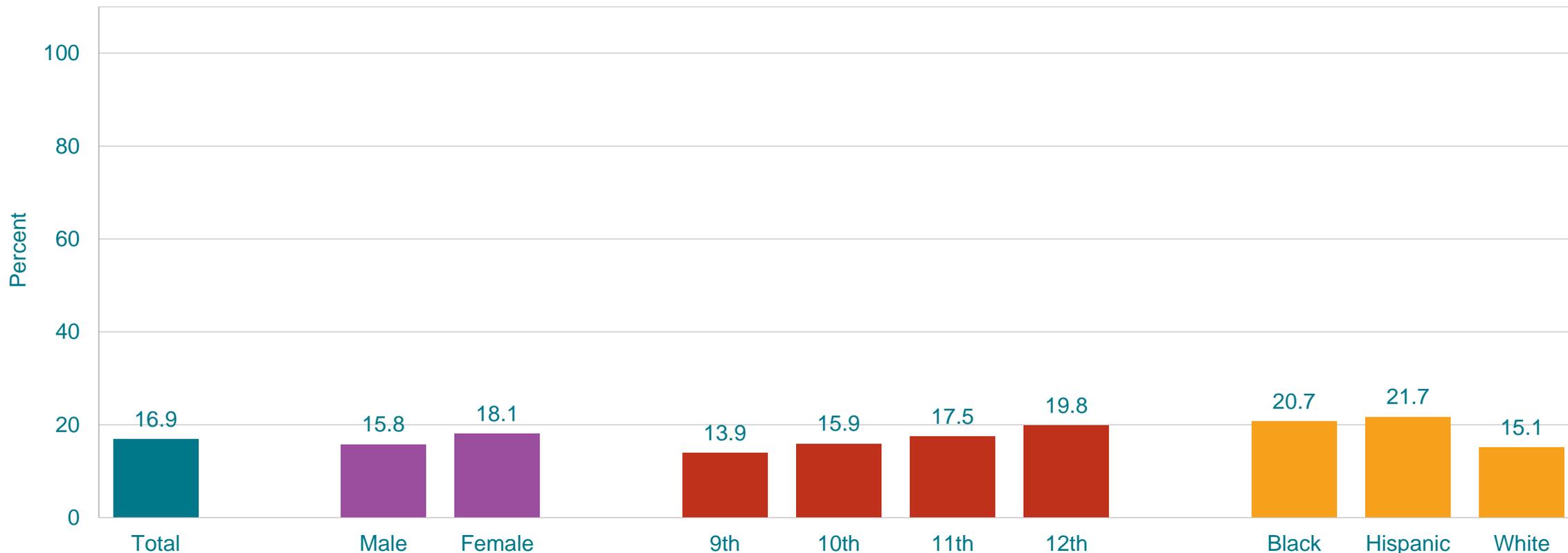


*Counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey

†Decreased 2013-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Breakfast,* by Sex, Grade,† and Race/Ethnicity,† 2019



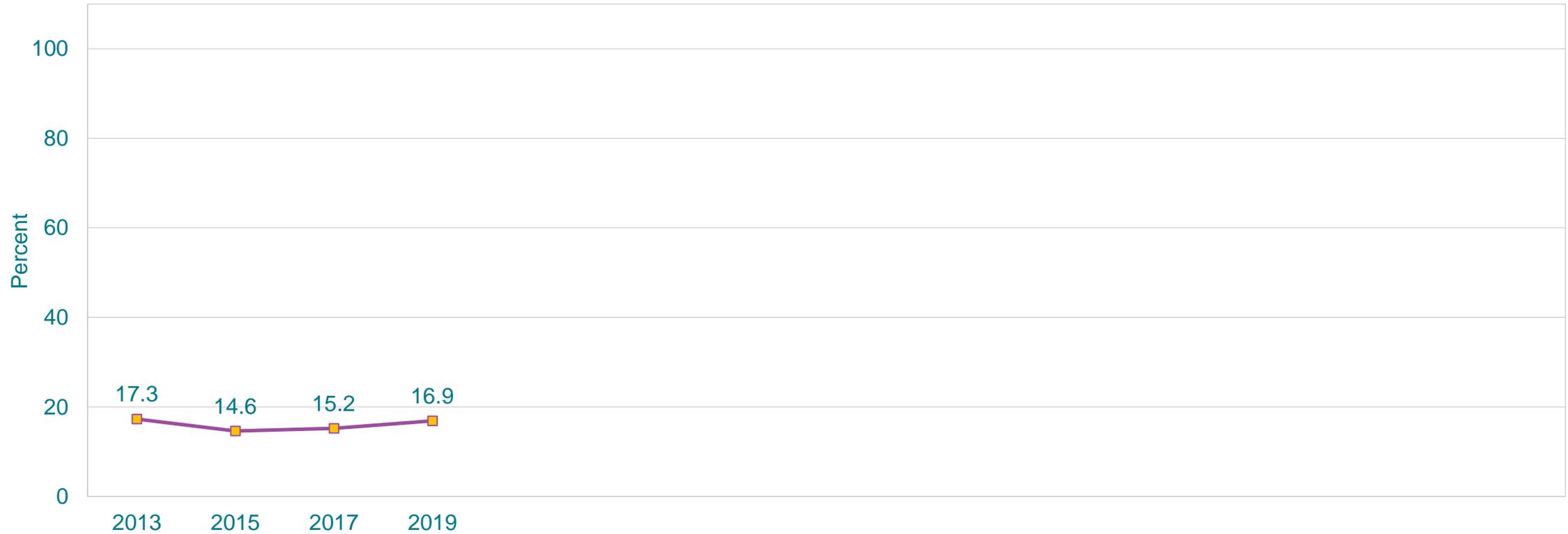
*During the 7 days before the survey

†12th > 9th; B > W, H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Did Not Eat Breakfast,* 2013-2019†

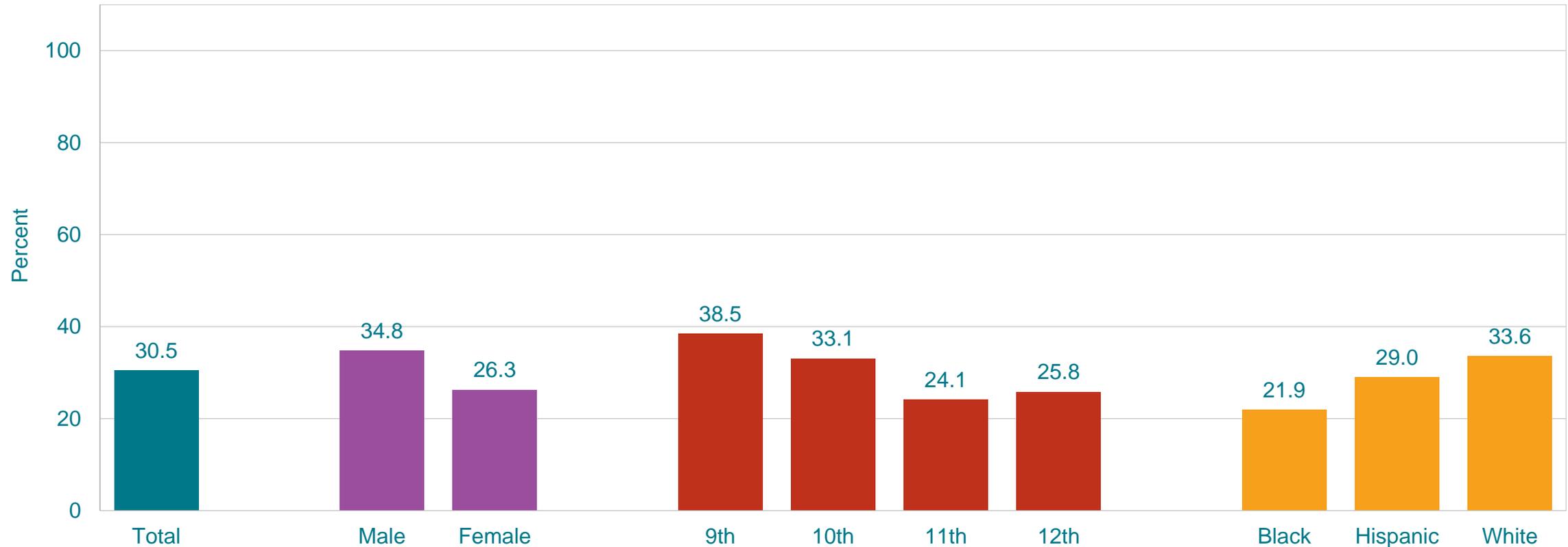


*During the 7 days before the survey

†No change 2013-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Ate Breakfast on All 7 Days,* by Sex,† Grade,† and Race/Ethnicity,† 2019



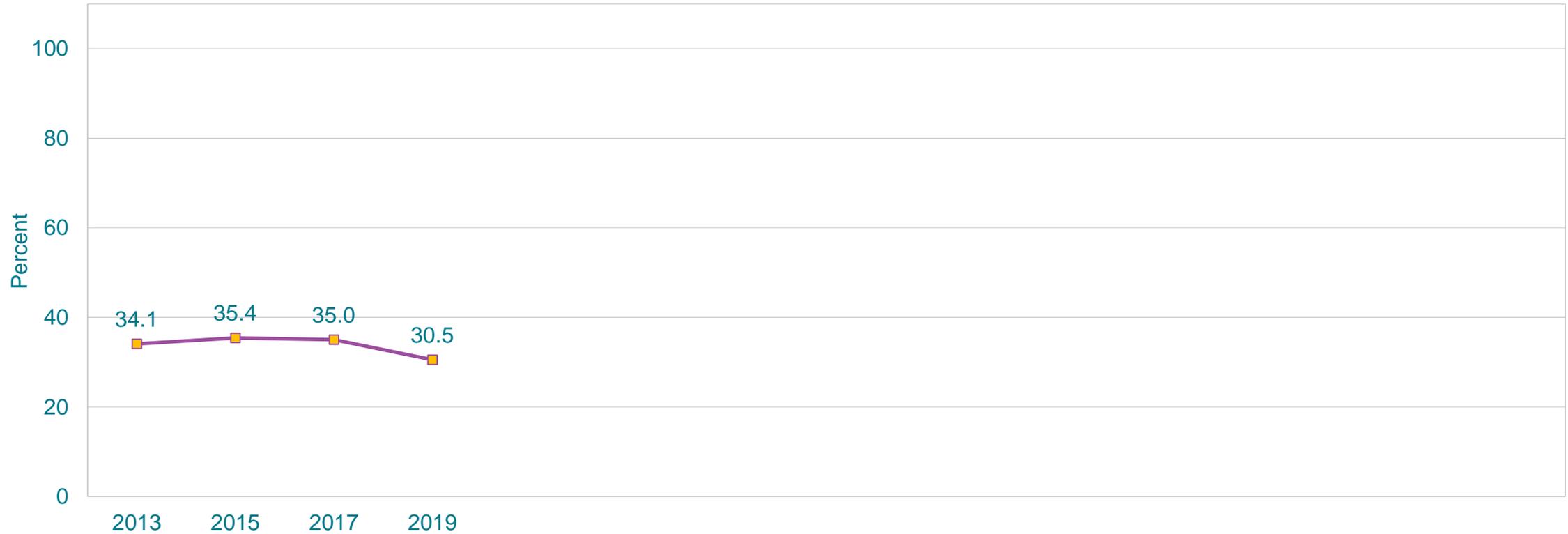
*During the 7 days before the survey

†M > F; 9th > 11th, 9th > 12th, 10th > 11th, 10th > 12th; H > B, W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ate Breakfast on All 7 Days,* 2013-2019†

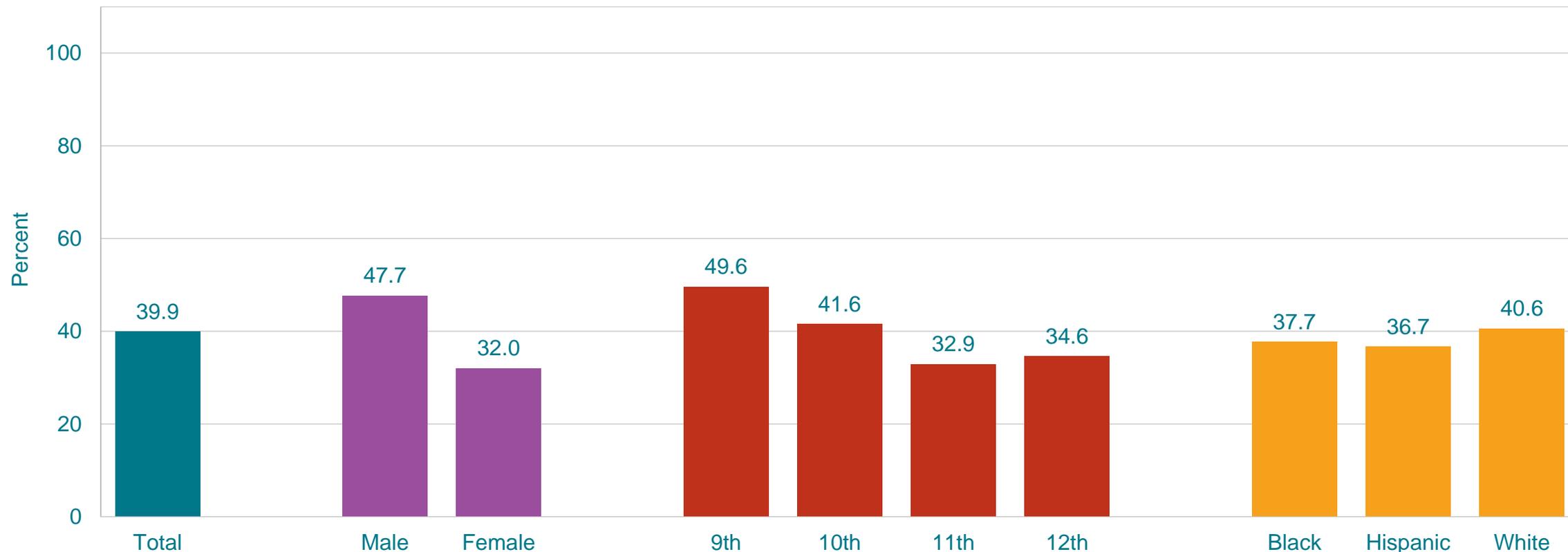


*During the 7 days before the survey

†Decreased 2013-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on 5 or More Days,* by Sex,† Grade,† and Race/Ethnicity, 2019



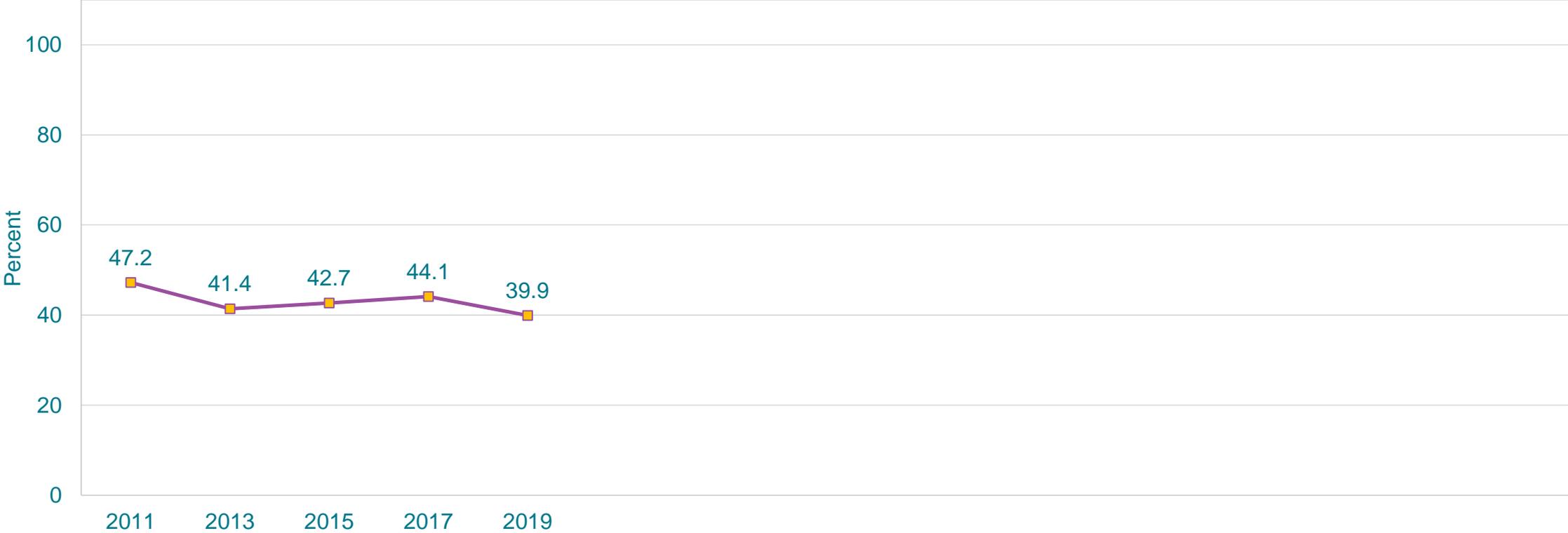
*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

†M > F; 9th > 10th, 9th > 11th, 9th > 12th, 10th > 11th, 10th > 12th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

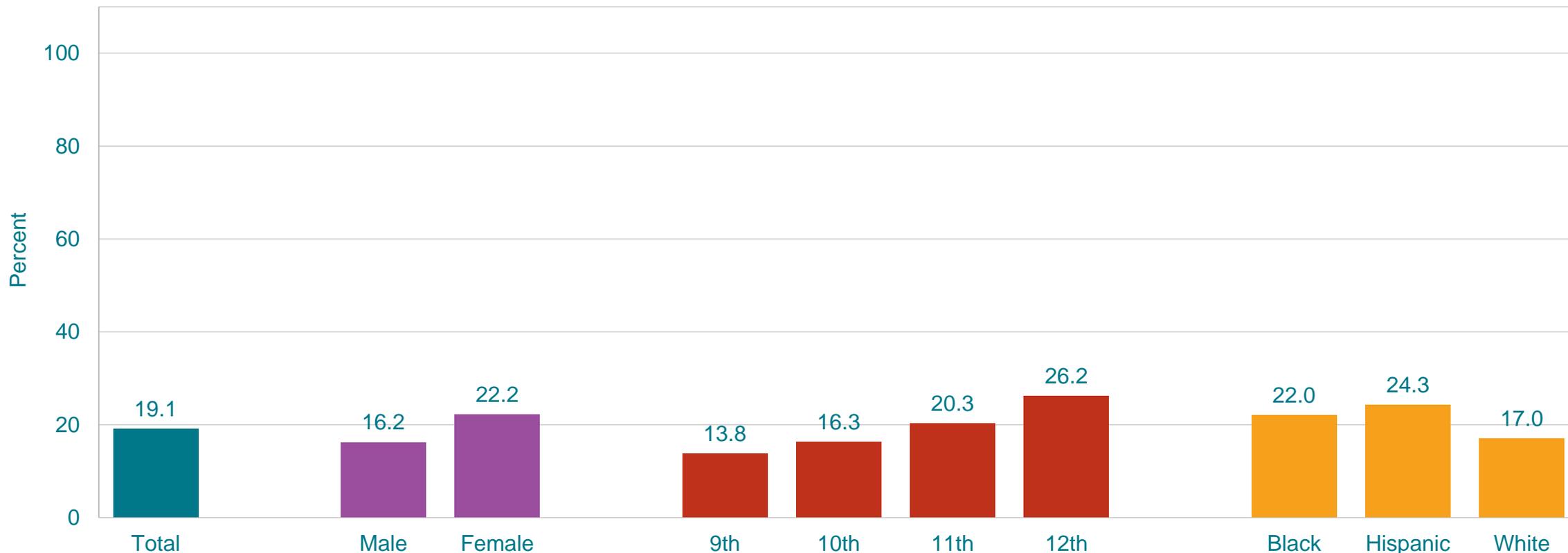
This graph contains weighted results.

Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on 5 or More Days,* 2011-2019†



*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey
†Decreased 2011-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]
This graph contains weighted results.

