I

ALLIED BEHAVIORAL HEALTH SOLUTIONS
Nashville/Davidson County

**Early Awareness Early Response** will provide training to support development of a workforce with a range of skills in recognizing, assessing, and diagnosing infants and very young children to increase access to the necessary services to mitigate the negative impacts of ACEs. This project will bring Zero to Threesponsored training about diagnosis and assessment of children birth to five (DC 0:5) to home visitors, early educators, and behavioral health clinicians.

II

BAPTIST MEMORIAL HOSPITAL FOR WOMEN
Memphis/Shelby County

The **Thrive by 5** program will screen all women who deliver babies at Baptist Memorial Hospital for Women for ACEs. All delivering mothers will receive ACEs education, and women with an ACE score of 4 or more will receive program interventions, be provided with hands-on support and education through scheduled in-home visits, verbal check-ins, and education on the brain development of children via the FrameWorks metaphors. In addition to in-home visits, mothers will also be encouraged to visit the Universal Parenting Place for more extensive therapeutic support to reduce depressive symptoms or other concerns.

III

BETHANY CHRISTIAN SERVICES OF GREATER CHATTANOOGA
Chattanooga/Hamilton County

**Project Resilience** is a combination of strategies that together will aid in mitigation of ACEs for parents by connecting with parents and parents-to-be, providing group education using Building Strong Brains, Better Brains for Babies and other child development
curricula; social support and in-home visits to pregnant women and parents of newborns up to 12 months of age; direct training utilizing the evidence-based Nurturing Parenting program, and evidence informed Safe Families for Children program in cases where temporary outside support is warranted to protect children during crisis.

IV
BETHANY CHRISTIAN SERVICES
Nashville
Safe Families for Children will recruit, screen, train and monitor volunteer families from within the community according to strict program requirements to serve as host family homes for children for whom out of home placement is needed. Socially isolated families facing a crisis will be offered an opportunity to accept trauma-informed parent mentoring and care for their children in a loving host family home. Parents will be provided education and other assistance, helping them to navigate the healing process to secure the greatest chance of success once their family is reunited through the co-parenting relationships. Parent will be provided with connections to professional and community resources.

V
BIG BROTHERS BIG SISTERS OF MIDDLE Tennessee
Nashville/Davidson County
Trauma Informed Mentoring Experiences (TIME) will make trauma-informed care the foundation of the organization's mentor training and parent support services by aligning with the Five Protective Factors, developing staff capacity to implement TIC and responsive practices through job-embedded and formal professional development; redesign of mentor and parent/guardian trainings to increase participants understanding of and capacity to help youth impacted by ACES; creating evergreen and topical learning resources and reference materials to support trauma-informed solutions to day-to-day challenges of mentoring and parenting youth impacted by ACES; and facilitating opportunities for parents/guardians to connect about challenges and successes using trauma-informed approaches.

VI
BOYS & GIRLS CLUBS IN TENNESSEE
Statewide
Building Blocks will train Club professionals, parents and caregivers to use key strategies, techniques, and programs in providing trauma-informed care and to address the social and emotional needs of Club youth. Club professionals and caregivers of youth served will develop a comprehensive plan to bring together the "Building Blocks" from the training provided through "Build Strong Brains Tennessee",
improving outcomes of youth who have or are at-risk of experiencing ACEs.

VII
CAMELOT CARE CENTERS
Statewide

In Camelot ACEs Tennessee Toolkit, in conjunction with a consultant, Camelot will design, pilot, and evaluate additional key indicators for a Tennessee specific version of the ACEs survey. Camelot will seek to develop a multi-faceted tool kit for team members across the state to understand the impact of the assessment indicators and provide resources, specific AIM Forward © interventions, and other informal and formal services that can be used to mitigate and or prevent adverse outcomes.

VIII
CASA NASHVILLE
Nashville/Davidson County

Through Adopting the ACEs Paradigm, CASA Nashville will embed ACEs awareness throughout the CASA advocacy process by doing the following: training existing CASA advocates in the Building Strong Brains Framework and applying it to the CASA advocacy model; developing curricula and best practices for advocacy with the intent of sharing materials and lessons learned with other CASA organizations; applying the BSB TN core story to all reports and recommendations related to a child's case; and hosting a conference focused on ACEs and their impact for the child welfare community.

