

FOSTER PARENT NEWS

DCS TRAINING NEWSLETTER

Friendly Reminder

063023
MONTH DAY YEAR

TRAINING HOUR COMPLIANCE IS DUE SOON

Try clicking on one of the three training styles below to get started today!

Online Trainings
CLICK HERE

Foster Parent Training Resources
CLICK HERE

CALENDAR OF LIVE TRAININGS
CLICK HERE

SUPER SATURDAYS

APRIL-JUNE 2023

Super Saturday IN-PERSON training events will be scheduled at select locations across the state this spring



2023 SPRING CONFERENCE
APRIL 29, 2023
VIRTUAL TRAINING EVENT
presented by the Tennessee Department of Children's Services
Office of Training and Professional Development

May is Foster Parent Appreciation Month



Anntoinette and Anthony Johnson

DCS Staff would like to extend a sincere and heartfelt thank you to all of our current and past foster parents in TN.

"Every child is one caring adult away from a success story." You have been this one adult to so many, and for that, we are forever grateful.

Special Thank You to This Year's Foster Parent Co-Trainers!



Meet Jordan!
Jordan is a very loving and affectionate young man who loves being outdoors and having fun. Jordan also loves to play with cars and do craft projects, as well as play video games.
Click HERE to see Jordan's Video

He likes to receive praise from others when he does his best. He is independent and wants to try and do things for himself before asking for help from others. A forever family committed to seeing him reach his full potential would be a great fit!

There are approximately 400 children and youth who are in full guardianship and in need of permanent families throughout Tennessee. Please consider whether you could be the answer to a young person's longing for a forever home.

Click here to visit **ParentAChild.org**

Car Seat Safety Class
5/1/23 - 11:30-12:30
CLICK HERE

All parents must complete at least one trauma related training during the first year of fostering.

HOPE for the Journey CONFERENCE
In-Person Opportunities
Foothills Church in Maryville, TN
April 21 @ 5:30 pm EST
April 22 @ 8:30 am EST

DCS Foster Parents
Simulcast Launch: April 14, 2023, @ 8:00 am CST
Viewing Period: 4/14-6/30
Provider Foster Parents
Check with your provider agency for information about this training opportunity.

Click HERE to Register Virtual
Click HERE for In-Person

Here Are Just A Few Class Options Approved for Trauma Credit:
(Click Each Title For More Info)
- Building Strong Brains
- TBRI
- TBRI Podcast Series
- CORE: Teen
- De-Escalation Techniques
- Positive Parenting
- Violence and Trauma
- Trauma Talk
- Right Time Videos

WOMEN, INFANTS AND CHILDREN (WIC) PROGRAM
Classes Available April, May, and June
Click HERE to Register

DID YOU KNOW?
If you have been an approved foster home for 3+ years, you can receive training credit for reading certain books and movies!
Click HERE

Regional Foster Parent Support Group
Parental Attachment Styles
April 20 - Helping a Child Heal from Sexual Trauma
May 16 - Self-Care
June 6 - Parenting Teens and Tweens
CLICK HERE

ONLINE TRAINING
DCS PRACTICE MODEL INTRODUCTION
*30 minutes of training credit

SCHEDULE
DATES: 3 consecutive Saturdays: April 29th, May 6th and May 13th
Time: 9:00am-2:00pm CST/10:00am-3:30pm EST
LOCATION: Zoom
COURSE ID: CHR220222
REGISTRATION: Please contact Jeffrey at 901-437-9980

NAMI Basics
Statewide Zoom Class
The fundamentals of caring for you, your family, and your child with mental illness.
Classes Forming Now - Limited Space Available

TFACA
Tennessee Foster & Adoptive Care Association
Mentors and Advocates
SCAN ME
CLICK HERE

VAGUS NERVE & THE SOCIAL ENGAGEMENT SYSTEM MASTERCLASS & COACHING: HUMAN CONNECTION THROUGH THE LENS OF THE MIND-BODY-BRAIN SYSTEM
SESSION 1: MAY 9
SESSION 2: MAY 17
SESSION 3: MAY 23
SESSION 4: MAY 31
COACHING AND SUPPORT SESSION: JUNE 7
ALL SESSIONS ARE 1:00-3:00 CST

Click the Dates Below to Register:
May 9 May 17 May 23 May 31 June 7

Why We Do It
the DCS Training Team!

