



Department of
**Mental Health &
Substance Abuse Services**



Needs Assessment Data Report 2015

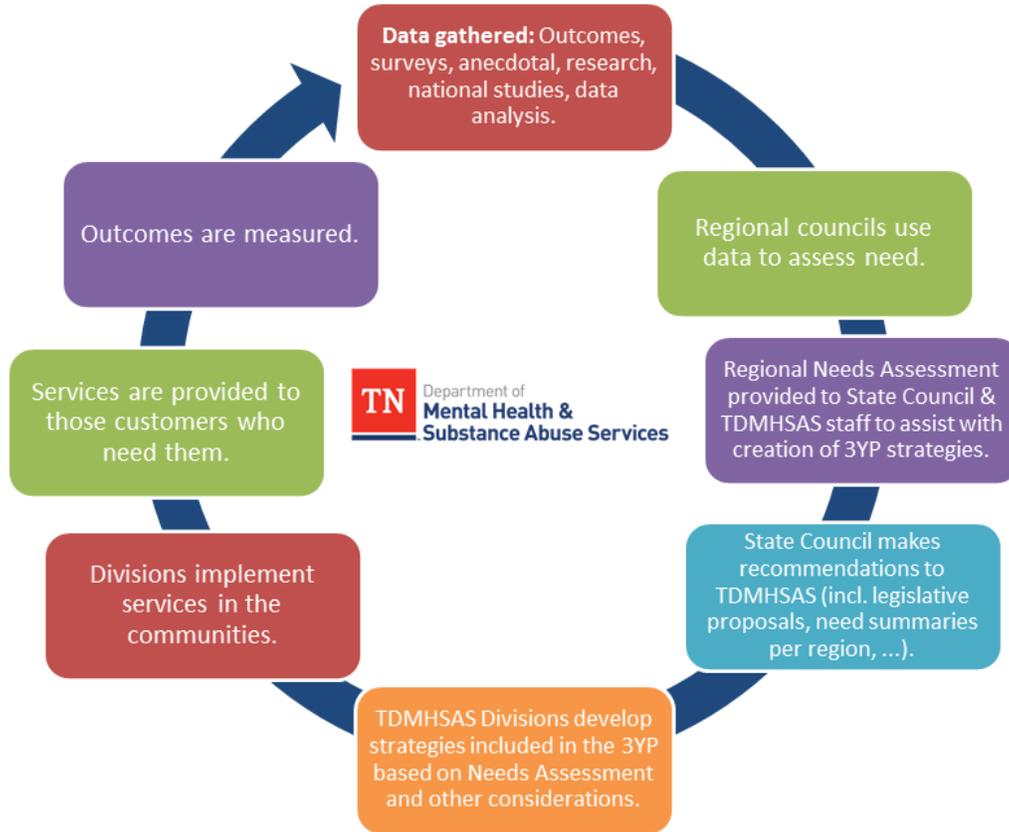
Mario Lehenbauer-Baum, Ph.D.
Tennessee Department of Mental Health and Substance Abuse Services
Office of Research
Division of Planning, Research and Forensics
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INTRODUCTION

The needs assessment process



As a result of the 2015 needs assessment process, the Regional Planning and Policy Councils identified several needs surrounding mental health and substance abuse services. Additionally, some of the 2015 needs were also identified in the 2014 needs assessment reports. As such, this report will include an update on some of the data points presented in the last report and include some new data indicators.

The identified and reported needs include:

MENTAL HEALTH	<ul style="list-style-type: none"> Crisis Stabilization Units Children and Youth Crisis Services Housing Licensed mental health bed capacities
SUBSTANCE ABUSE	<ul style="list-style-type: none"> Treatment services for pregnant women with substance abuse Medically monitored crisis detox beds Outpatient treatment services for adolescents

Section 1: Mental Health

The identified mental health needs for 2015 included



Information about crisis stabilization
units

Children and youth crisis services



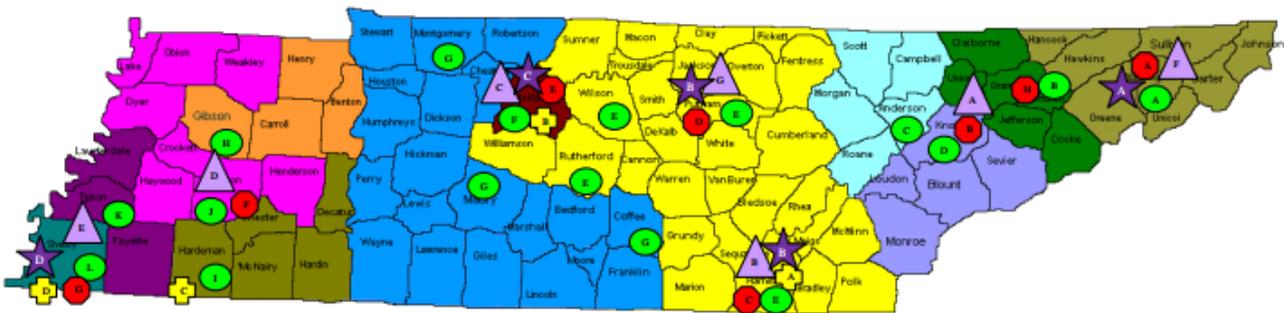
Housing data updates

Licensed mental health bed
capacities

CRISIS STABILIZATION UNITS FOR ADULTS

A crisis stabilization unit (CSU) is a voluntary service that offers 24-hour, seven days a week support with behavioral health treatment, including medication management and illness management and recovery services, with a focus on short-term stabilization (up to five days) to adults 18 years of age or older. In addition to crisis services, there are eight walk-in triage centers across the state which offer 24-hour, seven days a week behavioral health assessment to adults 18 years of age and older.¹

The map below shows the locations of CSUs/walk-in centers, mobile crisis teams, regional mental health institutes, and medically monitored crisis detoxification services for adults in Tennessee. The map colors refer to the counties served by each mobile crisis provider associated with the symbols listed in the legend. For example, Mobile Crisis Team L (Alliance Healthcare Services) represented by a green oval, covers Shelby County highlighted in teal.



