

## Middle TN Regional meeting April 27, 2009

Present: Melissa Brown, Lauren Brown and Jill Thomas

Agenda:

- Site visits
- Post surveys
- Year end report
- Budget
- Other

### Grundy – Melissa Brown

NOT Cessation Course – Melissa has split the class to give those kids who are really interested the most attention. Since the split, the kids who were being distractive are asking to come back. Another student in alternative school got caught with tobacco, so he will most likely be expelled. Melissa will find out today. Most kids in the alternative school have been to rehab, 3 graduated from rehab and are drug free. Of those 3, 2 have cut back on smoking and 1 has quit. The weather has been so nice outside that Melissa has been playing the 'cooperation game' and 'charades' with the kids to do things differently. These kids don't have a consistent adult figure in their life and is really making a connection. Melissa is bringing them fresh fruit for their snacks and they love it! At their classes, they talk about nutrition and how to plan for healthy choices everyday, as well as discussing tobacco.

Health Fairs have happened at 2 of the elementary schools in Grundy County. 'Bouncables' were rented for the fair and the kids loved it for exercise – even the 8<sup>th</sup> graders! Because of the positive response, each school is going to continue renting one for each health fair that is being held the rest of the month.

Grundy County evaluation team site visit is schedule for Wednesday, April 29. Ten students were given parent permission forms to be signed by their parents to participate in the interview. She is waiting for the students to bring them back signed by the parents.

Post surveys were done last Monday and went well. However, the end of the year made it difficult. The beginning of the week was not Melissa's choice, but it was when the principal allowed it. There were many classes gone on field trips or just simply gone. Currently, she has a rate of 87%, but thinks it will be 90% once she gets the last few students to take the post survey. She's hoping to have them all complete by Wednesday, so that Stephanie, from the evaluation team can bring them back. Mellissa is still re-checking if all surveys were done in pencil and one whole class had to re-due all of them. The teacher gave Melissa a hard time and told the kids that it didn't matter what they wrote on the surveys because it was a waste of time anyway. It turns out that this teacher is not being retained.

Melissa put the name of the teacher from each class that had a 100% response rate in a drawing for a pizza party. There will be a pizza party awarded to 3 different classes.

She has looked at the end of the year report and is trying to figure out how to spend the last of the money.

She will be purchasing Tobacco Free signs for all the schools since the Grundy County School Board passed that the entire county now has 100% TFS written into their policy. There are 7 schools, and she will be buying 10 signs because the high school has 2 entrances and there is also an entrance to the Sportsplex.

She thinks she'll have more left over money than she originally thought. The amount THEC has in their record is less than what Melissa has actually spent. Melissa is going to have a meeting with the board of education person and confirm numbers. It's going to be a push in the end. Melissa learned that the books close at the end of May, so she has a lot of learning materials to purchase in the next 4 weeks.

### **Meigs – Lauren Brown**

Tad Roberts misread the email from THEC and told the director of schools in Meigs County that the STOP program will continue next year. Lauren found that out and the email has been forwarded and the information clarified.

Evaluation team site visit was Monday, April 20 – Dr. Dalton came and met with 4 students, Mr. Roberts, the principal, a teacher and then with Lauren. He said he enjoyed the visit. He was appreciative of Lauren having all the materials ready for him.

Post survey is scheduled to be taken on May 8, with the make up day the following Monday. Jill told Lauren about the incentive method in the eastern region and will implement something similar.

Lauren has not looked at the end of year report yet and will call with any questions.

Lauren will be leaving on Thursday morning of the summit.

Budget – Meigs County plans to spend every last penny

### **Other:**

There will be no STOP trainings at MTSU before June 30.

Jill is researching hiring a consultant for each of the nine counties with the money that is in the MTSU account. The consultant would create a health profile for each county to be distributed by the county.