


## **PERSONAL FOCUS RELATIONSHIPS AND COMMUNITY MEMBERSHIP TIP SHEET**

If the person does not have a lot of friends or relationships with others in the community, building friendships, family ties and personal relationships should be discussed.

If the person has little or no involvement in the community, ways for the person to learn, explore and connect to the community should be discussed.

If the person's life only includes paid relationships, we would expect to see discussion and possibly outcomes/actions that would help promote opportunities to develop relationships.

 These are suggestions of what to consider when completing the "Relationships and Community Membership" section of the Personal Focus. Inclusion in the ISP should be based on the unique characteristics, needs and preferences of the person. There is no expectation or requirement that all areas be specifically addressed in the ISP.

A. Column One (The Person's Current Situation and What is Important to the Person):

1. Involvement with family.
2. What activities the person does with them.
3. Friends.
4. What the person does with them.
5. Who the person is really close to.
6. What is needed to ensure the person is successful in maintaining these relationships.
7. Those with whom the person should have no contact and why.
8. Any community settings that should be avoided.
9. Hobbies.
10. Spiritual or religious life.
11. Things the person does in the community.
12. Social contacts.
13. The persons' knowledge of and access to community activities, events, resources, etc.
14. When the person can be alone in the community and under what circumstances (will also have to be included in the "Risk" section of the Action Plan).
15. How the person is involved in the community.

16. Clubs, groups or other community organizations the person is involved with.
17. Social roles the person performs.
18. How the person is informed about what is going on in the community.
19. Sporting and recreational activities the person likes and attends.
20. Use of transportation for community membership activities.
21. Local events the person likes to attend.
22. Use of public resources such as public library.
23. What is needed to make sure the person participates as desired.
24. Include any medical, therapeutic, behavioral or mental health issues that affect relationships and community membership and how they are affected.
25. Risk issues related to relationships and community membership.
26. What things the person needs to be safe in the community;
27. The choices and decisions the person makes regarding relationships and community membership.
28. Durable, medical, mobility, adaptive or assistive technology, equipment or supplies needed including:
  - When it's used;
  - Where it's kept;
  - Is it available; and
  - Is it in good repair?
29. Any environmental accessibility adaptations needed by the person when accessing community organizations.
30. The person's understanding of his/her rights as a citizen.
31. The person's understanding of what he/she should do if his/her rights are violated.
32. The person's understanding of any limited rights, if applicable.
33. The person's desires for voting and how those are supported.
34. Any life altering event such as the loss of a family member, friend or co-worker.

B. Column Two (What the Person is Dissatisfied With and What Needs to Be Changed):

1. What the person wants to be different, if anything.
2. Anything the person wants to learn how to do.
3. Any new needs related to health and safety issues.
4. Any new risks that need to be addressed.
5. Ways in which the person can be more integrated into the community.
6. Any new relationships the person wants to pursue.