

# **Family Support Program- General Definitions**

### **Before/After Care**

Before/after care is a form of day care provided to either children or adults. It is provided either before or after school or a day activity. Its typical purpose is to enable the caregiver to work.

#### **Behavior Services**

Behavior Services includes the assessment or analysis of behavior that presents a health or safety risk to the person or others or that significantly interferes with home or community activities, assessment of the settings in which such behaviors occur and the events which precipitate the behaviors; the development, monitoring, and revision of crisis prevention and behavior intervention strategies; and training of the caregivers. Behavior Services must be provided by a credentialed professional.

## **Day Care**

Day care is a service that typically provides out of home care for a child or adult on a regular ongoing basis. Generally, day care is provided to enable a caregiver to engage in a regularly scheduled activity such as employment. Day care services may or may not be provided in a licensed program.

#### **Education/Home-School/Tuition**

The Education/Tuition services are those related to educational materials purchased for school-related activities of the person with a disability, including home-schooling materials, tuition for school for the person with a disability, and academic tutoring for the person with a disability.

# **Emergency Living Expenses**

Counseling provided to the person or caregiver related to challenges in the life of the person with a disability.

# Funeral/End-of-Life Costs

The Funeral/End of Life Cost services are those related to end-of-life arrangements for the person with a disability if that person passed away during a Fiscal Year in which they were approved for other Family Support services. Such approved services are related specifically to necessary costs for end-of-life arrangements including burial expenses, caskets, and cremation services for the person with a disability. Additional services related to end-of-life arrangements, such as floral arrangements, clothing, etc. are not included as Funeral/End of Life Costs.

## **Health Related**

Health related include services provided by a licensed health provider and may include, but are not limited to, medicine, dentist visits, dentures, medical bills, therapy, respiratory, vision, hearing. Health Related may also cover the cost of non-prescription items such as over the counter medications, first aid supplies and other items needed for the health or welfare of the person with a disability. While Family Support funding may be utilized to purchase medication, a recipient of Family Support funding must ensure all prescription medication purchases are appropriate and utilized in accordance with the prescribing physician and in line with standard medical practice. Any evidence of misappropriation of Family Support funds for narcotics or other drugs of abuse and/or

"doctor shopping" will be reported to state law enforcement officials for appropriate action under state and federal laws. Moreover, any payments for Family Support funding related to abuse of drugs may be withheld pending confirmation of appropriate medical use.

### **Home Modifications**

Home modifications include interior or exterior physical modifications to a person's place of residence that are needed to ensure the health, welfare, and safety of the person or to enable the person to function with greater independence. Examples include, but are not limited to:, wheelchair ramps, widening of doorways, modifications of bathroom and kitchen facilities, and installation of specialized electrical or plumbing system to accommodate necessary medical equipment and supplies.

## **Homemaker Services**

These services are provided to the whole family or household. Homemaker services include general household activities and chores such as sweeping, mopping, dusting, changing linens, making beds, washing dishes, doing personal laundry, ironing, mending, meal preparation, and assistance with maintenance of a safe environment. Family members may be paid to provide homemaker services but cannot be the spouse, the parent or guardian/conservator of a minor child or an adult, or another family member living in the same residence as the person receiving the homemaker services. Exceptions to these provisions may be made at the discretion of the Local Council.

# **Nursing/Nurses Aid**

Nursing includes services provided by registered nurses, licensed practical nurses, or nurse's aides that are ordered by the person's physician, physician assistant or nurse practitioner. These services may be provided in home and community settings but may not be provided in in patient hospitals.

## **Personal Assistance**

Personal assistance provides in-home or community support to a person with a disability. Services may include, but are not limited to, assistance with activities of daily living (for example, bathing, dressing, personal hygiene, eating), related household activities or chores (for example, meal preparation, washing dishes, personal laundry, general housecleaning), and budget management. Personal assistance may also be provided in the community but is not intended to replace services covered by schools or other programs. Community-based services may include, but are not limited to, accompanying the enrollee on personal errands such as grocery shopping, picking up prescriptions, paying bills; trips to the post office, and medical appointments as well as assisting the person with interpersonal and social skills building in community settings. Family members may be paid to provide personal assistance but cannot be the spouse, the parent or guardian/conservator of an adult or minor child, or another family member living in the same residence as the person receiving the personal assistance. Exceptions to these provisions may be made at the discretion of the Local Council.

