

Restricted Interventions

1. Escape Extinction with Physical Prompting: no longer allowing a challenging behavior to result in the escape or avoidance of task. Physical prompting, such as graduated physical guidance, is used to prevent the escape or avoidance of the task.
2. Exclusionary Time-Out: the removal of the person from the immediate area for a period of time to prevent access to positive reinforcers and to withdraw the opportunity to earn positive reinforcement contingent upon the occurrence of a challenging behavior. The person is returned to the setting after a required period of time. Attempts to return to the area prior to the required time period may be blocked, but locking the person in the area with no one else present is prohibited.
3. Response Cost: removal of tokens, points, preferred items, scheduled events, and other reinforcers or restricting activities or outings following a behavior with the objective of decreasing its occurrence. Activity delays of greater than two (2) hours shall be considered Response Cost.
4. Sensory Extinction: removing the sensory consequences of behavior using devices such as helmets and gloves that do not restrict movement.
5. Required relaxation: requiring the individual to sit down or lie down on his/her back for a designated period of time after each instance of inappropriate behavior. Graduated physical guidance may be used as needed, however, takedowns are prohibited.