Percentage of High School Students Who Did Not Participate in at Least 60 Minutes of Physical Activity on at Least 1 Day,* by Sex,† Grade,† and Race/Ethnicity,† 2019



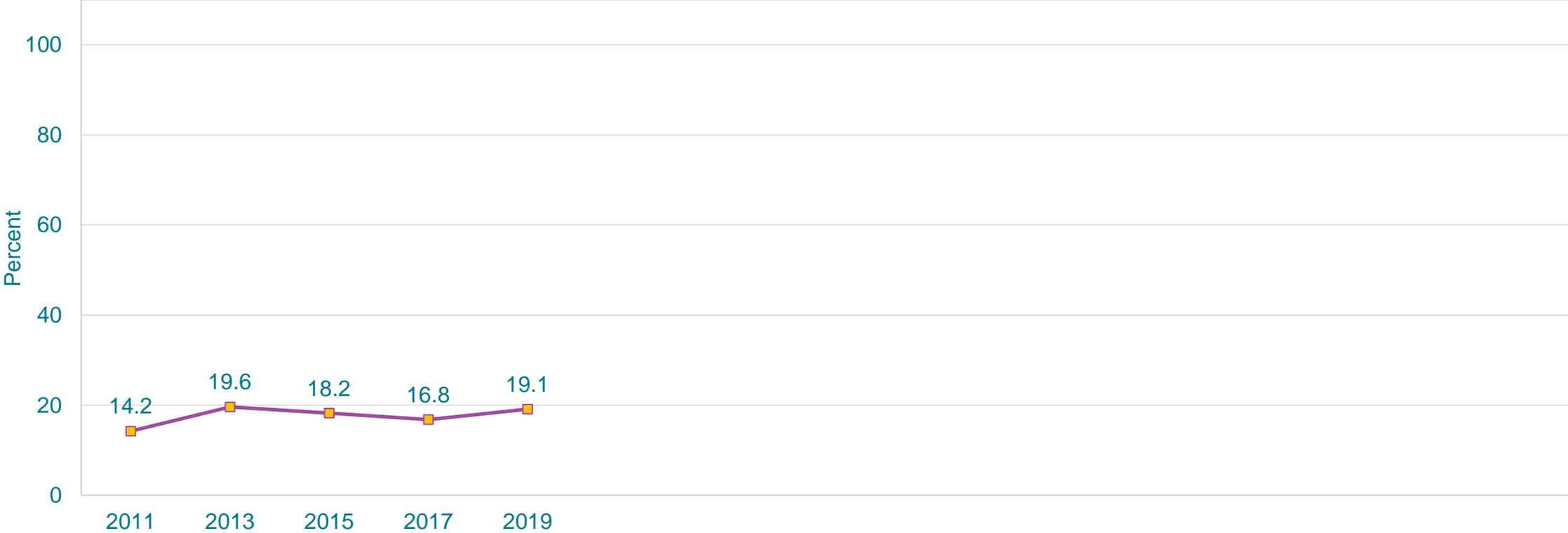
*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

†F > M; 11th > 9th, 12th > 9th, 12th > 10th; H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

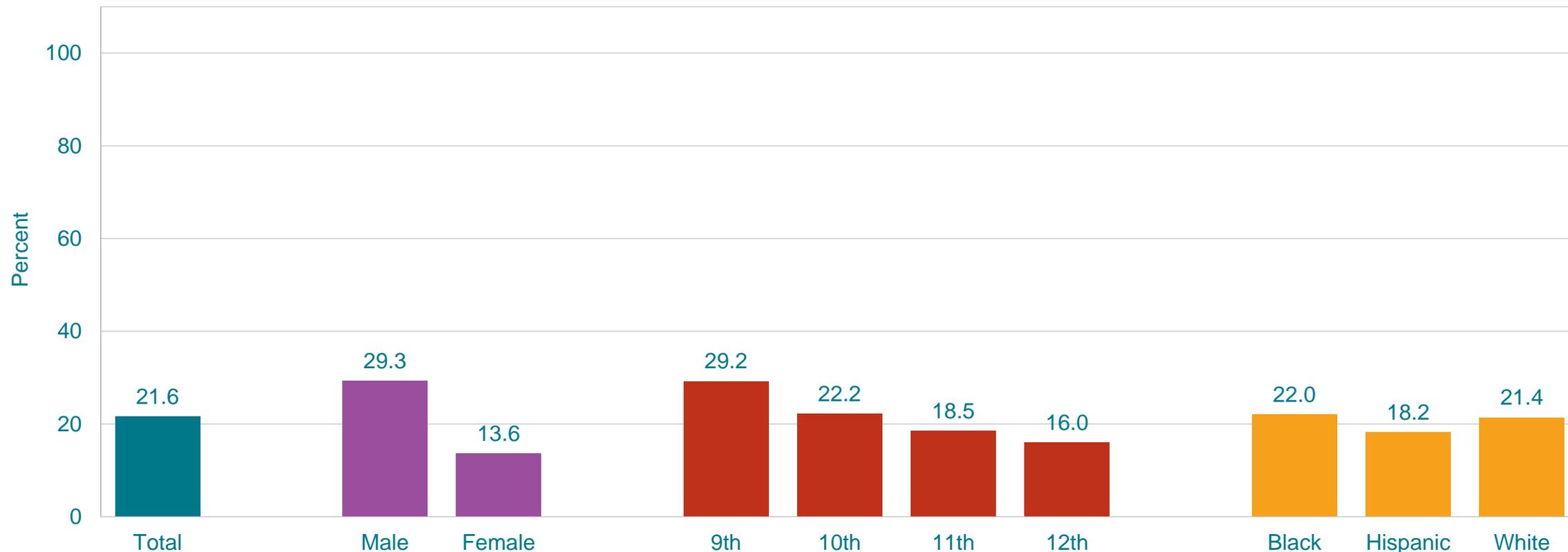
This graph contains weighted results.

Percentage of High School Students Who Did Not Participate in at Least 60 Minutes of Physical Activity on at Least 1 Day,* 2011-2019†



*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey
†Increased 2011-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]
This graph contains weighted results.

Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on All 7 Days,* by Sex,† Grade,† and Race/Ethnicity, 2019



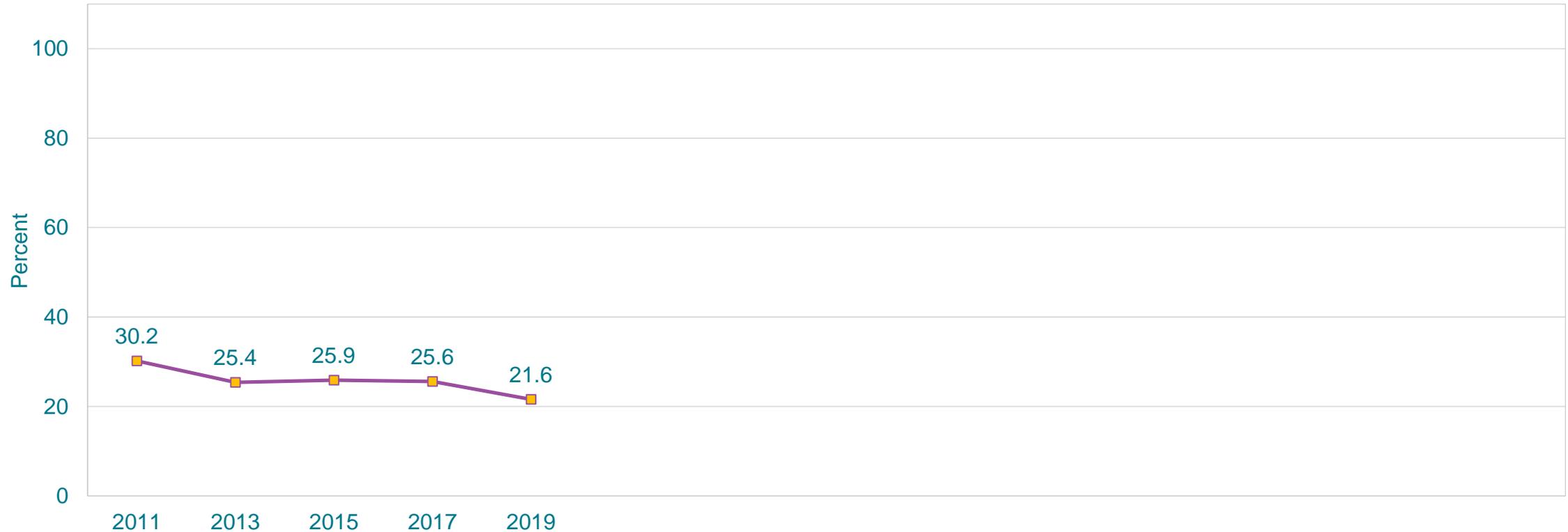
*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

†M > F; 9th > 10th, 9th > 11th, 9th > 12th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Were Physically Active at Least 60 Minutes Per Day on All 7 Days,* 2011-2019†

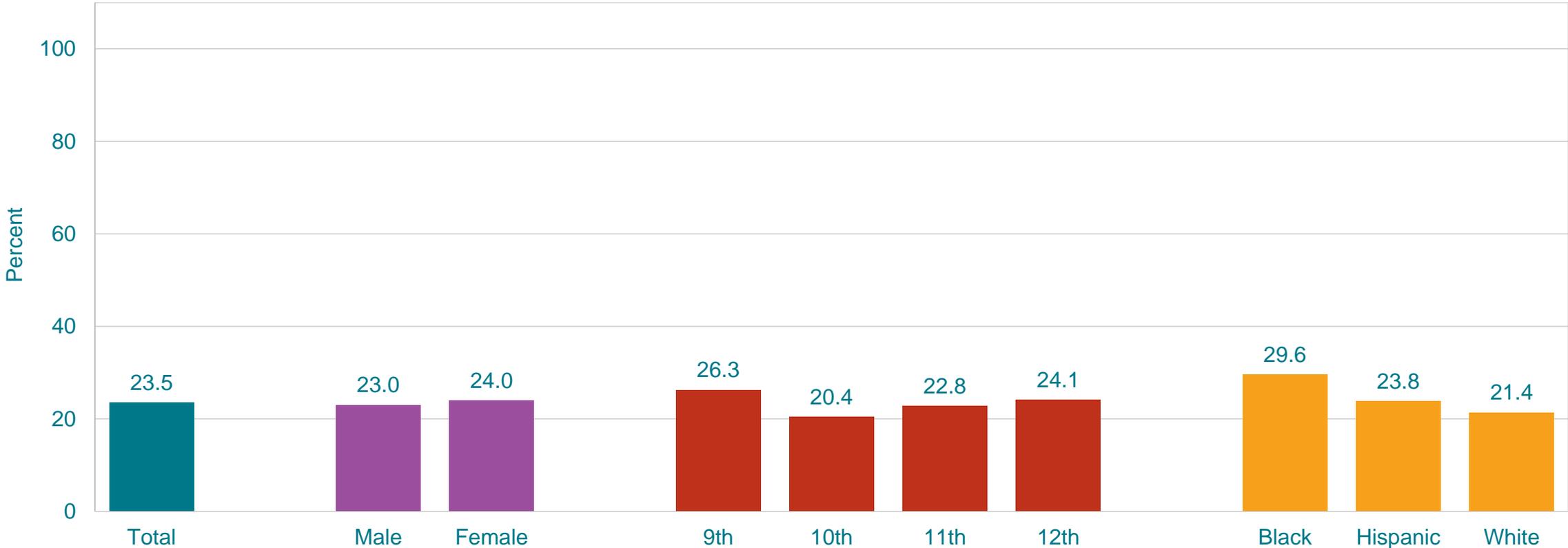


*In any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey

†Decreased 2011-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

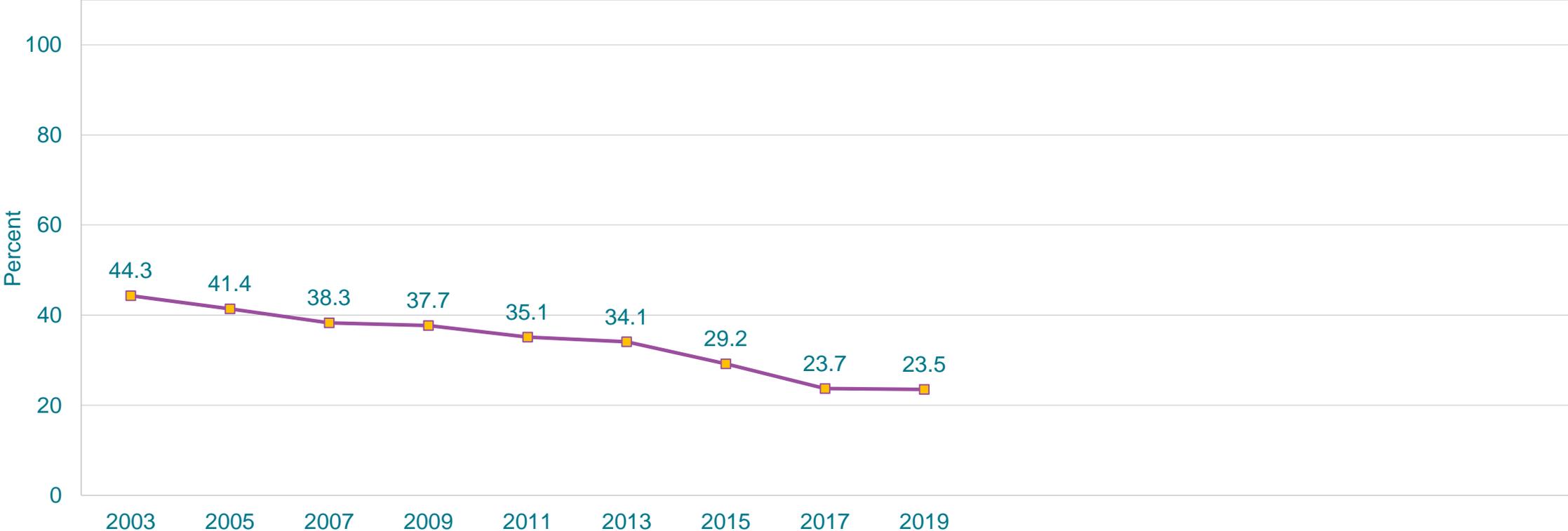
This graph contains weighted results.

Percentage of High School Students Who Watched Television 3 or More Hours Per Day,* by Sex, Grade, and Race/Ethnicity,† 2019



*On an average school day
 †B > W (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Watched Television 3 or More Hours Per Day,* 2003-2019†

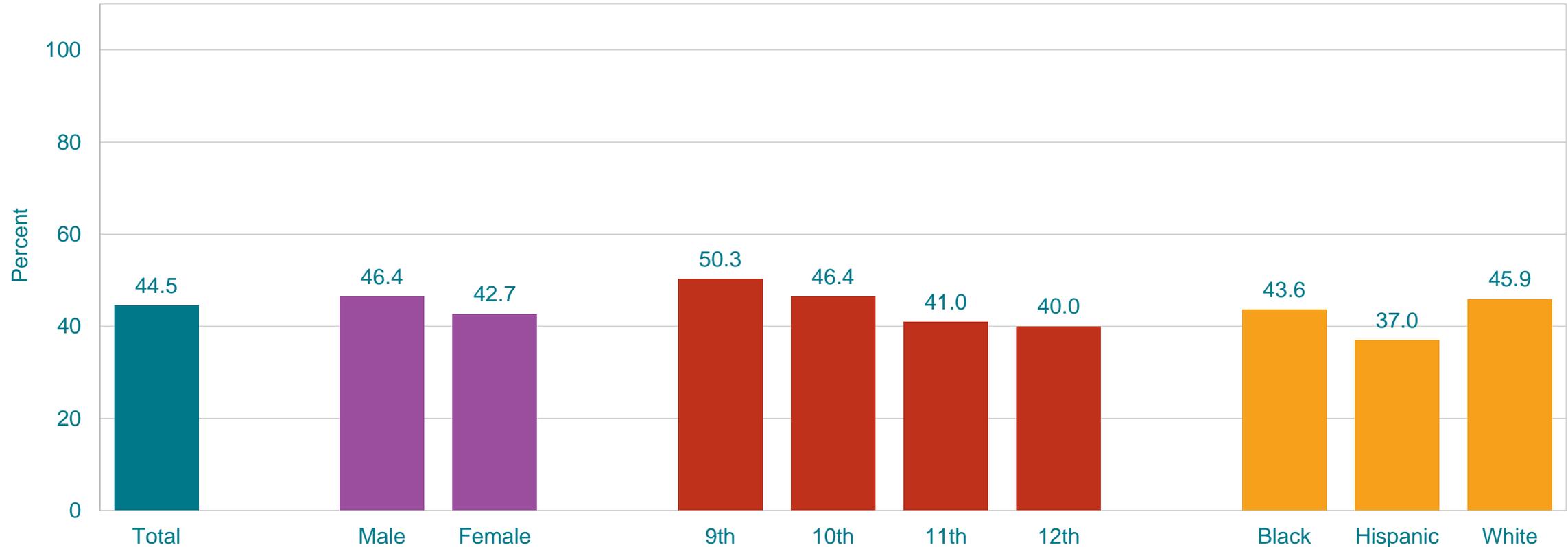


*On an average school day

†Decreased 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Played Video or Computer Games or Used a Computer 3 or More Hours Per Day,* by Sex, Grade,† and Race/Ethnicity,† 2019



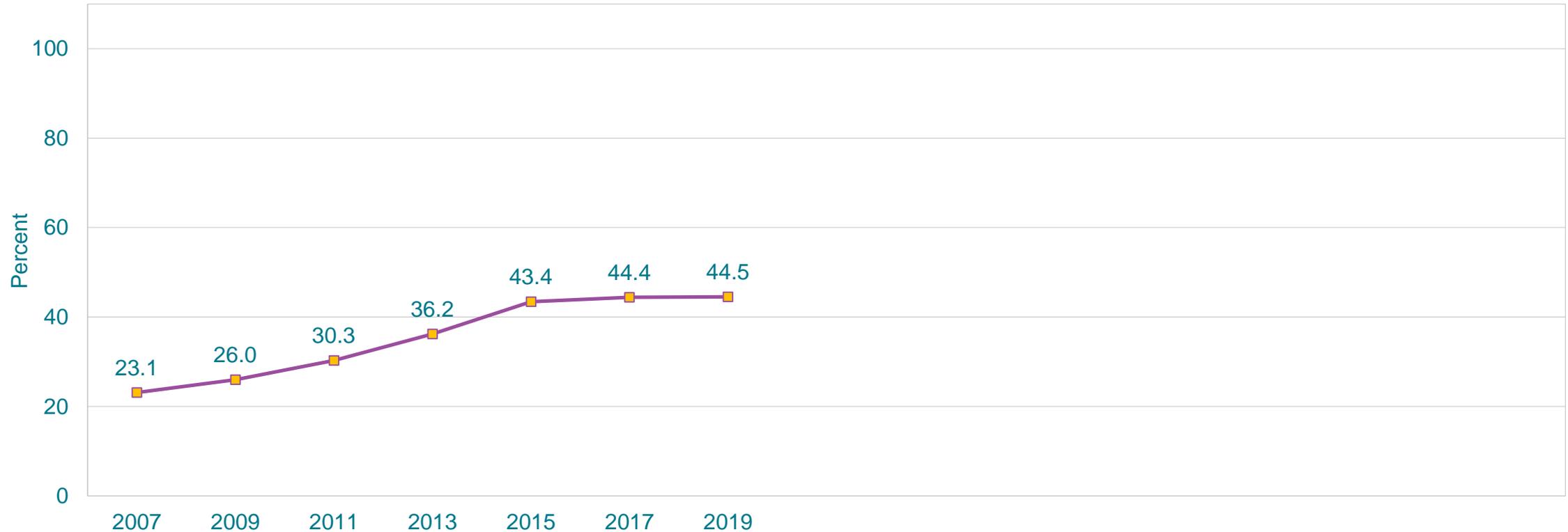
*Counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day

†9th > 11th, 9th > 12th; W > H (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Played Video or Computer Games or Used a Computer 3 or More Hours Per Day,* 2007-2019†

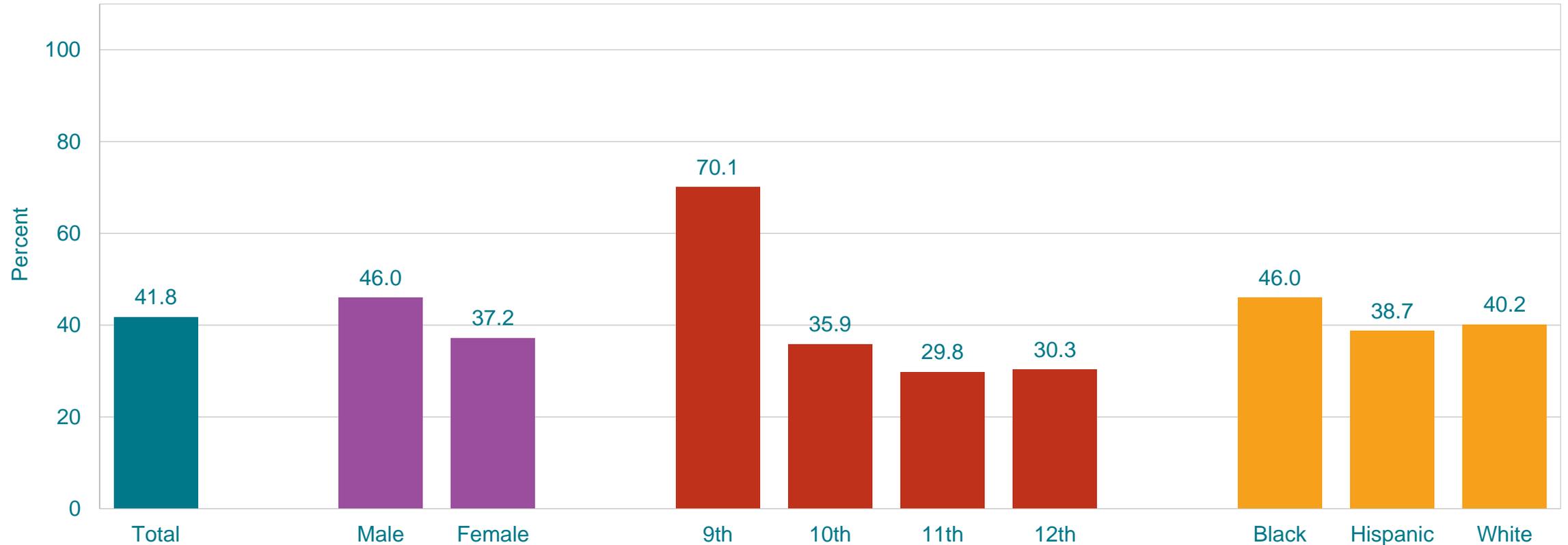


*Counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day

†Increased 2007-2019, increased 2007-2015, no change 2015-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

This graph contains weighted results.

