

Tennessee Behavioral Risk Factor Surveillance Survey 2012 State and Regional Weighted Data

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

State and Regions	Total Respondents	<i>Exercised in Last 30 Days</i> ¹	<i>Weighted Percent</i> ²	<i>Population Who Exercised</i> ³
TENNESSEE ⁴	7,048	4,756	71.4	3,537,860
Northeast	444	289	70.8	193,785
East	635	415	67.9	399,308
Southeast	505	313	64.1	161,864
Upper Cumberland	460	305	67.8	180,408
Mid-Cumberland	753	562	78.1	659,195
South Central	496	322	67.2	197,011
West	835	507	67.8	279,355
Shelby	520	369	73.2	511,403
Davidson	559	420	78.4	395,919
Knox	519	365	76.9	265,118
Hamilton	458	322	71.8	193,890
Madison	446	297	71.6	53,364
Sullivan	388	244	68.4	84,494

¹ Number of respondents who answered YES.

² Percent of adult population who exercised during the past month based on the survey.

³ Estimated adult population who exercised during the past month based on the survey. Note: The sum of regional estimates in this column will not add up to statewide total.

⁴ Statewide estimates include additional survey coverage by cell phone and different weighting methodology.