



2015

DRIVE YOUR COUNTY TO THE TOP TEN:

Accelerating Action Towards Improving County Health

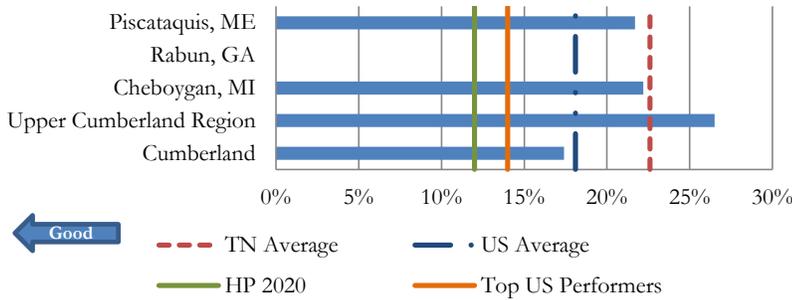
Cumberland County



Demographics

Population:	57,466	<18 YOA:	18.48%	65+ YOA:	28.44%	% Rural:	60.89%
Unemployment:	9.61%	% Females:	51.24%	% Males:	48.76%	Graduation Rate:	93.00
Single parent households:	28.62%	MHI:	\$36,163				

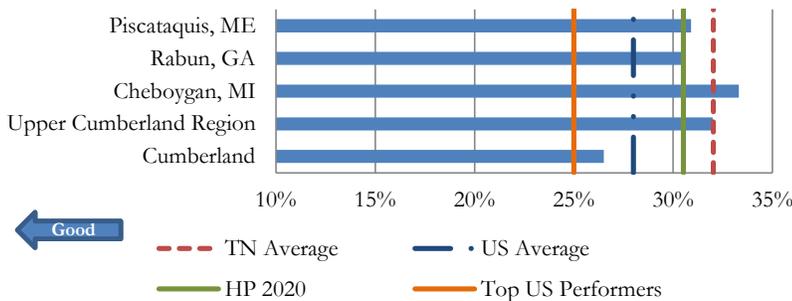
Adult Smoking



Top Third

Measure	Value
Adult Obesity	26.50%
Drinking Water Violations	0.00%
Mammography Screening	73.14%
Poor Mental Health Days	2.40
Excessive Drinking	5.10%
Preventable Hospital Stays	48.32
Adult Smoking	17.40%
Poor Physical Health Days	3.60
Physical Inactivity	29.30%
Diabetic Monitoring	88.63%

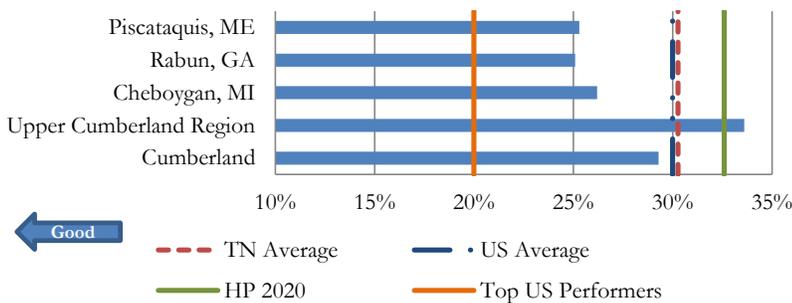
Adult Obesity



Middle Third

Measure	Value
Sexually Transmitted Infections	249.00
Poor or Fair Health	21.40%
Some College	45.00%
Low Birthweight	8.73%
Dentists	3380:1
Unemployment	9.61%
Children in Poverty	29.10%
Air Pollution - Particulate Matter	13.75
Social Associations	9.64

Physical Inactivity



Bottom Third

Measure	Value
Teen Births	63.09
Alcohol-Impaired Driving Deaths	38.46%
Uninsured	18.30%
Premature Death	10,915.98
Driving Alone to Work	86.02%
Mental Health Providers	4789:1
Injury Deaths	100.15
Violent Crime	422.48

YOA: Years of Age. MHI: Median Household Income. HP 2020: Healthy People 2020 Goal. Adult Smoking: Percentage of adults who are current smokers. Source: Behavioral Risk Factor Surveillance System; 2006-2012. Adult Obesity: Percentage of adults that report a BMI of 30 or more. Source: CDC Diabetes Interactive Atlas; 2011. Physical Inactivity: Percentage of adults aged 20 and over reporting no leisure-time physical activity. Source: CDC Diabetes Interactive Atlas; 2011. Prepared by the Division of Policy, Planning and Assessment, Office of Performance Management, Tennessee Department of Health. Nashville, TN. opm.health@tn.gov or 615-741-5001.