Percentage of High School Students Who Attended Physical Education (PE) Classes on 1 or More Days,* by Sex,† Grade,† and Race/Ethnicity, 2019



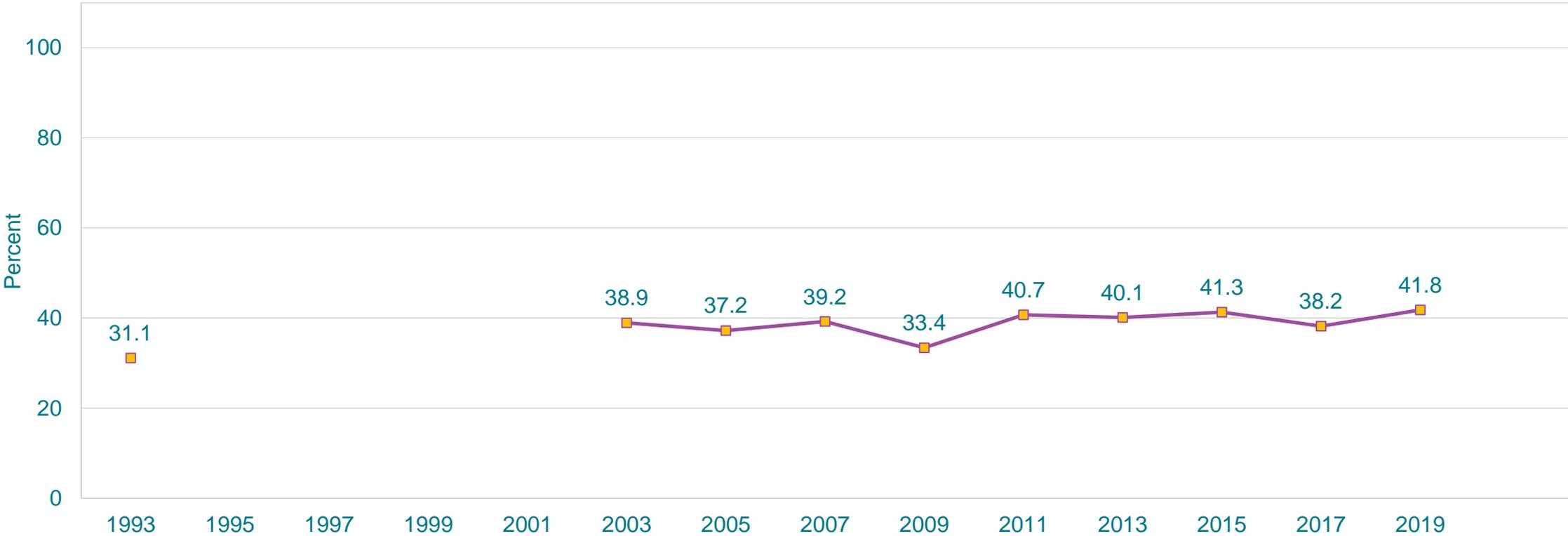
*In an average week when they were in school

†M > F; 9th > 10th, 9th > 11th, 9th > 12th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Attended Physical Education (PE) Classes on 1 or More Days,* 1993-2019†



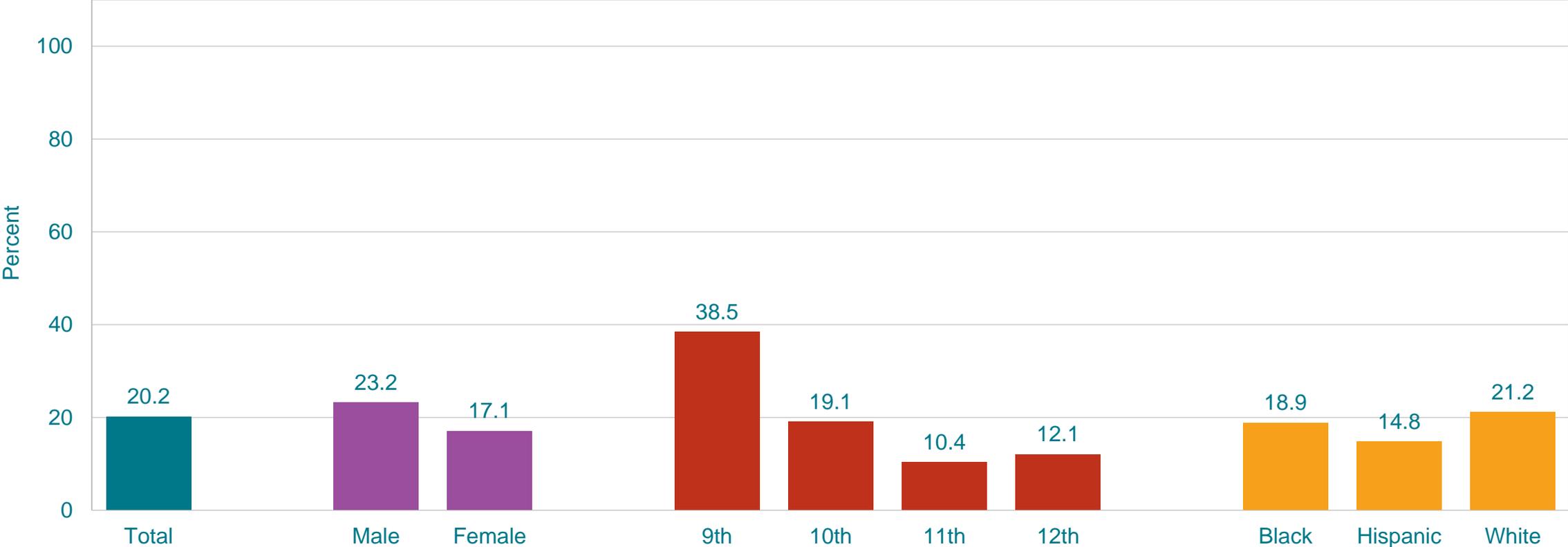
*In an average week when they were in school

†Increased 1993-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

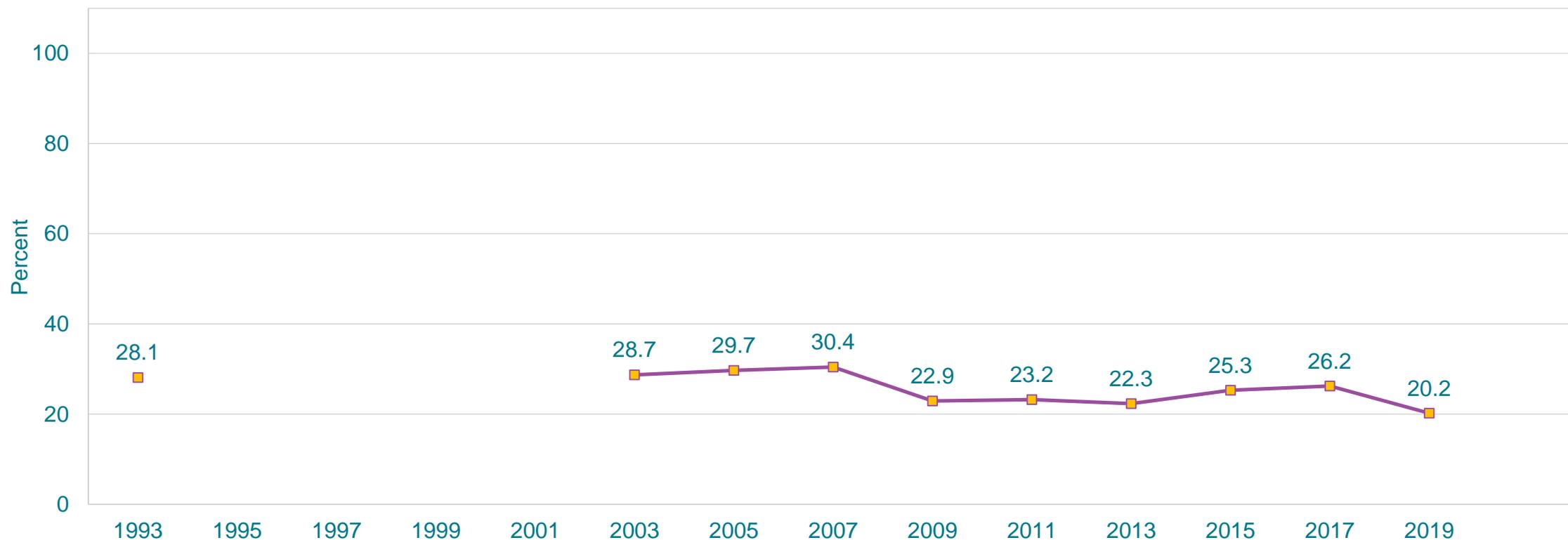
This graph contains weighted results.

Percentage of High School Students Who Attended Physical Education Classes on All 5 Days,* by Sex,† Grade,† and Race/Ethnicity,† 2019



*In an average week when they were in school
 †M > F; 9th > 10th, 9th > 11th, 9th > 12th, 10th > 11th; W > H (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Attended Physical Education Classes on All 5 Days,* 1993-2019†



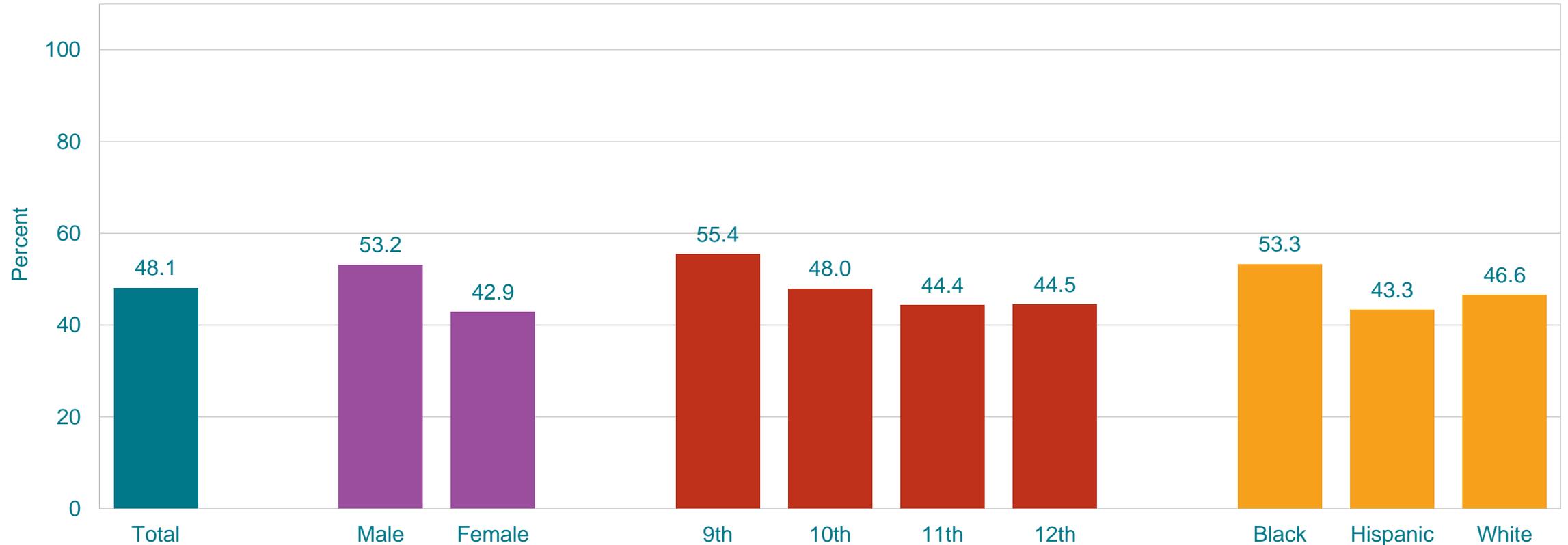
*In an average week when they were in school

†Decreased 1993-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

Data not available for 1995, 1997, 1999, 2001.

This graph contains weighted results.

Percentage of High School Students Who Played on at Least One Sports Team,* by Sex,† Grade,† and Race/Ethnicity, 2019



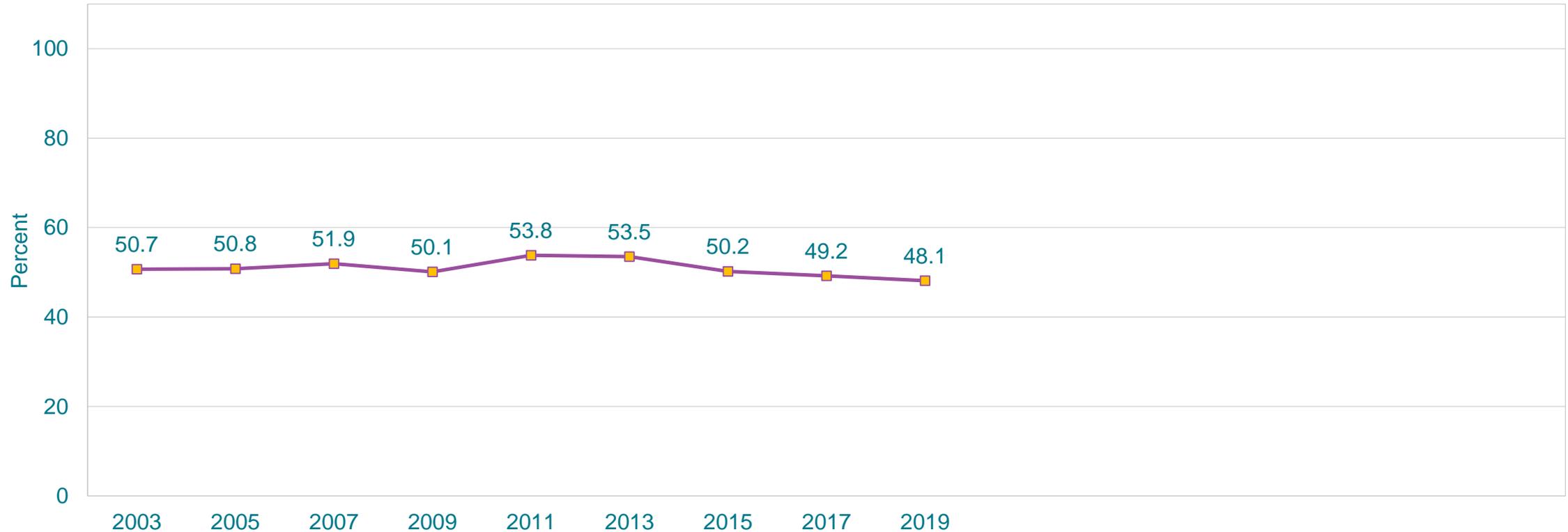
*Counting any teams run by their school or community groups, during the 12 months before the survey

†M > F; 9th > 11th, 9th > 12th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Played on at Least One Sports Team,* 2003-2019†

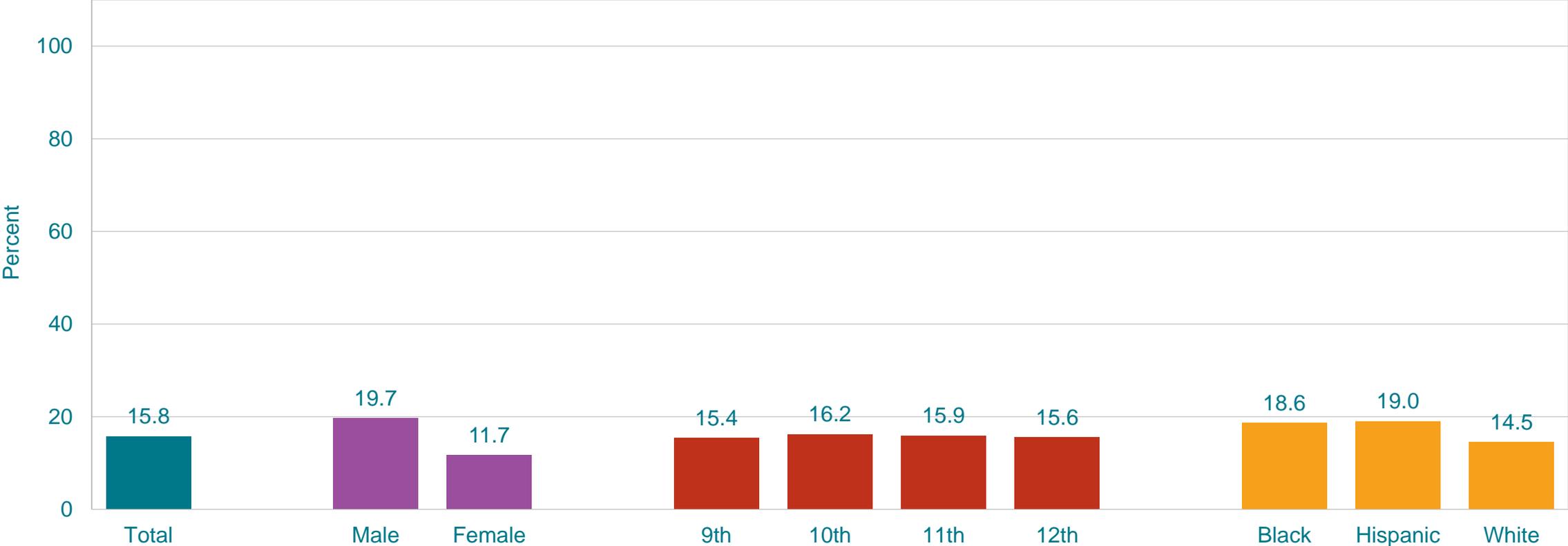


*Counting any teams run by their school or community groups, during the 12 months before the survey

†No change 2003-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).]

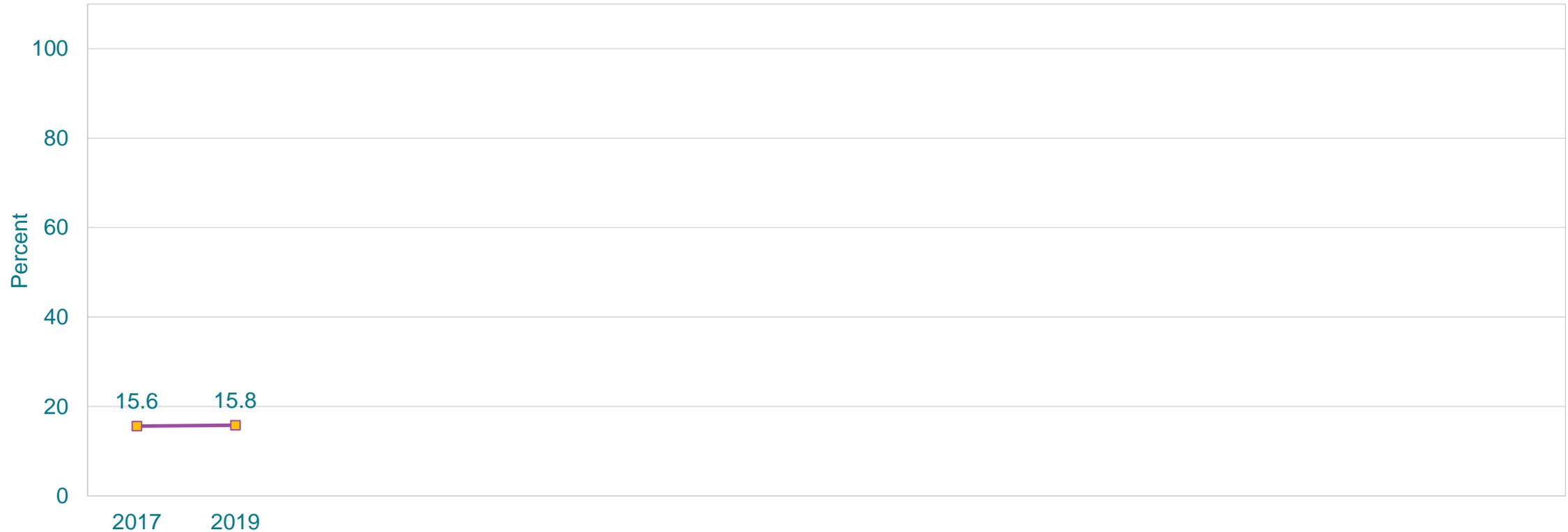
This graph contains weighted results.

