



## ACEs PROJECTS FUNDED FOR FY20

July 2019

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### ALLIED BEHAVIORAL HEALTH SOLUTIONS Nashville/Davidson County

Allied Behavioral Health Solutions will develop the Tennessee First Five Training Institute in collaboration with Tennessee Association of Mental Health Organizations [TAMHO], Association of Infant Mental Health in Tennessee [AMHiTN], and BlueCare. They will engage six Community Mental Health Centers in prospective planning to address systemic barriers to provision of Infant and Early Childhood Mental Health Care [IECMHC] services across the state; identify and provide intensive training to 18 masters level clinicians from the six respective agencies; collaborate with the Managed Care Organizations to identify a plan for fiscal sustainability of these services and programs with potential options for fiscal reimbursement from at least one MCO. They will create an additional 180 spots across the six identified trainings to bolster knowledge of IECMHC services within the workforce.

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II

### BETHANY CHRISTIAN SERVICES OF GREATER CHATTANOOGA Chattanooga/Hamilton County

Resilience Part 2-Focus on Growth in Bledsoe and Grundy Counties will connect with parents and parents-to-be providing group education using Building Strong Brains curriculum, help identify circles of social support, offer in-home visits to pregnant moms and parents of newborns up to 12 months of age utilizing the evidence-based Nurturing Parenting program. They will develop a base in each community to implement evidence informed Safe Families for Children program in cases where temporary outside support is warranted to protect children from neglect and abuse during times of crisis. This project builds on the foundation of services provided in Hamilton and Bradley Counties.

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III

### BETHANY CHRISTIAN SERVICES—WEST TENNESSEE Lauderdale, Hardeman, McNairy Counties

Bethany Christian Services—West Tennessee will implement Safe Families for Children in which volunteer families from Lauderdale, Hardeman and McNairy Counties will be recruited, screened, trained and monitored according to program requirements. The project will be

introduced to county stakeholders; churches will be identified for Safe Families for Children trainings and trainings will begin for potential participants. Bethany will arrange and monitor host sights for children in trained and approved Safe Family homes and provide case management, education and assistance to parents. The purpose is to secure the greatest chance of success once their family is reunited through co-parenting relationships and to provide socially isolated families facing a crisis the opportunity to accept trauma-informed parent mentoring and care for their child/ren in a loving host family home.

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IV  
BRISTOL'S PROMISE YOUTH NETWORKING ALLIANCE  
Johnson County

Bristol's Promise: Youth Networking Alliance will train two staff in ACEs, trauma-informed care and "Working Bridges", who will in turn train 12 facilitators in ACEs-responsiveness. As many as 15 business presentations will be made for potential adoption of "Working Bridges", a program in which employers work together to effectively develop and test innovative HR practices using the workplace as a platform for services designed to help workers get, keep and grow stable employment. It includes an employee loan/savings program for employees in crisis, volunteer tax preparation program and on-site GED classes, among other supports. The plan is to establish three Working Bridges sites from 6 business site candidates. Metrics include collecting baseline data on cash advance use, absenteeism and ACEs understanding. Community resources will be identified for ACEs prevention and services. Other activities include development of website, orientation materials, and marketing materials for Working Bridges and a variety of community ACEs and Building Strong Brains presentations, trainings, and showings of Paper Tigers and Resilience to community members and nonprofits/organizations/agencies/schools/faith-based organizations.

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V  
COCKE COUNTY SCHOOL SYSTEM  
Cocke County

Learning to Adapt will implement training programs in schools and non-profits throughout the community using ACEs intervention training through Building Strong Brains Tennessee. The school will work with the local Health Department to provide training to families with newborns to educate them about the importance of childhood development and the long term negative impact of ACEs; will provide ACEs Overcomers training and support groups for students.

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IV  
FAMILY AND CHILDREN'S SERVICES  
Nashville/Davidson County

Through Building Resilient Communities: Developing a Neighborhood Charging Station in North Nashville, Family & Children's Service (FCS) will provide targeted community programming, training

and outreach about ACEs in the North Nashville neighborhood, the new home to FCS's headquarters. FCS will continue a community ACE Task Force to raise awareness about ACEs and learn about community needs; provide Building Strong Brains trainings for schools, churches, daycare centers, and other community service providers; and provide ACE-focused, evidence-based programs and services to the target community. FCS will provide BSB trainings for professionals *and* parents/caregivers in the community providing evidence-based group interventions, enrichments, expressive therapy and supporting groups meant to strengthen family connections and communication. FCS will establish a resource hub/charging station for the community—both for services and leadership—to help the community respond to crises and prevent future ACEs through ACE-focused, trauma-informed direct services to community members and those who come into the community through FCS's array of programs.

