Department of Disability & Aging

Pathways to Independence

MAPs

What is MAPs?

MAPs is a program that will set people with intellectual and developmental disabilities on a path to:

- Learn skills to help them work
- Live independently
- Learn about their neighborhoods
- Find hobbies that interest them

MAPs services give people in the program the tools, technology, and support they need to meet the goals they set for themselves.

Who is MAPs for?

MAPs **is** for people with an intellectual or developmental disability who want to learn how to live and work more independently. DDA expects many students who are graduating from school or who have recently graduated will be interested in MAPs. People who are in an inclusive higher education program in Tennessee may also be interested in MAPs. MAPs can also benefit people on the waiting list for other long-term services and support programs like Employment and Community First CHOICES.

MAPs **is not** for people already enrolled in Home and Community Based Services or Long Term Services and Supports.

How can MAPs help me?

MAPs can help you set up a path to independence in your community. The first step is to help you find things in the community that you like. You will build your own Virtual Community Resource Maps. The map will help you find places that interest you, like:

- Jobs
- Housing
- Transportation
- Outings
- Other interesting places

You can use the map on your:

- Phone
- Tablet
- Computer

You will have access to technology to help you meet your goals.
Some of these goals might be:

- Living and traveling independently
- Getting support for a job
- Getting support from a peer mentor

You will be able to get MAPs services for up to 3 years.

How can I apply for MAPs?

To apply for MAPs, complete the application on the DDA website.
You can learn more about MAPs and apply by scanning the QR Code or visiting:
tn.gov/disability-and-aging/disability-aging-programs/maps