## THE STATE OF AGING IN TENNESSEE A COUNTY-BY-COUNTY SNAPSHOT

## AGING

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Dear Reader:
The Tennessee Commission on Aging and Disability (TCAD) is pleased to present The State of Aging in Tennessee: A County by County Snapshot. This report includes county-by-county data on issues affecting older adults in Tennessee.

TCAD's core function is to protect and ensure the quality of life and independence of older Tennesseans and adults with disabilities. The agency pursues data-driven advocacy of policies and programs that improve outcomes for those specific groups, while providing assistance to concerned families and caregivers, as well.

In this specific report about aging, each data page presents county-level data specific to older adults ages 65 and older. Each page also includes the projected population growth of seniors in that county over the next fifteen years.

The data presented in this report will also be available on TCAD's website (www.tn.gov/aging), allowing it to be shared by service providers, advocates, and decision-makers across the state.

Our population is getting older in Tennessee. We face existing challenges today and will have new ones in the future. This report is a tool designed to give you an idea of what is happening in Tennessee. With your help and the help of our partners, TCAD will continue in its efforts to make significant strides in its work to make a difference in the lives of the people that we serve.


[^0]
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## WEST TENNESSEE COUNTY LEVEL STATISTICS <br> 

- CROCKETT
- DECATUR
-DYER
- FAYETTE
-GIBSON
- HARDEMAN
- HARDIN
- HAYWOOD
-HENDERSON
- HENRY
- LAKE
- LAUDERDALE
- MADISON
- MCNAIRY
- OBION
- SHELBY
-TIPTON
- WEAKLEY


## Benton County

Property Tax
Relief Program


548
Elderly Homeowners in 2016

Falls Related Injury 6.37 Emergency Department Visits

per 100 adults ages 65+ every year

## Adults ages 65+



About 1 in 8 Have Cognitive Impairment


21\%
More than 1 in 5 Have Difficulty Hearing


31\%
Nearly 1 in 3 Have Difficulty Walking


650
Nearly 2 in 3 Have High Blood Pressure


15\%
More than 1 in 7
Have Depression



30\%
Live Alone

## Carroll County



Adults 65+ in Carroll County


Arenarichermentomberises of all county residents


## Property Tax <br> Relief Program <br> 591 <br> Elderly Homeowners

 in 2016
## Falls Related Injury

Emergency Department Visits
per 100 adults ages 65+ every year

## Adults ages 65+



About 1 in 8 Have Cognitive Impairment

30\%
Nearly 1 in 3 Have Diabetes


67\%
About 2 in 3 Have High Blood Pressure
 16\%
More than 1 in 7 Have Depression

## 6,035

Medicare Enrollees

31\% Nearly 1 in 3 Have Difficulty Walking
Waking


23\%
More than 1 in 5 Have Difficulty Hearing


## Chester County

Property Tax
Relief Program
289
Elderly Homeowners in 2016

Falls Related Injury 3.79

Emergency Department Visits

per 100 adults ages 65+ every year

## Adults ages 65+



About 1 in 8 Have Cognitive Impairment

30\%
Nearly 1 in 3 Have Diabetes



More than 1 in 8 Have Difficulty Hearing


32\% Nearly 1 in 3 Have Difficulty Walking

## 2,193

Medicare
Enrollees


61\%
More than 3 in 5 Have High Blood Pressure

More than 1 in 7 Have Depression


Households Without a Car



30\%
Live Alone

## Crockett County

Property Tax
Relief Program
322
Elderly Homeowners in 2016

## Falls Related Injury



Emergency Department Visits


Hospital Admission
.02
Deaths per 100 adults ages 65+ every year

## Adults ages 65+



14\%
Almost 1 in 7
Have Cognitive Impairment

32\%
Almost 1 in 3 Have Diabetes


Households Without a Car


About 1 in 6 Have Difficulty Hearing

710
More than 7 in 10 Have High Blood Pressure

17\%
More than 1 in 6 Have Depression

33\%
Approximately 1 in 3
Have Difficulty Walking

# Decatur County 

## Property Tax Relief Program <br> 279 <br> Elderly Homeowners

in 2016

## Falls Related Injury

 $6.57 \quad 1.43 \quad 02$ per 100 adults ages 65+ every year
## Adults ages 65+



11\%
About 1 in 9 Have Cognitive Impairment

31\%
Almost 1 in 3
Have Diabetes



23\%
Nearly 1 in 4 Have Difficulty Hearing


32\%
Nearly 1 in 3
Have Difficulty
Walking


## Fayette County

## 8,180

Adults 65+ in Fayette County

Property Tax Relief Program


419
Elderly Homeowners
in 2016

Falls Related Injury $4.42 \quad 1.29$. 04 M per 100 adults ages 65+ every year

## Adults ages 65+



10\%
About 1 in 10
Have Cognitive Impairment


14\%
About 1 in 7 Have Difficulty Hearing


28\%
More than 1 in 4
Have Difficulty Walking

## 280 <br> More than 1 in 4 Have Diabetes

Medicare Enrollees


63\%
More than 3 in 5 Have High Blood Pressure


About than 1 in 10 Have Depression


28\%
Live Alone

## Property Tax Relief Program <br> 926 <br> Elderly Homeowners

 in 2016

Falls Related Injury
6.84

Emergency Department Visits

per 100 adults ages 65+ every year

Adults ages 65+


30\%
Almost 1 in 3
Have Diabetes


$16 \%$
Almost 1 in 6 Have Difficulty Hearing

68\%
More than 2 in 3 Have High Blood Pressure


29\%
More than 1 in 4
Have Difficulty Walking


## Hardeman County



Adults 65+ in Hardeman County

## Property Tax Relief Program <br> 440 <br> Elderly Homeowners

in 2016

## Falls Related Injury

 6.95 Emergency Department Visits
per 100 adults ages 65+ every year

## Adults ages 65+

34\%
More than 1 in 3 Have Diabetes

$15 \%$
Almost 3 in 20 Have Difficulty Hearing


14\%
More than 1 in 8 Have Depression

## 25\% <br> Roughly 1 in 4 Have Difficulty Walking

## Property Tax Relief Program <br> 628 <br> Elderly Homeowners

 in 2016Falls Related Injury
5.97

Emergency
Department Visits

per 100 adults ages 65+ every year

Adults ages 65+

$15 \%$
About 3 in 20 Have Difficulty Hearing


3 in 20
Have Cognitive Impairment

27\%
More than 1 in 4 Have Diabetes



29\%
More than 1 in 4
Have Difficulty Walking

59\%
Nearly 3 in 5 Have High Blood Pressure



More than 1 in 8 Have Depression


## Haywood County



## Property Tax Relief Program <br> Elderly Homeowners

\#
in 2016

# Falls Related Injury $4.08 \quad .93 \quad 02 \mathrm{l}$ Visits 

per 100 adults ages $65+$ every year

## Adults ages 65+


$19 \%$
About 1 in 5 Have Difficulty Hearing

35\%
More than 1 in 3
Have Difficulty Walking

Almost 1 in 3
Have Diabetes

## 30\%



18\%
Households Without a Car

68\%
More than 2 in 3 Have High Blood Pressure

12\%
Almost 1 in 8 Have Depression


## Henderson County

## Adults 65+

 -in Henderson CountyNow

## Property Tax Relief Program <br> 557 <br> Elderly Homeowners

 in 2016Falls Related Injury
5.59

Emergency Department Visits

per 100 adults ages 65+ every year

Adults ages 65+



9\%
Households Without a Car


Medicare Enrollees

$17 \%$
About 1 in 6 Have Difficulty Hearing


63\%
More than 3 in 5 Have High Blood Pressure


16\%
More than 1 in 7
Have Depression


# Making a Difference: Impacting Lives in Tennessee 

## The Farmers (Chester County)

The Southwest Tennessee Area Agency on Aging and Disability received two referrals several years ago for *the Farmers, a couple in their eighties with no support system and no immediate family living in Tennessee. On the day Mrs. Farmer called the agency, she stated, "Tomorrow we have been married 54 years, and all we have in the bank is fifty-nine cents."

The Farmers were living in a bug-infested, cluttered and unsafe home environment. They were independent for years until their health declined. Mrs. Farmer knew that she and her husband needed help. She was also determined to keep both of them under their own roof, stating plainly what was important to her: "We have each other, and I don't intend for us to go to the nursing home."

