

	Program Description	Target Population	Length of Program	Trainer Requirements	Rating
	School Based Child Abuse Prevention Programs				
Safe@Last Program	<p>A sexual assault primary prevention curriculum with age appropriate, sequential and comprehensive education, presented in an interactive web based learning environment.</p> <p>Provides students with knowledge to know what sexual assault is and how to disclose and respond to the sexual assault.</p> <p>It also addresses social issues such as peer pressure, bullying, home alone safety, and the internet and social media.</p>	<p>Designed for students from Kindergarten to 6th grade</p> <p>Curriculum can be implemented in public, private, or home school settings.</p>	Four sessions (35 mins)	Must take a training either online or in person	Not able to be rated
Stop Child Abuse and Neglect or SCAN	Evidence based intervention and prevention program designed to educate children on body safety, boundaries and what to do if their personal boundaries are violated by an unsafe touch, inappropriate acts or the showing of acts that are	Kindergarten, First, Third, Fifth and Seventh Grades	Kindergarten and First Grade: 20 minutes Third, Fifth and Seventh Grades: 45 minutes	Bachelor-level employee of the CAC with three years' experience working with child abuse victims	5 by Educators, Counselors and Social Workers employed by Schools participating in the SCAN Program

	<p>inappropriate. All of the program information is age-appropriate and shared on a child's level using children's voices. For kindergarten and first grade students, there are recorded scenarios that are accompanied by child-like puppets, behind a puppet stage, acting out the various scenarios of children talking to each other about their experiences of bullying, sexual abuse problems and physical abuse. The child-like puppets talk to each other and decide it is best to share their problems with adult puppets that are in their school and are trusted. These adult puppets represent adults in a child's school (Principal, Teacher, Guidance Counselor and Gym Teacher) which makes the scenario very relatable to all children and provides guidance for a child that may be experiencing abuse or grooming behaviors. Children learn to recognize the types of touches that are safe and the types of touches that are not safe as well as safe and unsafe secrets.</p> <p>For third, fifth and seventh graders, there are several</p>				
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	<p>videos that are facilitated by our CAC Staff and encompass a wide array of issues. There are different videos for each grade and can be used interchangeably with the exception of the video used for seventh grade. The videos used for third and fifth grades “Break the Silence” includes various scenarios portraying bullying, physical abuse and sexual abuse. Every scenario uses children that have experienced each type of abuse. The children all share appropriate amounts of information regarding their abuse without offering details and includes how they received help from their school, a DCS worker, a non-offending caregiver and a Therapist. Each child survivor stresses the importance of telling someone, how much better it felt after letting go of a secret and how each of the survivors came to understand that what happened to them was not their fault and it happens to a lot of other children so the best thing to do is tell someone and get help because “ it is not your fault”.</p>				
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	<p>For seventh grade there are two videos used “From the Shadows”. The videos deal with conflict and communication within a family and one deals with sexual abuse. The videos are of kids demonstrating the positive alternatives of communicating calmly instead of getting angry (after the angry displays are demonstrated within the family) and storming out. The second video delicately demonstrates the harm caused by sexual abuse. Students learn to recognize appropriate expressions of familial love as compared to experiences where young people are made to feel they must keep secrets about situations which make them feel uncomfortable. Students learn about the resources in their schools, community and how to tell someone when their boundaries are violated.</p>				
<p>Play it Safe Prevention Program</p>	<p>A child abuse awareness and prevention program that incorporates age appropriate scripts and movies to teach children how to reduce their risk of</p>	<p>Pre-K through high school age students</p> <p>Curriculum is available and specifically designed</p>		<p>Typically, one hour sessions</p> <p>Classroom sessions</p>	<p>Not able to be rated</p>

	<p>sexual and physical abuse, and sexual assault. The program teaches students to recognize potentially abusive behavior, provides the tools to respond to threatening situations, and encourages them to report abuse to a trusted adult.</p>	<p>for elementary, middle, and high school students.</p>			
<p>ChildHelp: Speak Up Be Safe Program</p>	<p>A child focused, school based curriculum designed to build safety skills within the child while addressing today's societal risks, such as bullying and internet safety.</p> <p>The program is aimed at stopping and preventing child abuse, including physical abuse, emotional abuse, sexual abuse, neglect, bullying, and cyberbullying. Curriculum is based on several areas of research including child development, learning styles, social psychology, and child abuse and neglect prevention.</p>	<p>Pre-K through 12th grade</p> <p>A primary focus of the earlier age groups is to shift the responsibility for child abuse and neglect prevention away from the child and onto the adults in the children's lives.</p>	<p>Length depends on the age group</p>	<p>Online and in person trainings are available for facilitators</p>	<p>Not able to be rated</p>

