

National Alliance of Direct Support Professionals

Relias delivers comprehensive, compliant online training to support employees in mental health services, child services, addiction services, social services, and community healthcare. At Relias, we partner with top health and human services agencies, accrediting bodies, councils, and child welfare leagues to create unrivaled course content that supports professional accreditation and most national and state certifications. Each year, more than 1.7 million employees at 3,500 organizations take over 12 million online courses from Relias.

Relias Training Crosswalks are based on published accreditation standards. They are designed to assist organizations in the selection of courses from the Relias libraries to ensure and demonstrate staff competence according to the training standards.

General staff compliance trainings should be selected to ensure the organization meets OSHA and other regulatory requirements. Staff training is only one element of a successful survey and the crosswalks are not meant to take the place of a careful review and evaluation of your program to the accreditation standards.

The courses listed in the crosswalk are a representative sample of courses available in Relias libraries. It may not be necessary to choose all courses listed for a specific training standard; it is recommended that courses are chosen that closely align with the mission and services offered and the specific needs of the persons served. NADSP Competency Area indicates the competency areas specified by the National Alliance for Direct Support Professionals.

Relias curriculum is fully accredited by NADSP to meet the training hours required to become a Direct Support Professional I (DSP-I) (100 hours) and Direct Support Professional-II (DSP-II) (200 hours) as well as to meet the continuing education requirements.

The following are the NADSP fully accredited courses cross-walked to the 15 NADSP Competency Areas:

Disclaimer: The following constitutes Relias, LLCs recommendation of course work for each listed Crosswalk Measure, Relias does not make any guarantee that such course(s) will be accepted by the accrediting body(ies).

Reference:

Participant Empowerment

Enhances the ability of participants to lead a self-determining life by providing the support and information necessary to build self-esteem and assertiveness and to make decisions.

Module Code	Module Name	Hours
REL-IDD-0-ABIDD	Abuse and Neglect of Individuals with I/DD	2.50
REL-IDD-0-CMPIDD	Choice Making for People with Intellectual and Developmental Disabilities	1.00
REL-IDD-OADSP-PPEDS	Principles and Practices of Effective Direct Supports	1.00
REL-IDD-0-SAFL	Self-Advocacy Focused Learning	1.00
EL-SDBSDEES-DD-CSD	Self-Determination Basics for Self-Directed Employees	2.00
REL-IDD-0-SQL-V2	Supporting Quality of Life for a Person with Developmental Disabilities	1.25

Communication

The Direct Support Professional should be knowledgeable about the range of effective communication strategies and skills necessary to establish a collaborative relationship with the participant.

Module Code	Module Name	Hours
REL-IDD-0-ACS	Augmentative and Alternative Communication for IDD	1.00
REL-IDD-0-BCCMS	Basic Communication and Conflict Management Skills	1.75
REL-DISOV-DD-0	Disabilities Overview	1.75
REL-ALL-0-EFFCOM	Effective Communication	0.25
REL-IDD-0-DSPCCMS-2	Person-First Language	1.00
REL-IDD-0-SELPD	Supporting Everyday Lives for People with Disabilities	2.50
REL-IDD-0-WDDI	Supporting Individuals with IDD and Mental Health Disorders	1.50

Assessment

The Direct Support Professional should be knowledgeable about formal and informal assessment practices, in order to respond to the needs, desires and interests of participants.

Module Code	Module Name	Hours
REL-HHS-0-AD-V2	Alzheimer's Disease	2.50
REL-IDD-0-AO	Autism Overview	1.75
REL-DISOV-DD-0	Disabilities Overview	1.75
REL-IDD-0-HGDIIDD	Human Growth and Development Across the Lifespan	1.50
REL-IDD-NADD-IDDTRR	IDD and Trauma: Road to Recovery	1.50
REL-IDD-0-INTDIS	Intellectual Disability Overview	1.50
REL-CV-CQL-LPIT	Learning about People - Interviewing Techniques	2.50
REL-IDD-NADD-PSYMED	Psychotropic Medications	1.50
REL-IDD-0-SSIPASD	Strategies for Socialization and Integration for People with Autism Spectrum Disorder	1.50
REL-IDD-0-WDDI	Supporting Individuals with IDD and Mental Health Disorders	1.50
EL-UA-DD-OADSP	Using Assessments	3.50

Community and Service Networking

The Direct Support Professional should be knowledgeable about the formal and informal supports available in his or her community and skilled in assisting the participant to

Identify and gain access to such supports.