Mrs. Farmer was diagnosed with colon cancer, severe osteoarthritis, and macular degeneration. She had fallen multiple times. Mr. Farmer was diagnosed with hypertension, osteoarthritis, a broken pelvis and a broken knee. He was incontinent and needed assistance with bathing and dressing. He had been a successful architectural artist and found it difficult to accept that he needed help.


The Farmers were able to obtain personal care services, homemaker services, home-delivered meals, and pest control services. They were very grateful, happy and relieved when enrolled in Home and Community Based Services (HCBS). The services they received improved the quality of their lives, and aging in place extended their time together, allowing them to live in the comfort of their own homeand at a fraction of the expense of a nursing home.

[^1]
## Henry-County <br> , 650

Adults 65+ in Henry County

Now

# 11,185 

## Property Tax Relief Program 723 <br> Elderly Homeowners

H

# Falls Related Injury  Visits 

2030
in 2016


12\%
About 1 in 9 Have Cognitive Impairment

27\% More than 1 in 4 Have Diabetes

$18 \%$
More than 1 in 6 Have Difficulty Hearing


24\%
Roughly 1 in 4
Have Difficulty
Walking

## Property Tax Relief Program <br> 142 <br> Elderly Homeowners

 in 2016
## Falls Related Injury <br> 5.83 <br> Emergency Department <br> 

 Visitsper 100 adults ages 65+ every year

## Adults ages 65+

## 36\%

More than 1 in 3 Have Diabetes


13\%
Households
Without a Car

$15 \%$
About 3 in 20 Have Difficulty Hearing


45\%
Nearly 1 in 2
Have Difficulty
Walking

1,033
Medicare Enrollees


17\%
More than 1 in 6 Have Depression


## Lauderdale County

## Property Tax Relief Program <br> 597 <br> Elderly Homeowners

in 2016

# Falls Related Injury 7.321 .38 Department Visits 

##  of all county residents <br>  <br> 2030



More than 1 in 8 Have Cognitive Impairment

31\%
Almost 1 in 3
Have Diabetes


67\%
More than 2 in 3 Have High Blood Pressure


13\%
More than 1 in 8 Have Depression


## Madison County

## Property Tax Relief Program <br> 934 <br> Elderly Homeowners

 in 2016
# Falls Related Injury <br> 5.45 Emergency Department Visits <br>  

per 100 adults ages 65+ every year

Adults ages 65+


## 29\% <br> More than 1 in 4 Have Diabetes



[^2]

19\%
Almost 1 in 5 Have Difficulty Hearing


27\%
More than 1 in 4
Have Difficulty Walking


17\%
More than 1 in 6 Have Depression


## McNairy County

# Property Tax Relief Program <br> 753 <br> Elderly Homeowners 

 in 2016

Falls Related Injury $5.63 \quad 1.20$. 04 per 100 adults ages 65+ every year

## Adults ages 65+

0

## 14\%

Almost 1 in 7
Have Cognitive Impairment

## 29\% <br> More than 1 in 4 <br> Have Diabetes



Medicare Enrollees


61\%
More than 3 in 5 Have High Blood Pressure
$18 \%$
More than 1 in 6 Have Difficulty Hearing


16\%
More than 1 in 7 Have Depression


## Obion-County $\quad 8,007$

Adults 65+ in Obion County

## $526 \%$ greneriderementemperises of all county residents 

# Property Tax Relief Program <br> 499 <br> Elderly Homeowners 

 in 2016
## Falls Related Injury

6.25

Emergency Department Visits

per 100 adults ages 65+ every year

## Adults ages 65+



## 9\%

Nearly 1 in 11
Have Cognitive Impairment

$18 \%$
More than 1 in 6 Have Difficulty Hearing


27\%
More than 1 in 4
Have Difficulty Walking

## 30\%

3 in 10
Have Diabetes


8\%
Households Without a Car


6,237
Medicare
Enrollees

65\%
Almost 2 in 3 Have High Blood Pressure


14\%
More than 1 in 8
Have Depression


## Shelby County

# Property Tax Relief Program <br> 8,314 <br> Elderly Homeowners 

in 2016

Falls Related Injury 4.34

Emergency
Department Visits

##  of all county residents 

 <br> \title{Tipton County
} <br> \title{
Tipton County
}

## Weakley-Gounty

$38 \%$

# Property Tax Relief Program <br> 642 <br> Elderly Homeowners 

in 2016

Falls Related Injury $5.35 \quad 1.26 \quad 05$ Visits
per 100 adults ages 65+ every year

## Adults ages 65+



## 8\%

Nearly 1 in 12
Have Cognitive Impairment

$16 \%$
Almost 1 in 6 Have Difficulty Hearing


## 30\%

3 in 10
Have Diabetes

64\%
More than 3 in 5 Have High Blood Pressure

14\%
Nearly 1 in 7 Have Depression


> 5,152

Medicare Enrollees

Poverty Level


29\%
Live Alone

# Making a Difference: Impacting Lives in Tennessee 

## Mr. Brown (Henderson County)

*Mr. Brown was originally referred to the Area Agency on Aging and Disability for Home and Community Based Services (HCBS). Adult Protective Services was involved, and he was in desperate need of help.
$\square$ He stayed in bed in the living area of the trailer at all times because he was unable to get himself up. He had no way to see a doctor or pick up medications.

Although Mr. Brown was initially denied HCBS, several entities combined efforts and submitted an appeal that ultimately resulted in his enrollment in the program. He also became a Public Guardianship Program client to assist him with both physical and financial needs.

At the time of referral and assessment, Mr. Brown was living alone in a neglected mobile home overrun with bugs. He stayed in bed in the living area of the trailer at all times because he was unable to get himself up. He had various perishable and non-perishable items surrounding him in bed, as well as a phone, television remote, mini fridge and urine waste can at his bedside. He was dependent on a friend to bring him money from the bank, along with groceries (once a month). He complained of difficulty breathing and had no medications available; he had no way to see a doctor or pick up medications. He expressed concern about his safety and feared a house fire or robbery due to his vulnerable state.

Once Mr. Brown became a public guardian client receiving attorney-in-fact services, public guardian staff was able to begin addressing some of his basic needs, such as medical care and access to food and funds. Upon enrollment, he was assigned a care coordinator who assisted public guardian staff
 in securing safer, more appropriate shelter. Mr. Brown now resides in a local nursing home for a short stay, but he hopes to transition to independent living once again if able, or to long-term care if necessary. He no longer lives with roaches crawling on him throughout the day and night, or with the worry of someone breaking in and either stealing from him or harming him. He knows he has people he can count on for help, and he enjoys the well-deserved attentionattention he welcomed-missing from his life for years.

[^3]- BEDFORD
- CANNON
- CHEATHAM
- CLAY
- COFFEE
- DAVIDSON
- DEKALB
- DICKSON
- FENTRESS
- FRANKLIN
- GILES
- GRUNDY
- HICKMAN
- HOUSTON
- HUMPHREYS
-JACKSON
- LAWRENCE
-LEWIS
- LINCOLN
- MACON
- MARSHALL
- MAURY
- MONTGOMERY
- MOORE
- OVERTON
- PERRY
- PICKETT
- PUTNAM
- ROBERTSON
- RUTHERFORD
- SEQUATCHIE
- SMITH
- STEWART
- SUMNER
- TROUSDALE
- VAN BUREN
- WARREN
- WAYNE
- WHITE
- WILLIAMSON
- WILSON


## Bedford County <br> Adults 65+ in Bedford County

Property Tax Relief Program

田

Elderly Homeowners in 2016

## Falls Related Injury

 EmergencyDepartment $\substack{\text { Hospital }}$ Visits
per 100 adults ages 65+ every year

## Adults ages 65+


$10 \%$
1 in 10 Have Cognitive Impairment

27\%
More than 1 in 4 Have Diabetes


65\%
Nearly 2 in 3 Have High Blood Pressure
$16 \%$
Nearly 1 in 6 Have Difficulty Hearing