IX
EAST TENNESSEE STATE UNIVERSITY DEPARTMENT OF PSYCHOLOGY
Johnson City

Through the Community-Wide Trauma Informed System of Care Toolkit, the Department of Psychology at East Tennessee State University (ETSU), in partnership with Johnson City Police Department Community Crime Prevention Programs will develop a toolkit for communities to replicate success in developing a community-wide trauma informed system of care, describing the steps taken since 2015 in Northeast Tennessee, compiling and analyzing data collected over that period, with specific plans for creating trauma informed systems of care across the State of Tennessee. The basis for the Northeast system of care is 27 member agencies, all of whom have staff trained in ACEs science and trauma responsive methods.
Identifying ACEs and Resilience will identify the prevalence and types of ACEs and resilience characteristics in college students at East Tennessee State University and provide trauma-informed care training to first year students and faculty and staff. ACEs and resilience surveys will be administered to first year students at ETSU who are majoring in health professions. Upon completion of the survey if appropriate, students will be provided with information for behavioral health services on campus through University Health Services and University Counseling Services, so they may seek assistance if necessary. A nationally known speaker will be identified to provide a campus-wide lecture related to ACEs and resilience. Data from the administered survey will be used to determine what type(s) of intervention would be applicable for campus wide distribution, working with other stakeholders on campus, including students, faculty, and staff.

Through Building Resilient Communities: Developing a Neighborhood Charging Station in North Nashville, Family & Children’s Service (FCS) will provide targeted community programming, training and outreach about ACEs in the North Nashville neighborhood that will be home to FCS’s new headquarters. FCS will convene a community ACE Task Force to raise awareness about ACEs and learn about community needs; provide Building Strong Brains trainings for schools, churches, daycare centers, and other community service providers; and provide ACE-focused, evidence-based programs and services to the target community.

Building Trauma-Informed Systems will provide innovative, evidence-based and evidence-informed ACEs and brain science training, consultation and coaching on creating trauma-informed systems for staff at three partner sites that work with children, youth and adults with high ACEs scores: Davidson County Juvenile Court, Davidson County Sheriff’s Office, and Rutherford County court and correction departments. The Project Director will consult with staff teams to assess policies and procedures and develop modifications to move toward creating trauma-informed cultures and creating better outcomes for clients and staff.
XIII
GREENE COUNTY SCHOOLS
Greeneville

Through Greene Reducing ACEs (GRACE), Greene County School System in partnership with Frontier Health will place a Masters Level School Based Mental Health Liaison to do the following: 1.) provide immediate access to behavioral health services and on-site professional consultation for students and families; 2.) work with school counselors to address issues which are escalating in the school system; 3.) assess students at school and determine need for further evaluation; 4.) serve as liaison with school counselors, Frontier Health, Law Enforcement, Health Department, and court system about ACEs screenings; and 5.) educate community members, teachers and parents/guardians on signs and symptoms of a youth in a mental health crisis.

XIV
HARMONY FAMILY CENTER
Maryville

In Regulate, Relate, and Reason—A sensory Approach to Trauma Informed Learning, Harmony Family Center will implement a trauma-informed project, Regulate, Relate, and Reason—A Sensory Approach to Trauma Informed Learning, for the Maryville City School System through the following: 1.) providing experimentally rich trainings for each of seven schools in the Maryville system and for the community; 2.) engaging staff to learn how to apply trainings in the classroom through introduction and use of evidence-based activities and tools to create a sensory area within each school, introducing movement activities designed to foster somatosensory regulation, and school-wide initiatives; 3.) designating a staff member assigned to three elementary schools to provide consultation to the schools’ administration, teachers, and parents and direct clinical intervention with individual children who demonstrate the greatest challenges; 4.) developing a strategy for the replication of these processes across school systems in Tennessee.

XV
HOPE CENTER, INC.
McMinn and Bradley Counties

Through ACEs Community Awareness The HOPE Center, Inc. will develop a steering committee in McMinn and Bradley Counties to raise awareness about ACEs and how the community as a whole can work together to help families affected by ACEs, and work with DCS to identify families who may need additional support in parenting by offering parenting classes. Within that goal it is the intent to host two ACEs Community Awareness
events (one in each county), hold monthly 15-minute Awareness presentation within the community organizations, quarterly ACEs training events, and provide parenting classes.

