YOUR ONE SOURCE FOR AGING AND DISABILITY SERVICES

Call us today for assistance and information regarding the following services:

Options for Community Living
In-home care: meals, homemaker and personal care services

Public Guardianship
Court-appointed guardian for financial and medical decisions

Ombudsman
Advocates for persons in nursing homes and other long-term care institutions

Nutrition Services
Nutritious meals at community locations or home-delivered

Elder Abuse Prevention
Outreach and education about fraud, scams and domestic violence affecting seniors

Caregiver Support
Helping families provide better care to their loved ones

TN SHIP (State Health Insurance Assistance Program)
Counseling and assistance with Medicare and Medicaid

Senior Centers
Community centers that provide resources, support groups and activities to seniors and their families

TennCare Choices
Medicaid long-term care services

For more information, call:
1-866-836-6678

For Medicare Questions call: 1-877-801-0044
Districts in Tennessee

Northwest Area Agency on Aging and Disability (NW AAAD) 731-587-4023
Greater Nashville Area Agency on Aging and Disability (GNRC AAAD) 615-255-1010
Upper Cumberland Area Agency on Aging and Disability (UC AAAD) 931-432-6170
East Tennessee Area Agency on Aging and Disability (ET AAAD) 865-251-4897
First Tennessee Area Agency on Aging and Disability (FT AAAD) 423-928-3258

Southwest Tennessee Area Agency on Aging and Disability (SW AAAD) 731-668-6967
South Central Tennessee Area Agency on Aging and Disability (SC AAAD) 931-379-2929
Southeast Area Agency on Aging and Disability (SE AAAD) 423-424-4256

Aging Commission of the Mid-South Area Agency on Aging and Disability (ACMS AAAD) 901-222-4111