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VII  
GRUNDY COUNTY DISCOVER TOGETHER  
Grundy County

Through Increasing Adult Capacities and Mitigating ACES in Persistently Poor Regions Grundy County Discover Together will convene in-service training opportunities to educate practitioners on the way brain science can be applied to improve adult capacities, how poverty affects human development, decision-making, and behavior. Discover Together will partner with youth workforce development programs to help young adults get on a sure footing before becoming parents; train parents in Discover Together programs and other two generation models to become mentors for families, creating a stronger social network critical to family resilience; maintain a strong presence in the school district as a provider of services and a resource for families whose children are chronically absent.

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VIII  
HANCOCK COUNTY SCHOOLS  
Hancock County

In consideration of Hancock County's limitations as a rural, distressed county and the urgent need of students and the community, through Hancock Connects, evidence-based practices will be chosen based on feasibility and ease of implementation, creating a realistic plan than will yield positive effect quickly to produce college and career ready students who are socially, emotionally, and academically prepared to enter the workforce, positively impacting the social culture and economic status of both the local community and state.

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IX  
MEHARRY MEDICAL COLLEGE  
Nashville

Through the ACE Awareness Wellness And Resiliency Enhancement (ACE AWARE) project, Meharry Medical College will implement ACEs AWARE curriculum with medical students and residents, justice-involved juveniles (DJC), and adults counselors in re-entry programs 413 Strong and Men Of Valor. ACEs, trauma, resilience and brain development will be taught to all Meharry year one medical students and residents in the Family, Preventive and Occupational Medicine programs. ACEs AWARE curriculum will be incorporated into partner programming at DJC, 413 Strong and Men Of Valor through weekly 120-minute group Cognitive Behavioral Therapy sessions for 8 weeks and 120-minute monthly follow up sessions for one year. The curriculum will instill increased knowledge of brain development, ACEs and the effects on mental, behavioral, emotional and physical health, treatment options and community resources. The intent is to decrease cultural barriers that might prevent treatment and shift participants from a pre-contemplative to more active stages relative to behavioral choices, trauma informed treatment, and community participation.

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X  
ONEIDA SPECIAL SCHOOL DISTRICT  
Oneida County

Through Project Positive Brain Change the school district will implement the Social Emotional curriculum Promoting Alternative Thinking Strategies (PATHS) for elementary level for grades preschool through five and develop three sensory calming rooms for each of the school buildings. A social worker will be engaged two days per week for increased parenting class referrals through the Department of Children's Services, to address current chronic absenteeism rates, and the increase in health disparities among siblings of students who are not yet even enrolled within the schools.

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XI  
PREVENT CHILD ABUSE TENNESSEE  
Statewide

Through its Parents 24/7 project, Prevent Child Abuse Tennessee will conduct and analyze data obtained through surveys to 1000+ parents, community stakeholders and five regional focus groups, use an RFP process to select a Technology Services Vendor for software purchasing, configuration and implementation services, training and 'roll-out' support, develop a marketing a plan and collateral materials to increase public awareness about Parents 24/7's availability and capacities. PCAT will develop a landing webpage and social media plan to increase access to Parents 24/7.

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XII  
PORTER LEATH  
Memphis/Shelby County

Through its Early Success Coalition Integrated Care project, Porter Leath will implement screening and readiness assessments for clinics in use of integrated behavioral health and trauma-informed practices; train clinic staff on integrated behavioral health, screening/intervention processes, education law and advocacy, pediatric-based assessments/interventions and provide Building Strong Brains and other relevant trainings. Student interns for the clinics will be selected, trained and provided on-going consultation. Other activities include developing “learning landscapes” with community partners, completing Social Emotional Literacy Curriculum for the Reach Out and Read program, parent tip sheets for clinical use, and an Integrated Behavioral Health/IECMH program manual.

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XII  
RIDGEVIEW BEHAVIORAL HEALTH  
Northeast Tennessee

Ridgeview Behavioral Health will implement Head Start Brain Builders, providing an integrated, collaborative, early intervention model with use of trauma-screenings (Project Broadcast); evidence-based, trauma-informed treatments for at risk children (PCIT); parent support groups utilizing the Nurturing Parents curriculum; and psycho-educational trainings regarding Building Strong Brains Tennessee curriculum to school personnel and parents.

