



**Administrative Policies and Procedures: 18.2**

<b>Subject:</b>	<b>Recreation Services, Facilities, and Equipment in Youth Development Centers</b>
<b>Authority:</b>	TCA 37-5-105 (3), 37-5-106
<b>Standards:</b>	<b>ACA:</b> 4-JCF-5G-01, 4-JCF-5G-02, 4-JCF-5G-03, 4-JCF-5G-04, 4-JCF-5G-05, 4-JCF-5G-06; <b>DCS Practice Standard:</b> 3-102, 8-306
<b>Application:</b>	To All Department of Children's Services Youth Development Center Employees
<b>Policy Statement:</b>	
Youth Development Centers (YDC) shall construct and maintain a recreation and leisure time program for youth that promotes fitness, health and wellness through a variety of activities that facilitate learning and appropriate use of leisure time.	
<b>Purpose:</b>	
To ensure that organized recreational, leisure-time activities and exercise programs are developed for youth to promote and maintain good health.	
<b>Procedures:</b>	
<b>A. Responsibility</b>	<p><b>1. YDC Recreation Director</b></p> <p>a) Each YDC must have a full-time, qualified Recreation Director who plans and supervises all recreation programs.</p> <p>b) The Recreation Director must provide recreation schedules and a plan for constructive leisure time and activities. The plan must include:</p> <ul style="list-style-type: none"> <li>◆ At least one (1) hour per day of large muscle activity; and</li> <li>◆ One hour (1) per day of structured leisure time activities.</li> </ul> <p><b>2. Staff responsibilities</b></p> <p>The YDC facility staff may plan and promote activities for participation by youth in community programs and services. Staff should seek cooperation of various community groups offering activities that benefit the youth.</p>
<b>B. Access to recreation</b>	Staff will ensure that youth have access to recreational opportunities and equipment, including outdoor exercise when the climate permits.

<p><b>C. Facilities and equipment</b></p>	<p><b>1. Maintenance</b> Facilities and equipment are maintained in good working order and condition.</p> <p><b>2. Appropriateness</b> Facilities used for recreational or leisure-time activity must be appropriate for that use.</p> <p><b>3. Availability</b> A variety of fixed and movable equipment is available for youth exercise and leisure activities at YDCs.</p> <p><b>4. Inventory</b> YDC staff must account for equipment issued. Any missing equipment must be reported to the shift supervisor.</p>
<p><b>D. Pool access</b></p>	<p>Facilities with swimming pools must adhere to the following guidelines:</p> <p><b>1. Staff supervision</b> The Superintendents of the YDC's with swimming pools must place a sign in the pool area that states:</p> <div data-bbox="831 942 1149 1211" style="border: 1px solid black; padding: 10px; text-align: center;"> <p><b>"YOUTH NOT SUPERVISED BY YDC STAFF MEMBERS ARE NOT ALLOWED IN THE SWIMMING POOL AREA."</b></p> </div> <p><b>2. Lifeguards</b> Where required by local codes, youth must not be allowed in the swimming pool unless they are supervised by staff that are certified in swimming and lifesaving techniques.</p>

<p><b>Forms:</b></p>	<p><i>None</i></p>
----------------------	--------------------

<p><b>Collateral documents:</b></p>	<p><i>None</i></p>
-------------------------------------	--------------------