XVI
JACKSON POLICE DEPARTMENT
Jackson/Madison County

Through Protecting Children of Arrested Parents: Using a Trauma-Informed Approach in Jackson Tennessee, the Jackson Police Department, recognizing that police actions impact the physical, emotional, and psychological well-being of children, youth, and young adults will establish the program, based on the evidence based, best practices of the International Association of Chiefs of Police (IACP) program for the City of Jackson. The program will be multi-faceted. First, the Jackson Police Department will establish a Community Advisory Board for Safeguarding Children of Arrested Parents. Second, the Jackson Police Department will review existing written agreements between JPD and CPS, and using the “model policy” of IACP, create a cooperative agreement and/or memorandum of understanding with CPS and partner organizations responsible for safeguarding a child from harm when a parent is arrested and addressing trauma that has occurred. Third, the Jackson Police Department will gather statistics on the number of children who are present when a parent is arrested. Fourth, JPD, using the ACEs questionnaire, will survey all JPD POST Certified Officers and provide education, counseling, and resiliency techniques to address results. Fifth, officers will attend training to identify and respond effectively to a child who parent is arrested in order to help minimize potential trauma and support a child’s physical safety and well-being following an arrest. JPD will sponsor/co-sponsor professional development workshops to train professionals across sectors in the area on ACEs with an emphasis on safeguarding children of arrested parents. Officers will be provided with a list of participant partner organizations and contact information so that they may take advantage of services provided though the interagency agreement. JPD will implement strategies and engage community resources to promote resilience, alleviate toxic stress, and reduce the accumulation of ACEs in children, youth, and young adults in the City of Jackson.

XVII
LE BONHEUR COMMUNITY HEALTH AND WELL BEING
Tipton and Crockett Counties

Le Bonheur, Crockett County Head Start, Bells City and Crestview Elementary Schools will implement Social Training for Advancing Resilience Together (START), a schools and community-wide ACEs and BSB awareness campaign in Tipton and Crockett Counties. The partners will concurrently introduce the evidence-based
Dinosaur Curriculum into pre-K through 3rd grade classrooms to increase ACEs awareness, prevention and social-emotional resiliency in children.

**XVIII**
**LE BONHEUR COMMUNITY HEALTH AND WELL BEING**
Memphis/Shelby County

Le Bonheur’s Family Resiliency Initiative Program will introduce and implement the evidence-based Triple P (Positive Parenting Program) intervention as a new service for parents of children identified as being at high risk for ACEs. Triple P-PC is a brief intervention designed to build parents’ skills and capacity to manage specific behaviors and parental stress that may lead to child abuse and/or emotional neglect.

**XIX**
**MIDDLE TENNESSEE STATE UNIVERSITY**
Murfreesboro

MTSU Center for Health and Human Services will create and integrate academic programs to support the project, All Children Excelling through a Comprehensive Network of Trained Providers, by doing the following: establishing a Review Committee of 10-14 faculty members and department heads to conduct a curriculum/course review; recruiting Faculty Champions from the Review Committee to act as ambassadors to their respective departments to garner widespread support for the initiative from other faculty members; coordinating and hosting a meeting with community stakeholders who serve children and families from a variety of professions; creating four curriculum modules through a partnership with the Review Committee, FrameWorks Institute, and input from Belmont University; hosting and evaluating a meeting for all faculty members from participating departments to gauge response to the curriculum and make revisions prior to the first pilot test; piloting release of the four modules, evaluating and finalizing curricula for permanent integration into core courses of participating departments.

**XX**
**TENNESSEE VOICES FOR CHILDREN**
Macon, Trousdale and Sumner Counties

Tennessee Voices for Children will implement a Teen Parent Outreach and Support Program by doing the following in Macon, Trousdale and Sumner counties:
— Family Support Specialists will provide in home support to approximately 200 eligible families across the three counties.
— Two training events will be held within each targeted county for any child serving community program or provider and parents to address ACEs information, trauma resolution within children’s environments and social and emotional development
— One networking and outreach event will be conducted per county about childcare, education, medical and behavioral health and workforce development
— Additional services will be provided such as early childhood consultation for child care facilities, youth mental health screening in middle and high schools, family support for juvenile court, and outpatient counseling as identified
— Statewide Family Support will be provided through phone and website access and school IEP and meeting assistance.