<p>Empower Me! Program</p>	<p>The program teaches body safety to children.</p> <p>Encourages confidence in children to reach out to caregivers or authorities with their concerns.</p> <p>Trains teachers and other school staff in how to recognize, react, and respond appropriately to a disclosure of child maltreatment.</p> <p>Provides parents and caregivers information on warning signs, plus any needed assistance, referrals, or resources to support victims and their families.</p>	<p>K-6th grade</p>	<p>Can be done in one session or broken up depending on the audience</p>	<p>Teachers or other school staffed must be trained</p>	<p>Not able to be rated</p>
<p>Safe Touches</p>	<p>Uses puppets to talk about body safety concepts and help children learn and practice key safety skills.</p> <p>The goals of the Safe Touches Program are for children to learn how to protect themselves from sexual abuse, be able to</p>	<p>Children in kindergarten through 3rd grade</p>	<p>45-50 minute one time workshop</p> <p>Includes a take home workbook</p>	<p>Organizations wanting to implement need to attend a two day Safe Touches Facilitator Training workshop</p>	<p>Promising- 3</p>

	<p>differentiate from safe touches and not safe touches, to know what actions can be taken if feeling unsafe or confused, to know what actions can be taken if a not safe touch is received, and to identify safe adults who can be told if a not safe touch is received.</p>			<p>Facilitators should be Masters level clinicians or interns</p>	
<p>Body Safety Training Program</p>	<p>Behaviorally based and developmentally appropriate curriculum that teaches children about personal safety.</p> <p>The curriculum comes in two forms, one for parents at home and one for teachers in classroom settings.</p> <p>It teaches both general safety (fire, gun, pedestrian, poison) and body safety (skills such as recognizing, resisting, and reporting inappropriate touching).</p> <p>Available in Spanish</p>	<p>Children ages 3 to 8</p>	<p>Ten lessons</p> <p>Can be completed in 10 days if one lesson is done daily.</p>	<p>No specific requirements</p> <p>Must be able to read the script included in the workbook.</p>	<p>Promising- 3</p>

<p>Safe Child Program</p>	<p>A comprehensive curriculum that teaches prevention of emotional, sexual, and physical abuse by people known to the child.</p> <p>It teaches children life skills which reduce their vulnerability.</p> <p>The program incorporates a teacher training, parental education, video tapes that reinforce the taught concepts, and classroom role playing to develop child safety skills. Parent and child materials are available in English, Spanish, French, and Creole.</p>	<p>Preschool to Grade 3</p>	<p>5 to 10 sessions per year</p>	<p>No minimal education requirements</p> <p>Providers must review the teacher training video and manual before presenting the program</p>	<p>Promising-3</p>
<p>Lauren's Kids Safer, Smarter Kids</p>	<p>An abuse prevention education curriculum that focuses on teaching children that they have the ability to protect themselves.</p> <p>The education program uses developmentally</p>	<p>Pre-K through 5th grade</p>	<p>Five to eight, 30 minute sessions</p>	<p>In person and online trainings available for teachers, administrators, school counselors, social workers</p> <p>Training hours vary: Overview training</p>	<p>Not able to be rated</p>

	<p>appropriate information to arm children with the tools and language they need to better protect themselves from abuse.</p> <p>Curriculum is available for children with special needs.</p>			<p>ranges from one to three hours. Train the trainer training is 8 hours.</p>	
<p>Lauren's Kids Safer, Smarter Teens: Personal Power</p>	<p>The curriculum teaches students how to recognize danger and how to use their personal power to say "no", get help, and set boundaries. It also teaches students about the warning signs of unsafe situations and what actions they can take to reduce risks, stay safe, and access help.</p> <p>Includes a teacher's guide, parent letters, activity sheets, and USB with videos, lesson materials, and parent letters. Parent letters available in Spanish and Creole</p>	<p>Middle school students (6th to 8th grade)</p>	<p>7 lessons</p>	<p>In person and online trainings available for teachers, administrators, school counselors, social workers</p> <p>Training hours vary: Overview training ranges from one to three hours. Train the trainer training is 8 hours.</p>	<p>Not able to be rated</p>

