

**PERSONAL FOCUS
CHRONIC MEDICAL CONDITIONS
TIP SHEET**

The Chronic Medical section includes chronic, medical, psychiatric and other health conditions.

Health issues affect all aspects of the person's life.

Focus on what is needed to keep the person healthy.

Include all health issues that are likely to have a continued impact on the person's life. Do not include acute problems that occurred only once and did not have a lasting impact on the person's life.

👉 These are suggestions of what to consider when completing the "Chronic Medical Conditions" section of the Personal Focus. Inclusion in the ISP should be based on the unique characteristics, needs and preferences of the person. There is no expectation or requirement that all areas be specifically addressed in the ISP.

A. Column One (The Person's Current Situation and What is Important to the Person):

1. Major or multiple surgeries.
2. Hearing.
3. Vision
4. Oral hygiene.
5. Person or entity that schedules and coordinates medical appointments, obtains medications, follows up on recommendations, etc.
6. Lengthy or frequent hospitalizations.
7. Frequent access of emergency medical services.
8. Important family history.
9. Medical and psychiatric diagnosis.
10. How these conditions or issues are managed i.e. if medication is taken, specific treatments in place to address the condition or issue and recommendations from medical, psychiatric, psychopharmacology, mental health, etc. being implemented.
11. How these conditions or issues affect the person's life.
12. Briefly describe chronic and recurring conditions.
13. Health related risks.
14. Sedation concerns.
15. Things that must be in place to make sure the person stays healthy.
16. The person's understanding of his/her health issues including medications and what they are prescribed for.

17. The person's participation in meeting his/her health needs such as self medication, making appointments, arranging transportation, reporting medical history, implementing physician's orders, etc, including:
 - What the person does independently;
 - What the person needs help with;
 - How much help and the kind of help the person needs; and
 - The things that someone else must do for the person.
18. Assistance needed in transferring or moving about their environment, including:
 - What the person does independently;
 - What the person needs help with;
 - How much help and the kind of help the person needs; and
 - The things that someone else must do for the person.
19. Skin integrity issues.
20. Contractures or other physical limitations that affect daily life.
21. Durable, medical, mobility, adaptive or assistive technology, equipment or supplies needed including:
 - When it's used;
 - Where it's kept;
 - Is it available; and
 - Is it in good repair?
22. Behavioral issues not addressed in a behavior support plan and how they are managed.
23. Sensory processing difficulties like self-injurious behaviors, self-stimulating behaviors, difficulty with transitions, avoiding touch, sensitivity to sounds, lights or smells and how those are being addressed.

There can be no conflicting information regarding chronic medical conditions or health issues. Any unclear or conflicting information must be resolved and recorded in the ISP correctly.

- B. Column Two (What the Person is Dissatisfied With and What Needs to Be Changed):
 1. What the person wants to be different, if anything;
 2. Anything the person wants to learn how to do in relation to his/her health.
 3. Any new needs related to health issues.
 4. Any new health related risks that need to be addressed.