29\%
Roughly 2 in 7
Have Difficulty
Walking


## Cannon-Gounty

Property Tax Relief Program

273
Elderly Homeowners in 2016

Falls Related Injury
5.81

Emergency
Department Visits

per 100 adults ages 65+ every year

## Adults ages 65+



13\%
About 1 in 8 Have Cognitive Impairment

27\%
More than 1 in 4 Have Diabetes


10\%
Households
Without a Car


21\%
About 1 in 5 Have Difficulty Hearing


31\%
Almost 1 in 3 Have Difficulty Walking

## Cheatham County



Adults $65+$ in Chéatham County

Property Tax Relief Program


473
Elderly Homeowners
in 2016

## Falls Related Injury

 6.611 .60 .08 per 100 adults ages 65+ every yearAdults ages 65+


About 1 in 11
Have Cognitive Impairment

26\%<br>Approximately 1 in 4 Have Diabetes




20\%
About 1 in 5 Have Difficulty Hearing

## 27\%

More than 1 in 4
Have Difficulty Walking


15\%
More than 1 in 7 Have Depression


## Clay County



# Property Tax Relief Program 

Elderly Homeowners in 2016

# Falls Related Injury <br> 3.71 <br> Emergency <br> Department Visits 


per 100 adults ages 65+ every year

Adults ages 65+


## 28\%

More than 1 in 4 Have Diabetes


10\%
Households
Without a Car

$17 \%$
About 1 in 6 Have Difficulty Hearing


28\%
More than 1 in 4
Have Difficulty Walking


## Coffee County 15,160  of all county residents 

Property Tax Relief Program


## Falls Related Injury

 Emergency Hospital DeathsDepartment Admission 100 adults ages $65+$ every year
Visits

Adults ages 65+

$11 \%$
About 1 in 9 Have Cognitive Impairment

$17 \%$
More than 1 in 6 Have Difficulty Hearing


28\%
Nearly 2 in 7
Have Difficulty
Walking

## 26\%

More than 1 in 4 Have Diabetes


63\%
More than 3 in 5 Have High Blood Pressure


16\% Nearly 1 in 6 Have Depression




9\%
Households Without a Car



23\%
Are Veterans


25\%
Live Alone

## Davidson County



5100 Gro v

## Property Tax

Relief Program
5,319
Elderly Homeowners in 2016

Falls Related Injury 5.23 Emergency Department Visits


Hospital
Admission

per 100 adults ages 65+ every year

## Adults ages 65+



10\%
About 1 in 10
Have Cognitive Impairment

25\% Approximately

1 in 4
Have Diabetes

$13 \%$
Households Without a Car

Have Difficulty

$14 \%$
Roughly 1 in 7 Hearing


Hearing

15\%
More than 1 in 7
Have Depression

## 24\% <br> Roughly 1 in 4 <br> Roughly 1 in 4 Have Difficulty <br> Walking




## DeKalb County

## (3) Growth

Now

## Property Tax Relief Program <br> 342 <br> Elderly Homeowners

in 2016

## Falls Related Injury

 5.48 Emergency Department Visits
per 100 adults ages 65+ every year

Adults ages 65+

## 28\%

More than 1 in 4 Have Diabetes



More than 1 in 4
Have Difficulty
Walking
$19 \%$
More than 1 in 6 Have Difficulty Hearing


15\%
More than 1 in 7 Have Depression




# Dickson County 



Now


Property Tax
Relief Program
769
Elderly Homeowners in 2016

Falls Related Injury

Emergency
Department Visits

per 100 adults ages 65+ every year

## Adults ages 65+



About 1 in 12
Have Cognitive Impairment

29\%
More than 1 in 4 Have Diabetes


8\%
Households Without a Car

$18 \%$
More than 1 in 6 Have Difficulty Hearing


29\%
Roughly 2 in 7
Have Difficulty
Walking


15\%
More than 1 in 7
Have Depression


$$
\underset{\text { Are Veterans }}{23 \%}
$$



## Fentress County



## Falls Related Injury



Emergency
Department
Visits
Ansumpichertentimpecsisen of all county residents

## 

## Property Tax Relief Program <br> 770 <br> Elderly Homeowners

in 2016


Adults ages 65+
 18\%
More than 1 in 6 Have Cognitive Impairment


21\%
About 1 in 5 Have Difficulty Hearing


32\%
Almost 1 in 3 Have Difficulty Walking


11\%
Households Without a Car

67\%
More than 2 in 3 Have High Blood Pressure
 Have Depression


## Franklin County



Adults 65+ in Franklin County


Now

Property Tax Relief Program

787
Elderly Homeowners in 2016

## Falls Related Injury


per 100 adults ages 65+ every year

Adults ages 65+


## 14\%

About 1 in 7
Have Cognitive Impairment

31\%
Almost 1 in 3
Have Diabetes



Households Without a Car


20\%
About 1 in 5 Have Difficulty Hearing


31\%
Almost 1 in 3 Have Difficulty Walking

## Giles County <br>  <br> 48\% <br> Adults 65+ in Giles County <br> Bentursidempentemperises of all county residents <br> 

## Property Tax Relief Program <br> 559 <br> Elderly Homeowners

in 2016

Falls Related Injury
 Visits
per 100 adults ages 65+ every year

## Adults ages 65+



About 1 in 9 Have Cognitive Impairment


9\%

## 5,179

Medicare
Enrollees

## 28\% <br> More than 1 in 4 Have Diabetes



67\%
About 2 in 3 Have High Blood Pressure

$15 \%$
More than 1 in 7 Have Difficulty Hearing


25\%
Roughly 1 in 4
Have Difficulty
Walking


More than 1 in 7 Have Depression


# Grundy County 

## 2,930


 of all county residents


Property Tax Relief Program

443
Elderly Homeowners in 2016

Falls Related Injury
7.40

Emergency
Department Visits


Hospital
Admission
.02
Deaths
per 100 adults ages 65+ every year

Adults ages 65+
 15\%
More than 1 in 7 Have Cognitive Impairment


27\%
More than 1 in 4 Have Difficulty Hearing


34\%
More than 1 in 3
Have Difficulty Walking

## 30\%

More than 2 in 7 Have Diabetes


64\%
Nearly 2 in 3 Have High Blood Pressure


# Making a Difference: Impacting Lives in Tennessee 

## The Milligans (Cannon County)

Tipp and Nadine Milligan of Cannon County are a good example of seniors throughout Tennessee in need of assistance-a good example of how a little help can make a big difference. Mr. Milligan is an 86-year-old veteran who has been receiving home-delivered meals for the past year. He has multiple health issues, including congestive heart failure, tremors, diabetes, kidney failure, chronic fatigue, vision loss, and problems hearing. Nadine takes him to dialysis three days a week and helps him make the rounds to a long list of doctors on the remaining days. She is constantly busy and unable to prepare a healthy meal for her husband. The home-delivered meals have been critical for both Milligans. Along with family assistance, the home-delivered meals
 help keep Mr. Milligan in his own home at a cost of less than \$1,600 per year. has been receiving home-delivered meals for the past year. Along with family assistance, the home-delivered meals help keep him in his own home at a cost of less than $\$ 1,600$ per year.

## Hickman County



Property Tax Relief Program 419
Elderly Homeowners in 2016

Falls Related Injury 6.57 1.71 . 07 Hospital Deaths Admission
per 100 adults ages 65+ every year