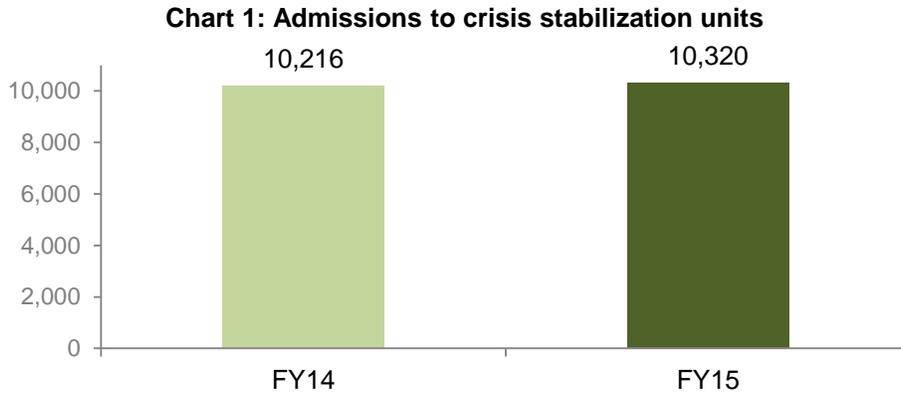
CRISIS TEAMS – CRISIS STABILIZATION UNITS – REGIONAL MENTAL HEALTH INSTITUTES – MEDICALLY MONITORED CRISIS WITHDRAWAL MANAGEMENT

<p>Mobile Crisis Teams ●</p> <ul style="list-style-type: none"> A Frontier Health B Cherokee Health Systems C Ridgeview Psychiatric Hospital & Center D Helen Ross McNabb E Volunteer Behavioral Health F Mental Health Co-Operative G Centerstone Community MHC H Carey Counseling Center I Quinco Community MHC J Pathways of Tennessee K Professional Care Services L Alliance Healthcare Services 	<p>Crisis Stabilization Units/Walk-in Center ●</p> <ul style="list-style-type: none"> A Frontier Health B Helen Ross McNabb Center C Volunteer Behavioral Health – Chattanooga D Volunteer Behavioral Health – Cookeville E Mental Health Co-Operative F Pathways of Tennessee G Alliance Healthcare Services H Cherokee Health Systems 	<p>RMHI +</p> <ul style="list-style-type: none"> A Moccasin Bend Mental Health Institute B Middle TN Mental Health Institute C Western Mental Health Institute D Memphis Mental Health Institute <p>Respite Services ★</p> <ul style="list-style-type: none"> A Frontier Health B Volunteer Behavioral Health C Mental Health Co-Operative D Alliance Healthcare Services 	<p>MMCWM ▲</p> <ul style="list-style-type: none"> A Helen Ross McNabb B CADAS C Buffalo Valley D Pathways E Serenity F Frontier G Volunteer
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¹ Source: <https://tn.gov/behavioral-health/article/crisis-stabilization-units-csu>

ADMISSIONS TO CRISIS STABILIZATION UNITS FOR ADULTS

Admissions to crisis stabilization units increased statewide.



Statewide, the admissions to crisis stabilization units (CSUs) increased from **10,216** in **FY14** to **10,320** admissions in **FY15 (+1%)**.

ADMISSIONS TO CRISIS STABILIZATION UNITS BY REGION

Admissions per 10,000 population decreased in region 3 and 4, and increased in region 7.

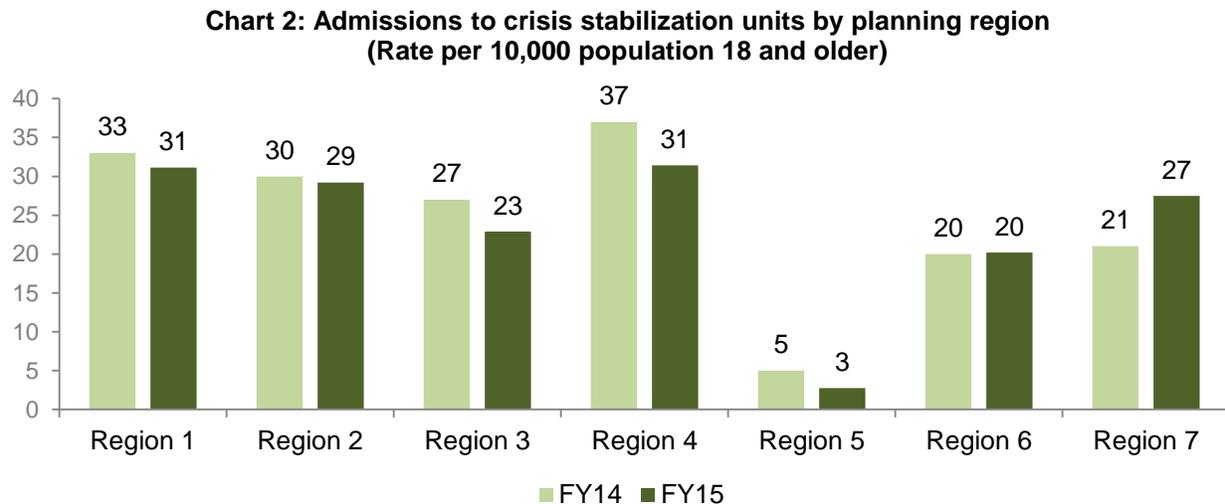


Chart 2 displays the rate of admissions to crisis stabilization units (CSUs) per 10,000 population by Planning and Policy Region. Please note that region 5 does not have a CSU located in it and individuals from this region are sent to nearby CSU locations in regions 3, 4, and 6. This may account for the lower rate of admissions in Region 5 compared to the other planning regions.²

² Note: Region 5 data is estimated using a different data source than the admission data for the other six regions.

CRISIS DATA AT A GLANCE³



WALK-IN ASSESSMENTS:

FY14: 17,504

FY15: 17,135

AVERAGE LENGTH OF STAY AT CSU:

FY14: 3.19 days

FY15: 2.82 days



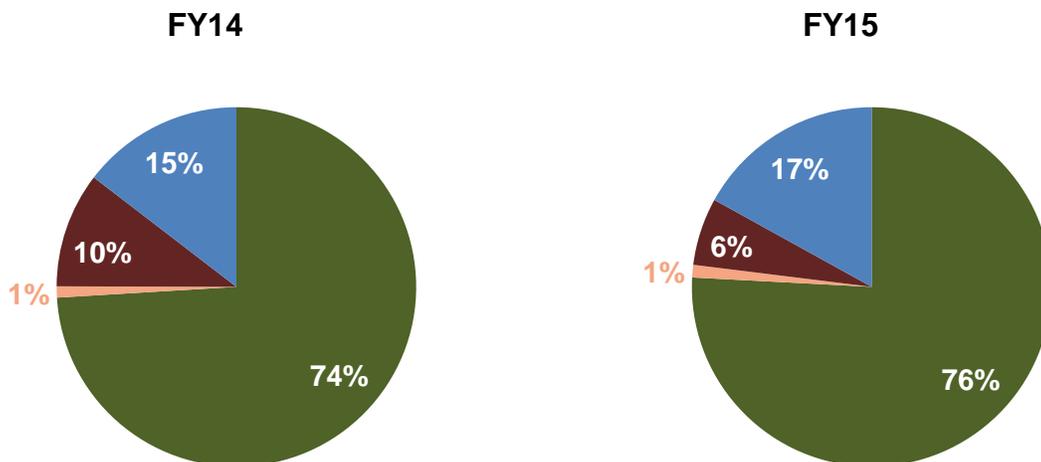
AVERAGE STATEWIDE CSU BED UTILIZATION RATE:

FY14: 68.6%

FY15: 65.6%

Percentages of referrals to CSU

Chart 3: Percentages of referrals to CSU by referral source for FY14 and FY15



Crisis teams **Inpatient psychiatric hospital** **Other crisis providers** **Other sources**

³ Data source: Tennessee Department of Mental Health and Substance Abuse Services: Office of Crisis Services and Suicide Prevention.