Module Code	Module Name	Hours
REL-IDD-0-SQL-V2	Supporting Quality of Life for a Person with Developmental Disabilities	1.25

Facilitation of Services

The Direct Support Professional is knowledgeable about a range of participatory planning techniques and is skilled in implementing plans in a collaborative and expeditious manner.

Module Code	Module Name	Hours
REL-HHS-0-AD-V2	Alzheimer's Disease	2.50
REL-IDD-NADD-IDDTRR	IDD and Trauma: Road to Recovery	1.50
REL-IDD-0-PCPIDD	Person Centered Planning for Individuals with Developmental Disabilities	3.25
REL-IDD-0-WDDI	Supporting Individuals with IDD and Mental Health Disorders	1.50
REL-IDD-0-SPIFL	Using Service Plans Focused Learning	1.00
REL-IDD-0-WSPASD	Ways to Support People with Autism Spectrum Disorder	1.50

Community Living Skills and Supports

The Direct Support Professional has the ability to match specific supports and interventions to the unique needs of individual participants and recognizes the importance of friends, family and community relationships.

Module Code	Module Name	Hours
RI-IDD-0-CSE	Bon Appetit! An Overview of Safe Eating and Drinking Focused Learning	1.00
EL-HFS-COMP-0	Handling Food Safely	1.00
REL-IDD-0-HGDIIDD	Human Growth and Development Across the Lifespan	1.50
REL-IDD-0-NE	Nutrition and Exercise Focused Learning	1.00
REL-IDD-0-PDBRCM	People with Disabilities: Building Relationships and Community Membership	1.00
EL-SDBSDEES-DD-CSD	Self-Determination Basics for Self-Directed Employees	2.00
REL-IDD-GH-SI	Systematic Instruction Strategies	3.25

Education, Training and Self-Development

The Direct Support Professional should be able to identify areas for self-improvement, pursue necessary educational/training resources, and share knowledge with others.

Module Code	Module Name	Hours
REL-ALL-0-BSUPSK	Basic Supervisory Skills	1.00
EL-COMM2-HR-TRNKY	Communication Essentials: Communication Style Effectiveness	1.00
EL-COMM1-HR-TRNKY	Communication Essentials: Navigating Conversations	1.00
EL-COMM3EL-HR-TRNKY	Communication Essentials: The Effective Listener	1.00
REL-CDWMCC-COMP-0	Cultural Diversity	1.25
REL-ALL-0-EINTEL-V2	Employee Wellness - Emotional Intelligence: Awareness	0.25
REL-ALL-0-TMGMT-V2	Employee Wellness - Time Management	0.25
REL-ALL-0-WLBAL-V2	Employee Wellness - Work-Life Balance	0.25
REL-ALL-0-HPTAE	High Performing Teams: Achieving Excellence	1.00
EL-HPT2-HR-TRNKY	High Performing Teams: Aligning and Developing Your Team	1.00
EL-HPT1-HR-TRNKY	High Performing Teams: Building an Effective Team	1.00
EL-PSW-HR-0	Problem Solving: Solutions in the Workplace	2.00
REL-ALL-0-SHEMP	Sexual Harassment for Employees	0.50
REL-IDD-AAIDD-STC1	Supervisor Training Curriculum - Part 1: Defining Work Expectations	1.00
REL-IDD-AAIDD-STC2	Supervisor Training Curriculum - Part 2: Assessing, Supporting, and Improving Work Performance	2.00
REL-IDD-AAIDD-STC3	Supervisor Training Curriculum - Part 3: How to Discipline and Promote Positive Work Place Enjoyment	2.25
REL-CV-0-USUPW	Understanding Substance Use Problems in the Workplace	2.00
REL-ALL-0-WTEAM	Working in a Team	0.50
REL-ALL-0-WWDP	Working with Difficult People	0.25
REL-CV-0-WH	Workplace Harassment	1.25

Advocacy

The Direct Support Professional should be knowledgeable about the diverse challenges facing participants (e.g., human rights, legal, administrative and financial) and should be able to identify and use effective advocacy strategies to overcome such challenges.