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XIII  
ROTARY YOUTH INITIATIVE  
Statewide

Through its Rotary-Building Strong Brains Tennessee project, Rotary Youth Initiative will conduct conferences with the Rotary Zone Visioning Coordinator and District Governors (DGs) to inform them of the State of Tennessee’s and Rotary-FYI’s Partnership, planning and conducting an introductory conference for DGs, Assistant District Governors (ADGs), and club presidents in adopting Rotary-FYI and the long-term “Rotary-Building Strong Brains-Tennessee Initiatives. The goal is to recruit and support nine Rotary Clubs, the first year, to start implementing the Rotary-FYI and Rotary-Building Strong Brains-Tennessee Initiatives. Rotary Youth Initiative will provide all clubs in the State with flyers, brochures, short videos, and other informational materials to make them aware of Rotary’s involvement with ACEs, Other Adverse Conditions, and BSB TN.

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XIV  
RURAL RESOURCES  
Greene County

Under the auspice of Rural Resources Mitigating ACEs through an Innovative Rural Development Project for Teens will provide a learning experience in which economically disadvantaged teens will increase income earning potential by developing and implementing a business/social enterprise; participate in an internship, write a resume, and visit appropriate institutions to broaden teens' visions for furthering their development. Youth will learn and practice skills including growing food, raising livestock, preparing food; participate in team building and leadership development; develop knowledge and skills and relationships that will increase teens' community networks and support systems; develop and refine communication skills and deepen their understanding of what has been learned through service projects.

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XV  
SHELBY COUNTY SCHOOLS  
Shelby County

Through the Trauma Intensive Parent (TIP) Training program, Shelby County Schools Student Equity Enrollment & Discipline will broaden ACEs awareness and responsiveness to include parents and students in the 10 Trauma Informed Schools trained in the first cohort of schools by the State Department of Education. As a part of the program, parents will be provided with an intensive examination of ACEs and the potential impact on brain architecture and a series of interactive sessions to develop effective parenting strategies. Facilitate therapeutic support groups and resources for parents will be offered with the intent to strengthen home-school communication and family-school staff relationships.

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XVI  
THE FAMILY CENTER  
Davidson & Rutherford Counties

Through the Building Trauma-Informed and Resilient Systems project, The Family Center will prevent ACEs, promote healing, and prevent future trauma of youth/families in justice systems by training 460 staff at three partner sites—Davidson County Juvenile Court, Davidson County Sheriff's Office, and Rutherford County court; engaging participants to complete an ACE survey to have a collective understanding of staff members' personal history with trauma and how that can impact their work. A combination of three evidence-based and evidence-informed curricula will be utilized: Becoming Trauma Informed: A Training for Correctional Professionals, SAMHSA's How Being Trauma-Informed Improves Criminal Justice System

Responses and Building Strong Brains (BSB). The intent is to conduct organizational assessments for trauma-responsiveness and to facilitate an action plan at one location. Effectiveness of training will be evaluated by post survey to determine participants knowledge of neuroscience, trauma-informed behavioral responses, and participants' ability to identify ways to increase their own resilience and well-being.

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XVII  
THE NEXT DOOR  
Davidson County

Through its Building Healthy Families project, The Next Door will Increase the knowledge and understanding of ACEs among children of mothers in recovery from substance abuse; equip children of mothers in recovery from substance abuse with the skills needed to make positive behavioral changes and increase the knowledge and understanding of ACEs among mothers of Freedom Recovery Community (FRC) children enrolled in the *Building Healthy Families* program, other women in TND addiction treatment, and their family members. This will be accomplished by hiring a family interventionist to develop and implement an intensive weekly therapy group for FRC children and provide them with regular individual and family support to participate in Family Education Program, providing monthly one-on-one intervention with each child and quarterly therapeutic sessions for each family unit living at the FRC and participating in this program. The Interventionist will facilitate group family sessions for the FEP and individual sessions with clients and their families, as needed, help facilitate family reunification and provide Children's programming weekly to focus on ACEs education, trauma therapy, and coping mechanisms. The project will sponsor two family events each year of the program for FRC families and TND alumnae and their families.

