

Student Work-Based Learning Profile

Personal Information

Name: _____ **Date:** _____

Date of Birth: _____ **Gender:** _____ **Grade Level:** _____

School: _____

WBL Class: _____

Inventory of Prior WBL Experiences

For each experience, write brief answers to these questions:

- **What** was the experience? (industry tour, guest speaker, job shadow, or other?)
- **Who** was it with?
- **When** did it happen?
- **Where** did it happen?
- **List two skills (standards) you feel you worked on, using the Skills List provided.**

In the space below, list your previous **CAREER AWARENESS** experiences, if any. These are experiences in which you listened to or read something to learn about what people do in different careers. Examples include guest speakers, visits to workplaces, or career expos or fairs you have attended. If you need more room, write on the back of this page.

WHAT	WHO	WHEN	WHERE	SKILLS PRACTICED

In the space below, list your previous **CAREER EXPLORATION** experiences, if any. These are experiences in which you actively explored career options that you were interested in. Examples include completing interest assessments; doing internet or library research on careers matching your interests; interviewing people about the work they do; or going to an employer’s place of business for an informational interview or a job shadow. If you need more room, write on the back of this page.

WHAT	WHO	WHEN	WHERE	SKILLS PRACTICED

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Inventory of Prior WBL Experiences (continued)

In the space below, list your previous **CAREER PREPARATION** experiences, if any. These are experiences in which you “learned by doing” what particular kinds of work were really like and had the opportunity to develop the necessary knowledge and skills. Examples include interacting with working professionals in in-class or after school group projects, supervised community service or service learning, part-time volunteer or paid work with a business or community, or a supervised practicum or internship. If you need more room, write on the back of this page.

WHAT	WHO	WHEN	WHERE	SKILLS PRACTICED

Relevant Academic Experience

In the space below, list career-related courses or other relevant academic experiences you have completed:

WHAT	WHO	WHEN	WHERE	SKILLS PRACTICED

Current overall grade point average in high school _____

Grade point average for career-related courses identified above _____

Special skills (multi-lingual fluency, technology skills, etc. that you think are relevant):

Goals and Interests

1. What is your **elective focus**? (a graduation requirement in TN)

2. What do you want to do for your **career**?

3. What do you plan to do **after high school** graduation?

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Goals and Interests (continued)

4. What **knowledge and skills** do you feel you still need to develop or improve (Check one or more categories and then briefly state what you want to develop or improve more specifically within that category):

___ Academic Knowledge and Skills (e.g., English Language Arts, Math)

___ Industry-Focused Knowledge and Technical Skills (e.g., specific technical skills, specific safety regulations)

___ Career Knowledge and Navigation Skills (e.g., specific career options and related education requirements, specific steps needed to apply for a job or a postsecondary certificate or degree program)

___ 21st Century Learning and Innovation Skills (e.g., communication skills, critical thinking and problem solving skills, creativity and innovation skills, collaboration and teamwork skills, information literacy, technology literacy)

___ Personal and Social Skills (e.g., initiative and self-direction, professionalism and ethics, cultural and global competence, adaptability and flexibility, productivity and accountability)

5. What kind of additional **WBL opportunities** are you seeking? (For example, informational interview, job shadow, internship).

6. What **industry sector(s)** are you now most interested in?

7. What kinds of **occupations** are you now most interested in within the industry sector(s) identified above?

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Goals and Interests (continued)

8. What kind of **workplaces** are you now most interested in? (e.g. business/management office, outdoors, high-tech, laboratory, manufacturing plant, retail/service, art/music studio, etc.)

9. How will your **capstone WBL experience** help you pursue your long-term goals?

10. How can you **demonstrate** the skills you want to work on through your placement?

AFTER YOU ANSWER THESE QUESTIONS, PLEASE COMPLETE THE STUDENT SELF-ASSESSMENT OF SKILLS.