Adults ages 65+


## 14\%

More than 1 in 8 Have Cognitive Impairment

## 28\%

More than 1 in 4 Have Diabetes

$18 \%$
More than 1 in 6 Have Difficulty Hearing


29\%
More than 2 in 7
Have Difficulty Walking


15\%
More than 1 in 7 Have Depression


## Houston County



## Property Tax

 Relief Program172
Elderly Homeowners in 2016

## Falls Related Injury

6.74

Emergency Department Visits

per 100 adults ages 65+ every year

## Adults ages 65+



7\%
About 1 in 13
Have Cognitive Impairment


24\%
Nearly 1 in 4 Have Difficulty Hearing


8\%
Households Without a Car

## About 3 in 10 Have Diabetes <br> 30\% <br> 

1,517
Medicare
Enrollees



28\%
More than 1 in 4
Have Difficulty Walking


## Humphreys County 5,346 <br> Adults 65+ in Humphreys County

Property Tax Relief Program

318
Elderly Homeowners
in 2016

## Falls Related Injury

Department Visits

per 100 adults ages 65+ every year

Adults ages 65+


11\%
About 1 in 9 Have Cognitive Impairment

$17 \%$
About 1 in 6 Have Difficulty Hearing


28\%
More than 1 in 4
Have Difficulty Walking

## 29\%

More than 2 in 7 Have Diabetes


62\%
More than 3 in 5 Have High Blood Pressure


More than 1 in 6 Have Depression


Property Tax Relief Program


Elderly Homeowners in 2016

Falls Related Injury

Emergency Department Visits

per 100 adults ages 65+ every year

Adults ages 65+


## 14\%

About 1 in 7
Have Cognitive Impairment

$15 \%$
About 1 in 7 Have Difficulty Hearing


27\%
More than 1 in 4
Have Difficulty Walking


19\%
Nearly 1 in 5 Have Depression


18\%
Are Veterans

## Lawrence-Gounty <br>  of all county residents 

Property Tax Relief Program

\#

## Falls Related Injury


per 100 adults ages 65+ every year

## Adults ages 65+



More than 1 in 7 Have Cognitive Impairment

## 28\%

About 2 in 7 Have Diabetes


10\%
Households Without a Car


19\%
More than 1 in 6 Have Difficulty Hearing



32\%
Almost 1 in 3 Have Difficulty Walking


# Lewis County 



Now
2030

Property Tax Relief Program

## 283 <br> Elderly Homeowners

in 2016

Falls Related Injury
3.27

Emergency
Department Visits

per 100 adults ages 65+ every year


More than 1 in 8 Have Cognitive Impairment


Households Without a Car


Enrollees

## Adults ages 65+



14\%
About 1 in 7 Have Difficulty Hearing


26\%
Roughly 1 in 4 Have Difficulty Walking

59\%
Almost 3 in 5 Have High Blood Pressure


14\%
More than 1 in 7
Have Depression


## Lincoln County

## 6,539 55\% Grounth $27 \%$

Adults 65+ in Lincoln County

##  of all county residents <br> 

Property Tax Relief Program


570
Elderly Homeowners
in 2016

# Falls Related Injury 


per 100 adults ages 65+ every year


## 8\%

About 1 in 12
Have Cognitive Impairment

25\% Approximately 1 in 4 Have Diabetes


$18 \%$
More than 1 in 6 Have Difficulty Hearing


30\%
Almost 1 in 3 Have Difficulty Walking


More than 1 in 9 Have Depression


## Macon County <br> Berberaid fermenemperise of all county residents 

Property Tax Relief Program

444
Elderly Homeowners in 2016

Falls Related Injury
6.52

Emergency Department Visits

per 100 adults ages 65+ every year

## Adults ages 65+



## 9\%

About 1 in 11
Have Cognitive Impairment

$17 \%$
More than 1 in 6 Have Difficulty Hearing


28\%
About 2 in 7
Have Difficulty
Walking

## 28\%

About 2 in 7 Have Diabetes


64\%
Almost 2 in 3 Have High Blood Pressure


17\%
More than 1 in 6 Have Depression




$$
\underset{\text { Are Veterann }}{16 \%}
$$



27\%
Live Alone

Enrollees

## Marshall-County <br> owth Inhmentornene memeris of all county residents <br> 

Property Tax Relief Program

461
Elderly Homeowners
in 2016

## Falls Related Injury

 5.091 .06 . 05 Visitsper 100 adults ages 65+ every year

## Adults ages 65+



12\%<br>About 1 in 9 Have Cognitive Impairment

27\%
More than 1 in 4 Have Diabetes

$19 \%$
Nearly 1 in 5 Have Difficulty Hearing


29\%
Roughly 2 in 7
Have Difficulty
Walking


62\%
More than 3 in 5 Have High Blood Pressure

More than 1 in 7 Have Depression


## Maury County 24,678 <br> 

## Montgomery County 34,290 <br> 17,720 growth <br> Adults 65+ in Montgomery County <br> Now <br>  of all county residents <br> 

Property Tax Relief Program

1,916
Elderly Homeowners
in 2016

## Falls Related Injury

 Emergency $\left.\begin{array}{l}\text { Hospital } \\ \text { Department } \\ \text { Visits } 100 \text { admission }\end{array}\right]$ DeathsAdults ages 65+


11\%
About 1 in 9
Have Cognitive Impairment

$13 \%$
About 1 in 8 Have Difficulty Hearing

14\%
About 1 in 7 Have Depression


29\%
More than 2 in 7
Have Difficulty Walking


# Moore County 



Property Tax Relief Program
4.13

Emergency
Department Visits

Falls Related Injury

per 100 adults ages 65+ every year

## Adults ages 65+



19\%
Almost 1 in 5 Have Difficulty Hearing


27\%
More than 1 in 4
Have Difficulty Walking

30\%
More than 1 in 4 Have Diabetes


68\%
More than 2 in 3 Have High Blood Pressure


15\%
More than 1 in 7 Have Depression


> Are below

100\% of the
Poverty Level

24\%
meverears

# Making a Difference: Impacting Lives in Tennessee 

## Linda Whicher (Cumberland County)

Fifty-eight-year-old Linda Whicher lives in Crossville's public housing. She has been on the OPTIONS for Community Living program since 2014 and receives daily home-delivered meals and weekly homemaker services. She has a world of health problems, some of which include diabetes, COPD, and continuous oxygen. She has had numerous hospital and nursing home stays and is unable to cook or clean her apartment. The small amount of help provided through the OPTIONS program enables her to remain in her home with dignity and quality of life. The local Area Agency on Aging and Disability spends about $\$ 3,864$ for her services each year. By comparison, nursing home costs in Tennessee are approximately $\$ 69,350^{1}$.


She has $a$ world of health problems. The AAAD spends about $\$ 3,864$ for her services each year. By comparison, nursing home costs in Tennessee are approximately $\$ 69,350^{\prime}$.

## Overton County



## Property Tax Relief Program <br> 775 <br> Elderly Homeowners

 in 2016

## Falls Related Injury

 Visits
per 100 adults ages 65+ every year

## Adults ages 65+



## 9\%

About 1 in 11
Have Cognitive Impairment

$15 \%$
More than 1 in 7 Have Difficulty Hearing


25\%
Roughly 1 in 4 Have Difficulty Walking

27\%
More than 1 in 4 Have Diabetes

## 3,811

Medicare
Enrollees


9\%


Households Without a Car

600
About 3 in 5 Have High Blood Pressure

Almost 1 in 8 Have Depression


## Perry County

 of all county residents

## 

# Property Tax Relief Program <br> 237 <br> Elderly Homeowners 

 in 2016

Falls Related Injury $\begin{array}{lll}5.81 & 1.16 & 0.04\end{array}$

Hospital Deaths Admission
Emergency Department Visits
per 100 adults ages 65+ every year

## Adults ages 65+


$10 \%$
About 1 in 10
Have Cognitive Impairment

## 30\% <br> Almost 1 in 3 <br> Have Diabetes

8\%
Households Without a Car


Medicare
Enrollees


14\%
About 1 in 7 Have Difficulty Hearing


30\%
More than 2 in 7
Have Difficulty Walking

59\%
Nearly 3 in 5 Have High Blood Pressure


17\%
More than 1 in 6 Have Depression


## Pickett County



## Falls Related Injury

$3.72 \quad 1.71$
Emergency Hospital
Department Admission
Visits

## firmarictermentemberise of all county residents 

# Property Tax Relief Program <br> 225 <br> Elderly Homeowners 

in 2016


Adults ages 65+


12\%
About 1 in 8 Have Cognitive Impairment

## 29\% <br> More than 1 in 4 Have Diabetes




21\%
About 1 in 5 Have Difficulty Hearing

23\%
More than 1 in 5
Have Difficulty Walking


11\%
Households Without a Car
 Have Depression


## Putnam County



Property Tax Relief Program


Elderly Homeowners in 2016

# Falls Related Injury 

6.07

Emergency Department Visits

per 100 adults ages 65+ every year

## Adults ages 65+



10\%
About 1 in 10
Have Cognitive Impairment


$15 \%$
About 1 in 7 Have Difficulty Hearing


26\%
Roughly 1 in 4 Have Difficulty

Walking


18\%
More than 1 in 6 Have Depression


## Robertson County



Now
 of all county residents

## 

Property Tax Relief Program

640
Elderly Homeowners
in 2016

Falls Related Injury $7.01 \quad 1.48 \quad 0.07$ Emergency Hospital Deaths Department Admission Visits


10\%
About 1 in 10
Have Cognitive Impairment


19\%
Almost 1 in 5 Have Difficulty Hearing


26\%
Roughly 1 in 4
Have Difficulty
Walking

## 28\%

More than 1 in 4 Have Diabetes


62\%
More than 3 in 5 Have High Blood Pressure


16\%
More than 1 in 7 Have Depression


## Rutherford County

## Property Tax

 Relief Program1,878
Elderly Homeowners
in 2016

Falls Related Injury 5.54 Emergency Department Visits
per 100 adults ages 65+ every year