A resource guide will be provided for each of the three counties both electronically and in paper form identifying organizations available and trained to work with teen parents and early child population.

XXI
UNIVERSITY OF TENNESSEE EXTENSION SERVICES
Wilson, Robertson and Campbell Counties

Through **ACEs: RULER Approach**, UT Extension is collaborating with Yale University to establish the nation’s first implementation of the socio-emotional intelligence model in afterschool settings. RULER is an acronym that stands for the five skills of emotional intelligence: recognizing, understanding, labeling, expressing and regulating emotions. The goal is to increase socio-emotional intelligence and self-regulation abilities of youth so as to help mitigate effects of ACEs. Short-term the work is transformative to the after-school delivery model; long term the approach has the potential to alter generations of communities rooted in historical trauma and marginalization.

XXII
UNIVERSITY OF TENNESSEE COLLEGE OF SOCIAL WORK
Statewide

**Resilient Tennessee** is a statewide sustainability initiative to increase access to trauma informed care for all Tennesseans. Leveraging UTCSW’s expertise and resources and expanding on ACE Nashville’s BSB aligned Templates for Resilient Organizations, Resilient Tennessee will devise and implement strategies for statewide impact. The strategies will enhance and expand ACE Nashville’s existing Templates for Resilient Organizations, develop an adaptable Organization Assessment, and build a sustainable infrastructure for ongoing training and continuing education, thus enhancing wider scale adoption of trauma informed care. Resilient Tennessee’s ultimate goal is to create a comprehensive, BSB aligned, statewide network of public and private, trauma informed, and resilient human service organizations.
The vision of Fayette Forward is to create a community that supports an atmosphere where all children can thrive in stable, safe and nurturing families. The project will enhance overall child and young adult well-being by preventing ACEs and toxic stress from negatively impacting brain architecture. This will be accomplished by providing Building Strong Brains TN training to all Fayette school personnel, institute focus groups to act as community listening tours, and developing sustainability teams to ensure the continuation of service delivery.

Zero to Five Teaching Strategies for Personal Competencies will implement Conscious Discipline as an element of United Way's Read to Succeed Program in eight sites and across all ages zero to five. This model will directly impact the children and their families, and fundamentally change culture, policies and professional practices through effective teaching and assessment and reduce community conditions that contribute to adverse childhood experiences. The Zero to Five initiative will promote self-regulation to support kindergarten readiness and school success, aligning with the Metropolitan Nashville School District standards. This model also supports and implements the Nashville Literacy Initiative's Blueprint for Early Childhood Success, twenty nine recommendations to improve success for Nashville's students.

Healthier Families for a Healthier TN will implement an evidence-based intervention at Rocketship Nashville Northeast School to support resilience and improve healthy behaviors among young children who are exposed to adverse childhood experiences. The intervention will apply a public health framework to target prevention efforts at critical stages of childhood social and emotional development. The goal is to develop an effectively packaged ACEs risk-prevention program that could be adopted state-wide by local schools.
Mitigating ACES in Pediatric Primary Care and a Home Visiting Program is intended to affect policy and practice related to ACEs screening and intervention in pediatric primary care. Clinicians involved in the project will screen for ACEs, including unhealthy parenting, and build on parents’ strengths using an evidence-based parenting intervention. Three activities will be performed: 1) VU will test an ACEs algorithm in a pediatric clinic; 2) complete the FY18 studies of a parenting intervention in the clinic and a home visiting program, and 3) work with the Tennessee Chapter of the American Academy of Pediatrics (TNAAP) to distribute an ACEs algorithm and ACEs intervention materials to pediatricians in the state.

The purpose of Building Strong Childhoods in Madison County is to mitigate and help parents in Madison County recover from ACEs, build resilience, and promote safe, stable, nurturing relationships with their children. This program will work to break the cycle of ACEs from parents to children with trauma-informed care. Partners are Healthy Start/Healthier Beginnings Program of Jackson-Madison County General Hospital, Pathways Behavioral Health Services, and Madison County Juvenile Court. The program will target parents of children age 0-17 who are before the Madison County Juvenile Court for dependency, neglect, or delinquency. A two-hour workshop will be held at least every two weeks with 10 to 15 participants, facilitated by an individual who is a certified Building Strong Brains TN trainer. The facilitator will be responsible for follow-up with parents referred to the program, scheduling, facilitating the workshops, and conducting any referral or further interaction with parents who attend the workshops.

