

RELIAS LEARNING TRAINING CROSSWALK

National Alliance for Direct Support Professionals (NADSP)

Relias Learning Crosswalk to the NADSP Competency Areas.

Relias Learning delivers comprehensive, compliant online training to support employees in mental health services, child services, addiction services, social services, and community healthcare. At Relias Learning, we partner with top health and human services agencies, accrediting bodies, councils, and child welfare leagues to create unrivaled course content that supports professional accreditation and most national and state certifications. Each year, more than 1.7 million employees at 3,500 organizations take over 12 million online courses from Relias Learning.

Relias Learning Training Crosswalks are based on published accreditation standards. They are designed to assist organizations in the selection of courses from the Relias Learning libraries to ensure and demonstrate staff competence according to the training standards.

General staff compliance trainings should be selected to ensure the organization meets OSHA and other regulatory requirements. Staff training is only one element of a successful survey and the crosswalks are not meant to take the place of a careful review and evaluation of your program to the accreditation standards.

The courses listed in the crosswalk are a representative sample of courses available in Relias Learning libraries. It may not be necessary to choose all courses listed for a specific training standard; it is recommended that courses are chosen that closely align with the mission and services offered and the specific needs of the persons served. "NADSP Competency Area" indicates the competency areas specified by the National Alliance for Direct Support Professionals.

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NADSP Competency Area	Relias Learning Course Equivalent	Hours
<p>Relias Learning’s curriculum is fully accredited by NADSP to meet the training hours required to become a Direct Support Professional –I (DSP-I) (100 hours) and Direct Support Professional-II (DSP-II) (200 hours) as well as to meet the continuing education requirements.</p>		
<p>The following are the NADSP fully accredited courses cross walked to the 15 NADSP Competency Areas</p>		
<p>1. Participant Empowerment</p>	<p>Abuse Identifying and Preventing Dependent Adult Abuse and Neglect The Power of Personal Outcomes The Right Way: A Philosophical Approach to Services for Persons with DD The Role of the Direct Support Professional</p>	<p>2 1.25 1.25 2 2</p>
<p>2. Communication</p>	<p>Alternative Communication Strategies Conflict Management DSP Communication Skills and Conflict Management Skills Effective Communication in the Workplace</p>	<p>2.25 2 3 1.5</p>
<p>3. Assessment</p>	<p>Alcohol and the Family for Paraprofessionals Assessment of Treatment of Criminal Offenders with ID Autism Spectrum Disorders: Separating the Data from Myths Behavioral Phenotypes in Genomic Syndromes Co-Occurring Disorders: An Overview for Paraprofessionals Diagnostic Systems for Use with People with ID Part 1 Diagnostic Systems for Use with People with ID Part 2 Intellectual Disabilities Mental Health Issues in Older Adults for Paraprofessionals Mood Disorders in Adults – A Summary for Paraprofessionals Overview of Bipolar Disorder in Youth for Children's Services Paraprofessionals Overview of Bipolar Disorder for Paraprofessionals Overview of Depressive Disorder in Youth for Paraprofessionals Overview of Serious Mental Illness for Paraprofessionals Psychological Assessment of ASD Sleep & Mental Health: Disorders Not Recognized & Not Treated Using Assessments What Exactly is OCD for People with IDD</p>	<p>2.5 1.5 1 1.5 1.5 1.5 1.5 1 2 1 1 2 1.5 3 1.5 4 3.5 1</p>
<p>4. Community & Service Networking</p>	<p>Community Networks of Specialized Care: Building Community through Training and Education Community Networks of Specialized Care for Individuals with Dual Diagnosis</p>	<p>1.5 1</p>
<p>5. Facilitation of Services</p>	<p>Program for IDD in a Forensic Mental Hospital Evaluation of Community Protection Program for Offenders with Developmental Disabilities Signs and Symptoms of Illness and Injury – Developmental Disabilities</p>	<p>1.5 2 3</p>

NADSP Competency Area	Relias Learning Course Equivalent	Hours
The following are the NADSP fully accredited courses cross walked to the 15 NADSP Competency Areas (cont.)		
6. Community Living Skills and Supports	Behavior Development for People with Developmental Disabilities Ecobehavioral Approaches for Individuals with IDD Human Sexuality for Students with Special Needs Strategies for Teaching Individuals with Developmental Disabilities Part 1 Strategies for Teaching Individuals with Developmental Disabilities Part 2 Systematic Instruction Strategies The Autistic Learning Disabilities Approach	2 1 2 1 1 3.25 2
7. Education, Training and Self-Development	Attitudes at Work Coaching and Mentoring in the Workplace Effective Interviewing Techniques Principles and Practices of Effective Direct Supports Sexual Harassment / Discrimination Prevention for Employees Stress Management in the Workplace Supervision and Leadership Teamwork: The Fundamentals Time Management Understanding Substance Abuse Problems in the Workplace Valuing Diversity in the Workplace Working with Difficult People Work-Life Balance Workplace Harassment	2 1 2.5 3 2.5 2 2 2 2.5 2.5 2.5 2.5 2.5 1
8. Advocacy	Assisting People with Intellectual and Developmental Disabilities in Choice Making Client/Patient Rights Trauma and People with Intellectual Disabilities	3.25 2 1.5
9. Vocational, Educational & Career Support	Creating Community Careers Part 1: Introduction to Customized Employment Creating Community Careers Part 2: Discovering Personal Genius Creating Community Careers Part 3: Customized Job Development Creating Community Careers Part 4: Interest-Based Negotiation for Customized Employment Creating Community Careers Part 5: Systematic Instruction Customized Self-Employment Part 1: An Introduction Customized Self-Employment Part 2: Discovering Personal Genius for Self-Employment Customized Self-Employment Part 3: Business Feasibility, Marketing, and Sales Customized Self-Employment Part 4: Business Plan Development Customized Self-Employment Part 5: Business Financial Planning and Benefits Planning	1 1.5 1.5 1.75 2 1 1 1 1.5 2

