



Department of

Children's Services

FOSTER PARENT NEWS DCS TRAINING NEWSLETTER

FINISH THE RACE

| | | | | | |
|-------|---|-----|---|------|---|
| 0 | 6 | 3 | 0 | 2 | 3 |
| MONTH | | DAY | | YEAR | |

TRAINING HOUR COMPLIANCE IS DUE SOON

Try clicking on one of the three training styles below to get started today!

CLICK HERE

Online
Trainings

CLICK HERE

Foster
Parent
Training
Resources

CALENDAR OF
LIVE TRAININGS

CLICK HERE

To All Foster Parents:

The new law (HB1380/SB1111) which takes away the ability of DCS and DCS agents to consent to vaccinations for children in our legal custody, has been signed by Governor Lee and is now effective as of May 18, 2023. We cannot provide, request, or facilitate the vaccination of a minor child in our custody, except in limited circumstances: when the parent has provided prior informed written consent for the vaccination; when the parental rights of all parents have been terminated and opportunities for appeal have been exhausted; or upon written request to, and court order from, the appropriate court. This applies to -all- vaccinations (e.g., flu shot; tetanus; MMR; etc.).

DCS is in the process of amending policies to reflect the changes in the law and our legal team is preparing for the court involvement and orders.

Carla Aaron

Summer Camps

DCS is very excited to announce that we are able to fund summer camp for children/youth in foster care. To get payment for summer camp, foster families just need to provide the camp details to the FSW (name of camp, cost, location, dates.) Parents can also provide the camp brochure or flyer if it has all of the information.

A Reminder Regarding the DCS Foster Parent Only Incentive Bonus:

In order for DCS foster parents to receive the incentive bonus, parents must must meet all compliance standards including training requirements at the end of the six (6) month placement timeframe.

Meet Mika!



Mika has a smile that will light up a room. He is very friendly, good natured and well mannered. Mika enjoys meeting people and playing with other children. He also enjoys alone time and can easily entertain himself.

Click [HERE](#) to see
Lou's Video

Mika has recently begun participating in the children's music program at church and enjoys interacting in the children's program and singing. Mika loves animals, especially cats and dogs, and also enjoys watching cartoons, especially SpongeBob. He enjoys playing video games, playing with Legos, and is interested in seeing how things work.

There are approximately 400 children and youth who are in full guardianship and in need of permanent families throughout Tennessee. Please consider whether you could be the answer to a young person's longing for a forever home.

Click here to visit
ParentAChild.org



All parents must complete at least one trauma related training during the first year of fostering.

Here Are Just A Few Class Options Approved for Trauma Credit:

(Click Each Title For More Info)

- [Building Strong Brains](#)
- [TBRI](#)
- [TBRI Podcast Series](#)
- [CORE: Teen](#)
- [De-Escalation Techniques](#)
- [Positive Parenting](#)
- [Violence and Trauma](#)
- [Trauma Talk](#)
- [Right Time Videos](#)

TN Department of Mental Health & Substance Abuse Services **rip**
June 15, 2023:
5:30-7:00 CST
1.5 Hours of Training Credit

**Regional Intervention Program:
Eight Strategies that Help Challenging Behaviors in Children**

DID YOU KNOW?

If you have been an approved foster home for 3+ years, you can receive training credit for reading certain books and movies!



SCHEDULE

DATES: 3 consecutive Tuesdays and Thursdays: June 27th and June 29th, July 6th, July 11th, July 13th and July 18th

Time: 6:30pm -9:00pm
CST/7:30pm-10:00pm EST

LOCATION: Zoom

COURSE ID: CHRP220222

REGISTRATION: Please contact Amy at 931-980-5019



Statewide Zoom Class

The fundamentals of caring for you, your family, and your child with mental illness.

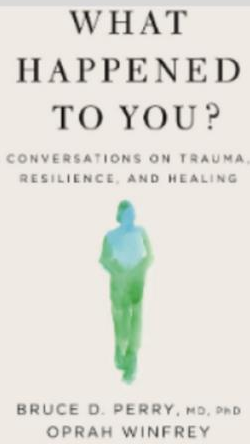
Classes Forming Now ~ Limited Space Available

JOIN US FOR A BOOK DISCUSSION!

Thursday, June 29, 2023,
5:30 PM CT or 6:30 PM ET

[CLICK HERE](#)

*2 Hours of Training Credit



 **The Jason Foundation**

dedicated to the prevention of the “Silent Epidemic” of youth suicide through educational and awareness programs that equip young people, educators/youth workers and parents with the tools and resources to help identify and assist at-risk youth.