Percentage of High School Students Who Had a Concussion from Playing a Sport or Being Physically Active,* by Sex,† Grade, and Race/Ethnicity,† 2019



*One or more times during the 12 months before the survey
 †M > F; B > W (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Had a Concussion from Playing a Sport or Being Physically Active,* 2017-2019†

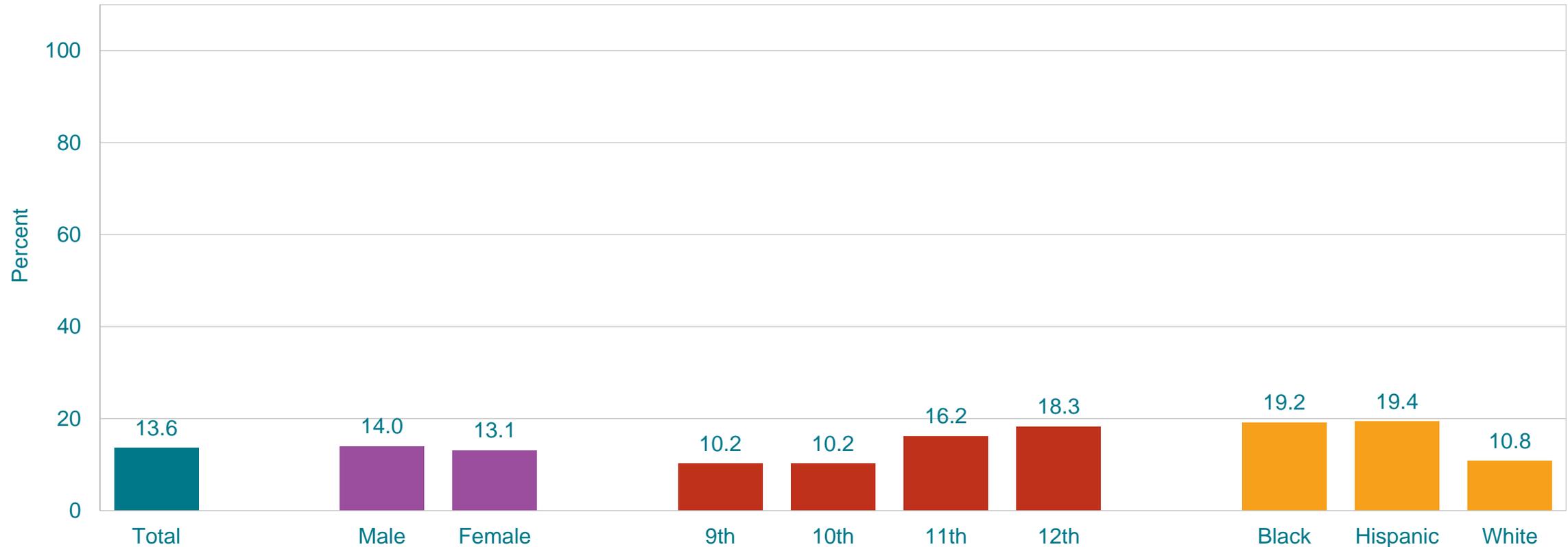


*One or more times during the 12 months before the survey

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Were Ever Tested for Human Immunodeficiency Virus (HIV),* by Sex, Grade,† and Race/Ethnicity,† 2019



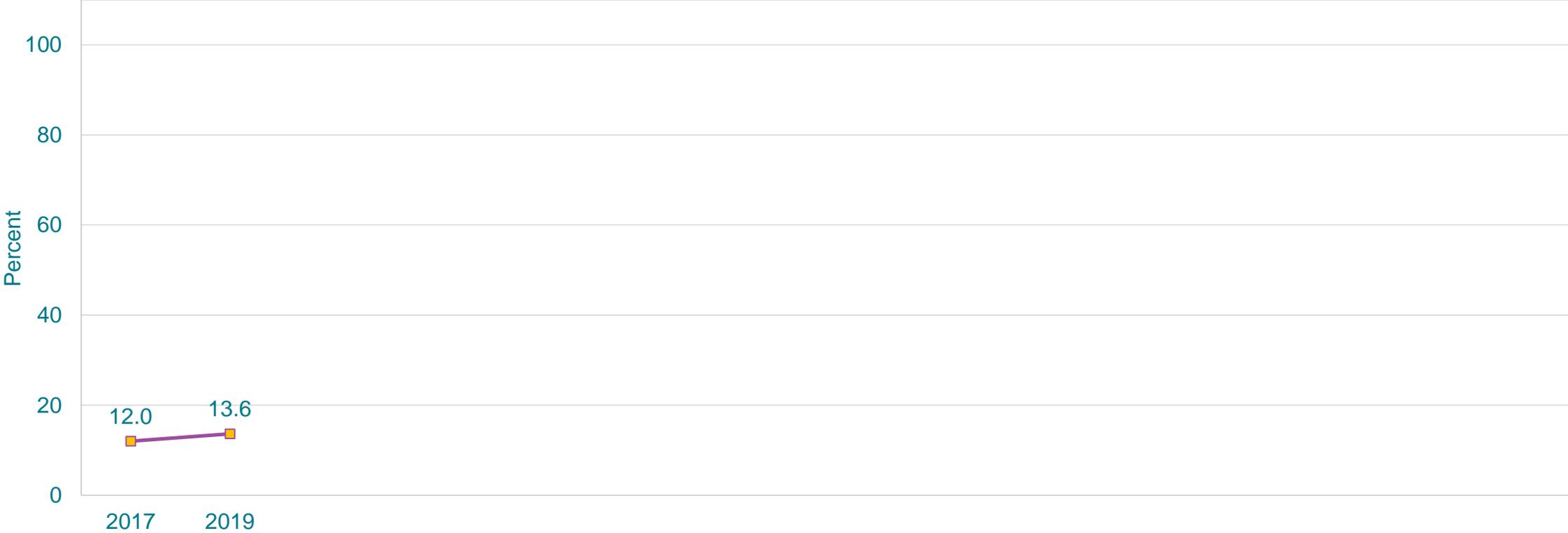
*Not counting tests done if they donated blood

†11th > 9th, 11th > 10th, 12th > 9th, 12th > 10th; B > W, H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Were Ever Tested for Human Immunodeficiency Virus (HIV),* 2017-2019†

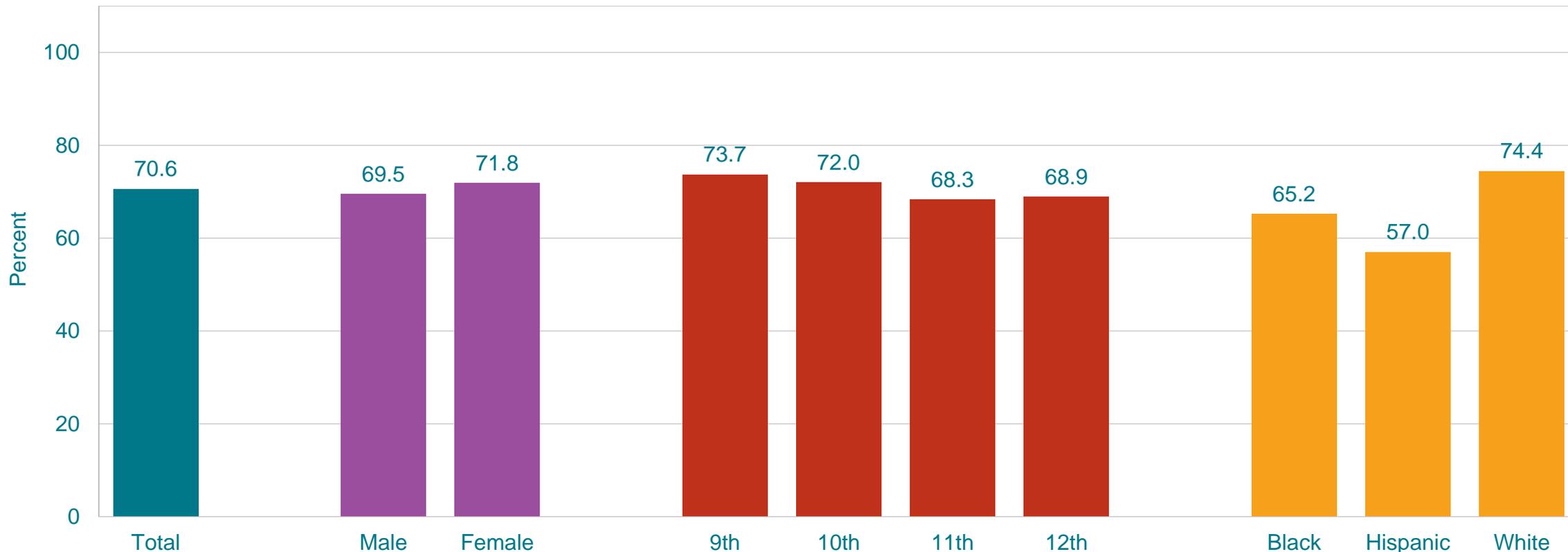


*Not counting tests done if they donated blood

†No change 2017-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Saw a Dentist,* by Sex, Grade, and Race/Ethnicity,† 2019



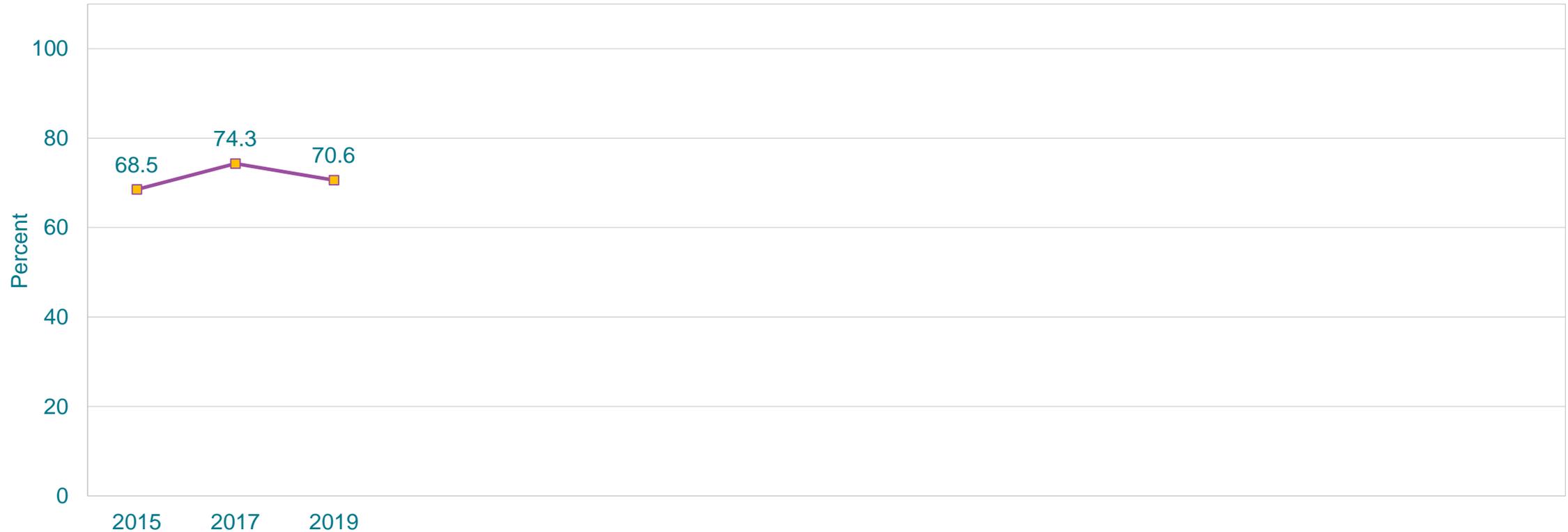
*For a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey

†W > H (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Saw a Dentist,* 2015-2019†

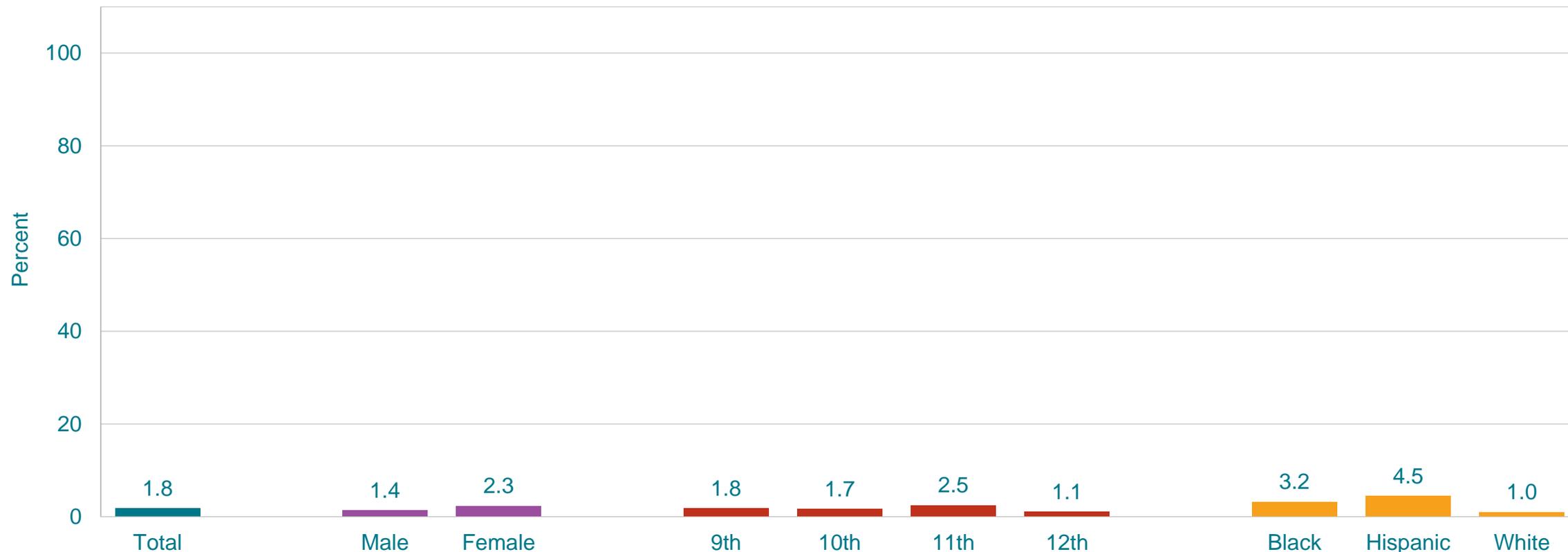


*For a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey

†No change 2015-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Never Saw a Dentist,* by Sex, Grade, and Race/Ethnicity,† 2019



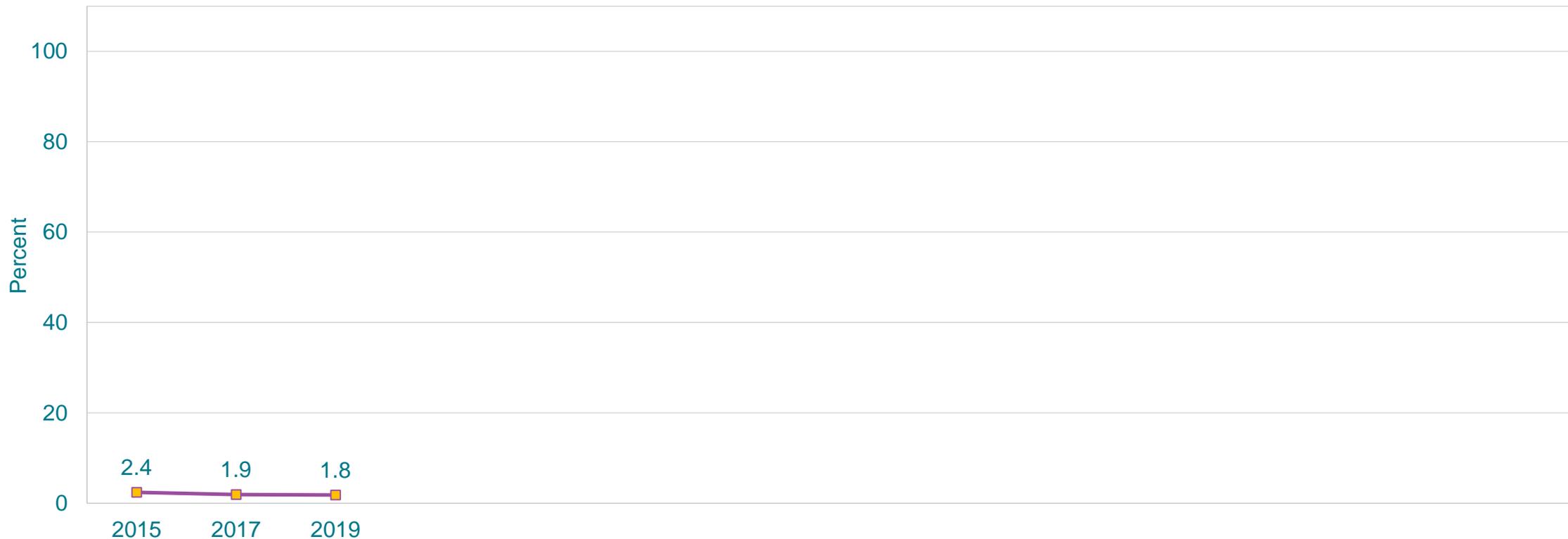
*For a check-up, exam, teeth cleaning, or other dental work

†B > W, H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Never Saw a Dentist,* 2015-2019†

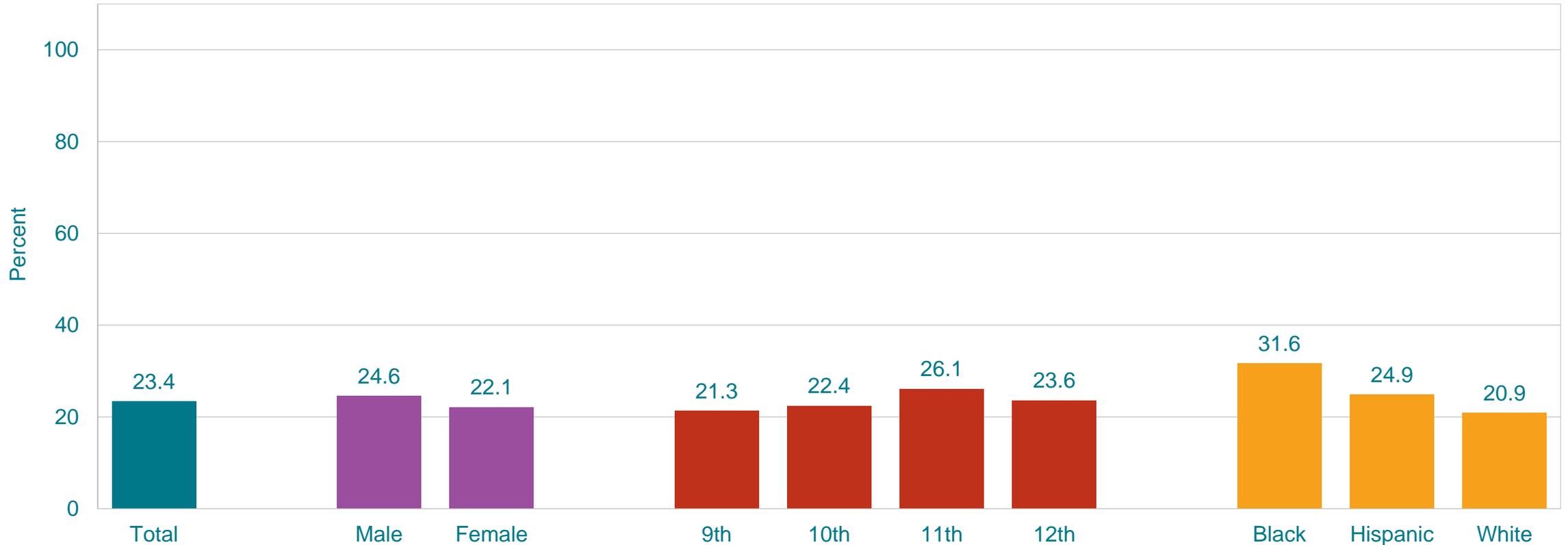


*For a check-up, exam, teeth cleaning, or other dental work

†No change 2015-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Had Ever Been Told by a Doctor or Nurse That They Had Asthma, by Sex, Grade, and Race/Ethnicity,* 2019

