Dignified Changes: Universal Changing Tables

Our goal is to promote true community inclusion by getting our loved ones out of their homes, back into their communities and off the floor of public restrooms.

**The Problem:**

* Approximately 200,000 Tennesseans (4% of the population) needs assistance with one or more activities of daily living. Toileting is a common need for adults who are aging or have disabilities and other conditions. Everyone deserves a safe, dignified, and hygienic toileting experience.
* Without adult-sized changing tables, **Tennesseans who need them must** **choose between changing in an unhygienic setting – like on a restroom floor – or remaining isolated** from the community if they experience incontinence issues.
* This issue affects family members, friends and caregivers who want to spend time with their loved ones in the community.

**The Solution:**

* States[[1]](#footnote-1) and localities **expanded access to changing tables that can accommodate children AND adults** in certain types of newly built or renovated buildings frequented by the public.

**Best Practices for changing tables:**

* Powered and height-adjustable, for safety of the person and caregiver assisting
* Placed in single occupancy restrooms, universal to gender
* Size of room: 10x14.6. Turning radius of 60” for the wheelchair in the middle of the room and 36” of space at one end of the table.
* Clear signage at the entrance of the building

Learn more: Changing Spaces USA: <http://www.changingspacescampaign.org/> and connect with Tennessee’s Chapter: https://www.facebook.com/changingspacestn

ChangingSpaces recommended vendors

* Max-Ability: 800-577-1555
* Harbor Medical: 410-692-562
* Sure Hands (Lift and Care Systems): 800-724-5305
* Can-Dan: 617-882-7272
1. Arizona, California, Florida, Georgia, Maryland, Michigan, New Hampshire, New York, Ohio, Oklahoma, Pennsylvania, Wisconsin [↑](#footnote-ref-1)