## Adults ages 65+



14\%
More than 1 in 8 Have Difficulty Hearing


23\%
More than 1 in 5
Have Difficulty Walking

27\%
More than 1 in 4 Have Diabetes


Households Without a Car

61\%
About 3 in 5 Have High Blood Pressure

About 1 in 6
Have Depression


> Are below
> 100\% of the
> Poverty Level

24\%
Areveseans
22\%
Live Alone

## Sequatchie County

Adults 65+
in Sequatchie County

Now

## Property Tax Relief Program <br> 266 <br> Elderly Homeowners

 in 2016
## Falls Related Injury

 $3.87 \quad 1.24 \quad 0.06$ Emergency Hospital Deaths Department Visitsof all county residents

## Adults ages 65+



## 9\%

Nearly 1 in 11
Have Cognitive Impairment


11\%
Households Without a Car

$15 \%$
More than 1 in 7 Have Difficulty Hearing

29\%
Roughly 2 in 7
Have Difficulty
Walking

## About 3 in 10 Have Diabetes <br>  <br> 30\% <br> About 1 in




More than 1 in 7 Have Depression

# Smith County 

Property Tax Relief Program


281
Elderly Homeowners in 2016

Falls Related Injury $\begin{array}{lll}5.17 & 1.46 & 0.13\end{array}$ Emergency Department Visits
per 100 adults ages 65+ every year

## Adults ages 65+



15\%
About 1 in 7
Have Cognitive Impairment

## 2,746

Medicare
Enrollees


Households Without a Car

$15 \%$
More than 1 in 7 Have Difficulty Hearing


30\%
More than 2 in 7
Have Difficulty Walking

64\%
Nearly 2 in 3 Have High Blood Pressure

19\%
Nearly 1 in 5 Have Depression




# Property Tax Relief Program <br> 350 <br> Elderly Homeowners 

 in 2016
## Falls Related Injury

 3.661 .150 .03 N Hospital Deaths Admissionper 100 adults ages 65+ every year

## Adults ages 65+



10\%
About 1 in 10
Have Cognitive Impairment

## 28\%

More than 1 in 4 Have Diabetes


8\%
Households Without a Car

$17 \%$
About 1 in 6 Have Difficulty Hearing


33\%
About 1 in 3
Have Difficulty
Walking

12\%
Almost 1 in 8 Have Depression


29\%
Live Alone

## Sumner County



Adults $65+$ in Sumner County

Now
semen cor untenememecoers of all county residents


## Property Tax Relief Program <br> 1,773 <br> Elderly Homeowners <br> 

in 2016

2030


## Adults ages 65+



## 9\%

About 1 in 11
Have Cognitive Impairment


61\%
About 3 in 5 Have High Blood Pressure
$15 \%$
About 1 in 7 Have Difficulty Hearing


24\%
More than 1 in 5
Have Difficulty Walking

## 26\%

More than 1 in 4 Have Diabetes


Households Without a Car


[^4]16\%
Nearly 1 in 6 Have Depression


22\%
Are Veterans
28\%
Live Alone

## Trousdale County



# Property Tax Relief Program <br> Elderly Homeowners 

\#
in 2016

## Falls Related Injury

 $6.06 \quad 1.78 \quad 0.05$ Hospital Deaths Admission per 100 adults ages 65+ every year
## Adults ages 65+

## 31\% <br> Almost 1 in 3 <br> Have Diabetes <br> 


$17 \%$
About 1 in 6 Have Difficulty Hearing


26\%
Roughly 1 in 4
Have Difficulty
Walking



More than 1 in 5
Have Depression



## Van Buren County 2,015



Now


2030

## Property Tax

 Relief Program 203Elderly Homeowners in 2016

## Falls Related Injury

 $4.72 \quad 1.72 \quad 0.02$Emergency Department Visits

Hospital
Deaths
Admission
per 100 adults ages 65+ every year

Adults ages 65+


12\%
About 1 in 9 Have Cognitive Impairment

## 28\%

About 2 in 7 Have Diabetes Have Dibs

Households Without a Car


More than 1 in 6 Have Difficulty Hearing

Almost 2 in 3 Have High Blood Pressure




27\%
More than 1 in 4
Have Difficulty Walking


Are Veterans


More than 1 in 7
Have Depression


# Making a Difference: Impacting Lives in Tennessee 

## Steve Smith (South Central Tennessee)

Steve Smith enrolled in the OPTIONS Program in November 2010, while he was living with his elderly mother. They were both assessed at that time, and home-delivered meals and homemaker services were determined as immediate needs. During a later reassessment, it was noted that the wooden roof supports at the rear of the home had rotted, causing the roof to cave in. Steve and his mother were able to use funding from the Home Emergency Repair Program to fix the damage, allowing them to age in place.

A few years passed and Steve moved into a private apartment. He continued to need services. He had already been receiving
 homemaker services from Teresa, and she was able to continue providing support. Because Steve now had laundry facilities in another building, a problem for him due to his immobility, Teresa became even more essential. She was also familiar with the neighborhood and could take care of groceries.

It's been several years, and Steve emphasizes that he trusts Teresa and feels comfortable with her. In his words, "She knows what I need done and does it without me having to tell her all the time. She is very caring and does a good job. I know I can count on her to be here each week when I need groceries and help cleaning. She was especially helpful when I had a recent hospitalization. When she found out when I was coming home, she was there to help."

Steve's apartment complex is without any kind of community building or recreation. He knows some of his neighbors, but they have medical issues of their own and are unavailable for meaningful socialization. When Teresa is working, Steve has someone to talk to.

Steve also expresses that his home-delivered meals are a valuable part of OPTIONS. They provide the nutritious meals he cannot prepare alone. When Steve was asked what he would do without the services, he replied, "I just don’t know. I can’t do all these things for myself. I want to live in my own home. I don't want to go to a
I can't do all these things for myself. I want to live in my own home. I don't want to go to a nursing facility.

## Warren County

Now
2030

## Property Tax Relief Program <br> 870 <br> Elderly Homeowners

in 2016

## Falls Related Injury

 $6.30 \quad 1.47$ Hospital Admission
per 100 adults ages 65+ every year

Adults ages 65+

## 29\%

Nearly 3 in 10 Have Diabetes

$18 \%$
More than 1 in 6 Have Difficulty Hearing


28\%
Nearly 2 in 7
Have Difficulty
Walking

64\%
Nearly 2 in 3 Have High Blood Pressure

More than 1 in 7 Have Depression




## Wayne County

Property Tax Relief Program


Elderly Homeowners in 2016

Falls Related Injury 5.14 Emergency Department Visits
per 100 adults ages 65+ every year


More than 1 in 7 Have Cognitive Impairment

## 28\%

 More than 1 in 4 Have Diabetes

Households Without a Car


35\%
More than 1 in 3
Have Difficulty Walking

65\%
Nearly 2 in 3 Have High Blood Pressure
$17 \%$
About 1 in 6 Have Difficulty Hearing

## Adults ages 65+



About 1 in 6 Have Depression



## White County



## Property Tax Relief Program <br> 710 <br> Elderly Homeowners

in 2016

Falls Related Injury $5.72 \quad 1.23 \quad 0.07$ Emergency Hospital Deaths
Department Visits
per 100 adults ages 65+ every year

Adults ages 65+


## 27\%

More than 1 in 4 Have Diabetes

$18 \%$
More than 1 in 6 Have Difficulty Hearing


28\%
About 2 in 7
Have Difficulty
Walking
64\%
Nearly 2 in 3 Have High Blood Pressure


About 1 in 6 Have Depression


## Williamson County 58,297



## Property Tax Relief Program <br> 997 <br> Elderly Homeowners

 in 2016Falls Related Injury $4.76 \quad 1.29 \quad 0.09$
Emergency Department Visits

Hospital
Deaths
Admission
per 100 adults ages 65+ every year

Adults ages 65+


## 8\%

Nearly 1 in 12
Have Cognitive Impairment

19\%
About 1 in 5 Have Diabetes



Households Without a Car

$13 \%$
More than 1 in 8 Have Difficulty Hearing



$$
\begin{aligned}
& \text { Are below } \\
& 100 \% \text { of the } \\
& \text { Poverty Level }
\end{aligned}
$$