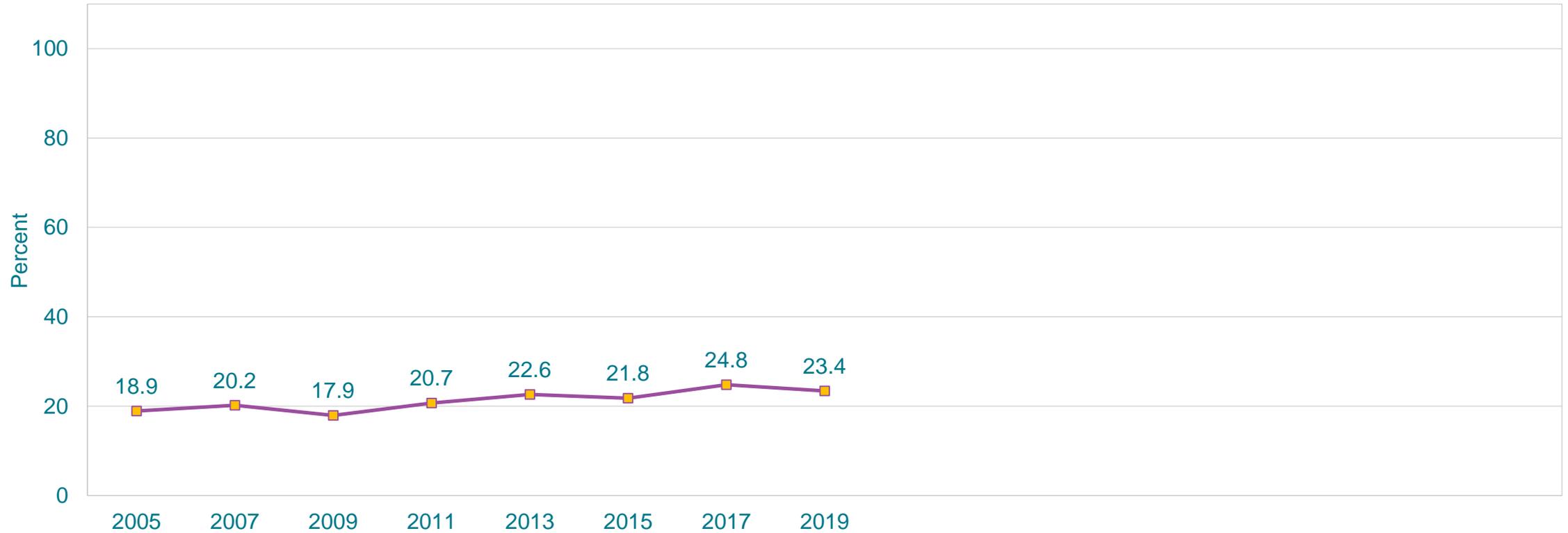


*B > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

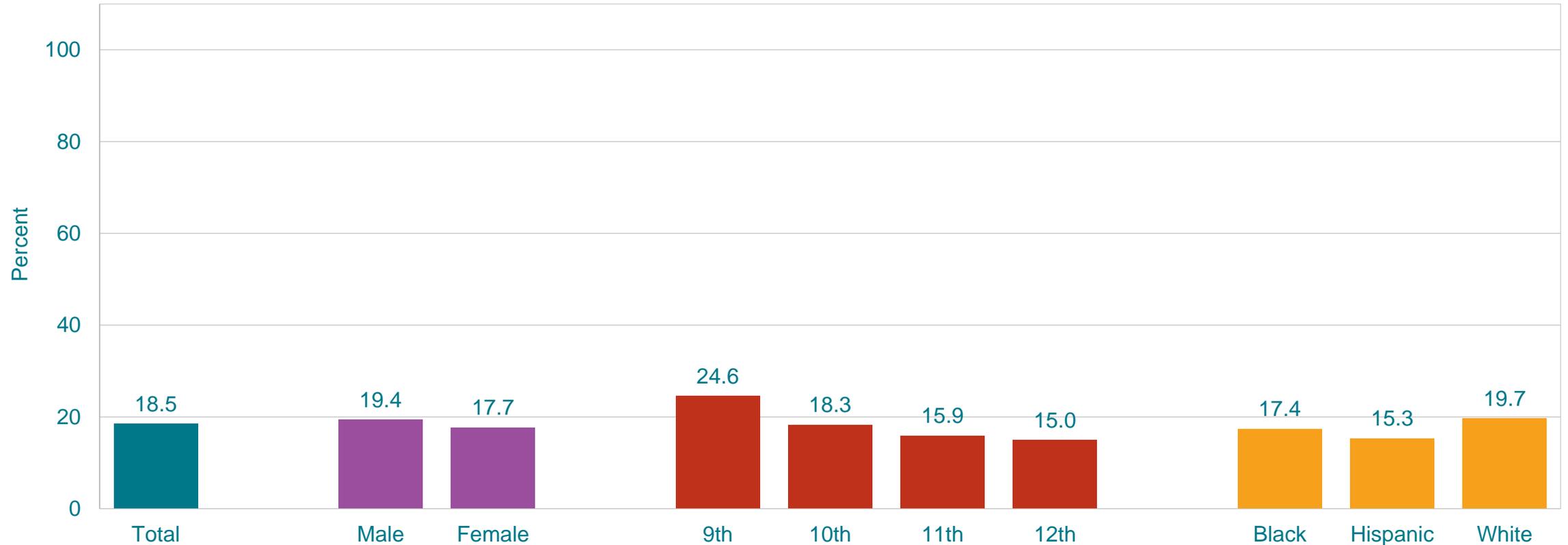
This graph contains weighted results.

Percentage of High School Students Who Had Ever Been Told by a Doctor or Nurse That They Had Asthma, 2005-2019*



*Increased 2005-2019 [Based on linear and quadratic trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$). Significant linear trends (if present) across all available years are described first followed by linear changes in each segment of significant quadratic trends (if present).] This graph contains weighted results.

Percentage of High School Students Who Got 8 or More Hours of Sleep,* by Sex, Grade,† and Race/Ethnicity, 2019



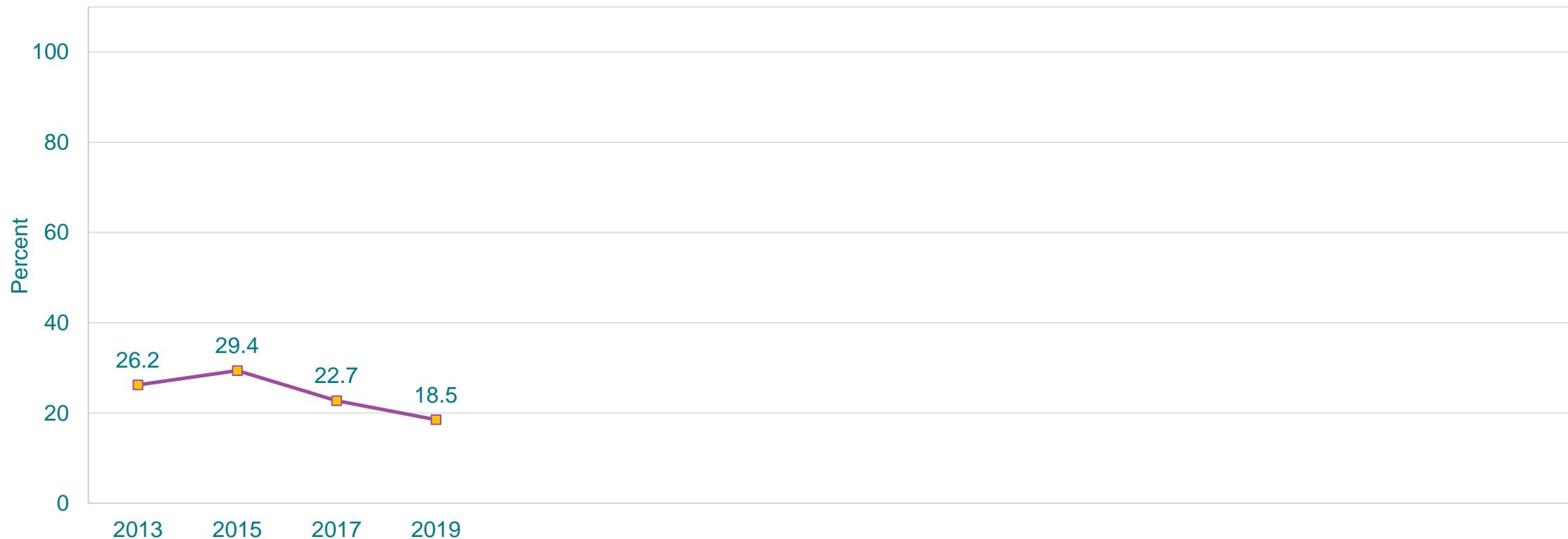
*On an average school night

†9th > 10th, 9th > 11th, 9th > 12th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Got 8 or More Hours of Sleep,* 2013-2019†

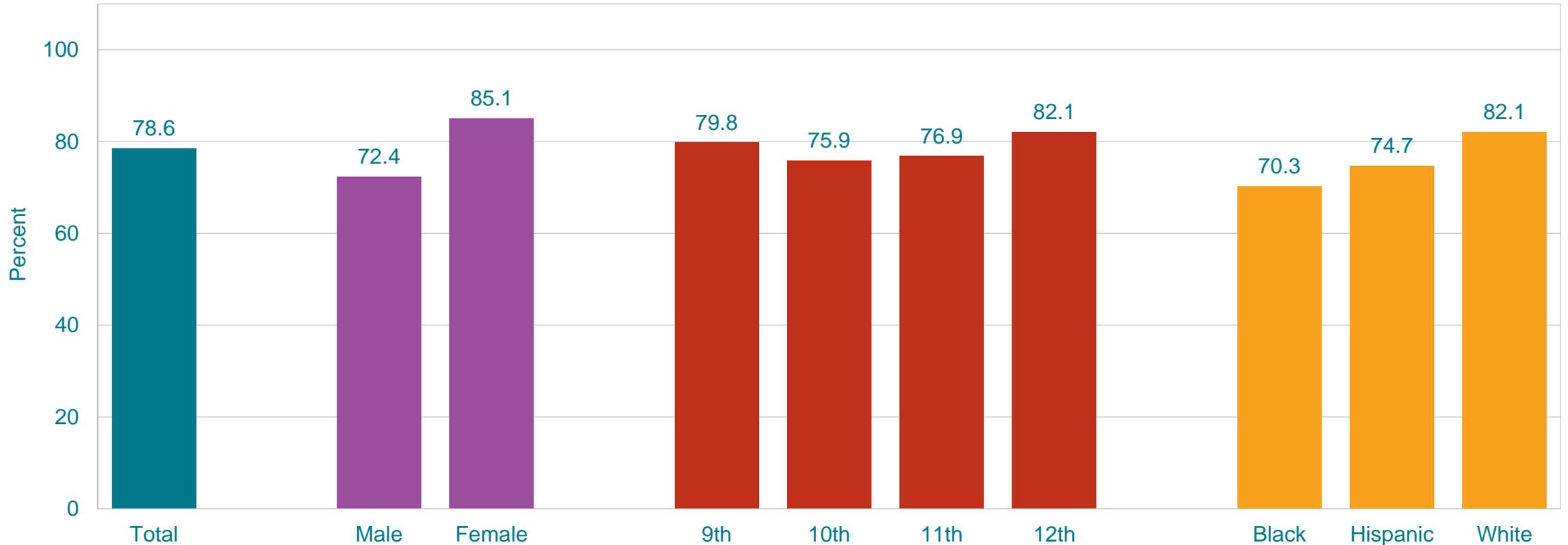


*On an average school night

†Decreased 2013-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

This graph contains weighted results.

Percentage of High School Students Who Described Their Grades in School As Mostly A's or B's,* by Sex,[†] Grade, and Race/Ethnicity,[†] 2019



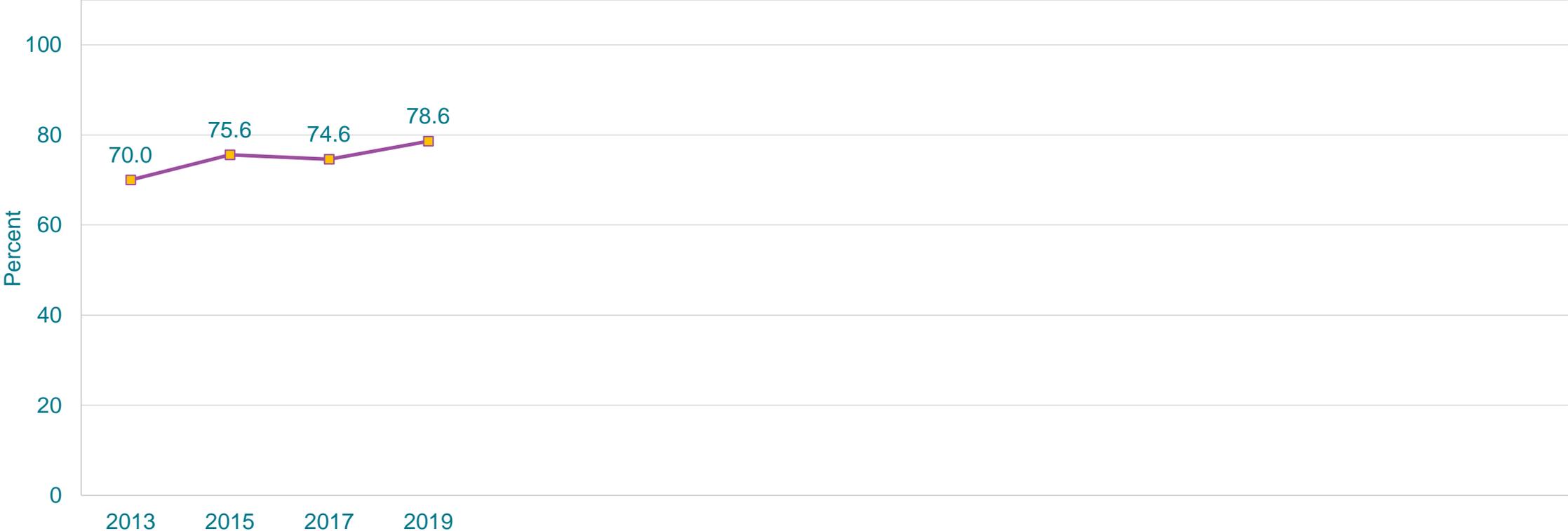
*During the 12 months before the survey

[†]F > M; W > B, W > H (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

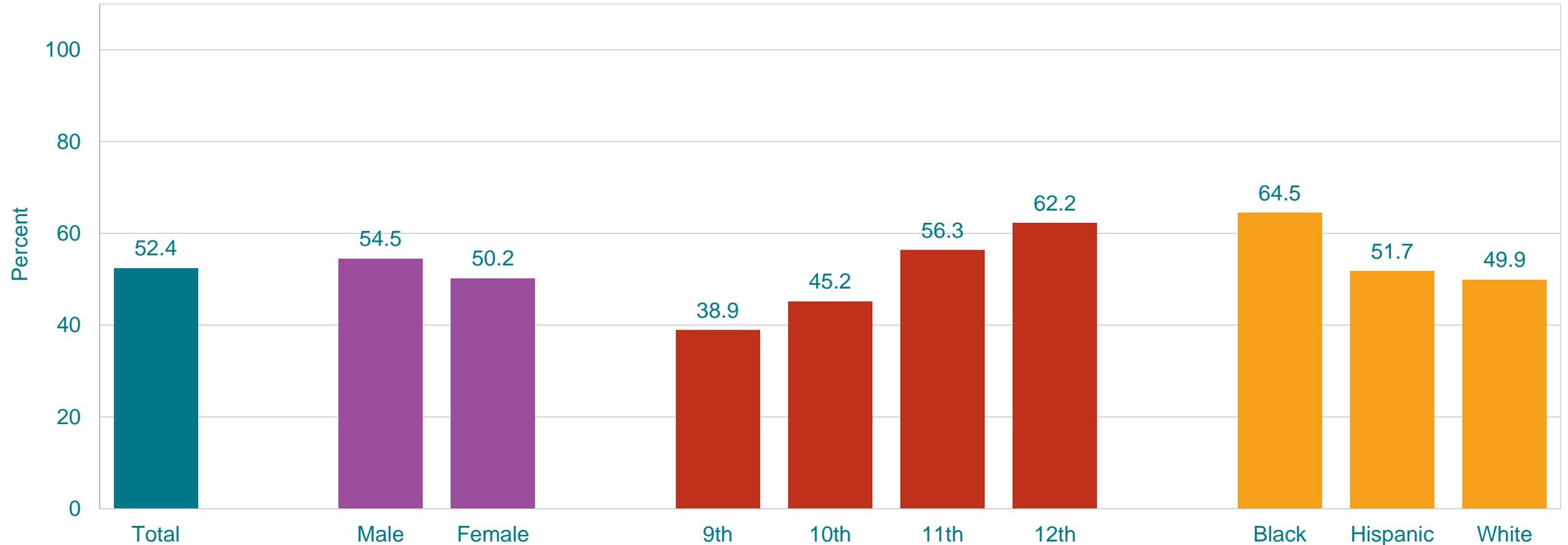
Percentage of High School Students Who Described Their Grades in School As Mostly A's or B's,* 2013-2019†



*During the 12 months before the survey

†Increased 2013-2019 [Based on linear trend analyses using logistic regression models controlling for sex, race/ethnicity, and grade ($p < 0.05$).]

Percentage of High School Students Who Used the Internet or Apps on Their Cell Phone While Driving,* by Sex, Grade,† and Race/Ethnicity,† 2019



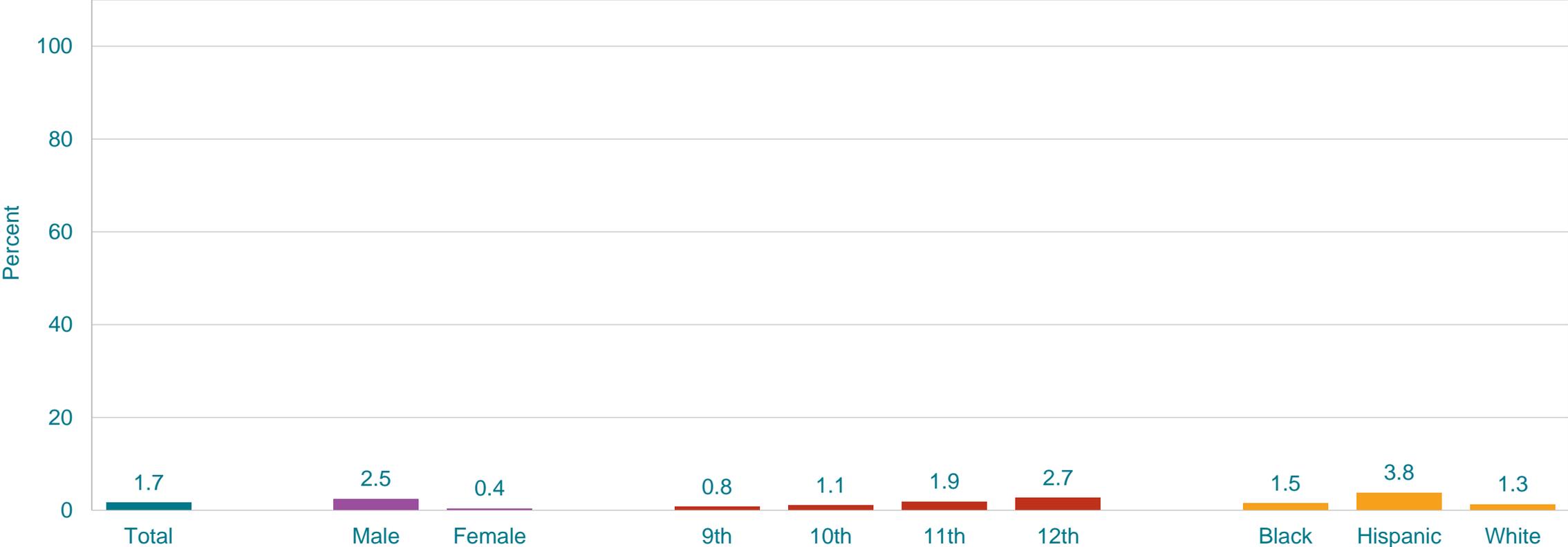
*Not counting using their cell phone to get driving instructions or to determine their location, on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle

†11th > 9th, 11th > 10th, 12th > 9th, 12th > 10th; B > H, B > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

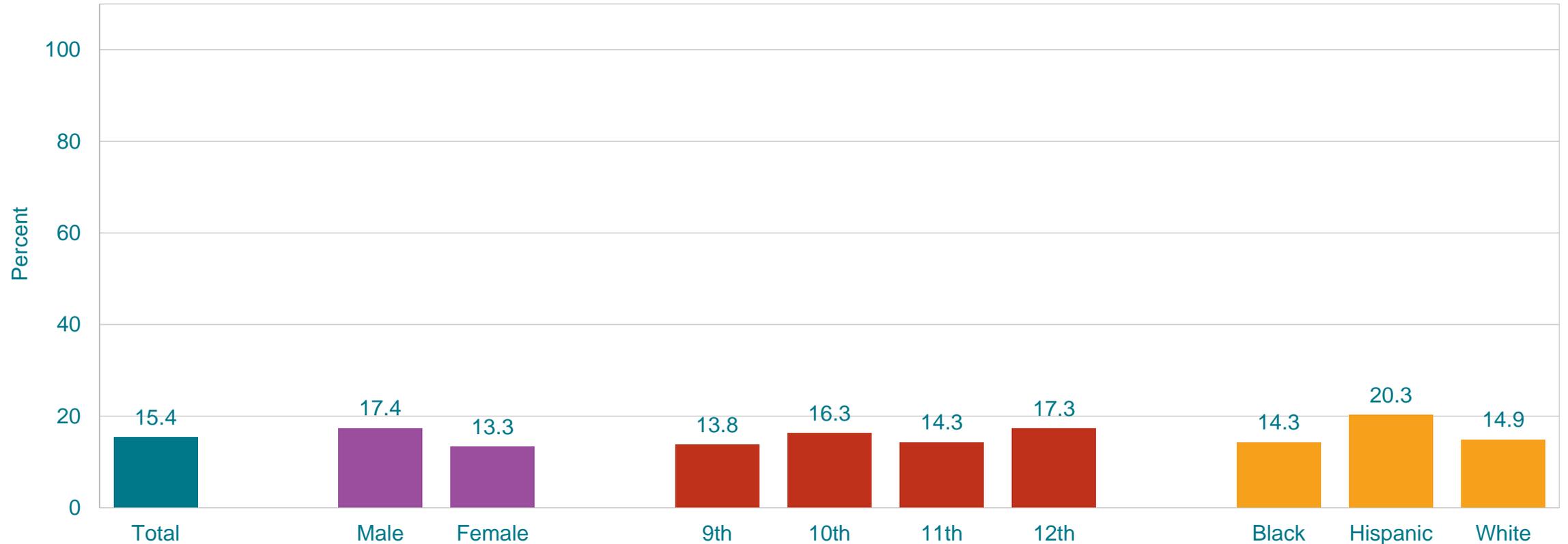
This graph contains weighted results.