Health Outcomes	Length of Life	Premature Death								
		Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		73	Lewis	10915.98	7769.75	3146.23	↑Bad ↓Good	6,811.00	Cheboygan, MI	6808.55
		For every 100 people in the county, 1 people in the county need to live one year closer to age 75.							Rabun, GA	8744.77
		Source		National Center for Health Statistics - Mortality files			Year(s)	2010-2012	Piscataquis, ME	8910.97
		Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		37	Putnam	21.40%	16.60%	4.80%	↑Bad ↓Good	12.40%	Cheboygan, MI	13.50%
		Improve the health of 5 out of every 100 people in the county who, in general, report being in poor or fair health.							Rabun, GA	12.70%
		Source		Behavioral Risk Factor Surveillance System			Year(s)	2006-2012	Piscataquis, ME	16.40%
		Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		11	Chester	3.60	3.40	0.20	↑Bad ↓Good	3.70	Cheboygan, MI	3.70
		Engage people in the county on ways to reduce number of poor physical health days reported by residents by 1 days per month.							Rabun, GA	2.80
		Source		Behavioral Risk Factor Surveillance System			Year(s)	2006-2012	Piscataquis, ME	4.10
		Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		4	Williamson	2.40	1.90	0.50	↑Bad ↓Good	3.50	Cheboygan, MI	3.20
		Engage people in the county on ways to reduce number of poor physical health days reported by residents by 1 days per month.							Rabun, GA	3.00
		Source		Behavioral Risk Factor Surveillance System			Year(s)	2006-2012	Piscataquis, ME	3.90
		Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		47	Lewis	8.73%	7.29%	1.44%	↑Bad ↓Good	8.10%	Cheboygan, MI	5.78%
		Reduce the number of low birth weight babies by 2 for every 100 live births.							Rabun, GA	8.70%
		Source		National Center for Health Statistics - Natality files			Year(s)	2006-2012	Piscataquis, ME	6.25%
		Rank	5th Ranked	Value	5th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		7	Haywood	17.40%	17.30%	0.10%	↑Bad ↓Good	18.10%	Cheboygan, MI	22.20%
		Get 1 out of every 100 current adult smokers in the county to quit smoking.							Rabun, GA	NA
		Source		Behavioral Risk Factor Surveillance System			Year(s)	2006-2012	Piscataquis, ME	21.70%
		Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		1	Cumberland	26.50%	26.50%	0.00%	↑Bad ↓Good	28.00%	Cheboygan, MI	33.30%
		No action required.							Rabun, GA	30.50%
		Source		CDC Diabetes Interactive Atlas			Year(s)	2011	Piscataquis, ME	30.90%
		Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		21	Williamson	7.60	8.9	1.3	↑Good ↓Bad	7.60	Cheboygan, MI	7.30
		Increase the county's food index score by 1.3.							Rabun, GA	7.40
		Source		USDA Food Environment Atlas, Map the Meal Gap			Year(s)	2012	Piscataquis, ME	7.30

Prepared by the Division of Policy, Planning and Assessment, Office of Performance Management, Tennessee Department of Health, Nashville, TN. April 2015. opm.health@tn.gov or 615-741-5001. The full report can be accessed at: <http://health.tn.gov/statistics/specialprojects.htm>. All data is from the University of Wisconsin Population Health Institute and Robert Wood Johnson Foundation's, 2015 *County Health Rankings and Roadmaps* report. Difference statements represent the absolute value using the following formula: ["Value" - "10th Ranked Value"]. The action statements are based on the assumption that no new additional cases occur. All rankings and action statements presented in this report must be interpreted with caution due to various limitations of each measurement. Further information with regards to the strengths and limitations of each measurement may be found by clicking the hyperlink found in the description of each measurement.