Baptist Memorial Hospital for Women has developed the ACE Health Care Provider Educational Program to educate physicians and other health care providers on adverse
childhood experiences (ACEs) and social determinants of health, arming them with information and tools they need to address ACEs in their practices. The program will secure inclusion of ACE risk questionnaires in initial medical assessments at physician offices, including local primary care physicians, pediatricians and obstetricians. Inclusion of the ACE questionnaire gives physicians the information they need to recommend that parents seek additional support and counseling at the Universal Parenting Place (UPP) sites, which equip families to prevent and mitigate ACEs, among other things. It also provides an opportunity for doctors to educate their patients on toxic stress and its effects, following current American Academy of Pediatrics guidelines to look for toxic stress in their patients. The goal of this program is to lessen and prevent the effects of ACEs by expanding ACE awareness within the Memphis community health care organizations and providers. For those cases where a child has already been exposed to ACEs, the program seeks to mitigate the effects of ACEs on the brains of the young children by educating their parents/caregivers on how behavior and environment impact brain architecture and brain development.

II

ADVERSE CHILDHOOD EXPERIENCE (ACES) INITIATIVE PROGRAM
Murfreesboro City Schools

The Adverse Childhood Experience (ACE) Initiative Program, funded for a second year through Building Strong Brains: Tennessee's ACEs Initiative grant, allows Murfreesboro City Schools (MCS) to further its vision to focus on the whole child, assuring their success in a global community. This effort encompasses a major undertaking to assist students and their families to meet academic, nutritional, medical, social and behavioral needs. The Program promotes prevention of ACEs by educating school staff, parents, and community partners regarding childhood trauma and the impact of ACEs on children's physical and social development. As a protective factor against ACEs, this program enhances social connections within the family and greater community. These programs and services help mitigate the effects of ACEs by providing small group intervention for students who are identified at-risk and then linking the students to available school-based and community services. Parents receive parent training and support and are linked with community partners to build positive social connections.

III

Belmont University's Educating Trauma Informed Professionals
Nashville

Belmont University's Educating Trauma Informed Professionals (BETIP) project addresses the need to improve professional practices and promote cross-fertilization among
professions that touch children and families during sensitive periods of development and beyond through development of a standard trauma-informed care education models for undergraduates. BETIP has two aims: 1) to develop an evidence-based, cross-disciplinary, trauma-informed care curriculum for undergraduate nursing, public health and social work students and 2) to identify and address knowledge and training needs among recent graduates and practicing professionals in these disciplines. Community stakeholders have been engaged to identify knowledge gaps about ACEs; work with ACEs content, messaging and curriculum design experts, and support faculty champions to lead development of the new curriculum. With a focus on improving long term outcomes for Tennessee’s children and their families, these efforts also support Belmont’s greater mission to help students from diverse backgrounds to engage and transform the world with disciplined intelligence, compassion, courage and faith.

IV
DISCOVER TOGETHER
Tracy City, Grundy County

Discover Together is a collection of programs designed to provide families with positive adaptive skills that help them thrive in the face of isolation and poverty. Discover Together includes a Community Ambassador program, which trains community members in early child development, family engagement, and ACEs awareness. Ambassadors’ responsibilities are to find families in need, connect them to services in their community, and ensure families remain connected to programs and assistance. Discover Together’s Building Strong Brains project is leveraging its Community Ambassador program to identify families experiencing or at risk for ACEs by using the school district’s early warning system for chronic absenteeism. This whole-family strategy allows students to spend more time in school receiving the education and social support needed to buffer the effects of adversity and stress. It increases caregivers’ social support and resources and assists them with underlying problems that led to their child’s absenteeism. Discover Together is a collaboration among Sewanee: The University of the South; the Yale Child Study Center; Scholastic, and community partners in Tracy City, TN.