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XVIII  
TENNESSEE STATE PARKS  
Morgan County

TN State Parks ACE Resiliency Project will implement a school/park/community-based program at Frozen Head State Park in Wartburg, TN. The goal is to increase understanding of the benefits of outdoor learning and direct experiences with nature to support ACE resilience; provide school, community and park nature-based programming to improve child emotional and intellectual connections to nature and the outdoors, including place-based learning regarding the local environment and history, the individual's role in it, and making community connections through park events; provide teacher professional development to enhance skills and comfort in the outdoor setting and allow for a greater utilization of the outdoors for experiential learning and personal growth to include curriculum-based environmental education materials to enhance classroom and park-based learning; provide training to park rangers to improve their skills and understanding of childhood social and emotional learning in the outdoors.

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XIX  
UNIVERSITY OF TENNESSEE EXTENSION SERVICES  
Wilson, Robertson and Campbell Counties

ACEs: RULER Approach will expand the number of after-school sites utilizing the RULER programming for social-emotional development from seven to eleven; provide staff in out-of-school settings training to implement, practice and use RULER tools in their settings; provide Yale University feedback about application of RULER to out-of-school settings; pilot test Integrated classroom Activities for Regulating Emotions (ICARE) cards for brief interventions during normal school activities/schedules; increase public awareness about ACEs; increase social-emotional intelligence and self-care abilities of enrollees in the out-of-school settings.

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XX  
UNIVERSITY OF TENNESSEE HEALTH SCIENCE CENTER  
Fayette County

Fayette Forward will provide Building Strong Brains TN training to all Fayette school personnel and community agencies, managing sustainability teams to ensure the continuation of service delivery, and collaborating with Fayette County Coordinated School Health and Chamber of Commerce as extenders of the training in this rural county.

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XXI  
UT HEALTH SCIENCES—PCAT-S  
Shelby County

Through Protecting Children for ACEs and Trauma In Schools (PCAT-S), UT Health Sciences Center will create a screening and referral network for children with chronic absenteeism in area elementary schools, develop a trauma-informed, engaged base of community stakeholders (families, providers, community organizations, elected officials, funders and public service organizations) and expand the existing community advisory group to serve as the convener of community meetings. Professionals will be cross-train in wrap-around and Driving the Dream services in order to maintain a sustained, trauma-informed, community-based network to meet the needs of families. It will create procedures for assuring network management is efficient and meets acceptable standards (participant agreements, standardized forms and processes) and provide access to trauma screening and referral for trauma-informed services at critical points of contact for at risk Shelby County Schools students.

XXII  
UNITED WAY OF THE MID-SOUTH  
Fayette, Lauderdale, Tipton

In close partnership with the University of Memphis and under the auspice of the United Way of the Mid-South, Building a Trauma Sensitive Community will provide training, support and guidance to local human service organizations in making cultural, physical, policy and procedural changes to become more trauma sensitive and responsive on an organizational level. This will complement the local ACEs and trauma informed awareness effort, local training of direct service workers in trauma responsive approaches and build upon the groundwork laid by UWMS' cutting edge *Driving The Dream* initiative.

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XXIII  
VAN BUREN COUNTY SCHOOLS  
Van Buren County

Spencer Elementary School will implement TEAM [Together Everyone Achieves More] consisting of, among other things, the Happy Teacher Revolution Self-Care Program. It will continue and enhance the Building Strong Brains Program through partial salary/benefits package for a school social worker, additional training as a Trauma-Informed School by the Department of Education, provide youth scholarships and family engagement incentives, and procure the Leader In Me Program for grades K-5. The TEAM project will include provision for background checks for new Mentor Program.

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XXVII  
WEST TENNESSEE HEALTHCARE FOUNDATION  
Jackson/Madison County

The purpose of Building Strong Childhoods in Madison County is to mitigate and help parents in Madison County recover from ACEs, build resilience, and promote safe, stable, nurturing relationships with their children and break the cycle of ACEs from parents to children with trauma-informed care. Partners are Healthy Start/Healthier Beginnings Program of Jackson-Madison County General Hospital, Pathways Behavioral Health Services, and Madison County Juvenile Court. The program will target parents of children age 0-17 who are before the Juvenile Court for dependency, neglect, or delinquency. A two-hour workshop will be held at least every two weeks with 10 to 15 participants, facilitated by an individual who is a Building Strong Brains TN trainer. Ninety minutes to two hour workshops will be provided at least once a month on site at the Madison County Jail, Aspell Recovery Center and Women and Children's Community Education Classroom. Participants will be surveyed with pre- and post-tests to assess learnings and skills attained. The facilitator will link parents to community resources and supports, conducting any referral or further interaction with parents who attend the workshops.