[CLICK HERE](#)

Building Strong Brains

Available Class Options:

May 26 ● July 28

June 30 ● August 25

*Worth 2 Hours of Training Credit

*Fulfills Trauma Training Credit

[Click HERE to Register](#)

TN DCS
Welcomes
TBRI

TBRI® TRUST-BASED
RELATIONAL
INTERVENTION®

But what IS TBRI?

[CLICK HERE](#)

July Calendar

Click the links below to register

- 6/19 - [TBRI Coaching Call for Parents](#)
- 6/24 - [CORE TEEN Super Saturday](#)
- 6/24 - [Creating Normalcy Through Prudent Parenting Super Saturday](#)
- 6/24 - [Trauma Informed Parenting Strategies](#)
- 6/26 - [Partnership in Action](#)
- 6/29 - [Book Club: What Happened to You?](#)
- 7/8 - [Stewards of Children](#)
- 7/11 - [Animal Assisted Therapy](#)
- 7/11 - [Foundations to TBRI Series for Parents - Introduction](#)
- 7/18 - [Building Strong Brains](#)
- 7/20 - [Internet Safety for Parents & Providers of Pre-Teens & Teens](#)
- 7/20 - [Foundations of TBRI Series for Parents - Introduction](#)
- 7/25 - [Creating Normalcy through Prudent Parenting](#)



Tennessee Foster &
Adoptive Care Association
Mentors and Advocates

SCAN ME



[CLICK HERE](#)

*Why We Do It
the DCS Training
Team!*

- 7/25 - [Learning More about Drug Endangered Children](#)
- 7/27 - [CANS](#)
- 7/28 - [Building Strong Brains](#)
- 8/1 - [RIP: Infant and Early Childhood Mental Health](#)
- 8/8 - [Creating Normalcy through Prudent Parenting](#)
- 8/10 - [Caring for the Child w/ Special Healthcare Needs](#)
- 8/15 - [Foundations of TBRI Series for Parents - Connecting](#)



Bethany Henderson
Foster Parent Training & Contract Manager

2023 marked a decade for me working in the child welfare system and it has truly been my life's calling. Prior to working for DCS I worked for a private provider agency, and I trained families who were going through the approval process with that agency. Through the work of the DCS Foster Parent Training team at that time, many resources were made available to me as a trainer to help me grow my knowledge around trauma behaviors and what it meant to share parenting with birth families. It was during that time that I started to become a more trauma informed child welfare worker. When a position came open on that team, I knew I wanted to be a part of it. I chose DCS through choosing this team and I am very passionate about teaching new and old foster parents how to become trauma informed and how to broaden their perspective when it comes to understanding "what happened to people to make them the way they are."

One of my biggest goals as a trainer is to help that "light bulb" come on for people. Hearing foster parents that feel like they are at their wit's end in dealing with specific situations or behaviors say things like, "I really needed this" or "This material has helped me think about this situation in an entirely different way" or "I am so thankful to talk about this with other parents that are dealing with similar situations" tells me the way I teach and what I am teaching is making a positive



Join us July 11, 2023
1PM to 2:30 PM CT or
2PM to 3:30 ET to learn about
animal assisted therapy!

Dr. Bethany Poe is the Veterinary Social Work Certificate Programs Coordinator at the University of Tennessee. Dr. Poe will provide an overview of animal assisted therapy and ways that animals aid with compassion fatigue, suicide prevention, animal assisted interventions. Dr. Poe's experiences range from child protection, working with families who experience domestic violence, mental health and suicide prevention inform her current work and she will share ways in which our relationships with animals help child and families heal from trauma.

CLICK HERE TO REGISTER

TN Department of Children's Services

Learn about services offered for people with disabilities at the...
Vanderbilt Kennedy Center
 during this panel discussion!



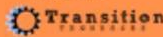
MEGAN HART
 PROGRAM DIRECTOR,
 TENNESSEE DISABILITY
 PATHFINDER



WHITNEY LORING
 TRIAD DIRECTOR OF TRAINING



ERIN MAVES
 PROJECT DIRECTOR, TRANSITION
 TENNESSEE



The Vanderbilt Kennedy Center offers services to people with disabilities, families, educators and other service providers. The programs apply the most up to date information through an approach that is interdisciplinary, including research from education, genetics, neuroscience, behavior and others. Join us to learn from these experts from the three major programs at the Kennedy Center which are, TN Disabilities Pathfinder, the Treatment and Research Institute for Autism Spectrum Disorders (TRIAD) and Transition Tennessee. Participants will receive resources and will be able to ask the speakers questions!