CHILDREN AND YOUTH CRISIS SERVICES

Youth Villages, Mental Health Collaborative, Frontier Health, and Helen Ross McNabb provide crisis services for children and youth in Tennessee.⁴ Emergency counselors (triage specialists) handle calls 24/7 through the regional hotline and determine an appropriate response.

Throughout the state, specialized Crisis Services staff assesses and evaluate **children and youth, up to age 18**, who are experiencing a psychiatric emergency.⁵

Children and youth crisis service areas



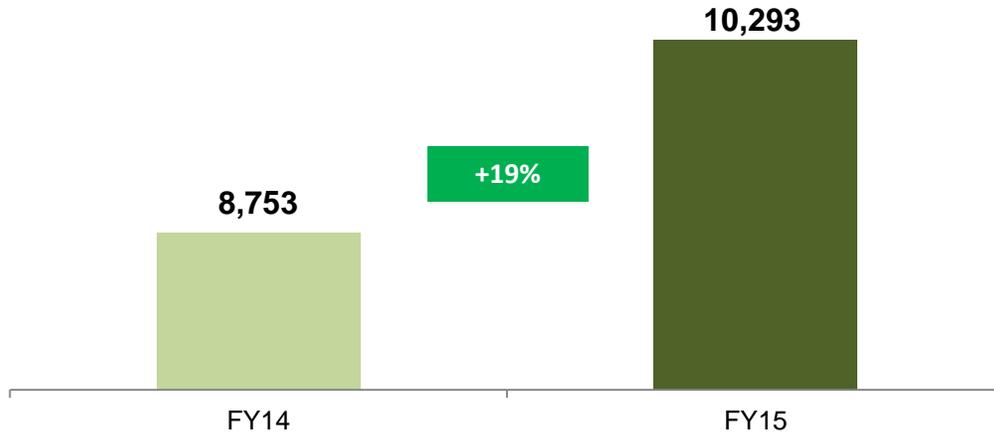
- | | |
|--|---|
| Services area 1: Frontier Health | Services area 7: Youth Villages |
| Service area 2: Youth Villages | Service area 8: Youth Villages |
| Service area 3: Helen Ross McNabb | Service area 9: Youth Villages |
| Service area 4: Youth Villages | Service area 10: Youth Villages |
| Service area 5: Youth Villages | Service area 11: Youth Villages |
| Service area 6: Mental Health Coop | Service area 12: Youth Villages |

⁴ Please note: In FY15 (7/1/2014), providers changed from a statewide system (with Youth Villages) to a system where Youth Villages serve areas 2, 4, 5, 7, 8, 9, 10, 11, 12 and Frontier Health serves Area 1, Helen Ross McNabb serves Area 3 and Mental Health Coop serves Area 6.

⁵ Source: Crisis Services for Children & Youth: <https://tn.gov/behavioral-health/article/Crisis-Services-for-Children-and-Youth>

Statewide, 19% more (1,689) assessments were conducted in FY15 over FY14.

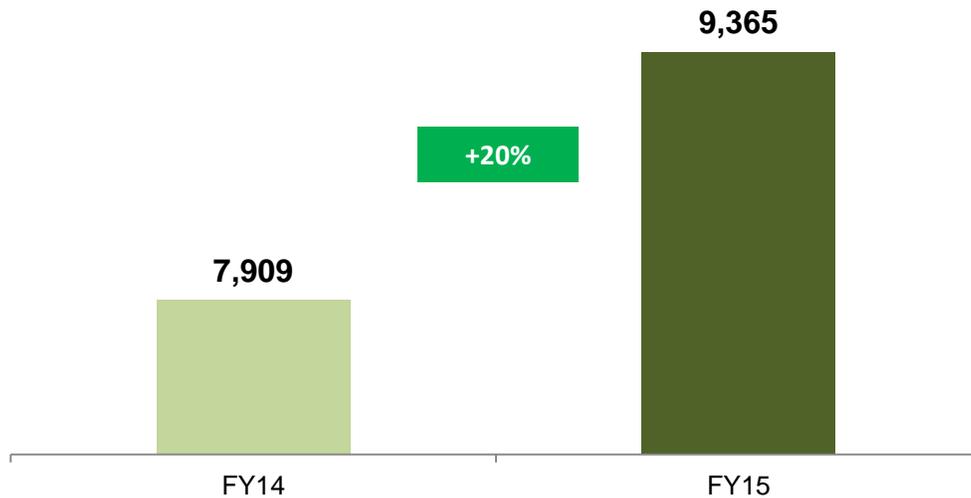
Chart 4: Statewide number of children and youth crisis services face-to-face assessments in FY14 and FY15



Statewide, the total number of children and youth crisis services face-to-face assessments increased significantly (+ 19% from FY14 to FY15).

Statewide, 20% more (1,574) assessments were conducted within two hours.

Chart 5: Statewide number of individuals in children and youth crisis services seen within two hours in FY14 and FY15



The number of individuals from children and youth crisis services seen within two hours increased significantly, a 20% increase from FY14 to FY15.

HOUSING DATA UPDATE



103 new home-ownership opportunities created from August 2014 through July 2015.

1,761 homeless individuals or those at risk of being homeless were **connected** to community mental health care.

2,360 new housing opportunities created from August 2014 through July 2015.

Next steps:

- **Provide housing with support services** to homeless individuals and other chronically homeless in Shelby and Davidson County through the new initiative:
- **Tennessee Cooperative Agreement to Benefit Homeless Individuals program (CABHI)**
 - A three-year strategy to reduce homelessness among veterans and other chronically homeless people living with mental illness and/or struggling with substance abuse
 - Total Grant Award of \$7.2 Million
 - 620 individuals served in Shelby and Davidson counties
 - 530 individuals served in Upper East Tennessee, Knoxville and Chattanooga
 - 1,150 total individuals served over 3 years
- **Facilitate movement** along the housing continuum for individuals with mental illness and co-occurring disorders
 - **Increase the number of independent living housing options** through the Creating Homes Initiative (CHI)
 - **Increase access** to supportive services

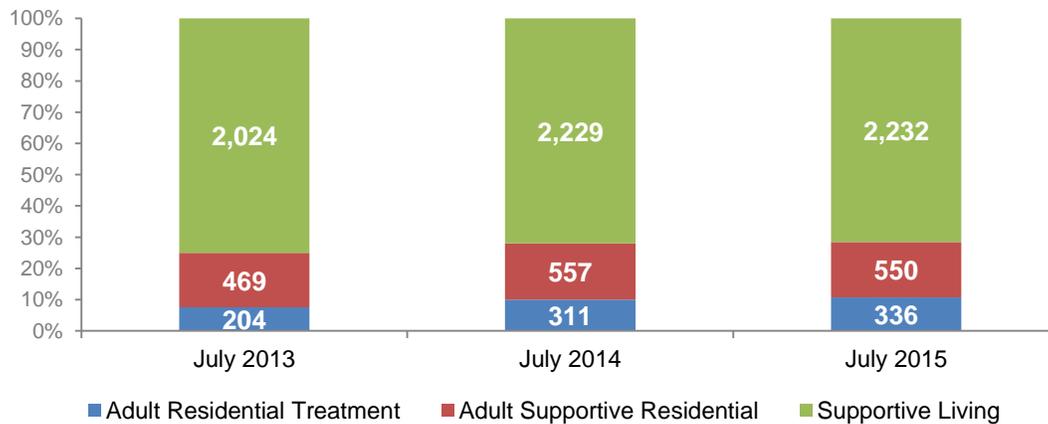
LICENSED MENTAL HEALTH BED CAPACITIES

The TDMHSAS Licensure Database was used to pull data for the three distinct bed types listed below. Please note that the data on the following pages are **snapshots** of the numbers of licensed beds available in the month of **July** for **2014** and **2015**.⁶