16\%
Roughly 1 in 6 Have Difficulty Walking


## Wilson County

grxmenembens miopiot? of all county residents

## 

Property Tax Relief Program


1,194
Elderly Homeowners
in 2016

Falls Related Injury $5.03 \quad 1.27 \quad 0.08$ Hospital Deaths Admission
per 100 adults ages 65+ every year

Adults ages 65+


## 8\%

Nearly 1 in 12
Have Cognitive Impairment

25\%
Approximately
1 in 4 Have Diabetes

$16 \%$
Almost 1 in 6 Have Difficulty Hearing


23\%
More than 1 in 5
Have Difficulty Walking



More than 1 in 7 Have Depression



Households Without a Car


> Are below
> 100\% of the
> Poverty Level


21\%
Live Alone

- ANDERSON
- BLEDSOE
-BLOUNT
- BRADLEY
- CAMPBELL
- CARTER
- CLAIBORNE
- COCKE
- CUMBERLAND
- GRAINGER
- GREENE
- HAMBLEN
- HAMILTON
- HANCOCK
- HAWKINS
- JEFFERSON
- JOHNSON
- KNOX
-LOUDON
- MARION
- MCMINN
- MEIGS
- MONROE
- MORGAN
- POLK
- RHEA
- ROANE
- SCOTT
- SEVIER
- SULLIVAN
- UNICOI
- UNION
- WASHINGTON


## Anderson County

# Property Tax Relief Program <br> 942 <br> Elderly Homeowners 

in 2016

## H

Falls Related Injury 5.97

Emergency
Department Visits

## Bermarichertentempectere of all county residents 

# 1.42 Hospital Admission <br> 0.04 N Deaths 

 per 100 adults ages 65+ every year
## Adults ages 65+

9

## 12\%

Almost 1 in 8
Have Cognitive Impairment

## 25\% <br> About 1 in 4 Have Diabetes



$19 \%$
More than 1 in 6 Have Difficulty Hearing


29\%
More than 1 in 4
Have Difficulty Walking


10\%
Households Without a Car

56\%
More than half Have High Blood Pressure

16\%
More than 1 in 7 Have Depression


ANDERSON COUNTY

## Bledsoe County

Adults 65+ in Bledsoe County

## Property Tax Relief Program <br> 243 <br> Elderly Homeowners

 in 2016Falls Related Injury $\begin{array}{lll}5.93 & 0.99 & 0.03\end{array}$ Emergency Department Visits

$$
\begin{aligned}
& \text { Antursiderementhmecerses } \\
& \text { of all county residents }
\end{aligned}
$$

## Adults ages 65+

## 32\%

Almost 1 in 3
Have Diabetes

$19 \%$
Nearly 1 in 5 Have Difficulty Hearing


30\%
Nearly 1 in 3
Have Difficulty
Walking


1,745
Medicare
Enrollees


Households Without a Car

67\%
About 2 in 3 Have High Blood Pressure


14\%
More than 1 in 8
Have Depression


Live Alone

Property Tax Relief Program


Falls Related Injury $5.36 \quad 1.41$ Hospital Admission
0.05 Deaths Emergency Department Visits
per 100 adults ages 65+ every year

## Adults ages 65+



10\%
About 1 in 10
Have Cognitive Impairment

$15 \%$
More than 1 in 7 Have Difficulty Hearing


24\%
Almost 1 in 4 Have Difficulty Walking

## 29\%

More than 1 in 4 Have Diabetes


Households Without a Car

60\%
Almost 3 in 5 Have High Blood Pressure

14\%
About 1 in 7
Have Depression


## Bradley County 26,836  of all county residents 

Property Tax Relief Program

1,324
Elderly Homeowners in 2016

Falls Related Injury 6.24 Emergency Department Visits
per 100 adults ages 65+ every year

Adults ages 65+

## 30\%

More than 1 in 4 Have Diabetes


Households Without a Car


21\%
More than 1 in 5 Have Difficulty Hearing

67\%
About 2 in 3 Have High Blood Pressure


14\%
Nearly 1 in 7 Have Depression


## Campbell County

Smanesuminemess of all county residents

Property Tax Relief Program


Elderly Homeowners
in 2016

Falls Related Injury $6.37 \quad 1.18$ Hospital Admission
per 100 adults ages 65+ every year

## Adults ages 65+



## 17\% <br> About 1 in 6 Have Cognitive Impairment

## 34\% <br> About 1 in 3 <br> Have Diabetes <br> 



19\%
Nearly 1 in 5 Have Depression

28\%
More than 1 in 4
Have Difficulty Walking


CAMPBELL COUNTY

## Carter County <br>  <br> n genturasichementhmereses of all county residents  <br> 

# Property Tax Relief Program <br> 1,634 <br> Elderly Homeowners 

 in 2016Falls Related Injury $4.30 \quad 1.46 \quad 0.04$

Hospital Deaths Admission
Emergency Department Visits
per 100 adults ages 65+ every year

Adults ages 65+


13\%<br>About 1 in 8 Have Cognitive Impairment




21\%
More than 1 in 5 Have Difficulty Hearing


30\%
Nearly 1 in 3
Have Difficulty
Walking

54\%
More than half Have High Blood Pressure


15\%
More than 1 in 7 Have Depression


8,664
Medicare
Enrollees


Live Alone

## Claiborne County

## $[6,4-8]-5$ Growth

Adults 65+ in Claiborne County

Now

## Emensrichertentemperises of all county residents <br> 

Property Tax Relief Program


816
Elderly Homeowners
in 2016

Falls Related Injury $5.03 \quad 1.42 \quad 0.03$ Hospital Deaths Admission
per 100 adults ages 65+ every year

## Adults ages 65+



13\%
About 1 in 8 Have Cognitive Impairment


8\%
Households Without a Car


21\%
More than 1 in 5 Have Difficulty Hearing


32\%
Nearly 1 in 3
Have Difficulty
Walking


65\%
Almost 2 in 3 Have High Blood Pressure

16\%
More than 1 in 7 Have Depression


CLAIBORNE COUNTY

## Cocke County

# Property Tax Relief Program <br> 985 <br> Elderly Homeowners 

 in 2016

# Falls Related Injury $7.07 \quad 1.36 \quad 0.03$ <br> Emergency Department Visits <br> Hospital <br> Deaths 

per 100 adults ages 65+ every year

Adults ages 65+

0
13\%
About 1 in 8 Have Cognitive Impairment

## 30\%

More than 1 in 4 Have Diabetes



Households Without a Car
 $19 \%$
Almost 1 in 5 Have Difficulty Hearing


31\%
Nearly 1 in 3
Have Difficulty
Walking


14\%
About 1 in 7 Have Depression


# Making a Difference: Impacting Lives in Tennessee 

Jewel Setty (Overton County)

Home-delivered meals and homemaker services began for Jewel Setty in October 2009. In 2014, she became very sick. With time, she was released from the hospital to a nursing home. After 100 days in the nursing home she still needed a significant amount of daily assistance, so her son came from out of state to move her into an assisted living facility. Ms. Setty couldn't afford to stay in the assisted living facility and keep her home. In moderately better health and unhappy in assisted living, she chose to return home. Her son helped her with the transition, planning to visit once a month to address her greatest needs. Sadly, he died soon after, and she had no other family able to provide care.


Ms. Setty is in a wheelchair and unable to change bed linens or clean house. When she returned home, she was unable to bathe without assistance and needed someone to help her in and out of the shower. It was then that her home-delivered meals and homemaker services resumed. That, along with the addition of personal care services, helped meet her needs. If not for these services, she could not have returned home.

Over time, Ms. Setty improved. She pays someone to maintain her yard and transport her to doctors' appointments and to shop for groceries. She no longer needs personal care but does benefit from additional homemaker hours to help with errands. She wishes there was help with yard work because she cannot afford to hire someone to maintain the yard and pay for transportation. The cost for her home-delivered meals and homemaker services is \$4,972 each year, less than the cost of a single month in a nursing home. More importantly, Ms. Setty is much happier at home.

