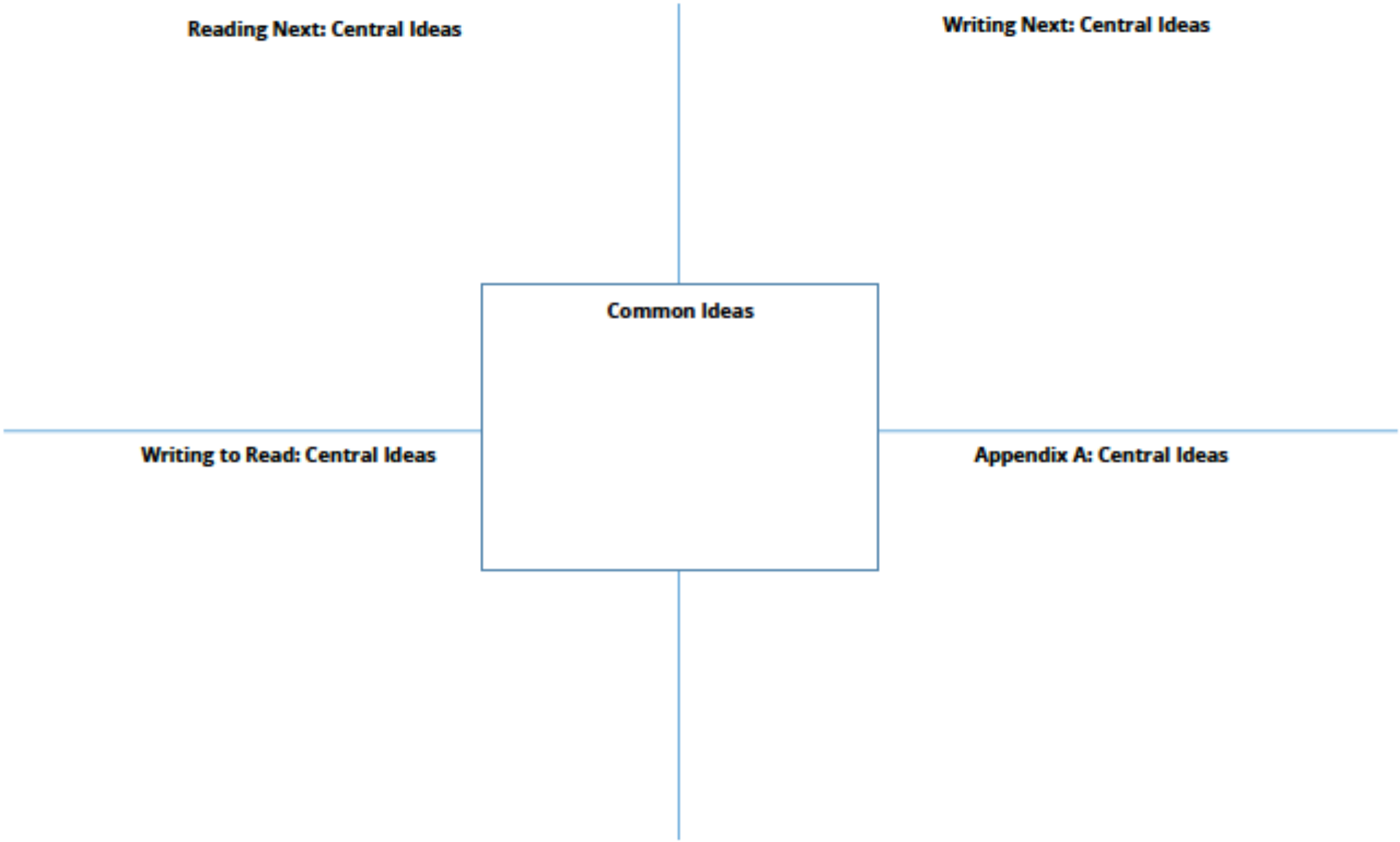From Research to Practice