1. A **Mental Health Adult Residential Treatment** means a mental health treatment program that offers 24 hour intensive, coordinated, and structured services for adult service recipients within a non-permanent therapeutic milieu that focuses on enabling a service recipient to move to a less restrictive setting.⁷
2. An adult **Mental Health Adult Supportive Residential** facility means a mental health residential program that provides twenty-four (24) hours residential care with a treatment and rehabilitation component less intensive than required in a Residential Treatment Facility. Coordinated and structured services are provided for adult service recipients that include personal care services, training in community living skills, vocational skills, and/or socialization. Access to medical services, social services, and mental health services are insured and are usually provided off-site, although limited mental health treatment and rehabilitation may be provided on site.⁸
3. A **Mental Health Supportive Living** facility provides room, board, and personal care services to two (2) or more individuals unrelated to the owner or operator of the facility who have been diagnosed with a mental illness by a mental health professional using the current Diagnostic and Statistical Manual (DSM) criteria.⁹

The total number of mental health beds in Tennessee increased.

Chart 7: Statewide number of licensed mental health bed capacities by category



⁶ Please note that these are point in time counts; there may have been increases or decreases within each bed type category throughout the fiscal year.

⁷ Source: <http://share.tn.gov/sos/rules/0940/0940-05/0940-05-17.pdf>

⁸ Source: <http://share.tn.gov/sos/rules/0940/0940-05/0940-05-51.20100207.pdf>

⁹ Source: TDMHSAS Licensure interpretation and <http://share.tn.gov/sos/rules/0940/0940-05/0940-05-19.pdf>

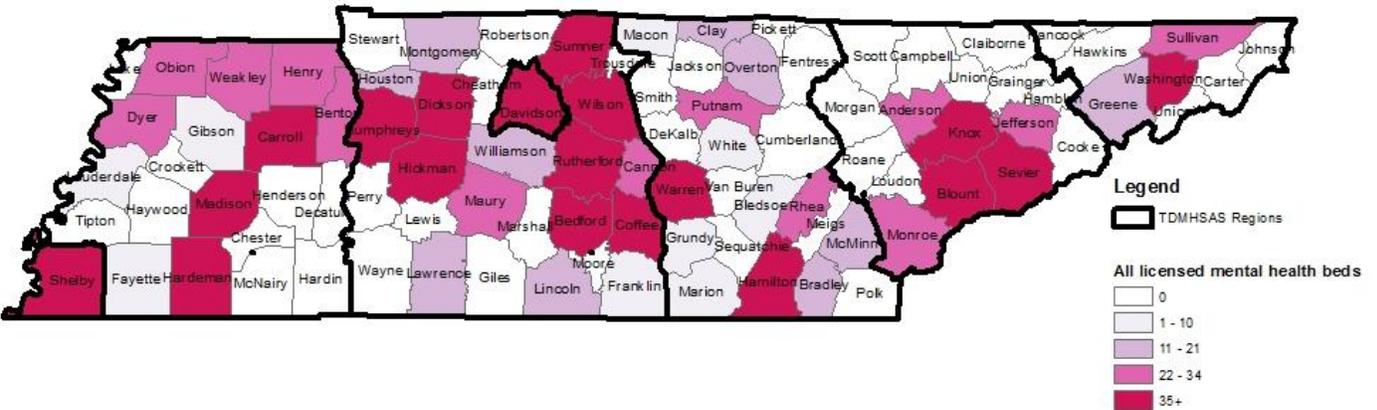
LICENSED MENTAL HEALTH BED CAPACITY: ALL BEDS

The maps¹⁰ below show the licensed mental health bed capacity **for all bed types** by county. The total number of licensed beds in **July 2014** was **3,097**. The total number of licensed beds increased to **3,118** beds as of **July 2015**. The darker shades of pink show the counties with a total licensed bed number greater than 35.

Capacity for all licensed mental health bed types: 3,097 beds in July 2014.



Capacity for all licensed mental health bed types: 3,118 beds in July 2015.



The capacity increased in Dickson, Maury, Coffee and McMinn counties, and decreased in Hawkins and Carter counties.¹¹

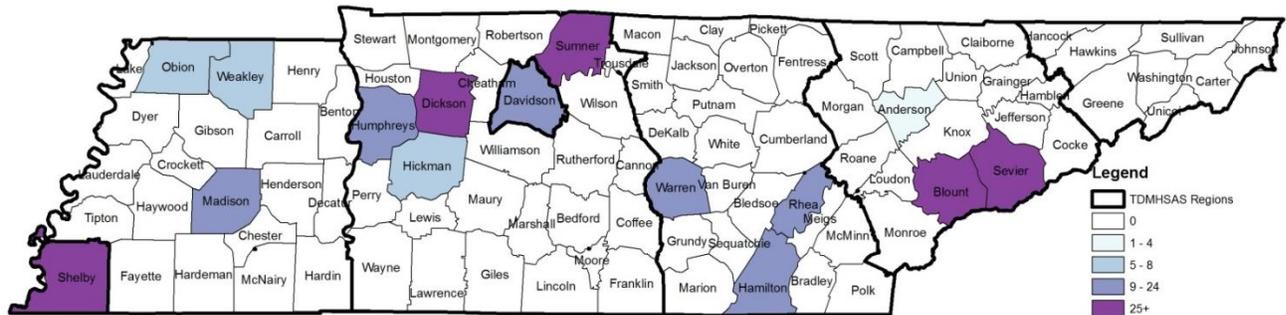
¹⁰ The maps provide an overview of the licensed bed capacity across the state for July 2014 and July 2015.

¹¹ Please note that these numbers are based on point in time counts for July 2014 and July 2015; there may have been increases or decreases within each bed type category throughout the fiscal year (see "Appendix A" for numbers per county).

