



FOSTER PARENT NEWS

DCS TRAINING NEWSLETTER

In preparation for Foster Parent Appreciation Month...

We want to hear your foster parent success stories.

Click [HERE](#) to submit a fostering story where you helped a child in need

A selection of these stories may appear in the **May 2022 Newsletter!**

*Confidentiality will be maintained



2022 SPRING CONFERENCE

April 9, 2022
Virtual Event
More information coming soon



March Topic: ***Food and Feelings***

March Meeting Dates:

March 22nd, 11:30 am CST
(Click [HERE](#) to Register)

March 22nd, 5:30 pm CST
(Click [HERE](#) to Register)

To visit our DCS Listens Webpage, click [HERE](#)

April Meeting 'Sneak peek':

Managing Behavior

April 20th @ 11:30 am CST
April 26th @ 5:30 pm CST



Regional Intervention Program:
Eight Strategies that Help Challenging Behaviors in Children

March 22, 2022 5:30 p.m. CST / 6:30 p.m. EST

*1.5-Hour Training Credit

To Register, Click [HERE](#)



APRIL IS Autism Awareness Month

Autism Awareness in the Child Welfare System Webinar

March 24, 2022 at 5:30 p.m. CST / 6:30 EST

April 4, 2022 at 11:00 AM CST / 12:00 p.m. EST

*1.5-Hour Training Credit

To Register, Click [HERE](#)



HOW THE FOOD YOU EAT AFFECTS YOUR BRAIN

Get to Know the Training Team!



Bethany Henderson

Foster Parent Training
Bethany has been a foster parent trainer for 4 years.

She has prior experience managing a foster care program for a private provider, working with teen parents, and working with youth in a residential setting.

She has always had a career in social work but also has experience parenting a youth from the child welfare system.

If you really knew Bethany, you would know...

-She loves to shop

-She loves the Georgia Bulldogs and the Atlanta Braves

-Her favorite foods include: tacos, her home made alfredo, ice cream, and Reese's Sticks

Online Featured Training



Behavior Management Ages 11-18
Click [HERE](#)

HELPFUL LINKS

- [Foster Parent Training](#)
- [Training Calendar](#)
- [Online Training](#)
- [Self-Care](#)
- [DCS Talks Podcast](#)
- [Child Welfare Resources](#)
- [Regional Training Contact](#)
- [DCS Listens Registration](#)
- [Birth Children Resources](#)
- [Unsung Hero of the Month](#)



Statewide Zoom Class
The fundamentals of caring for you, your family, and your child with mental illness.
Classes Forming Now - Limited Space Available

For more information and to register for this training, click [HERE!](#)

6-Day training dates for this class are as follows:

~ **February 22 & 24 @ 6:00 - 8:30 pm CST / 7:00 - 9:30 pm EST**

~ **March 1 & 3 @ 6:00 - 8:30 pm CST / 7:00 - 9:30 pm EST**

~ **March 8 & 10 @ 6:00 - 8:30 pm CST / 7:00 - 9:30 pm EST**

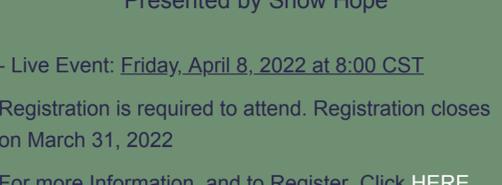
* Each class is worth 2.5 hour of training credit.



YOU'RE INVITED TO A BOOK CLUB
MARCH 31, 2022
TRAINING CREDIT: 2 HOURS FOR PARTICIPATING IN THE DISCUSSION!

WHAT HAPPENED TO YOU?
CONVERSATIONS ON TRAUMA, RESILIENCE, AND HEALING
BRUCE D. PERRY, MD, PhD
OPRAH WINFREY

To Register for the Book Club, Click [HERE](#)



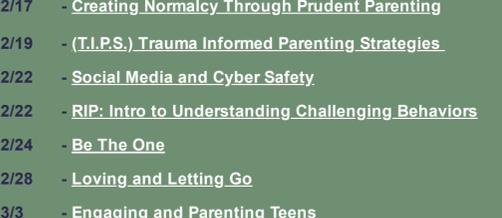
HOPE for the Journey CONFERENCE

Hope for the Journey Conference Presented by Show Hope

- Live Event: [Friday, April 8, 2022 at 8:00 CST](#)

Registration is required to attend. Registration closes on March 31, 2022

For more Information, and to Register, Click [HERE](#)



Training Calendar

Click the links below to register

- 2/17 - [Creating Normalcy Through Prudent Parenting](#)
- 2/19 - [\(T.I.P.S.\) Trauma Informed Parenting Strategies](#)
- 2/22 - [Social Media and Cyber Safety](#)
- 2/22 - [RIP: Intro to Understanding Challenging Behaviors](#)
- 2/24 - [Be The One](#)
- 2/28 - [Loving and Letting Go](#)
- 3/3 - [Engaging and Parenting Teens](#)
- 3/3 - [Mental Health 101 for Parents](#)
- 3/5 - [Creating Teachable Moments](#)
- 3/7 - [Creating Normalcy Through Prudent Parenting](#)
- 3/8 - [Stewards of Children](#)
- 3/10 - [What to Know About Child Exploitation and Human Trafficking](#)
- 3/15 - [Your Money Your Goals](#)
- 3/17 - [Working with Birth Parents](#)
- 3/17 - [Building Strong Brains](#)
- 3/21 - [Positive Parenting](#)
- 3/24 - [CFTM for Foster Parents](#)
- 3/29 - [Post Approval Panel](#)
- 3/31 - [Cultural Awareness](#)
- 4/12 - [Creating Normalcy Through Prudent Parenting](#)
- 4/14 - [Caring for the Child with Sexual Trauma](#)



Your Money Your Goals Training
Tuesday, March 15, 2022

5:30 PM – 9:00 PM Central / 6:30 PM – 10:00 PM Eastern

CLICK [HERE](#) TO REGISTER

*Youth 12 years and older are able to attend this training with foster parents.



MENTAL HEALTH 101 FOR PARENTS
Mental Health Association of East Tennessee

For more information and to register for this training, click [HERE!](#)

Training dates for this class are as follows:

~ **February 17, 2022 @ 5:30 - 6:30 pm CST / 6:30 - 7:30 pm EST**

~ **March 3, 2021 @ 5:30 - 6:30 pm CST / 6:30 - 7:30 pm EST**

* Each class is worth 1 hour of training credit, and you can attend one or both for credit.



Regional Intervention Program: Introduction to Understanding and Addressing Challenging Behaviors in Children

For more information and to register for this training, click [HERE!](#)

This virtual class will be held on **February 22, 2022** from **5:30 - 7:00 pm CST / 6:30 - 8:00 pm EST**

* This class is worth 1.5 hours of training credit.

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