Module Code	Module Name	Hours
REL-IDD-OADSP-PPEDS	Principles and Practices of Effective Direct Supports	1.00
REL-IDD-0-SAFL	Self-Advocacy Focused Learning	1.00

Vocational, Educational and Career Support

The Direct Support Professional should be knowledgeable about the career and education related concerns of the participant and should be able to mobilize the resources and support necessary to assist the participant to reach his or her goals.

Module Code	Module Name	Hours
REL-IDD-GHA-CCC1-V2	Creating Community Careers Part 1: Overview of Customized Employment	2.25
REL-IDD-GHA-CCC2-V2	Creating Community Careers Part 2: Understanding the Discovering Personal Genius Process	2.25
REL-IDD-GHA-CCC3-V2	Creating Community Careers Part 3: Employment Opportunities Through Customized Job Development	3.25
REL-IDD-GHA-CCC4-V2	Creating Community Careers Part 4: Customized Employment Using Interest-Based Negotiation	3.00
REL-IDD-GHA-CCC5-V2	Creating Community Careers Part 5: Systematic Instruction and Job Training	3.50
REL-IDD-GHA-CSE1-V2	Customized Self-Employment Part 1: The Basics	3.50
REL-IDD-GHA-CSE2	Customized Self-Employment Part 2: Discovering Personal Genius	3.00
REL-IDD-GHA-CSE3	Customized Self-Employment Part 3: Small Business Feasibility and Support	2.75
REL-IDD-GHA-CSE4	Customized Self-Employment Part 4: Business Planning	1.50
REL-IDD-GHA-CSE5	Customized Self-Employment Part 5: Business Operations	2.25
REL-IDD-GHA-CSE6	Customized Self-Employment Part 6: Getting Started Managing A Business	1.00
REL-IDD-0-ESFL	Employment Support Focused Learning	1.00
REL-IDD-GH-SSDBW	Social Security Disability Benefits and Work: Address Fears and be Part of the Solution	1.50

Crisis Prevention and Intervention

The Direct Support Professional should be knowledgeable about crisis prevention, intervention and resolution techniques and should match such techniques to particular circumstances and individuals.

Module Code	Module Name	Hours
REL-IDD-0-CIIDD	Crisis Intervention for Individuals with Developmental Disabilities	0.75
REL-IDD-0-BDP	Individual Behavior Change: Part 1 - Understanding Behavior	1.25
REL-IDD-0-MCBFL	Managing Challenging Behaviors Focused Learning	1.00
REL-IDD-AAIDD-OPPBS1	Principles of Positive Behavior Support for DSPs Part 1: Overview	1.00

Organizational Participation

The Direct Support Professional is familiar with the mission and practices of the support organization and participates in the life of the organization.

Module Code	Module Name	Hours
EL-APP-DD-CQL	Application of the Personal Outcome Measures for Behavioral Health	1.50
REL-CDWMCC-COMP-0	Cultural Diversity	1.25
REL-ALL-0-INTECH	Interviewing Techniques	1.00
REL-CV-CQL-LDDM	Looking at the Data - Decision-Making around Personal Outcome Measures	2.75
EL-PMB-HR-0	Project Management Basics	2.00
REL-IDD-0-RCD	Respecting Cultural Diversity in Persons with IDD	1.00
REL-CV-CQL-PWR	The Power of Personal Outcome Measures®	1.75
REL-CV-CQL-PLAN	Using Personal Outcome Measures® in Planning for People	2.25

Documentation

The Direct Support Professional is aware of the requirements for documentation in his or her organization and is able to manage these requirements efficiently.