Percentage of High School Students Who Carried a Gun on School Property,* by Sex,† Grade,‡ and Race/Ethnicity, 2019



*On at least 1 day during the 30 days before the survey
 †M > F; 12th > 10th (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Currently Used an Electronic Vapor Product on School Property, by Sex,* Grade, and Race/Ethnicity, 2019

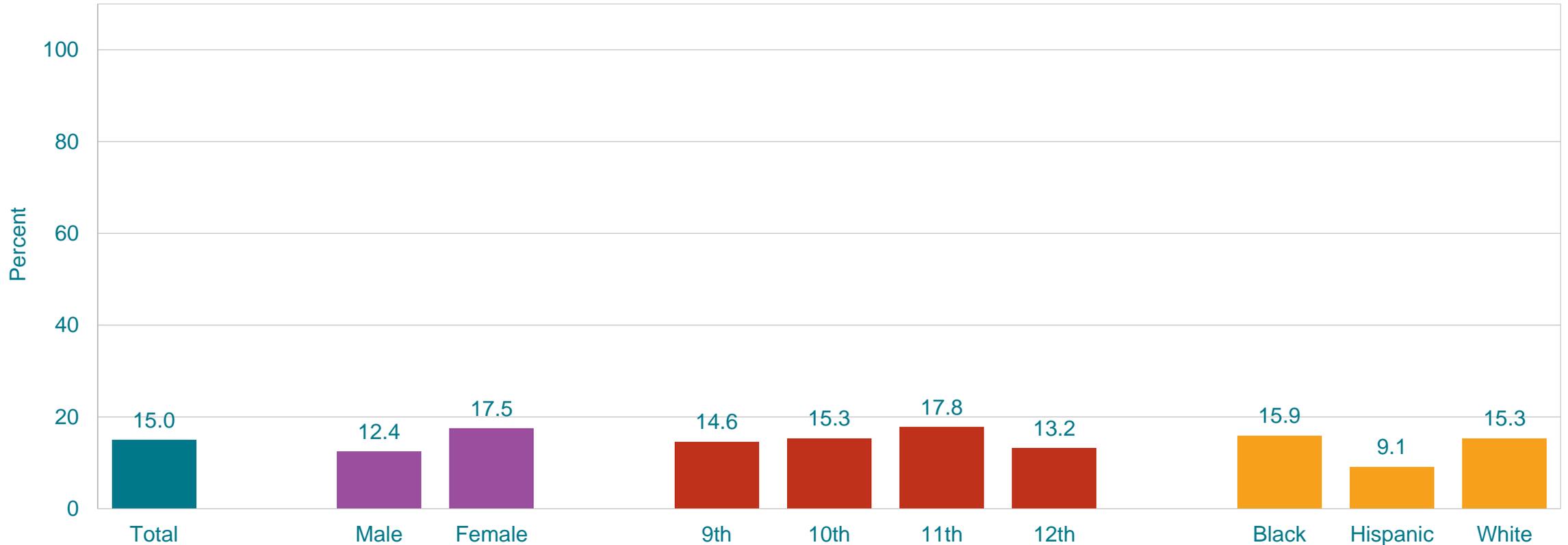


*M > F (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Used Electronic-Vapor Products Mainly Because a Friend or Family Member Used Them, by Sex,* Grade, and Race/Ethnicity,* 2019

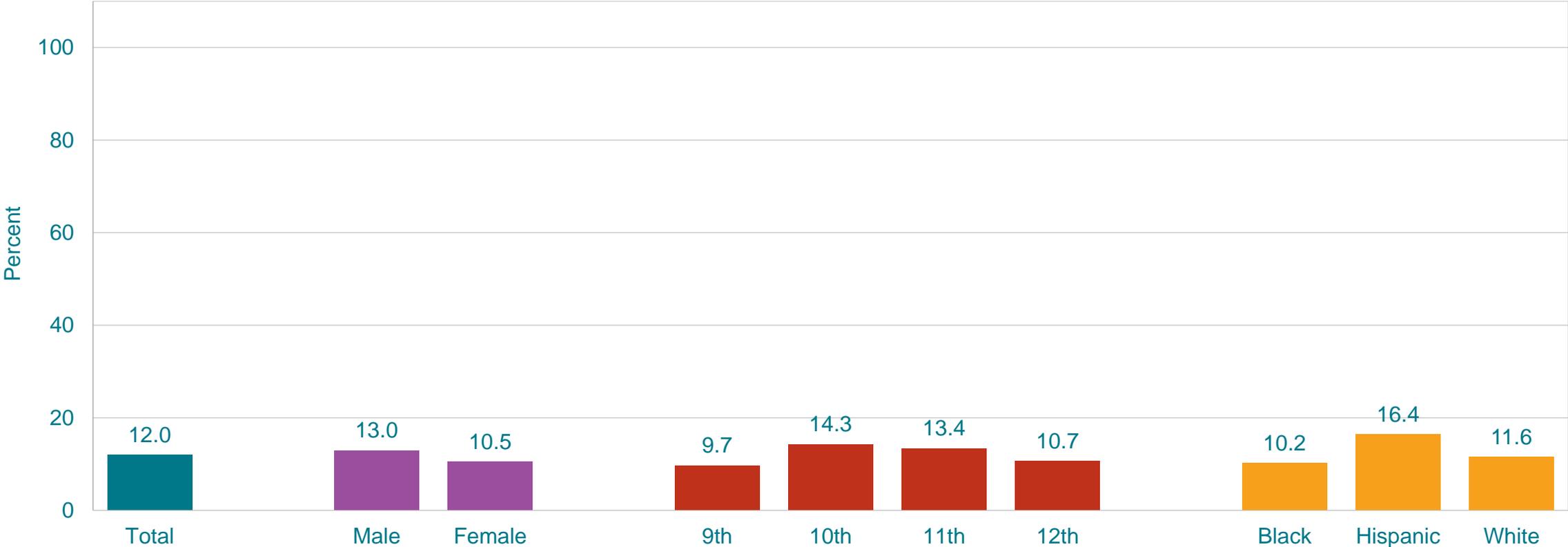


*F > M; B > H, W > H (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

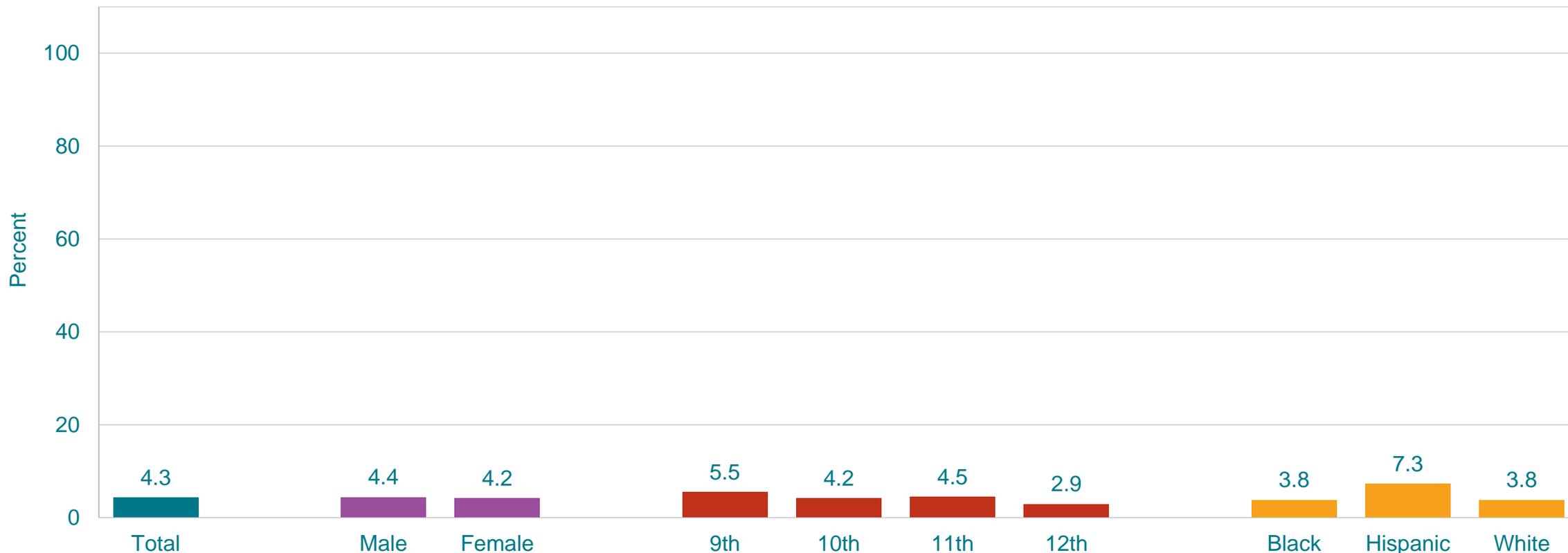
This graph contains weighted results.

Percentage of High School Students Who Ever Took Prescription Drugs Without a Doctor's Prescription,* by Sex, Grade, and Race/Ethnicity,† 2019



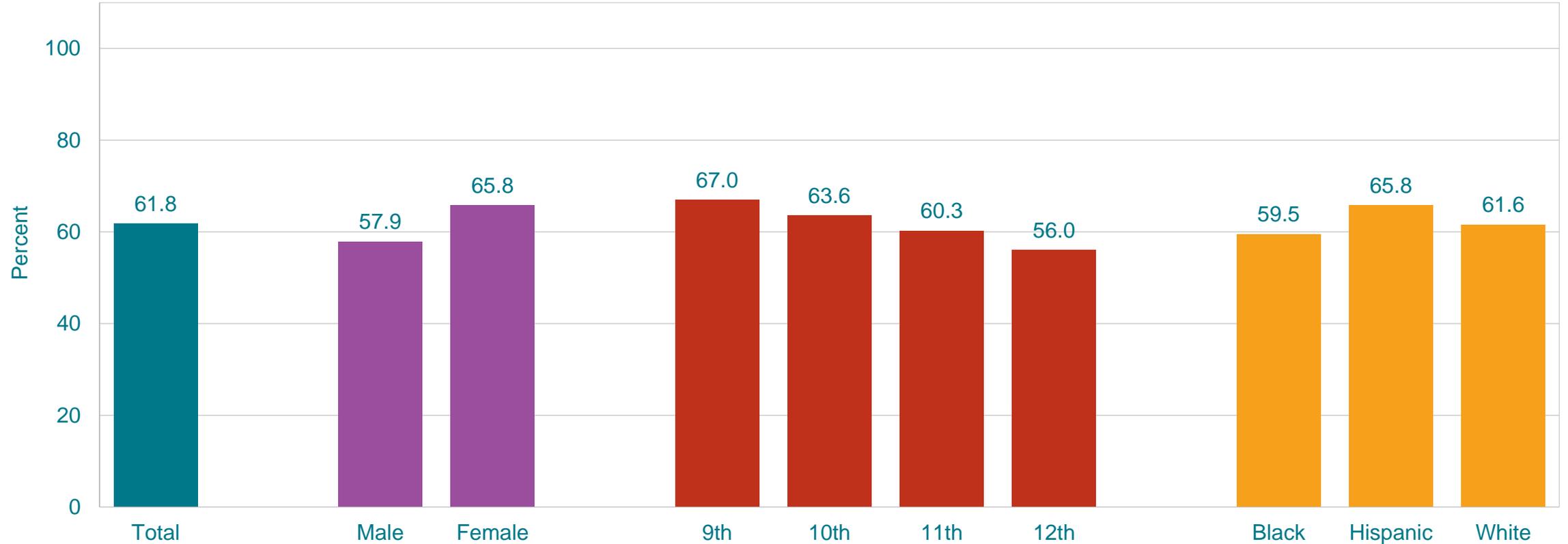
*Such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during their life
 †H > B (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Currently Took a Prescription Drug Without a Doctor's Prescription,* by Sex, Grade, and Race/Ethnicity, 2019



*Such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
This graph contains weighted results.

Percentage of High School Students Who Exercised to Lose Weight or to Keep from Gaining Weight,* by Sex, Grade,† and Race/Ethnicity, 2019



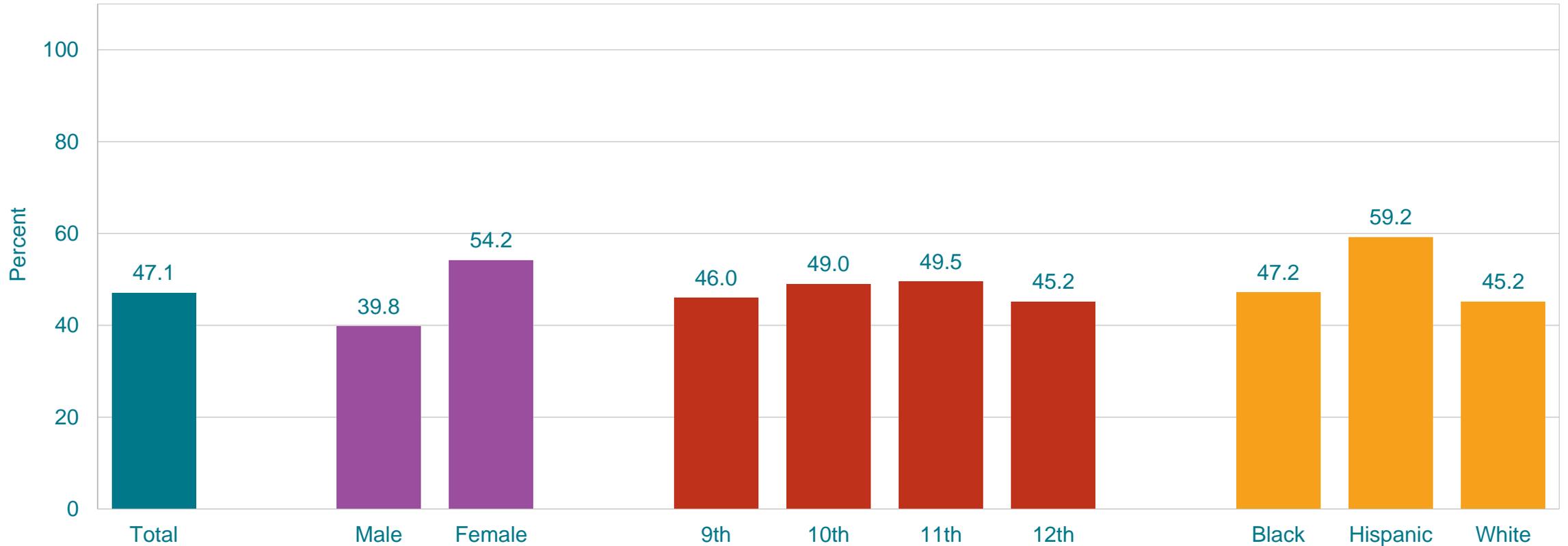
*During the 30 days before the survey

†9th > 12th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ate More Fruits and Vegetables to Lose Weight or to Keep from Gaining Weight,* by Sex,† Grade, and Race/Ethnicity,† 2019



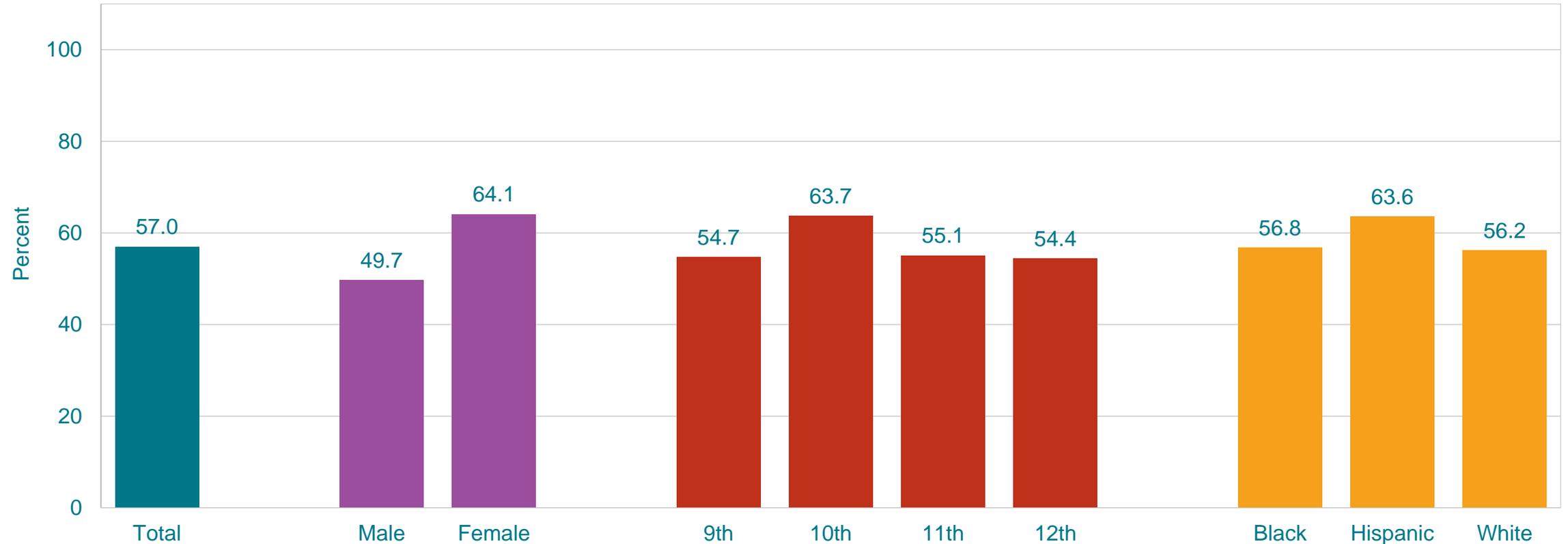
*During the 30 days before the survey

†F > M; H > B, H > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Drank More Water to Lose Weight or to Keep from Gaining Weight,* by Sex,† Grade,† and Race/Ethnicity, 2019



