Dignified Changes: Universal Changing Tables

## Community inclusion means getting our loved ones off the floors of public restrooms.

### The Problem:

* Most people have never thought about adult sized changing tables, but approximately 200,000 Tennesseans (4% of the population) needs assistance with daily living, including toileting.
* Without adult-sized changing tables, Tennesseans who need them must choose between changing in an unhygienic setting – like on a restroom floor – or remaining isolated from the community.
* This issue affects thousands more Tennesseans: family members, friends and caregivers cannot spend time in the community without access to adult-sized changing tables.

### The Solution:

* Adult-sized changing tables are also known as “universal changing tables” because they can accommodate people of all ages. They can replace baby changing tables to support everyone, through the lifespan.

### Best Practices for changing tables:

* Powered and height-adjustable, for safety of the person and caregiver assisting
* Placed in single occupancy restrooms, universal to gender
* Size of room: 10x14.6. Turning radius of 60” for the wheelchair in the middle of the room and 36” of space at one end of the table.
* Clear signage at the entrance of the building

### Recommended Models:

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| **Manufacturer/ Model** | **Wall Mounted or Free Standing** | **Size** **(W x L)** | **Weight Capacity** | **Height Range from floor** | **Foldable****(Manual or Electric Fold)** | **Control Options** | **Safety Belt** | **Price Range** | **Recommended Use** |
| **Pressalit****1000 (R8403000-93)** | Wall | 23.5” x 71” | 331 lbs. | 18.9 -34.7” | Yes(Manual Fold) | Wired Hand control; | No | $6199 | Individual, low volume use.Requires some cleaning, Mattress may wear with high volume use. |
| **OmniMax Family Restroom Changing Table** | Freestanding- Bolt to floor | 25” x 72” and30” x 76” | 400 lbs. | 18” -37” | No– Floor Mounted | Built in rocker switch (head/foot of table) | Yes | $2445 -$2645 | Public Restroom, High volume unsupervised use. Solid, non-porous surface.Vandal resistant, not many moving parts |