## Cumberland County 30,444



# Property Tax Relief Program <br> 970 <br> Elderly Homeowners 

 in 2016
## Falls Related Injury

 $4.98 \quad 1.14 \quad 0.02$ Hospital Admissionper 100 adults ages 65+ every year

## Adults ages 65+



## 9\%

Nearly 1 in 10
Have Cognitive Impairment


> 15,549
> Medicare

## 26\% <br> More than 1 in 4 Have Diabetes



60\%
Almost 3 in 5 Have High Blood Pressure

Enrollees

$17 \%$
About 1 in 6 Have Difficulty Hearing


# Grainger County 

 of all county residents

## Property Tax Relief Program <br> 643 <br> Elderly Homeowners <br> in 2016

# Falls Related Injury $4.58 \quad 1.16 \quad 0.04$ Hospital Deaths Admission Department Visits 

per 100 adults ages 65+ every year

Adults ages 65+

$16 \%$
Almost 1 in 6 Have Difficulty Hearing


31\%
Nearly 1 in 3
Have Difficulty
Walking

## 28\% <br> More than 1 in 4 Have Diabetes



Households Without a Car


31\%
Live Alone

## Greene County

Property Tax Relief Program


## 1,441

Elderly Homeowners
in 2016

Falls Related Injury $6.18 \quad 1.22$ 0.05 Hospital Deaths Admission
per 100 adults ages 65+ every year

## Adults ages 65+



## 14\%

Almost 1 in 7
Have Cognitive Impairment

27\% More than 1 in 4 Have Diabetes


> 13,228
> Medicare

Enrollees


23\%
More than 1 in 5 Have Difficulty Hearing


31\%
Nearly 1 in 3
Have Difficulty
Walking


## Hamblen County


 of all county residents

# Property Tax Relief Program <br> 1,273 <br> Elderly Homeowners 

 in 2016

Falls Related Injury $\begin{array}{llll}6.83 & 1.57 & 0.04\end{array}$ Hospital Deaths Emergency Department Visits

Admission

per 100 adults ages 65+ every year


Approximately
1 in 10 Have Cognitive Impairment

## 30\%

Almost 1 in 3
Have Diabetes


Households Without a Car

##  <br> 11\%



Adults ages 65+


17\%
More than 1 in 6 Have Depression

10,352
Medicare
Enrollees


20\%
About 1 in 5 Have Difficulty Hearing

## 27\% <br> More than 1 in 4 <br> Have Difficulty Walking <br> More than 1 in 4




26\%

## Hamilton County <br>  <br> Now <br> 2030

# Property Tax Relief Program <br> 3,012 <br> Elderly Homeowners 

in 2016

# Falls Related Injury $\begin{array}{lll}5.77 & 1.40 & 0.04\end{array}$ Hospital Deaths Admission 

per 100 adults ages 65+ every year

## Adults ages 65+



Roughly 1 in 9 Have Cognitive Impairment

27\%
More than 1 in 4 Have Diabetes


12\%
Households Without a Car

$15 \%$
About 1 in 7 Have Difficulty Hearing

25\%
Roughly 1 in 4 Have Difficulty Walking


## Hancock County

Adults 65+
in Hancock County

Now


Amonenctrementimserises of all county residents


## Property Tax Relief Program <br> 262 <br> Elderly Homeowners

 in 2016
# Falls Related Injury 6.60 <br> Emergency Department Visits <br> $1.22 \quad 0.02$ <br> Hospital <br> Deaths 

per 100 adults ages 65+ every year

Adults ages 65+

## 32\%

Almost 1 in 3
Have Diabetes


31\%
Nearly 1 in 3 Have Difficulty Hearing


35\%
More than 1 in 3
Have Difficulty Walking


945
Medicare
Enrollees


Households Without a Car


15\%
More than 1 in 7 Have Depression



$$
\underset{\text { Are Veterans }}{20 \%}
$$

30\%
Live Alone

Are below
100\% of the
Poverty Level

## Making a Difference: Impacting Lives in Tennessee

## Ms. Ruth Denton (Perry County)

Ms. Ruth Denton of Perry County is 101 years old. She lives alone in her own home in Perry County, has no family nearby. Ms. Denton has been receiving two hours of homemaker services and homedelivered meals since October 2014.

Ms. Denton shares, "I enjoy the help. I couldn't do it [stay at home] if it weren't for the help I receive. Some days I'm not able to get around and have to sit in my chair. I force myself to do what I can, but l'd rather be here in my own house, right here, than go into a nursing home. I don't hear or see too well. The girl that helps me is as sweet as she can be, and I love her. She works hard and sees to it that I get what I need while she's here. I enjoy talking to her. It's nice
 to have someone come in regularly. I feel better knowing someone is coming in case something should happen. "
"The meals I receive are a big help. One time, before the meals started, I had a small fire when I left something cooking too long. The meals I receive are good and nutritional. The people who deliver them are also very nice."

I'd rather be here in my own house, right here, than go into a nursing home. I couldn't do it if it weren't for the help I receive. 99

## Hawkins County



# Property Tax Relief Program <br> Elderly Homeowners 


in 2016 Falls Related Injury
6.06

Emergency
Department Visits

per 100 adults ages 65+ every year

## Adults ages 65+



## 14\%

Almost 1 in 7
Have Cognitive Impairment

31\%
Almost 1 in 3 Have Diabetes


21\%
About 1 in 5 Have Difficulty Hearing


31\%
Nearly 1 in 3
Have Difficulty
Walking



Adults 65+ ind Jefferson County

Now

# Property Tax Relief Program 897 <br> Elderly Homeowners 

 in 2016Falls Related Injury 5.94 Emergency Department Visits
per 100 adults ages 65+ every year


Appoximately 1 in 10 Have Cognitive Impairment

## Adults ages 65+


$17 \%$
About 1 in 6 Have Difficulty Hearing


14\%
More than 1 in 8
Have Depression

27\%
More than 1 in 4
Have Difficulty Walking

## 28\%

More than 1 in 4 Have Diabetes


Households Without a Car

Are Veterans

# Johnson County 


in Johnson County

Now
 of all county residents

## 

Property Tax Relief Program


576
Elderly Homeowners
in 2016

Falls Related Injury $\begin{array}{lll}3.58 & 0.82 \quad 0.03\end{array}$ Hospital Deaths Admission
per 100 adults ages 65+ every year

## Adults ages 65+



More than 1 in 7 Have Cognitive Impairment

25\%
Almost 1 in 4 Have Diabetes


27\%
More than 1 in 4 Have Difficulty Hearing


31\%
Nearly 1 in 3
Have Difficulty
Walking


## Knox County



Now

## Property Tax Relief Program 4,386 Elderly Homeowners

 in 2016Falls Related Injury $5.831 .49 \quad 0.04$

Hospital Deaths
Admission
Emergency Department Visits
per 100 adults ages 65+ every year

Adults ages 65+

$15 \%$
About 1 in 7 Have Difficulty Hearing


## 25\%

 About 1 in 4 Have Diabetes

Households Without a Car

Are below
100\% of the
Poverty Level

Almost 1 in 4 Almost 1 in 4
Have Difficulty Walking

## 24\%



64,841
Medicare Enrollees


Have Cognitive Impairment
Approximately
1 in 10 mparmen

## Loudon County



Now

## Property Tax Relief Program <br> 605 <br> Elderly Homeowners


in 2016

## Marion County

## Property Tax Relief Program <br> 542 <br> Elderly Homeowners

 in 2016
# Falls Related Injury $\begin{array}{lll}5.90 & 1.36 & 0.05\end{array}$ Emergency Department Visits <br> Hospital <br> Deaths 

 per 100 adults ages 65+ every yearAdults ages 65+


## 33\%

Almost 1 in 3
Have Diabetes



25\%
About 1 in 4 Have Difficulty Hearing



37\%
More than 1 in 3
Have Difficulty Walking



More than 1 in 8 Have Depression


29\%
Live Alone

## McMinn County

Adults 65+
in McMinn County

##  of all county residents $(d)$

Property Tax Relief Program

848
Elderly Homeowners
in 2016

Falls Related Injury Emergency Hospital Department Admission Visits
$7.59 \quad 1.54$
 per 100 adults ages 65+ every year

## Adults ages 65+

## 29\%

More than 1 in 4 Have Diabetes

$15 \%$
About 1 in 7 Have Difficulty Hearing


MCMINN COUNTY

# Meigs County 


sermenis ese tens remereser of all county residents


## Property Tax Relief Program 166 <br> Elderly Homeowners

 in 2016
# Falls Related Injury 5.81 <br> Emergency Department Visits <br> 1.38 <br> Hospital 0.03 <br> Deaths <br> Admission 

per 100 adults ages 65+ every year

Adults ages 65+



22\%
More than 1 in 5 Have Difficulty Hearing


31\%
Nearly 1 in 3
Have Difficulty
Walking

## 29\% <br> More than 1 in 4 Have Diabetes



Households Without a Car



2,272
Medicare
Enrollees

59\%
Nearly 3 in 5 Have High Blood Pressure


25\%
Live Alone

## Monroe County

Adults 65+

Now



Property Tax Relief Program


Elderly Homeowners
in 2016

Falls Related Injury $6.12 \quad 1.37$ Hospital Admission
per 100 adults ages 65+ every year