<p>Lauren's Kids Safer, Smarter Teens: Be the Change</p>	<p>The curriculum addresses personal safety, the balance of power in relationships and topics such as sexual abuse, sexual harassment, and dating violence.</p> <p>This curriculum empowers students to know what to do in an unsafe situation, who to turn to for help, and how to help a friend in need.</p> <p>Includes a binder with a teacher's guide, parent letters (available in Spanish and Creole), activity sheets, and USB with videos, lesson materials, and parent letters.</p>	<p>High school students</p>	<p>6 sessions</p>	<p>In person and online trainings available for teachers, administrators, school counselors, social workers</p> <p>Train the trainer: 8 hours</p> <p>Overview and Intensive trainings available. (Range from 1 to 6 hr trainings)</p>	<p>Not able to be rated</p>
<p>MBF Child Safety Matters</p>	<p>This program educates and empowers children and all relevant adults with information and strategies to prevent, recognize, and respond appropriately to bullying, cyberbullying, all types of abuse, and digital abuse dangers.</p>	<p>Elementary students grades K-5.</p>	<p>Two comprehensive sessions ranging from 35 to 55 minutes.</p>	<p>Facilitators typically have a four-year degree.</p> <p>Must complete an online facilitator training.</p> <p>A facilitator manual is available.</p>	<p>Not able to be rated</p>

	The program includes a comprehensive, evidence based curriculum. It educates children, school staff, and parents.			Materials available in Spanish, Portuguese, Haitian Creole, Chinese, French and German.	
Rape Prevention Education Programs					
Athletes as Leaders	<p>Program aims to empower student athletes to take an active role in promoting healthy relationships and ending sexual violence.</p> <p>Athletes are encouraged to be leaders in changing social norms at school to a culture of safety and respect.</p> <p>Suggested to be used in conjunction with a prevention program for boys' teams.</p>	High school athlete girls teams	<p>Includes 10 sessions</p> <p>20 minute sessions</p>	<p>No specific requirements</p> <p>Must be trained</p>	Not able to be rated
Coaching Boys into Men	A comprehensive violence prevention curriculum and program that inspires athletic coaches to teach their young athletes that violence never equals strength, and violence	Male athletes on sports teams	<p>12 sessions</p> <p>15 minute sessions</p>	<p>Coaches of boy sport teams</p> <p>Tools are available for coaches to become CBIM coaches and</p>	Not able to be rated

	<p>against women and girls is wrong.</p> <p>The program comes with strategies, scenarios, and resources needed to talk to boys, specifically, about healthy and respectful relationships, dating violence, sexual assault, and harassment.</p>			<p>implement this program with their team.</p>	
<p>Safe Dates</p>	<p>An evidence based adolescent dating abuse prevention program.</p> <p>The program targets attitudes and behaviors associated with dating abuse and violence.</p> <p>It helps teens recognize the difference between caring, supportive relationships and controlling, manipulating, or abusive dating relationships. Student and parent handouts are available for at home discussions. Parent material available in English and Spanish</p>	<p>Middle and High school students</p>	<p>Includes 10 sessions.</p> <p>50 minute sessions</p>	<p>No specific requirements noted</p>	<p>Effective</p>

	Includes a poster contest and school play				
Shifting Boundaries	<p>A two-part intervention, classroom and school wide, designed to reduce dating violence and sexual harassment by highlighting the consequences of this behavior for perpetrators and by increasing faculty surveillance of unsafe areas within the school.</p> <p>The classroom prevention program aims to increase knowledge and awareness of sexual abuse and harassment, promote prosocial attitudes and a negative view of dating violence and sexual harassment, promote non violent behavioral intentions in bystanders, reduce the occurrence of dating and peer violence, and reduce the occurrence of sexual harassment.</p>	Middle school students	<p>Six sessions</p> <p>Six to ten weeks</p>	Lessons should be taught by trained substance abuse prevention and intervention specialists.	Promising-3
	Adult Child Abuse Prevention Programs				