Regional Intervention Program: CARE (Child-Adult Relationship Enhancement)
May 16, 2023
Start Time - 5:30 pm CST / 6:30 pm EST
1.5 hours training credit

Toney Horton
Foster Parent Training Officer
DCS Talks Podcaster
Newsletter Editor

Teen Driver Safety
May 25, 2023: 11:00-12:30 CST
1.5 Hours of Training Credit
Teen Driver Safety with the Tennessee Highway Safety Office Webinar

I became a foster parent trainer with DCS because I knew it would be a service for which I could be proud. I wake up every day knowing I am with an organization that is actively adding to the good in the world, even if in small ways.

I am a former Peace Corps, volunteer and middle school English teacher, and my motivation has always come from helping others and gaining lifelong experiences for myself. I am pleased to say I am continuing that mindset here at DCS with opportunities like training foster parents, writing curriculum, recording podcasts for DCS Talks, and even writing this newsletter (Thank you for reading, p.s.).

Lastly, when I think of the positive impact my work, and all of DCS, has done, I am reminded of a quote from Robert Baden-Powell, "Try and leave this world a little better than you found it, and when your time comes, you can be happy in feeling that you have not wasted your time but have done your best."

Building Strong Brains
Available Class Options:
May 26 July 28
June 30 August 25
*Worth 2 Hours of Training Credit
*Fulfills Trauma Training Credit
Click HERE to Register

SIGNS OF SUICIDE (SOS) SUICIDE PREVENTION PROGRAM
WEBINAR MAY 30, 2023
About this Webinar: Join us to learn more about how to recognize Signs of Suicide and suicide prevention with children and youth! Fiona Hehrle, Mental Health Training Coordinator with the TN Department of Mental Health & Substance Abuse Services will provide participants with information from the SOS program about suicide and depression, and how to recognize the signs and symptoms of suicide. Participants will be able to ask questions!

TN DCS Welcomes TBRI
TBRI® TRUST-BASED RELATIONAL INTERVENTION®
But what IS TBRI?
CLICK HERE

Upcoming Classes

Click the links below to register

- 4/20 - Tennessee Women, Infants, and Children
- 4/25 - CANS
- 4/29 - Spring Conference
- 5/4 - Building Strong Brains
- 5/15 - Creating Normalcy Through Prudent Parenting
- 5/16 - CARE (Child-Adult Relationship Enhancement)
- 5/18 - De-Escalation Strategies Series
- 5/18 - Tennessee Women, Infants, and Children
- 5/18 - Caring for the Child with Special Health Care Needs
- 5/23 - Your Money, Your Goals
- 5/25 - Teen Driver Safety Webinar
- 5/30 - Signs of Suicide and Prevention Program
- 6/1 - Trauma Informed Parenting 101
- 6/10 - Intro to TBRI for Parents
- 6/13 - Be the One
- 6/15 - Tennessee Women, Infants, and Children
- 6/15 - 8 Strategies that Help Challenging Behaviors in Children

23rd National Conference on Child Abuse and Neglect
APRIL 11-13 AND APRIL 18-20, 2023
Virtual 23rd NCCAN

23rd National Conference on Child Abuse and Neglect
Doing Things Differently: Moving from the Challenge to the Change
CLICK HERE

Tennessee Kids Belong
THE AMERICA'S KIDS BELONG FAMILY
Click HERE or use the QR codes to download the Foster Friendly App

June 15, 2023: 5:30-7:00 CST
1.5 Hours of Training Credit
Regional Intervention Program: Eight Strategies that Help Challenging Behaviors in Children

Tennessee Resources Map
AIMHITN
CLICK HERE

We're Right Here
1-888-422-2963
Resource (Foster) Parents Line

OTHER NUMBERS
Talk to a Nurse 24/7 1-800-262-2873
Dental Care 1-855-418-1623
Prescription Help 1-888-816-1689
TennCare Connect 1-855-259-0701
Foster Parent DCS Helpline 1-877-327-5437
Mental Health Crisis Hotline 1-855-274-7471
Child Abuse Hotline 1-877-237-0004

CORE TEEN
3 hours of training credit per class!
We are now awarding training credit for each individual module.
Click HERE to watch a video!

HELPFUL LINKS
Foster Parent Training
Training Calendar
Online Training
Self-Care
DCS Talks Podcast
Child Welfare Resources
Regional Training Contact
DCS Listens Registration
Birth Children Resources
Unsung Hero of the Month

TBRI Conversations
15 - 45 minutes of training credit per video
Brief (15 minutes or less) conversations on topics like:
• The IDEAL® Response
• "3 C's" of Correcting
• The Attachment Cycle
In-Depth (20+ minute) conversations on topics like:
• Self-Regulation
• Healthy Attachment
• Mindfulness
Click HERE to view all videos!
Click HERE for training credit!