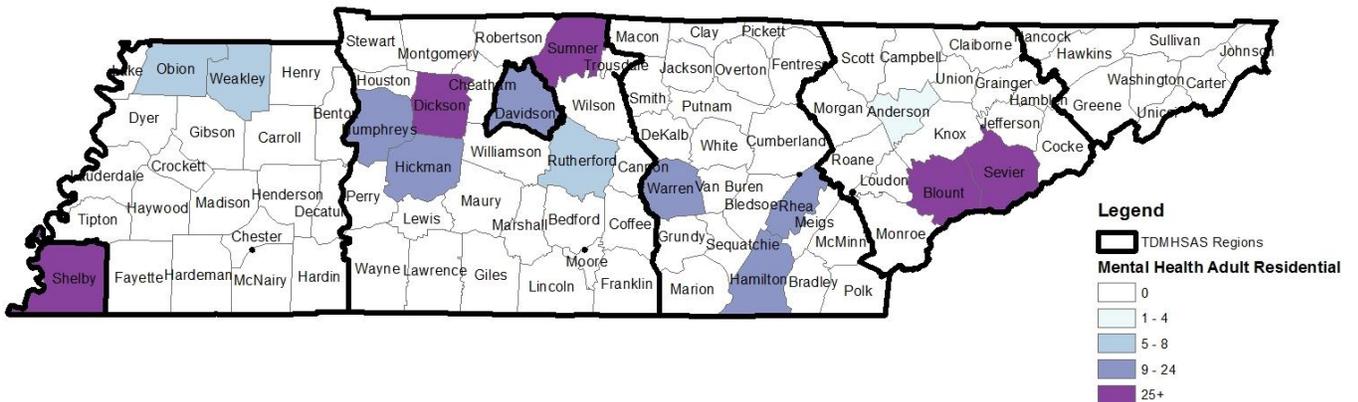
LICENSED MENTAL HEALTH BED CAPACITY: MENTAL HEALTH ADULT RESIDENTIAL TREATMENT

The maps¹² below show the bed capacity distributed across the state for a point in time, July of 2014 and 2015. The total number of mental health adult residential treatment beds was 311 and 336 in July of 2014 and July of 2015 respectively. The number of adult residential treatment beds ranged from 0 to 62 beds in any one county in July of 2014 and 0 to 64 beds in July of 2015.

Capacity of Mental Health Adult Residential Treatment: 311 beds in July 2014.



Capacity of Mental Health Adult Residential Treatment beds: 336 beds in July 2015.



The capacity decreased in Madison County, and increased in Hickman and Rutherford counties.¹³

¹² The maps provide an overview of the licensed bed capacity across the state for July 2014 and July 2015.

¹³ Please note that these numbers are based on point in time counts for July 2014 and July 2015; there may have been increases or decreases within each bed type category throughout the fiscal year (see "Appendix A" for numbers per county).

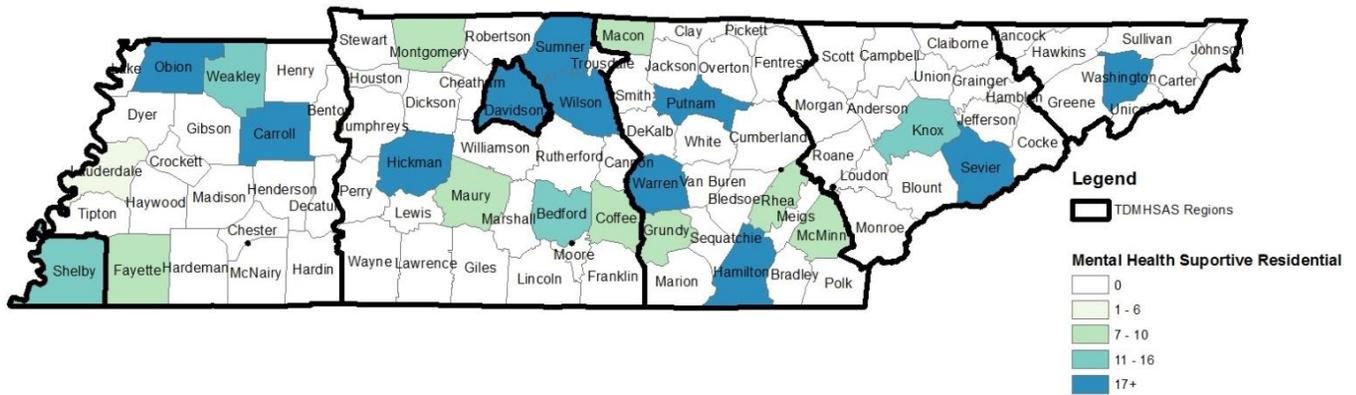
LICENSED MENTAL HEALTH BED CAPACITY: MENTAL HEALTH ADULT SUPPORTIVE RESIDENTIAL

The maps¹⁴ below show the bed capacity distributed across the state for a point in time, July 2014 and 2015. The total number of mental health adult supportive residential beds was 557 in July of 2014 and 550 in July of 2015. The number of adult supportive residential beds ranged from 0 to 143 beds in July 2014 and 0 to 135 beds in July 2015.

Capacity of Mental Health Adult Supportive Residential: 557 beds in July 2014.



Capacity of Mental Health Adult Supportive Residential: 550 beds in July 2015.



The capacity decreased in Shelby, Maury, Rutherford and Dyer counties, and increased in Carroll, Hickman, Sumner, Warren, Hamilton, Rhea, Sevier, Washington and Macon counties.¹⁵

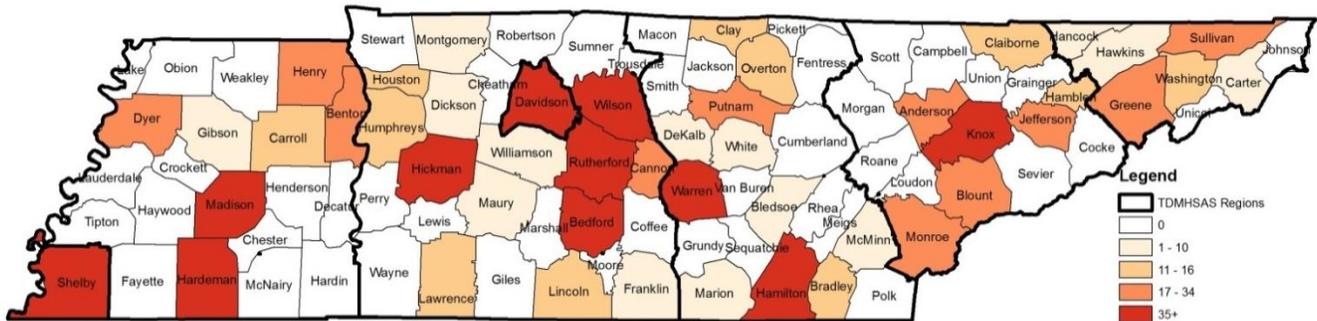
¹⁴ The maps provide an overview of the licensed bed capacity across the state for July 2014 and July 2015.

¹⁵ Please note that these numbers are based on point in time counts for July 2014 and July 2015; there may have been increases or decreases within each bed type category throughout the fiscal year (see "Appendix A" for numbers per county).