Health Factors

Health Behaviors

Physical Inactivity	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	12	Wilson	29.30%	28.50%	0.80%	↑Bad ↓Good	30.00%	Cheboygan, MI	26.20%
Percentage of adults aged 20 and over reporting no leisure-time physical activity	Get 3 out of every 100 currently physically inactive adults to exercise during leisure time.							Rabun, GA	25.10%
Source	CDC Diabetes Interactive Atlas			Year(s)	2011		Piscataquis, ME	25.30%	
Access to Exercise Opportunities	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	31	Loudon	65.93%	78.50%	12.57%	↑Good ↓Bad	77.00%	Cheboygan, MI	80.27%
Percentage of population with adequate access to locations for physical activity	Consider how to remove barriers to access exercise locations to reach an additional 12.57 percent of the county's population.							Rabun, GA	100.00%
Source	Business Analyst, Delorme, ESRI, & US Census Tigerline Files			Year(s)	2010 & 2013		Piscataquis, ME	51.86%	
Excessive Drinking	Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	4	Greene	5.10%	3.30%	1.80%	↑Bad ↓Good	15.00%	Cheboygan, MI	24.70%
Percentage of adults reporting binge or heavy drinking	Get 36 out of every 100 adults in the county that currently drink to excess (binge and heavy drinkers) to stop drinking more than one (women) or two (men) drinks per day on average.							Rabun, GA	NA
Source	Behavioral Risk Factor Surveillance System			Year(s)	2006-2012		Piscataquis, ME	15.40%	
Alcohol-Impaired Driving Deaths	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	78	McNairy	38.46%	18.75%	19.71%	↑Bad ↓Good	32.00%	Cheboygan, MI	50.00%
Percentage of driving deaths with alcohol involvement	Reduce the number of alcohol related driving deaths by 19.71 percent.							Rabun, GA	16.67%
Source	Fatality Analysis Reporting System			Year(s)	2009-2013		Piscataquis, ME	38.46%	
Sexually Transmitted Infections	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	33	Scott	249.00	144.30	104.70	↑Bad ↓Good	458.00	Cheboygan, MI	158.70
Number of newly diagnosed chlamydia cases per 100,000 population	Consider ways to educate 5 out of every 10 persons self-reporting to be involved in any sexual contact to commit to using safe sex practices to prevent the infection of Chlamydia.							Rabun, GA	196.40
Source	National Center for HIV/AIDS, Viral Hepatitis, STD, & TB Prevention			Year(s)	2012		Piscataquis, ME	214.00	
Teen Births	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	84	Putnam	63.09	37.04	26.04	↑Bad ↓Good	31.00	Cheboygan, MI	31.58
Teen birth rate per 1,000 female population, ages 15-19	For every 100 teenage females (ages 15 to 19 years) in the county, consider ways to prevent 42 teen(s) from becoming pregnant.							Rabun, GA	43.66
Source	National Center for Health Statistics - Natality files			Year(s)	2006-2012		Piscataquis, ME	28.52	

Clinical Care

Uninsured	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	77	Blount	18.30%	14.64%	3.66%	↑Bad ↓Good	18.00%	Cheboygan, MI	16.82%
Percentage of population under age 65 without health insurance	Get 21 out of every 100 currently uninsured adults ages 18-64 to obtain health insurance.							Rabun, GA	27.82%
Source	Small Area Health Insurance Estimates			Year(s)	2012		Piscataquis, ME	14.20%	
Primary Care Physicians	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	17	Anderson	1501:1	1397:1	104	↑Bad ↓Good	1,355.00	Cheboygan, MI	1615:1
Ratio of population to primary care physicians	To reach a population-to-provider ratio at or exceeding that of the 10th ranking county, 3 primary care providers would need to be recruited to the county. More importantly, if the county's value is greater than 3,500, this county would be considered a Health Professional Shortage Area.							Rabun, GA	1811:1
Source	Area Health Resource File/American Medical Association			Year(s)	2012		Piscataquis, ME	1081:1	
Dentists	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	48	Maury	3380:1	1675:1	1705	↑Bad ↓Good	1,663.00	Cheboygan, MI	2144:1
Ratio of population to dentists	To reach a population-to-provider ratio at or exceeding that of the 10th ranking county, 18 dental care providers would need to be recruited to the county. More importantly, if the county's value is greater than 5,000, this county would be considered a Health Professional Shortage Area.							Rabun, GA	2706:1
Source	Area Health Resource File/American Medical Association			Year(s)	2013		Piscataquis, ME	3425:1	