<p>Darkness to Light: Stewards of Children Program</p>	<p>The program believes that adults are responsible for the safety of children and that adults should be taking proactive steps to protect children from sexual abuse.</p> <p>An evidence informed prevention training to help adults prevent, recognize, and react responsibly to child sexual abuse.</p> <p>This program is unique because it uses real people and real stories to show how to protect children.</p> <p>Available in English and Spanish</p>	<p>Adults working or volunteering in youth serving organizations.</p> <p>Educators, Guidance Counselors, and Health Professionals</p> <p>Parents and caregivers</p> <p>Individuals looking for CEUs</p> <p>Any concerned adult looking to protect kids</p> <p>Corporations or businesses</p>	<p>The training is two hours and can be taken in person and online.</p>	<p>To become a Darkness to Light Authorized Facilitator, an individual must attend a Facilitator Workshop and be authorized by a Darkness to Light Certified Instructor.</p> <p>There must be a need in the community for more trainers to be trained.</p>	<p>Promising- 3</p>
<p>Darkness to Light: Commercial Sexual Exploitation Of Children Training</p>	<p>This training builds off of the Stewards of Children training and teaches about the root cause of commercial sexual exploitation and why preventing sexual abuse is important to reducing the</p>	<p>Adults working or volunteering in youth serving organizations.</p> <p>Educators, Guidance Counselors, and Health Professionals</p> <p>Parents and caregivers</p>	<p>Trainings are available online or in person.</p> <p>Training costs \$5.</p> <p>Available in English or Spanish.</p>	<p>To become a Darkness to Light Authorized Facilitator, an individual must attend a Facilitator Workshop and be authorized by a</p>	<p>Promising- 3</p>

	<p>risk of children being sexually exploited.</p> <p>Some outcomes of the training include adults learning what makes children vulnerable to commercial sexual exploitation, the root causes of commercial sexual exploitation directly from survivors, and actions they can take to prevent commercial sexual exploitation of children.</p>	<p>Individuals looking for CEUs</p> <p>Any concerned adult looking to protect kids</p> <p>Corporations or businesses</p>		<p>Darkness to Light Certified Instructor.</p> <p>There must be a need in the community for more trainers to be trained.</p>	
<p>Stop It Now! Circles of Safety Training</p>	<p>The training brings education and information together with confidence and skill building ideas to prepare adults to speak up and prevent sex abuse.</p> <p>Participants who complete the training will be able to use the knowledge gained about warning signs and situations to define their own rules about personal</p>	<p>Professional caregivers and youth serving organizations</p> <p>Parents</p> <p>Professional early childhood education and care providers</p> <p>Foster parent, residential, and in home professionals</p>	<p>Eight hour/ all day training for the Awareness to Action Training.</p>	<p>Stop It Now! Organization</p> <p>Train the Trainer training is an eight hour training available to organization representatives to facilitate workshops to their organization. Awareness to Action</p>	<p>Not able to be rated</p>

	<p>space, privacy, and appropriate interactions with children; proactively communicate their boundaries to adults or older youth interacting with their children or the children in their care; speak up or intervene when they are concerned about an adult or older youths behavior around children; and gather allies to create a circle of safety around children.</p>	<p>Treatment providers</p> <p>Teachers</p> <p>Youth programs and camps</p> <p>Any adults interested in learning what they can do to keep children safe.</p>		<p>Training is a prerequisite.</p>	
<p>SafeCare® Program</p>	<p>An in home training program that targets risk factors for child neglect and physical abuse in which parents are taught skills on how to interact in a positive manner with their children, respond appropriately to challenging child behaviors, recognize and respond to symptoms of illness and injury, and keep good medical records.</p> <p>The goals of the program are to reduce the incidents</p>	<p>Parents at risk for child abuse and/or neglect and parents with a history of child abuse and/or neglect.</p> <p>Parents or caregivers of children ages 0-5.</p> <p>The program is typically conducted in adoptive homes, birth family homes, and Foster/Kinship Care.</p>	<p>Eighteen to twenty weeks</p> <p>Sessions are approximately 1 to 1.5 hours each.</p>	<p>Bachelors degree in a human services related field</p> <p>A manual and training are available for this program.</p>	<p>Supported- 2</p>

