



Together, all the way.™



HOW TO FIND A DENTIST

You can find a DHMO network dentist from the online directory on [Cigna.com](https://www.cigna.com)

- > Go to **Cigna.com**, click on “**Find a Doctor**” at the top of the screen.
- > Then, select a **Directory** by clicking on “FOR PLANS OFFERED THROUGH WORK OR SCHOOL” option.
- > Next, click on “**Find a ...Dentist**”.
- > Enter **SEARCH LOCATION** – city, state, or zip code.
- > **SELECT A PLAN** by clicking on the **Pick** drop down icon and electing “Cigna Dental Care DHMO” under the **Dental Plans** section. Then press “**CHOOSE**”.
- > If you want to narrow your search, you can also type in **key words**, like dentist name, specialist type or office name.
- > Click “**Search**”.
- > For the **Search Results** page, you can further refine you search results – by distance, specialty, years in practice and additional language.
- > Click on a dentist’s name for more details, including multiple locations listing with map view.

You can also find a dentist 24/7/365

by calling the number of your ID card, or 800.997.1617