V
MEDICAL COLLABORATIONS AND NURTURING PARENTS PROGRAM
Frontier Health
Northeast Tennessee

Frontier Health continues a program, the Medical Collaborations and Nurturing Parents Program, to support high risk mothers and infants born with Neonatal Abstinence Syndrome (NAS) in collaboration with the medical community. Utilizing Nurturing Parenting
Parent Educational Program, an evidence based model of positive parent training, the program exposes parents to positive parenting guidelines, and information and access to services which address substance use and mental health needs, creating a positive impact and increasing protective factors for their children prior to giving birth and continuing thereafter. A behavioral health professional with trauma training meets the new parents at their OB/GYN and PCP offices and follows them through their hospital stay and the extended stay of their infants to provide advocacy and support. Training on ACEs is provided to nurses and medical staff to promote understanding and care for high risk parents. Parent classes and support groups are offered in other neutral locations such as area churches, community centers and housing complexes.

VI
PREVENTING ADVERSE CHILDHOOD EXPERIENCES (PACE)
Gibson County Special School District

The Gibson County Special School District continues to develop a PACE (Preventing Adverse Childhood Experiences) Project to prevent and mitigate ACEs for children, families and communities addressing philosophy, polices, programs, and professional practices through:

— Increased awareness of ACEs and their impacts by disseminating information to District employees during district-wide professional development opportunities; parents/caregivers via Parent Academies; and community at-large through public speaking venues.
— Identifying, assessing, and revising policy to ensure the Gibson County Special School District Policy promotes nurturing environments and assists in reducing detrimental environmental factors for children and families by developing a Trauma-Informed Committee (TIC).
— Ensuring safe, stable, nurturing relationships and environments of children by developing skill-building opportunities for parents of pre-k and middle school students through the development of Parent Academies that address the five protective factors, utilizing an evidence-based curriculum, Parenting Wisely.
— Preventing and reducing ACEs of pre-k and middle school students through in-home counseling and middle school small group interventions utilizing the evidence-based curriculum, Skillstreaming the Adolescent.

VII
PROTECTING CHILDREN FROM ACES AND TRAUMA (PCAT)
University of Tennessee Health Science Center

The University of Tennessee Health Science Center (UTHSC) continues to develop the Protecting Children from ACEs and Trauma (PCAT) program. PCAT incorporates a wraparound approach with trauma-focused interventions to address the needs of children
and families who have been impacted by trauma and other adverse experiences in
colorado utilizing existing community organizations to provide the services and build
community awareness and understanding of the impact of ACEs on child development,
promote recovery from the damaging effects of childhood adversity, and recommend
policy and funding changes that promote safe and nurturing environments that contribute
to healthy brain development and reduce ACEs. Through PCAT, UTHSC assists families,
community members, policy makers, funders, community organizations and other key
stakeholders in understanding the importance of all the work underway to create trauma-
informierte und engagierte Gemeinden durchwegs in Memphis und Shelby County. UTHSC has
joined other initiatives in support of local efforts at the community level as “change
makers” in addressing ACEs and toxic stress early.

VIII
TRAUMA INFORMED PRACTICES
Metropolitan Nashville Public Schools

Metro Nashville Public School's project, Trauma Informed Practices, emphasizes social-
emotional support through its schools, developing social emotional learning competencies
in all district initiatives. In its third year of funding Trauma Informed Practices (TIPS) is
incorporating extensive professional development (PD) to promote awareness of the
impacts of adverse childhood experiences on neurobiological development and school
success, and integrating evidence-informed, trauma-sensitive practices with existing school
practices. The main components of the program include:
— Promoting awareness and drive practices through widespread PD:
   — Providing ongoing PD for direct service providers within district schools
   — Provide ongoing consultation to district educational professionals, with an
     emphasis on pilot schools
   — Implementing a Train the Trainer model for pilot schools and target groups,
     Community Achieves site managers, trauma-informed schools specialists)
   — Offering monthly full-day PD to all district staff
   — Monitoring and streamlining integrity of ACEs-related activities in the district
   — Participation in trauma-informed care work group
— Establishing MNPS Trauma-informed schools committee to further promote awareness
and organizational change.
Grant funds support a trauma support coordinator to facilitate district-wide professional
development and allow the district to implement a pilot project of more targeted
prevention and intervention strategies in 16 high schools.