	<p>of child maltreatment, increase positive parent-child interaction, improve how parents care for their children's health, and enhance home safety and parent supervision.</p> <p>Materials are available in Spanish, Hebrew, and French</p>				
<p>Nurturing Parenting Program</p>	<p>This program focuses on offering primary prevention services targeting families and individuals who are at a higher risk of developing problems that can lead to child abuse or neglect.</p> <p>Through the delivery of parent education opportunities, the program assists the parent in understanding five parenting constructs needed to develop a healthy parent/child relationship.</p> <p>The five parenting constructs are appropriate</p>	<p>The target population for this program includes families facing poverty, single parent households, families affected by substance abuse, families with a history of abuse and neglect, and families supported by relative caregivers</p>	<p>Sessions vary based on implementation.</p> <p>Up to 15 sessions is recommended.</p> <p>The program is usually conducted in a community based agency.</p>	<p>No minimum educational level required</p> <p>Experience facilitating adults and children's groups as well as knowledge of developmental skills of children is required.</p> <p>Trainers must attend a training workshop to be able to implement the program in an agency.</p>	<p>Promising- 3</p>

	<p>expectations, building empathy, effective discipline, appropriate family roles, and independence and power in children and adults.</p> <p>Curriculum can be offered in group settings or in home visitations.</p> <p>Curriculum is also available in Arabic, Chinese, Haitian Creole, Hmong, and Spanish.</p>				
ACT Raising Safe Kids	<p>A universal parenting program designed to promote positive parenting and prevent child maltreatment by fostering knowledge and skills that change or improve parenting practices.</p> <p>The primary goals of the program are: educate parents and caregivers of young children to create safe, stable, and nurturing relationships and environments that prevent</p>	<p>Parents and caregivers of children birth to 10 years old, as well as pregnant mothers and their spouses or partners.</p>	<p>Nine weeks is the recommended duration with two hour weekly sessions.</p> <p>Program can be conducted in various settings such as hospital, outpatient clinic, community based agency, and school settings.</p>	<p>Minimal education requirement is an Associate's Degree but a Bachelor's degree is preferred.</p> <p>Professionals must be working at an organization that serves families and have professional experience working with families.</p> <p>Training workshops are available for</p>	Promising- 3

	<p>child maltreatment; protect children from long term consequences of child maltreatment; provide research based knowledge, tools, and skills for effective parenting practices; provide a supportive and fun environment for learning and sharing to occur; to nurture and promote the development of social support networks among participants; and to educate parents and caregivers on how to act as supportive teachers, advocates, and protectors of their children.</p>		<p>Materials available in Greek, Japanese, Mandarin, Portuguese, and Spanish.</p>	<p>those who want to become ACT Facilitators.</p>	
<p>Parents Anonymous®</p>	<p>The program is designed to be both a prevention and treatment program that strengthens families that are at risk of becoming involved in the child welfare system, have behavioral health challenges, or face other family issues.</p>	<p>Parents, grandparents, relative and kin providers, foster parents or anyone serving in a parenting or caregiving role.</p> <p>Also, children and youth ages 0-18 with behavioral health, substance use disorders, and wellness concerns.</p>	<p>Group sessions are recommended for a four-month duration with two hour groups.</p> <p>Twelve to eighteen months for families involved in the child welfare system.</p>	<p>The Adult and Youth Group Facilitators should have a Bachelor or Master's Degree in social work, psychology, early childhood education, or behavioral sciences as well as experience in providing prevention</p>	<p>Promising-3</p>

	<p>It provides support, positive nurturing, and parenting strategies to parents or caregivers in parenting roles.</p> <p>The program also aims to mitigate the impact of Adverse Childhood Experiences for parents/ caregivers and prevent the occurrence of ACEs for their children.</p> <p>The program aims to build on the strengths of all the family members and enhance family well-being by increasing protective factors through trauma informed practices.</p>		<p>Program conducted in outpatient clinics, community based agencies, group or residential care, public child welfare agency, school setting, shelter, and justice setting.</p> <p>Material available in Spanish and English.</p>	<p>and family strengthening programs to diverse populations.</p> <p>Training is available by Parents Anonymous® Inc.</p>	
Parents as Teachers	<p>An early childhood parent education, family support and well-being, and school readiness home visiting model based on the premise that all children will learn, grow, and develop to realize their full potential.</p>	<p>Families with expectant mothers or parents of children up to kindergarten entry.</p> <p>This program can be conducted in adoptive homes, birth family homes, foster/kinship care, outpatient clinics,</p>	<p>At least two years is the recommended duration of the services.</p> <p>Material is available in French, German, Mandarin, and Spanish.</p>	<p>Parent educators must have a minimum of a high school degree or GED and at least two years of supervised work experience with children and/or parents.</p>	Promising-3