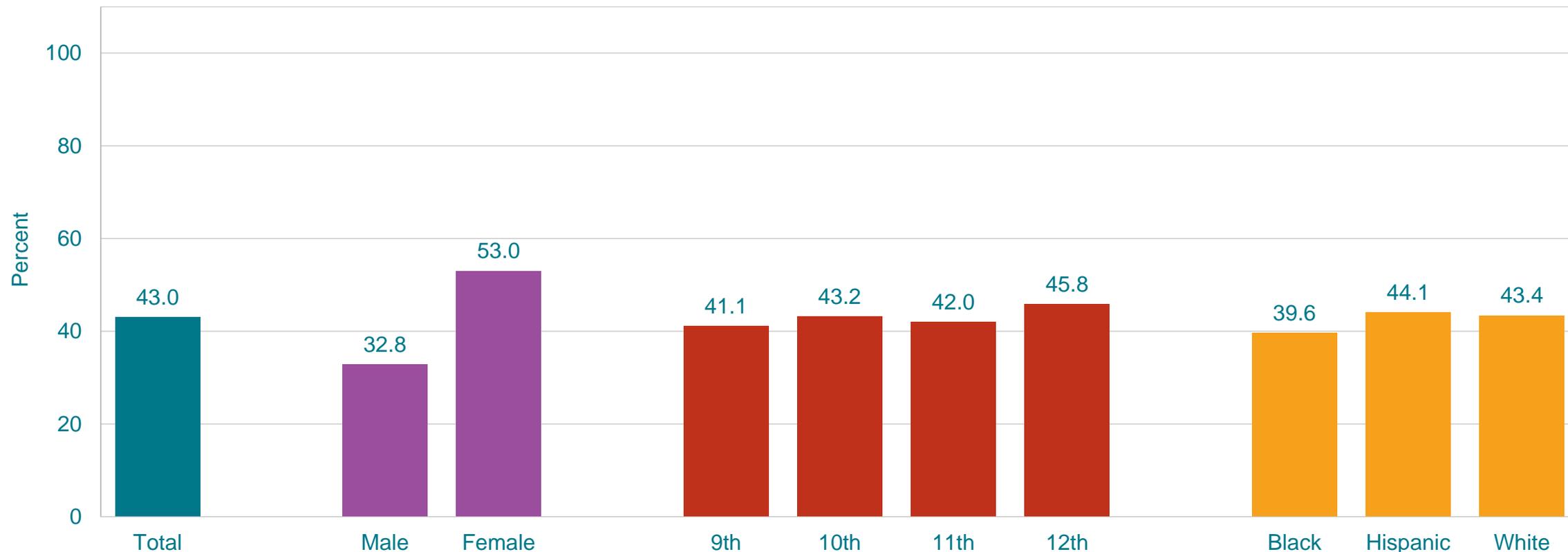
*During the 30 days before the survey

†F > M; 10th > 9th, 10th > 11th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Ate Less Food, Fewer Calories, or Foods Low in Fat to Lose Weight or to Keep from Gaining Weight,* by Sex,[†] Grade, and Race/Ethnicity, 2019



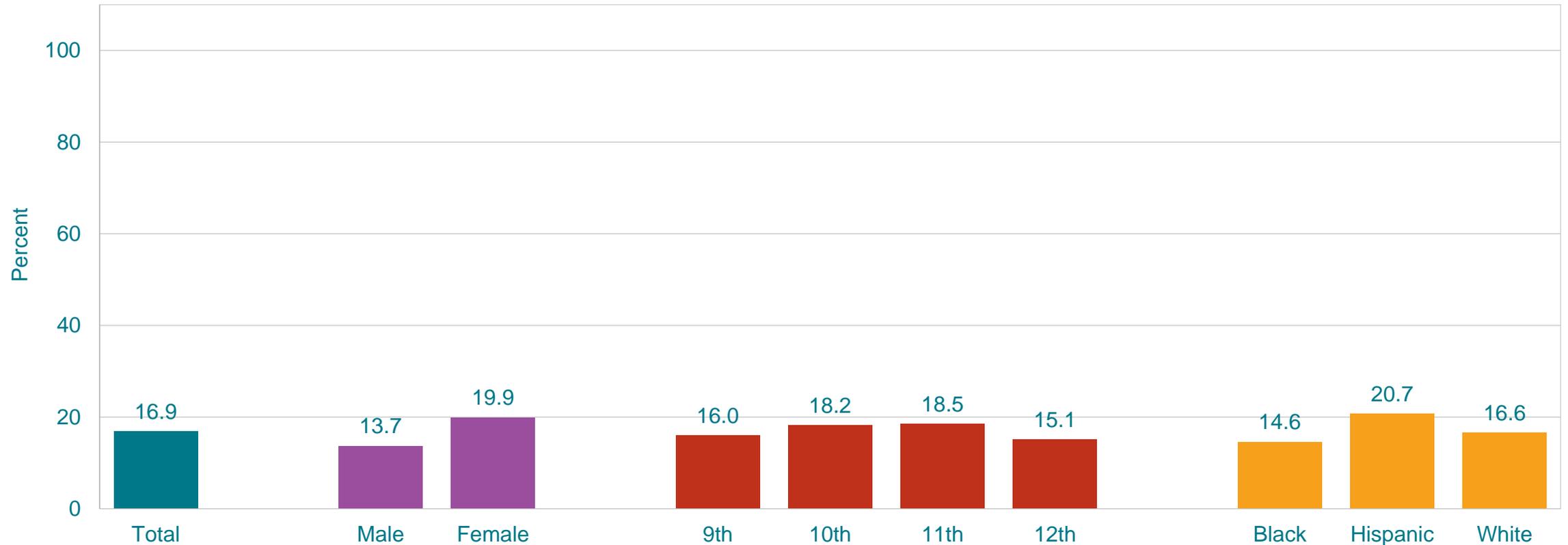
*During the 30 days before the survey

[†]F > M (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Went Without Eating for 24 Hours or More to Lose Weight or to Keep from Gaining Weight,* by Sex,† Grade, and Race/Ethnicity, 2019



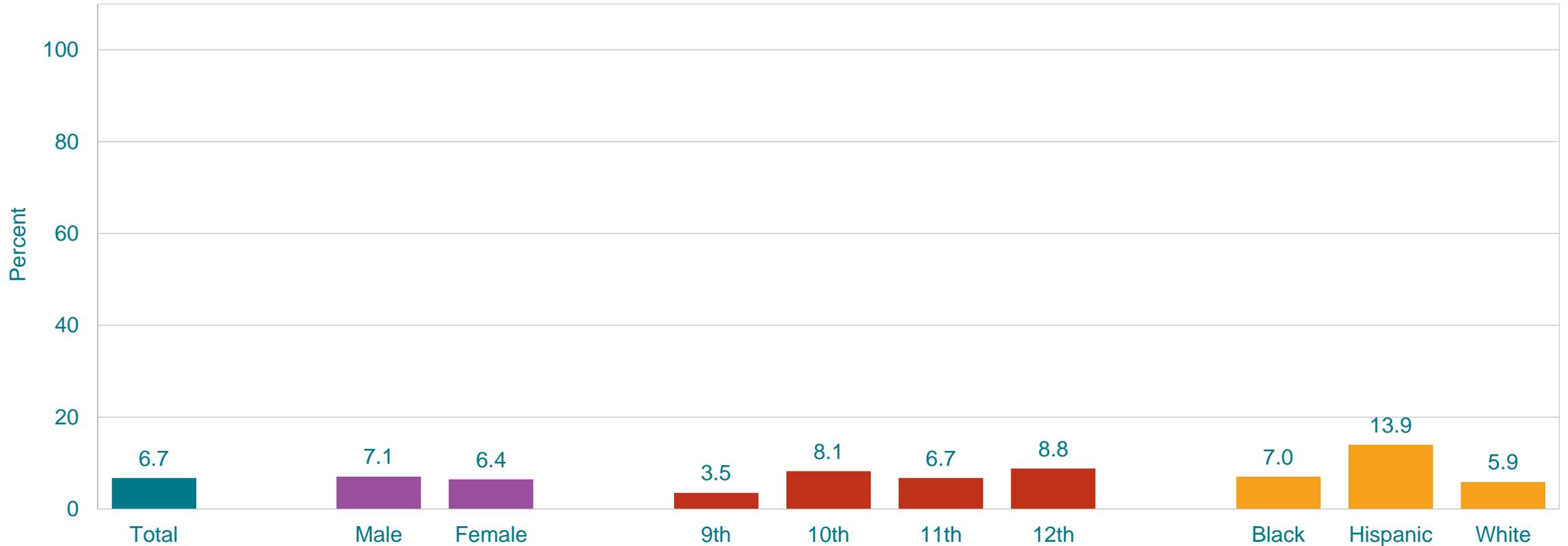
*Also called fasting, during the 30 days before the survey

†F > M (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Took Some Diet Pills, Powders, or Liquids Without a Doctor's Advice to Lose Weight or to Keep from Gaining Weight,* by Sex, Grade,† and Race/Ethnicity,† 2019



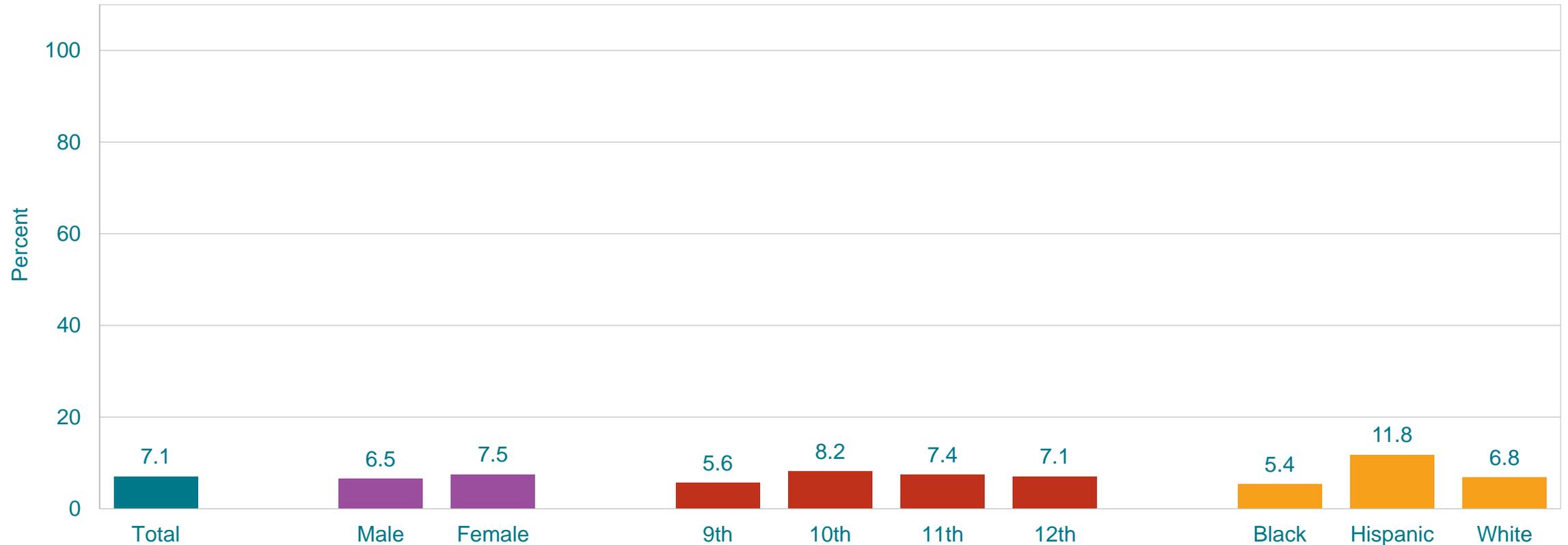
*During the 30 days before the survey

†10th > 9th, 12th > 9th; H > W (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

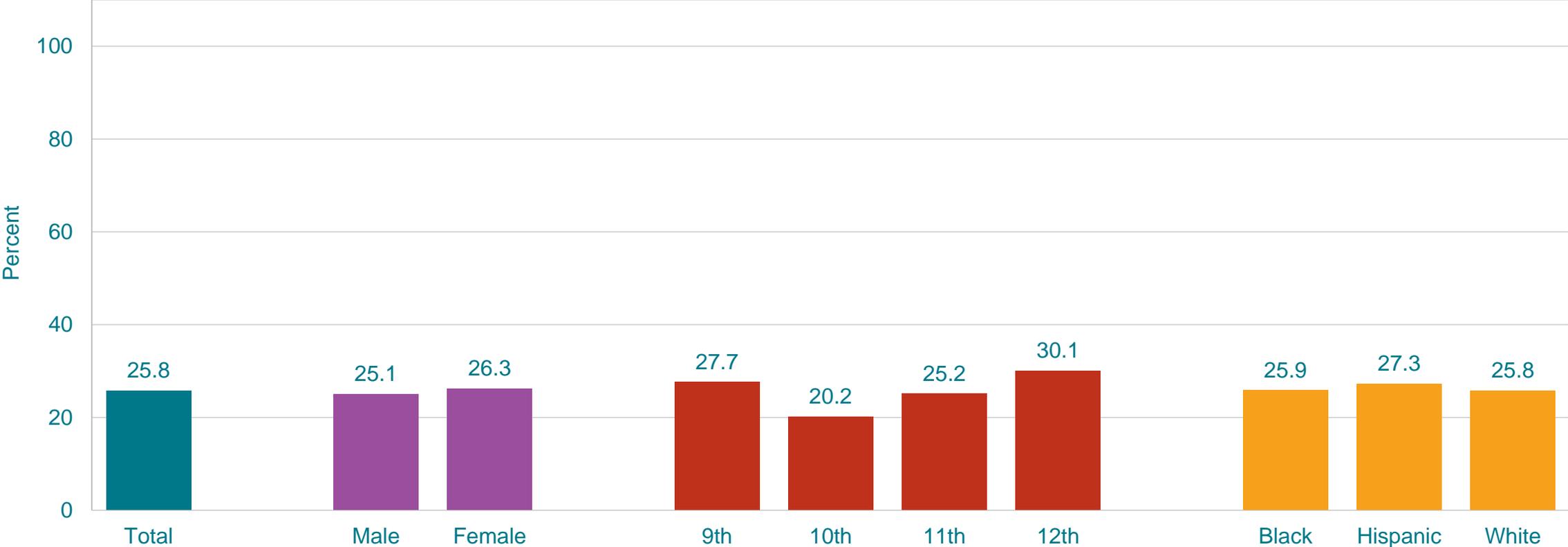
This graph contains weighted results.

Percentage of High School Students Who Vomited or Took Laxatives to Lose Weight or to Keep from Gaining Weight,* by Sex, Grade, and Race/Ethnicity, 2019



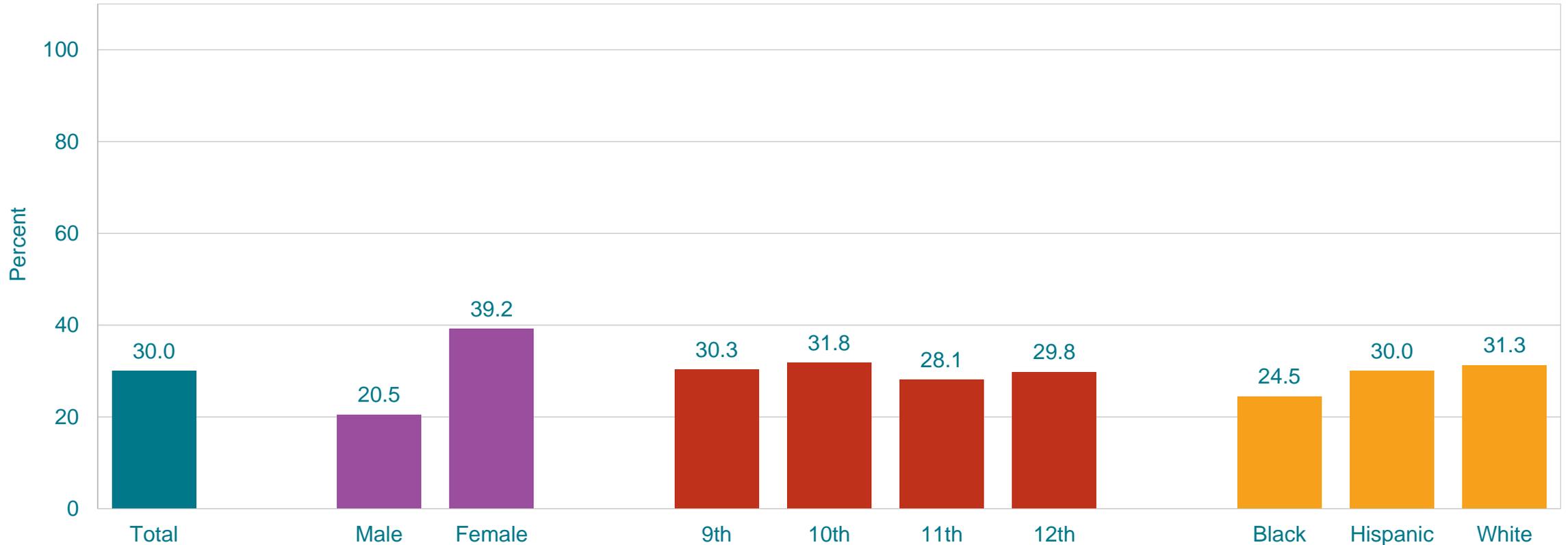
*During the 30 days before the survey
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
This graph contains weighted results.

Percentage of High School Students Who Smoked Cigarettes to Lose Weight or to Keep from Gaining Weight,* by Sex, Grade,† and Race/Ethnicity, 2019



*During the 30 days before the survey
 †9th > 10th, 12th > 10th (Based on t-test analysis, p < 0.05.)
 All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
 This graph contains weighted results.

Percentage of High School Students Who Skipped Meals to Lose Weight or to Keep from Gaining Weight,* by Sex,† Grade, and Race/Ethnicity, 2019



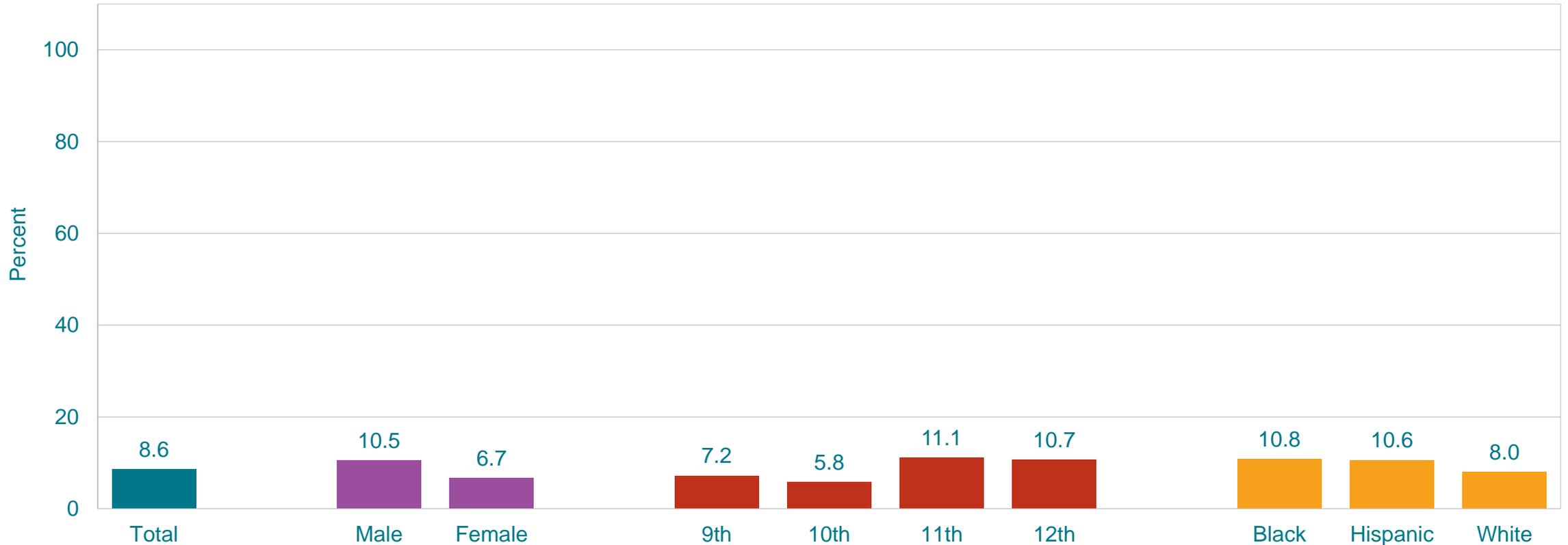
*During the 30 days before the survey

†F > M (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Did Not Drink a Bottle or Glass of Plain Water,* by Sex,[†] Grade,[†] and Race/Ethnicity, 2019



