

To learn more about ADHD:

- [*Driven to Distraction \(Revised\): Recognizing and Coping with Attention Deficit Disorder from Childhood to Adulthood*](#), authored by Edward M. Hallowell M.D. & John J. Ratey M.D.
- [*Superparenting for ADHD: An Innovative Approach to Raising Your Distracted Child*](#) authored by Edward M. Hallowell & Peter S. Jensen
- Dr. Hallowell: The Hallowell ADHD Centers - www.drhallowell.com/
- "Dr. Hallowell's Wonderful World of Different," a podcast by Dr. Edward Hallowell - <https://drhallowell.com/listen/podcast/>
- "Teaching Strategies for Students with ADHD: Ideas to Help Every Child Shine" by the ADHD Editorial Board, Chris Zeigler Dendy, M.S, updated August 25, 2021 - www.additudemag.com/teaching-strategies-for-students-with-adhd/
- "Parenting Tips for ADHD: Do's and Don'ts" by Eloise Porter and Brian Krans - www.healthline.com/health/adhd/parenting-tips
- "Practical Tips for Parenting a Child with ADHD, an article by CreatingaFamily.org - <https://creatingafamily.org/adoption-category/adoption-blog/practical-tips-for-parenting-a-child-with-adhd/>
- "Tips for Keeping Easily Distracted Kids on Task," an article by CreatingaFamily.org - www.creatingafamily.org/adoption-category/adoption-blog/tips-for-keeping-easily-distracted-kids-on-task/

Provided by Creating a Family, the national adoption and foster care education and support nonprofit.