# **Recreation/ Summer Camp**

Recreation/summer camp may include, but is not limited to, the cost of attendance at camp for either a child or adult with disabilities, therapeutic activities, horse therapy, swimming, YMCA activities, and participation in other community recreational activities.

## Respite

Respite is a service that provides a break from caregiving responsibilities. Respite may be short or long term and may take place at home or somewhere else. Respite may be a service that is planned in advance or may be also provided in emergency circumstances. The services that have sometimes been called sitter should be included in this category. Family members may be paid to provide respite but cannot be the spouse, the parent or guardian/conservator of a minor child or an adult, or another family member living in the same residence as the person receiving the respite. Exceptions to these provisions may be made at the discretion of the Local Council.

#### **Service Animals**

Service Animal services under the Family Support program are for the training and/or costs for a "service animal" for use by the person with a disability, as the term "service animal" is defined pursuant to 28 C.F.R. § 35.104 of the Code of Federal Regulations, which is: "any dog that is individually trained to do work or perform tasks for the benefit of an individual with a disability, including a physical, sensory, psychiatric, intellectual, or other mental disability." As further noted in 28 C.F.R. § 35.104, "[o]ther species of animals, whether wild or domestic, trained or untrained, are not service animals for the purposes of this definition." Further, the "work or tasks performed by a service animal must be directly related to the individual's disability" and therefore this service does not include costs for an animal obtained for the "crime deterrent effects of an animal's presence" or "the provision of emotional support, well-being, comfort or companionship." If a miniature horse, as defined by federal law, meets the same criteria as provided above, a Local Council may consider approval of services for the miniature horse.

## Specialized Equipment & Repair/Maintenance

Specialized equipment and repair/maintenance means assistive devices, adaptive aids, controls, or appliances which enable a person to perform activities of daily living or to perceive, control or communicate with the environment. The service also includes accessories and supplies for the equipment as well as repairs or maintenance for the proper functioning of such items. Examples include, but are not limited to communication devices, hearing devices, personal emergency response systems, specialized lifts, positioning equipment, wheelchairs, seating devices, assistive technology, and software.

## **Specialized Nutrition/Clothing/Supplies**

Specialized nutrition may include services performed by a Nutritionist/Dietician and food items such as ensure, boost, gluten free products, and other dietary products necessary for the health and well-being of persons with disabilities.



Specialized clothing may be necessary for individuals who, due to their disability, need larger or smaller clothes than generally available, need clothing with more reinforcement than generally available, need clothing with fasteners other than what is generally available, etc.

Supplies are to benefit the person with a disability whose needs go beyond those of the general population for cleanliness, warmth, cooling, etc.

## **Training**

Training may include services provided directly to the person with a disability or to the person's caregiver and may include, but is not limited to, conference costs, lodging costs, educational activities, and consumer training.

# **Transportation**

Transportation includes the cost of directly transporting a person with a disability to day services, his or her job, medical or non-medical appointments, or various related activities. Transportation may also include the cost of a bus ticket, taxis, or other types of transportation used to enable the person to participate in nearby community activities. Transportation may include vehicle repairs, maintenance, at the discretion of the Local Council or an emergency car insurance premium, not to exceed once per year, in the amount of a three-month period.

Long distance travel includes the cost of mileage, meals for the recipient, and/or lodging associated with transporting the recipient.

A transportation form is in Appendix C of the Family Support Guidelines and must be completed to invoice for this service.

#### **Vehicular Modifications**

Vehicular modifications include interior or exterior physical modifications to a vehicle owned by a person with a disability or by the primary caregiver of a person with a disability and which is routinely available for transporting the person with a disability. Examples include but are not limited to: lifts that allow access to the vehicle, interior modifications such as grab bars, head/leg rests, devices to secure wheelchairs in a stationary position, roof modifications, safety belts, steering control adaptations, changes to car pedals, and remote switches.