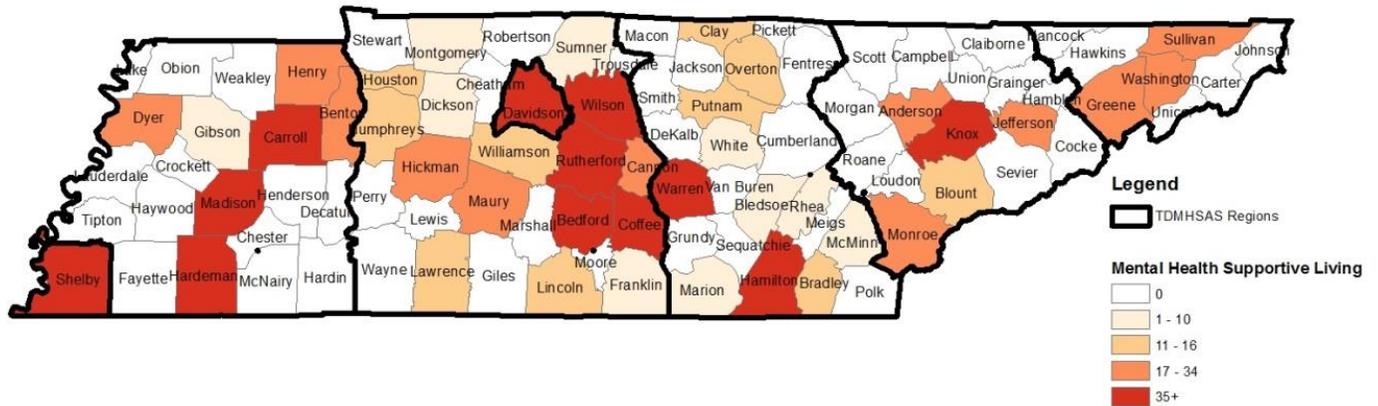
MENTAL HEALTH BED CAPACITY: MENTAL HEALTH SUPPORTIVE LIVING

The maps¹⁶ below show the bed capacity distributed across the state for a point in time, July of 2014 and 2015. The total number of mental health supportive living beds was 2,229 in July 2014 and 2,232 in July 2015. The number of mental health supportive living beds ranged from 0 to 441 beds in any one county in July 2014 and from 0 to 439 beds in July 2015.

Capacity of Mental Health Supportive Living: 2,229 beds in July 2014.



Capacity of Mental Health Supportive Living: 2,232 beds in July 2015.



The capacity decreased in Hickman, Putnam, DeKalb, Blount, Hamblen, Claiborne, Hancock, Hawkins and Carter counties, and increased in Carroll, Maury, Williamson, Sumner, Coffee, Washington and Rhea counties.¹⁷

¹⁶ The maps provide an overview of the licensed bed capacity across the state for July 2014 and July 2015.

¹⁷ Please note that these numbers are based on point in time counts for July 2014 and July 2015; there may have been increases or decreases within each bed type category throughout the fiscal year (see "Appendix A" for numbers per county).

Section 2: Substance Abuse

The identified substance abuse needs for 2015 included



Data about pregnant women with
substance use disorders



Medically monitored crisis
detoxification (MMCD)



Outpatient treatment for adolescents

TREATMENT SERVICES FOR PREGNANT WOMEN WITH SUBSTANCE USE DISORDERS



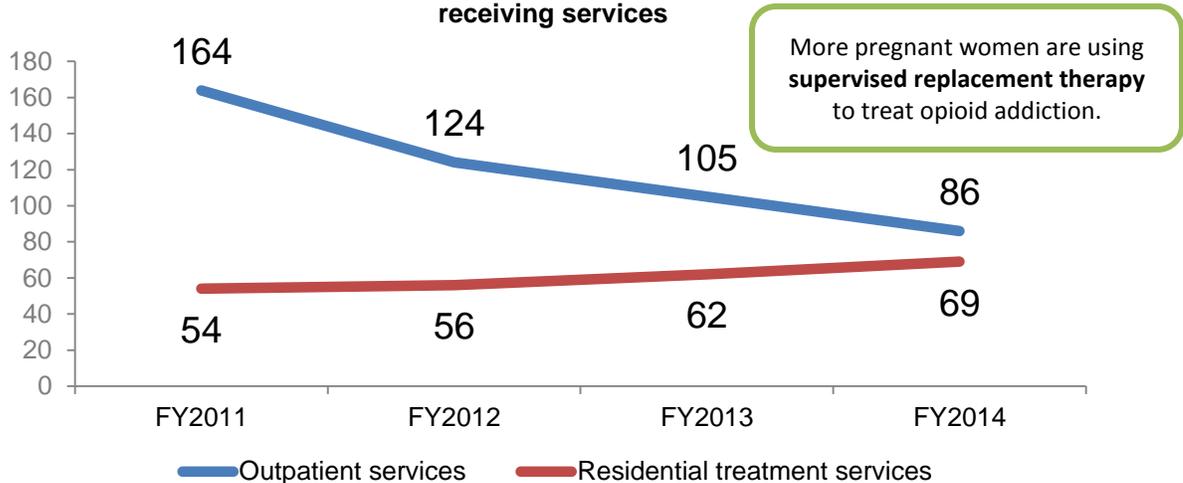
Services are available to women and pregnant women with substance use disorders or a co-occurring substance use and psychiatric disorder. Among individuals in need of drug abuse treatment services, pregnant women with substance use disorders are a priority group (with the admission priority, if on a waiting list). Women who are pregnant, intravenous drug users, abusing substances, and in medically-monitored withdrawal management may be eligible for prevention, treatment, and recovery support services and activities. The eligibility is based on the Federal Poverty Guidelines (*see Appendix B for a list of providers offering Women and Pregnant Women’s Substance Abuse Programs by Region*).¹⁸

Over the last fiscal years FY2011 to FY2014, 779 pregnant women with substance abuse received drug abuse treatment services by TDMHSAS in:

- **Outpatient services** (adolescent outpatient or day treatment, ambulatory detoxification or intensive outpatient, pregnant women’s intensive outpatient services) or
- **Residential services** (adolescent residential rehab, free standing residential detox services, halfway house, pregnant residential rehab or residential short-term treatment services)

The number of pregnant women with substance abuse receiving outpatient services decreased, while the number of pregnant women with substance abuse receiving residential treatment services increased.

Chart 8: Total number of pregnant women with substance abuse receiving services



¹⁸ Source: <https://tn.gov/behavioral-health/article/treatment-for-pregnant-women-abusing-substances>

MEDICALLY MONITORED CRISIS DETOXIFICATION

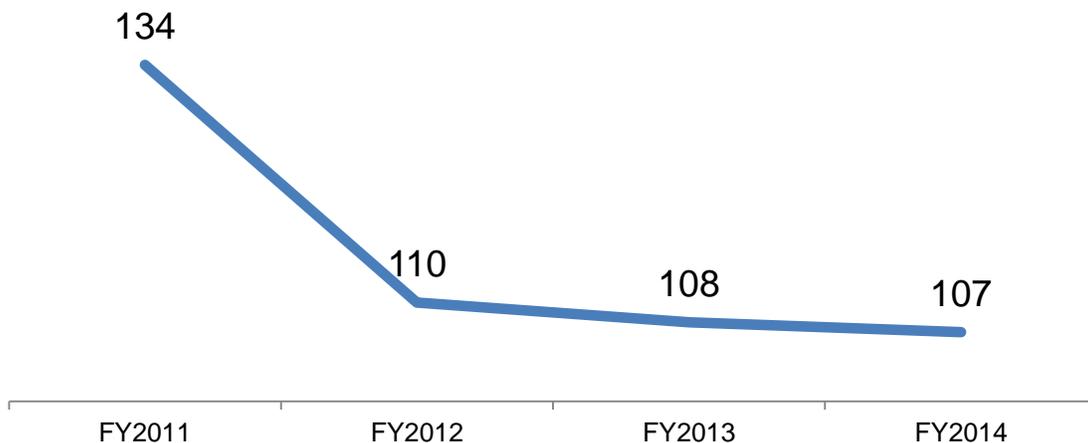


“Alcohol and Drug Residential Detoxification Treatment Facilities” means intensive twenty-four (24) hour residential treatment for service recipients to systematically reduce or eliminate the amount of a toxic agent in the body until the signs and symptoms of withdrawal are resolved (*please see Appendix C for a list of medically monitored detoxification management treatment providers*).