NADSP Competency Area	Relias Learning Course Equivalent	Hours
The following are the NADSP fully accredited courses cross walked to the 15 NADSP Competency Areas (cont.)		
9. Vocational, Educational & Career Support (Cont.)	Employment Support for Individuals with Developmental Disabilities	2
	Evidence-Based Practices in Supported Employment Part 1: Principles and Practices for Job Finding	1
	Evidence-Based Practices in Supported Employment Part 2: Supporting Employer Consumers	1.25
	The Power of Strength-Based Educational Strategies in DD	1.5
10. Crisis Prevention & Intervention	Crisis Management for Individuals with Developmental Disabilities	3
	Least Restraints: A Journey	1
	Overview of the Principles of Positive Behavior Support for Direct Support Professionals	4.25
	Supporting People at Risk of Criminal Behavior	1
	Treatment of Behavioral Health Problems for Individuals with ASD	3
11. Organizational Participation	An Advocacy Toolkit	1
	Analyzing Performance and Corrective Actions Plans	2
	Customer Relations	1.5
	Effective Teams	2
	Performance Improvement	1
	Problem Solving: Solutions in the Workplace	2
	Project Management Basics	2
12. Documentation	Documentation Guidelines for the DSP	1.5
	Documenting the Treatment Planning Process	2.25
13. Facilitation of Relationships and Friendships	People with Disabilities Building Relationships and Community Membership	1.5
	Supporting Everyday Lives for People with Disabilities	3
	Supporting Quality of Life for a Person with Developmental Disabilities Part 1: Birth through Adolescence	3.5
	Supporting Quality of Life for a Person with Developmental Disabilities Part 2: Adult and Senior Years	3.5
14. Provide Person-Centered Support	Case Management for Paraprofessionals	3
	Cultural Competence for the DSP	1
	CBT for Adult Asperger Syndrome	3
	CBT for People with Developmental Disabilities	3
	FASD: Why Isn't this Person Responding to Treatment	2
	Neurological Development and the Environment: Challenges & Opportunities	1
	Person Centered Planning for Individuals with Developmental Disabilities	3
	Practical Implications of Genetic Diagnoses for People with Developmental Disabilities	1.5
	Psychopathology in Children and Adolescents with Developmental Disabilities	0.5
	Psychotherapy for Persons with Developmental Disabilities	3

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The following are the NADSP fully accredited courses cross walked to the 15 NADSP Competency Areas (cont.)		
14. Provide Person-Centered Support (Cont.)	Therapeutic Boundaries for Paraprofessionals Ways to Support Individuals with Autism	2.5 2
15. Supporting Health and Wellness	Bioterrorism Blood-borne Pathogens Corporate Compliance and Ethics CPR Refresher Dental and Oral Health for Individuals with Developmental Disabilities Emergency Preparedness Environmental Safety for Individuals with Developmental Disabilities Environmental Safety in the Workplace Fire Safety Refresher First Aid Refresher Handling Food Safely Hazardous Chemicals Health and Safety Management Infection Prevention Part 1 Infection Prevention Part 2 Influenza Prevention and Preparedness Medical Problems and Adverse Drug Events in People with ID/MI Medication Management for Individuals with Developmental Disabilities Part 1 Medication Management for Individuals with Developmental Disabilities Part 2 Pain Influenza Preparedness Personal Safety in the Community Preventing Toxic Threats to Neurodevelopment Psychopharmacology and Behavioral Treatments Psychopharmacology of Children with Intellectual & Developmental Disabilities Responding to the Health Care Needs of Individuals with Intellectual and Developmental Disabilities. Risk Management in Daily Living for Individuals with Developmental Disabilities Staying Safe in any Situation: SMART Principles The Playground, the Promise & the Perils of Psychopharmacology in DD Writing Effective Incident Reports Workplace Violence	1 1 1 1 2 1 3 2 2 1.5 1 1.5 2.5 2 1.5 1 1.5 3 2 1 1 3 1 2.5 3 2.5 2 2 2 2.75 1.5

COURSE SUMMARY

NADSP Competency Area	Total Relias Courses	Total Relias Course Hours
1. Participant Empowerment	5	8.5
2. Communication	4	8.75
3. Assessment	18	32.5
4. Community & Service Networking	2	2.5
5. Facilitation of Services	3	6.5
6. Community Living Skills and Supports	7	12.25
7. Education, Training and Self-Development	14	30.5
8. Advocacy	3	6.75
9. Vocational, Educational & Career Support	14	20
10. Crisis Prevention & Intervention	5	12.25
11. Organizational Participation	7	11.5
12. Documentation	2	3.75
13. Facilitation of Relationships and Friendships	4	11.5
14. Provide Person-Centered Supports	12	25.5
15. Supporting Health and Wellness	31	55.75
TOTALS	131	248.5

NOTE: Most courses are revised on a regular cycle to meet ongoing accreditation standards. Course hours may shift over time when revised.