Health Factors	Clinical Care	Mental Health Providers	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
		Ratio of population to mental health providers	68	McNairy	4789:1	688:1	4101	↑Bad ↓Good	753	Cheboygan, MI	2144:1
To reach a population-to-provider ratio at or exceeding that of the 10th ranking county, 72 mental health providers would need to be recruited to the county. More importantly, if the county's value is greater than 30,000, this county would be considered a Health Professional Shortage Area.									Rabun, GA	580:1	
		Source	CMS, National Provider Identification file				Year(s)	2014	Piscataquis, ME	519:1	
	Preventable Hospital Stays	Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value	
		4	Williamson	48.32	46.67	1.65	↑Bad ↓Good	65.00	Cheboygan, MI	45.43	
	Number of hospital stays for ambulatory-care sensitive conditions per 1,000 Medicare enrollees	For every 100 Medicare enrollees, prevent 1 Medicare enrollees from being hospitalized for ambulatory-care sensitive conditions.									
		Source	Dartmouth Atlas of Health Care				Year(s)	2012	Piscataquis, ME	70.95	
	Diabetic Monitoring	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value	
		12	Crockett	88.63%	88.92%	0.29%	↑Good ↓Bad	84.00%	Cheboygan, MI	89.62%	
	Percentage of diabetic Medicare enrollees ages 65-75 that receive HbA1c monitoring	For every 100 diabetic Medicare enrollees, get 1 additional Medicare enrollees to receive HbA1c screening.									
		Source	Dartmouth Atlas of Health Care				Year(s)	2012	Piscataquis, ME	89.86%	
	Mammography Screening	Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value	
		2	Loudon	73.14%	75.71%	2.57%	↑Good ↓Bad	63.00%	Cheboygan, MI	70.45%	
	Percentage of female Medicare enrollees ages 67-69 that receive mammography screening	For every 100 female Medicare enrollees, get 3 additional Medicare enrollees to receive their mammography screening.									
		Source	Dartmouth Atlas of Health Care				Year(s)	2012	Piscataquis, ME	79.87%	
	High School Graduation	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value	
		25	Carroll	93.00%	95.32%	2.32%	↑Good ↓Bad	80.00%	Cheboygan, MI	85.98%	
	Percentage of ninth-grade cohort that graduates in four years	For every 100 ninth graders, assist 3 additional ninth graders to graduate within four years.									
		Source	data.gov, supplemented w/ National Center for Education Statistics				Year(s)	2011-2012	Piscataquis, ME	NA	
	Some College	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value	
		46	Shelby	45.00%	62.09%	17.10%	↑Good ↓Bad	63.00%	Cheboygan, MI	51.16%	
	Percentage of adults ages 25-44 years with some post-secondary education	For every 100 adults between 25-44 years of age, assist 1710 additional adults to complete some coursework at the collegiate level.									
		Source	American Community Survey				Year(s)	2009-2013	Piscataquis, ME	50.84%	
	Unemployment	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value	
		50	Blount	9.61%	6.89%	2.72%	↑Bad ↓Good	8.10%	Cheboygan, MI	11.80%	
	Percentage of population ages 16 and older unemployed but seeking work	For every 100 persons ages 16 years and older, help 3 persons successfully find employment.									
		Source	Bureau of Labor Statistics				Year(s)	2013	Piscataquis, ME	9.65%	
	Children in Poverty	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value	
		50	Montgomery	29.10%	21.40%	7.70%	↑Bad ↓Good	23.00%	Cheboygan, MI	33.40%	
	Percentage of children under age 18 in poverty	For every 100 children (under 18 years) in poverty, help 27 children to find assistance to get out of poverty.									
		Source	Small Area Income and Poverty Estimates				Year(s)	2013	Piscataquis, ME	27.70%	
	Income Inequality	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value	
		19	Williamson	4.28	4.11	0.17	↑Bad ↓Good	NA	Cheboygan, MI	4.02	
	Ratio of household income at the 80th percentile to income at the 20th percentile	To reach a household income ratio at or below that of the 10th ranking county reduce the gap between the 80th percentile and 20th percentile by 1 household(s).									
		Source	American Community Survey				Year(s)	2009-2013	Piscataquis, ME	4.32	