Medically monitored residential detoxification treatment uses medical and nursing professionals to manage withdrawal signs and symptoms without the full resources of an acute care or psychiatric hospital. Residential detoxification services can be offered in a community setting or a specialty unit within a hospital. The American Society of Addiction Medicine Patient Placement Criteria (ASAM PPC) is used to determine the level of residential detoxification treatment that will best meet a service recipient’s needs.¹⁹

The total number of individuals receiving medically monitored crisis detoxification services decreased from FY2011 to FY2014.

Chart 9: Total number of individuals receiving medically monitored crisis detoxification services



¹⁹ Source: <http://share.tn.gov/sos/rules/0940/0940-05/0940-05-44.20090323.pdf>

OUTPATIENT TREATMENT FOR ADOLESCENTS



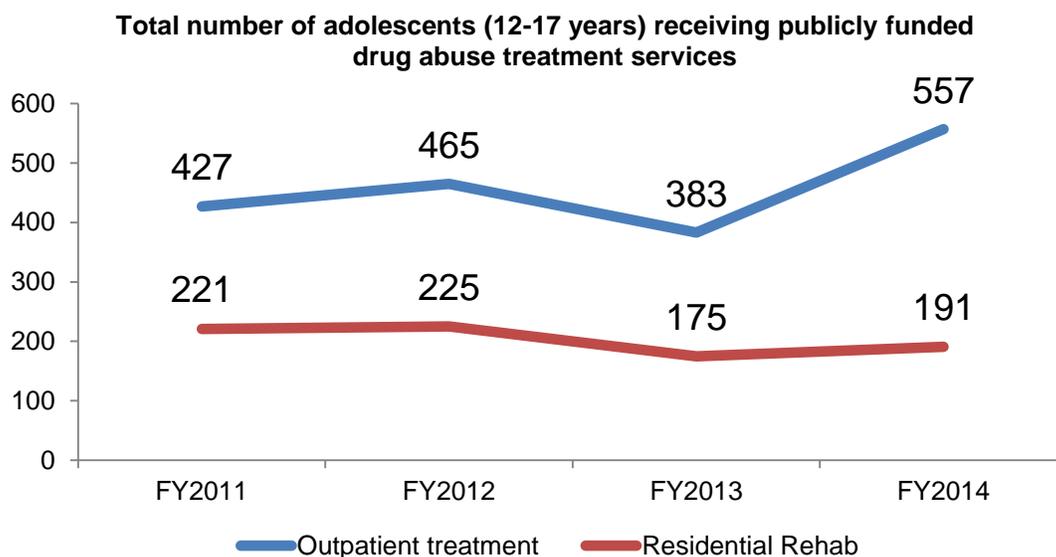
In Tennessee, treatment is available for adolescents 13-18 years of age who have a primary or secondary alcohol or other drug abuse or dependency diagnosis or co-occurring substance use and psychiatric diagnosis.

In general, Adolescent Services are available through residential, outpatient, and day treatment for youth in need of substance abuse treatment (*please see Appendix D for a list of providers participating in the “ASUDSP - Adolescent Substance Use Disorders Services Program”*):

- Adolescent **residential services** are provided in a residential setting and include treatment sessions as well as education.
- Adolescent **outpatient treatment services** are provided in regularly-scheduled sessions of usually fewer than nine hours each week.
- Adolescent day and evening treatment services operates three or more hours per day (exclusive of school activities) and a minimum of four days a week.²⁰

Over the fiscal years 2011 to 2014, 2,644 adolescents aged 12 to 17 years received drug abuse treatment services (adolescent day treatment and adolescent outpatient).

The number of adolescents receiving outpatient treatment services increased from FY2013 to FY2014.



²⁰ Source: <https://tn.gov/behavioral-health/article/adolescent-substance-use-disorders-services-program>

APPENDIX A: LICENSED MENTAL HEALTH BED CAPACITIES PER COUNTY IN TENNESSEE

The TDMHSAS Licensure Database was used to pull data for the three distinct bed types listed below. Please note that the data on the following pages are **snapshots** of the numbers of licensed beds available in the month of **July 2015**.

Region	County	Mental Health Adult Residential Treatment	Mental Health Adult Supportive Residential	Mental Health Supportive Living	Total
1	Greene	-	-	18	18
	Sullivan	-	-	30	30
	Washington	-	20	18	38
2	Anderson	2	-	30	32
	Blount	37	-	16	53
	Jefferson	-	-	32	32
	Knox	-	15	100	115
	Monroe	-	-	25	25
	Sevier	42	19	-	61
3	Bledsoe	-	-	10	10
	Bradley	-	-	16	16
	Clay	-	-	15	15
	Grundy	-	10	-	10
	Hamilton	12	32	174	218
	Macon	-	8	-	8
	Marion	-	-	10	10
	McMinn	-	8	3	11
	Overton	-	-	16	16
	Putnam	-	20	13	33
	Rhea	16	8	8	32
	Warren	24	33	89	146
	White	-	-	8	8
4	Davidson	16	135	347	498
5	Bedford	-	15	41	56
	Cannon	-	-	28	28
	Coffee	-	8	53	61
	Dickson	32	-	5	37
	Franklin	-	-	10	10
	Hickman	18	19	28	65
	Houston	-	-	16	16
	Humphreys	24	-	14	38
	Lawrence	-	-	16	16

Region	County	Mental Health Adult Residential Treatment	Mental Health Adult Supportive Residential	Mental Health Supportive Living	Total
5	Lincoln	-	-	15	15
	Maury	-	8	20	28
	Montgomery	-	8	8	16
	Rutherford	8	-	123	131
	Sumner	25	20	8	53
	Williamson	-	-	16	16
	Wilson	-	54	167	221
6	Benton	-	-	34	34
	Carroll	-	48	35	83
	Dyer	-	-	32	32
	Fayette	-	8	-	8
	Gibson	-	-	10	10
	Hardeman	-	-	79	79
	Henry	-	-	22	22
	Lauderdale	-	6	-	6
	Madison	-	-	35	35
	Obion	8	18	-	26
	Weakley	8	16	-	24
7	Shelby	64	14	439	517