	<p>Parent educators work with other parents to strengthen protective factors and ensure that young children are safe, healthy, and ready to learn.</p> <p>The goals of the program are: increase parent knowledge of early childhood development and improve parenting practices, provide early detection of developmental delays and health issues, prevent child abuse and neglect, and increase children’s school readiness and school success.</p>	community agencies, and school settings.		A training by the Parents As Teachers National Center is required to become a parent educator.	
Parents in the Know	<p>An innovative practice – based child sexual abuse prevention program developed by Pittsburgh Action Against Rape (PAAR).</p> <p>The program builds skills in parents to protect children and promote healthy and safe</p>	Parents of children ages birth to 12 years of age.	<p>Four interactive sessions of 2 hour duration</p> <p>The sessions include topics such as boundaries, bystander, bystander and healthy</p>	<p>Must have experience in child sexual abuse awareness and prevention.</p> <p>Additional curriculum training is provided by contacting</p>	Not yet rated

	<p>relationships. It also encourages parents to use the bystander engagement skills to interrupt and prevent adult perpetration of child sexual abuse. Parents also build skills to foster resiliency and build attachment with their children.</p> <p>The program believes that a strong relationship with a child is a part of preventing child sexual abuse. Parents in the Know helps parents talk with children, connect with other parents, and find strength and support within communities to protect children and encourage safe and healthy relationships.</p>		relationships, and healthy sexuality.	Pittsburgh Action Against Rape.	
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WEBSITE LINKS

Safe@Last- <http://besafeatlast.com/safeatlast.aspx>

Play it Safe Program- https://www.playitsafe.org/index_organizations.php

ChildHelp Speak Up Be Safe Program- <https://www.childhelp.org/subs/the-curriculum/>

Empower Me!- <https://www.childrensafetycenter.org/empower-me/>

<https://shop.zeroabuseproject.org/product/1018>

Safe Touches Program- <https://www.cebc4cw.org/program/safe-touches/>

Body Safety Program- <https://www.cebc4cw.org/program/body-safety-training-workbook/>

Safe Child Program- <https://safechild.org/safe-child-program-child-abuse-prevention-program/>

<https://www.cebc4cw.org/program/the-safe-child-program/>

Lauren's Kids: Safer, Smarter Kids- <https://laurenkids.org/resources/safer-smarter-schools/>

Lauren's Kids: Safer, Smarter Teens Personal Power - <https://safersmarterteens.org/>

Lauren's Kids: Safer, Smarter Teens Be the Change- <https://safersmarterteens.org/education/high-school/>

MBF Child Safety Matters- <https://www.cebc4cw.org/program/mbf-child-safety-matters/>

Athletes as Leaders- <https://www.athletesasleaders.org/the-program>

Coaching Boys into Men- <https://www.coachescorner.org/>

Safe Dates- http://www.violencepreventionworks.org/public/safe_dates.page

Shifting Boundaries- <https://www.crimesolutions.gov/ProgramDetails.aspx?ID=226>

Darkness to Light: Stewards of Children- <https://www.cebc4cw.org/program/stewards-of-children/>

Darkness to Light: Commercial Sexual Exploitation of Children- <https://www.d21.org/education/additional-training/child-exploitation/>

Stop It Now! Circles of Safety Training- <https://www.stopitnow.org/circles-of-safety-training/circles-of-safety-for-youth-serving-organizations>

SafeCare Program- <https://www.cebc4cw.org/program/safecare/>

Nurturing Parenting Program- <https://www.cebc4cw.org/program/nurturing-parenting-program-for-parents-and-their-school-age-children-5-to-12-years/>

ACT Raising Safe Kids- <https://www.cebc4cw.org/program/act-raising-safe-kids/>

Parents Anonymous- <https://www.cebc4cw.org/program/parents-anonymous/>

Parents as Teachers- <https://www.cebc4cw.org/program/parents-as-teachers/>

Parents in the Know- <https://pcar.org/parents-know>

<https://paar.net/prevent/prevention/effective-prevention-strategies-and-theories/parents-in-the-know/>