Health Factors

Clinical Care

Social & Economic Factors

Health Factors

Social & Economic Factors

	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
	Children in Single-Parent Households	28	Cheatham	28.62%	25.43%	3.19%	↑Bad ↓Good	21.00%	Cheboygan, MI
Percentage of children that live in a household headed by single parent	For every 100 single parent households in the county, investigate ways to encourage 12 households to be a multi-parent household.							Rabun, GA	27.53%
	Source	American Community Survey		Year(s)	2009-2013		Piscataquis, ME	34.75%	
	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
Social Associations	61	Henry	9.64	16.70	7.05	↑Good ↓Bad	33.00%	Cheboygan, MI	12.77
Number of membership associations per 10,000 population	For every 100 people in the county, increase the number of membership associations by 1.							Rabun, GA	20.25
	Source	County Business Patterns		Year(s)	2012		Piscataquis, ME	13.88	
	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
Violent Crime	64	Carter	422.48	206.33	216.15	↑Bad ↓Good	387.00	Cheboygan, MI	134.24
Number of reported violent crime offenses per 100,000 population	For every 100 persons in the county, prevent 52 people from committing a violent crime.							Rabun, GA	114.49
	Source	Uniform Crime Reporting - FBI		Year(s)	2010-2012		Piscataquis, ME	171.43	
	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
Injury Deaths	66	Fayette	100.15	68.81	31.34	↑Bad ↓Good	59.00	Cheboygan, MI	68.72
Number of deaths due to injury per 100,000 population	For every 1,000 population consider ways to prevent 313 deaths as a result of intentional and unintentional injury.							Rabun, GA	99.39
	Source	CDC WONDER mortality data		Year(s)	2008-2012		Piscataquis, ME	81.41	
	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
Air Pollution - Particulate Matter	54	Greene	13.75	13.14	0.61	↑Bad ↓Good	11.10	Cheboygan, MI	10.98
Average daily density of fine particulate matter in micrograms per cubic meter (PM2.5)	Reduce the average daily measure of fine particulate matter by 0.61 micrograms per cubic meter (PM2.5).							Rabun, GA	13.29
	Source	CDC WONDER Environmental data		Year(s)	2011		Piscataquis, ME	10.3	

Physical Environment

	Rank	1st Ranked	Value	1st Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
Drinking Water Violations	1	Anderson	0.00%	0.00%	0.00%	↑Bad ↓Good	8.00%	Cheboygan, MI	0.00%
Percentage of population potentially exposed to water exceeding a violation limit during the past year	No Action Required							Rabun, GA	0.00%
	Source	Safe Drinking Water Information System		Year(s)	FY2013-14		Piscataquis, ME	0.15%	
	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
Severe Housing Problems	28	Lewis	12.48%	10.96%	1.53%	↑Bad ↓Good	19.00%	Cheboygan, MI	15.34%
Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, or lack of kitchen or plumbing facilities	For every 100 persons in the county experiencing housing problems, help 13 person(s) to find housing assistance.							Rabun, GA	19.25%
	Source	Comprehensive Housing Affordability Strategy (CHAS) data		Year(s)	2007-2011		Piscataquis, ME	14.12%	
	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
Driving Alone to Work	72	Davidson	86.02%	80.03%	5.99%	↑Bad ↓Good	76.00%	Cheboygan, MI	80.02%
Percentage of the workforce that drives alone to work	For every 100 persons that currently drive alone to work, convince 7 to carpool or take mass-transportation.							Rabun, GA	78.47%
	Source	American Community Survey		Year(s)	2009-2013		Piscataquis, ME	80.12%	
	Rank	10th Ranked	Value	10th Ranked Value	Difference	Shift in Value	US Average	Peer County	Peer Value
Long Commute - Driving Alone	19	Hamilton	27.00%	25.10%	1.90%	↑Bad ↓Good	34.00%	Cheboygan, MI	33.30%
Among workers who commute in their car alone, the percentage that commute more than 30 minutes	For every 100 persons that currently drive more than 30 minutes alone to work, convince 8 to carpool or take mass-transportation.							Rabun, GA	25.20%
	Source	American Community Survey		Year(s)	2009-2013		Piscataquis, ME	31.40%	