




CARE: Child Adult Relationship Enhancement
 “Connecting with Children”

What to avoid when following the child's lead:

	Qs	EXAMPLES	REASON
	<p>QUASH the need to lead!</p> <p>Avoid unnecessary commands</p>	<ul style="list-style-type: none"> • Draw me a house. (Direct Command) • How about you try it this way? (Indirect Command) 	<ul style="list-style-type: none"> • Directions and suggestions take the lead away from the child. • Suggestions are often hidden directions, and the adult expects the child to comply. <p>If a child doesn't follow the direction, it can cause bad feelings.</p>
	<p>Quit <u>Unnecessary</u> “Information” QUESTIONS</p> <p>Quit “Tone-of-voice” QUESTIONS</p>	<ul style="list-style-type: none"> • What sound does the cow make? • What are you building? • Do you want to play with the train? • How many brothers and sisters do you have? • Child: I'm going to color the dog purple. □ Adult: You're coloring it purple? 	<ul style="list-style-type: none"> • Questions tend to lead the conversation. • Many questions are commands and require an answer. • It may seem like you aren't listening to the child. □ It may sound like you disagree with their idea.
	<p>QUIET the criticisms: QUIT NO DON'T STOP NOT</p>	<ul style="list-style-type: none"> • Quit being silly □ That wasn't nice. • I don't like it when you make that face. □ Stop crying! □ No, you shouldn't do that. □ That animal doesn't go there. 	<ul style="list-style-type: none"> • “Negative talk” often increases negative behavior. • It can also create friction.

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Use the 3 Ps to follow the child's lead.

	The 3 Ps	Examples	Reason
P	1. PRAISE (Specific) appropriate behavior	<ul style="list-style-type: none"> • Good job of putting the toys away! • I like the way you're sitting so quietly. • Nice job following the directions. • Thank you for sharing. • Thank you for using your indoor voice. 	Specific praise... <ul style="list-style-type: none"> • is specific praise, telling the child exactly what you like about her/his behavior. • is more powerful in changing behavior than punishment and/or fear. • causes a child's good behavior to increase. • lets a child know what you like. • Makes you and child feel good.
P	2. PARAPHRASE appropriate talk	<ul style="list-style-type: none"> • Child: I drew a tree. Adult: Yes, you drew a big tree. • Child: My shirt Elmo. Adult: Your shirt does have Elmo on it. • Child: I like to watch Barney. Adult: You like to watch Barney on TV. 	Paraphrasing... <ul style="list-style-type: none"> • lets the child lead the conversation. • shows the child that you are listening. • shows that you accept and understand the child. • can help improve a child's speech. • increases amount of talking you do with the child.
P	3. "POINT OUT" the child's appropriate behavior	<ul style="list-style-type: none"> • You're making a tower. • You drew a square. • It looks like you're putting the girl inside the fire truck. • Now you are picking up the blocks. • You're concentrating on your picture. 	Pointing out behavior... <ul style="list-style-type: none"> • lets the child lead. • shows the child that you are interested. • teaches the child concepts or ideas. • models speech for the child. • holds the child's attention on the task. • organizes child's thoughts about the activity.

Mind Your Ps & Qs!