## Adults ages 65+



Approximately
1 in 10 Have Cognitive Impairment

## 29\%

More than 1 in 4 Have Diabetes


21\%
About 1 in 5 Have Difficulty Hearing

59\%
Almost 3 in 5 Have High Blood Pressure


13\%
More than 1 in 8 Have Depression

28\%
Live Alone

# Morgan County 

## Property Tax Relief Program 502 <br> Elderly Homeowners

 in 2016
# Falls Related Injury $\begin{array}{lll}4.18 & 1.58 & 0.06\end{array}$ <br> Emergency Department Visits <br> Hospital <br> Deaths <br> Admission 

per 100 adults ages 65+ every year

Adults ages 65+


## 26\%

More than 1 in 4 Have Difficulty Hearing

## 60\%

Almost 3 in 5 Have High Blood Pressure


16\%
Nearly 1 in 6 Have Depression

33\%
Nearly 1 in 3
Have Difficulty
Walking

## 31\%

 Almost 1 in 3 Have Diabetes

Households Without a Car

$18 \%$

## Polk County



Now
2030

Property Tax Relief Program


296
Elderly Homeowners
in 2016

Falls Related Injury $5.64 \quad 1.36 \quad 0.05$ Hospital Deaths Admission
per 100 adults ages 65+ every year

## Adults ages 65+

31\%
Almost 1 in 3 Have Diabetes


9\%
Households
Without a Car


20\%
Nearly 1 in 5 Have Difficulty Hearing

Almost 2 in 3 Have High Blood Pressure




More than 1 in 8 Have Depression


# Rhea County . <br>  <br> Adults 65 in Rhea Cobunty <br> Now <br>  of all county residents <br>  

Property Tax Relief Program 593
Elderly Homeowners in 2016

Falls Related Injury $\begin{array}{llll}7.89 & 1.67 & 0.08\end{array}$
Emergency Department Visits

Hospital
Deaths
per 100 adults ages 65+ every year

## Adults ages 65+


$11 \%$
Roughly 1 in 9 Have Cognitive Impairment


23\%
More than 1 in 5 Have Difficulty Hearing


29\%
More than 1 in 4
Have Difficulty Walking

30\%
More than 1 in 4 Have Diabetes
Households Without a Car


6,036
Medicare
Enrollees



13\%
More than 1 in 8 Have Depression


# Making a Difference: Impacting Lives in Tennessee 

## The Wilburns (Lincoln County)

Sixty-one-year-old Mrs. Wilburn lives with her father and husband in a trailer in rural Lincoln County. The Wilburns have no children. Mrs. Wilburn's husband suffers from COPD and requires continuous oxygen. He eats very little and has lost a lot of weight.

## ${ }^{6}$ <br> Many of the people needing and receiving help in South Central Tennessee live alone. The Wilburns are unique. The entire family benefits from, and appreciates, the help they receive.

Her father is in his eighties and his abilities are very limited.

Mrs. Wilburn's back causes her constant pain, and she wears a pain pump as a result. She has had several back surgeries. She had a stroke a few years ago and lives with depression. She also has problems with her heart, breathing, edema, and arthritis. If not for her wheelchair, she would be immobile.


Mrs. Wilburn currently receives homemaker services four hours a week. She is very happy with the help and the quality of the work. Her home is clean and neat. If it weren't for the service she receives, very little of the housework would be done. As far as Mrs. Wilburn is concerned, her homemaker - the person making it possible for the Wilburns to stay in their home - is family.

Many of the people needing and receiving help in South Central Tennessee live alone. The Wilburns are unique. The entire family benefits from, and appreciates, the help they receive.


# Scott County 

## (3, 67, $]$

## n

$47 \%$


Now
2030

## Property Tax Relief Program <br> 797 <br> Elderly Homeowners

 in 2016Falls Related Injury
$8.58 \quad 1.26 \quad 0.04$
Hospital
Deaths
Emergency Department Visits
per 100 adults ages 65+ every year

Adults ages 65+


## 36\%

More than 1 in 3 Have Diabetes


32\%
Nearly one third Have Difficulty Hearing


40\%
About 2 in 5
Have Difficulty
Walking


3,113
Medicare
Enrollees


Households Without a Car


## 22\%

More than 1 in 5
Have Depression

$25 \%$
Live Alone

## Sevier County



Property Tax
Relief Program


1,507
Elderly Homeowners
in 2016

Falls Related Injury 5.36

Emergency
Department Visits
per 100 adults ages 65+ every year

Adults ages 65+


11\%
Roughly 1 in 9 Have Cognitive Impairment

## 26\%

More than 1 in 4 Have Diabetes


8\%

## 16,920

Medicare
Enrollees

$17 \%$
About 1 in 6 Have Difficulty Hearing


23\%
Approximately
1 in 5
Have Difficulty Walking

58\%
Almost 3 in 5 Have High Blood Pressure

14\%
More than 1 in 8 Have Depression


> Are below
> 100\% of the
> Poverty Level

32\%
Live Alone

## Sullivan County

Adults 65+
Sullivan-County

Benthericfermenhemperioke of all county residents


Property Tax Relief Program

2,820
Elderly Homeowners
in 2016

Falls Related Injury $\begin{array}{llll}5.33 & 1.36 \quad 0.04\end{array}$

Hospital
Deaths
Emergency Department Visits
per 100 adults ages 65+ every year

## Adults ages 65+



> Are below
> 100\% of the
> Poverty Level Have Cognitive Impairment

## 28\%

More than 1 in 4 Have Diabetes

Households Without a Car


## 31,893

Medicare Enrollees


## $18 \%$

More than 1 in 6 Have Difficulty Hearing

## 29\% <br> More than 1 in 4 <br> Have Difficulty Walking



16\%
Nearly 1 in 6 Have Depression


25\%
Are Veterans
27\%
Live Alone

## Unicoi County



## Property Tax Relief Program <br> 598 <br> Elderly Homeowners

 in 2016Falls Related Injury $6.32 \quad 1.69$ Hospital Admission Deaths Emergency Visits
per 100 adults ages 65+ every year

## Adults ages 65+



## 9\%

About 1 in 12
Have Cognitive Impairment

27\% More than 1 in 4 Have Diabetes


$18 \%$
More than 1 in 6 Have Difficulty Hearing


32\%
Nearly 1 in 3
Have Difficulty
Walking


15\%
More than 1 in 7 Have Depression


## Union County <br> 

## Property Tax Relief Program <br> 428 <br> Elderly Homeowners

 in 2016

## Falls Related Injury <br> Hospital Deaths <br> Emergency Department Visits <br> $1.31 \quad 0.04$ <br> Admission

per 100 adults ages 65+ every year

## Adults ages 65+



Approximately
1 in 8
Have Cognitive Impairment

## 26\%

More than 1 in 4 Have Diabetes


$15 \%$
More than 1 in 7 Have Difficulty Hearing



## 21\%

Approximately
1 in 5
Have Difficulty Walking


## Washington County 37,442



Now
 of all county residents

# Property Tax Relief Program <br> 1,922 <br> Elderly Homeowners 

in 2016

Falls Related Injury $4.351 .64 \quad 0.04$ Hospital Deaths Admission
per 100 adults ages 65+ every year

## Adults ages 65+



27\%
More than 1 in 4 Have Diabetes


10\%
Households Without a Car
Almost 1 in 8
Have Cognitive Impairment


21\%
About 1 in 5 Have Difficulty Hearing


28\%
More than 1 in 4
Have Difficulty Walking

## REGIONAL COMPARISONS AND CITATIONS








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[^0]:    Jim Shulman, Executive Director
    Tennessee Commission on Aging and Disability

[^1]:    *The service recipients' real names were not provided to protect their privacy.

[^2]:    10\%
    Households
    Without a Car

[^3]:    *The service recipient's real name was changed to protect his privacy.

[^4]:    > Are below
    > 100\% of the
    > Poverty Level

