## Community inclusion means getting our loved ones off the floors of public restrooms.

### The Problem:

* Most people have never thought about adult sized changing tables, but approximately 200,000 Tennesseans (4% of the population) needs assistance with daily living, including toileting.
* Without adult-sized changing tables, Tennesseans who need them must choose between changing in an unhygienic setting – like on a restroom floor – or remaining isolated from the community.
* This issue affects thousands more Tennesseans: family members, friends and caregivers cannot spend time in the community without access to adult-sized changing tables.

### The Solution:

* Adult-sized changing tables are also known as “universal changing tables” because they can accommodate people of all ages. They can replace baby changing tables to support everyone, through the lifespan.

### Best Practices for changing tables:

* Powered and height-adjustable, for safety of the person and caregiver assisting
* Placed in single occupancy restrooms, universal to gender
* Size of room: 10x14.6. Turning radius of 60” for the wheelchair in the middle of the room and 36” of space at one end of the table.
* Clear signage at the entrance of the building

### Recommended Models:

There are 2 recommended models of tables, and comparisons of their features below:

* Pressalit - 1000 (R8403000-93)
* OmniMax Family Restroom Changing Table

#### Details of Pressalit model:

* Wall mounted (not free standing)
* 23.5 inches wide by 71 inches long
* Weight capacity: 331 pounds
* Height range from floor: 18.9-34.7 inches
* Manually foldable
* Wired hand control
* No safety belt
* Price: $6,199
* Recommended uses:
  + Individual, low volume use
  + Requires some cleaning
  + Mattress may wear with high volume use

#### Details of OmniMax model:

* Free-standing, bolt to floor
* 25 inches wide by 72 inches long *or* 30 inches wide by 76 inches long
* Weight capacity: 400 pounds
* Height range from floor: 18.9-34.7 inches
* Not foldable; floor mounted
* Built-in rocker switch (at head/foot of table)
* Safety belt included
* Price range: $2,455-$2,645
* Recommended use:
  + Public Restroom
  + High volume unsupervised use
  + Solid, non-porous surface
  + Vandal resistant
  + Not many moving parts