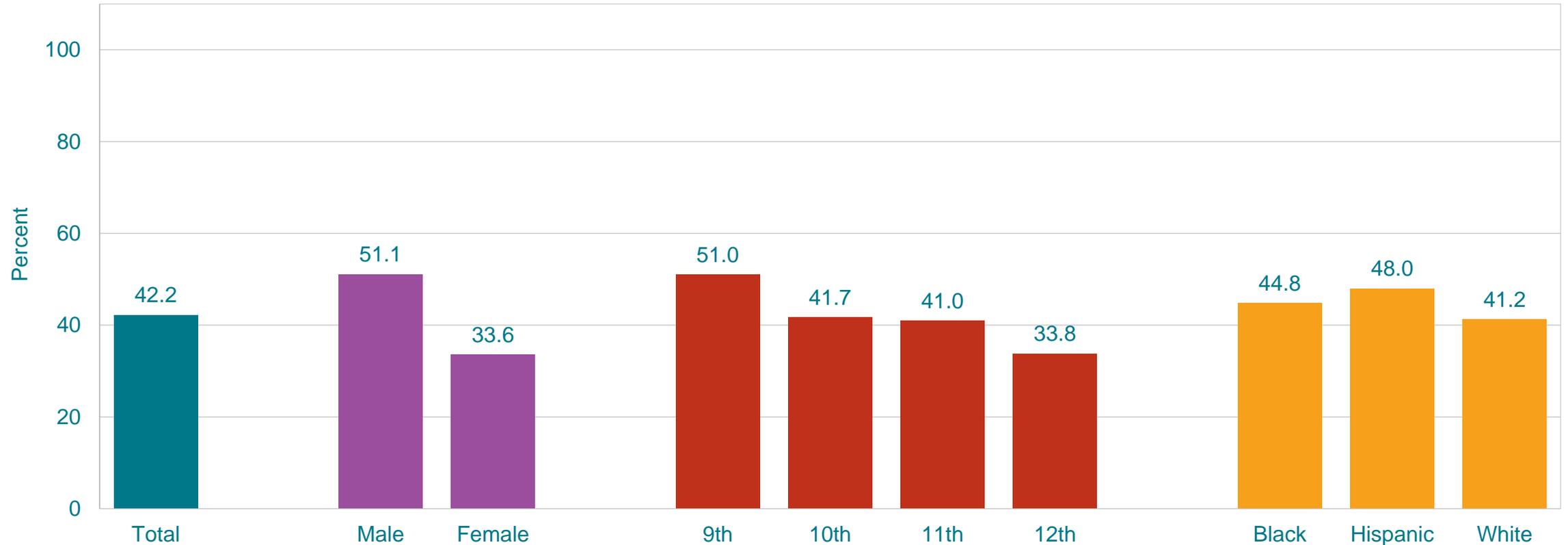
*Counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey

[†]M > F; 11th > 10th, 12th > 10th (Based on t-test analysis, p < 0.05.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Did Exercises to Strengthen or Tone Their Muscles on Three or More Days,* by Sex,† Grade,† and Race/Ethnicity, 2019



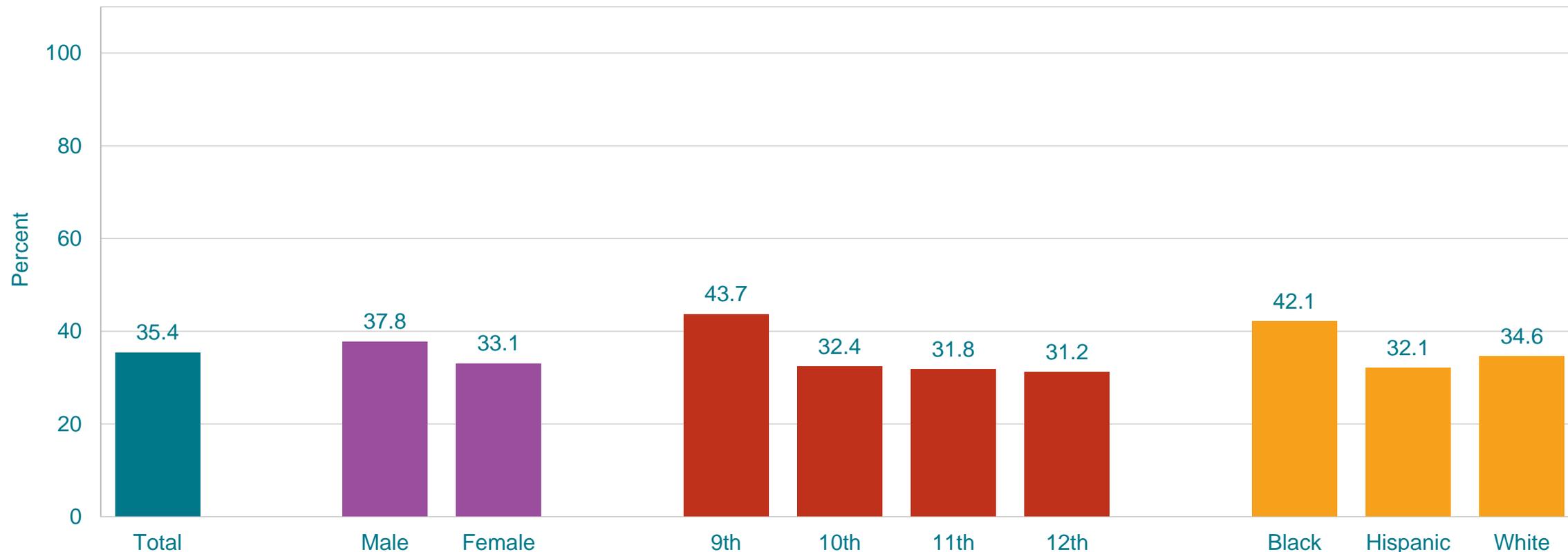
*Such as push-ups, sit-ups, or weight lifting, during the 7 days before the survey

†M > F; 9th > 10th, 9th > 11th, 9th > 12th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Reported Some of Their Classroom Teachers Encourage Them to Be Physically Active,* by Sex, Grade,[†] and Race/Ethnicity, 2019



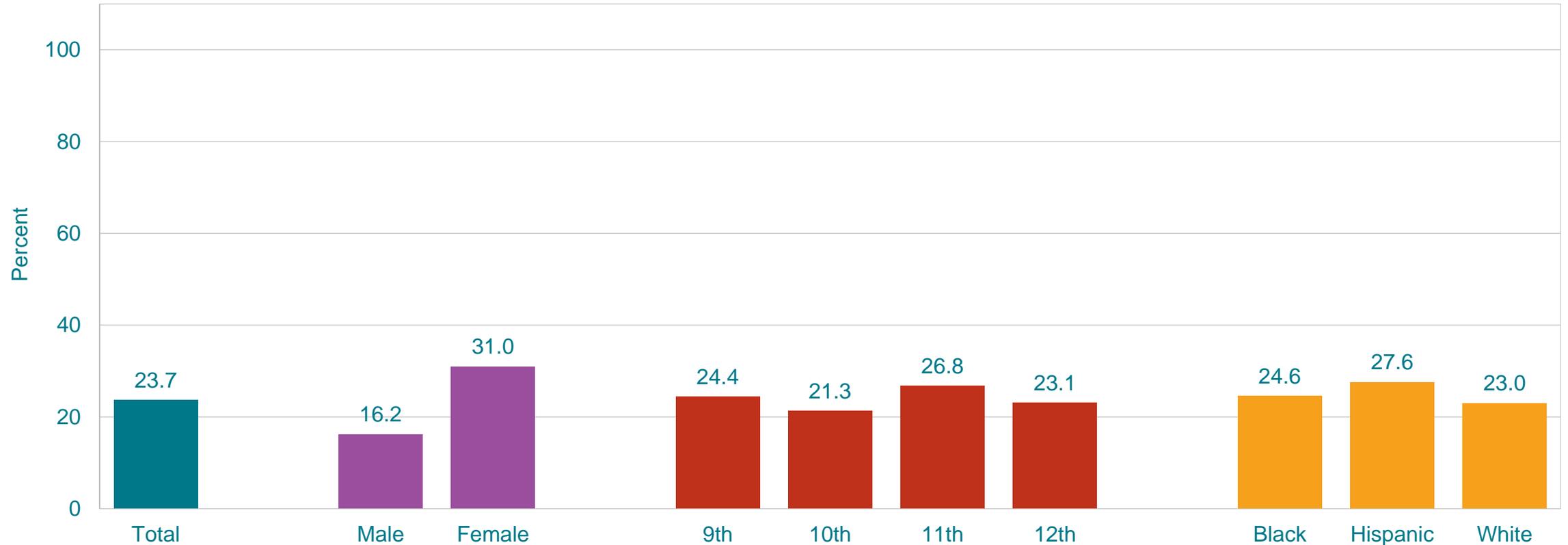
*Not counting their physical education teacher

[†]9th > 12th (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Participated in Any Organized Dance Activities,* by Sex,[†] Grade, and Race/Ethnicity, 2019



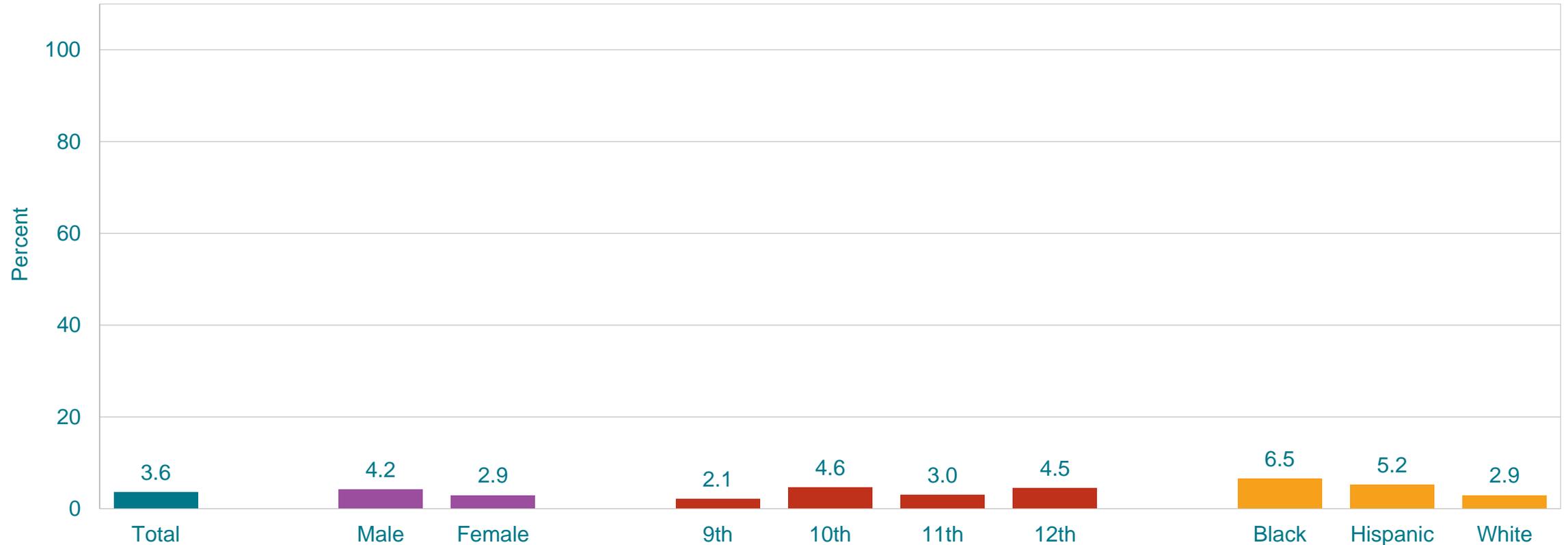
*Such as cheerleading, dance team, flag team, or dance classes, counting any activities run by their school or community groups, during the 12 months before the survey

[†]F > M (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Most of the Time or Always Went Hungry Because There Was Not Enough Food in Their Home,* by Sex, Grade,† and Race/Ethnicity,† 2019



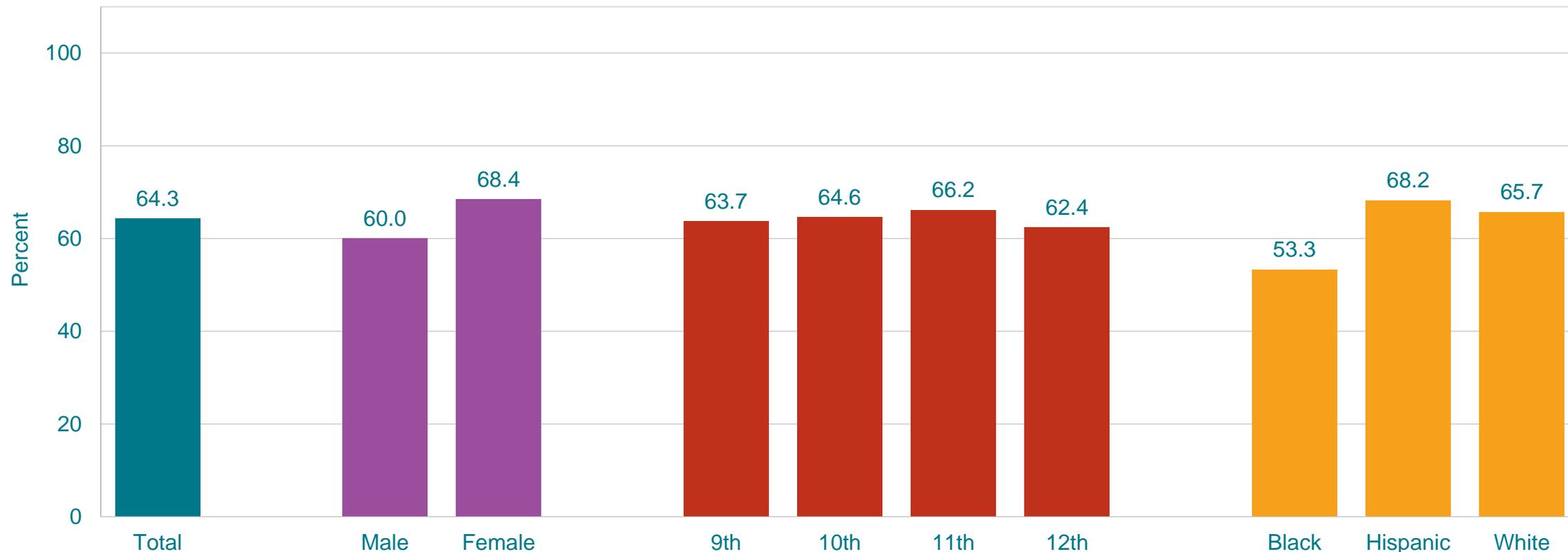
*During the 30 days before the survey

†10th > 9th; B > W (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

Percentage of High School Students Who Drank One or More Glasses Per Day of Water,* by Sex,† Grade, and Race/Ethnicity,† 2019



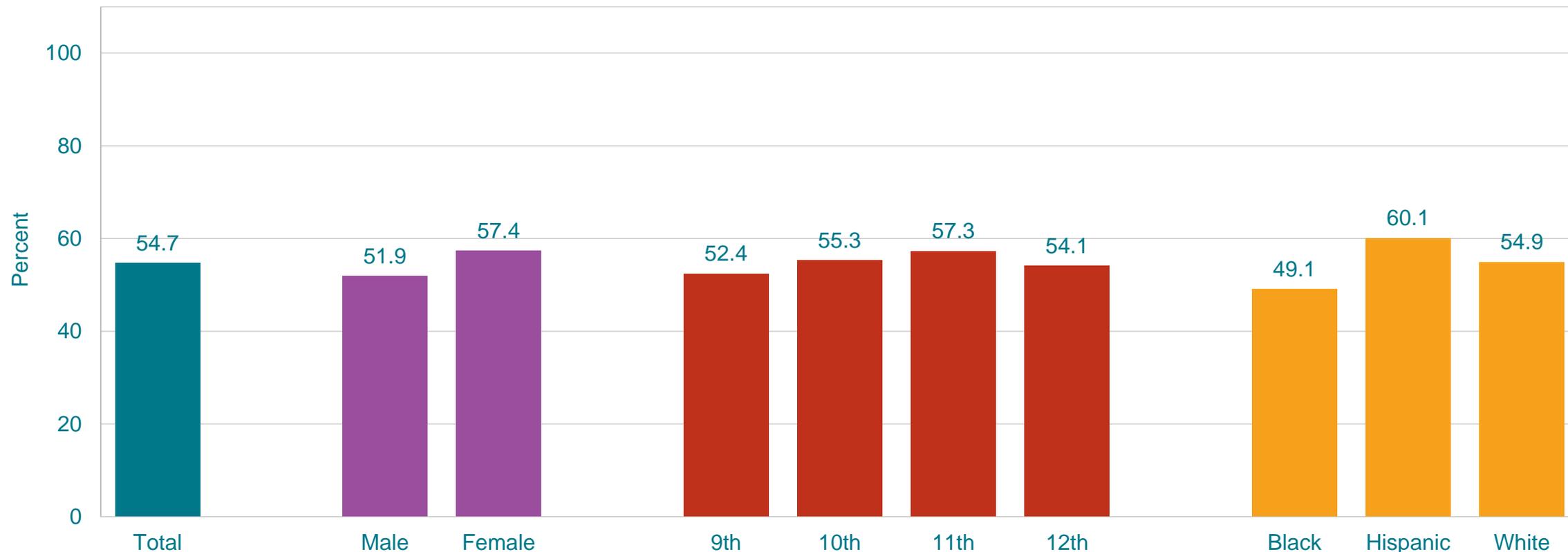
*During the 7 days before the survey

†F > M; H > B, W > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

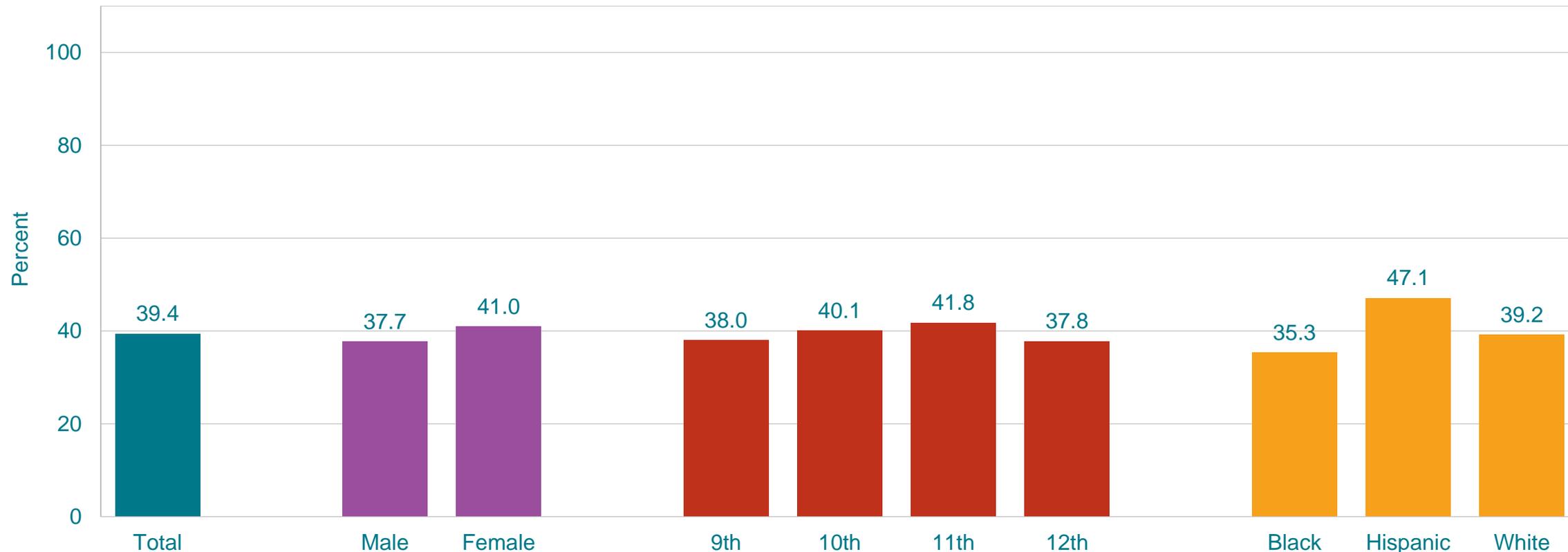
This graph contains weighted results.

Percentage of High School Students Who Drank Two or More Glasses Per Day of Water,* by Sex, Grade, and Race/Ethnicity, 2019



*During the 7 days before the survey
All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.
This graph contains weighted results.

Percentage of High School Students Who Drank Three or More Glasses Per Day of Water,* by Sex, Grade, and Race/Ethnicity,† 2019



*During the 7 days before the survey

†H > B (Based on t-test analysis, $p < 0.05$.)

All Hispanic students are included in the Hispanic category. All other races are non-Hispanic.

This graph contains weighted results.

For additional information about YRBS data please contact:

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