Module Code	Module Name	Hours
REL-ALL-0-CCETH	Corporate Compliance and Ethics	1.00
REL-IDD-OADSP-GED-V2	Guidelines for Effective Documentation	3.00
REL-IDD-OADSP-GEDFL	Guidelines for Effective Documentation Focused Learning	1.00
REL-CV-0-HIPAA	HIPAA Overview	0.75
REL-HHS-0-IR	Incident Reporting	1.00
REL-IDD-OADSP-WEIR	Writing Effective Incident Reports	1.50

Building and Maintaining Friendships and Relationships

Support the participant in the development of friendships and other relationships.

Module Code	Module Name	Hours
REL-IDD-0-PDBRCM	People with Disabilities: Building Relationships and Community Membership	1.00

Module Code	Module Name	Hours
REL-IDD-OADSP-PPEDS	Principles and Practices of Effective Direct Supports	1.00
REL-IDD-0-SELPD	Supporting Everyday Lives for People with Disabilities	2.50
REL-IDD-0-DSP1	Supporting Healthy Personal Relationships for People with IDD	1.00

Provide Person Centered Supports

Support the participant in the development of friendships and other relationships.

Module Code	Module Name	Hours
REL-IDD-0-PCPIDD	Person Centered Planning for Individuals with Developmental Disabilities	3.25
REL-IDD-0-SQL-V2	Supporting Quality of Life for a Person with Developmental Disabilities	1.25
REL-IDD-0-SPIFL	Using Service Plans Focused Learning	1.00

Supporting Health and Wellness

Promotes the health and wellness of all consumers

Module Code	Module Name	Hours
REL-ALL-0-BIOTER	Bioterrorism	0.50
REL-ALL-0-BBPATH	Bloodborne Pathogens	0.50
RI-IDD-0-CSE	Bon Appetit! An Overview of Safe Eating and Drinking Focused Learning	1.00
REL-CV-0-CPRR-V2	CPR Refresher	1.00
REL-IDD-0-DOH-V2	Dental and Oral Health for Individuals with IDD	0.75
REL-IDD-0-FPFL	Fall Prevention Focused Learning	1.00
REL-CV-0-FSTB	Fire Safety	0.50
REL-ALL-0-FIRSTAID	First Aid Refresher	1.00
EL-HFS-COMP-0	Handling Food Safely	1.00
REL-ALL-0-HCTB	Hazardous Chemicals: The Basics	0.50
REL-IDD-0-HSM	Health and Safety Management	1.00
REL-IDD-0-HNPI1	Healthcare Needs for People with IDD: Assessing Healthcare Needs	0.75
REL-CV-0-IC	Infection Control	0.75
REL-SRC-0-ICPR-R1	Infection Control and Prevention	0.75
REL-ALL-0-ICBASIC	Infection Control: The Basics	0.25
REL-IDD-0-MMGMT1	Medication Management for Individuals with Developmental Disabilities Part 1	1.50

Module Code	Module Name	Hours
REL-IDD-0-MMGMT2	Medication Management for Individuals with Developmental Disabilities Part 2	1.00
REL-ALL-0-PPANINF	Preparing for Pandemic Influenza	1.00
REL-ALL-0-PSTF	Preventing Slips, Trips and Falls	0.25
REL-IDD-NADD-PSYMED	Psychotropic Medications	1.50
REL-SRC-0-RPWV-R1	Recognizing and Preventing Workplace Violence Self-Paced	0.50
REL-IDD-0-RHNFL	Responding to Healthcare Needs Focused Learning	1.25
REL-RMIIDD-DD-0	Risk Management for Individuals with IDD	1.00
REL-HHS-0-SF-V2	Safety In The Field	2.50
REL-SRC-0-STFP-R1	Slip, Trip and Fall Prevention Self-Paced	0.25
REL-ALL-0-NDEP	Workplace Emergencies and Natural Disasters: An Overview	1.00
REL-ALL-0-WRKVLN	Workplace Violence	0.50