APPENDIX B: WOMEN AND PREGNANT WOMEN'S SUBSTANCE ABUSE PROGRAM PROVIDERS

Provider	Services
Northeast Tennessee Region 1	
Families Free PO Box 56, Johnson City, TN 37602 423-631-0141	Women's Intensive Outpatient+ Pregnant Intensive Outpatient+ Women's Recovery Services+
Frontier Health 1167 Spratlin Park Dr., Box 9054, Gray, TN 37615 Phone: 423-467-3600	Women's Intensive Outpatient+ Pregnant Intensive Outpatient+ Women's Recovery Services+
East Region 2	
Helen Ross McNabb Center Child and Family Tennessee 901 E. Summit Hill Drive, Knoxville, TN 37915 Phone: 1-800-445-6538 or 865-524-7483	Women's Intensive Outpatient* Pregnant Intensive Outpatient* Women's Recovery Services*
Parkwest Medical Center 6800 Baum Drive, Knoxville, TN 37919 Phone: 865-970-9800	Women's Intensive Outpatient+ Women's Recovery Services+
Southeast Region 3	
CADAS 207 Spears Ave., Chattanooga, TN 37405 Phone: 1-877-282-2327 (AT-CADAS)	Women's Recovery Services+
Volunteer Behavioral Health P.O. Box 4755, Chattanooga, TN 37405 Phone: 1-877-567-6051	Women's Intensive Outpatient+ Women's Recovery Services+
Nashville Region 4	
Lloyd Elam Mental Health Center 1005 D. B. Todd Blvd., Nashville, TN 37208 Phone: 615-327-6255	Pregnant Residential* Pregnant Recovery Services*
Renewal House P. O. Box 280356, Nashville, TN 37228 Phone: 615-255-5222 ext. 112	Women's Intensive Outpatient* Pregnant Intensive Outpatient* Women's Recovery Services* Pregnant Recovery Services*
West Region 6	
T.A. M. B. Aspell Recovery Center 331 North Highland, Jackson, TN 38301 Phone: 731-427-7238	Women's Intensive Outpatient+ Women's Recovery Services+

*Children may live with their mother while in treatment.

+Offers child care while mother is in treatment paid for by TDMHSAS

Women and Pregnant Women’s Substance Abuse Programs by Region

Provider	Services
Memphis Region 7	
Case Management Inc. 427 Linden Ave., Memphis, TN 38126 901-271-5360	Pregnant Residential* Pregnant Recovery Services*
Cocaine and Alcohol Awareness Program 4041 Knight Arnold Rd., Memphis, TN 38118 901-367-7550	Women’s Intensive Outpatient+ Women’s Recovery Services+
Grace House 329 N. Bellevue, Memphis, TN 38105 901-722-8460	Women’s Intensive Outpatient+ Women’s Recovery Services+
Serenity Recovery Center 1094 Poplar Ave. Memphis, TN 38105 901-521-1131 or 1-888-521-1131	Women’s Intensive Outpatient+ Women’s Recovery Services+ Pregnant Intensive Outpatient+ Pregnant Recovery Services+
Urban Family Ministries 2174 Lamar Ave., Memphis, TN 38114 901-552-3766	Women’s Intensive Outpatient+ Women’s Recovery Services+

*Children may live with their mother while in treatment.

+Offers child care while mother is in treatment paid for by TDMHSAS

APPENDIX C: MEDICALLY MONITORED WITHDRAWAL MANAGEMENT TREATMENT PROVIDERS

Region 1	
<p>Frontier Health Matt Hopper, Site Director Magnolia Ridge, Johnson City, TN 37604 Email: mhopper@frontierhealth.org Phone: 423-232-4132 or 423-361-3354</p>	<p>Frontier Health Kelly Haught, Director of Specialty Services 900 Buffalo Street, Johnson City, TN 37604 Email: khaught@frontierhealth.org Phone: 423-232-4137 or 423-571-0505</p>
Region 2	
<p>Helen Ross McNabb Center Tina Patania, Service Coordinator 5310 Ball Camp Pike, Knoxville, TN 37921 Email: tpatania@mcnabb.org Phone: 865-523-4704 ext. 3405</p>	
Region 3	
<p>Council for Alcohol and Drug Abuse Services (CADAS) Jerri Farmer, Admissions Director 207 Spears Avenue, Chattanooga, TN 37405 Email: jerri.farmer@cadab.org Phone: 423-756-7644</p>	<p>Volunteer Behavioral Health Tammy Holmes, Treatment Coordinator 1200 South Willow Avenue Cookeville, TN 38506 Email: tholmes@vbhcs.org Phone: 931-260-8042</p>
Region 4	
<p>Nashville Site Amy Crowe, Site Director 105 Oak Valley Drive Nashville, TN 37207 Phone: 615-262-2237</p>	
Region 5	
<p>Buffalo Valley Amy Crowe P.O. Box 879, Hohenwald, TN 38462 Email: amycrowe@buffalovalley.org Phone: 931-796-5427</p>	
Region 6	
<p>Pathways of Tennessee Crystal R. Hankla, Office Manager Inpatient/Detox 238 Summar Drive, Jackson, Tennessee 38301 Email: Crystal.Hankla@WTH.org Phone: 731-541-7784</p>	
Region 7	
<p>Serenity Recovery Center Erma Hayslett, Special Services Director 1094 Poplar Avenue, Memphis, Tennessee 38105 Email: Erma.Hayslett@serenityrecovery.org Phone: 901-521-1131 ext. 254</p>	

APPENDIX D: ADOLESCENT SUBSTANCE USE DISORDERS SERVICES PROGRAM PROVIDERS

Provider	Services
Northeast Tennessee Region 1	
Comprehensive Community Services 321 West Walnut Street, Johnson City, TN 37604 423-928-6581	Adolescent Residential
Frontier Health 1167 Spratlin Park Dr., Box 9054, Gray, TN 37615 423-467-3600	Adolescent Day Treatment Adolescent Outpatient
East Region 2	
Helen Ross McNabb Center, Inc. 201 West Springdale Ave., Knoxville, TN. 37917 865-524-5757 - adolescent residential 865-523-8695 - adolescent day treatment	Adolescent Residential Adolescent Day Treatment
Southeast Region 3	
CADAS 207 Spears Ave., Chattanooga, Tn. 37405 1-877-282-2327 (AT-CADAS)	Adolescent Residential
Volunteer Behavioral Health P.O. Box 4755, Chattanooga, TN. 37405 1-877-567-6051	Adolescent Day Treatment
Nashville Region 4	
Lloyd Elam Mental Health Center 1005 D. B. Todd Blvd., Nashville, TN. 37208 615-327-6255	Adolescent Day Treatment
STARS 1704 Charlotte Ave, Nashville, TN 37203 615-983-6809	Adolescent Day Treatment
Mid Cumberland Region 5	
Coffee County Drug Court Foundation 604 College Street, Manchester, TN 37355 931-723-3051	Adolescent Day Treatment
West Region 6	
Pathways 238 Summar Drive, Jackson, TN 38301 1-800-587-3854	Adolescent Day Treatment
Quinco Mental Health Center 10710 Old Highway 64, Bolivar, TN 38008 1-800-532-6339	Adolescent Day Treatment
Youth Town of Tennessee 3641 Youth Town Rd., Pinson, TN 38366 1-888-274-2036	Adolescent Residential
Memphis Region 7	
Memphis Recovery 219 N. Montgomery, Memphis, TN 38104 901-272-7751 OR 1-800-MRC-REST	Adolescent Day Treatment Adolescent Residential