July 20, 2023
 1:00 - 2:30 PM CT or
 2:00 - 3:30 PM ET

CLICK HERE TO REGISTER!

impact that has lasting effects. It is where I draw my motivation to continue investing myself in what I learn and study in regard to trauma informed care. Additionally, the knowledge I have because of my job has helped me help others who have no ties to the child welfare world have some understanding of how to support foster and adoptive families. Working in the child welfare world can often be very challenging but I am so thankful to have the opportunity to do what I do and with whom I do it with.

ONLINE TRAINING
DCS PRACTICE MODEL INTRODUCTION

*30 minutes of training credit



<https://tn.webex.com/tn/k2/j.php?MTID=t77d21f4b8c81eb0eb8f8e1bf97d2e75d>
 TENNESSEE ALLIANCE FOR DRUG ENDANGERED CHILDREN
 Renew, Defend, Shelter, Support

Learn More about Drug Endangered Children

Click here to register!

July 25, 2023 from 5:30 to 7:00 PM CT or 6:30 to 8:00 PM ET



TENNESSEE
KIDS BELONG
 THE AMERICA'S KIDS BELONG FAMILY

Let's talk about...
Infant and Early Childhood Mental Health!

August 1, 2023 at 5:30 to 7:00 PM CT or 6:30 to 8:00 PM ET

CLICK HERE TO REGISTER



Click HERE or use the QR codes to download the Foster Friendly App

You're invited to a
BOOK DISCUSSION

TIMBI
talks about
ADDICTION

Helping Children Cope
with a Parent's Addiction

Irish Healy Luna & Janet Healy Hellier

August 17, 2023,
5:30 PM CT / 6:30 PM ET

[CLICK HERE](#)

1.5 Hours of
Training Credit

Download on the
App Store

ANDROID APP ON
Google play

You're invited to...

LEARN ABOUT PERINATAL MENTAL HEALTH WEBINAR

Perinatal mental health refers to a woman's mental health during pregnancy and the postpartum period. Join expert, Dr. Diana Morelen, Associate Director of Training Dissemination and Implementation with the Strong BRAIN Institute at East TN State University to learn more about this important developmental period for families. Participants will have time to ask questions and will receive resources.

Dr. Diana Morelen

August 17, 2023

1:00 to 2:30 PM CT or
2:00 to 3:30 PM ET

[Click here to register!](#)

East Tennessee State University

TN Department of Children's Services

Tennessee
Resources

Map

AIMHiTN
Association of Infant Mental Health in Tennessee

[CLICK HERE](#)

BlueCare Tennessee Select Kids

We're Right Here
1-888-422-2963
Resource (Foster) Parents Line

OTHER NUMBERS

| | |
|------------------------------|----------------|
| Talk to a Nurse 24/7 | 1-800-262-2873 |
| Dental Care | 1-855-418-1622 |
| Prescription Help | 1-888-816-1680 |
| TennCare Connect | 1-855-259-0701 |
| Foster Parent DCS Helpline | 1-877-327-5437 |
| Mental Health Crisis Hotline | 1-855-274-7471 |
| Child Abuse Hotline | 1-877-237-0004 |

CORE TEEN

3 hours of training credit per class!

We are now awarding training credit for each individual module.

[Click HERE to watch a video!](#)

Interested in becoming an assessment home?

[Click here for details](#)

TBRI Conversations

15 - 45 minutes of training credit per video

[CLICK HERE](#)

Brief (15 minutes or less) conversations on topics like:

- The IDEAL® Response
- "3 C's" of Correcting
- The Attachment Cycle

In-Depth (20+ minute) conversations on topics like:

- Self-Regulation
- Healthy Attachment
- Mindfulness

Click [HERE](#) to view all videos!
Click [HERE](#) for training credit!

HELPFUL LINKS

[Foster Parent Training](#)
[Training Calendar](#)
[Online Training](#)
[Self-Care](#)
[DCS Talks Podcast](#)
[Child Welfare Resources](#)
[Regional Training Contact](#)
[DCS Listens Registration](#)
[Birth Children Resources](#)
[Unsung Hero of the Month](#)

ADDITUDE

A Radically Positive Parenting Technique:
The Nurtured Heart Approach

 NH NurturedHeart

[CLICK HERE](#)

Article



Podcast



[CLICK HERE](#)